1 C SINGE TO SOLID THE POSTS



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Farmers' market promotes going green



RYAN HUTTON/THE CIRCLE

Above: Poughkeepsie Farm Project vendors and Colin McCann, assistant director of first year programs, greet Marist students shopping on the green. The PFP is a nonprofit organization that advocates a sustainable food system in the Hudson Valley.

Below: Potatoes, escarole and radicchio were among the produce sold on Oct. 29.



By OLIVIA HUNTER Circle Contributor

Marist College students were provided with the opportunity to go somewhere other than the grocery store to get their fruits and vegetables last week at the Marist College Farmers' Market.

The market, held Oct. 21, was a part of senior Melissa Greco's capping project and it included product stands featuring Lorelei Jewelry, the Poughkeepsie Farm Project, David Paige Fruit Farmer, as well a booth manned by the campus organization, Student Encouraging Environmental Decisions, S.E.E.D.

The goal of the farmers' market was to promote awareness about buying local food. Greco said she hoped that students would be more conscious of the benefit of purchasing local goods and that some would actually partake in the process.

"Buying locally not only ensures that what you're consuming is natural, unprocessed, and healthy, but it benefits your surroundings," Greco said. "Think about it, the more your food has to travel to get to you, the more gas is being used, the more plastic packaging is needed, the more pollutants in the air. Buying locally and in season reduces your carbon footprint."

"Not only is buying local goods beneficial to the environment, but it supports the local economy as well," Greco said. "The economy is better when people buy locally. It's always a good thing to support your local farmers and businesses who have to struggle against the competition presented by mainstream conglomerate supermarkets."

In a world where college students are preoccupied with the stress of papers and exams, buying local goods may be easier said than done. For students, weekly trips to Stop & Shop are convenient and not as time consuming as going around from one farm stand to the next would be. There are ways, nonetheless, that students can still support these initiatives even while in mainstream supermarkets.

"When you are at the supermarket. try not to go down the aisles and try to stick to the perimeter of the store," Greco said. "This is where the produce, fruit, meat and dairy are and everything else is super produced."

Local goods can be thought of as concentric circles, Greco said. The first ring may be your local town or county but it grows outward to include your state and even your country. The closer the farmer, the better, because local farmers would

"If you have the opportunity to look at the label of what you're buying and choose the closer manufacturer, then that's awesome," Greco said. "Some fruit comes from New England and others come from California, for example."

Also, a majority of local goods are organic and lack the chemicals, hormones and pesticides found in processed foods.

Many students attended the event, and although another is not possible for this year because the harvest is over, Greco is hoping that the market made students aware of what is out there so they will not be confied to Stop & Shop.

ring economic decline rises

By KRISTEN DOMONELL News Editor

According to a recent College Board report, tuition at private four-year colleges rose 4.4 percent this year, and Marist is no exception. Current tuition, excluding room and board, is \$26,105, up 4 percent from last year.

The New York Times reported last Tuesday that both public and private colleges have raised tuition this year, despite a 2.1 percent decline in the Consumer Price Index from July 2008 to July 2009.

Today's Marist student is paving about 70 percent more tuition than their predecessors a decade ago. Tuition for the 2000-2001 school year was \$15,366. That figure has grown

\$10,730 in the past nine years, creeping up an average of 6.07 percent each year.

In order to afford a Marist education, 75-85 percent of students receive some type of financial aid, be it state, federal or Marist grants, college work study or student loans, said Joe Weglarz, executive director of Student Financial Services.

Senior Kevin Brown is one of these students. He said despite receiving aid, the cost of tuition is far too high.

"I think it's unfair that college today is a big business," he said. "And Marist is no different. They're forcing students to take out thousands and thousands of dollars in loans that they're not going to be able to pay back after graduation

because of the poor economic situation in this country."

The jobless rate in the United States is expected to reach 10 percent in the coming months, and the economy is struggling to overcome its biggest slump since the Great Depression. This has left some students questioning the logic behind paying so much for college.

"It doesn't seem right that we pay so much money for an education, take out so many loans and get into so much debt just for the chance that the education will get us a good job to, in return, continue paying for that education," senior Ashley Rego

However, Jeanne Plecenik, Marist's vice president for business affairs and chief financial officer, said Marist is a "very affordable alternative" to other private colleges.

"The college considers the cost to deliver quality programs and looks at comparable tuition at similar institutions [when determining tuition]. Marist has consistently been lower in tuition costs in relation to its peers," Plecenik said. "Affordability is a strong component of tuition rate decisions. Marist's Board of Trustees takes this very seriously."

Marist's tuition is \$6,752 less than tuition at private schools in New England, and \$1,876 less than private schools in the states classified as "middle states" by the College Board report: Delaware, Maryland, New Jersey, New York, Pennsylvania and the District of Columbia.

campus



THIS WEEK

Thursday, 10/29

Opening Reception

5 Sculptors in Vernmont Marist College Art Gallery, 5 p.m. - 7 p.m.

Friday, 10/30

Harry Potter & the Half Blood Prince SPC Free Movie

SPC Free Movie 10 p.m. in PAR

Saturday, 10/31

Scarefest Double Feature

SPC movie night in PAR Nightmare on Elm St., 9 p.m. The Exorcist, 11 p.m.

Sunday, 11/1

Volleyball, Rae of Hope fundraiser

Marist vs. Iona McCann Center, 2 p.m.

Harry Potter & the Half Blood Prince

SPC Free Movie 3 p.m. in PAR

Monday, 11/2

No Events Posted

Tuesday, 11/3

St. Jude's Up Til' Dawn

Letter writing campaign From 7 - 10:30 p.m. Cabaret, Sponsored by SGA

Wednesday, 11/4

St. Jude's Up Til' Dawn

Letter writing campaign From 7 - 10:30 p.m. Cabaret, Sponsored by SGA

SPC Coffee House

Valerie Custer 9 p.m., free with valid Marist ID

SGA Logo

Send in designs for new SGA logo Prize is \$100

E-mail whitney.stahl1@marist.edu



Security Briefs

By CHRIS RAIA

10/20 - Donnelly Computer Lab

Ready? An IT employee reported a stolen Purel hand sanitizing dispenser. All that is left to be seen as evidence that this dispenser ever existed are four holes where the screws used to be. I know it's flu season, and swine flu has been making people crazy. But really? You don't need an automatic Purel dispenser in your dorm! Just drink orange juice... wash your hands more often... don't rip hand sanitizer machines out of walls. Whoever you are, you deserve a million points.

10/20 - Midrise

A student tried to swipe into Midrise with an oddly squareshaped backpack. The security officer on duty searched his bag and found an unopened thirty-pack of Bud Light. One of my favorite parts of my weekly meetings with security is that all of the confiscated alcohol is on display. I was sitting next the thirty-pack I just mentioned, and I'm surrounded on all sides by unopened bottles of liquor. Remember the fluorescent ceramic pipes that were confiscated in that area in the woods with the religious statues and outdoor electrical outlets? They're on display in the window.' It's so awesome. Oh, 30 points to Midrise

10/21 - Gartland

A house in Gartland was dingdong-ditched over the weekend. Only instead of just running away, these pranksters started smashing pumpkins. If the Smashing Pumpkins were still relevant even a little tiny bit, I'd consider making a reference to them. But they're not, so I won't. 5 points to Gartland.

10/21 -Everywhere

I know I do this way too often, but I really don't have enough room to dedicate a paragraph to every fire alarm that happened this weekend. Plus, in one night, the Marist College burnt every meal of the day. At 11:29 a.m., Foy burnt pancakes. At 9:26 a.m., Foy burnt eggs. At 2:25 p.m., they wrecked faiitas. Sheahan burnt Cinnabuns. Gartland burnt cookies. Aaaand Gartland burnt something else - the report just said "burnt food on stove." All of that food sounds delicious. Sad day. Foy - 15 points, Gartland - 10 points, Sheahan - 5 points

10/23 - Marian

A male student was caught attempting to enter Marian with a female student's ID. This is hilarious because when I tried out to get the security briefs article, the editors gave me fake stories to write about. All of them seemed absurd; I didn't

think they could ever happen. One of them was "a male student attempts to enter Leo with a female's ID." Marian, I am so sorry for doubting you. Absolutely outstanding display. 20 points.

10/24 - Student Center

I thought the theft of the Purel water dispenser would be the mostoutrageous story this week. And then a security guard found that a water fountain in the student center was missing. This means a student ripped the water fountain from the wall. That can't be okay.

10/25 - Student Center

An officer found a male student passed out in the student center bathroom. When he woke up, he stayed strong and refused to give any of his information to Marist security. Poughkeepsie police were called, the student finally folded, and he was written up. Nice try, though, I like the effort. But still, security – 1, Marist students – 0.

Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.



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Action day promotes how to reduce solid waste

By KATELYNN WALSH Staff Writer

Marist College faculty, staff and students participated in a series of events on Oct. 23 also known as "350.org Action Day," in attempts to raise awareness on how to live a more environmentally sustainable life.

The events began at 12:30 p.m. with a performance by The Jove Stewarts, a student band. A performance by Sam Miller, another student band, followed.

As the performances were going on, the student center was filled with tables set up with posters, computers and informative speakers about different issues facing the environment. Some of these issues included: recycling at Marist, global climate change, local climate change effects and a list of two years.

the top ten greenest companies. Many students stopped to read the signs, and listen to what the speakers had to say.

At 1:30 p.m., the sixth annual "Dumpster Dive" began outside of Champagnat Hall. "Our goal is to measure the waste stream among students and to see if what students throw away in the trash, is actually trash" Steve Sansola, dean of student affairs said.

