# All-American Rejects 'move along' to Marist 

## MTV favorite performed in McCann Center as part of Verizon Wireless Campus Tour

## On Oct. 5, 2006, the autumn

 cold was biting at the students waiting to see the All-American Rejects at the McCann Center. Despite that fact, the spirit at Marist's annual fall concert was hotter than ever.After two successful spring concerts last semester, Marist's
Student Programming Council Student Programming Council exceeded expectations yet again, bringing the Verizon Wireless Campus Tour to the McCann Center. The tour, featuring Damone, Ima Robot, Under the Influence of Giants and the AllAmerican Rejects, drew large numbers to McCann for an 8pm show.
The first opener, Damone, had a 1970's rock and roll vibe that imparted itself onto a wide-eyed and excited audience. Comprised of Noelle LeBlanc, Dustin Hengst, Mike Woods and Vazquez, they brought a new style to a stage to be graced with indie and emo acts throughout the evening.

Due to the style difference some, like sophomore Mike Dozois said they found them to be a little off-putting.
"I am not into the whole "old rock and roll" and "long hair
band rock and roll"" he said, but praised Noelle on her voice quality.

Ima Robot was second to the stage, composed of Alex Ebert, Timmy Anderson, Andy Marlow, Filip Nikolic and Scott Devours. Filled with immense energy, the new-wave-esque music resonated across the stage as Alex made his away across. Memorable moments included Andy excitably twitching across the stage, as well as using a gear cage, as well as using a gear case as
Jetta.
Roun

Rounding out the openers was Under the Influence of Giants. Under the Influence of Giants.
Hailing from Los Angeles, the Hailing from Los Angeles, the indie pop band consisting of Arow Bruno, Jamin Wilcox, Drew Stewart and David Amezcua blasted onto the stage in glam-rock reminiscent white pants and blazers.
Although many went to the concert just to see the AllAmerican Rejects, Under the Influence of Giants had their fair amount of fans in the audience, like Colin Rand, sophomore.
"Personally, I went for Under the Influence of Giants" Rand said. "The All-American Rejects are good, but I'm more of a fan of the Giants."

At about $10: 30 \mathrm{pm}$, the AllAmerican Rejects took the stage


AI-American Rejects lead singer and bassist Tyson Ritter gives an enthuslastic thumbs up after the concert, held last Thursday in McCann.
Playing songs from their self- brought the McCann Center to a rocking out to the best of his "I would have died for the Alltitled debut, as well as their new roar, especially after their first abilities. American Rejects," Fuller said. titled debut, as well as their new roar, especially after their first abilities.
release Move Along, Tyson single "Swing, Swing." Ritter For some, like freshman Cindy Prior to the concert, on-campus release Move Along, Tyson single "Swing, Swing." Ritter For some, like freshman Cindy
Ritter, Nick Wheeler, Mike kept the crowd involved, talking Fuller, it was a memorable first SEE BAND, PAGE 3


A backhoe begins digging a hole that will help provide drainage the new and improved Leonidoff Field, slat ed for completion in spring 2007. Once completed, it will boast new concrete bleachers and Astroturf.
Toastmasters aim for official club status

By MATT SPILLANE Staff Writer

You may not have heard about the Toastmasters International club at Marist College, but the worldwide organization has had a chapter on campus for three years. It is currently in the process of receiving official "club" status, a step calculated to help the club reach more stuhelp the club reach more students and get its name out round campus.
According to the organization's
The Circle
845-575-3000 ext. 2429 writethecircle@gmail.com Poughkeepsie, NY 12601
website, International teaches basic munication skills that are vital in all different fields of work. Although the Marist chapter has primarily reached out to business majors and Toastmasters at large is popular in the business world is popular in the business world,
the organization hopes that students of different concentrations dents of different concentrations will see its universal benefits. Skills such as delivering public tively, and developing stronger

> leadership qualities are neces-
sary to succeed in any line of work, according to the website The club's vice president, senor Tim Johansen, also stressed that communication is vital to every profession, no matter what it is. Whether you are an English teather or a CEO, these skills will make your job easier and will make your job easier and your work more productive, helpansen said. "That's why it is helpful to anybody and every-

SEE
SEE TOASTMASTERS, PAGE 3

## HEALTH: RELIEF CAN SOMETIMES SEEM LIKE A PAIN IN THE NECK

A look into the history and current state of acupuncture.

