

While '07 Christmas Eve make-ups are gone, debate on schedule modification continues

By JAMES MARCONI
News Editor

While the college community will not have to appear Christmas Eve next semester for make-up exams, according to some the schedule that caused 731 students to protest through facebook will be a matter for debate in the months to come.

At the heart of the issue, according to Faculty Affairs Committee member James Kent, is a Faculty Handbook policy stating that faculty members cannot be compelled to work before Labor Day.

Whenever the holiday happens to fall late, like this year, it "squeezes" the academic calendar by forcing class schedules

between it, Thanksgiving, and Christmas, Kent said. State regulations mandate 2250 minutes of class per semester in order for the college to give three credits for any particular course. This makes it impossible to simply cut any days out of the calendar, resulting in a proposed schedule that runs right up until Christmas.

"When the schedule gets compressed, it gets to the situation that we're in now," Kent said.

The solution used in the past was a vote by the faculty as a whole to dispense with the so-called 'Labor Day rule,' in effect enabling academic dates to be pushed back a week. The change, however, has always been a temporary year-by-year deal.

The AAC technically fit the necessary requirements of both the law and constraints of holiday timing, the full faculty was not asked to suspend the Labor Day rule for the 2007-2008 academic year.

Rather, after the Student Government Association voiced student complaints about winter break, the offending make-up

ity to Christmas has been resolved, future dispensations of the Labor Day rule are still on the table. Proposals have been made in the past, according to Kent, that would make an earlier school year a permanent fixture in the calendar. They were rejected. After this year's excitement, he said that a version of those proposals might be better received.

'Past experience has been that make-up days were never used — they were automatically added to the calendars just in case there was some major occurrence. For fall 2007 they have been eliminated'

— Dr. John Ritschdorff
Interim Dean of the School of Communications

"This time, the effect is, I believe, we're going to bring [that permanent change] to the Faculty Affairs Committee in the spring for an up-or-down vote," Kent said.

While the faculty has always been good about making the requested suspension, said Kent, "the faculty has always approved that [change] on a one-time basis."

The faculty at large, however, can only vote upon measures jointly presented to them by the chairs of the Academic Affairs Committee (AAC) and Faculty Affairs Committee (FAC). Because the calendar as designed by

At the very days — which do not count towards minutes of class — were stricken entirely from Marist's schedule.

"Past experience has been that make-up days were never used — they were automatically added to calendars just in case there was some major occurrence. For Fall 2007 they have been eliminated," said Interim Dean of the School of Communications and the Arts John Ritschdorff.

"The exam schedule that will be prepared for fall 2007 will concentrate the free slots at the end of the week to minimize the risk of not getting examinations completed."

Though the immediate issue of exam make-ups in close proxim-



CAROLINE LEEDS / THE CIRCLE

The Senate branch of the Student Government Association is in session at their weekly meeting. SGA was, according to advisor Dr. James Kent, instrumental in helping to make student opinions heard after nearly one-third of Marist students joined a facebook group in protest of the 2007 academic calendar.

News Briefs

World News

Indonesian capital awash with floods

Hundreds of thousands of Indonesians have been left homeless after excessive rains deluged the capital city of Jakarta. In places, water reached 13 feet. While the water level has begun to lower, 31 people have already been claimed by the floods.

It will continue to rain there for at least a few more days, adding more damage to a bill already estimated in the hundreds of millions of U.S. dollars.

Suicide bomber dies after shootout

After trading bullets with police at the Pakistani capital's airport, a suspected suicide bomber died in a blast that also injured three officers on the scene. During the gunfight, the alleged bomber pulled the pin from a grenade, which fell from his hand to the ground, killing him.

Pakistan has recently experienced a wave of suicide attacks, notably at the Marriott Hotel in the capital city Islamabad.

National News

Astronaut arrested on several charges

Astronaut and Navy captain Lisa Nowak left an Orlando prison Tuesday on \$25,000 bond. Nowak had been previously charged with attempted murder, attempted kidnapping, and attempted car burglary after the assault of colleague Colleen Shipman with pepper spray.

Nowak allegedly drove from Houston to Orlando in order to confront Shipman, a rival in a supposed love triangle with fellow astronaut Bill Oefelein. After her arrest, NASA put Nowak on a month-long involuntary leave, preventing her from active duty with the space agency.

Senate resolution on Iraq war stopped

Democratic leaders did not garner the necessary 60 votes necessary to vote on a non-binding resolution proposed by Senator John Warner (R-VA). The measure, if passed, would have expressed the United States Senate's disapproval of the current White House plan to implement a troop surge in Iraq without actually enacting legislative policy.

Senior point guard Jared Jordan helps lead the Red Foxes to a close 71 - 66 victory over the Loyola Greyhounds last Saturday evening.

The game, which was played before a packed house in the James J. McCann Athletic Center, helped put the Marist men on the road to current co-leadership with Loyola in the Metro Atlantic Athletic Conference.

Marist pulled into a tie for first in the MAAC after Monday's game against Rider. In that competition, senior Will Whittington scored a career high of 32 points, bringing the Foxes in to a razor-thin 79-78 win over the Broncs.

Marist's current record is 13 - 10 overall, 9 - 4 in the MAAC.



JAMES REILLY / THE CIRCLE

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FEATURES: LOVE IS IN THE AIR: VALENTINE'S DAY SPRINGS ON THE MARIST CAMPUS

A complete guide to celebrating the romantic holiday.

A&E: MARIST THEATRE PROGRAM BRINGS A NEW CABARET TO CAMPUS

Why the Marist Theatre Program's performance is an experience you just can't miss.



THE CIRCLE Campus

THURSDAY, FEBRUARY 8, 2007

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Security Briefs

Another slow week. Don't you people have pulses??

By ANDREW MOLL
Leader in homeland security

Rex Grossman. Seriously. What the hell was that? I know it was wet but come on. Granted, you're better than Kyle Orton, but you have to step it up a little. It was a pretty sloppy game for the most part, somewhat close, somewhat compelling. But not one of the best by far. Even the commercials weren't great. They were OK. I like anything involving Robert Goulet, and the Bud Light commercials were par for the course for the most part. I tend to like the commercials that are completely idiotic yet genius and have absolutely nothing to do with the product that is being sold. That being said, without a doubt my favorite commercial/promo was the one with David Letterman and Oprah. That is a smart commercial. Make me laugh and entertain me for thirty seconds. Not that difficult.

As for the pre-game, the whole Cirque du Soleil thing. That scared me a lot. I'm not even adequately prepared to write about it. The halftime, on the other hand, was pretty good. I thought Prince did a nice job, even though out of all the rock songs he could cover, he did a Foo Fighters song. Not even a good Foo Fighters song. I was kind of flabbergasted by that one, not gonna lie.

Anywho, onto the briefs:

1/30 - 1:37 A.M.



Up on Fulton St., a student's bike was stolen because, as it turns out, they had cabled the front wheel to the frame, leaving it open to being taken. The bike was later found at five in the morning at Upper West Cedar. So remember kids, always lock up your bikes and scooters and whatnot. Safety first.

1/31 - 5:50 P.M.



A call came into security from Leo reporting some missing laundry. An extensive search of the area was begun, and clothes-sniffing dogs were called in to search the entire Hudson Valley to find the clothes. People searched far and wide for them, and a state of national emergency was declared by President Bush. No one had any idea what happened to them. Did they blow up? Were they stolen? Did they jump in the river? Were they raptured? Where did they go?! Oh. Wait. They were on the floor of the laundry room. Nevermind.

2/1



The entire city of Boston was shut down for a day when a number of bomb-looking devices were

found. The city spent a large amount of money bringing in the bomb squad and making sure that Fenway Park wasn't demolished in the blink of an eye. As it turns out, it was just part of a marketing scheme to promote Aqua Teen Hunger Force. But, in all honesty, how could one not think that a Lite-Brite rendering of a Mooninite giving the finger was a bomb that could destroy half of Massachusetts? So congrats Boston. Nevermind that these same promotions occurred in other cities without incident. You stepped up to the plate and overreacted. An if I could have picked one city for that to happen in, Boston would have been at the top of the list.

2/2



Now, normally I don't agree with the school's stance on students sliding down the hill in front of the library (which I'm pretty sure is "Anti-students sliding down the hill", but if I'm wrong, then ignore all this), but maybe they have a point. A student had to be taken to the hospital after snowboarding down the hall. Good work, Flying Tomato. You have now ruined it for everybody. And I now stand on the site of safety. Go Establishment!

2/4 - 4:00 P.M.



