

November 14, 2002



Volume 56 Issue 8

INSIDE THIS ISSUE:

Cuban Winter Students spend winter inter-session in Cuba. pg. 4



Broaden your horizon Chinese now taught in classroom for first time in 20 years. **pg. 5**

Foo Fighters Foo still fighting in new

album *One by One.* **pg. 8**

8 Mile You'll lose yourself in the movie, the moment... pg. 9



Safety specialist informs Marist community with 10- step program

night, Novomber 5.

Sokolow, who graduated from law school six years ago, thinks that because drinking isn't a fad that will die soon, students should be better-informed drinkers and follow his 10-step program.

Brian McAlpin, student body president said he backed Sokolow's beliefs and should be instilled not only within this campus, but on others as well.

"Alcohol abuse and binge drinking is a problem across our nation's campuses," McAlpin said. "I believe Brett's approach is an excellent attitude to be adopted by a college."

Sokolow said that often college students do not have the future in mind when they partake in alcohol consumption.

"Sometimes we don't know that something we do now will effect our dreams," Sokolow said.

His 10-step program includes taking the following precautions: 1. Be 21 or understand the consequences. Utilizing his legal background, Sokolow explained the differences between a felony and a misdemeanor regarding the usage of fake IDs. He informed the students that possessing a fake ID in the state of New York is considered a felony, and is punishable by more than a year in prison.

Sokolow also brought drinking into reality by discussing insurance policies.

"Intentional crime voids any insurance policy that might cover you," Sokolow said.

"This includes, DUI, DWI, or drinking out of a common source container such as a keg or beer ball."

2. Set goals.

"The goal seems to be about getting drunk," Sokolow said. "What we want to do is go out and get buzzed, because loss of control is high risk."

3. Ask yourself what you are going to drink.

4. Remember the "Myth of puking". Throwing up, contrary to popular belief, does not expel any alcohol from your body. Alcohol goes into your blood stream and your liver, so drinking after throwing up may cause you to become more intoxi-

cated.

5. Experiment with limits in a controlled matter.

6. Portion control/food/pace. Sokolow said drinking out of a 32 ounce cup is a red

flag to police in the event that you get caught, as well as a heavy load on the bladder.

"A 32 ounce cup is five or six times the amount of liquid that bladder can hold," Sokolow said. 7. Be familiar with the type of alcohol you are drinking and stick to one.

8. Utilize the buddy system.

9. Avoid drinking games.

10. Be conscious of shifts in tolerance.

"When you are drinking, avoid cars, beds and rooftops," he said. "Also, remember to drink as a social lubricant, not a social event."

Sokolow has enacted more than 500 programs within various colleges and universities across the nation. Aside from being admitted to the Pennsylvania and New Jersey bar, he is President of the National Center for Higher Risk Management, and has authored books and articles.

Calling all writers: New contest available Playwriting Contest seeks scripts from interested students

By FLORA LUI Staff Writer

Ever wondered what it would be like to write a play or even have it performed on stage? Look no further, all current Marist undergraduates are welcome to compete and submit a one-act play to the John P. Anderson Annual Playwriting Contest.

Students who are interested should write a play which is suitable for on-stage production, should concentrate on a simple story line which contains forty to forty-five pages of dialogue and is capable of being performed in twenty to thirty minduring the coming spring semester. The course will enable testing of the scripts as well as let writers revise and improve their work. They will also work side-by-side with student-directors as their plays are rehearsed. The final selection of plays will be performed in the annual April festival of student-written plays.

"At present, we have well over two hundred plays submitted since the contest began," Cox commented.

All submitted plays will be added to a special collection which consists of thousands of twentieth century plays along with student scripts and previous productions which have been performed at

stated.

He feels that it is important that students should discover the creative urges within themselves and use their talents to risk externalizing what they think and feel. This is why he strongly hopes that every student should think about writing for the Anderson competition.

The playwright contest was established in 1987 in memory of Marist graduate, John P. Anderson ('86) who died during his first paid trip to England. A number of his short plays, which were considered fresh and funny, have been performed in previous years at the Marist play festival. Past winners include:

1988: Richard Sabol 1989: Christian Meyer 1990 & 1992: Marc Liepis 1991: Anndalena Glaze 1993: Ed Budd & Gerard M. Gretzinger, JR. 1994: Scott A. Altomare 1995: Karen H. Landry 1996: Andrew Tokash 1997: Ben Fishelman 1998: Erin Scully 1999: Bryon Cahill & John J. Sullican 2000: Daniel Tyburski 2001: Jeremy D. Smith 2002: Michelle Suesens Cox recalled that there have been well over two hundred plays which have been submitted since the

contest began. These plays have

been added to the library's special



Recently Professor Cox was one of eighteen American playwrights



Brett A. Sokolow is a specialist in campus safety, security and sexual assault policy and law.

By ALI REINA Staff Writer

Students are going to drink regardless of what others say.

Campus safety specialist, Brett Sokolow, believes in this philosophy and gave an interactive presentation regarding students and alcohol, Tuesday

Marist grad on MSG Michael McCarthy serves as Executive Vice Presi-

dent of Madison Square Garden Network. **pg. 11**

Marist water sports Marist is swimming and diving to another MAAC victory. **pg. 12**

utes.

"There are no specific issues or topics which the writer has to follow; he or she should write what they know such as family, friends, summer work/travel experience," suggested Gerard Cox, Marist College Director of Theatre Program.

Student playwrights have until the end of this semester to submit a well-polished play script and are strongly encouraged to carefully read the complete guidelines for the contest before starting on the first draft. The finest submissions will be published in-house as works-inprogress, and an annual collection of the short plays will be used for the Theatre Workshop Marist,

One student playwright will be named the winner of the annual Anderson Memorial Award; he or she will be given a commemorative plaque as well as be added to the permanent roster of winners outside of the Nelly Goletti Theatre in the Student Center. Other possible awards include the in-house publications, workshop development, staged presentation, cash stipend, and personal trophy.

During previous years, a great number of communication and English majors have submitted to the contest, as Cox encourages all fields of studies to offer variety and diversity.

"An American poet once said that an ulcer is an unwritten poem," he chosen through a national competition to participate in a program set up by the Association for Theatre in Higher Education. His play, "In the Name of the Mother," was staged by professionals in New York City. He has completed 35 years of active involvement with undergraduates' theatre organizations.

collection of twenty century plays as well as student scripts and electronically recorded productions that have performed at Marist. For students who are interested in competing in the Anderson contest, please contact Professor Gerard Cox at his office which is located in the Student Center, Room 369, at extension 2514, or by email at Gerard.Cox@Marist.edu.



compiled by ED WILLIAMS III Community Editor

Tuesday 11/5

A student reported that a poster he had done as a chemistry project had been stolen from the chemistry bulletin board on the second floor of Donnelly. The poster had no monetary value, but after countless of hours of blood, sweat and tears (well maybe not blood) much sentimental value was at stake in the crime. The poster is still missing as of press time.

Tuesday 11/5

There was another motor vehicle incident in the Beck place parking lot at about 5:00 p.m. The owner of a 1992 Honda reported that the passenger window was broken into and a purse was taken from underneath the passenger's front seat. About \$125 was missing in the incident and the town of Poughkeepsie police took a full report.

Wednesday 11/6

The window in the West door of Lowell Thomas was reported to be smashed at about 1:55 a.m. It is suspected that the culprit performed the dreaded Greco-Roman knee lift to smash the glass window, but no entry was gained.

Wednesday 11/6

At about 6:45 a.m. a housekeeper on duty in Midrise noticed that the vending machine glass from the candy machine had been broken. The glass was shattered, but it didn't appear that any candy was taken. Security removed the rest of the broken glass and the candy was taken and turned over to the vending company.

Thursday 11/7

The melodious sounds of the fire alarm filled the Old Townhouses B block at about 11:42 a.m. The culinary geniuses occupying one of the apartments failed to follow the complex recipe of toast while preparing breakfast and set off the alarm after charring the bread. Security and Fairview Fired Department performed their routine checks and uncovered alcohol,

drug paraphernalia and a BBQ grill. A half-filled liter bottle of Captain Morgan's Spiced Rum, a half-full keg of beer and two bongs were confiscated by security and the fire department took the grill.

Friday 11/8

Some careless smokers were the catalyst for a leaf fire in the Marion Hall courtyard at about 10:15 p.m. Security said that Smokey the Bear was not the RD on duty unfortunately and "only you can prevent campus fires."

Friday 11/8

The clinking of beer bottles rang throughout the halls of Leo Hall, prompting the on-duty RD to bust a party. 12 bottles of Coors and three cans of Genny were confiscated, and seven students were reprimanded.

Friday 11/8

Some students were partying not only too hard but too loudly at about 11:30 p.m. in Lower West Cedar-N block. A noise complaint prompted security to address the situation. Upon investigating the ruckus, a quarter keg of Busch, three bottles of Bud Light and two cans of Busch Light were confiscated, and 11 people were admonished.