## Students search for potential jobs

By JAMES MARCONI News Editor

Before throngs of screaming fans lined the stage to hear the All American Rejects last Thursday, the McCann Center brimmed with corporate representatives and students in neat sentatives and students in neat
business attire. At the annual business attire. At the annual Career Networking Conference hosted by the college, both prospective employees and
employers were hunting for the employers were hunting for the
right connection. right connection.
Representatives from approximately 75 employers in varying fields - including ABC/Capital Cities-Disney, Bank of America, IBM, and Madison Square

Garden - attended the confer- opportunity to promote the ence. While resumes were being Wells-Fargo name through good passed out, employers from public relations. Co-representasome companies said that they tive Allan Truex agreed, adding were also looking intently at students' personal traits.
"First impressions are always very important," said Ameriprise Financial representative Robert Dolliver. And making that good said impression is "really just about being personable. [We want] someone who can communicate and articulate what they're looking for."

Wells-Fargo representative Jennifer Garcia also said that while her company was looking for "a few good employees," the career conference afforded the that in person it is harder for both students and employers to take measure of each other.
"Here at a job fair, it's more pressure, face to face," Truex aid.
Students interviewed also said that this kind of an event was stressful because with graduation mere months away, the need for employment was in the forefront of their minds.
"As a senior, it's a big pressure; as soon as you get out of SEE CONFERENCE, PAGE 3

## Abroad fair opens world to students

 Staff WriterThe Chinese philosopher once said that a journey of many miles begins with just one step. The Marist Abroad Program provid Marist Abroad Program provided that one step for students who The Abroad office hourney. in the Rotunda on October 4 in the Rotunda on October 4, 2006 during activity hour. Students worked tables that represented the many opportunities a Marist student has to travel and learn about another culture. They showed off pictures depicting their experiences with the programs, shared stories as well as
advice to debating students. and looking at perspective counAdministrators were also nearby tries to spend a semester or two. to answer any additional ques- Freshman Jeanne Sihknsel ions the students may have had. walked around with a friend at Seniors Chris Jennings and the fair.
Kevin Keeler were two of the "I think it's a good life experistudents who were available to ence instead of staying on camdiscuss their experiences. The pus all four years, to go and pair spent a semester in Australia experience different things," she and shared advice with those said
who considered the Land Down When asked where she wanted Under to go, she said she was looking broad," said reason not to go to go to both England and "road, said Jennings. "They Ireland. make it so easy.' You just have to The fair did not just exhibit the look into it with an open mind." semester or year long programs Students from different years but many short-term programs. mingled in the Rotunda, talking

## A\&E: KEEP EARS AND 'EYES OPEN' FOR SNOW

 PATROLThe band releases brand new album, complete with Picasso-like cover.

## THURSDAY, OCTOBER 12, 200

## Security Briefs

## Majority of students stay out of trouble in quiet

 time while Family Weekend is in Po-Town
## By ANDREW MOLL

Leader in homeland security
would have figured?! Parents Weekend edition of the security turned into a penitenbriefs! It's the weekend tiary/hospital/rehabiliwhere the students act tation center. like responsible young adults and pretend that $10 / 4-12: 20 \mathrm{AM}$ they haven't spent every other weekend here going out and getting drunk. Conversely, this means a lot less work for not only for me, but also for SNAP, who get a few days off from catching bad guys, Cops-style.

10/3-7:05 PM


An intoxicated student was found in the Fontaine parking lot, presumably protesting the modismissal of ms Worsell. But really, 7:05?! You were that drunk at $7: 05$ on a Tuesday?! It may be time to re-evaluate what you're doing with your life.

10/3-11:27 PM

St. Francis received a young female student who had a little too much to drink. Take a It's.....Leo! Wow! Who ards.

10/3-7:05 PM
guess as to what dorm Apparently K\&D has to they live in. Come on, cornered the market on take a guess. Give up? golf cart-riding drunk-


10/4-2:00 PM
to add to the décor. go back to her room, Security had the student bring the chair back to where they found it. I'm actually surprised this doesn't happen more often. Come to think of it, a new chair would be it, a new chair would be
pretty nice...

In Marian Hall, the
"Lock It or Lose It" campaign was tested out, and there were seven rooms found to be seven rooms found to be unlocked with no one in them. Come on people, it's not rocket science. We're just looking out Some of us quite literally. Like, we're looking at it, then we're tak-
ing it.