A student's car managed to go slightly off road and hit a fire hydrant. Unfortunately for the student, the hydrant won. The car had a flat tire, the front quarter panel and the bumper were both damaged, and the car had to be towed away. When the hydrant was hit, the water spilled out and started a block party like the one in Do The Right Thing (even though I have images of the scene where James Caan misses the punch in The Godfather). Of course, once the water hit the air, it froze, and everyone was sad.

2/5 - 4:25 P.M.



In the Gartland G area, a grill was apparently assaulted by snow removal equipment. The grill was taken to the CSI/Poughkeepsie labs to find out exactly what happened. There were tire tracks found on the grill, but the DNA results have not come in yet, so we have to wait to find the murderer. Don't worry, kids. David Caruso is here. He'll figure it all out.

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2/6 (well, I guess it's 2/7.)

(zero lightbulbs)

Upon realizing that not enough stuff had happened to fill the security briefs allotted space - well, either that, or Moll just got laaaazy - one very tired, fairly-lazy-herself newspaper editor decided to just start typing. So it should be duly noted that this is not, in fact, Andrew Moll nor is this particularly a security brief, unless you count the strong potential that I may or may not light LT on fire so that I don't have to keep filling up this column. Seriously now, didn't more stuff happen on Sunday?? I feel like there's a distinct possibility that more stuff happened during, of all things, the Superbowl. Clearly you were drinking and breaking stuff. For example, I, for one, roll with TEN gangs. I do what I want! Come on, people. It's college. Beer. No parents. No bedtime. Live a little!

genius-o-meter:



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Anderson
in the Cabaret
9 p.m.

Friday, Feb. 9
Marist Women's
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Friday, Feb. 9 &
Saturday, Feb. 10
"A Place That
Harbors Men"
staged reading
in the PAR
8 p.m. both nights

Saturday, Feb. 10
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Thursday, Feb. 15 &
Friday, Feb. 16 &
Saturday, Feb. 17
at 8 p.m.

Saturday, Feb. 17 &
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Opinion

THURSDAY, FEBRUARY 8, 2007

www.maristcircle.com

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Let the voices of the Marist community be heard.

Lawmakers push for smoking, spanking bans for parents

By KATHRYN BUDZINSKI
Staff Writer

There are many parents I know who would put their child's life before their own. This mindset is a very loving, caring way to view the duties that accompany parenthood. However, there are habits that parents develop which can be very detrimental to a child's health. All over the United States lawmakers are enforcing, or trying to enforce, several different laws that will protect the health and well-being of children.

It is very often that I see adults smoking while driving. However, I don't usually pay attention to how often adults are smoking with children passengers in the car. The fact that

many parents smoke around their children is very often overlooked by certain people in society. This issue up for debate is greater of a problem than many smokers realize.

According to an article published on abcnews.com by Bob Jamieson, there has been an order issued in Bangor, Maine that bans smoking in vehicles while there are passengers under the age of 18. There is, as always, the group that supports this ordinance and the one that disagrees with it. Supporters are happy with the passing of this ordinance because it is aimed at protecting children from second-hand smoke. Action on Smoking and Health's John Banzhaf said, "We know that the concentrations of tobacco smoke in cars will frequently be three to five

times what they are in offices or in a bar."

Too many people don't recognize the risks they are taking by smoking with kids in the car. It is

Libertarian groups are protesting the smoking ordinance on account of the idea that it is "another government intrusion into the lives of U.S. citizens." Despite this argument, anyone who decides to smoke with children in the car will be penalized.

almost as if certain smokers want to turn a deaf ear regarding the issue because even though the ordinance has been passed, many do not want to have to deal with it. Libertarian groups are protesting the ordinance on account of the idea that it is "another government intrusion into the lives of U.S. citizens." Despite this argument, anyone who decides

to smoke with children in the car will be penalized. The Bangor ordinance allows police to stop any car in which a driver is smoking with a child passenger.

Additionally, the person can be charged \$50 for not obeying the ordinance. It is a relief to know that the mayor of Bangor, Richard Greene, supports the ordinance.

"I think it is common sense," said Greene.

While the Bangor smoking ban is passed and now in effect, there is a proposed law in California

that could outlaw spanking children under the age of four.

According to an article on msnbc.com by Victoria Clayton, if this bill becomes a law, parents can be charged a fine of up to \$1,000 or a year in jail for such behavior as spanking. There are several other forms of discipline that parents can resort to when children are acting up. For example,

time-outs usually work when enforced at an early age.

In reality, any form of punishment can be effective when disciplining a child just as long as there are clear boundaries set between the parent and child, and the child understands why he or she is being disciplined. It is often that parents use physical punishment when they have lost

all patience. I believe that an occasional spanking, when a child really deserves it, may be appropriate. However, using spanking as a form of controlling a child is not necessary. Many parents fail to set boundaries with their children regarding rules, behavior, etc. This, in the long run, can eliminate having to bribe or hit children in order for them to simply behave.

Along with countless other measures society has taken to protect the health and well-being of children, these prove that new steps can be taken all the time. Both the smoking ban and the possible spanking ban will, ultimately, mediate parents' actions that may not be of the best judgment.

Lack of proper student bathroom etiquette leads to aggravation

By REBECCA ROSE
Circle Contributor

I hate using public bathrooms.

I really hate using public bathrooms in which their cleanliness is a question. Here at Marist, the bathroom

never seems to be clean. Even after house-keeping has done their job and I

am the first person to use the toilet or brush my teeth in the freshly washed sink, I am haunted by thoughts of bacteria festering. Of course, I would not be haunted by these thoughts of festering bacteria if people took time to think about proper etiquette.

Why don't people flush the toilets? Is it too hard to hit the lever before you exit the stall? Granted, I'm sure we have all forgotten to flush the toilet once or twice in our lives. But when you share a bathroom with 30 other people and are constantly reminded of how gross it is when you see that a toilet hasn't been flushed, it seems like it would be hard to forget to flush.

Here is an obvious bathroom tip: if you sprinkle while you tinkle, be neat and wipe the seat. This is a motto by which everybody should live. Let us think for a second. Would you rather touch your own urine or someone else's?

The sinks in our bathrooms serve many purposes. We use them to brush our teeth, wash our faces, and to clean our dishes. If you notice excess toothpaste in the sink, rinse it out. Nobody wants to wash their dishes on someone else's spit. Likewise, no one wants to wash their face in a sink with spoiled food. Be conscientious, if you wash your dishes, do so in the sink with the stopper so that your food will be washed down the drain. Always rinse out the sink when you are through using it.

Speaking of dirty dishes, the counter in the bathroom is not the place for all of the used cafeteria plates and bowls. It may seem like housekeeping will take those dishes back to the cafeteria,

but they won't. It is not their job. The person who used the cafeteria dishes is responsible for bringing those dishes back down to the cafeteria.

Not washing your hands spreads germs. It does not do any good to wash your hands

after using the bathroom if the person who used it before has not washed theirs. You may get sick from the germs that fester and grow on the door knob. Do yourself a favor and practice good hand washing.

Remember to always clean up

after yourself. Whether it is your toothpaste in the sink, the piece of toilet paper that you dropped on the floor, your hands after you have emptied your bladder, or the food particles in the sink, try to be conscientious!

If you showed a little more

respect for yourself and one another, the cleanliness of the bathroom and my mood would be greatly improved.

Army officer charged for refusal to deploy

By DANIEL BLACK
Staff Writer

Earlier this week, charges were brought against 1st Lt. Ehren Watada, an officer in the United States Army, for refusing to deploy with his unit to Iraq. Last June, Watada had expressed his understanding of the war as illegal and immoral, an irreconcilable reality that precludes his involvement. Succinctly put, participation constitutes commission of war crimes; he has not the freedom but the duty to disobey. He desires to plea these pretenses before the court.

Allegations of this nature, especially when they come from a junior officer, are never taken softly by any military unit or the United States Government. On Monday, retribution from both culminated in the form of a general court martial for "missing a movement by design" and four counts of "conduct unbecoming an officer and gentleman". So began what's been interpreted by many as court action that, at least indirectly, puts the war itself on trial.

Shortly after commencing, though, this trial has proven a disappointment for anyone anticipating its provision of insight into the Iraq war's legitimacy. Whether Watada's case against the legality of the Iraq war has any substance, we will never know. The institutions waging their wrath against him have decided against our right to have all the facts or rightfully conceive of Lt. Watada as a criminal or a hero. The Judge, Lt. Col. Head, will not allow into the courtroom any evidence revealing the bigger picture behind Watada's resolve to reject orders to fight in Iraq.

