

The



Circle

The student newspaper of Marist College

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Rae of Hope shines for volleyball junior

By MICHELLE CONSTON
Circle Contributor

On and off the court, a team must function as a family and work together to achieve its goals. For the Marist women's volleyball team, a new goal developed in the spring 2009 semester when their outside hitter, Raeanna Gutkowski, was diagnosed with osteosarcoma, a form of bone cancer.

Marist senior and team captain Dawn Jan had a difficult time processing the news that her teammate and friend was diagnosed with such a serious disease. She wanted to help Gutkowski in any possible way, so she grouped together with friends to develop their capping project, "A Rae of Hope."

Jan said the goal of the project is "to try to raise awareness about osteosarcoma, as well as cancer in general...also raising awareness about the many different outlets that are available for people trying to cope with similar situations."

Accompanying Jan are Christopher Barnes, Cody Lahl and Alicia Mattiello. All group members are friends with Gutkowski, so they rallied together to create a series of three events to raise money for the cause.

The first part of "A Rae of Hope" was a night out at Applebee's across from Marist on Wednesday. Applebee's donated 10 percent of each dinner bill to the Memorial Sloan-Kettering Cancer Center for Pediatric Cancer Care.

The next event will be held in the Cabaret on Oct. 20 at 7:30 p.m. This will be an information session with Dr. Mary Dunne, the director of health services at Marist. Accompanying Dunn will be presenters from the Marist College Office of Counseling Services to talk to students about osteosarcoma awareness.

The project will commence with a fundraiser held on Nov. 1 at 2 p.m. during the volleyball game against Iona College. The logistics of this fundraiser are still being developed in accordance to NCAA rules. There

FOX FANATICS



RYAN HUTTON/THE CIRCLE

Fans at the football game over alumni weekend show their Red Fox pride with signs and Marist gear. The team defeated Jacksonville 31-27 in front of a stadium filled with students, family and alumni.

will be multiple raffles of store gift cards and Jets memorabilia.

Although Gutkowski was not involved in the planning of the events, Jan said the group has kept her informed and has asked for her approval on all decisions "since this is a personal matter for her."

To try and cope with the news as a team, the volleyball girls have done team building exercises and

have tried to use each other for comfort. With the other team captain studying abroad, Jan was a primary liaison between the coaching staff and the players.

"I tried helping my team digest this information as well as possible by letting them know that if they need to talk about anything, I would be available anytime," Jan said.

Students take economic slump in stride

By ALYSSA LONGOBUCCO
Staff Writer

Merrilynn Esteve sighs as she sets her bags of groceries on the curb of her Fulton townhouse. She knows the long running receipt tucked into one of the Stop and Shop bags will

only deduct from her already tight bank account.

"I have to be much more mindful of how I spend now," she said. "Everything adds up and before I know it, my bank account is drained."

Esteve is just one of many college

students affected by the slowing economy. What was once a challenge to pay high tuition costs has now evolved into a full on budgeting war. Now students are attempting to balance tuition payments with the cost of everyday living, all the while trying to squeeze the most bang for their buck out of their college experience.

"I rarely go out anymore. The bars just get to be too expensive, I go maybe once a week, if that," Esteve said.

Weekend life, a major concern for college students, has definitely taken a hit in this weakened economy. More students are choosing to stay on campus instead of visiting home, bar hopping, taking trips to the Poughkeepsie Galleria, or venturing to New York City.

"I wouldn't say it's made my social life here bad in any way, but I've definitely become more aware of the decisions I make and what I spend my money on," said junior Kristen Innvar. "As college students, we need to worry about our money anyway, but the way the economy is now is making it much harder."

As far as everyday expenditures go, Innvar said that she and her

friends are cutting back on those as well.

"We're eating out less, that's for sure. And with going out during the week and on the weekend, like if we wanted to go to the mall, a bar, or go to Rhinebeck for the day, we try to keep whatever we do for the week under \$50."

Getting a job may seem like a natural solution, but that too is easier said than done these days. With the growing need for employment, students are finding it harder to secure even a part time job, either on campus or in the surrounding area.

"I've been looking for jobs everywhere," said junior Courtney Coms. "Either no one is hiring, or the one rare place I find that is, I can't possibly work at with my 18-credit course-load."

As always though, college students are studied in the art of adaptation.

"Our house has started being less wasteful with the things we buy as a group, such as paper towels and household needs," Esteve said. "We've even bought two Brita filters for the house to replace the cases of water we all buy each week."



LU_LU/FLICKR.COM

Many college students are trying to cut their costs in response to the economic downturn. For students living in townhouses, groceries are a major expense that cut into students' already tight budgets.



THIS WEEK

Thursday, 10/15

No Events Posted

Friday, 10/16

Women's Soccer Home Game
Marist vs. Canisius
Leonidoff Field, 7 p.m.

Saturday, 10/17

Volleyball Home Game
Marist vs. Rider
McCann Center, 2 p.m.

Sunday, 10/18

Women's Soccer Home Game
Marist vs. Niagara
Leonidoff Field, 1 p.m.

Volleyball Home Game
Marist vs. Siena
McCann Center, 2 p.m.

Monday, 10/19

No Events Posted

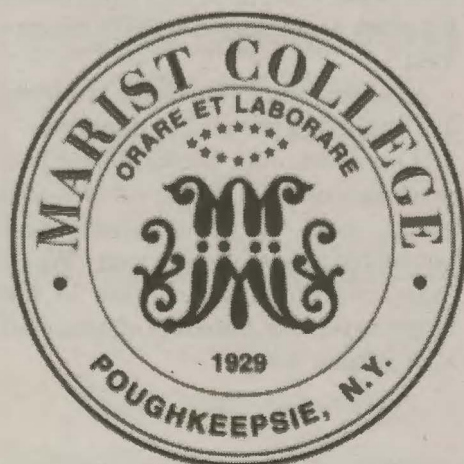
Tuesday, 10/20

Mosaic Submissions Due
e-mail MaristLAS@yahoo.com
Short stories, poetry, photography,
artwork

Wednesday, 10/21

Marist College Farmer's Market
Campus Green, 11 a.m. - 2 p.m.
Cash Only

Tickets on Sale: "South Pacific"
College Activities, starting 12 p.m.
\$25 with Marist ID



Security Briefs

Upperclassmen party boasts guest list of 80 plus

Circle staffers and Sheahan residents not invited

By CHRIS RAIA

10/7 - Champagnat

Various drug paraphernalia were confiscated from an unlucky room on the seventh floor. Apparently, numerous pipes and a marijuana grinder were found in this room. But it wasn't just drugs; these freshmen also forgot to throw away their several empty bottles of liquor. That's just pouring salt in an open wound. Ouch. Since they're too hardcore for Nattie Ice, Champ gets 25 points.

10/8 Freshmen Halls

Security started their lock it or lose it campaign, encouraging freshmen to lock their doors. This is another one of my public service announcements that have become way too common of an occurrence. But lock your doors. I know how inconvenient it is to unlock your door before entering. It adds just about 5 seconds to your entry into your room depending on what kind of key you have. I understand. I really do. But I've heard too many stories about rooms being broken into that I feel like it's worth it.

10/9 - Gartland

I think this may be one of the first times I've ever written about an incident in Gartland Commons, which upsets me because I might be able to talk about them first hand since that's where I live. But anyway, two alumni were asked to leave campus because they tried to sneak alcohol into an apartment. That has to be so frustrating for them. Part of me really, really hopes that they finished all four years of college without getting caught once. Then when they're finally alumni, they come back to their alma mater a little too cocky, and their four years of sneakiness finally catch up to them. Poetic. Justice. 10 points.

10/10 - Fulton

Typically, on-campus parties are composed of a few groups of friends merged together under one roof. In Fulton, such was not the case this weekend. A party consisting of nearly 80 people was broken up on Saturday night. To top it all off, nobody got written up. Even though it is an upper-classmen complex where alcohol is permitted, I give them props for having that many friends. For style, I award 15 points.

10/10 - Sheahan

Haha. I'm just kidding. Nothing happens in Sheahan. 0 points.

10/10 - Upper New

A student reported that she came into her room to find her 32 inch television broken on her floor. I guess she thought somebody broke into her apartment; however, a few hours later, she received a phone call from her friend, saying the wind pushed her television off the floor. The wind.

How heavy is a 32 inch television? I'm pretty sure it's too heavy to be pushed off a desk by wind. But if this actually happened, add this to the list of reasons I absolutely abhor wind. It makes it impossible for one to play wiffleball, tennis, badminton, and countless other awesome games. Not to mention how difficult it makes reading a newspaper outside, talking on a cell phone, lighting a fire, or just having a simple conversation. Now it's breaking TV's?! And I can't speak from experience since I'm a boy, but it's apparently bad for hair as well. Damn you, Mother Nature.