Saturday 11/9

A student was observed entering Midrise through a window at about 12:45 a.m. Apparently not a fan of doors or other conventional means of dormitory entrance, the student was removed from the female's room that he had entered and sent back to his own residence.

Saturday 11/9

One of the crafty entry desk officers in Midrise used his/her alcohol detection skills to perfection at about 1:02 a.m. busting a visitor. The visitor was attempting to sneak in two 40 oz. Bottles of Bud. The visitor was escorted off campus without incident.

11/9 Saturday

their short game in front of the Old Townhouses at 2:59 a.m. After observing some misdirected chip shots, security observed one of the golfers flee into one of the A block apartments with his golf bag. The students were told that even though it is clear they need practice, they can't hit balls in populated areas. According to security their spots in the Marist Open field are now in question.

Saturday 11/9

A student was found in the lobby of Sheahan at about 3:23 a.m. experiencing lower abdominal pains. Sodexho is again in the clear as the student was at a nearby diner that evening and blamed the pains on her dining experience. She denied any alcohol consumption and refused medical attention. She went back to her room after the pain slightly subsided.

Sunday 11/10

Sheahan Hall was the latest sight of immature, sophomoric shenanigans otherwise known as vandalism. At about 2:27 a.m. it was observed that a trash can was tipped over into a toilet on the first floor bathroom, a soap container was broken, a shower curtain was ripped down and rotten food was smeared on the hallway. The vandals were kind of enough to accompany the rotten food with everyone's favorite condiment, ketchup. They did hold the mustard and relish though.

Sunday 11/10

A student was stopped at the Sheahan entry desk at 2:35 a.m. The student was reported to be wobbly and slurring their speech. The student said that she had only had a few beers and was made to sit in the lounge to sober up.

Sunday 11/10

Officers on patrol at 3:40 a.m. found a group of vehicles in the Townhouse C lot, Hoop Lot and North Lot with a white, powdery flour-like substance smeared on several of the vehicles. It is believed that the substance is not harmful, however.

Jennifer C. Haggerty Editor-in-Chief

Peter Palmieri Sports Editor peter.palmieri@marist.edu

Allison Keller A&E Editor AEeditor2002@hotmail.com

James Skeggs Opinion Editor skegdog@hotmail.com

Ed Williams III Community Editor Zo33Heat1@aol.com

Karla Klein Business Manager KKfirefly@aol.com

Paul Seach Assistant Sports Editor NyYanks247@msn.com

Cassi Matos Co-News Editor CassiMatos@email.com

Katherine Slauta Managing Editor JustJen121618@hotmail.com circlemanagingeditor@hotmail.com Lauren Penna

Features Editor lkpenna9@hotmail.com

> **Becky Knauer** Copy Editor Becstar21@aol.com

Dan Roy Layout Editor carmenbrown75@hotmail.com

Chris Tomkinson Photo Editor Tomper1@hotmail.com

Maura Sweeney Business Manager MSween19@hotmail.com

Joe Guardino Distribution Manager Zspark18@aol.com

Courtney Kretz Co-News Editor corkey1422@aol.com

G. Modele Clarke, Faculty Advisor

The Circle is the weekly student newspaper of Marist College. Letters to the editors, announcements, and story ideas are always welcome, but we cannot publish unsigned letters. Opinions expressed in articles are not necessarily those of the Editorial board. The Circle staff can be reached at 575-3000 x2429 or letters to the editor can be sent to WritetheCircle@hotmail.com

etter to the E

am the program director for 88.1 before they play your song. Got a WMCR. The staff at WMCR is

My name is Jeff Berner, and I will have something to talk about on there website? Put looking to add more local music to coming gigs? Put it on there! The the programming. Therefore, I'm more you give us to talk about, the better you'll sound on the air! -If you're sending in a CD with more than one song on it, specify which song you would like played -Be sure to include contact info your extension, or e-mail. If your songs are selected (subject to WMCR management discretion), you will be in the WMCR rotation! This simply means that your song will be played on-air by DJs between the hours of 11 am and 6:30 pm.

They say the early bird gets the worm, but they don't necessarily get the hole in ones. A couple of students were observed practicing

asking the musically inclined among the Marist community to send in their music to us, for it to be added into the on-air rotation. Here are some basic guidelines: - No profanity. It's radio, remember? Send an edited version if need

One or more of the performers in the band must be a current Marist student.

ANY style of music is encouraged from hip-hop to rock, from techno to death metal. However, keep it LISTENABLE. As in, don't send in a recording of you farting into your roommate's computer microphone when he's not around. Also, the recording doesn't necessarily have to be of CD sound quality, but an extremely badly recorded song will not be played. -Along with the CD, send in a small bio of the band/artist, so our DJs www.marist.edu/wmcr

Submit your CD to WMCR by dropping it in our mailbox, located in the Council Of Clubs room (SC 348).

Good luck!

Jeff Berner **VP/Program Director** 88.1 WMCR

Letter from the Editor: Do more than criticize by KATHERINE SLAUTA

Managing Editor

As a senior, I have seen The Circle go through a variety of changes over the last four years. Whether it is the layout, staff management, or the change from film to digital cameras, The Circle constantly changes.

However, despite all of the transformation, there is one aspect of The Circle that does not change: the criticism.

Not an issue goes by where someone does not have a comment for myself, if not all of the editors. These criticisms range from spelling mistakes to ridicule concerning the bands reviewed in the Arts and Entertainment sections.

It is not to say there are no mistakes in The Circle. Every Thursday the editors always find errors they would like to change. And, as many forget, we are students. Most of us take 15 credits, on top of other campus activities, internships, jobs and having somewhat of a social life.

The purpose of this letter is not to complain about those who criticize the paper. In fact, some criticism is great. However, rather than simply complain, I propose readers do something about their complaints, and write.

It is much easier to sit back, read

the paper and tell the editors what they did wrong. However, it takes some real power to criticize the paper, and then work to change it.

If you really think the college newspaper is that bad then why not do yourself and the campus a service and start writing for it?

Currently The Circle is looking for writers and photographers. There are so many events on campus, and the current Circle staff cannot possibly cover everything. If anyone goes to an event and feels it should be covered in The Circle, then why not write about it or snap some photos and send them in? Give The Circle office a call or email an editor if interested.



SGA hosts freshman and sophomore ice skating event

By AJ NSEIR Satff Writer

The Marist Student Government Association (SGA) sponsored an event to bring the freshmen and sophomore classes together on Sunday, Nov. 10.

Only eight out of the 50 people attending the public skate at the Mid-Hudson Civic Center Ice Arena, however, were Marist students. The students each paid 33 to take a bus from Marist to the Civic Center for the free skate that ran from 2:30 p.m.-4:30 p.m.

Freshmen and sophomore class presidents, Garret Thibodeau and Katie Buckley respectively, planned the free skate activity.

"I thought it would be a fun event to help the freshman class officers get started," Buckley said. "We wanted to plan something for them, and I thought ice skating would be fun."

The eight freshmen were surrounded by a swarm of small children, who could barely keep their balance, often holding a parent's hand or clutching the edge of the boards for balance. Nevertheless, the students skated circles around the rink on the figure skates provided by the arena.

Thibodeau and his classmates did not seem to let the low attendance stop them from having fun. "Even though a lot of people

didn't show up, it was still a good time," Thibodeau said.

As music echoed throughout the ice rink, the students skated freely, while stopping at one point along

the boards to take a picture, with their arms around one another.

Thibodeau hopes that in the future, SGA events will draw a bigger crowd.

"It was a shame that no one showed up, but I just wanted to get the word out the we had a good time, and maybe next time we have an event, more people will show up," Thibodeau said.

Campus Ministry hosts Hunger Month

By CASSI MATOS Co-News Editor

In honor of declaring November "Hunger Month," Campus Ministry is hosting several activities dedicated to fighting hunger. The activities include raising money, collecting food and a campus wide fast.

This past week, they held "Buck

Hunger," in which ministry members sat at various locations around the campus asking students, staff and faculty to donate

a dollar to combat world hunger. The "Marist Fast" took place on Tuesday, November 12. Students were asked to donate one meal from their meal plan and in return, Dining Services would donate money to help fight hunger. Sign up

Student receive preliminary schedules

sheets were located in the Champagnat Breezway, as well as outside the Cabaret and in Donnelly.

In addition, during the week of November 10-17 is the "All Campus Food Drive." All students are asked to donate any unopened food to the poor. To find out where you can donate, be sure to contact your RA.



Over the course of the next few weeks, Kappa Lambda Psi will be keeping themselves very busy. They are taking a very active role on campus this year by not only participating in, but hosting, many activities.

On Friday night, at 7pm in the Rotunda, they will be participating in "Take Back The Night."