It is a man, not a war, that is on trial, and this has been made clear. This is sound reasoning for isolating vastly different

issues and handling them individually in their appropriate contexts, and I wish that was the end of the story. The truth that Lt. Watada wishes to share with the

This unprecedented scrambling of priorities, the radical transformation from those prescribed by international law to these pushed by the American government, can be expressed in just a handful of plain-English words: the value of obedience supersedes the value of truth.

rest of the American people -that the larger issue, whether or not the war itself is legal or criminal- is effectively silenced through omission from any critical evaluation and the issue of him refusing orders is subsequently invalidated.

I believe it very important to appreciate what is implied by the decision of this court. Consider that one of two things must be true: either the war in Iraq is illegal and immoral or it is not. I will not disclose my opinion one way or the other, I don't see that it makes a difference, what is of gravest concern is the determination of this issue as off limits. We are plainly not allowed to question anything if doing so threatens the unqualified power of this administration and the image that all decisions they make are purely justified and moral. This is a horrifying precedent. The presumption of those in power (and what they expect us all to accept at face-value) is that the war in Iraq is legal, absolutely and unconditionally, and that that presumption is inscrutable. We may very well wonder ourselves whether this assessment of the war is credible or not, but skepticism, however valid it may be, becomes intolerable when it threatens the stability of the authority from which these issues originated.

This unprecedented scrambling of priorities, the radical transformation from those prescribed by international law to these pushed by the American government,

can be expressed in just a handful of plain-English words: the value of obedience supersedes the value of truth.

In fact, the disparity of their value is so great, that they cannot even share an arena of debate or compete in the same courtroom.

I would argue that this prioritization is nothing new in global history. It is a recurring theme, in fact, in fascist and totalitarian regimes. Though placeless in an authentic democracy, it must always have been the trump card in any genocidal dictator's deck. Are these interpretations of any value? We don't know; the military court -possibly acting under some higher authority- is shielding us from the answer. What is being hidden from us?

Though this ordeal may yield little inasmuch as answers to the questions I've thus far raised, it is painfully enlightening in another. Perhaps the most disheartening revelation that Watada's trial has forced upon this nation's self-concept is the insignificance of the American public's will. Also, it may be inferred that the apathy of the majority enables unchecked criminal behavior in our country's government. On the whole, Americans don't care, and present conditions of the global community reflect this unfortunate truth. A democracy ridden with apathy in its people is tantamount to an engine ridden with sand in its block; if they are not cared for properly, then they will not function properly. But I stand by what I've said; this is merely skepticism, placeless in the Watada fiasco. We will have no answers, for it has been determined that in order for us to fulfill our function, the unquestioned obedience to authority, does not require an understanding of its legitimacy.

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Letters without these requirements will not be published. Letters can be dropped off at The Circle office or submitted through the 'Letter Submission' link on MaristCircle.com

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Features

Marist math club hold technique seminars for Sudoku craze

By MORGAN NEDERHOOD, MICHELLE MORICO, AND ALICIA MATTIELLO
Circle Contributors

"Sudoku" is the latest in pop culture that Japan has graciously passed down to America - after Tamagotchi, Power Rangers, and Anime.

This popular logic puzzle will be examined at the Marist College Mathematics Seminar on Friday, Feb. 23. Bob McGrail, an Assistant Professor of Computer Science and Mathematics at Bard College, will speak at 3:30 p.m. in Lowell Thomas 001. The seminar is open to the public.

Jeanne Sihksnel, a freshman Mathematics major, first saw a Sudoku puzzle in her high school senior math class.

"We had to do it in class," Sihksnel explained. "Then I just started playing it."

She was hooked after that first game. She said she feels 'really good' after completing a Sudoku problem and now plays Sudoku online to broaden her math skills.

"It requires you to think a lot," she said. McGrail looks forward to speaking to math

enthusiasts.

"I should confess that my reason for giving this talk is to entice talented Marist students and faculty members to work with me on related problems," he said.

A common misconception is that Sudoku requires a mathematical background. However, anyone can complete a puzzle. Associate professor K. Peter Krog, who has taught Mathematics at Marist for more than 11 years, has seen Sudoku puzzles where colors or shapes replace the numbers. The puzzles have "nothing to do with the numbers themselves," he said.

Sudoku is a puzzle of 81 boxes. Each box will eventually contain a digit that is one through nine. The puzzle begins in a partially-completed state, and the object is to fill in the remaining boxes. However, no row or column may contain a repeated number.

"You sort of have to think your way through," says Krog. "You have to piece it together."

Many people first encounter Sudoku when they open a newspaper.

"It tends to sit along side crosswords and crypto

quotes in newspaper and magazine puzzle sections," said McGrail. "It is very mathematical in nature, yet quite accessible."

Richard J. McGovern, an associate professor of mathematics, also noted the availability of Sudoku in newspapers. He labeled the Sudoku movement as a temporary phase.

"Crazes like this happen every once in a while," he said. While McGovern does not know if Sudoku has a long future in American pop culture, he compared Sudoku to cross-word puzzles.

"Once things get established in a newspaper, they tend to root there."

McGrail said he completes approximately three to four puzzles a day.

"My talk explores some nice results concerning the use of alternative collections of algebraic rules, such as the rules of addition or multiplication, to produce other Sudoku-style puzzles," he said. "The process of solving such a puzzle is the process of completing an algebra."

An algebra, he said, is similar to the "addition and times tables" students memorize in grammar school. Each algebra has its own set of rules.

McGrail's visit is part of a weekly seminar series run by the Math Department and Marist Math Club. Full-time faculty members in the Math Department have no classes on Fridays from 3:30 to 5:00 p.m. so they can attend the seminars.

The program has no funding, so most speakers are booked on a volunteer basis. A majority of the seminars are presented by faculty of the Math Department and nearby colleges. Past speakers have also included Marist graduates and current seniors who present senior projects.

While the seminars are open to the public, they are usually advertised only through the math department. Anyone who would like to be on the mailing list may contact McGovern. A link to the list of seminars and a calendar can be found online at <http://www.academic.marist.edu/math/Seminar/schedule.htm>. A brief description of each seminar can be found by clicking on the seminar title.

A website called www.websudoku.com offers Sudoku puzzles of different levels online for free.

Haute couture hits the Paris runway as fashionistas ogle original designs

By KATE GOODIN
Staff Writer

For the fashion world, it's the most wonderful time of the year.

It's Fashion Week!

Well, the fall fashion show season recently commenced with New York Fashion Week. The season actually spans for about four glorious weeks. Even though the fashion weeks in New York, London, and Milan are held in the highest regard, there is one other week that trumps them all.

I am speaking, of course, about Couture Week, which occurred from January 22 to 25 in Paris. Couture Week is probably the single most important week in the fashion season. This is when the top designers like Christian Dior, Armani, and Chanel showcase their couture collections, not to be confused with prêt-à-porter, or ready-to-wear. The designs in the couture collections are not meant to be bought off a rack at Nordstrom; a couture show is a theatri-

cal production of sorts. While the designs are certainly breathtaking to behold, they epitomize the designer's inspiration and forecast trends for the coming season. I think the words of Coco Chanel are most fitting to describe what Couture Week means, "Fashion is not something that exists in dresses only. [...] fashion has to do with ideas, the way we live, what is happening." In other words, the couture shows represent the upcoming ideas in fashion, but through the eyes of the designer. This is truly what fashion is all about.

So what pearls of sartorial wisdom did this season's couture shows offer? Well, as difficult as it is to categorize these designers, I spotted a few recurring themes in the couture shows. First was color. I noticed the shows were either bursting with vibrant reds and sunny yellows, evident in the Christian Lacroix and Christian Dior shows or muted with stormy greys, lilacs, and blues à la Elie Saab and Givenchy or,



One of the dresses from the Christian Dior Spring 2007 collection.

in Jean Paul Gaultier's case, a mixture of both- but Gaultier can get away with pretty much anything. Gaultier was responsible for Madonna's infamous cone bra. A stark contrast to those colors was the creamy white and ivory in Valentino's collection. This just proves in fashion, anything goes.

The second thing I noticed that occurred in all the shows was the abundance of ladylike accents on the designs. Ruffles, bow accents, pleats, and tiers that rival any wedding cake's pervaded the catwalk. There was still a healthy dose of the leggings/minidress ensemble in the Chanel show, but the overall tenor during Couture Week was more feminine than mod.

The third and final trend I perceived in the Couture Week shows was metallic accents. The metallic pieces seemed futuristic on the soft pinks and frosty blues, but a little shine is good for the sartorial soul. It was actually Elie Saab who created the all-gold Spring 2007 prêt-à-porter collection; Balenciaga

featured the gold-plated leggings. While people shouldn't need sunglasses if they encounter you this spring, a metallic or patent leather accent piece- belt, bag, shoes, what you will- should be cleverly worked into your ensemble.