10/10 - Gartland

Fire alarm. Burnt food. Nothing else really happened, but I decided to include it so that I could give Gartland 10 points. The standings will be updated after the break. I promise.

Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.



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Obama's Peace Prize: Point-Counterpoint

PRO-BAMA

By MICHAEL NAPOLITANO
Staff Writer

To the surprise of nearly everyone in the world, President Obama was selected by the Nobel Committee to receive the 2009 Nobel Peace Prize. Naturally, his selection has raised many questions. The selection was made, however, on sound rhetoric based on the principles of international diplomacy and politics.

The Nobel Peace Prize is awarded to the individual who has done the most for world peace in the previous year. Most notably for Obama, is that he reversed the jingoistic – and at times borderline xenophobic – foreign policy of the previous administration. In doing so, he single handedly changed the attitude of most of the world toward America.

It also must be noted that individuals who promote world peace do not necessarily partake in specific actions. International diplomacy is incredibly formal; most of the attitudes and actions of individual nations are played out through speeches and gestures. In this sense Obama's contribution to peace is visible.

Some of Obama's first actions as president set the tone for what the Nobel Committee dubbed as, "his extraordinary efforts to strengthen diplomacy and cooperation between peoples." During his inaugural address he stated, "To all those other peoples and governments who are watching today...know that America is a friend of each nation and every man, woman, and child who seeks a future of peace and dignity, and we are ready to lead once more."

These are strong words coming from someone who just took office. His actions continued over the next few months. First, Obama signed an executive order, closing the detention facility at Guantanamo Bay, putting an end to torture, and began withdrawing troops from Iraq.



TRANSPLANTED MOUNTAINEER/FLICKR.COM

President Obama was awarded the Nobel Peace Prize on Oct. 9, which has sparked a heated debate across the country.

In his first formal interview as president, he spoke with an Arab satellite network, reaching out to the Islamic world. He later gave a speech in Cairo, reaching out further to nations and peoples who had been so greatly dejected by the previous administration. Additionally, Obama has put pressure on Israel to desist their movement onto Palestinian settlements, refused to support radical right-wing coup leaders in Honduras, and has continued his advocacy for a world free of nuclear arms.

To Obama's credit, many world leaders have congratulated him and shown their support for his award. Simply the list of individuals congratulating him alone shows the span of his actions. Obama has been supported by public figures in France, Germany, Russia, Israel, Palestine, Iraq, Indonesia, Japan, South Africa, Zimbabwe, by IGO's such as the United Nations, NATO and the International Atomic Energy Agency. Former recipients of the prize such as Wangari Maathai, Desmond Tutu, Mikhail Gorbachev, Mohamed Elbaradel, Shimon Peres, Jimmy Carter, Al Gore and last year's recipient Martti Ahtisaari have also expressed their support.

It is time to put politics aside, because peace is more important than politics. America, your president just won the Nobel Peace Prize, let's be proud of it.

By DEANNA GILLEN
Opinion Editor

Last week, the Nobel Committee awarded the Nobel Peace Prize to President Barack Obama only nine months into his presidency. According to the Committee, the president was awarded the prize due to his "efforts to strengthen international diplomacy," and for creating "a new international climate in politics."

Though there have been high expectations for the president's term, many argue that this award may be a bit too premature.

"Barack Obama's campaign may have changed the tone in international diplomacy, and that might have been a good thing," said John Tate, President of Campaign for Liberty. "However, his actions fail to match his campaign rhetoric. He is ramping up in Afghanistan, expanding the war into Pakistan and his administration is making plans to bomb Iran. At the same time, he has failed to make major troop withdrawals in Iraq, or anywhere else in the world."

The timing of the nominations adds to the dismay of his critics. The deadline for the Nobel nomination was February 1; only ten days after Obama officially took office. How could he have possibly accomplished anything Nobel-worthy in that short time span? That, compounded with the Bush-like policies regarding the war in Iraq, some argue should disqualify him for

NO BAMA

achieving such an award.

It should be noted that Obama has made strides, albeit how small, in the right direction. Particularly, as an article in the *Boston Globe* noted, it is clear from Obama's administration that his message of "hope" has spread, and not necessarily any concrete results. For instance, Obama has announced that he established a timetable for removing the troops from Iraq, reached out to the Muslim world by delivering a major speech in an Arab country, and helped facilitate peace talks with Iran. Though his efforts have not yet yielded any significant results, it seems that he has changed the tone of the conversation, which is a definite step in the right direction.

According to the *New York Times*, Lech Walesa, the 1983 Nobel Peace Prize winner and Poland's president from 1990 to 1995, commented to reporters in Warsaw: "Who, Obama? So fast? Too fast — he hasn't had the time to do anything yet." He raises a telling perspective, one that I can not agree with more. As one said, "It is one thing to have good intentions, and quite another to commit good deeds."

Certainly, there may have been negative political factors in giving Obama the award. Some argue that the Nobel Prize was given due to the sheer fact that he is not President Bush. While I am the greatest self proclaimed opponent of Bush, such an award should be given on factual achievements, not for good intentions and definitely not to rebuke Bush. Such actions devalue the award, and are insulting to the people who have actually earned their status as Nobel Prize winners.

We have yet to see anything from Obama that has made this award legitimate. There's still a war in Afghanistan and there's still no solution in the Middle East. While it's great to be optimistic about Obama's future in office, the award is not only too political, but in poor taste.

Halloween culture: Spending more to wear less

By KRISTEN DOMONELL
News Editor

Crisp fall weather has forced us to take out those fleeces and bundle up for the walk to class, but with Halloween two weeks away, many on campus will soon be stripping down.

"In the regular world, Halloween is when children dress up in costumes and beg for candy. In girl world, Halloween is the one night a year when a girl can dress like a total slut and no other girl can say anything about it," Lindsay Lohan said, as Cady Heron in *Mean Girls*.

And she was right. Halloween is the one night – or maybe one of four – when wearing lingerie, animal ears and a tail is totally acceptable public attire.

I most likely won't be dressing as a nun, and I don't have feminist blood pumping through my veins, so I'm not necessarily opposed to showing a little skin. However, we seem to run into a problem when girls' actions start matching their wardrobes.

Anyone who has been to The Chance on Halloween knows what I'm talking about. The venue is a multi-floor auditorium that opens

its doors to Halloween party-goers every year, and you can be sure that this year, like every year, Marist girls will be dancing on stage in their skimpy costumes in hopes of winning a cash prize for "Best Costume." There is also no doubt that the DJ will be provoking these competitors to take off at least part of their costumes.

Can you say campus-wide humiliation via "sexy nurse contest"?

At Marist, you won't see many straight-up lingerie costumes, but you will see a ton of "sexy" costumes, including "pirate booty," "naughty nurse" and "Ivanna Bone

cave girl," purchased from online stores such as 3wishes.com

As everyone knows, young girls are growing up faster than ever these days, and there are definitely role model implications to this trend of showing as much skin as possible.

The *New York Post* reported Tuesday that costumes similar to those worn by college girls are showing up in New York City costume stores for girls as young as eight, with names like "High Seas Hottie," "Convict Cutie" and "Devil Grrrl." A pedophile's dream.

SEE SPENDING, PAGE 6



Dalai Lama urges U.S. to address socioeconomic issues

By GAIL GOLDSMITH
Staff Writer

While accepting the first annual Lantos Human Rights Prize on Oct. 6 for his human rights work, the Dalai Lama censured the U.S. for allowing a socioeconomic gap between many of its citizens.

His comments on disparity in the U.S. and lack of empathy for the less-privileged did not surprise the Marist community.

Social action is not held in the same esteem in other areas of U.S. culture, according to His Holiness the Dalai Lama.

"Huge gap, rich to poor. This is unhealthy," said His Holiness. "You have to think seriously about those less-privileged people. They're also human beings."

"When I think of America, I think of the idea - concept of freedom, liberty, equality. I think these are real human values," he said.