The following day, they will be hosting an Elderly Dance at the River Valley Care Center from Ipm-3pm.

On Thursday, Nov. 21, 2002 Kappa Lambda Psi will be hosting the Blood Drive in the Student Center beginning at Sam.

In addition, every Wed. from 12 to 2 Kappa Lambda Psi will be collecting any spare change you might have for the Pediatric AIDS Foundation in the Champagnat Breezeway.

Please come out and help show your support!

Circle Staff Writers and Photographers Wanted! Please contact The Circle Office at extension 2429.



By PAUL SEACH was Assistant Sports Editor

The office of the registrar mailed students their preliminary Spring 2003 schedule this week.

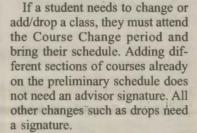
The course change period is from December 2-9 in Donnelly room 207.

The schedule should list all the courses the student enrolled in and let's the students know if the class

was available.

If a student did not receive a class they attempted to enroll in, they will see one of these messages on their schedule:

a) Closed by Restriction, b) Time Conflict c) Course/Section Cancelled, d) Schedule Change by Dean, e) Already Enrolled in Course, f) Pre-Requisite Required, g) Enrollment has Class/Major Conflict, h) Enrollment falls below Priority Line, I) Course Not in Career Level





Students plan to spend break in Cuba

by ERICA HOFF Staff Writer

Go away for two weeks, earn three credits, and change your life.

The Marist International Program organized the Winter Intercession Program 2003 trip to Cuba, which is offered primarily to undergraduates. The two-week intensive program is cross-listed in a number of areas including history, political science, communications and business. An initial 20 students were accepted on a first come-first serve basis. The remaining students were wait listed and then accepted.

"We have a flood [of applicants]," said International Program Director, Dr. Duleep Deosthale. "We're encouraged by the enthusiasm of the students."

The program cost of \$2,800 includes: Marist tuition for the course



PHOTO CREDIT/ DULEEP DEOSTHALE One of the ornately designed churches many tourists visit.

transfer, accommodations, two meals a day, insurance, weekend trip to Trinidad, site visits in Ha- the myths," said Deosthale. "It is vana and Cuban visa fees. Per- a safe environment." sonal expenses, personal excursions, passport, and airport departure tax are not included.

expected to write a paper on why they want to go and their expectations of the trip, both of which require research on Cuba. Students are graded on a larger paper to be completed when the students return, journal entries, attendance and participation, and the pre-departure paper.

Deosthale obtained a two-year license from the Department of Treasury in order to enter the country for academic purposes. Deosthale said he would love to have the license renewed for future years. He encourages students to visit unique destinations where they can get a feel of all different perspectives.

tries to remain communist, it has restricted U.S. citizens for nearly 40 years.

"It is an opportunity of a lifetime," said Deosthale.

society, and history in a secure environment. They will also have the opportunity to meet with Cuban writers and artists in an aca-

credit, roundtrip airfare (New York demic setting. Students will be able City-Havana), Havana airport to interact in the English language without any barriers.

"We are trying to break some of

Management faculty member and Masters Director of the MPA, Dr. James D. Kent, is the program di-Before students depart they are rector. According to Kent, the program allows people, who may not have had the opportunity with more strict academic programs, to have the chance to focus outside their major.

In the morning students will attend classes. The afternoon will be designated for field trips associated with the lessons, such as museums and the cigar factory. In the evening students are free to interact with other students and complete assignments.

"It changes your life," said Kent. "Views of the world, Cuba and the United States will change before [students] leave."

The goal of the program is to have students appreciate foreign Because Cuba is one of few coun- culture and gain knowledge from a society that Americans have not had the opportunity to observe.

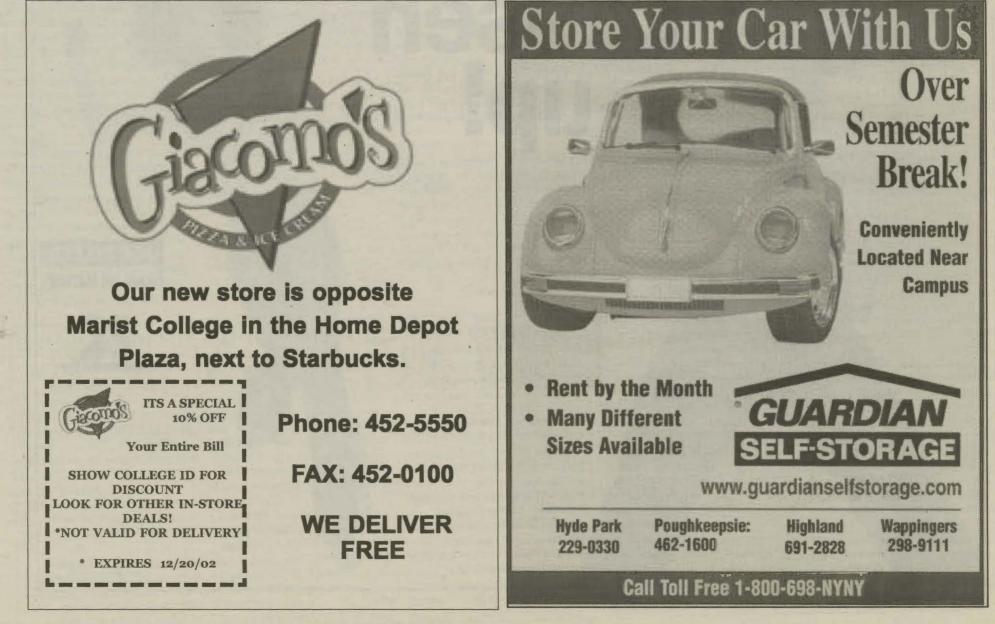
"It's different from what people expect," said Kent.

If you are interested in the Inter-Students participating in the pro- national Abroad Program, please gram will experience the culture, contact Deosthale, at extension

> The Marist Abroad Program offers study options in a variety of countries fall and spring semesters.



Architecture is only one of the cultural aspects attracting students this winter break to Cuba.







'Stretch your mind' and study Chinese

by MARY FRITZ Staff Writer

This semester the foreign language department brought back the Chinese program that had been on hiatus for some 20 years.

Students now have their pick between seven different languages to learn at Marist: Latin, Spanish, Japanese, German, French, Italian, and Chinese.

A commonly held stereotype is that Chinese is one of the hardest languages to learn. The nine students enrolled in the Elementary Chinese I class might agree. Sophomore Kim Longona, whose mother speaks a different dialect of Chinese than what she is learning in the classroom, said she agreed this language is a struggle to grasp.

"You have to work really hard. It's not like the [English] alphabet at all," said Longona. Some characters have stories which is helpful, but otherwise it is a lot of memorization."

Most of the nine students in the class have some extent of familiarity with Chinese, either through ancestry or high school Chinese classes.

Yvonne Lee, sophomore at Marist said that previous experience does not necessarily mean Elementary Chinese I is easy.

"Although I already know two different dialects for the Chinese language, I am essentially learning a new language," she said. "The pronunciation is hard to grasp."

Chinese Professor Gloria Chen said she emphasizes the speaking

elements

"All languages can be easy or hard," Chen said. "You must learn the right method. Chinese characters take a long time to get used to. The class is struggling with characters, but I am proud that they are speaking well."

Chen has a long history in teaching Chinese that spans over 25 years. For 10 years she taught in Taiwan, moved to the United States and began teaching in North Carolina and then transferred to Virginia. Several years ago she moved to New York, where she taught in the SUNY system at New Paltz. She came to Marist College in hopes of rejuvenating this program that was abandoned in the early eighties.

"I really hope I can help to build up the Chinese program at Marist," said Chen.

What produced a recent want for the return of this program? Foreign Language Chair Irma Blanco-Casey said it was in response to a certain class offered last spring.

"The Chinese program was brought back from students' interest enrolled in the 'Intro to Global Studies' class last semester."

Casey said she sees the Chinese program expanding in the near future. The Japanese language program has been at Marist for the past 10 years. These students now have the opportunity to study abroad in Japan for a semester or a year.

"There is a strong possibility of a Chinese abroad program before too long," said Casey.

The early success of the Chinese program shows the increasing in-

<image>

Professor Gloria Chen teaches her students Chinese on Tuesday in Fontaine Hall. The Chinese program made its debut this semester after being absent from course listings for nearly 20 years.

terest of Marist students. One student is already planning to study abroad next semester in Hong Kong.

Casey also believes foreign languages should become a requirement for graduation regardless of a student's major.

"Languages are improving in interest at Marist," Casey said. "Students can use it to fulfill a core class which is an incentive. It helps to know languages. The one that can speak different languages works well in the real world."

Professor Chen agrees with

Casey. "Chinese speaking people are in high demand," said Chen.