The purpose of this event is to assess the effectiveness of student efforts to reduce solid waste by measuring the kinds of things being thrown away in the trash in residential and academic build-

According to Sansola, the findings of sustainability during the Dumpster Dive at Marist have been trending upwards in the past done this event, once every semester. 350.org stands for the parts per million of CO2 in the atmosphere that scientist say we should attain inorder to sustain climate change," Paula Willoquest-Maricondi, member of 350.org said.

According to Willoquest-Maricondi, this event is a great way to get students involved, and it will definitely be a success because it helps raise awareness among students in a productive way.

The students taking part in the Dumpster Dive were equipped with rubber gloves and blue and white Dupont Tyveck coats. Red Fox Mascot "Shooter" also made an appearance.

After the conclusion of the Dumpster Dive, the events continued with Marist professor Dave Conover speaking on the Environ-

"This is the sixth time we have ment, The Sirens, the women's a cappella group, the showing of the movie Trashed, and a performance by Matt Scuteri.

> This project is offered biannually and is a collaborative effort of the Office of the Executive Vice President, School of Science, Office of Student Affairs, Physical Plant, Marist College Recycling Committee, Campus Sustainability Advisory Committee (CSAC) and Student Government Association GREEN Committee.

> "This is my first Dumpster Dive, and I think it is great. I agree with what they are trying to do here, and I think that it will be successful" Miguel Vasquez, Marist College student said.

Marist to start offering newspaper kiosks on campus

By ALLISON DUFFY Staff Writer

Construction on the Hancock Center is underway and transformations abound on campus, but within the coming weeks students can see yet another new fixture here: newspaper kiosks.

With the approval of the Student Government Association, Marist will become the newest participant in The New York Times' college newspaper readership program. Over 225 colleges and universities currently partner with the newspaper and use discounted copies for classroom instruction. Marist's program is currently in the preliminary

"Student government is hoping to provide this as a service to Marist," said executive vice president Victoria Billeter. "Right now the program we are looking into involves an eight-week trial period so that we can be sure this is the correct fit for our community."



JOE SHLABOTNIK/FLICKR.COM

Marist is going to become the newsest college to join the New York Times' college newspaper readership program, which will offer issues of the Times' to students.

For just 50 cents per copy, students would be able to obtain the paper's weekday editions and use the content to spark class discussions. The Times even hosts a faculty Web site and conducts workshops as resources for professors wishing to incorporate current events into their lessons, something many business and economics professors already do.

According to the Times, the readership program, which involves bulk delivery of daily discounted newspapers, is integral to colleges because it fosters an informed democracy. Eventually, custom New York Times newspaper racks and signage would be scattered around campus should Marist choose to adopt the program permanently.

"The readership program is very easy to implement," The New York Times said in a statement. "Once Marist decides to pilot the program, we can usually start delivering the newspapers within a week."

After hearing about the program at a conference in Washington, D.C., Billeter said SGA officers met with representatives from the Times last week to discuss bringing the paper to Marist. These representatives will return to campus in the future to hold an information session about their newspaper readership program and its use in classrooms. Funding for the project is yet to be determined.

"This would be an easy way for students to be able to have the papers for class without having to subscribe on their own," Billeter said. "We hope that by beginning this program we will increase the interest of Marist students in current events as well as provide a service to our students."

Night on broadway shines light on AIDS awareness

BV BRYAN TERRY Circle Contributor

Before the performers even began to sing one note, it was clear that Marist's seventh annual "Night on Broadway" was going to be much more than a concert.

As the Marist College Singers were being introduced, they filtered on stage in "work-out" attire as they prepared for their opening pieces from the musical "A Chorus Line."

"This year, it's going to have a much bigger production value," said Mike Napolitano, music department operations manager. Those words would prove to be an understatement.

The night consisted of four group medleys, as well as several solo performances by members of the chorus taking place on the

from various musicals as well as a couple that were not from musicals but were still related to the Broadway stage. The shows that were represented ranged from the very well known ("Wicked" and "Avenue Q") to the much more obscure ("Chess").

Saying that the members of the chorus merely "sang" their songs, however, does not quite do the performance justice. Each group medley consisted, essentially, of a miniature version of each show, to the point where the audience could get the gist of the entire story of the show based on the performance.

"I had simply expected a few songs to be performed on the stage, without a set, choreography, and other things," said

stage of the Nelly Goletti. Marist student Jon Porras. "It charity Broadway Cares/Equity The soloists performed songs was quite the show and it sur- Fights Aids. Prizes such as signed passed my expectations."

The performers were very enthusiastic about what they were doing. Kate Budzinski, a senior at Marist who performed "Bring on the Men" from the musical "Jekyll and Hyde," said that being able to perform these songs is a great opportunity.

"I've always had a passion for Broadway music, and this gives us the chance to be a part of it," she

The emcee of the evening, Kelly McCormick, is a veteran stage performer who has been in several musicals including "Chitty Chitty Bang Bang" and "Les Miserables." Her performance of "I Dreamed a Dream" lit up the stage of the Goletti theater.

The show raised money for the

Broadway posters and a trip for two to see any Broadway musical were being raffled off across the hall from the theater.

Mike Napolitano said that the show has been teamed with this charity for about four to five years now. It has helped increase attendance a great deal.

"There's no better way to get more people to come to a show than to make it for a charitable cause," he said.

Marist student Megan Warne was one of the many who were impressed by the show. "I walked out of the theater singing and dancing to 'Let the Sunshine In," she said. I think that explains how happy the night made me overall."

IT Dept. continues green campaign

BY KATELYNN WALSH Staff Writer

Throughout the past few years, the staff of the Marist College Information Technology has generated many changes in the College's operations in order to conserve energy and become a greener institution.

Information Technology is concerned about the environment and gears many things in hopes to better our community. Marist College has been taking action to help support this green initiative. Information Technology has recently begun using 30 percent recycled paper in all on campus computer labs. The installation of the duplex option, also known as double-sided printing, on all printers on campus has saved large amounts of paper each year.

According to William Thirsk, vice



FROM MARIST.EDU Information Technology has begun using 30 percent recycled paper in all computer labs, and has achieved more than a 50 percent reduction in paper usage since installing the duplex option on all lab printers in 2007.

president of Information Technology, computer science cannot be taught without using energy. "We have chosen to do what is called virtualization," he said. "Virtualization takes the large computer, which is highly efficient, instead of having many small computers doing single

things; we have this one large computer running 650 other servers, pretending to be individual servers. Each computer science student gets their own server, but it is really all on one."

Information Technology collects printer cartridges and ships them to a recycling center, recycles out dated hardware and data types, uses archive saving of data rather than printing and it programs all of the computer monitors to go on "standby."

On the people side of things, instead of everyone having their own individual office, there is an open work area where all of the climate controls are spread out among more people. Per person, heating and cooling is much lower in cost this way, Thirsk said.

"In terms of the way we work, we are actually reducing the number of errors because people are hearing about what other people are doing,

and they are able to talk over their desk tops, they do not have to walk over to a different place to talk" Thirsk said.

According to Thirsk, some longterm effects of this movement are the institution will save a lot of money and save on a lot of carbon for printing. "Reduction of errors and lowering our costs will be very beneficial" he said.

"A lot of students don't understand that Marist is like a small city. There are over 4,000 students living here. That is a lot of blow dryers, a lot of microwaves a lot of gaming devices that are left of all day when students go to class and a lot of computers that may or may not be on the grid. In terms of energy it is really important for students to reduce, reuse and recycle just like everyone else and understand that just a little bit helps a great deal when there are so many people," Thirsk said.

SGA aims to work closer with student clubs

By KELLY GALLUCCI Staff Writer

As the hype over the cafeteria's pseudo-"Coldstone" dies down, students may be interested to learn about another intriguing change to their daily dining lives,

The Student Government Association (SGA) is currently in the process of setting up shop down in the cafeteria. Diners can expect to see a table set up where SGA officers can spend some of their office hours interacting with the students. Steve Townsend, student body president, is excited about the idea.

"My hope for this table is that students will see the familiar faces of a Student Government member and approach them with questions or comments."

These responses will be used

constructively to better the overall experience for students at Marist.

Townsend is not the only member of SGA who is looking forward to the table. Whitney Stahl, president of the class of 2011 and senate speaker, is excited about the proactive approach. "I hope that we receive all types of questions, so we can find out the concerns of the students and work with them to help solve the problems."

Christi Sheehan, a sophomore, could see the idea's appeal. "It makes SGA approachable," she said.

"I feel as though if I thought of something that I wanted fixed I would be more inclined to talk to them if they were right there in the cafeteria with me."

Other students weren't as positive. Meghan O'Neill, a junior, said, "I don't think many stu-

dents will go up to them. When by people go to the cafeteria they're concerned with eating and being with their friends, I think they might just walk by."

The cafeteria is only one part, however, of a fuller plan. Stahl explained that SGA representatives will also be making an effort to attend different club meetings to speak with the students, as well as aiming to set up tables in certain academic buildings. "Our ultimate goal," Stahl said, "is to get out in the Marist community as much as possible so that the students know that we are here to aid them in making Marist the best college experience possible."

This goal was mainly derived from responses compiled during last semester's elections. SGA discovered that many students did not know the tasks performed by their elected officials. Townsend utilized these responses and decided to make SGA presence a priority for this year.

"This table is just a simple way to get us out there and make sure people know how to best use Student Government as a resource, not just for parking appeals," Townsend said.