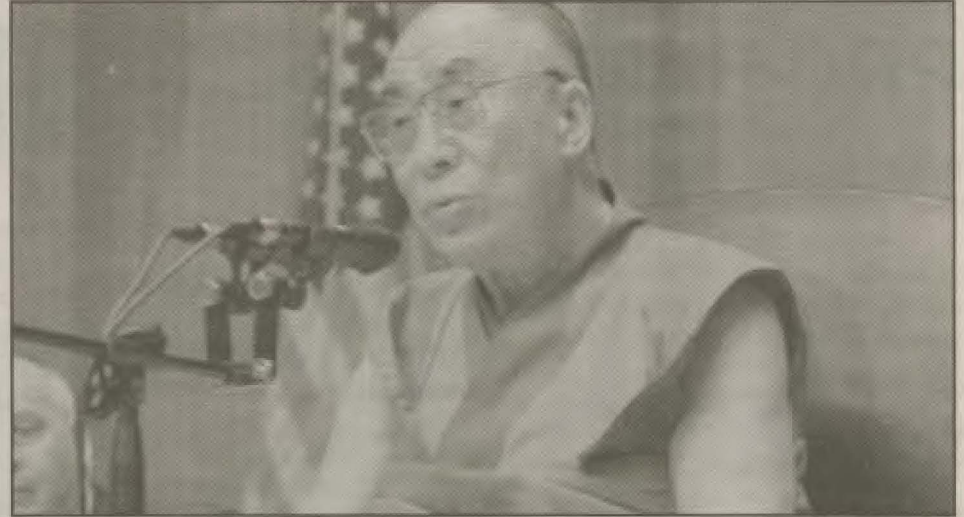
Mar Peter-Raoul, assistant professor of religious studies, said that in recent years the United States has made progress in addressing social issues, but has much more to do.

"We took a seismic step in the right direction with the election of Barack Obama," Peter-Raoul said. "He gets it. He's criticized for not making things happen quickly enough by those who aren't acknowledging challenges, like widespread, grave, selfishness."

She sees a lack of action as a contributing factor to the socioeconomic gap highlighted in the Dalai Lama's comments. "The problem is a lack of consciousness. There are those who are aware of social inequalities but are unwilling to do anything requiring two cells of compassion," said Peter-Raoul, who feels that public policy change begins with grassroots movements.

Katie Sullivan, Marist community service program coordinator, sees experience as an empowering factor for students.

"Marist community service is there to help students see that there is poverty, disparity and need in the community," Sullivan said. "Many students are shocked by seeing people in poverty, and continue to do service because of what they see."



AMERUNE/FICKR.COM

The Dalai Lama implored the U.S. to recognize the gap between rich and poor then take action.

According to sophomore Alex Vucetic, the program awakened her social conscience.

"The programs I have worked with help out people who can't spend time taking care of their kids because they are working. The kids need a role model, a strong figure to lead them, to encourage them with their schoolwork, and remind them they can be great," said Vucetic, who has been with the program for three semesters.

Peter-Raoul encourages students to be in dialogue with officials, become a voice, and be involved in grassroots movements and citizen work. She cited Praxis students who have started an English as a Second Language program for Marist employees as an example. The academic response to societal issues is crucial in nurturing people who care enough to take action that empowers others.

Sen. Ensign's ethics questioned

Affair and nepotism accusations under investigation

By ELIZABETH PEARL
Staff Writer

When the story of Nevada Sen. John Ensign's affair with Cynthia Hampton, a congressional aide, broke last June, most people paid little attention. However, earlier this month it was revealed that Ensign had obtained a lobbying job for Doug Hampton, Cynthia's husband. Now he is facing a Senate ethics investigation.

Doug Hampton and his wife both worked for Ensign until the senator decided to help Hampton find a job lobbying at NV Energy, a Nevada power company which had donated a total of \$50,000 to Ensign's political causes.

The Senate Ethics Committee has already begun examining the issue, and the FBI is also expected to look into the matter. The key Senate law that was broken states that senior aides cannot lobby the Senate for one year after leaving their posts.

Freshman Michael Rudden felt that he did breach Senate ethics, saying that Ensign "took advantage of a publically elected position for someone's personal financial gain."

After the affair was revealed in June, Ensign was forced to resign as head of the U.S. Senate Republican

Policy Committee. He had previously been considered as a possible candidate for the 2012 presidential election, but his White House hopes also ended with the affair.

Vice President of Student Life Matthew Lubrano thought that this was a fair outcome of extramarital relations, saying, "If a politician has an affair and his or her constituents do not want this person to be their representative, then the politician should have to live with that consequence."

Despite the allegations and investigations surrounding him, senator Ensign continues to refuse to resign over the issue, insisting to the New York Times that he complied with all Senate ethics and laws.

Student Body President Stephen Townsend agreed with Ensign. "As long as his issues don't interfere with his position in the U.S. Senate then he should not resign," he said. Townsend felt that Ensign's punishment would come in the next elections.

Whether or not Senator Ensign is allowed to remain in the Senate long enough to reach the next round of elections remains a mystery. People have grown accustomed to affairs, but handing out jobs to friends is another story.

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Professor plans to break hearts with 'Crushes'

BY ALYSSA BRADT
Circle Contributor

Lea Graham, Ph.D., is expecting to release her first poetry book in fall of 2010. It is entitled "Crushes," and contains approximately 85 pages of her own poems, each at varying lengths.

Prior to working at Marist College, Graham taught at Clark University in Worcester, Mass. She is originally from Northwestern Arkansas, but she attended Westminster College in Fulton, Mo. (the site where Winston Churchill delivered his Iron Curtain Speech in 1946) for her undergraduate study, and switched to English after initially planning to pursue a degree in history. She is looking forward to returning there as a writer in residence next year. Graham hoped to become both a professor and a writer, having the ability to write on her own while working at a college or university.

After graduating from Westminster, she moved to New Jersey, and gained "life experience" through her large number of jobs and volunteer work. With enough dedication and appreciation, it is often possible to

draw a parallel between wanting to make a difference in the world and writing poetry. In that event, the interest and success found in her poems can be attributed to how she spent the years after college. Graham later studied at the University of Illinois at Chicago, where she earned her master's and Ph.D. in English/Creative Writing.

While Graham's goal to become a professor and writer has already been accomplished, the release of "Crushes" will be a significant achievement in her life. Her work has been featured in journals such as *Notre Dame Review* and *American Letters and Commentary*, among many others. Her chapbook, (miniature book) *Calendar Girls*, was released in 2006. She is now in the process of editing "Crushes," and is working with editors before it is published by No Tell Books.

Graham believes that working with an outside editor is both helpful and difficult. She explained that the reason it can be challenging is because, even though you may think you're an expert, people will still make changes.

"Ninety-eight percent of the time

I agree with them," said Graham, referring to the current processes that her book is undergoing. "It really shows how important revision is."

The best advice was given to her by poet Sherod Santos, when he told her "if poetry was important to her, she would get back into it."

Because of this, Dr. Graham continued writing poems on her own through the years, even while working her earlier jobs.

The title "Crushes" is based on a recurring theme she noticed in her poems as she wrote them. She was initially inspired by her students at Clark University, when their behaviors would change in the spring. She noticed that the interactions between males and females changed during that season, and certain efforts made by the students were intended to catch the attention of one another. She considered these crushes good things because the emotions associated with them acted as writing influences.

Dr. Graham has spent a few years on the poems which will be featured in her book. She is working on other books as well, one of which will re-



ALYSSA BRADT/THE CIRCLE

Dr. Lea Graham, Associate Professor in English, reaches new accomplishments.

flect on her pilgrimage to Spain, or Camino de Santiago Compostela.

In the meantime, she will continue to teach many different English courses at Marist, travel to even more parts of the world, and continue to write an assortment of pieces in various genres.

cartoon corner By VINNIE PAGANO



Talking Tarot: Midterms week calls for stressed out Knights

BY JENNIFER MEYERS
Staff Writer



Tarot decks consist of four suits known as the Minor Arcana. These suits include Wands, Cups, Swords and Pentacles. I was not at all surprised when I pulled the Knight

of Pentacles for this week because the card's main focus is on one's duty. Other knights in the deck are usually a little more romantic and exciting but the Knight of Pentacles is all about work and using his time wisely.

Midterms week is one of the important steps in our semesters in college which unfortunately includes great amounts of stress and anxiety. We tend to shelter ourselves and cut off contact from the outside world, burying our faces in our books and basically being a hermit for a week or so. A lot of the other knights in the deck get their strive from romance, enthusiasm and virtue whereas the Knight of Pentacles is only doing his action if there is a reward for himself at the end.

We take these midterms because well yes, we have to take them but also because the reward we hope to gain at the end of all this crucial studying is that A on the paper. The Knight of Pentacles also does what he is doing because he wants

to grow in maturity and also because he feels that people are counting on him. Our parents are counting on us to get a good education and make something with our lives, are they not?



K. KNIGHT OF PENTACLES

But there is a point where the Knight of Pentacles can over-examine a certain issue and take himself too seriously in which case he becomes a prey to over-responsibility. College gives students a great deal of pressure but this knight is also telling you not to be so overly worried about your responsibilities because we have people around to help us. This knight feels that his duty is mainly about fulfilling obligations and seeing projects to completion. Mid-semester is usually the time when we start to feel as though we need to start on that final project and really commit to what we need to do. Seniors, the Knight of Pentacles also worries about finding a job and a home. A constant worry I hear from seniors is about what they are going to do after graduation. This knight is all about work, work, work-like most college students.