Freshman Clare Malnar, who plans to major in business with a minor in Chinese, sits in on the Elementary I class once a week to prepare for Elementary II next semester.

"I took five years of Chinese in high school. My goal is to become fluent," said Malnar.

While the Elementary I class will not be offered again until next fall, any students with previous experience in Chinese may enroll in the Elementary II class for the spring 2003 semester.

"We welcome any new students with any Chinese experience," said Chen. "I encourage students to take the challenge of an eye-opening experience and widening your cultural views. You would be amazed at how capable you are."

Casey said learning makes a person a better citizen and encourages students to take advantage of their education opportunities.

"I have always held to the belief that the more you know, the better citizen you will be, both of your country and the world. You have to know about others. Stretch your mind."

November is smoking awareness month Health Services offers smoking cessation program

by ANGELA DEFINI Staff Writer

Did you know that every day in the US, 3,000 teens become addicted to smoking and 1,000 of those teens will later die from cigarettes? Smoke-Out, and Director of Health Services Jane O'Brien said she felt it would only be appropriate to make November the month to raise smoking awareness.

show that they are concerned about the fight against the disease. Thursday, November 21 is designated as the Great American Smoke-Out, and Director of Health Services Jane O'Brien said she felt make November the month to raise smoking awareness. The week of the third Thursday in November, Health Services will have an information table providing more pamphlets and factual bulletin boards about smoking. There will also be exhibits such as a can of tobacco and a model of a cancerous lung. O'Brien is one of the coordinators of Smoking Cessation, which is a program being established for students who wish to quit smoking at Marist. Depending on necessity and interest in Smoking Cessation, a number of classes will be held to aid those on campus who wish to stop smoking. Smoking Cessation is not a program only for the month of November; it is always available for students to join.





Cigarettes kill 1,200 Americans every day, totaling a tragic total of 420,000 deaths each year? Or what about the fact that during 2002 an estimated 203,500 new cases of breast cancer are expected to occur among women in the United States?

Every month, Health Services tries to raise student awareness about various health issues facing college students and adults alike. The month of October was Breast Cancer Awareness month and Health Services provided Marist with bulletin boards and pamphlets full of information, as well as candies with information about breast cancer on the wrappers. Students could also wear pink ribbons to

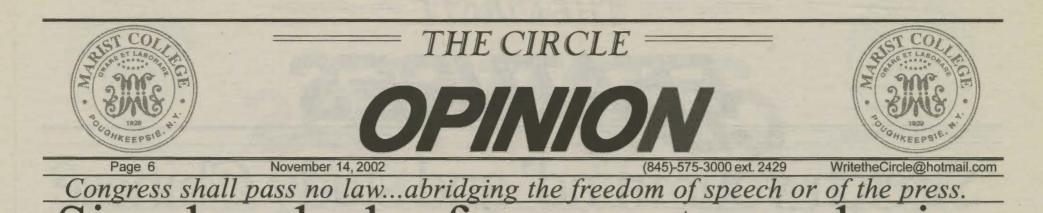
PHOTO CREDIT/WWW.CNN.COM/US/9706/21/ TOBACCO.YOUTH

Want to kick the habit? Aim for quitting Thursday, November 21 on the Great American Smoke-Out Day.

"Smoking Cessation is not only for Marist students," said O'Brien. "It is also a program for any Marist faculty or staff members who wish to quit as well." This is an individualized program, and flyers will be up around campus soon with more information for anyone interested. O'Brien encourages anyone interested to look into the program and contact Health Services at extension 3270.

With your Marist ID 10% off Any Vera Bradley Purchase

(845)-473-4066 / Poughkeepsie Plaza Route 9 2 miles South of the Mid-Hudson Bridge



by JACKIE STASIUK Staff Writer

No I'm not tired, although I only got four hours of sleep, give or take, and my eyes are feeling so heavy that the lids might fall right off my face. And if they do fall off, it will only expose my bloodshot eyes which give away the fact that I am sleep deprived.

Soon to be followed by the questions from friends and professors, Are you tired? So, I offer you my excuse; I am not tired, its just a lack of oxygen to my brain.

Well, at least that's what it feels like to me. My excuse describes the point where my body has reached utter exhaustion and to even think becomes an insurmountable task. This fatigue overtakes my brain and shuts it down so that it feels as if there is an insufficient supply of oxygen

being circulated. I have not slept, in all seriousness, since I was 14; a freshman in high school. Yes, that is exactly when sleep deprivation became a regular aspect of my life. School became a tantalizing task taking up every waking hour. As a result, sleep became an inconsequential activity. Why sleep when I could accomplish much

more by staying awake? And so, the vicious cycle begins. And it sill goes on.

Now, six years later, I am still sleep deprived, probably worse than ever. It seems as if there aren't, by any stretch of the imagination, enough hours in a day to complete everything that is expected of me.

Yes, I know about time management and it is this time management concept that has brought me to this exhausted state. One must prioritize in order to accomplish the most important things first. This is what I do, and as each item gets listed, sleep falls lower and lower

on the list.

So what's the point? Sleep is a highly underrated activity among young people. It is a beautiful thing that should be enjoyed by all on a regular, consistent basis. Sleep is a temporary release from reality. It allows a person to drift from the hardships, stress, anxiety and other pressures of everyday life. Sleep exercises one's imagination through dreams and therefore

enhances creativity. To deprive someone of sleep, strips him or her of free flowing creativity and solace, not to mention an important bodily need for rest.

I wrote this article to vent my frus-

tration for my lack of sleep. Last night was yet another sleepless night due to anxiety and other such things and, therefore, seemed appropriate to express my thoughts with you.

I am sure that many, if not most of you, can relate to this concept of sleep deprivation. I must apologize, however, because there is nothing that you or I can do about it. Perhaps, one day I will able to catch up on the years of sleep that I have missed out on. Until then, though, I guess I will just go on. After all, I'm not tired. It's just a lack of oxygen to my brain.

cademic standards

byTIM DUGUAY Staff Writer

simple enough to achieve, the SAT think it will teach them that colstandard has become even lower. A lege is a place where one can slack score of 400 is all that a student off the whole time and still get wishing to play sports in college decent grades. Being a junior in needs to get a scholarship.

First, let's put into perspective fact that this is not true in any just how easy it is to achieve a 400 sense. on an SAT examination. 400 is the lowest possible score that one because since the value of the could get on the test because that SAT is weighed so low at these means not a single question was schools, the GPA needs to be answered correctly. That's right, a much higher than the average student could sign their name and student's. For example, a student fall asleep at the desk during the who receives a score of 500 on a test (because it's at 8 A.M. after all) test better have done really well and still wake up with the minimum in the classroom in high school. score needed to achieve a scholar- seeing as how he would need a ship.

How ridiculous is this when you to be eligible for college athletics. sit back and think about it for a minute? Under these new rules that coaches who were against how plan to go into effect in August, high the neademic standards even the athletes who test the poor- needed to be in order to get a est will be able to suit up as a true scholarship for college. Now, they freshman. This is part of an NCAA have brought the presidents into decision to reduce the importance the mix. The presidents say that it of standardized tests in determin- is likely to give coaches access to ing who gets to play ball in college, some of those college prospects Why are the athletes complaining who, due to poor SAT scores, in the first place? It seems to me might have declared for the NBA that an 800 on the test is not that draft right out of high school behard to achieve, but I guess that I cause they thought it was their annot speak for ever

that going to teach a student about college if they can be accepted without even getting one As if an SAT score of 820 is not answer right on a test? I, for one, college myself, I can vouch for the

I guess that this is not all bad, 3.3 GPA in core academic classes

A decade ago, it was only the only on

ease relax: It's just college by JAMES SKEGGS **Opinion** Editor

These are supposed to be the best four years of your life. The time when you don't need to worry about anything execpt discovering who you really are and experiencing new things.

I was in the computer lab yesterday and I saw these two girls pulling their hair out over a ten page paper. They said they had been working on it for three weeks. They haven't slept, gone out or relaxed and felt like leaving school because there is just too much work to do. On top of that, they have no idea what they are going to do with their lives. They would just rather leave this "hell hole" and escape to the warm confines of their parent's home.

I have to say that I have felt this way before: bogged down with work, tests and papers that you'd rather just leave; escape this place where your parents dropped you off, go home, sleep in your own bed and not have to worry about waking up for your eight o'clock class.

I soon realized, however, this was the easiest I was ever going to have it. Never again will I be able to live in a dorm with 500 kids, or live in a house with ten guys. The rest of my life will soon be filled with long hours at the office and an occasional family outing on the weekend. I'm going to miss having a roomate to come home to. It's nice to share a room with someone and, in a sense, share your life with them. I try not to look at it as a burden, but instead as a blessing. When I'm thirty, sitting at home waiting for my wife to come back from work, I'll be wishing that someone will run into the room

and tell me something crazy that just happened.