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News Briefs

Marist catholic studies Lecture:

Dr. Janine Larmon Peterson, assistant professor of history at Marist College, will speak on "The Changing Face of Martyrdom: Holy Heretics in Late Medieval Italy" on Oct. 27 at 5 p.m. in the Performing Arts Room in the college's Student Center. The event is free and open to the public.

Peterson teaches medieval and early modern European history. In addition to edited volumes, her work has appeared in journals such as Traditio, Viator and Past & Present. Peterson's research focuses on challenges to the authority of the institutional church, particularly with regard to heresy and saint's cults, in late medieval Italy. She serves on the Awards Committee of the Society for Italian Historical Scholarship.

Survey shows cheap leaving in Hudson Valley:

It's cheaper to live in Dutchess and Orange counties than New York City or the suburban counties of northern New Jersey, but more expensive than New York's Capital District. Those are the findings of an economic report done by a national organization with help from students in the School of Management at Marist College.

Over the past four quarters, the Marist College Bureau of Economic Research has been working with the Council for Community and Economic Research in the collection and analysis of price data for the Poughkeepsie-Newburgh-Middletown Metropolitan Statistical Area (MSA). The composite index is made up of 60 items that would be purchased by the typical professional or managerial employee. By construction, the national average index is set equal to 100.

Five Sculptors in Vermont to exhibit their works at Marist College:

"Five Sculptors in Vermont" will exhibit their works in the Marist College Art Gallery in the Steel Plant Studios from October 29 to Dec. 4, with an opening reception on Thursday, Oct. 29, from 5 to 7 p.m.

The exhibition features the work of Leila Bandar, Pat deGogorza, Joel Fisher, Tara Thacker and Meg McDevitt.

"Each of these artists shares common concerns for process, materials and other formal issues, but they also share a dedication to teaching," said Marist Art Gallery Director Ed Smith. "Collectively they have taught at very distinguished institutions. Their pieces have been featured in many exhibitions and are in public and private collections around the world. It's fitting that this work is exhibited at the Marist College Art Gallery because the commitment of these artists' work reflects Marist's reputation for teaching excellence."

Marist hosting 18th annual women and society conference

Marist is hosting the 18th annual Women and Society Conference this weekend in Fontaine Hall. This year's conference will pay special tribute to former First Lady Eleanor Roosevelt on the 125th anniversary of her birth.

Women and Society is an academic conference covering all aspects of women and gender currently under study. Among the topics to be discussed this year are women's roles in politics, activism, and wartime; "Women in History, Art and Myth;" "Societal Views of Female Idealization;" "Pushing 'Normal;' "Music, Artistry and Identity," "Students' First Impressions of Women in Asia," "Women's Rights Across the Globe," and "Education Outside the Classroom."

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* Applicants must hold initial certification prior to applying.

The College of Saint Rose

Thursday, October 29, 2009

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wine flu pandemic: Behind the hy

By CHRIS TUREK Contributing Writer

In the past year, we have been bombarded with a lot of information about the H1N1 virus or swine flu. This information is meant to sternly warn us that this flu strain has the potential to be a deadly epidemic. But should we really be running scared from this particular flu virus, or is the media simply blowing the whole H1N1 matter out of proportion? If you ask me, the media is making the issue out to be a much bigger problem than it really is, just like they have done in the past with other potentially deadly diseases.

One of the main reasons we are told by the media that the H1N1 virus is so potentially deadly is because it is a "mutated" virus strain that the human race has not yet encountered, which, according to the media, could cause a large-scale epidemic. While it is true that the H1N1 virus is a new and mutated flu strain, so are many of the flu strains that will arise during this flu season that we will never hear about. Because of the way viruses reproduce, their genetic makeup constantly mutates and changes, effectively creating thousands of new flu strains that the human race has never seen before.

So then why should we be worried about the H1N1 strain more than the other flu strains?



As the death toll in the U.S. hits 1,000, one student reflects on the fears of the student body, or perhaps the lack there of.

If we haven't seen these other strains before either, and they all have the same potential to cause an epidemic as the H1N1 virus, then we, as a race, must be looking at the end of life as we know it. Unless, of course, this whole H1N1 issue is being greatly exaggerated by the media, in which case this year's flu season is not going to be significantly different from last year's season... or the season before that... or the one before that.

Remember the big avian flu scare

that we had a few years back? People were freaking out because there were not enough avian flu vaccines to go around, and they feared a huge avian flu epidemic. Remember what happened? Not much.

Some people caught the avian flu, and a few people died from the avian flu. Not to belittle the value of those people's lives, but thousands of people die from the seasonal flu each year. The avian flu scare wasn't even the first time the media has blown a disease out of proportion. Just look at the West Nile virus, or even SARS. Did some people get these diseases? Yes.

Did some people die from these diseases? Unfortunately, yes. Was there a nationwide SARS or West Nile epidemic that claimed thousands of lives? No, not even close. But if you were to take the media's every word as fact, then you would think the end of days was upon us. Instead, the same thing happened to West Nile that happened to the avian flu and SARS, and the same thing is probably going to happen again to H1N1 because, as we all know, history repeats itself.

So if the media expects me and everyone else to worry about catching the swine flu just because they say it is going to be devastating, then they are going to be disappointed, because there is no rational reason to be more worried about the H1N1 flu than any of the other thousands of flus you can catch this season.

I'm not going to get a special vaccine for H1N1, and I'm not particularly worried about catching it, because there are literally thousands of other flu strains that I can catch. Everyone should just calm down, take a deep breath, and focus their time and energy on something that is actually important.

My love affair with baseball: The heartbreak of a Mets fan

By DANIEL PEARLES Staff Writer

Reality started to sink in when Jimmy Rollins' line drive sailed into the gap in right center field. As Carlos Ruiz crossed the plate to give the Phillies a dramatic come-frombehind win in Game 4 of the NLCS, everyone knew it was over. Even though they still had one game left to win to clinch their second consecutive National League pennant, there was little doubt that the Philadelphia Phillies were going back to the World Series.

A similar thing happened in New York during Game 2 of the American League Championship Series. The moment Alex Rodriguez' line drive sailed over the wall to tie the game at 3 in the 11th inning, the Angels were destined to play catch-up for the remainder of the ALCS, a battle they would eventually lose.

All of these details are meaningless to Mets fans, however, when they consider the big picture: the Yankees and Phillies will face off in the World Series, and that is an absolute nightmare for anyone who has spent years cheering on the team from Flushing.

I've been a Mets fan my entire life. I've been attending Mets' games since I was seven. I considered Shea Stadium to be my second home during the summertime, and I paid an unreasonable amount of money to buy seats from Shea when it was closed after the 2008 season. I live and breathe for a team that has brought me more frustration than happiness for most of my

Of course, my life as a Mets fan would not be complete if it were not for our cross-town rivals. The team whose fans constantly talk about the success that the franchise has had, and act as though they themselves played some kind of role in it. The team who has arguably the most obnoxious radio announcer in professional sports. The team whose ownership is largely responsible for the outrageous salaries that MLB players have today. If it isn't obvious by now, I'm referring to the New York Yankees: the team that most of America will enjoy rooting against when they take on the Phillies in the World Series.

I've spent hours thinking about the positive aspects of the city of Philadelphia, and if I were funny, I would say the only positive is cheesesteaks. But I'm not funny, I'm honest, and the truth is that I don't think there is anything good about that city. I hate it-the people, the sports teams, the city itself. I don't want to see anything good happen for Philadelphia teams, and it sickened me to watch them celebrate their World Championship last year. Yes, I watched the entire celebration just to remind myself how much I hate Philadelphia.

Of course, my reasons for this hatred are a little biased. The Phillies are the Mets' division rivals, and they have subsequently spent the past few offseasons talking trash about the Mets. So forgive me if I don't have a soft spot in my heart for the defending champi-

I wish I could write about another team that has a chance to win at all, a team with likable fans that could play the role of the nice guys in this situation. But that is not the case. The Yankees and Phillies are the two best teams in baseball, and whichever team wins will have earned it. So the question is who are Mets fans supposed to root for: the division rivals, who won the World Series last year and will have bragging rights for years if the Phillies can win back-to-back titles, or the cross-town rivals, whose attempt to buy a championship may pay off for the first time in almost a

It's a tough decision, and as far as Met fans are concerned, there will be no winners in this year's World Series. But as any true sports fan understands, you must take sides when a championship is being played. comes down to deciding between the lesser of two evils. Mets fans who will side with the Phillies can argue that the Phillies already have had their championship.

Anything that happens this year will not take away from what happened last year, and the Yankees winning would only mean that Mets fans have to endure seeing two teams that they hate win a World Series. Also, not too many Mets fans sided withthe Yankees in 2003, just because the Marlins were a "division rival." Those who do side with the Yankees may argue that it is easier to root for a team in your own city than a division rival. The

Mets' rivalry with the Phillies has escalated so much in the past few years that it is impossible to ever align yourself with them.

At Marist, you will find both types of

"I just can't root for the Yankees. I don't like the fact that they went out and bought Teixera, Sabathia and Burnett, while most teams can only afford one overpriced free agent per year," said freshman Michael Keegan.

Other students say they cannot afford to see Philadelphia win again.

"I hate everything that Philadelphia fans stand for. The Eagles, the Phillies, the 76ers. I can't stand any of them," said Chris Locke, a senior.

I keep telling myself that I won't watch this World Series because it will be too painful, but I know that's not true. Any real sports fan watches a major championship when it is being played. I can't predict who will win, because these are two extremely talented, evenly-matched teams. I am sure of two things, however.