The "shadow" side to the Knight of Pentacles is inflexibility, being

SEE TAROT, PAGE 6

From Page 3

Spending more to wear less: Halloween culture at Marist

Jackson costumes will be more popular than any other this year. Of course, just as it has been affecting every aspect of life for the past year, you can't complete an evaluation of Halloween without talking about the economy.

According to the National Retail Federation's 2009 Halloween Consumer Intentions and Actions Survey, total Halloween spending is estimated to fall 18% to \$4.75 billion, down from \$5.77 billion last year.

Citing this survey, the *Kansas City Star* reported that young adults, who were last year's biggest

spenders, are planning to scale back drastically this year. The survey found that the average 18-to-24 year-old will spend \$68.56 this year, compared with \$86.50 last year and \$81.91 in 2007.

Marist students, if surveyed, would pose as serious outliers in this data. Many of the previously mentioned costumes cost upwards of \$60, and since the holiday falls on a Saturday this year, Marist students will likely begin easing into Halloween debauchery as early as Wednesday. All those costumes, plus multiple nights out equals some serious cash.



COMPUTERJOE/FICKR.COM

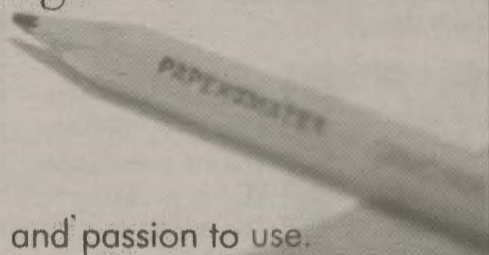
From Page 6

Talking Tarot: The Knight

too addicted to your work, and taking it too seriously to the point of being over-responsible. This Knight questions life and what will happen next; he weighs his options. The animal behind the knight signifies the companions in your life, who are there to help you in life's journey. That creature is there behind you along for the ride so don't ignore it. Study with your friends for your mid-terms because studying with a

group of people for a couple hours can be much more fun than sitting alone in the library for hours on end. To seniors, don't worry too much about finding a home or a job at this point because you still have another semester, enjoy it. And for us all, be careful not to over-work yourself because like I said about The Fool last week, you could end up going off a cliff.

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News Briefs

Farmer's Market on campus:

The Local Agriculture Awareness Advocates from Dr. Alexander's capping class will be hosting a farmer's market with the support of Student Government's G.R.E.E.N. Committee on Wednesday, October 21st from 11 a.m. to 1 p.m. on the campus green.

Vendors from local farmers markets will be providing a wide array of products including produce, baked goods and pumpkins, as well as hemp jewelry from Woodstock, NY.

Additionally, members of SEED and the on-campus sustainability house will be present to provide information about their environmental efforts. The a cappella groups Sirens and Time Check will be providing entertainment throughout the course of the event.

This event is being held in an effort to promote eating locally

grown foods and leading a more sustainable lifestyle.

The farmer's market will be held rain or shine and vendors accept cash only.

For more information, please contact Melissa Greco at melissa.greco1@marist.edu.

Marist talk to examine bee colony collapse:

Agriculture is a leading economic engine in the Hudson River Valley. What would happen if bees no longer continued their role of pollination? What would that mean for farmers, home gardeners, and those who enjoy locally produced fruits, vegetables, and flowers?

"Bee colony collapse" will be the topic of a presentation by Melissa Schacker on October 22, at 7 p.m., in Room 225 of Donnelly Hall. The event is free and open to the pub-

lic. Refreshments will be served following the talk.

"Bee colony collapse has been spreading for several years, puzzling beekeepers, farmers, agricultural extension agents and researchers," said Dr. Richard Feldman, associate professor of environmental science at Marist. "The annual die-off of 30 percent of bees is beginning to have profound effects upon our food supply, as bees are important partners in the production of many of our fruits and vegetables."

Princeton Review names School of Management one of the top 301 business schools:

For the sixth year in a row, the School of Management at Marist College is one of the nation's outstanding business schools, according to The Princeton Review. The

school is featured in the latest edition of The Princeton Review's ratings guide, Best 301 Business Schools, 2010 Edition.

"We are pleased to recommend Marist College to readers of our book and users of our Web site as one of the best institutions they could attend to earn an MBA," said Robert Franek, senior vice president of publishing for The Princeton Review. "We chose the 301 business schools in this book based on our opinion of their academic programs and offerings, as well as our review of institutional data we collect from the schools. We also strongly consider the candid opinions of students attending the schools who rate and report on their campus experiences at their schools on our survey for the book."

Indie sensation visits Vassar

Grizzly Bear brings art-rock harmonies to Poughkeepsie



ANDREW OVERTON/THE CIRCLE

Grizzly Bear perform "Lullabye" with Chris Taylor (left) armed with a flute and frontman Ed Droste (right) strumming an autoharp.

By **ANDREW OVERTON & JOE WALSH**
Managing Editor and Staff Writer

Grizzly Bear conjures an image of a fearsome four-legged animal for most Marist students. But for a handful of indie music enthusiasts it means soaring vocal harmonies and carefully crafted melodies.

Amidst a seven month international tour in support of their critically acclaimed album, "Veckatimest," The Brooklyn-based group found time to come by Poughkeepsie to perform in the 100-year-old Vassar College Chapel.

The Oct. 9 show began at 9 p.m., but students lined up as early as 4 p.m. to get prime seating for a sold-out show featuring Grizzly Bear, arguably 2009's hottest band, and their friends Beach House. By 7 p.m. the line stretched over 300 feet from the chapel doors to the street.

Grizzly Bear's mid-tempo songs cer-

tainly did not translate to a bland live show. The acoustics of the chapel only enhanced the chamber-pop vocals on the set opener "Southern Point." The crescendos and decrescendos in "I Live with You" made even the most stoic fans nod their heads to the thumping bass drum.

For a college concert the lighting was very impressive. The somber, serious mood the illuminated mason jars, LED lights, and fog created in the chapel accented Grizzly Bear's steady tempo.

"Grizzly Bear in the Vassar chapel made want to find God, or maybe I already did? I'm a born-again bear," tweeted Christiney, a Vassar student.

Even those unfamiliar with Grizzly Bear were impressed.

"For not knowing many of Grizzly Bear's songs, I walked out of the concert absolutely moved by the band's musicality and presence on stage," said Jon O'Sullivan, junior.

Not everyone left the chapel pleased

with the show, however.

"Grizzly Bear was exceedingly boring. Beach House was slightly better. Vassar's chapel is a great venue, though," tweeted Oldboats, a Vassar student.

Grizzly Bear is new to the spotlight. The hype surrounding "Veckatimest" propelled it to number eight on the Billboard charts when it debuted in May. Their sophomore album, "Yellow House," didn't even crack the top 200 despite positive reviews in the blogosphere.

"I think for an indie-rock band they've gotten a lot more popular with the mainstream. We took a lot of sources of information—Pitchfork [the popular music website], CMJ [College Music Journal], radio top lists and feedback from the ViCE music committee in making our final decision," ViCE music head, Christine Yu, told the Miscellany News, Vassar's newspaper, on choosing Grizzly Bear.

The art-rock group has also caught the ear of Chris Weitz, director of the "Twilight" sequel, "New Moon." Weitz asked Grizzly Bear to record a song for the film's soundtrack. The band accepted and enlisted Beach House vocalist Victoria Legrand to record "Slow Life" (see right column).

Grizzly Bear was joined on stage mid-set by Legrand to perform that song and Veckatimest's most accessible track, "Two Weeks."

Grizzly Bear's new found fame has yet to jade them.

Chris Taylor, bassist, was signing posters and sweatshirts before the show with a huge smile, and throughout the show Taylor and Ed Droste, vocals/keyboards/omnichord, thanked the crowd and the ViCE workers.

In the ultimate form of gratitude, after exhausting their set list the quartet returned to the stage for a special encore with a rare acoustic rendition of "All We Ask."

currently singin'

By **RYAN RIVARD**
A&E Editor



Michael Jackson "This Is It" – The irony of the song title is almost too obvious to point out. Far from "it," this single from the documentary of the

same name is the first of many, posthumous releases from Michael Jackson. You can tell the song was hodgepoded together haphazardly. Jackson's vocal track is fairly lo-fi, singing along to a noticeable snap as the metronome. The well-produced strings, guitars, and other instruments support the lead vocal track while Jackson's brothers lent backing vocals to give it a Motown authenticity. All this aside, Jackson cannot escape controversy even after his death. Legend Paul Anka co-wrote a song with Michael Jackson in 1983 called "I Never Heard." Anka planned to use the song as part of his duets album; however, Jackson stole the tapes from the studio. The tapes were eventually returned to him. However, Anka claims Jackson made a copy of the demo, replaced Anka's vocals with his and retitled the song "This Is It." Well, Anka was right, because now he is a 50% partner with the Michael Jackson estate in the publishing rights of "This Is It."