I'll be wishing that three drunk kids will break into my room while I'm in there with a girl. You see, these things will never happen again and the rest of your life will be filled with absolute boredom. Why not enjoy these times that you have and treat everything like a game.

Look at it like this: We're trapped in the most exciting video game of our lives and it's up to us whether or not it's difficult or fun. Class is not a burden, but a game between you and your professor. You're not really learning anything that you couldn't go and find out on your own by reading a book. Try and pry, form individual relationships with these older, more experienced humans, and attempt to learn something from their experiences.

When class becomes a game, all of your stress will begin to vanish. You don't have to worry about the next paper because you can dictate the parameters of the assignment. All it takes is a litte one on one time with the professor. Spend some time and get to know them and don't treat them as an entity on the outside of your universe.

Break down that barrier and let them into your life for real. This is the only way that you will ever really learn from them. They are real people too: they love, they feel pain, they feel suffering, they have wants and desires. Don't treat them like robots who are only good for processing information.

challenge: a spouse. Seriously, thousands of people starve to death everyday. Even more are victims of war and street violence. Countries are self righteous and only care about themselves. The world is controlled by greed and cannot be explained by any man.

Don't get caught up in the superficial. There's more to worry about then fighting with your girlfriend or boyfriend. There's more to life than having a fancy car and the most up to date clothes. Before you know it, you'll be forty and have a lot of important things to worry about such as credit card payments and mortgages.

So why worry about these things now? This is the time for you to go out and have fun. Meet new people and learn from them. There are 4,000 students here, not to mention the people who work at the college. You can meet someone new everyday, and learn to look at things from a different perspective. Even if it's for a second, it will help you to define your role in history and ultimately, to become a better person.

Your time here is precious and before you know it, you'll be in the real world. Don't get caught up in the same old dreary things. You're only wasting your time. There are too many good things to be happy for, to be wasting your time str ing out or being depressed. Have fun, go out and live a little. You'll never really know anything about yourself until you do. Remember this is your one shot on this planet: Don't blow it by being negative and sheltered in a faceless reality.

The main argument that the Whether or not it gives a player NCAA Management Council had access to attending school, I do for the change, is that this takes col- not believe that the SAT standard lege presidents off the hook with should be lowered. It is utterly advocates for black athletes who ridiculous to tell a potential collethought a standard of 820 was too giate athlete that it is fine to get high. This score unfairly penalizes, every answer on a test wrong. If or so they thought, disadvantaged the SAT standard is lowered, then students who come from inner-city the academic attitude of the stuschool systems that fail to prepare dent would subsequently be lowthem properly for college. ered and set the student up for

Whether they are prepared prop- quite a rough ride in college erly or not, there should be a score that is a happy medium. What is

Once class becomes a fun part of your day, begin to eliminate the other needless stresses in your life. Don't stress about relationships, they are games too. They are only there to serve as practice runs until you finally go after the ultimate

Speak your mind: Voice your opinion now The staff of the Circle would like to thank you for submitting your opinions. We encourage all students who want to make there voice heard to email their opinions to the Opinion Editor at skegdog@hotmail.com



BACK BY POPULAR DEMAND! LATE NIGHT AT MARINA'S!

FRIDAY OCTOBER 25TH AND EVERY FRIDAY AFTER (WHILE SCHOOL IS IN SESSION)

WE WILL BE OPEN UNTIL 4:00 AM SLICES, ROLLS, CALZONES, STUFFED PIZZAS, GOURMET PIES, PICK UP ONLY. NO PHONE ORDERS TAKEN. JUST COME IN & TAKE YOUR CRAVINGS AWAY!

486-5000 FREE DELIVERY! ELY NO MINIMUM ABSOLU

arina

eria

"WOW!"

ACROSS FROM MARIST COLLEGE BEHIND McCOYS

VOTED BEST SAUCE BY KIOA THE OFFICIAL ITALIAN FOOD SUPPLIER OF **MARIST COLLEGE ATHLETICS"** -AS VIEWED IN LA TRATTORIA NEWSPAPER

ENTER OUR PIZZA SWEEPSTAKES AND YOU COULD W PIZZAS. YOU GOT IT. ONE PIZZA OF YOUR CHOICE PER WEEK FOR ONE YEAR **SEE STORE FOR DETAILS**

"SIMPLY THE BEST" ACCEPT NO IMITATIONS. 486-5000



The best movie you're not watching... but should be

by ALLISON KELLER A&E Editor

Whether the theaters are flooded with people trying to snag tickets to see Eminem get out of the trailer park in 8 *Mile*, or others finding out if they will survive a week after seeing *The Ring*, the line stays short, if not empty, for the independent flick *My Big Fat Greek Wedding*.

Unlike some movies out there, everyone in this movie looks like they could be a real person. The romance involves not impossibly attractive people, but a 30-year-old woman who looks OK when she pulls herself out of her Frump Phase, and a vegetarian high school teacher who urgently needs the services of Supercuts. Five minutes into the film, one can relax, knowing it was set in the real world, and not in the Hollywood alternative universe where Julia Roberts can't get a date.

The movie is warm-hearted in the way a movie can be when it knows its people inside out. The audience loved that this movie reached out to them and that they could reach back and make it a phenomenon. Most blockbusters open with \$60 million, then drop to \$30 million the next week, then \$15 million, then \$7 million. This one has moved in the opposite direction—the ugly duckling that its oft-neglected audience has made into a swan.

This must-see movie is a great alternative to the other films that theaters are offering.





The Foo Fighters are back and better than ever with a new CD, One By One.

Foo's new album, One By One

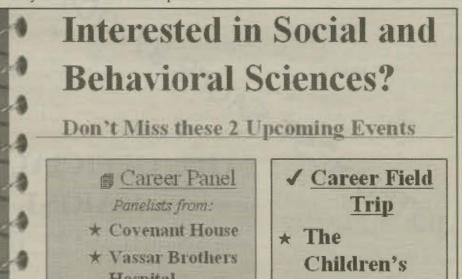
by MATT DUNNING Staff Writer

First and foremost, allow me to clear Dave Grohl's name. He is not, I repeat, not trying to revive grunge. Grunge is dead. It died the day Bush's *Sixteen Stone* nearly topped the billboard charts (it peaked at Number 4). So, let's all take a minute and collectively come to grips with the fact that grunge (which is a four-letter word in the eyes of most of the bands that the term sought to define, anyway) has died, and all the Creeds and Puddle of Mudds in the world will never, ever bring it back. Done? Good. Now, on with the review.

It has taken them nearly eight years, but the Foo Fighters finally made the album that they've always been capable of making. One By One is hard-hitting and quickwitted where it needs to be, allowing it to be hushed and vulnerable where it wants to be. The single-chord blitzkrieg "All My Life" is a speeding ticket just waiting to happen. "Disenchanted Lullaby" is quite possibly the laziest and most apathetic love song ever written. At the very least, the song deserves a nod for the line, "No one has a fit like I do. I'm the only one that fits you." In fact, Dave Grohl's songwriting is better across the board on *One By One*. Set against the cloudy and hauntingly distant guitarwork of "Tired of You", Grohl has never sounded so sincere as he laments, "So shame on me for the ruse. Shame on me for the blues. Another one returned that I'll never use."

The only tragedy of *One By One* is that it peaks early and just sort of fizzles out at the end. Only the second song on the album, yet clearly the stand-out amid the other ten tracks, "Low" is a huge step forward, evidence that Grohl was paying close attention during his stint as drummer for Queens of the Stone Age. The album's closing arguments, the uninspiringly titled, "Come Back" would probably feel more at home among the songs cut from Jerry Cantrell's first album.

Grunge may be dead, but with tracks as fuzzed-out and angsty as "Have It All" and "Halo", *One by One* is as fitting a eulogy as we could hope for.



*NO DOWN PAYMENT FREE THREE DAYS AND TWO NIGHTS VACATION OF YOUR CHOICE *WITH EVERY MEMBERSHIP! 1.1//4 miles north on Rt.9 on the left

> *While supplies last *Expires 12/31/02

> > lo popointments mecanoary

Route 9 Hyde Park, NY 12538 (845) 229-9900

Summerlin Plaza Wappingers Fails, NY 12590 (845) 227-3227

6 Raymond Ave. Poughicsepsie, NY 12603 (845) 454-8700

Visit us at our website - www.EndLesssun.com

Hospital * U.S District Court * Newburgh City Schools * Dutchess County Mental Health Association Wed., November 20

12:30 pm Performing Arts Room, Student Center

0

Home of Poughkeepsie Must sign up to attend (limit of 20)

Friday, November 22 3 - 4 pm

> Call x2398 or stop by the Center for Career Services

Sponsored by the Center for Career Services



by PAUL DeMICHELE Staff Writer

8 Mile takes you into a world that most Americans do not even know exists.

The plot covers a week in the life of Jimmy Smith (Eminem), a down and out white rapper trying to break into a black industry.