I know that there will be very few happy Mets fans at the end of this series, regardless of who wins. I also know that watching Pedro Martinez wearing a Phillies jersey while pitching against the Yankees in the World Series will be one of the most surreal things I have ever seen. Mets fans will just have to consider one simple statement when watching this World Series: the enemy of your enemy is your friend. It's up to them to decide who the real enemy is.

Townsend's former opponent takes over club affairs

By KELLY GALLUCCI Staff Writer

It's been nearly a month since Laurel Eschbach resigned from the position of Vice President of Club Affairs, leaving the Student Government Organization in need of a new member. Jeremie Hittenmark, Steve Townsend's former opponent for Student Body President, stepped up.

"The fact that we ran against each other only signifies that we both are passionate about working for the Marist students," Hittenmark said. "When it came to clubs, we had a very similar vision as to what we wanted to do and how to fix the current relationship."

Townsend agreed, adding that many club presidents were happy at the opening of the position.

"It's going to change to the direction of positive input and move away from a disciplinary role," Townsend said. "Jeremie and I are on the same page on many issues that were not handled properly before and have been working on systems to improve those past issues."

One change will be that SGA officers will attend club meetings and ask for a minute or two at the end to answer questions and listen to concerns.

Hittenmark is familiar with the inner workings of SGA and knows most of the club presidents, something he feels gives him an advantage to the job. "There is a surprising amount that is not broadcast to every student and every club," Hittenmark said. One of his goals is to make clubs aware of the resources available to them.

"This year will be dedicated to stimulate leadership within the clubs. I will be working closely with the Chief Information Officer, the Chief Financial Officer, the Vice President of Student Life and College Activities to create a more effective way of teaching student leaders."

Hittenmark believes that he can ensure a stable Club Affairs Council for up to three years and Townsend agrees.

"Tm very excited to work alongside Jeremie and to collaborate with him to continue to improve the quality of life here at Marist," Townsend said. "Jeremie will bring a personal line of communication to the position. He's a very active member of our campus and a very hard worker. I know Jeremie will make sure that his influence on clubs is positive and his relationship with club leaders is one that benefits both SGA and Clubs."

Hittenmark is nervous about his late start, but equally excited.

"The advice I give to any student is to take initiative at Marist," Hittenmark said. "If you think something could be bigger or better, think it out and bring the idea to SGA and hopefully you will spark something amazing. Great things cannot happen if the



SAM BUTLER/FLICKR.COM

Hittenmark and Townsend put aside past contentions to revamp the position of Vice President of Club Affairs.

initiative is not taken."

Townsend has competed with Hittenmark in every election since their freshman year.

"I had the opportunity to sit down with him and talk about the position," Townsend Said. "I went into that meeting with a checklist of things that I wanted to cover and a list of ideas that I had to improve the position. Jeremie spoke first and when he had finished everything on my checklist had been covered."

Townsend embraces the opportunity to work with Hittenmark.

"Running against someone and campaigning against them never allows you the opportunity to work alongside them for the greater good of the student body," Townsend said. "We're working together to continue to make Marist the very special place that it is. If there's any testament to the quality of student leaders here, I think that this would fall a primary example of how Marist student leaders are willing to put aside personal differences for the betterment of the student body."

Hittenmark also believes that their collaboration could yield great things.

"Steve and I are so different in personality that we can bring completely different perspectives on how to accomplish those goals," Hittenmark said.

MARIST INTERNATIONAL PROGRAMS



MARIST IN BARBADOS: PSYCHOLOGY OF INTERPERSONAL COMMUNICATIONS

Located in Bridgetown, Barbados, the Marist in Barbados program will allow students to learn and practice the principles and techniques of human communication. The program will begin by discussing techniques useful in daily communication (active listening skills). Next, students will learn skills for enhancing self understanding (values clarification). This will be followed with techniques of expressing ourselves to others (self disclosure). Finally, the course will conclude with a discussion of skills useful in deeper interpersonal and counseling oriented relationships (deeper understanding, confrontation techniques, group skills).

THE COURSE

Three (3) credits will be offered for the course. Students can choose one (1) course from the following:

Undergraduate

PSYC215L-150 Psychology of Interpersonal Communication

Graduate

PSYG545L-160 Psychology of Interpersonal Communication

PSYC215L (undergraduate) satisfies the Merist College Cultural Diversity Requirement. The course satisfies the 3 credits for Core/Liberal Studies Distributive Area Requirement in Social Science, and is a Psychology elective.

MARIST / MOD'SPE IN PARIS: GLOBAL FASHION

This program, a joint venture between Marist College and Mod'Spe Paris, will explore both the historic and modern roles of Paris as a center of global fashion, fashion trend and luxury branding. The program will begin with a comparison of French and American fashion industries and include a comprehensive overview of marketing strategies of classic French retailers such as Bon Marche and Galleries Lafayette, examination of the importance of emerging trends at cutting edge Paris boutiques and the specialty markets of French cosmetics, fragrance, accessories and intimate apparel.

The study will also include visits to the workrooms and archives of legendary French fashion labels and to a trade event showcasing leading names in French ready-to-wear fashion. A combination of site visits and lectures will provide students with a concentrated exposure to the continuing power and influence of French fashion on modern global fashion.

THE COURSE

Three (3) credits will be offered for the program.

Undergraduate

FASH485L-150 Paris Fashion: Atelier to Marketplace

Note: Courses above may fulfill the elective for the Global Studies minor or serve as a Foreign Culture credit or for the Cultural Diversity requirement. Speak with your Academic Advisor for more information.





MARIST IN PERU: GLOBAL BUSINESS

The program will consist of a combination of pre-departure lectures, readings, and on-site lectures and activities designed to engage students in the exploration of the global business environment in Peru. Students will specifically be exposed to the contrasts of Peru, as seen in two of its largest cities; Lima and Cusco. Students on the program will learn about the unequal distribution of wealth in Peru; the economic strategies that have allowed Peru to emerge from years of economic stagnation; and the exploration of its cultural and historical treasures, including Machu Picchu.

THE COURSE

Three (3) credits will be offered for the program. Students can choose to enroll in one course from the following:

Undergraduate

BUS 202N-150 Global Business & Society BUS 391N-150 Ethical Decision Making in Business ECON442L-150 International Economics

Graduate

MBA 610N-160 Global Environment of Business MPA 616L-160 Global Issues in Public Administration

Note: Courses above may fulfill the elective for the Global Studies minor or serve as a Foreign Culture credit or for the Cultural Diversity requirement. Speak with your Academic Advisor for more information.

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English professor's new book combines evolutionary biology and American literature

By ELIZABETH PEARL Staff Writer

While evolutionary biology and 20th century fiction do not normally sound like subjects that have anything in common, Dr. Judith Saunders' recent book, "Reading Edith Wharton Through a Darwinian Lens," manages to bring them together. The book looks at the role that Darwin's theories played in the novels and characters of Wharton's most classic works. Saunders' interests in both literature and science inspired her to write a book combining the two.

Saunders moved to California at a young age and attended the University of California at Berkeley for her undergraduate San Diego and doctoral degrees in English. She has been a professor of English at Marist for 24 years, specializing in American literature, specifically the American Renaissance. Saunders said that she chose English as a career because she always loved reading. Experiencing authors like

Thoreau and Melville as a young five or six years to complete, but she woman convinced her to become a professor of English.

Saunders has been writing about Wharton since very early in her career. One of her favorite memories as an expert on the 20th century author was when she was asked to write the afterword to an edition of "The Age of Innocence." Her knowledge of Wharton, along with her bethat Wharton unassuming subject choice, sparked the idea for the literary half of her

The biological half of Saunders' book can be traced back to conversations and classes taught with associate professor of biology. Victoria Ingalls. Saunders said that the idea for her book was "fostered by the collaboration with [Ingalls]." The feeling that literature should reflect the reality of human nature, the thing which evolutionary biology attempts to explain, caused Saunders to connect and mesh the two sub-

"Reading Edith Wharton Through a Darwinian Lens" took Saunders

feels that it was a fun experience.

She said that it was exciting to have published this book because it based on what she thought is a new and exciting branch of a totally new style of literary criticism. This book, according to Saunders, is not just the average literary critique - she wrote it with scholars of two types in mind, scientists who want to know more about literature and writers who want to know more about science.

'Some people might find [the combination of subjects] off-putting," she said, but she still feels that the book is important and educational.

One example of Saunders' application of evolutionary biology to Edith Wharton's novels is in the conclusion when she writes that, "the individuals [Wharton] portrays are subject to competing pressures, some deriving from their evolved human nature, others attributed to environmental conditions."

Despite the recent publication date of her book, Saunders does not intend to stop with just Edith Whar-



ELIZABETH PEARL/THE CIRCLE Dr. Saunders analyzes biological science and literature in her new published work available at Barnes & Noble.

ton. Her plans for future publications include the implementation of Darwin's theories to other American authors. Mark Twain and Herman Melville had better watch out.

cartoon corner By VINNIE PAGANO



A Fashionista's Dilemma: To be frugal or fabulous?

By LAUREN FOSTER Circle Contributor

The iconic, designer-clad "Sex and the City" star, Carrie Bradshaw, once said, "I like my money right where I can see it—hanging in my closet."

Any fashionista can relate to that statement, because it's way more fun than remembering when Carrie frivolously spent the money for her apartment down payment on a few new pairs of Manolos. In light of the recent economic downturn, many would advise that now is the time to be thrifty. The economical crisis forces recessionistas everywhere to make a frightening choice—will you be glum, or will you stay glam?