Grizzly Bear "Slow Life" f/ Victoria Legrand of Beach House – Grizzly Bear's appearance on the "Twilight: New Moon" soundtrack is a song that evokes images of gazing at the stars dancing in a beautiful night sky. Beach House vocalist Victoria Legrand takes care of vocal duties in the verses, keeping things subtle and simple before lifting off into space with Ed Droste's haunting croon.

Thom Yorke "Hearing Damage" – Thom Yorke has not commented on his contribution on the "Twilight" soundtrack, but maybe it is all for a secret love of vampires. "Hearing Damage" is more direct and forward compared to his recent releases. Influenced by trip-hop electronic beats, Yorke sings in a droning, heavily reverbed voice.

Cant "Ghosts" – Daniel Rossen has Department of Eagles, a sort of solo project. Now bassist/multi-instrumentalist Chris Taylor of Grizzly Bear has his solo project under the name of Cant. His debut single "Ghosts" has been released through his own record label Terrible Records. The track is exactly what the title suggests: haunting. The atmosphere takes center stage rather than the arrangement, resulting in truly great listening experience.



JOE WALSH/THE CIRCLE

Victoria Legrand of Beach House joined Grizzly Bear on stage to perform "Two Weeks" and "Slow Life."

Zombie-killing, morally right or wrong?



SONY PICTURES/FICKR.COM

"Zombieland" is the latest zombie movie to hit theaters.

By ELIZABETH PEARL
Circle Contributor

For centuries, humans have puzzled over life's many unsolved questions: "Why are we here? What is the meaning of life?" and now, with a wave of zombie-slaying movies entering theaters, "Is it morally acceptable to kill an elderly woman if she is trying to eat me?"

Zombie movies have been a part of cinema culture since the 1930s. According to visionszombielist.com, over 1200 of them have been made since then. The most recent, "Zombieland," appears to be much the same as the rest: a group of humans must destroy as many of these creatures as possible in order to survive.

But if a zombie attack to really happen, many of us might find ourselves questioning our abilities to kill these creatures, asking whether or not they have feelings, or are still our friends, neighbors, and loved ones. Could we kill them guilt-free, or is zombie murder a terrible crime?

Zombies seem to lack consciousness, or what is broadly referred to as the soul. This lack of self-awareness could mean that to kill them would be equivalent to killing a rock, but according to Luis Espinasa, an associate professor of biology, "You do not need consciousness to feel pain." Dogs, for

example, are widely believed to also lack consciousness, or soul. And yet despite this deficiency, dogs can feel pain; a lack of self-awareness is not equivalent to a lack of feeling. Therefore, Espinasa concluded, "It would be inhumane to kill a zombie because zombies without consciousness still feel pain."

Then if zombies are lacking in this self-awareness and control, can they be held accountable for the crimes they commit? Or is killing them like killing animals? Beth Quinn, an associate professor of psychology, said that the person who becomes the zombie "is not responsible because the person is not really there." The zombie is no longer a human, according to Quinn, and it therefore is not accountable for itself. Like the criminally insane, zombies cannot be given responsibility for their actions, but they certainly should not be allowed to run free, she said.

God, however, might not feel the same way about the zombies' unconscious innocence. Assistant Professor of Philosophy and Religious Studies Henry Pratt argued that from a religious perspective, zombies might be considered an "unholy abomination." After all, vampires are defeated with holy water and crosses, seeming to suggest, as Pratt stated, "that there is something about vampires that is sinful." Zombies, with their similar thirst for human flesh, might fall under the same category in God's book.

If this is the case, and zombies are nothing more than dead, blood-thirsty bodies, another issue is that of possible corpse abuse. These creatures are akin to the bodies of former human beings, after all, and smashing their heads in might be considered a crime like grave robbing. Pratt believes that "it's morally obligatory to kill zombies. It's a requirement like saving a

drowning child or giving to charity." However, he continued, "you're obligated to kill zombies, but you're also obligated to kill zombies in a way that fully respects their status as former human beings." But, he reaffirmed, they must be killed in order that they will stop killing.

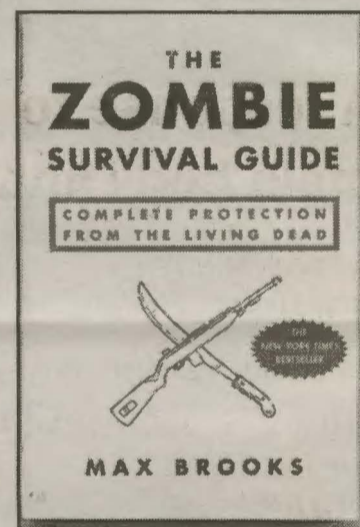
Zombie genocide could prove more complex than that. If confronted with the possibility of having to kill family members or friends turned undead cannibal, people could suffer psychological damage. In fact, Quinn said that "the whole notion of killing anything is contrary to human beings." She believed that a human's mental ability to kill these zombies would depend on whether or not they can grasp the idea that the zombie is no longer a friend or loved one, it is a killer. She said that, "We have a tremendous capacity to do what we need to do to live," in our evolutionary hardwiring, and that killing something that is trying to harm you is "morally appropriate."

Pratt, however, felt that severe psychological trauma could occur from murdering former companions, and that, most likely, a few heroes would rise up to commit numerous zombie murders, when others found themselves unable. But, Pratt counters, the problem with this is that, "if it's easier to off a zombie who you aren't familiar with, that runs the risk of trivializing human life. What does that do to [the zombie slayer's] attitudes toward living people?" The hero could lose his or her sense of value of human life, and start to become the monster.

So if such a long list of horrible possibilities clings to the idea of a zombie world, why do we love zombie movies so much? Dr. Paula Willoquet-Maricondi, Chair of the Media Arts Department, said that violence speaks to a human's most

fundamental drives; violent movies "appeal because we act out our own violent impulses without committing violence." Zombie movies, she said, remain popular because, "they deal with a threat we know not to be real. Zombies are not like real people. They're an easy target." There are no zombie rights groups to protest these movies or make us feel guilty, so we project our deepest animal urges onto them- for now, anyway.

Whether zombies are misunderstood, trapped souls of family members or creatures of death and destruction, as long as they keep dying onscreen, we will keep watching. Let's just hope these fantasies don't become realities. Zombie-slaying morality could become a controversial topic if it ever took effect in the real world - one more thing for Democrats and Republicans to argue about.



WAAAGHZILA/FICKR.COM

"The Zombie Survival Guide" by Max Brooks, gives advice on how an average person can survive a zombie uprising.

Movie Review: 'Capitalism: A Love Story'

By CHRISTINE SAVOIA
Circle Contributor

Michael Moore fans will not be disappointed with his latest film, "Capitalism: A Love Story." It has all the elements of a typical Moore film: thought-provoking questions, mind-blowing corruption stories, and, of course, some hilarious footage of the filmmaker butting heads with security officers.

But do not spend \$10 dollars for a ticket if you are just interested in watching Moore cover Wall Street with crime scene tape. Other than a few minor confrontations, Moore spends the majority of the film narrating and interviewing people in some seriously depressing situations.

His crew follows one family, for example, as they empty their foreclosed farm and hand in the keys. To add insult to injury, the mortgage company saves a ton of money by offering the family \$1,000 to bring all their furniture to the town dump; having lost everything they own, they have no choice but to ac-

cept the humiliating offer.

Moore's satirical humor appears less in this film than his past works, commenting on our country's issues, like the foreclosures, in a very heavy tone. He starts, of course, with the GM layoffs that devastated his hometown of Flint, Michigan, and continues to cite many more examples of how capitalism is robbing average citizens of their rights.

Whether you agree with Moore's ideals or not, you cannot argue that he has not done his homework on this one. From flight attendants to middle class widows to Congressmen, the filmmaker interviewed everyone and anyone with any insight into the issues caused by capitalism today. Political parties were not a concern here - Moore sought out sources of all beliefs and social classes to muster strong support for his argument.

Based on his findings, Moore expresses a firm belief that capitalism, as practiced today, is only hurting our country. He compares it to the post World War II-era, where capitalism and free spending flourished,

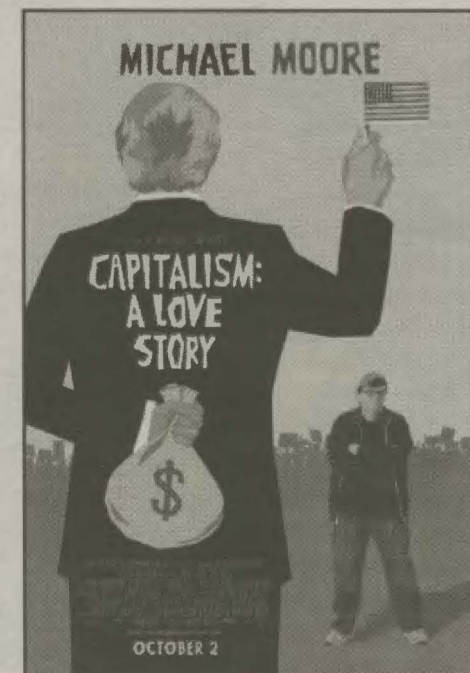
and Americans loved life.