Director Curtis Hanson wastes no time before the audience is intimately acquainted with Jimmy's life. You first see Jimmy in a grungy bathroom within a deserted shelter on a night were he is set to "battle". Two rappers are given 45 seconds to "battle" each other with insults. The rapper who receives the most applause wins. The film follows Jimmy on a path of ups and downs for him and his friends until a inevitable "battle" is set to resolve all the issues the movie presented over its two hour span.

As I sat there watching the final showdown, I secretly prayed that Hanson would take the high road and not sell the movie out to capitalize on Eminem's current fame.

Hanson comes through and delivers a powerful ending that will echo in your mind as the credits begin to roll. Unfortunately, it will not take long to realize that the movie was based solely around a group of people who gather together to insult each other. The greedy, cutthroat atmosphere Jimmy grew up in was cleverly disguised by Hanson who, instead, focused on loyalty and friendship as the underlying message of the movie.

The movie was filled with strong performances all around with the exception of Jimmy's mother, Stephanie (Kim Basinger). Her weak acting mixed with a horrific accent made me cringe whenever she had screen time, which was extremely surprising after her powerful performance in L.A. Confidential.

Brittney Murphy played her role as Jimmy's love interest perfectly. She convincingly portrayed a character that was both heartless and supportive.

Eminem stole the movie with an unbelievable acting ability. As much as I would love to jump on the growing bandwagon of Oscar nominee

supporters for his role, that may be a little premature.

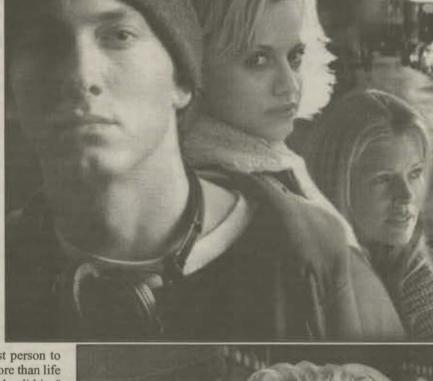
He did have several awkward moments throughout the film as expected from any rookie actor. Although I must admit, these brief moments only occurred in his scenes opposite Basinger who appeared to be looking past him at cue cards.

There are many that will give Eminem credit for a great performance and retract it in the same breathe by accrediting it to the fact that he played a character that resembled his real

life. Let me be the last person to tell you that it takes more than life experience to do what he did in 8 Mile.

After an altogether solid collaboration of strong acting and respectable directing, you are still left with a story that has been told and re-told several times. This movie will surely be a big hit among college students, however, it is more than likely to fall short in the eyes of the rest of America. Although entertaining, 8 Mile was in a word - forgettable.

Left: Eminem and his daugh-ter star in his theatrical debut, *8 Mile*. Above right: Brittney Murphy and Kim Basinger co-star in the film. Right: Murphy stars as Eminem's love interest in 8 MIIe.





Arthur Dent, left

alive after the

Earth is demolished to make way

for a galactic freeway, is brought

along on an unbe-

lievable adven-

ture by his friend Ford Prefect, an

alien who has pre-

tended to be an out-of-work actor

while stuck on the

planet Earth for the past fifteen

He is also a re-

searcher for the

revised edition of

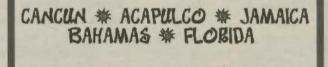
vears.

PHOTOCREDITI BAILE COM

Forty-two reasons to hitchhike Adams' dry humor makes an old book a favorite

by JEN HAGGERTY Editor-in-Chief

The Hitchhiker's Guide to the Gal- the story, but actually contribute axy, which contains ironic, funny to the book's humor. This book does lack a plot, but that doesn't matter when there are sly references throughout the book that keep readers laughing and on their toes. "One of the things Ford Prefect had always found hardest to understand about humans was their habit of continually stating and repeating the very very obvious, as in It's a nice day, or You're very tall, or Oh dear you seem to have fallen down a thirty-foot well, are you all right?") This book is the first in the five of the Hitchhiker series, and I must say, I'm inclined to keep reading. If you want a non-serious, fastread, give this book to try. Or perhaps if you'd rather find out where ballpoint pens disappear to, the significance of 42, or the truth behind cheese-gobbling mice, grab a towel and this book.



PHOTOCREDIT/ BMILE COM

The Hitchhiker's Guide to the Galaxy By Douglas Adams Genre: Science Fiction



PHOTOCREDITI AMAZON.COM

This is the first book in Adam's Hitchhiker serles.

and sometimes useless information about anything in the universe ("A towel is about the most massively useful thing an interstellar hitchhiker can have").

The author, Douglas Adams, sprinkles random dry humor throughout the course of Hitchhiker, which makes it a laid-back enjoyable read. His imagination, however, sometimes gets a little too far-stretched and can become annoying to the reader. One of the main themes in this book is the use of the Improbability Factor; basically, anything that cannot happen will. The idea is good - but the extraordinary things that do happen, such as two missiles turning into a bowl of petunias and a whale, seem far-fetched.

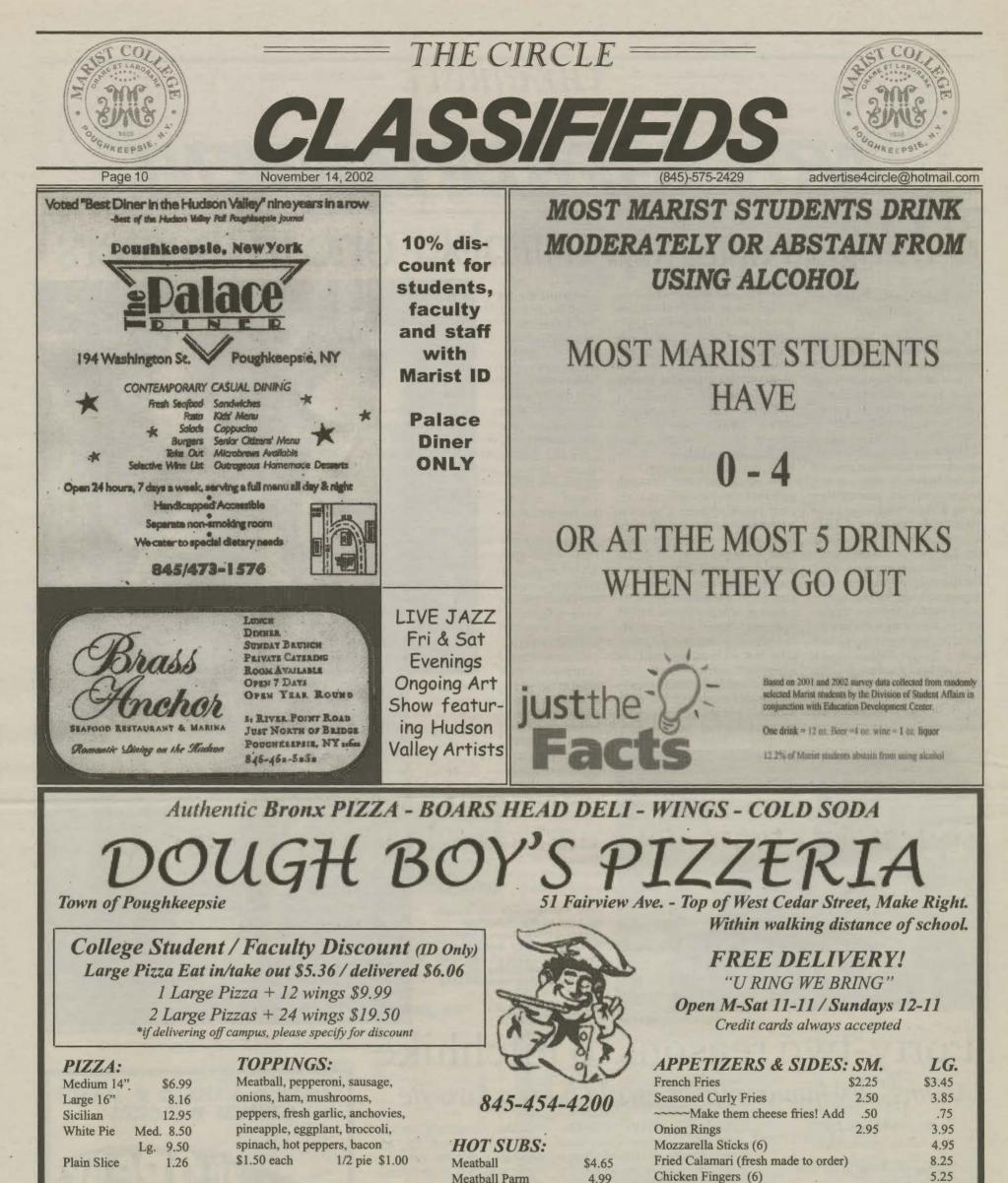
It is the crazy, ironic happenings, however, that keep the reader turning pages. There are whole chapters devoted to totally random subjects that seem to have no place in

Rating: 4 out of 5 stars.