While I love Couture Week and all it stands for, I confess I do play favorites. This year, I thought the Dior and Elie Saab shows were magnificent. I adored the Dior show because it embodied everything I love about Couture Week. It was a beautiful sight to behold. Cherry blossom trees provided the backdrop for the models, surrounded by ruffles and tiers lighter than air or folded into crisp and voluminous origami creatures. In my other favorite, the Elie Saab show, the models swept down the runway in shimmering greys and icy lilacs draped femininely over their figures. Those designs, with their simplicity, chic ness, and ingenuity, will undoubtedly be devoured by celebrities for the awards season.

cartoon corner

By VINNIE PAGANO



column about nothing

By MORGAN NEDERHOOD
Staff Writer

Trini, Kimberly, Billy, Zack, Jason, and Tommy. Yes, the Mighty Morphin Power Rangers. Years ago, they were synonymous with everything amazing in life. Now, the reputation of unstoppable popularity has been tarnished by the newest generations of Power Rangers: Neo, Turbo, and S.P.D.

Obviously, reminiscing about the Power Rangers is beyond random, it's downright insane. In my defense, I am not the only person who still thinks the original Power Rangers were the greatest superheroes of all time. This entire thought process surrounding them was generated a couple of weeks ago when I saw someone in the dining hall wearing a Power Rangers jacket. So, to whoever wore that jacket: rock on, and wear it with pride.

After mentioning the Power Rangers to just about who will listen, and many people who wouldn't, I've realized that the Mighty Morphin Power Rangers have a soft spot for anyone in our generation. Everyone has his or her favorite ranger, and people still reminisce about that ranger with unwavering pride. For a brief period of time, the Power Rangers basically ruled the world. Kids dressed up as the Power Rangers for Halloween, washed their pint-sized bodies with Power Ranger soap, and slept in Power Ranger footsie pajamas.

The Disney empire has noticed the marketability of the old-school Power Rangers, and has squirreled away every old episode into its "vault," which halts the production of DVDs for

certain films for ten years. Every episode of the Might Morphin Power Rangers has been systematically removed from youtube.com and other sites, so people who want to relive the glory of their youth have to wait for the vault to open. Honestly Disney, taking away the Power Rangers? What is wrong with you?

So, what is it about the Power Rangers that gives it such a timeless quality? In my opinion, Tommy, the green and white ranger, and Kimberly, his pink ranger girlfriend, made the show the legend that it is. I would entice anyone to look up their names on youtube.com, and just be amazed (or disturbed) at the amount of tributes there are to the couple.

Girls wanted to be the pink ranger, and girls also wanted to be Tommy Oliver's girlfriend. I don't know who boys wanted to be, but I remember my little brother dressing as the red ranger. Sure, the Power Rangers were racially awkward because it cast the Vietnamese Thuy Trang as the yellow ranger, and African-American Walter Jones as the black ranger. A few of the sequences were actually voice-overs of the original Japanese show, and the motions of the actors in costume never matched their voices. But who cares? The Power Rangers were ridiculously perfect kids who promoted world peace, who could have a problem with such a perfect image?

Only the original Power Rangers could make brightly colored unitards and pathetic special effects look so cool. So rock on, Power Rangers, and especially you, boy who sports a Power Rangers jacket. It's morphin' time.

Love is in the air: Valentine's Day springs on the Marist Campus

For the love of creativity

By MARK RODENHIZER,
RYAN SMITH, AND MARC SAUSA
Circle Contributors

As Valentine's Day approaches, so does the anxiety of finding a meaningful and creative present for that someone special. Valentine gifts need not be traditional flowers and candy, some people like different surprises. NYU sophomore Anne Sebastian is one, for example.

"The usual flowers and chocolates are always nice," she said, "but getting something unexpected and fun is a better surprise."

Gift givers in a more intimate relationship opt for a sex-related gift. Tim McGeever, a Marist sophomore, has gone this route.

"I once gave a girl edible underwear," he said. Danielle Velez, an engineering major at Johns Hopkins University, was the recipient of an explicitly sexual gift.

"One time on Valentine's Day, my boyfriend gave me a hot pink female sex toy," she said, "I was completely shocked by the gift."

With many different options available, some people prefer to be more romantic while still straying from the norm. Kesal Petal, a student at Virginia Tech, said he likes to give gifts with personal meaning.

"I once gave my girlfriend a porcelain cow with red heart boxers because I knew it would mean a

lot to her," he said.

Michelle Losicco, a Highland resident, has been the recipient of a loving and unique gift.

"I got a voice recorder that had our picture on it, and when you pressed play it was my boyfriend's voice reciting a poem and saying 'I love you.'"

One unusual and extreme way to show affection might be to get a tattoo. John Casulli, a tattoo artist at Planet New York Tattoo and Body Piercing, said that Valentine's Day tattoos are not common.

"There isn't a significant increase in the amount of tattoos that we do around Valentine's Day," he said, "But when people do make this choice, there are some popular themes."

"Most people either get names, hearts, or interlocking symbols," he said, "The funny part is that 80 percent of the time, the people come back to get the tattoo covered up."

Sometimes the most unusual gifts require no money. Meredith Klein, a sophomore at Syracuse University, could not put a price on her favorite present.

"Last year, my boyfriend and his fraternity sang love songs to me outside my dorm," she said. "This was the most thoughtful gift I'd ever received on Valentine's day."

Tom Kraynak, a Marist sophomore, said the best gifts may not even be tangible.

"Valentine's Day gifts don't always have to be a material gift," he said, "Valentine's Day should show your appreciation."



Love on a dime: A guide for college students on a shoestring budget

FLOWERS

Valentine's flowers don't need to cost a fortune. Students can find inexpensive choices, according to Katherine Turner, owner of Flower Barn and Greenhouse.

"For students on a budget, seasonal bouquets and carnations are popular, ranging from \$10 to \$12.50," she said. Denise Dionysus of Apple Valley Flowers agreed.

"For a student on a budget, a mixed flower bouquet of carnations and mums would be a long-lasting gift," she said. "The cost would be \$10 to \$15."

These choices also symbolize a relationship that is less serious than true love, however. For that, the traditional choice is clear.

"A dozen red roses is the best gift for a really serious romance," said Turner. The price tag for these is \$60. Dionysus quoted a similar price and sentiment.

"Red roses are a sincere gift, representing love and unity." Between friendship and true love - and for less money - students have other options.

"If a couple was dating but it was not serious, I would still do roses," said Dionysus. "Perhaps a half a dozen of pink, lavender or yellow."

Another option is an assortment of flowers, according to Turner.

"A mixed bouquet of daisies, carnations and maybe a single red rose would be the best gift for someone who doesn't want to promise too much," she said.

DINNER

You can leave it to Cupid to make a perfect match, but when it comes to planning the ideal Valentine's Day dinner, you can't rely on his arrow to point you in the right direction. Cupid will be visiting restaurants in the Poughkeepsie area to provide romantic evenings for all couples to celebrate.

For its 17th consecutive year, the Culinary Institute of America will offer the "Cupid's Return" special for \$65 in St. Andrew's Café. Prepared by Chef Jonathan Zearfoss, this four-course meal includes selections such as fresh oysters on the half shell, rabbit, venison, and chocolate velvet cake with passion fruit glaze. Zearfoss is one of fewer than 60 Certified Master Chefs in the world.

St. Andrew's Café has seating for 90 couples and requires reservations.

New to Poughkeepsie is "Shadows on the Hudson" Restaurant. The menu includes a variety of American continental cuisine, with a focus on steaks and seafood. To celebrate its first Valentine's Day, Shadows has introduced a "Romance Package." A dozen roses, a bottle of champagne, and six chocolate-covered strawberries will be tableside for an additional \$50.

A more intimate dining experience awaits valentines at Amici's Restaurant. Amici's feels there is nothing as sensual as sharing a three-course meal with that special someone. The shared menu

offers one large plate per course for couples to enjoy together. This special totals between \$50 and \$60 and includes dishes such as heart shaped lobster raviolis and ruby red pork, and glazed rack of lamb. A Godiva chocolate milkshake and chocolate covered strawberries end the romantic evening sweetly.

For those who want to make a romantic Valentine's Day last a little longer, the Village Square Motel in Hyde Park has an idea. Owner John Coppola, who also owns Coppola's Italian and American Bistro, is offering specials from February 14 to 18. For \$127 per night, a couple can have a room with a queen-sized bed, a box of chocolates, a bottle of wine, and a \$50 gift certificate for dinner at Coppola's Bistro.

Students who stay on campus for Valentine's Day will find the Marist Main Dining Hall offering two-for-one specials for dinner. Dining Services will decorate the dining halls to set the Valentine's Day mood.