But those days are long past, Moore argues. Today the lack of effective government aid and greediness of financial titans on Wall Street are suppressing the rest of the population, as is evident by the housing and bailout crises.

Moore's narration makes plain just how strongly he feels on this issue. The overwhelming seriousness in his tone indicates that this is one of his most important documentaries yet - and possibly his last; many critics interpret his ending speech as a swan song, in which he basically says "I'm tired." After spending years of shedding light on our nation's internal problems alone, he outright asks for help at the end of "Capitalism," urging the audience to stand up for themselves.

Whether this will be his last documentary is debatable, but one thing is clear: whether you like him or loathe him, Moore is definitely not giving up on this country. Quite the contrary, his intense anger demonstrates the degree to which he loves

America. He is incensed by what he compares to the falling Roman Empire, worried that capitalism, which once saved America, will ultimately contribute to its downfall.



OCTOBER 2

CARTAZES CINEMA PARAD SO/FICKR.COM

Muscle dysmorphia: How much is too much?

By LISA GLOVER
Staff Writer

In a world where the media is constantly throwing us reasons for why we should be in shape, it's hard to imagine that there is actually a disorder for trying to be "too fit."

Dysmorphia is defined as obsessive thoughts about perceived appearance defects. All of us, at some time, had something we wished we could either improve on or change about our appearances.

However, there are a number of individuals out there who suffer greatly from muscle dysmorphia, which is when "a person becomes obsessed with the idea that he or she is not muscular enough." An absurd amount of athletes suffer from muscle dysmorphia without ever realizing it.

According to the Office of Health

Education at the University of Pennsylvania, "In almost all cases, sufferers are not small or frail. In fact, most have well developed musculature, and some even compete in body building events." Those suffering from muscle dysmorphia truly perceive themselves as not being adequate to what they believe their body should look like.

So what exactly causes muscle dysmorphia?

It is said that bullying or teasing from childhood could influence self esteem which then affects how one views their body's ability to protect themselves from perceived threats.

Other factors include perfectionism, severe stress and family disharmony. Athletes, males especially, are constantly comparing their body size to their peers. It is more common for men to suffer from muscle dysmorphia.

According to the National Athletic Trainers Association, pressure on

males to appear more muscular and lean has prompted a trend in the area of psychobehavioral disorders likened to anorexia and bulimia nervosa. Athletes are particularly susceptible to developing body image disorders because of the pressures surrounding sport

Factors include perfectionism, severe stress and family disharmony.

performance and societal trends promoting muscularity and leanness.

Muscle dysmorphia is marked by excessive concern with one's muscularity and/or fitness. Individuals suffering from muscle dysmorphia tend to spend unusual amounts of time working out in gyms and constantly evaluating how they appear in the mirror, according to the Encyclopedia of Mental Disorders.

Jon Clancy, the Marist head

strength and conditioning coach, states that "I am not a fan of mirrors in gyms for this reason; even if I have them for athletes to "check their form," mirrors inevitably promote superficial thinking."

In the long run, being a gym rat in general has negative effects to a certain extent.

Michael Powers, chairman of athletic training department states, "It definitely can affect one's health, particularly when it evolves into supplement and drug use (eg. amphetamines for fat loss or anabolic steroids for muscle gain)."

Many individuals experience damaged muscles, joints, cartilage, tendons and/or ligaments from excessive working out. Working out and staying fit shouldn't compromise the image one has of themselves. It is important to exercise in moderation and not to fall into the trap of letting the mirror's image consume you.

A response to male body image

By ROBIN MINITER
Staff Writer

'Is that what a real man is supposed to look like?' -"Fight Club"

Oh Barbie, always getting a bad rap for perpetuating poor self-body image.

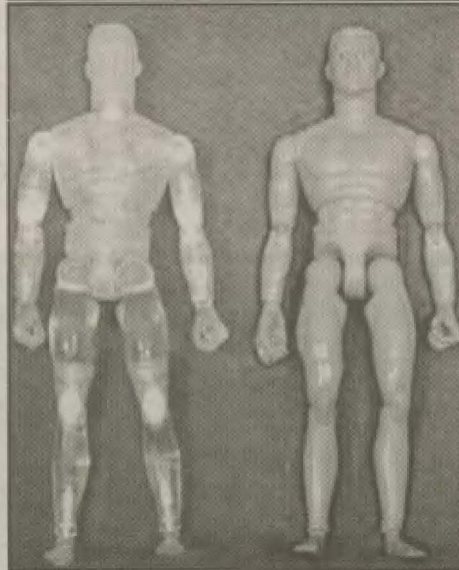
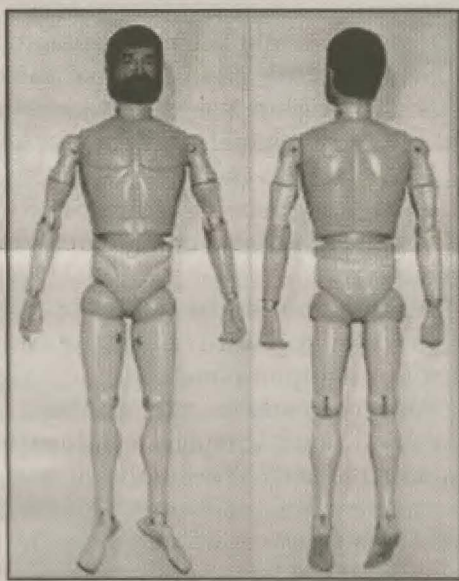
But then again, there's no denying the fact. It's true that we could discuss how her bust-to-waist-to-hip ratio has received more criticism than Ken's ability to hold a steady job, but that would be bludgeoning an overwrought topic to death.

Has it come to the fact that we need to let this one go and allow Barbie to retire into plastic oblivion? Within the past few years, research has been checking out the other side of the story - that's right, Mr. GI Joe - you're not getting off that easily.

Culturally, our society has done extensive research regarding female body objectification and have come to the conclusion that why yes indeed, this media has been pretty harmful. But, as always, there are two sides to a story.

Years after the feminists demanded some attention in our androcentric world, researchers are shifting their gaze back to male body issues. With the gender gap of media objectification rapidly shrinking, we are forced to re-examine the issue.

In a world of spray tans, gym rats and hard-bodied beauts, self-image obsession no longer discriminates. Voluptuous Barbie



FROM BRAINPHYSICS.COM
G.I. Joe's body ratio in 1960 (top) compared to his body in 2000 (bottom).

and her heroin-chic cohorts have helped segue into a new generation of body dissatisfaction.

Women are shrinking and men are bulking. These fat-free, chiseled physiques are just as hard and unhealthy - physically and emotionally - to attain as any Barbie-esque figure. Under guise of being healthy, how much is too much?

Caffeination nation

By LAUREN FOSTER
Staff Writer

Are you drained from endless exams, late-night study sessions and midterm stress?

Well, stop by a local coffee shop for a quick pick-me-up because there's nothing better than a hot, caffeinated beverage to help get you through exams.

Your first stop should be Casablanca Coffee Co., a local store that promises "an oasis in every cup." This café, located at 11 Marist Drive, offers a retreat from the stress of exams with its Moroccan décor—there's even a palm tree!

The coffee shop serves a variety of coffees and espresso-based drinks, but you can also grab some grub. Casablanca Coffee Co. serves breakfast, lunch, dinner, and baked goods. The staff is very friendly and can help you pick from a broad selection of bagels, Panini sandwiches, wraps, and desserts. Right now, the coffee house is celebrating the fall season by offering pumpkin muffins, accompanied by their delicious pumpkin-flavored coffee.



ROBIN MINITER/THE CIRCLE
There are some great places to refuel when running on E.

The café has even expanded its hours to stay open later in order to accommodate customers who like to linger. Therefore, this is an ideal place to not only get your much-needed caffeine jolt, but also to get some studying done.

If you can venture a little farther, Muddy Cup, in New Paltz, is a coffee house dedicated to promoting the arts. The coffee house encourages those who want to pursue a craft—from singers and musicians, to sculptors and poets—to exhibit their talents in the Muddy Cup venue. If interested in performing, just go to www.muddycup.com/newpaltz and follow the contact link.

Additionally, this café is open late; the store hours are 8 a.m. to 12 a.m., except for Sundays it closes at 10 p.m. Muddy Cup seems like the perfect place to curl up in oversized chairs with a cup of joe, yet is versatile enough for those who want to unwind by listening to a local band.