I started to feel the financial crunch at the end of the summer. After having worked part-time, and interned on my days off, I thought I'd find my bank account soaring at an all-time high. However, when I received my statement, I realized I was wrong-very wrong. I couldn't fathom where all the money I earned had gone, but the dreaded letter made me face the harsh truth. \$150 at Bloomingdales, \$85 at Urban Outfitters, \$70 at Forever 21, \$98 at Lord & Taylor, \$150 at the Lauren Merkin sample sale—the list was endless. Immediately, I began to justify my spending with numerous variations of "But, I needed that" and "That was a oncein-a-lifetime bargain."

In response to this grim news, I decided to cut back. I began enlisting other fashion fiends who were hard up for cash in a "frock swap." This is where each girl would grab a few outfits she had already worn and swap it for something someone else had brought. Sadly, I soon realized that wearing a friend's handme-down was not the same as buying something new.

Next, I resorted to the dreaded outfit repeat. Once regarding the rewear as a crime of fashion, I relented and accepted that it was a waste to buy something and just wear it once. I figured that if Michelle Obama could wear her teal inaugural Jimmy Choo pumps more than once, then I, a normal person, could also re-wear my clothes. Even the hypercritical Anna Wintour repeated her white and black floral dress by Carolina Herrera, and she has an annual clothing stipend of over \$100,000! See, stars really are just like us.

I tried to save money—really, I did. For a while, I tried to only buy things that I truly "needed." I stayed away from malls, magazines and online shopping sites. But much to my mother's dismay, I have ditched my responsible, fiscal approach and have reverted back to my old spending habits. In the end, I realized that shopping was more fun than saving. I admit, my approach may be irresponsible, but it certainly pays off-in shoes, handbags, clothes, and jewelry!

I now go to great lengths to hide

SEE FASHIONISTA, PAGE 9

Fashion student awarded grant

ALYSSA LONGOBUCCO Staff Writer

For Megan Monzo, being coupled in the same group as prominent fashion influences such as Zac Posen, Tim Gunn, Tommy Hilfiger and Ralph Lauren is a dream come true. The aforementioned men were all past honorees of the Fashion Scholarship Fund, which Monzo recently got awarded along with 54 other standout fashion students.

A non-profit organization based out of New York City, the main goal of the FSF is to promote the higher education of talented fashion students through scholarships and elite internship opportunities. With only 54 students chosen to be honored with a \$5,000 grant, Monzo joins a selective group, a position her professor and FSF educator Lydia Biskup says she's earned.

"Megan is very exacting," Biskup stated. "She's a perfectionist. If you tell her something needs to be done, she goes above and beyond what you ask of her every time."

As far as Monzo's future, Biskup believes she'll be a welcome force in the competitive fashion world.

"She is very passionate about the industry," Biskup said. "And is exactly what professionals in the in- scribed the marketing strategies of dustry look for.

It's Monzo's passion for her work that's landed the fashion merchandising major, who's also working towards minors in accounting and business administration, the esteemed FSF scholarship. Monzo applied for the scholarship under the mentorship of Biskup, who serves as FSF educator for the Marist fashion program.

"I applied through the Marist College fashion program for the scholarship, although you can apply online as well," stated Monzo. "After the application process, I was set up for an interview, where our projects were critiqued so changes could be made before they were submitted."

The project in question, and the reason Monzo was awarded the scholarship, is a business plan she created for the FSF, with a concentration on the financial and operating side of the business.

"I had to define my target market, business goals, give it a name, and do a complete competitive analysis which includes defining competitors, product, and pricing strategies," Monzo explained. "I also set up all the operating expenses in three different cities, as well as deopening a new business in this time of economic struggles."

While the business Monzo devised is hypothetical, her \$5,000 scholarship grant from the FSF is guaranteed to be put to good use, whether for internship or continuing education purposes.

"The FSF is all about education. So whether honorees use the grant for abroad studies, internship programs, or supplies, they're very concerned with where the money is being used," stated Biskup.

As far as Monzo's plans, the fashion student is using the grant to expand her knowledge experiences in the industry through internships. Monzo credits several of her internships, including her most recent at Polo Ralph Lauren, to her connections through the FSF.

"I obtained the internship at Polo Ralph Lauren through the FSF scholarship. It was an amazing experience and I decided to continue working under Polo for this semester, and am even considering going back to Polo next semester," Monzo said. "Without the FSF scholarship would have never gotten the chance to intern for them and really get into the culture of Ralph Lau-

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ALYSSA LONGOBUCCO/THE CIRCLE Megan Monzo's winning advertisement from The Fashion Scholarship Fund.

ren."

While Monzo's future career path in the fashion industry may be unclear, one thing is evident. If the prestigious FSF scholarship is any indication of her future success and ability to make a name for herself, we're guaranteed to be seeing a lot more of her.

Talking Tarot: This knight symbolizes a double-edged sword

JENNIFER MEYERS Staff Writer

Swords are generally seen as a very powerful suit. It could mean universal power, danger or action. The Knight of Swords is known as the "Prototypical hero of romantic chivalry" or "Clean of heart."

When this comes up in a reading, it usually means that either you need to slow down, or someone around you is causing stress and anger in your life.

The Knight of Swords is always illustrated as a very strong symbol. As shown in the Gilded Tarot, the Knight is very aggressively charging towards his goals into the unknown.

He is charging towards some goal ready to take on anyone or anything that might get in his way. His intensions are almost always confrontational because he seeks to prove his point.

He wants everybody to agree with him and will not ever stand down. He believes that everybody else's opinions are foolish, which makes him seem like an arrogant fellow.

Now, before you decide that you have nothing to do with this Knight, he also represents our own "rush to judgment" of others whether it is in our thoughts or it is spoken. The Knight of Swords is described in a book by Paul Quinn, "Tarot for Life", as the "bullying trial lawyer, the religious fanatic hellbent for heaven, and the friend who turns conversations into lectures."

I found this particularly amusing because we all have encountered people like this in our lives at some point. I worked with someone who turned every conversation we had into lectures and it irritated me so much. But anyways, what this is saying is that this Knight will easily fall victim for our distrust.

I know so far that I have only said

very negative things about this Knight. But keep in mind that this is a very important figure. This Knight represents the battle you are facing right now no matter what it may be. There is an upside to this Knight because he can be productive in our lives and serve as inspiration. He can also serve as a very mature human being and be the one to politely correct something that we found absurd.

But there is a point when the Knight becomes exhausted and decides to put down his sword. When we come to our breaking point, all we want at this time is peace. And the only way of getting this is to stop trying to prove your point and actually listen to what others have to say. Yes, this Knight can be courageous and aggressive towards things that he wants, and most of all, he loves to win an argument. But we must also pay attention to the always "shadow" side.

When the Knight of Swords is aggravated in the wrong way, he becomes vengeful and tries to convince others of his own beliefs without taking into consideration what they



FROM THE GILDED TAROT

have to say (again, the not listening part). This Knight is almost like a vicious dog that just needs to be trained right. With the right trainer and effort, eventually the dog will listen and the problem will be settled. The only advice that this Knight would give you is "Before you charge in, listen."

From Page 8

Fashion: Frugal or fabulous?

my guilty-pleasure of shopping.

I resort to paying half of the amount on my debit card, and the rest in cash so that there will be no trace of what I actually spend. I lie about the true cost of items when my dad inquires; usually I follow the 50 percent rule—I take the real price and cut it in half. I've also been known to hide my new purchases in the trunk of the car so that my mom doesn't see that I've

bought anything. I even hoard my recent buys in the back of my closet. because I feel better knowing I always have something new to wear.

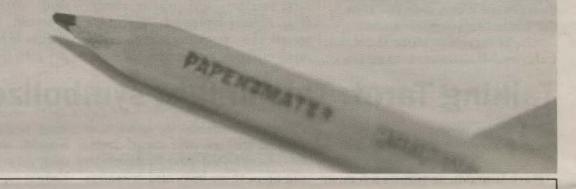
Admittedly, my bank account may be hurting, but I'm happy being an impulsive shopaholic. I think Bo Derek sums it up best when she said, "Whoever said money can't buy happiness simply doesn't know where to shop."

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'Wild Things' is an untamed beast

By RYAN RIVARD

A&E Editor

The anticipation for "Where the Wild Things Are" reached a monstrous level of hype. Director Spike Jonze took on a big challenge adapting the beloved children's book by Maurice Sendak that consists of a meager ten sentences into a 90-minute movie.

Jonze's film is a wild beast that is flooded with a roller coaster ride of emotions. He captures the essence of being a nine-year-old all over again in an honest, authentic piece of art.

Coincidentally Max Records plays Max, a true child at heart, who has an untamed imagination. Early on, we see Max wrestling his dog in his wolf suit, armed with a fork, building an igloo and chucking snowballs at his sister and her friends. Not only do you see a wild child with youthful energy, but you also get a glimpse of Max's world. All the shots were filmed with handheld cameras, shaking constantly giving the feel of a child with borderline A.D.D.

After Max becomes upset that his divorced mother (Catherine Keener) is getting close to another man (Mark Ruffalo); he throws a temper tantrum by standing on the kitchen counter, yelling at the top of his lungs, "Feed me, woman" followed by "I hate you, I'll eat you up!" Max bites his mother's shoulder, runs out of the house, finds a boat and wanders into the land of the wild things.