Some students, like Sophomore Natalie Smith, say that a great Valentine's meal does not need to be extravagant.

"My boyfriend and I decided to stay home last year and make our own dinner together," she said. "It made Valentine's Day memorable knowing that we could do something together."

Contributors: Cynthia Palumbo, Courtney Savoia, Michael Veneziano, Gabby Picarello, Bridget Colella and Travis Miller

First song for your mixtape: Songs for the dumped and not-quite-lonely

By MARGEUX LIPPMAN
Managing Editor

Around Valentine's day, people split into separate camps. On one side, you have those who are either happily taken or ever optimistic. On the other, you can find the cynics - these are also the people who have at least some small glimmer of hope under their overly sardonic exterior.

Record collections of college students echo this yearly rift. Some albums can have an almost bipolar, mood-swing personality that moves from extolling the virtues of a significant other to expressing a desire to key his car. The latter concept is not one to be taken to heart. Trust me; I've learned the hard way.

This one day of arbitrary candy-giving and affection showing has the power to split friendships, at least for a brief 24-hour period of time [[Did I just give away what camp I belong to?]]. However, members of the Marist community can find some unity in the mixes found below. One for the lovers and one for the cynics with a little bit of hope. While I can't vouch for the quality of individual songs [[I mean, there are Fall Out Boy songs on here...]], the sentiment remains the same.

HATE:

1. **Brand New** - Jude Law and a Semester Abroad [[*And even if her plane crashes tonight she'll find some way to disap point me // by not burning in the wreckage, or drowning at the bottom of the sea. - Deathwishes done in classy Long Island style.*]]
2. **Cartel** - Settle Down
3. **Jimmy Eat World** - If You Don't, Don't [[*There's so much I've felt I should say // but even if your heart would listen // I doubt I could explain. - Moral of the story: if you don't mean it, don't say it.*]]
4. **Nightmare Of You** - I Want To Be Buried In Your Backyard
5. **Saves The Day** - My Sweet Fracture
6. **Straylight Run** - Tool Sheds and Hot Tubs
7. **Weezer** - Perfect Situation [[*There's the pitch // slow and straight. // All I have to do is swing and I'm a hero // but I'm a zero. - Awesome late-era emo-musing Weezer.*]]
8. **The Postal Service** - The District Sleeps Alone Tonight
9. **Fall Out Boy** - Thnks Fr Th Mmrs [[*One night and one more time. // Thanks for the memories // even though they weren't so great. // He tastes like you // only sweeter. - Well said.*]]
10. **Ben Folds (Five)** - Song For The Dumped
11. **Something Corporate** - Space
12. **Dashboard Confessional** - Ghost Of A Good Thing

BONUS TRACK: Anything by the Smiths. No. Seriously. Anything.

LOVE:

1. **Brand New** - Soco Amaretto Lime
2. **Cartel** - The Minstrel's Prayer
3. **Jimmy Eat World** - For Me, This Is Heaven [[*Can you still feel the butterflies? - Jim Adkins at his finest.*]]
4. **Nightmare Of You** - The Days Go Oh So Slow
5. **Saves The Day** - Banned From The Back Porch
6. **Straylight Run** - Existentialism On Prom Night [[*There are moments when... // when I know it ends. // The world revolves around us. - How cute.*]]
7. **Weezer** - Jamie [[*Best B-side in existence.*]]
8. **The Postal Service** - Such Great Heights
9. **Fall Out Boy** - It's Not A Side Effect Of The Cocaine, I'm Thinking It Must Be Love [[*This song makes it on the list for the title alone.*]]
10. **Ben Folds** - The Luckiest
11. **Something Corporate** - Hurricane
12. **Dashboard Confessional** - Hands Down [[*Hands down // this is the best day I can ever remember. - Every emo kid's mixtape staple.*]]

BONUS TRACK: Peter Gabriel - In Your Eyes [[*Best song ever. Also -- Say Anything. Best movie ever. Those who want to imitate the iconic boombox scene can line up under my room in Midrise and will be judged on both creativity and degree of faithfulness to the original.*]]



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THE CIRCLE Health

THURSDAY, FEBRUARY 8, 2007

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PAGE 6

Course offers valuable information on anxiety and stress

By SANDRA BUJALSKI,
MATT SPILLANE AND
OBOZUA EHIKIOYA
Circle Contributors

Dealing with everyday stress can be difficult. Finding ways to cope with that anxiety can be even tougher. The Marist College Advisory Committee on Safety and Security has an answer for students and faculty.

Marist, in conjunction with the Dutchess County Critical Incident Response Team, is teaching a two-day course on stress management.

The course, "Critical Incident Stress Management (CISM): Group Crisis Intervention," will be held on February 23 and 24 at the Dutchess County Fire Training Center in Poughkeepsie. It costs \$125, but is free for full-time Marist students and employees.

In addition to general stress management, the program will also focus on how to handle "critical incidents", such as the death or illness of a friend. This session will also concentrate on overcoming stress as a group, rather than as individuals.

Roberta Staples, the Director of Professional and Student Development/ Special Projects at Marist, is one of two instructors for the course. Paul Coiteux, the Director of the Dutchess County Critical Incident Response Team, is the other. Both are approved by the International Critical Incident Stress Foundation to teach this course.

Staples said that the training can benefit everyone by teaching

people how to suppress and overcome tension, using a variety of techniques, both physical and mental. "There are a lot of different tools in the toolbox", she said.

Breathing, relaxation, nutrition, and getting plenty of sleep can help lower people's heart rates and calm them down.

"Once you slow the body, the mind will follow," Staples said. She pointed to a familiar incident in which group stress management was critical.

A few years ago, Staples was awakened during the night after a student had died in her dorm room. Staples' knowledge of critical incident management and group intervention helped the students and faculty cope with the loss of the student.

Coping with a death is only one example of how CISM applies to real life situations. This is why, in addition to Marist students and faculty, others, such as firefighters, police officers, resident directors, security officers and EMTs will attend the class.

Meagan Ellsberry, Leo Hall RD, will be taking the class. She has already received training in the individual courses and now she would like to get the group training.

"I think it's important, being an RD, to have the training," she said. "You need someone to help with students in a crisis. It's something important staying in higher education."

Spaces are limited, but students interested in attending the program may contact Staples. "It can't make stress go away, but it can help it," she said.



Marist senior Brian Loew received his Boston Marathon number this past Monday, bringing him a step closer to completing his first marathon. He is running to raise money for the Meningitis Association of America.

By KRISTIN GRIMSGAARD
Circle Contributor

At this year's Boston Marathon, over 20,000 runners will be lacing up their sneakers and taking to the streets. This year's race is the 111th, but for Brian Loew, a Marist College senior and native of the Boston area, it will be his first.

Though he laced up a pair of running shoes for the first time only two years ago in an attempt to develop a new hobby and lose weight, Loew has not only achieved those two goals, he said, but has also fallen in love with the sport.

In fact, he said, he had "actually lost 40 pounds." He cited a "sense of accomplishment and

Fitness goals push Marist student to Boston Marathon

feeling good physically" as his favorite effects of running. If you had asked Loew two years ago if he thought he'd ever run a marathon, he would have laughed, he said, and answered bluntly: "Absolutely not!"

When he began, his goal was a 10K (7.2 mile) race. Upon completing the 10K Falmouth Road Race in Cape Cod, Massachusetts in August of 2005, he set his sights on the 26.2-mile Boston Marathon. Now, Loew runs seven miles a day and will begin to increase this amount until he is able to run 26 miles before April 17th. You

Loew began running only two years ago in an attempt to develop a new hobby and lose weight, and has not only achieved those two goals but has also fallen in love with the sport.

America.

Touched by the sudden loss of fellow Marist College student Caitlyn Boyle to meningitis last fall, Loew said he wanted to honor his late classmate as well as some of his peers. Although he was not close to Boyle, he said, many of his good friends were. He explained, "She meant a lot to them, so anything I can do to help raise awareness of meningitis, and help others remember Cait, I thought I should do it."

The race is scheduled to take place on April 17th, 2007. Students interested in funding Loew for his race in the Boston Marathon, and contributing to his charitable efforts for the Meningitis Foundation of America, should email him at Brian.Loew@marist.edu. All donations collected by Loew will be given to the Meningitis Foundation of America in Boyle's name.