Cubby Hole Coffee House, located at 44 Raymond Ave. in Poughkeepsie, is a great place to go when you want to revitalize yourself after a tough test. The café offers a wide selection of coffee and teas and has a tranquil, cool environment. It is open every day from 6 a.m. to 12 a.m.

You should take advantage of the board games offered and challenge a friend. If you play chess, then make sure to attend Chess Night, so that you can receive half off your drink order.

Also, you could check out Open Poetry Night, offered every first and third Monday of the month, or pop in on a Tuesday for Open Mic Night.

No matter what your midterm schedule looks like, it is a good idea to take a break from hectic college life and rejuvenate yourself with a delicious java, tea or hot chocolate. Visit one of these local coffee shops to get just the extra kick you need to ace your midterms, while keeping a piece of mind.

Disappointing weekend for Foxes

By SCOTT ATKINS
Staff Writer

The Marist men's soccer team opened conference play this weekend by dropping close matches to Fairfield and Iona.

"It's disappointing to lose," coach

Matt Viggiano said. "There are no moral victories in this business."

The Red Foxes welcomed Fairfield to Tenney Stadium Friday night for what was each team's MAAC opener. The Stags struck first with a goal off the head of sophomore Jack Burrige just 7:23 into the contest. Marist was

then able to knot it up at one after freshman Stephan Brossard put the ball in the back of the net off a rebound from the initial shot of sophomore Lucas Szabo. However, Fairfield midfielder Christian Uy put his team back on top with a goal in the 48th minute and the Foxes were never able to rebound, falling 3-1.

"I thought we played well at times," Viggiano said. "But they were just a little sharper than us over the 90 minutes. We've got to find a way to get it done"

The team continued their home-stretch Sunday afternoon against their conference rival, the Iona Gaels. Iona shot out to a quick 2-0 lead after goals in the 18th and 21st minute, including senior Giovanni Destasio's ninth of the season. Sophomore Troy Confessore then scored on a header in the 67th minute to bring the Foxes within one. What followed was a hard-fought, defensive battle until the last minute.

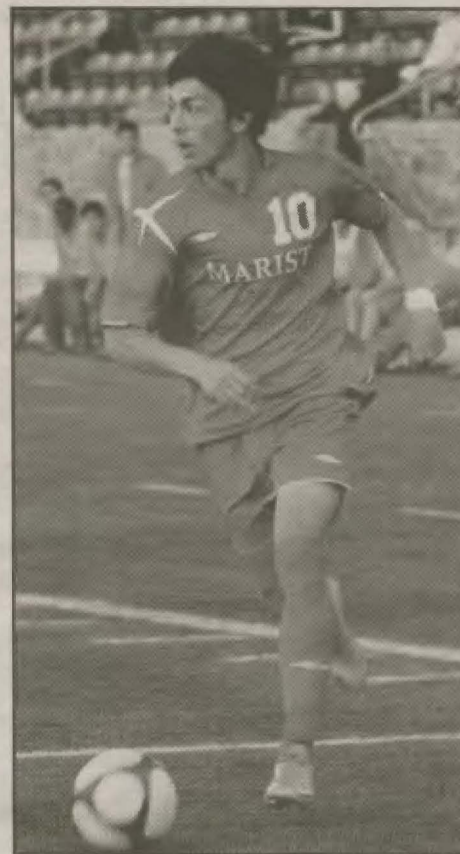
"We had a golden chance to tie it with about three minutes left," Viggiano said.

With just minutes remaining, Brossard, the Foxes' lone goal scorer in the previous match, took a shot that went wide by just a few feet, and his team was not able to bounce back. The game concluded with Marist falling 2-1, their sixth game of the season in which the outcome was decided by just one goal.

"If you give up two or three goals, [it's tough] to win," Viggiano said. "There are not a lot of goals scored in soccer."

The Foxes now stand at 4-6-1 overall, and Viggiano will be looking for significant improvement.

"We've got to be tougher mentally, and we've got to work a little harder," he said. "That's the difference between winning and losing... You've got to be sharp and focused for 90 minutes. If you fall asleep for two seconds, that could be the difference."



MIKE CAIOLA/THE CIRCLE

Marist sophomore Krystian Witkowski has one goal on 24 shots in nine starts on the season. Witkowski made the All-MAAC rookie team last year and totaled nine points in his rookie campaign. Witkowski and the Foxes will look to make up some ground in the MAAC this coming weekend against Manhattan.

With the Foxes posting a 0-2 conference record, Viggiano remains confident that his team will rebound.

"Our focus this week is to pick up our work ethic, which is not bad but it can always be better," he said. "But we've got to be positive. Nothing is won or lost in the first weekend of conference play. There's plenty of games to be played."

Up next is the 1-10-1 Manhattan Jaspers, but Viggiano does not want his team to overlook their opponents.

"It's a MAAC conference game and you never know what's going to happen," he said. "You've got to step up



MIKE CAIOLA/THE CIRCLE

Junior Joe Toloumis battles for the ball with Iona's Adam Rohan on Sunday. Marist did not begin MAAC play the way they would've hoped, but an 0-2 start does not end their season. The team will continue MAAC play this weekend.

From Page 12

Last second catch sends Tenney into frenzy

"We came out playing well, but there was just a mess up on the coverage," sophomore safety Tim Moller said. "Once we were holding them after that, we knew we could do it for the rest of the game."

Marist took a 14-7 advantage into halftime on a two-yard Ryan Dinnebeil run with just 20 seconds left in the half, but the Dolphins would answer at the start of the third quarter.

It took Jacksonville just four plays into the third frame before McGregor found receiver John Philpart for a 19-yard touchdown pass to knot the game at 14.

"They were definitely one of the best offenses that we've played against," junior linebacker Kees Coughlin said. "They were the only team that has actually been able to throw against us. They were the one team that went deep and completed passes."

The score would remain tied until the fourth quarter. Following a Jason Meyers field goal, a 43-yard touchdown reception by the Red

Foxes and two more touchdowns by the Dolphins, Jacksonville maintained a 27-24 lead with 6:34 remaining in regulation.

Jacksonville controlled the ball until the 3:18 mark in the fourth quarter when the game winning drive began with a 28-yard rush from senior tailback O'Neil Anderson.

"It was a very enjoyable game," Parady said. "It was a great college football game to be involved in. [It's] one that you'll remember for a lifetime."

The victory gives Marist a 3-3 overall record and a 2-2 mark in conference play. The Red Foxes are one of six teams that have two wins midway through the conference schedule.

"It gives us the opportunity to still win our league," Fitzpatrick said. "Obviously there is the opportunity to win out and finish the season 8-3, which would be great."

Marist now has a bye week before resuming their conference schedule against the Morehead State Eagles



RYAN HUTTON/THE CIRCLE

A game-winning catch by sophomore Kevin Fitzpatrick caused Tenney Stadium to erupt on Alumni Weekend. The win brings the Red Foxes to 2-2 in the PFL standings.

on Oct. 24.

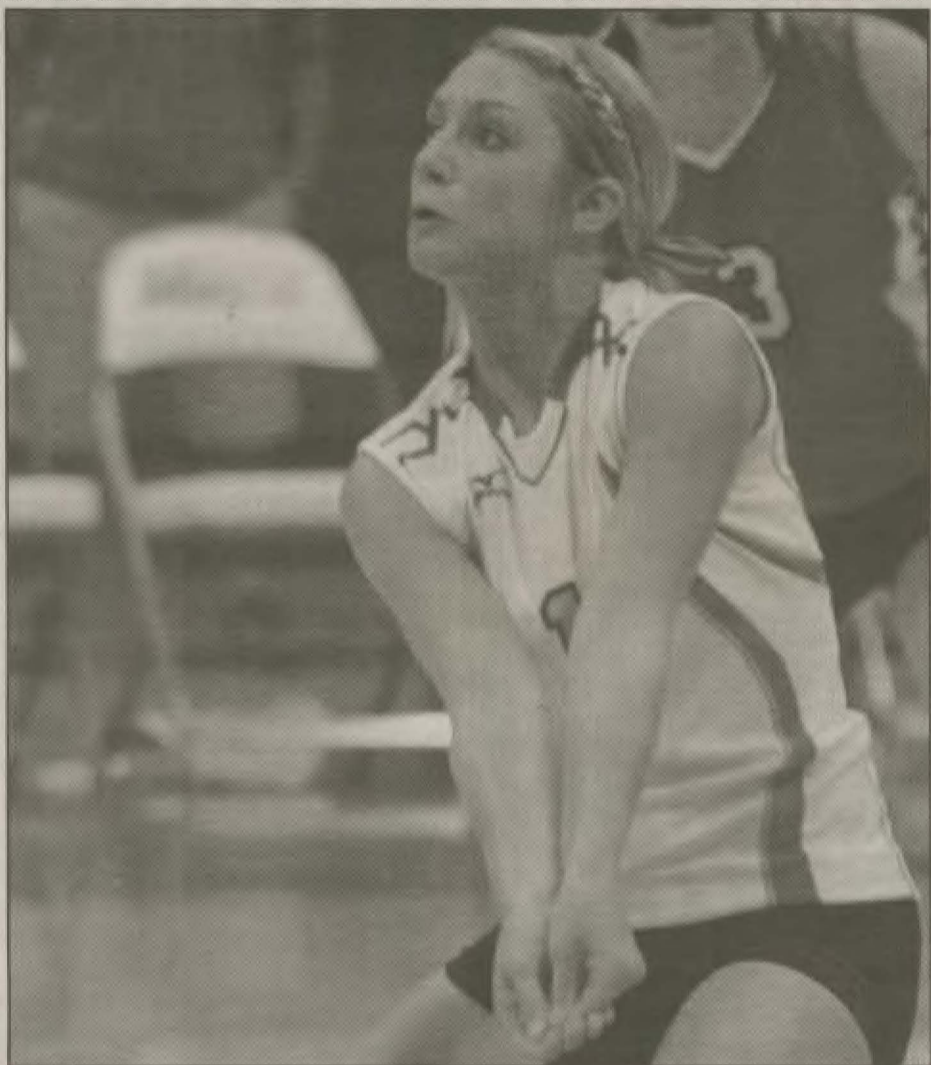
"We want to get healthy," Parady said. "Since we've reported to camp, every single week we've competed