1.800.648.4849

www.ststravel.com





BOAR'S HEAD BRAND COLD CUTS:

Roll: \$3.85 Sub. \$4.85

No charge for: Lettuce, tomatoes, onions, mayo, honey mustard,oil & vinegar, mustard, hot peppers, olives, pickles, cucumbersTurkeyPepperoniSwiss CheeseSalamiHamTunaProvolone CheeseRoast BeefPastramiAmerican CheeseAny combination of choices

3-6 foot subs available 10.95/ft. (3 days notice is appreciated)

CHICKEN WINGS: \$4.99/Dozen (fresh jumbo wings) Mild, Medium, Hot, After Burner, BBQ, Honey Mustard Comes with Chunky Blue Cheese & fresh cut celery (Extra Blue Cheese & Celery \$.50)

Sales Tax not included

ATAVERVU BRAA A BREAAA	
Chicken Cutlet Parm	5.25
Chicken California	
(let, tom, mayo)	5.25
Eggplant Parm	4.99
Sausage & Pepper Parm	5.25
Veal Parm	5.25
Veal and Peppers	5.25
1/2 lb. philly cheese steal	k,
mushrooms, peppers,	
onions	5.50
9	

FRES	H GARDEN	SALADS:
Small (7"	')	Large (9")
\$2.95	Tossed	\$3.95
4.99	Chef	6.25
4.99	Cold Antipasto	6.25
4.99	Chicken Salad	6.25

Content a subbill (c)	0.000
Bag of Fried Dough (w/confectioners sugar)	2.75
Garlic Knots (6)	2.00
Pepperoni Garlic Knots (6)	2.50
Garlic Bread	1.99
Garlic Bread with Cheese	2.75
Bruschetta	3.75
Cream Cheese poppers	4.50

CALZONES & STUFFED ROLLS:

(made fresh to order)