In order to qualify as a participant in the Boston Marathon, a runner must have a previous qualifying time at a certified marathon, or run the Boston Marathon as part of a fundraising opportunity for a charitable cause. This being Loew's first marathon, he plans to run in an effort to raise money for the Meningitis Foundation of

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A & E

Marist Theatre Program brings a new 'Cabaret' to Marist

By BRIDGET SULLIVAN
Staff Writer

Come to the Cabaret, old chum! The Marist Theatre Program will be presenting the musical *Cabaret* by Kander and Ebb, a traditional yet dark show starring a highly talented cast from Feb. 15 to Feb. 18 in the Nelly Goletti Theatre. Dr. Missy Alexander and Prof. Jeff Bass join seventeen students in the

show as well as Associate Professor of English/Theatre here at Marist College. The show is also historical because it is set in Berlin at the time of Hitler's rise to power. Topher Ziobro, one of the leads in *Cabaret*, said that the show is "about romance, desire, and the tribulations during the rise of Nazism in Germany... it has very expertly choreographed dances that dazzle the eye and make the audi-

rehearsals, and were expected to be off book by the time they got back to campus. During the time when they were back on campus, according to Kurtis McManus who plays the Emcee, they had eight to ten hour rehearsals. One of the freshmen in the cast, Aforme Agawu, expressed his feelings about the show by stating "It's much harder than I expected. When you watch a dancer who's smiling you never

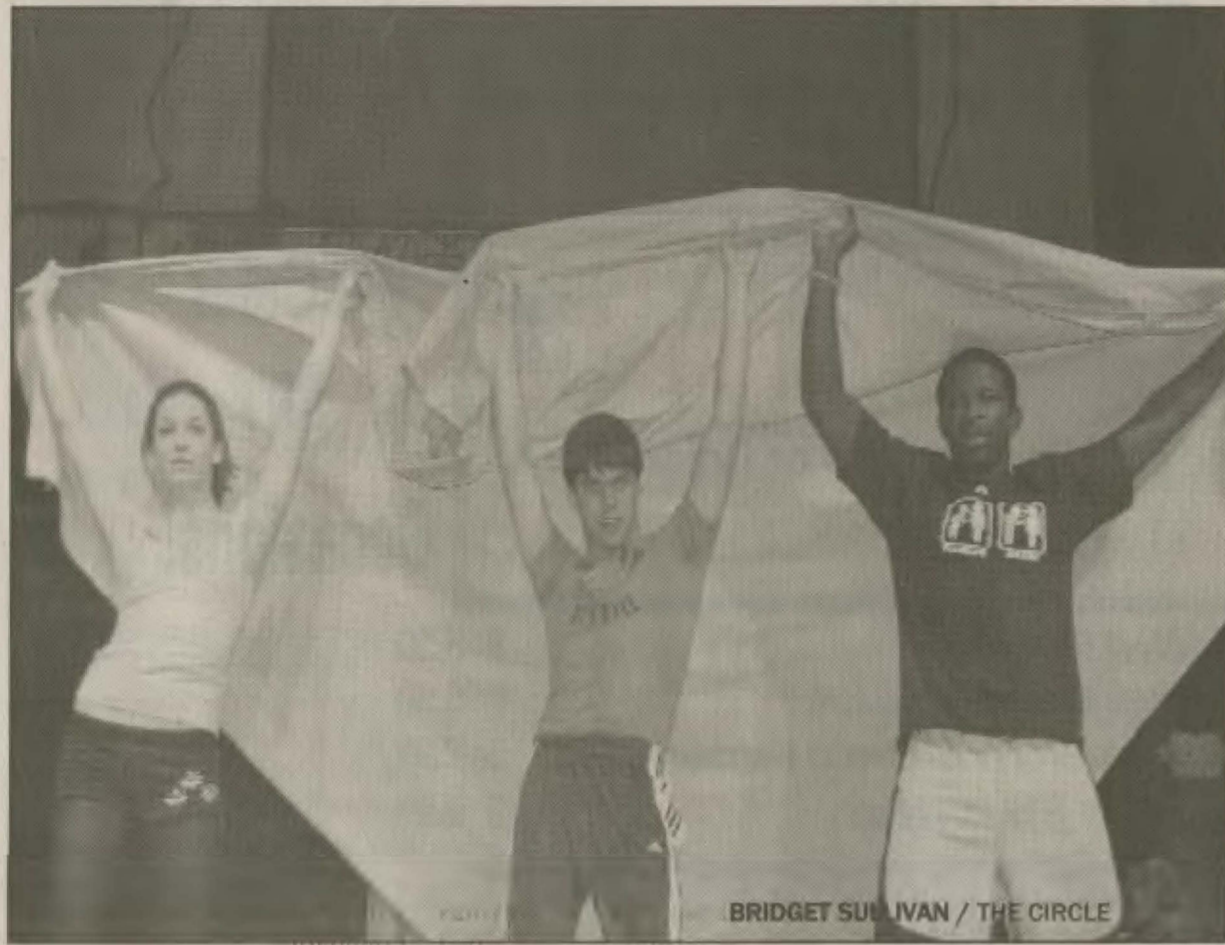
the work they put into the show. He feels that he's made the show a part of his daily life. When asked if all of the work was worth it he said, "Oh yes, it's worth it. It's going to be a really great show."

The show is being directed by Peter Westerhoff, a professor of acting, directing, dance, and makeup at Oklahoma State University who holds an MFA in directing from the University of Connecticut. Marist professor Matt Andrews is also involved with directing. There are also hired professionals or faculty members covering every part of the show, from costuming to lighting, along with groups of students. The students work closely with the professionals. "We want students to learn as they do," said Matt Andrews, who started work on this project over a year ago when he had to hire the professionals and get the rights to do the show. In addition to his role as director, Andrews serves as the acting coac, and tries to get the students to better their skills as they rehearse.

Joanna Stein, the female lead, feels that the show is "turning into an amazing thing, not just with the singing and dancing, but with the way we're interpreting the rise of Nazi Germany. The cast has come together so well and we have formed a tight knit team." Stephanie Speranza, the production stage manager, also feels that the show is coming along very well. She feels that the actors are dedicated and knows the show will go over well because "there are a lot of really exciting and light hearted moments and a lot of poignant ones... as well as a massive and extravagant set, costumes and



BRIDGET SULLIVAN / THE CIRCLE



BRIDGET SULLIVAN / THE CIRCLE

cast. There are also at least ten crew members working behind the scenes to pull the show together. "It is a special show to do because it has intense dancing and great music, such as the well known title song," said Matt Andrews, the director for the

ence feel like they're at a real Cabaret in Germany."

All of the cast and crew members have been working very hard for the past two months to get the show ready. They were all required to come back twelve days early from winter break for

really know just how much work he's doing. When I finish one of the dance numbers in rehearsal I feel like I just ran a hundred meter race! Everything is fast paced." Another freshman, Stephen Echeverri, seconded Agawu's feelings regarding all

lighting. All of the cast members have had a great time putting the show together and look forward to opening night.

Performances will be Feb. 15 and 16 at 8 p.m., Feb. 17 at 2 and 8 p.m., and Feb. 18 at 2 p.m. Tickets will be \$10 general admission; \$5 with a Marist ID, and group discounts are avail-

able. The subject matter may not be suitable for children, because the show takes place at a cabaret night club. Reservations can be made by calling the box office at (845) 575-3133. Group discount inquiries only at 575-3000 x7507. The show is sure to be a huge success, and is not to be missed.

celebrity corner

By CHELSEA MURRAY
Staff Writer

I won't lie - I love celebrity gossip. My guilty pleasures are celebrity magazines and the E! Channel and I'm always up-to-date on the latest happenings.

That being said, I've started this column in *The Circle*, and I'm here to relate some big celebrity information to you busy college students every week and to feed your guilty pleasures if you happen to share the same interest as I do.

It seemed to be pretty quiet in tinsel town this week. Celebrities are keeping to themselves during the awards season and trying to keep their names out of the press.

The few stories that splashed in the news this week:

-Jessica Biel of *7th Heaven* got into a screaming battle with the beautiful, newly brunette Cameron Diaz over Justin Timberlake at the Golden Globes after party. Come on, ladies! You are classy women. Is the former Mouseketeer worth this drama? You can both be with hotter guys, like Derek Jeter and Kelly Slater, who are waiting in the wings for either of you.

-As far as entertainment at the Super Bowl goes, what a disap-

pointment. Eighties pop star Prince, greatly embarrassed himself at the Super Bowl Sunday night by proving to everyone that he is nothing more than a mediocre cover artist and Billy Joel barely croaked out the National Anthem. What are these formerly great artists turning in to? And why are we still praising them enough to let them sing at the single biggest sporting event this year?

-The fist pound is no longer in, but apparently the slap in the face is the new way to go, according to the Super Bowl Coca-Cola commercial.