This is where Jonze elevavates this film into a realistic fantasy



IDONTREALLYWANTTOSAY/FLICKR.COM

Max Records stars in "Where the Wild Things Are" as Max. Records had two music video credits to his name before starring in the Spike Jonze directed film.

world. The clichéd "Disney-like" approach would have been to create the wild things with CGI animation. Instead, each wild thing comes to life as a nine-foot puppet costume. The film would simply not be as genuine if it had been done any other way. While we are in the land of the wild things, everything is presented through Max's perspective via numerous low-angle shots looking up at these beautiful creatures.

Each wild thing reflects different emotions that not only a child goes through, but an adult as well, which really makes this a movie for every age. Max sees a little bit of himself in each wild thing. Loneliness, jealously, rage — all these emotions are thrown at us.

Some scenes are just flat out intense. Carol, the leader of the wild

things, asks Max if he will take the "sadness" away. Do not fret, Max has a sadness shield, and apparently a true gift for acting in what is arguably one of the best performances by a child that Hollywood has seen in awhile. Twelve-year-old Records has a bright future ahead of him.

There simply is no other film out there that captures the raw emotional ups and downs of being a child. Jonze's tells an authentic tale that feels real. You feel each breath of every wild thing. You feel their sadness. You feel their joy and happiness. You want to howl with Max and all of them. You become enraptured in this world for an hour and a half, and you do not want to leave.

currently singin'

By RYAN RIVARD

A&E Editor



Weezer "Can't Stop Partying" fl Lil Wayne – Yes, you read that correctly. Weezer and Weezy teamed up for a song on Weezer's upcoming album "Radi-

tude" (named by Rainn Wilson of "The Office"). Co-written by frontman Rivers Cuomo and Jermaine Dupri, the song blends rock and hiphop much better than other artists that have attempted...like Lil Wayne. Cuomo sings in his signature dry tone, creating a sense of irony in his addiction to non-stop partying. The band has been notorious for its ironic songs, but it goes to a new level with Lil Wayne rapping. Weezy's verse is brief, but follows the dark humor of the rest of the track. According to Cuomo, this is his favorite track off the new album. It's mine too.

Adam Lambert "Time For Miracles" – Lambert's second single is featured in the upcoming end-of-the-world film "2012," and it is as cheesy as the title suggests. Deep down I wanted to believe that Lambert would be the one "American Idol" winner that does not fall victim to the cookie cutter blandness of unoriginal pop. Queen guitarist Brian May predicted the song would hit number one, but that would be a miracle.

Crooked Vultures "New Fang" is the first taste of the studio work done by the supergroup starring Josh Homme (Queens of the Stone Age), John Paul Jones (Led Zeppelin), and Dave Grohl (Foo Fighters, Nirvana). These musicians have written a hefty load of chapters in rock n' roll handbook, and they know their way around a hard rocking jam. "New Fang" bites the listener with a culmination of guitar riffs and everything rock should be. Mark your calendars for Nov. 17 as the release date for the trio's self-titled album.

Timbaland "Morning After" f/ SoShy - The follow-up to Timbaland's 2007 album "Shock Value" is the cleverly titled "Shock Value 2." The first album had a huge breakout hit with "Apologize" starring OneRepublic. However, "Morning After, lead single from the sequel album, is nowhere near the hit status of "Apologize." Timbaland aimed for a dark vampire-like atomosphere for the track, but I am still trying to figure out this connection. Until then, you can look forward to hearing Timbaland's collaboration with Miley Cyrus on the album when it drops Nov. 23.

Ten essential movies for scary movie marathon

By CHELSEA MURRAY Staff Writer

The night of crazy costumes, mischief, ghouls and goblins is coming up this weekend. Before you put on your Sarah Palin or Michael Jackson costumes and head out to the parties, here is a list of movies that can get you in the mood. Sit back with a bowl of popcorn and watch some of these spooky and fun classics and modern movies alike to help ring in the witching hour.

10. "The Blair Witch Project"
The scariest part about this movie is the questions it leaves in your head after it's over. Are these people real? Were they really killed? Does this actually happen? Do witches and paranormal activity actually exist?

9. "The Rocky Horror Picture Show"- This film has accrued a cult following that brings together every Halloween fan in the world. The songs and dances are bound to be stuck in your head for day..."Let's do the time warp again...."

8. "The Shining" – Jack Nicholson embodied a character that will

go down in history as one of the scariest of all time as he ran around the hallways of a hotel with an axe in hand and that classic deranged look in his eyes.

7. "Edward Scissorhands"- It's hard not to fall in love with Edward and his beautiful heart in this movie, but there is that element of Tim Burton's creepy and creative magic that lands this on most modern Halloween movie lists.

6. "The Exorcist"- The vomit may look like pea soup and some of the special effects may be outdated, but the idea of the devil taking over a young girl's body is frightening. This is a timeless Halloween classic.

5. "Hocus Pocus"- A great child-hood throwback movie that is still bound to scare with Bette Midlers witchy cackle for her "Booooook" or the part where the cat gets hit by a car and comes back to life.

4. "A Nightmare on Elm Street"- Freddy Kruger (a Halloween costume favorite) enters the dreams of the children of the mob that burned him alive in his own boiler room. It's a strange concept, but Freddy has a disturbing vibe about him with his long claws and mauled face. Johnny Depp gets eaten and spit back up by his bed which makes many people opt to sleep on the couch for awhile.

3. "The Silence of the Lambs"-One of the best thriller movies ever created, with brilliant acting and plot line. It made lotion, fava beans, night vision, Chianti and Anthony Hopkins creepy for all of eternity.

2. "The Ring"- I watched this movie around midnight alone at my house shortly after it came out. It scared the bejeesus out of me, especially when I got a phone call in the middle of it. It creates suspense and promises to thrill the entire film. After you've seen it once it never hits quite the same way again, but it practically stops your heart the first time around.

1. "Psycho"- Alfred Hitchcock's famous classic still has the power to make it hard to hop in the shower or to enter a rundown motel on a road trip. The final scene will forever send chills up anyone's spine and is a perfect choice to finish off a Halloween movie marathon for young and old alike.

Fact or fiction: 'The Poughkeepsie Tapes

By KAYLA CAPPIELLO Staff Writer

The movie, "The Poughkeepsie Tapes" has created quite the buzz here at Marist College. The documentary-style film is quite convincing with all of its seemingly real interviews with the police, FBI, family and friends of the victims involved. However, even the video clips of the victims being tortured, claimed to be from an actual library, are fake.

The movie is loosely based on actual crimes that did in fact happen in Poughkeepsie, NY between 1996 and 1998.

The killer's name was Kendall Francois (not James Foley as in the movie). Over the course of two years, Francois killed between 8 to 10 prostitutes; however, the killings were not videotaped.

After the abduction of many Poughkeepsie women, Francois was finally caught.

One woman, who had been abducted by Francois, fled to a local gas station where she was picked up by Poughkeepsie police and brought to the local police station. There, she filed a complaint against Francois. That same day, the Poughkeepsie police brought Francois in for questioning. He was then charged with a single count of murder and the police consequently drew up a search warrant for his home at 99 Fulton Ave.

Once searched, the police found the bodies of many of Francois victims. Francois was then charged with eight counts of first degree murder, eight counts of second degree murder and one attempted assault charge. He finally pleaded guilty in court and was consequently sentenced to life in prison without pa-

role.

The movie is loosely based on actual crimes that did in fact happen in Poughkeepsie, NY between 1996 and 1998.

Although this synopsis does sound like a horror film, this in fact is not the same premise as "The Poughkeepsie Tapes." "The Poughkeepsie Tapes," a "mockumentary", documented a fictional crime scene in Poughkeepsie, N.Y. The interviews shown in the movie are not factual. The people, names and places in the movie are not factual either. Comically, the movie was not even shot in Poughkeepsie. "The Poughkeepsie Tapes" was actually shot in California.

Throughout the movie, James Foley, the Water Street butcher,

murders eight prostitutes, similarly to real life; however, he videos each one. In reality there were no video tapes.

In the movie, the killer buries the bodies in the yard of a Poughkeepsie home. In reality they were discovered in his Poughkeepsie home. Similarly to real life, there was one sole survivor. This is how both killers, James Foley and Kendall Francois were discovered. In the movie, Cheryl Dempsey is the woman who flees the killer's home. Cheryl Dempsey does not actually exist.

"The Poughkeepsie Tapes" is not a factual movie. It may be based on some similar facts to the killings by Kendall Francois; however, there are many differences.

Interestingly enough, after the release of the movie, the director claimed he had never heard of Kendall Francois.

Pumpkin Recipes

By CHRISTINE SAVOIA Staff Writer

With Halloween approaching, there's no better time to practice your culinary skills with some fall recipes — and what better autumn ingredient is there than pumpkin? I've compiled some yummy pumpkin-inspired recipes that you're sure to love — or will at least have your house smelling delicious.

Pumpkin Bars Perfect for your sweet tooth!

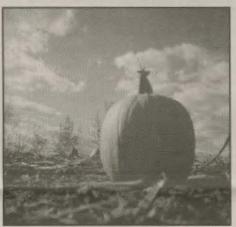
Preheat oven to 350 degrees.

Beat 4 eggs, 16oz. canned pumpkin, 1 1/3 cups sugar, and 1 cup cooking oil. Add 2 cups flour, 2 tsp. each of baking powder & cinnamon, and 1 tsp. each of baking soda & salt.

Spread batter into ungreased baking pan and bake 25-35 minutes.

Cream cheese frosting: beat 3oz. of cream cheese, ¼ cup margarine, and 1 tsp. vanilla.