very hard. This week, we want to bring it back a little bit and let our bodies heal."



The Fox Trot

Quick hits of the week in Marist athletics



MIKE CAIOLA/THE CIRCLE

Senior Alexandra Schultz had 16 kills in the team's win against Manhattan on Friday. She also added 24 kills in the team's 3-1 loss at Iona on Sunday afternoon.

POUGHKEEPSIE, N.Y. -

The Marist Volleyball team split for the fourth consecutive weekend by defeating the Manhattan Jaspers 3-1 on Friday and losing to the Iona Gaels 1-3 on Sunday.

Against Manhattan, the Red Foxes controlled a good portion of the match. Marist dominated the first set by hitting a forceful .708 on offense, and finished the match hitting .290.

Alexandra Schultz and Joanna Foss combined for 32 kills with 16 each as setter Dawn Jan accumulated 54 assists for the match.

"We were in the driver's seat for the majority of the match," middle blocker Kayla Burton said. "It seemed like we were in control."

After hitting .379 and taking the first set 25-22, the Red Foxes could not regain control of the match and went on to lose the next three sets.

"We didn't play up to our potential from the second set on," Jan said. "It's frustrating because we did not run our tempo the way we know we are capable of."

Brosky was able to accumulate 19 digs for Marist, while Jan had 48 assists.

The Volleyball team is in action once again this weekend at the McCann Center against the Rider Broncs on Saturday, Oct. 17 and the Siena Saints on Sunday, Oct. 18.

-Compiled by Chris Barnes

POUGHKEEPSIE, N.Y. -

Mistakes proved costly this weekend for the Marist women's soccer team as they lost two conference games to Loyola, 1-0, and Rider, 2-1.

The losses drop Marist to 2-3-1 in MAAC play which means they have no choice but to win their next two conference games.

"We have to," Roper said. "We're in a situation where there's no alternative. That's the motto for the week."

The Foxes will need to step up their play and win both their

games this weekend if they want any chance of making the MAAC Tournament.

"It was like a tale of two teams [this weekend]," Roper said. "From how well we played Friday to how poorly we played Sunday."

Marist will play Canisius on Friday, Oct. 16 at 7 p.m., and Niagara on Sunday, Oct. 19 at 1 p.m.

"We can't afford to make mistakes," Roper said, "especially when other teams are ready to pounce on us."

-Compiled by Rich Arleo



RYAN HUTTON/THE CIRCLE

Redshirt sophomore Daniella Burns dribbles the ball against Rider. She has played in 11 games for the Foxes thus far this season, starting two. Marist is 5-6-2 overall.

Red Hot Fox: Marist's star athlete of the week

By JIM URSO
Staff Writer

With their spectacular comeback victory Saturday against PFL powerhouse Jacksonville, the Red Foxes have officially arrived in their new league.

Senior quarterback Chris Debowski finished the game 20-for-34 with a career high 327 yards passing and three touchdowns, adding 36 yards on the ground. His dramatic touchdown pass with seven seconds remaining capped an epic fourth quarter comeback, creating a Red Fox frenzy seldom seen at Tenney Stadium.

"I couldn't think of a better win to get us going," said Debowski, who was named PFL player of the week.

When the drive appeared to stall at the 26-yard line, Debowski thought the field goal team would



Chris Debowski
Senior - Football

come on and attempt to tie the game. However, the ferocity of the wind made a successful field goal unlikely.

"We had to rush to get the play off, we just ran it," Debowski said.

When the pass was thrown, Debowski thought it had no chance

with a Jacksonville defender in great position against receiver Ryan Fitzpatrick.

"The play was originally to James [Lammachia], but they had three or four guys on him," Debowski said. "I thought it was going to get knocked down, but I just gave Fitzpatrick a chance and he made the play."

The win is still surreal to the senior quarterback.

"We were sitting on the couch yesterday, looking at each other thinking, 'wow' we really won," Debowski said.

In 2008, his completion percentage was just under 50 percent. This season, however, he's completed 58 percent of his passes. Debowski attributes this improvement to good coaching and more experience with the offense.

Last season, he was forced to learn the entire offense in under

three weeks. This offseason, he became much more comfortable with the system and his ability to read defenses.

This victory is in his personal top three, alongside playing at Angel Stadium during high school.

Debowski played four years of football and basketball at Fountain Valley High School in California. Upon graduation, he went on to play two years of football at Orange Coast College in California.

Last season, Debowski had 96 rushing attempts that netted 464 yards. However, he realized he should no longer absorb that many hits in a season.

"I don't take the hits I used to take, and I try to be smart about it," Debowski said.

Debowski has now led Marist to two consecutive PFL victories. His ability to make plays with his feet and perform in the clutch has



Foxes beat Jacksonville in last seconds

By PHILIP TERRIGNO
Sports Editor

Camped out under the ball, all Kevin Fitzpatrick could do was wait.

With the sun in his eyes and two **football** defenders converging on him, the sophomore wide receiver had to be patient.

His patience paid off in a big way, as the Red Foxes defeated Jacksonville, the reigning Pioneer Football League champions, 31-27 on a 26-yard touchdown reception by Fitzpatrick as time expired.

"The safety came to my right, and the corner was in front of me," Fitzpatrick said. "It fell right in between the both of them, [it was] a perfect throw."

Facing a fourth-and-12 situation with just seven seconds remaining in the fourth quarter, senior quarterback Chris Debowski took the snap and drifted back in the pocket with his team trailing, 27-24.

With all of his receivers running straight, vertical routes, Debowski found Fitzpatrick in the corner of the end zone for the game-winning touchdown. His favorite target of the day, senior receiver James LaMacchia, was double covered on the play.

Earlier in their game winning drive, the Red Foxes faced a fourth-and-six situation. Tight end Chris Ortner was able to come up with an

down the field."

The 11-play, 75-yard drive by the Red Foxes was part of a larger offensive total that saw them rack up



RYAN HUTTON/ THE CIRCLE

The Foxes celebrate their last-second 31-27 win over the defending PFL champs on Saturday. Quarterback Chris Debowski's 26-yard TD pass in the closing seconds sealed the deal for Marist, now in sixth place at 2-2 in its first season in the PFL.

eight-yard reception to keep the drive going.

"There was no panic," coach Jim Parady said. "They were very business-like with that, and they took it

471 total yards.

LaMacchia set a program record with 195 receiving yards and a career high with ten receptions.

"LaMacchia beat not only single

coverage sometimes, but double coverage," Parady said. "That speaks very clearly on his ability."

Debowski threw for a career-high 327 passing yards with three touchdowns while spreading the ball to eight different receivers.

"That's the best I've seen him [Debowski] throw in very windy conditions," Parady said. "Putting the ball right on the receiver in stride, he put the ball in good spots."

Touted as having one of the quickest and most mobile offenses in the PFL, the Jacksonville Dolphins came to Tenney Stadium as advertised.

Just four plays into their first possession of the game, Dolphins quarterback Josh McGregor launched a 62-yard touchdown pass to Elliott Finkley.

"After that first drive, we [the defense] thought we were in for something," junior safety Róry Foley said. "But we responded and played well."

The Red Fox defense settled into a groove and held the visitors scoreless for the remainder of the first half, after the initial mishap on Jacksonville's first drive of the game

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