-Kevin Federline poked fun at his own life in a Super Bowl commercial, saying that "Life comes at you fast..." as he went from fame to fast food employee. Another funny twist: Federline had to write an apology letter to fast food workers due to the content of the commercial and explain how he was making fun of his life, not their work or way of life.

-Take a moment to send your thoughts and prayers to Angelina Jolie during this time because of the passing of her amazing and inspiring mother, Marcheline Bertrand. People

can now take back their snide comments about how cold and heartless Jolie was at the Golden Globes with Brad Pitt because she seemed to have no personal-

As far as entertainment at the Super Bowl goes, what a disappointment... what are these formerly great artists turning in to?

ity on the Red Carpet. Information has leaked out this week that her mother had relapsed and become deathly ill that evening, and though Jolie was under a lot of stress she decided to support Pitt and attend the Golden Globes regardless. This only goes to show that you never know what is really going on with a person and that passing judgment is not a healthy thing to do.

-Nicole Kidman was rushed to the hospital after her stunt car crashed into a telephone pole on the set of her new movie. The ivory-skinned Aussie is said to be doing fine and will return to work next week.

-Writer's Words of Advice: Awards season has quickly come upon us, so when you have a free moment go to the movie theater and soak in some of the nominated movies. This was a good year for film.

Not much else has gone on in Hollywood this week, but these crazy celebrities always keep the people on their toes. I will be sure to keep you posted on their wild antics every week.

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Chicken Cutlet Parmesan	\$ 6.50
Chicken/Broccoli Alfredo Parmesan	\$ 7.95
Buffalo or BBQ Chicken	\$ 6.95
Chicken California (Melted American, Lettuce, Tomato, Mayo w/Bacon Add .85¢)	\$ 6.50
Chicken Salad Melt or Tuna Salad Melt	\$ 7.50
Eggplant Parmesan	\$ 6.50
Sausage & Pepper Parmesan	\$ 6.50
Veal Parmesan	\$ 7.50
Veal & Peppers	\$ 7.50
Pepper & Egg	\$ 5.95
Pepperoni Parmesan	\$ 6.50
1/2lb. Philly Cheese Steak (Mushrooms, Peppers, Onions No Charge)	\$ 7.50
Philly Cheese Steak Salad (Lettuce, Tomato or Olives)	\$ 7.95
BBQ Sandwich w Smokey BBQ Sauce	\$ 7.50
Chicken Cordon Bleu	\$ 7.50

DOUGH BOY'S GREAT COLD SUBS

	ROLL	SUB
Italian or American Combo	\$ 5.95	\$ 6.95
Turkey • Genoa Salami • Roast Beef • Pepperoni • Cappy • Cheddar • Mozzarella • Provolone • Swiss • Pastrami • Tuna • American • Ham		
Lettuce, Tomatoes, Onions, Mayo, Honey Mustard, Oil & Vinegar, Mustard, Hot Peppers, Olives, Pickles, Sweet Peppers, Cucumbers. (3-6ft Subs Available Also)		

THE SWEET STUFF

Fried Dough	\$ 4.50
Fried Oreos	\$ 4.50
Cannoli	\$ 2.50
Box of 6 Cannoli	\$11.95
Novelties Ice Cream Available Seasonal	
NY Style Cheese Cake	\$ 3.95

Beverages

Beer, Soda, Lipton "Cold"
Iced Teas, Fountain
Service, Bud, Bud Light,
Sam Adams, Amber Bock,
Corona, Heineken,
Yuengling, Killian
(Beer for Dine in Only)



Marist senior guard Will Whittington scored a game-high 23 points on six three-pointers to lead the Red Foxes to a 71-66 win over Loyola Saturday night in front of a sold-out James J. McCann Center crowd. With the win, Marist improved to 16-7 and 8-4 in the MAAC. This win also put Marist in a tie for second in the MAAC with Manhattan. Marist went on to beat Rider 79-78 on Monday, earning a first place tie with Loyola.

Nesbitt's Foxes fall in coaching debut

By GREG HRINYA
Staff Writer

The Marist Red Foxes women's tennis team opened its winter season with a 5-2 loss to Colgate on Sunday, despite an impressive performance from junior Erin Godly.

The match also marked the head coaching debut of Marist Coach Roge Nesbitt, who was hired just a little more than two weeks ago after having coached at Poughkeepsie's Lourdes High School.

Erin Godly's dominant performance gave coach Nesbitt plenty to be optimistic about in spite of the team's loss. Godly won both matches she played, opening with an impressive singles victory 6-0, 6-0 over Erin Fenn. She would then team with Christine Ong for an 8-5 win over Colgate's Jackie Couture and Elise Derosé.

"Erin was great for us and she brings a lot of energy to our

team," Nesbitt said. "She's a real go-getter, and I see her as one of our leaders who sets goals and brings unity to our team."

Marist's only other victory came from Cassie Strange, who beat Jackie Couture 6-0, 6-1. The Red Foxes saw three other players lose in straight sets to Colgate, while Mirelva Colon dropped a three-set game to Cameron Thaney, losing the third set 10-5. Marist would also drop a second doubles match in which Alexa Strange and Cassie Strange fell to Cameron Thaney and Samantha Inacker 8-5.

Coach Nesbitt remained optimistic after the loss and was not discouraged at losing the first match of the season.

"I don't look at it as getting off on the wrong foot," Nesbitt said. "We had a good start, and I saw some things we need to work on and tighten up before our next match."

Nesbitt said there are some adjustments she plans on making

before the team travels to face St. Peter's on Sunday, namely consistency and serving.

"We need to work on becoming more consistent and improving on our serves," Nesbitt said. "Colgate was a tough team and that was to be expected, but we will get some night practices in and do a lot of running to prepare us for the next match."

The Red Foxes will face the St. Peter's Peahens on Sunday at 1 p.m. for the first MAAC match of the season. The team will look to meet some of its goals and improve to 1-1 on the year.

"I love what I see in these girls," Nesbitt said. "I have high expectations for them, and I think they will meet those expectations."

The St. Peter's Peahens have opened the year with two losses to NJIT and Temple and will play their first MAAC meet of the season as well against the Red Foxes.

Foxes edge Rider

By DANIEL BARRACK
Staff Writer

Will Whittington scored a career high 32 points in a 79-78 win over conference rival Rider Monday at Alumni Gymnasium. Eight of Whittington's baskets were three-pointers, which tied the school record and his own personal record for the fourth time.

The victory improved Marist to 17-7 overall and now share first place with a 9-4 record in the Metro Atlantic Athletic Conference.

Marist took the locker room with an 11-point lead at halftime, but almost squandered it away at the very end. With a game-high 15 point lead with 7:57 remaining, Rider went on an 18-5 run to slice the Red Fox lead to two.

Marist did not collapse, extending its lead to seven points with just under a minute left in the game. Guard Terrance Mouton score three of his final 12 points on a meaningless three-point shot with one second remaining that left Rider one point short of sending the contest into overtime.

As a team, Marist shot 48.3 percent from the field and 50 percent from beyond the arc. Much of the Red Foxes' success from deep can be attributed to the star of the game, Will Whittington.

"I was able to get open shots against their zone defense in the first half. Guys on our team just found me, and I was able to put the ball in the hole," Whittington said.

Found him they did, and he

Sessegemini proves most impressive Fox at West Point

By NATE FIELDS
Staff Writer

While many students return to campus in January with a fresh perspective, ready to start over, Marist's men's tennis team looked to pick up exactly where they left off in November; and they did just that. In just their first month of action, the Foxes dominated the field at the Army Winter Tournament, had a strong showing at the Harvard Invitational, and split their first two dual matches.

Marist opened the spring season by capturing four titles on Jan. 21 at West Point. Coach Tim Smith said his team's work ethic and dedication in the off-season was evident.

"It's obvious that most of our players trained and played over the break," he said. "This is the best results we've had in the Army tournament in the last five years."

All three doubles flight finals featured Marist teams, and the second flight tandem of senior Ray Josephs and junior Greg Marks downed Army's Charles Mullenger and Christ Alborno, 8-4, for the victory.

Marist enjoyed success in singles action as well, winning titles in the second, third and fourth flights. Marks faced fellow Red Fox Loic Sessegemini in second flight singles, and fell to the Swiss freshman 6-2, 6-1. Josephs posted a 6-2, 6-2 victory over Binghamton's Alex Dobrin in third singles for his second title of the weekend. Perhaps the most exciting match of the day featured freshman Christian Coley matched with Colgate's Tyler Deck in fourth singles. Deck bested Coley 6-4 in the first set, but Coley fought back to win the second set 6-2 and took the third 10-7.

Smith gave a lot of credit to the

took advantage by hitting eight of 15 attempts, and accounting for half of the team's three-point field goals. While much of the team's success can be attributed to Whittington, the Kingwood, Texas native believes that the win was a complete team effort.