Cool bars, spread with frosting, and sprinkle with chopped nuts.



MATT CALLOW/FLIKR.COM

Enjoy some pumpkin based recipes this Halloween.

Pumpkin Pancakes Yes, pumpkins for breakfast, and it's easy, too!

Separate 2 eggs. Combine 1 cup all purpose flour, 1 tbs. sugar, 2 tsp. baking soda, ¼ tsp salt, and ½ tsp. ground cinnamon in a bowl.

In a separate bowl, whisk together ½ cup pumpkin puree, the egg yolks, 1 cup milk, and 2 tbs. vegetable oil.

Combine wet and dry ingredients.

Beat egg whites until peaks form and mix into batter.

Pour ¼ cup of batter on greased griddle and cook until both sides are golden brown.

Serve with syrup (Tip: Pour batter into a waffle maker for pumpkin waffles!).

Ten strangest fears

By CHRISTINA O'SULLIVAN Staff Writer

Not your typical haunted house or horror movie spooks.

1. Caligynephobia: Fear of beautiful women. Suffered by: every teenage boy.

2. Geniophobia:

Fear of chins. This raises a lot of questions. Are these people scared of looking at chins?
Touching them? Are they petrified of Jay Leno? What about cleft chins? Really scary or not so much? And what about beards? Would hiding the chin with a bushy beard be the solution? Or would it be really scary because of the suspense? And when they are pondering something, what part of their face do they stroke? Hmm.

3. Phobophobia: Fear of phobias. Even crueler

4. Hippopotomonstrosesquippedaliophobia: Fear of long words. Crueler

5. Ephebiphobia:

irony.

Fear of teenagers. Rejoice, crotchety old men, your inexplicable vendetta against any. young people who seem to mock your sad lonely life by having a little fun finally has an excuse.

6. Chorophobia:

Fear of dancing. Wait. A life without "Glee?" Or wedding receptions? Or Hatters?! Is that a life at all?

7. Lachanophobia: Fear of vegetables. Right, so that time when I was seven and refusing to eat my broccoli, I wasn't being a brat, I was the victim of a terrible case of lachanophobia. And my heartless mom sent me to my room! Some people are so insensitive.

8. Pternophobia:

Fear of being tickled by feathers. Yes, I am so scared of being tickled by feathers too. If only we lived in a place where we weren't constantly confronted with the prospect of being tickled by feathers, like anywhere that's not a first grade classroom.

9. Zemmiphobia:

Fear of great mole rats. These people have clearly missed out on some classic episodes of "Kim Possible."

10. Arachibutyrophobia:

Fear of peanut butter sticking to roof of mouth. okay, I find this mildly annoying too, but we can't just categorize every minor inconvenience, like looking up long words or remembering to eat vegetables, into legitimate fears...oh wait.

Ghosts have some competition.

PEASAP/FLICKR.COM

Pumpkin Oatmeal Cookies - A twist to a classic snack!

Preheat oven to 400 degrees.

In a mixing bowl, stir together 1 ½ cups flour, 1 cup sugar, ½ tsp. baking soda, ¾ tsp cinnamon, ¼ tsp. nutmeg, and 1 tsp. salt. Stir in ¾ cups shortening until the mixture is crumbly, then add 1 beaten egg, 1 cup canned pumpkin, 1 ¾ cup oats, and 1 cup raisins (or chopped nuts).

Drop teaspoonfuls of dough onto an ungreased cookie sheet and bake 15 minutes.



ED YOURDON/FLICKR.COM

Coing all out for Halloween this year?

Let us know what you dressed up as; send us your photos!

E-mail pictures of your
Halloween attire to
writethecircle@gmail.com and
we'll run photos of the best
costumes in next week's issue.

Soccer halts early MAAC struggl

By SCOTT ATKINS Staff Writer

The Marist men's soccer team stretched its unbeaten streak to four games this weekend soccer after matches against Loyola and Rider.

The Red Foxes welcomed Loyola to Tenney Stadium at Leonidoff Field Friday night in what was their sixth straight MAAC conference game. It was a meeting of two hot clubs as Marist was coming off two straight wins, and Loyola was unbeaten in the conference at 3-0.

"It was a good game between two good teams," coach Matt Viggiano

After a scoreless first half, Marist freshman Stephan Brossard struck first when he netted his sixth goal of the season in the 56th minute. The Greyhounds responded quickly with a goal 38 seconds later to even the match up at one. The seesaw battle continued as sophomore Krystian Witkowski turned a Loyola turnover into a goal for the Foxes, and recaptured their one goal lead. But in the 88th minute, Loyola junior Eddie Dines evened the game with what was a controversial goal.

"The goal they counted at the end was a little tough," Viggiano said. "My guys said it didn't go in, and if it was over the line it wasn't by much."

Dines' tally was the final goal as the match ended in a 2-2 draw. Marist outshot Loyola 15-13 and was the first MAAC team the Greyhounds did not walk away with a victory over.

The Foxes then finished their



RYAN HUTTON/THE CIRCLE

The Red Foxes were ranked in the National Soccer Coaches Association of America (NSCAA) North Atlantic Regional poll for the eight consecutive week this season.

two-game home stretch on Sunday afternoon with a match against Rider, who entered Poughkeepsie with a 1-3 conference record. Marist got off to a slower start than

Viggiano would have liked, as they missed several chances to score and entered halftime with a 0-0 tie.

"We kind of let them hang around and made it interesting," he said.

"We weren't exactly sharp coming out, but we were the better team and we deserved to win."

The Foxes eventually took the lead after junior Joe Touloumis put the ball in the back of the net in the 73rd minute. Lucas Szabo then converted on a penalty kick to put Marist up 2-0, which is how the match ended. For Touloumis, it was his third game-winner and fifth goal on the year. The Foxes once again outshot their opponents with 10 shots on goal to the Broncos' seven. Junior goalkeeper Joe Pilla made seven saves, including five in the first half, and put up his fifth shutout of the season.

After beginning conference play with two straight losses to Fairfield and Iona, Marist (7-6-2, 3-2-1 MAAC) has been on a tear, going unbeaten in their next four. Viggiano was proud of his team for not losing their confidence during their initial slide.

"There are a lot of reasons for us dipping a little bit" he said. "We had some injuries [and] some guys were in and out of the lineup. You start to get fatigued after a while. But I think the guys have really come together and matured as a group."

Viggiano and his squad are now focused on their end goal, which is a birth in the NCAA tournament.

"Now they see that the final four is right there in front of us," he said. "Sometimes the season can be so grueling that you don't focus on the goal, but now the goal is there, it's very, very attainable."

Next up for Marist will be Canisius on Friday, Oct. 30 in Buffalo, N.Y.

Red Foxes defeat Peahens and Saints, continue hot streak

By VINNY GINARDI Circle Contributer

The Marist women's volleyball team continued its hot streak on the road this past weekend, earning victories at Loyola and Saint Peter's.

The Red Foxes only needed three sets to defeat the Loyola Greyhounds at the Reitz Arena on Saturday, sweeping the match 27-25, 25-22, 25-

Marist then traveled to Saint Peter's on Sunday and defeated the Peahens at the Yanitelli Center in four sets, winning 26-24, 17-25, 25-11, 25-16.

Marist (14-9, 8-4 MAAC) won three close sets to sweep Loyola. A back and forth first set saw seven ties and five lead changes. Marist led 24-22 before Lovola fought back to tie it 24-24. With the score knotted up 25-25, the Red Foxes used kills from freshman

Katie Estes and junior Lindsey Schmid to take the first set 27-25.

"That was obviously huge to stop the momentum," coach Tom Hanna . Marist this weekend. On Monday, said. "They were starting to be in control of the match emotionally and fortunately we were able to take control."

The Red Foxes hit .238 for the match while Loyola hit .236.

On Sunday, Marist defeated Saint Peter's in four sets. Trailing 24-23. the Red Foxes scored three consecutive times to secure a victory in the first set. Marist never trailed during the third set and carried that momentum into the fourth set, winning

Outside hitter Alexandra Schultze led the way for the Red Foxes. Schultze hit .525 for the match, while also contributing 23 kills and 15 digs to help Marist clinch the match.

"They couldn't stop Alexandra,"

Hanna said. "She made some real quality shots throughout the game."

Emily Brosky led the defense for Brosky was recognized for this weekend's efforts by being named the MAAC defensive player of the week. During Saturday's match, Brosky tallied 14 digs against Loyola and then had 19 digs on Sunday against Saint

"It was nice to get her get some recognition," Hanna said. "She's also done a great job passing the ball for us. Her ability to pass and get us in the system is definitely a difference maker."

The victory against Saint Peter's on Sunday was the fourth in a row for the Red Foxes. After this weekend's results. Marist moved into third in the MAAC standings, behind Fair-

"We've won four in a row and want

to keep that ball moving downhill," Hanna said.

Marist will look to continue its hot streak when they travel to play Manhattan on Saturday and host Iona on Sunday.

Sunday's match against Iona will be hosted by "A Rae of Hope." This will be the final event in support of Marist volleyball player Raeanna Gutkowski, who is fighting against Osteosarcoma, a type of cancer.

There will be no admission fee for the game, but donations will be accepted and all of the proceeds will go directly to Raeanna's medical expenses. Prizes will be raffled off, including the grand prize of a free weekend ski trip at Hunter Mountain. "A Rae of Hope" encourages the Marist community to show their support for Raeanna.

This event will take place Sunday, Nov. 1 at 2 p.m.