## $10 / 5$



In Gregory, the RD observed a student with a pellet gun, which was confiscated and given to security. Damn you Charlton Heston, damn

10/8-9:20 PM


A Champagnat resident reported that their iPod and digital camera were missing, and the Town Police were looking into the report. I can't imagine losing my iPod. I'd rather you just iPod. Id rather you just go and stab me right in the back or something. And I only have a regular iPod, not one of them fancy pornPods or nothing. Of course, the pornPod doesn't have pornPod doesn't have numerous Mountain Goats albums like mine does, so it's a toss-up, really.
Upcoming
Campus Events

Friday, Oct. 13 Red Fox Tip-Off - 8 p.m. - McCann Center Fieldhouse

Friday, Oct. 13 -
Women's Soccer vs. Rider - 7 p.m. Leonidoff Field

Friday, Oct. 13 MCCTA presents "And Then There Were None" - 8 p.m.

Friday, Oct. 13. SPC presents You, Me, and Dupree - 10 p.m. Performing Arts Room

## Saturday, Oct. 14 -

 MCCTA presents "And Then There Were None" -8 p.m.Saturday, Oct. 14 SPC presents You, Me, and Dupree - 10 p.m. Performing Arts Room

Sunday, Oct. 15 Wegen's Soccer vs. Loyola (Md.) - 1 p.m.*

Sunday, Oct. 15 MCCTA presents "And Then There Were None" - 2 p.m.

Oct. 11 - Oct. 15
Woodstock Film Festival

* denotes home game being played at Vassar College

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| The Circle staff can be reached at $575-3000 \times 2429$ or letters to the editor can be sent to writethecircle@gmail.com. The Circle can also be viewed on its web site, www.maristcircle.com. |  |  |

# Hot band hits Marist on whirlwind tour 

events were held with Verizon Verizon out of it. I understand Wireless staff handing out meet Verizon is the one who funded and greet passes, as well as other the whole thing and they had to prizes, like tee-shirts. At the show, a big screen was up between acts where people could ext message photos and words oo be displayed on the screen.
Despite the ingenuity of the idea, many, like Dozois, lamented the preponderance of Verizon advertising that was laced throughout the on-campus and at-show events.
"They should have kept

## Career Conference matches students, jobs

here, you're looking to get a stressful aspect of the process. job," said senior Kevin Bende. At this type of a conference where first impressions can really make or break, the name of the game is networking, said senior Megan Murphy. She said she hoped to "meet people that work in [my] field, kind of getting my feet wet."
Preparation beforehand is also Preparation beforehand is also Bethany Bohlin. For her, this Bethany Bohlin. For her, this
meant research into the compameant research into the compa-
nies that she might be interested nies that she might be interested in, and writing her resume,
which proved to be the most At the conference itself, the idea was "mainly just getting out there and marketing myself," Bohlin said.
Similarly, senior Eukydis Webb had his resume in hand at the conference. Having previously attènded two conferences, the sports communication major said that he hadn't done too much prior to coming that day much prior to coming that day
aside from consulting with some aside from consult
"I bought a nice shirt - you want to look presentable," Webb said.

## Opportunities offered for abroad experience

These programs run during the programs to decide. It offers breaks, such as winter break or chances. Like Tunisia. Who spring break, and last two weeks. The programs vary and offer opportunities to students of any major. They range from studying Shakespeare in England to fashion in Southeast Asia to religion in Berlin and Prague.
Trisha Seminara helped run the abroad fair as a campus recruiter for the Marist Abroad office. The senior commented on the popularity and number of short term programs.
"Kids are afraid of spending an entire semester abroad," said Seminara. "Three months seems like such a long time. Of course, it isn't when you are there."
"It's good for people on the fence. They use the short term
would ever consider going to Tunisia at first? They have great professors who run great programs," said Seminara.
The Marist Abroad website has information about the various programs it offers for any student who missed the fair and considers going abroad. Outlines of both semester/year long proof both semester/year long pro-
grams as well as the two week grams as well as the two week ones are posted online.
Applications are also available. Applications are also available.
Those interested need only to Those interested need only to
take the first step on their journey.
Keeler gave a piece of advice for those who plan to travel abroad or think about it. "It's what you make of it," he said.