"It was a good game [Monday] night. We really had things flowing on offense in the first half. It is tough to win games on the road in this league so we are happy to have won that one."

Jared Jordan was a contributor in the win as well, scoring 18 points and accumulating five rebounds and eight assists. Senior center James Smith scored in double figures with 11 points, and junior Ben Farmer had a team high eight rebounds.

Marist played shaky defense and shot a mere 46.7 percent from the free-throw line, but still managed to do enough to top the Broncs. Forward Jason Thompson led Rider with 22 points on 9-of-16 shooting on the game. Terrance Mouton went 4-of-7 from deep, and there was a strong performance from Jason's brother, Ryan Thompson, who scored 16 points off the bench.

The Red Foxes look to stay in the win column as they finish out the five remaining MAAC games. Of its five conference games remaining, the only team with a losing record is Iona. Marist and Loyola are currently deadlocked at the top of the standings, but while the Red Foxes will play four of its last six games at the McCann center, Loyola's final three contests are on the road.



Roarin' Red Foxes

Marist's male and female star performer for the weekend of Nov. 3-5.

Will Whittington
Basketball, Senior



Whittington led the Foxes in scoring in their last two games, netting 23 points against Loyola and 32 points against Rider. Marist has moved into a tie for first place with a record of 9-4 in conference play.

On the horizon:

Marist will be at home to take on the Fairfield Stags on Thursday, Feb. 8 at 7:30 p.m. This is the first meeting between the two teams this season. The Red Foxes defeated the Stags twice last season.

Rachele Fitz
Basketball, Freshman



Fitz collected her fifth consecutive MAAC player of the week and ninth honor of the season. The Ohio native averaged a double-double (18.5 points and 10 rebounds) in Marist's two wins over St. Peter's and Manhattan. Marist is now 12-0 in the MAAC.

On the Horizon:

The Red Foxes return to action this weekend when they take on Canisius at the McCann Center on Friday, Feb. 9 at 7:30 p.m.



**Photos courtesy of
www.goredfoxes.com

Giorgis completes Foxes puzzle

By BRIAN HODGE
Staff Writer

I'm pretty good at puzzles. Crossword, those Sudoku ones with the numbers in the boxes, a 500-piece depiction of Fenway Park - I can do all of these reasonably well. Put it this way, I could definitely win a challenge on MTV's Inferno.

But there are people who can do them better. And I bet women's basketball coach Brian Giorgis is one of them.

I say this because, since his arrival on campus five years ago, he has done nothing but piece together winning team after winning team. Plus he continues to do so in a difficult situation, the puzzle equivalent of someone tinkering with the pieces you've already put together.

Giorgis and the women's basketball program have put themselves in a unique position - "the team to beat" in the conference. And with that moniker comes opposing teams' best effort to take you down, a proverbial "bulls-eye" on the back of the jersey.

Men's coach Matt Brady, who served as assistant coach on the St. Joseph's team that was the top-ranked in the country, knows

a bit about being the circled game on other teams' schedules.

"It's very different when you are the hunted," Brady said. "The way (Giorgis) and his team have responded year after year is incredible."

His "pieces" have varied over the years. Giorgis has successfully plucked valuable pieces from afar, like Metro Atlantic Athletic Conference (MAAC) player of the year, Fifi Camara, from the junior college ranks.

Additionally, he has been able to recruit freshman like Rachele Fitz, Lynzee Johnson, and Brittany Engle; not the easiest thing to do considering how cold the winters are here.

These pieces always seem to fit nicely with those already in place, such as the talented guard play of Alisa Kresge, and Nikki Flores, frontcourt size and skill in Sarah Smrdel and Meg Dahlman, and sharp outside shooting from Julianne Viani and Courtney Kolesar.

But they almost seem to be doing it in relative anonymity on campus, perhaps the only piece Giorgis has not been able to put together. I never hear students discussing senior point guard Kresge's assist-to-turnover ratio (which is 3rd best in the coun-

try), or Fitz's record-breaking ninth conference rookie of the week award.

This is not SportsCenter. There is more to basketball than jams and catch phrases. Like fundamentals (the team leads the nation with the fewest turnovers per game), and defense (13th in the country in scoring defense). All puzzle pieces that tend to fall between the couch cushions of other coaches, except Giorgis.

Plus, Marist is flat out crushing teams, outscoring the opposition by an average of 15 points per game. They have won 10 straight and an absurd 20 straight games at home.

"It's getting to the point," Giorgis lamented recently, "that we beat teams by 12, and people want to know what happened."

The team has been so dominant that losing would seem unacceptable, like quitting before the puzzle is complete. And, the last piece might be an NCAA tournament upset.

But, getting more of the student body behind this team?

That may be the hardest puzzle yet.

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Foxes to face Stags, attempt to remain in first

By JOE FERRARY
Staff Writer

The Marist men's basketball team will look to stay in a tie for first-place as it plays host to the hottest team in the Metro Atlantic Athletic Conference (MAAC), the Fairfield Stags, on Thursday, Feb. 8, at 7:30 p.m. in the McCann Center.

Currently the Red Foxes are 17-7 and 9-4 in the MAAC. Their 9-4 record is good for a first place tie with the Loyola Greyhounds. The Stags are 10-15 and 8-5 in league play. Fairfield has won its last seven contests.

Marist has won its past two games including a 71-66 victory over first place Loyola and a 79-78 victory over Rider on Monday night.

Preview

This is the first time this season that these two teams meet. Last year, the Red Foxes swept the season series, winning 91-72 in Poughkeepsie, and 67-61 in the final regular season game in Fairfield.

This will be another MAAC classic as the highest-ranked offense, Marist, will face the MAAC's best defense in Fairfield. The Red Foxes are averaging 75.4 points per contest

while Fairfield only gives up 65.5 points per game.

The Stags' seven-game winning streak has featured tough physical defense as well as timely shooting. In its last game, Fairfield used a late 23-6 run to defeat Loyola 65-62.

Marist sophomore forward Vince Anthony said during its run, Fairfield has been playing well on both sides of the ball.

"They have a high shooting percentage, and they are playing great defense," Anthony said. "They have the ability to lock up key players and shut them down."

Head coach Matt Brady said Fairfield is a young and physical team, and they are heading into this game having been playing very good basketball.

"They have played an excellent seven games," Brady said. "They are a very young team who plays great defense. They have a very physical front court and I expect a very physical game from them."

With Coach Brady expecting a physical game, he will hope to have the services of junior forward Shae McNamara back on the court. McNamara has not dressed for the past two games and is listed as day to day with a hamstring injury.

Red Foxes back in 1st

Just over one week ago the Red Foxes suffered a heartbreaking loss to Manhattan when Darryl Crawford hit a floating jumper with seven seconds left to give the Jaspers a 75-74 victory. With the loss the Red Foxes found themselves in third place.

One of the main reasons why Marist is back on top of the MAAC is due to the play of senior guard Will Whittington. In the Red Foxes latest wins, Whittington has averaged 27.5 points.

Anthony said that Whittington's play and the team's "do-or-die" mentality has helped put the Foxes back on top.

"On paper we are the number one team in the MAAC," Anthony said. "After the Manhattan loss, we found ourselves with our backs against the wall. As a result, every game is do-or-die for us. With a couple more losses we could easily slip from first to seventh."

Coach Brady cited improving defense and three-point shooting as the reason for the Foxes quick turnaround.

"We are playing better defense right now," Brady said. "We are also making strides on the three-point line. We are not where we want to be right now in those two areas, but we are getting close."



Senior center James Smith and the Red Foxes take on the 8-5 Fairfield Stags on Thursday, Feb. 8 at the McCann Center at 7:30 p.m.

Upcoming Schedule:

Men's Basketball: Thursday, Feb. 8 - vs. Fairfield, 7:30 p.m.

Women's Basketball: Friday, Feb. 9 - vs. Canisius, 7:30 p.m.

Upcoming Schedule

Thursday, Feb. 8 - vs. Fairfield, 7:30 p.m.

Sunday, Feb. 11 - at Iona, 3:30 p.m.

Wednesday, Feb. 14 - vs. Manhattan, 7:30 p.m.

Saturday, Feb. 17 - vs. Colgate, 7:30 p.m.*

Monday, Feb. 19 - at Fairfield, 7 p.m.

Saturday, Feb. 24 - vs. Siena, 11 a.m. + %

Friday, Mar. 2 - Monday, Mar. 5 - MAAC Tournament in Bridgeport, CT.

* denotes BracketBuster opponent

+ denotes game televised on ESPN2

% denotes Senior Day

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