From Page 16

With two home games remaining, football to host Valpo

pass to give the Eagles a 14-0 lead in the second quarter, but also their last points of the contest.

Although the Red Fox defense allowed two first quarter scores by the Eagles, they only surrendered 245 total yards.

"It was just us figuring out their offense, and making the adjustments at halftime," Coughlin said. "We knew that we could pitch a shutout in the second half.'

Marist will host Valparaiso during its next contest on Halloween day. Currently, the Crusaders are 0-4 in PFL play.

"They've [Valparaiso] had a lot of injuries, which has slowed them

down," Parady said. "Athletically, their secondary is as big as we've seen and they move well. Their linebackers are all 220 [pound]-type kids. Physically they're going to be a challenging defense."

Currently, with a 3-2 record in the PFL and in fifth place, another league win would severely help the Red Foxes' chances of moving up in the standings with only three conference games remaining.

"The league is very good, and every week we play at least a decent team," Coughlin said. "Anything can happen from week to week, but we're definitely confident we can pull off a win this week."

The Fox Trot

ST Quick hits of the week in Marist athletics



RYAN HUTTON/THE CIRCLE

Marist women's coach Brian Giorgis looks to lead his team to its fifth straight MAAC Championship. On Tuesday, the team was predicted to finish first in the conference.

NEW YORK, N.Y.- The 2009-2010 MAAC preseason coaches' poll results were released Tuesday at the MAAC Media Day held at the ESPN Zone in New York, N.Y.

The Marist women's basketball team, which has won four consecutive conference championships, has been chosen as the team to beat. Senior forward Rachele Fitz was selected as the Preseason player of the year and was joined by junior guard Erica Allenspach on the preseason All-MAAC first team.

On the opposite end of the spectrum is the Marist men's basketball team, who was selected to finish 10th in the MAAC. Siena was chosen as the conference's pre-season favorite, followed by Niagara and Rider.

In 2009, Marist finished 10-23,

winning just four of 18 conference games.

Still rebuilding, the Foxes will feature many new faces this upcoming season, including seven freshmen.

"I'm really excited about the nine new faces," said second-year head coach Chuck Martin.

Marist women will open the 2009-10 campaign at the McCann Center on Friday, Nov. 13 against North Carolina A&T in the first round of the Preseason WNIT. The men will begin the season at Rutgers on Saturday, Nov. 14.

Comprehensive men's and women's basketbal previews will be featured in future issues of The Circle.

-Compiled by Jim Urso

POUGHKEEPSIE, N.Y.- After a disappointing 3-0 shutout at Siena to end regular season play, the Marist women's soccer team will travel to Lake Buena Vista, Fla. to face Saint Peter's in the first round on the 2009 MAAC Tournament.

The Foxes will play Saint Peter's on Thursday in order to advance in the tournament. Since Marist failed to finish in the top six in the MAAC standings, Marist failed to get a first round bye.

The team and their coach, Elizabeth Roper, know their disappointing shutout against Siena was not their best effort, and is confident they will have a better showing in the tournament.

"I feel we have nothing to lose," Roper said. "You can only do better and I think they feel the game against Siena was probably our worst in conference and not representative of how competitive we've been."

Marist faced Saint Peter's earlier in the season, and defeated them 5-1. On Friday, Oct. 23, Saint Peter's played the top team in the conference, Loyola, to a 1-0 loss in overtime. The Peahens may have taken confidence from that game, and the Foxes should be wary to overlook them.

"I know not to take Saint Peter's lightly," Roper said. "They have been very competitive, most recently on Friday they took Loyola to overtime. I'm sure they're going to dig in and get right in the trenches and it's the same attitude we have, you have nothing to lose."

The 2009 MAAC women's soccer tournament begins on Thursday, Oct. 29 at Disney's Wide World of Sports Complex.

Every team in the MAAC qualifies, but the top six teams received a first round bye. Marist just missed out by finishing seventh in the conference, thus it will have the play-in game against Saint Peter's. The other play in game will be between Rider and Manhattan.

"Everybody wants to get out of that first round and be able to continue to play, and play on Friday," Roper said.

-Compiled by Rich Arleo



Corrections

The Marist Circle sports staff would like to bring to light mistakes we have made in past weeks and extend our apologies to those affected by the mistakes.

Page 12- The women's soccer photo is actually of graduate Mallory Inglese, not freshman Nicole Kuhar.

Page 10- The tennis picture is of Loic Sessagesimi.

10-15:

Page 11- The volleyball photo is of Emily Brosky.

Page 11- In the Red Hot Fox story, we accidentally referred to wide receiver Kevin Fitzpatrick as Ryan Fitzpatrick.

Red Hot Fox: Marist's star athlete of the week

By SCOTT ATKINS Staff Writer

For many athletes, the pressure of the spotlight when the game is on the line is overwhelming. They crumble, and with them so does their team's hope of victory. Then there are those like Joe Touloumis; a different breed of athlete that relishes the spotlight, and is at his best when the game is on the line.

With his goal in the 73rd minute of Sunday afternoon's conference matchup against Rider, the junior forward recorded his third gamewinning goal of the season.

"The competition goes up," Touloumis said. "Every touch counts, every pass counts. You've got to push yourself a little harder to get a competitive edge over the other team."



Joe Touloumis Junior - Soccer

Unfortunately, the injury bug has bitten the Red Foxes this year. Numerous key players have suffered injuries that have lingered all season long. Touloumis is one of the few stars of the squad to make it through the entire year free of any

major injuries. In fact, he has not his college career.

"Thank God I haven't had any real injuries since freshman year," Touloumis said.

His health is one of the contributing factors to what has been an impressive three years at Marist. Freshman year, Touloumis made 11 starts and scored three goals. As a sophomore, he netted four goals, all in conference games. He was named to the ESPN Magazine/CoSIDA academic all-district I second team, as well as to the MAAC all-academic team. This season, he's already collected a career-high five goals.

The humble Touloumis attributes his steady growth to "hard work and consistency," but also makes it a point to appreciate his team-

"The team is maturing as a been seriously injured throughout whole," he said. "When I came in we were a young team, so the same kids have been around me for the past three years, and I feel like everybody's getting better. We're really starting to gel and work together very well."

Touloumis and the Red Foxes have their eyes on the top four spots with three regular-season conference games remaining before the MAAC Tournament, and he is as hungry as ever.

"Basically, we want to win them all," he said. "Because if we don't there's a chance we won't control our own destiny. And if we do, then nobody can take away the final four from us."

Volleyball to host Iona Sunday

Thursday, October 29, 2009

www.maristcircle.com

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Second half comeback leads to victory

By PHILIP TERRIGNO Sports Editor

Although a bye week affords a football team the opportunity to rest and heal its players, it doesn't guarantee a peak performance for the football next game. This was the case for the Marist College Red Foxes who overcame an extremely slow start to defeat the Morehead State University Eagles 24-14 on Oct. 24.

"We had to get the rust off because we had the bye [week]," junior linebacker Kees Coughlin said. "We didn't come out firing on all cylinders ready for the game"

Trailing 14-0 at halftime, Marist scored its first points of the game 42 minutes into the contest after senior quarterback Chris Debowski found wide receiver James LaMacchia for a 58-yard touchdown pass.

That touchdown was the start of an offensive outburst from the Red Foxes that saw them score 24 unanswered points to seal the victory, improving their Pioneer Football League record to 3-2.

"Debowski hit the long pass to get us back to 14-7 and that gave us a whole lot of confidence," coach Jim Parady said. "With that new confidence, we got some short fields and the offense put it in [the end zone] with the opportunities."

Freshman kicker Jason Meyers converted a 31-yard field goal opportunity with just under 10 minutes remaining in the contest to make the score 14-10.

Marist forced the Eagles into a three-and-out on its next possession, and senior running back O'Neil Anderson capped a four-play, 56-yard drive and gave the Red Foxes their first lead of the contest after scoring on a six-yard touchdown run, making the score 17-14 in favor of Marist.

Of the Eagles nine possessions in the second half of the game, eight ended in three-and-outs.

Morehead State's only trip into Marist territory during the last two quarters resulted in a fumble recovery by defensive tackle Brock Flynn, who returned it for 55 yards.

Three plays later, Debowski found junior fullback Greg Whipple in the end zone for a six-yard touchdown pass to close out the scoring for the contest at 24-14.

Coming into the contest, the Eagles were ranked as the fourth overall defense in the PFL and their strength on that side of the ball was evident in holding Marist scoreless through the first two quarters.



RYAN HUTTON/ THE CIRCLE

Defensive lineman Terrence Fede tries to make a play for Marist. With their win over Morehead State, the Foxes are now 3-2 in the PFL, good for a fifth-place standing.

"Their [Morehead's] front seven outplayed us in the first part of the game," Parady said. "Physically, they handled us and that was the key early on."

The Eagles defense had 12 tackles behind the line of scrimmage, including three sacks, and was bolstered by linebacker Wes McDermott, who added 18 tackles.

Anderson, Marist's leading rusher with 77 yards, gained well below his season average for rushing yards per game.

"They played great defense, with a

great defensive line," Debowski said. "We had trouble blocking them, but as the game went on they just got tired and we were able to take advantage."

Jerrod Pendleton gave the Eagles their first touchdown of the game on a two-yard rush following a nineplay, 74-yard drive in the first quarter

Morehead State quarterback Evan Sawyer found wide receiver Jaison Yoshimura for a 23-yard touchdown

Sun. 12 p.m. - 11 p.m.

SEE FOOTBALL, PAGE 14