Calzone (Topping, add \$.50 per)	\$4.50	
Stromboli (Choose 4 toppings)	5.50	
Chicken Roll	3.85	
Roni Roll	3.85	
Sausage Roll (can add peppers & onions)	3.85	
Vege Roll	3.85	
Chicken and Broccoli Roll	3.85	
~~~~~ w/sauce, add	.50	

### (GH



### Marist grad takes MSG to the top of sports broadcasting

### by DAN COTOIA Staff Writer

Michael McCarthy, the executive vice president of MSG Network is one of the main architects of success at this growing regional sports station, located inside the "World's Most Famous Arena," Madison Square Garden in New York City.

McCarthy, a 1982 graduate of Marist College, has been instrumental in helping to establish MSG Network, the largest and oldest regional sports network in the country, and FOX Sports Net (FSN), as the premier carriers of regional sports programming in the country. He helps them reach out to millions of viewers throughout the tri-state area and beyond by providing exciting broadcasts of the New York Rangers and Islanders, the New York Knicks and Liberty, the New Jersey Devils, and the New York Mets, among other teams

The on and off-air talent and broadcasts of up and coming shows like "The Best Damn Sports Show Period," "The Boomer Esiason Show," and "Unnecessary Roughness," wouldn't be on the air in the New York area if it weren't for him.

"If Mike (McCarthy) wasn't here, MSG Network wouldn't be as productive and as successful as it is today," Ivan Gottesfeld, senior vice president of production at the network said. "He has had so much to do with our expansion and our success as a whole."

MSG network just recently expanded from part-time to full-time programming this past year.

"It's been an unbelievably upward spiral. When I first got here, it was just sporting events service (Knicks and Rangers games), signing on at the tip off and signing right off at the end of each game,' McCarthy said in an interview at the Garden. "Now we have a twenty-four hour, seven days a week regional sports network that does high definition programming. And it has it's own website and radio division. It's really grown remarkably."

McCarthy's career at MSG started early, during his senior year at Marist College in 1982, when he accepted an internship at the network. He joined the MSG staff after graduation and moved his way up quickly. After 17 years, McCarthy was flourishing in his current post.

"I worked my way up and got lucky a few times," said McCarthy. "The company showed confidence in a young person taking over and allowed for growing pains to be worked through. One thing led to another and here I am.'

McCarthy is in charge of the most important issues concerning the network.

He manages \$320 million in network revenue and \$100 million in expenses. These expenses are related to things like: hiring announcers and camera crews, conceiving shows and programs, negotiating with cable systems to carry the channel, and paying the appropriate fees.

"Mike's a very intelligent person and is very powerful in his presence," Millie Melendez, a secretary at the network said. "He's a very busy man, but he makes his job look easy when in reality it isn't."

McCarthy gained much of his sports knowledge and managerial wisdom while attending Marist

"I loved the Marist College experience and I learned a great deal at the school," McCarthy said. "The opportunity that I got with the faculty was invaluable."

While at Marist, McCarthy's hobbies included athletics, radio, and theater. He was a disc jockey ter than they could be, whether it at WMCR and was sports editor of "The Circle."

"I was a sports addict and a very busy student," McCarthy said. "I hardly ever left the school. I didn't want to leave. Being sports editor and a DJ were some of the great highlights of my life."

One of McCarthy's favorite activities was theater. While rehearsing "Dr. Doolittle" at the Nelly Goletti Theater, McCarthy met his wife Allison, a 1983 graduate of Marist.

"I guess I was just lucky," McCarthy said.

He and his wife have two children, Jeremy, 13, and Maggie, 10.

In his spare time, McCarthy enjoys helping out with the community. He is a board member of Madison Square Garden's Cheering for Children Foundation, a charity which dedicates employee time to the after school hours of youth in New York City. He was responsible for organizing four successful charity weeks last year that raised more than \$200,000.

"We help keep the kids off the street and out of trouble after school until their parents get home," McCarthy said. "It's been a very fruitful experience."

McCarthy likes to make a difference in other people's lives.

involves contributing any financial, emotional, or physical contribution I can," McCarthy said.

There is no doubt that McCarthy is brightening people's lives by contributing high definition sports programming to millions of people in the area.

"The rest of the network and I try to do our best to serve the viewers," said McCarthy. "The most important thing I can do is to make the viewing experience the most enjoyable it can be. Hopefully, I've been able to do that."

McCarthy traces his current success to his Marist experience.

"I hope everyone at Marist right now realizes what a great community they get to be part of. Hopefully students there now will take advantage of it like I did," McCarthy said. "One of the main reasons I love my job is because I'm happy doing it. I would love to see Marist graduates be as happy and as lucky as I have been."

Asked if he could have imagined himself being as successful as he is today when he was a Marist student, McCarthy said, "If success is defined as enjoying your work, well, yes, I was hoping for this. I couldn't imagine anything better."

"I want to make people's lives bet-

### Equestrian team has good showing in last competition

### by LAUREN KLINGLER Staff Writer

This past weekend, the Marist College Equestrian Team finished out their fall season of competition at Centenary College in Hackettstown, New Jersey.

Captains of the team, senior Karen Rodgers and junior Mara Halley, started out the day by bringing home top ribbons in the Open Division, which is the highest-level intercollegiate riders compete in. Halley placed first in over fences and won her class on the flat and Rodgers came home with sixth place on the flat.

In the intermediate division, senior Courtney Sutphen placed sixth in over fences and second on the flat, senior Amanda Von Haugg placed

fifth in over fences and third on the flat, and freshman Beth Honcharski placed third in over fences and reserve on the flat.

In the novice division, junior Sara Esthus placed sixth in over fences and third on the flat, and junior Lauren McGann was fourth in over fences and fifth on the flat.

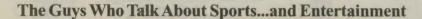
In the advanced walk/trot/ canter division, sophomore In the beginner walk/trot/canter division, sophomore Maria Ianne placed fifth and Jessica Baldwin placed fifth as well.

In the last class of the day, Amy Snell brought another first place ribbon back to Marist in the walk/trot division. This win resulted in Snell's move into the beginner walk/trot division and a bid to regional competition in the spring.

The team competed very well Kerri D'Amico was reserve. against such large schools as NFL picks by the experts (but please don't take our word for it)

New York University, Columbia University, SUNY New-Paltz, Centenary College, and Drew University. The team will resume horse showing in the spring.

The team is always looking for new members and if anyone has any questions concerning the team or about joining, they can call captain Karen Rodgers at x5671 and captain Mara Halley at x4319



NEL			R	Shit	A	-St.	K
<b>UD</b>			Scotty	Drex	Shiek	Mr. Director	Pete
		Overall Winning %	(42-56) .429	(53-45) .541	(36-44) .450	(50-47) .515	(49-49) .500
Favorite	Line	Underdog					
Green Bay	6 1/2	MINNESOTA	Packers	Vikings	Packers	Packers	Packers
ATLANTA	3	New Orleans	Saints	Falcons	Falcons	Saints	Falcons
Cleveland	3	CINCINATTI	Browns	Browns	Browns	Browns	Browns
INDIANAPOLIS	7	Dallas	Colts	Cowboys	Colts	Cowboys	Cowboys
KANSAS CITY	3 1/2	Buffalo	Chiefs	Bills	Chiefs	Bills	Chiefs
MIAMI	5	Baltimore	Ravens	Ravens	Ravens	Dolphins	Ravens
NEW YORK GIANTS	3 1/2	Washington	Giants	Giants	Giants	Giants	Giants '
PHILADELPHIA	11	Arizona	Eagles	Cardinals	Eagles	Eagles	Cardinals
Pittsburgh	3	TENNESSEE	Steelers	Steelers	Steelers	Steelers	Steelers
San Francisco	2 1/2	SANDIEGO	49ers	Chargers	49ers	Chargers	49ers
TAMPA BAY	9	Carolina	Bucs	Panthers	Panthers	Panthers	Panthe
SAN FRANCISCO	4 1/2	SEATTLE	Broncos	Broncos	Broncos	Broncos	T
New York Jets	3	DETROIT	Jets	Lions	Lions	Jets	
Jacksonville	6	HOUSTON	Jaguars	Jaguars	Texans	Jaguar	
OAKLAND	4	New England	Raiders	Raiders	Patriots	p.	



### Swimming, diving teams continue MAAC dominance

### by SCOTT MONTESANO Staff Writer

When was the last time the Marist men's swimming and diving team lost a Metro Atlantic Athletic Conference (MAAC) meet? The answer is never!

In 40 MAAC meets since joining the league in 1995-1996, the Red Foxes are a perfect 40-0. That equates to a dominating seven straight MAAC championships, more than any other school in the two-decade history of the conference

The 2002-2003 Red Foxes have continued that trend, defeating the Rider Broncs 129.5-113, in their MAAC opener November 9th at the McCann Center.

Senior Ricky Kapusta won two individual events for Marist, taking the 50-yard freestyle and 100yard freestyle. Kapusta also won the 50-yard freestyle in the team's season opening win over Boston College on Oct. 25th.

Freshman Henry Puretz won the 500-yard freestyle with a time of 45:48.75. Meanwhile, freshman Brian Sankowski and junior Matt Miller finished third and fourth in the event.

Rider led by sophomore Sam

Engle who won 200-yard IM and 200-yard backstroke, dropped to 3-

While the men were on their way to their 40th consecutive MAAC win, the women also opened their conference season against Rider, in much more dramatic fashion.

Needing to win, and have another swimmer finish at least third, in the final relay, the Foxes did exactly what they needed. Marist took both first and second place to pull off the come-from-behind victory.

Karen Finnerty won both the 1000-yard freestyle and 500-yard freestyle for the Foxes.

Both teams will return to MAAC play on Nov. 16th when they host St. Peter's and Fairfield at 1:00pm. The squads were scheduled to have a dual-meet Nov. 12 in New Rochelle vs. Iona.

### MCTV airing first hockey broadcast since 1999

### by SCOTT MONTESANO Staff Writer

It will be a hockey night on MCTV this weekend.

For the first time since 1999, Marist Red Foxes' club hockey will be returning to the campus television station, after being absent for the past two seasons.

Marist's November 15 home game against Division 1 level Rutgers, will be aired by the student-run station, all weekend long, starting at 11am Nov. 16.

"Basketball is our big sport, but we are trying to branch out and cover more events, such as hockey," said MCTV sports director Travis Tellitocci, adding "We are excited to be doing something new and different."

The broadcast will give the Red Foxes the distinction of being one of only a handful of American Collegiate Hockey Association (ACHA) teams to have a game covered by television.

"I think its pretty exciting (to have the game on television)" said freshman Dan Federico.

"Now people will only have to turn on MCTV to watch us play." Federico, like most of his team-

mates, has never had more than highlights of games shown on television before. Of the Foxes, only three seniors remain from the 1999 team that last appeared on campus television.

On the ice, the Foxes are hoping that the bright lights of television may break them out of their losing spell. Since a dramatic, last minute 4-3 win over Rider on Oct. 12, Marist is winless in their last eight games (0-7-1), and have lost six straight matchups.

Marist's record has plummeted to 3-8-1 and leaves the team in danger of falling out of the ACHA's northeast rankings, which will be announced Nov. 15.

The freefall may have hit rock bottom last Saturday when the Foxes fell 4-1 to the lowly SUNY Albany Great Danes in Bethlehem. N.Y. Marist never led in the contest and was down 3-0 early in the second period.

Albany had been one of the few programs the Foxes had mastered

in recent years, winning the last five meetings prior to last weekend's game

The loss was also the Foxes fifth straight Super East Hockey League defeat, leaving the team at 2-5-1 and ranked sixth out of eight teams. Only the top six teams make the playoffs in Feb-

With losses pilling up, questions have arisen about team chemistry, a problem for the program in the past. However, players have refuted the rumors.

"We all want to win and we are all getting along," said Federico. Head coach Bob Simmons has said before that he doesn't feel chemistry will be a problem, noting that the team has much needed leadership in the locker room that not been there is recent seasons.

Marist hosts Rutgers on Nov. 15 at 9:30pm at the Mid-Hudson Civic Center before traveling to play at Lehigh one day later. Both games are non-league matchups.

### Clapper makes Marist bowling club history

### by TARA DELMOUR Staff Writer

Wednesday, October 30 was just another day for Dan Clapper; that about five years now, and up unis until later that evening, when he accomplished something so incredible, he didn't even think it was truly possible.

during weekly competition with the bowling club.

He had been bowling strikes the entire game, but it wasn't until the seventh frame of the game that he noticed what he was on the brink of doing.

upon him, he decided to withhold this information from his team members, so as not to jinx what he had going.

Clapper grew more nervous with each passing frame, he admitted, and as he drew nearer to accomplishing this feat, more people began to notice the string of consecutive strikes he had bowled thus far. Although he tried to ignore what was going on, he could not help people to join the Bowling Club."

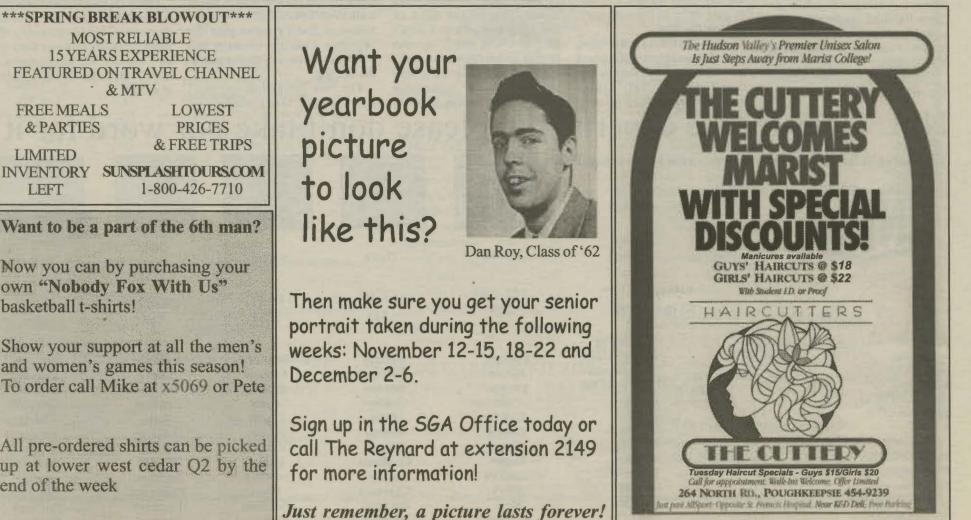
but hear the whispers and gasps of the growing crowd around him as they marveled at what they were witnessing.

Clapper has been bowling for til that fateful Wednesday night, had never bowled a perfect game. The closest he had ever come to a perfect game was a score of 260 Clapper bowled a perfect game out of a possible 300. The thought of actually bowling a perfect game had always been in the back of his mind, but was never a goal he viewed as realistic.

Although a bowler goes into each frame trying to bowl a strike, Clapper understood that it was When he finally realized what was nearly impossible to actually do it twelve times in a row, in one game. On this night however, anything was possible and his dreams became a reality; he had done what he thought was unrealistic.

> While a perfect game is a great personal feat, Clapper hopes that a greater good will come from his amazing accomplishment for the entire Marist Bowling Club.

"I hope this encourages more



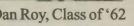
Want to be a part of the 6th man?

Now you can by purchasing your own "Nobody Fox With Us" basketball t-shirts!

Show your support at all the men's and women's games this season! To order call Mike at x5069 or Pete

All pre-ordered shirts can be picked up at lower west cedar Q2 by the end of the week





Just remember, a picture lasts forever!