## Toastmasters Club aims for official status

Toastmasters' meetings more interest. It may only have a include open discussions that small number of members right lead to short, five minute speeches by the students that are evaluated by experienced professors. Veteran members like Tim end up giving speeches that last about twelve minutes. That kind of communication exercise forces speakers to prepare, think about, and deliver speeches on a constant basis. Johansen emphasized that the experience and "comfort level" that comes from so much practice is invaluable. The club hopes to be affiliated with the school by the end of this semester, but it might not be official until the spring. The added support and funding by the school will undoubtedly help Toastmasters to expand and draw


This one's for the kids By MICHAEL MALONEY Circle Contributor

Freshman year. It makes up one-fourth of your college "experience," and one year of my life that couldn't be described in only one word But for fun, if I did have to choose one word, it would probably be, judicial. I had the privilege of living on Leo Hall's first floor for the duration of my freshman year here at Marist College. It was a floor full of individuals who came together to dabble in activities that resulted in activities that resulted in floor of the week board. We floor of the week board. We were a group that rallied together to remove our RA:
An individual who had no business having the slightest authority over anyone other than himself.

Leo first floor, or "Leo Crew" as we were soon referred to, were a group who at first semester's end needed to have a security guard posted in the hallway, in an attempt to prevent further mayhem. Over Christmas break, each resident on the floor was mailed a letter from the Office of Housing from the Office "number of incidents involving alleged violations of the College's Code of Student Conduct." We were granted "one final opportunity to focus on academic achievement and positive community development." If we continued our ways a process was going to begin "administratively relocating residents to other areas." I personally was asked if I would like to be moved to atrither floor or moved tp another floor or
another building if I felt it another building if I felt it
would keep me out of further would keep me out of further
trouble. Obviously I wasn't trouble. Obviously I wasn't
leaving the best floor at leaving
You're probably asking yourselves, how is this feat accomplished? Well, it's not something that happens over one night but rather numerous nights of setting off the fire alarm (both intentionally as well as accidentally; Sometimes, 33 minutes is too long to warm up a Pop-Tart). Nights where an argument can only be settled by throwing all only be settled by throwing all
the honey mustard packets you the honey mustard packets you
have at your buddy's door. have at your buddy's door.
And not to be out done, you respond with eggs. However, one slips out of your hand and
p three doors down, leaving your RA's door covered in yolk.
The incidents mentioned in our letters read as followed, "from super gluing locks shut, setting off fireworks in the hallway, and ongoing vandalism in the hallway and bathroom, it is to be understood that this will stop immediately."

The motives were rarely driven by a destructive desire, but more by the immature child in all of us. Who doesn't want to steal 183 cups from the cafeteria, stack them into a pyramid in the hallway, and then try to see how many will shatter as a hockey puck comes flying out of a water balloon launcher right at them? You've got to take advantage of the time your. RA has a night class.

To reiterate, these events were done for practical fun. For example, antiquing. Who doesn't want to see a kid come out of his room at two in the morning covered in flour?
Besides, I am a firm believer in karma. Anyone who super glues their RA's door shut and a week later puts a trash can full of water leaning on his door, with the sole purpose of turning his room into splash town, has got something coming their way. We all knew our inappropriate yet comedic incidents could end with a visit to the Office of Judicial Affairs, but it all seemed like a good idea at the time.
It was second semester when things slowed down; the floor won floor of the week honors $\mathrm{f} p \mathrm{~g}$ the first time. The award wouldn't have been possible had not for the new RA who came in. He was the type of guy whose respect was something you wanted; something we were previously unfamiliar with.
In conclusion, all the members of the floor have moved on to different housing throughout the college. However, that distance hasn't stopped us from seeing one another, especially since we all continue to attend our favorite club's meetings, Asian Alliance. But just because we Alliance. But just because we no longer live in Leo doesn't mean the trouble has slowed down, especially in Benoit and Gregory. The only thing left to
be said is, "peace 1." be said is, "peace 1."

## News Briefs

## World News

North Korea detonates nuclear bomb in test

## The Democratic People's Republic of Korea (North Korea) cen-

 ducted a nuclear lest on Monday, inititating a string of internutional cribicisms and condemnations, most notably by Japan and theUnited States. North Koraa had previously announced it intenUnited States. North Korea had previousty announced its inten-
tion to conduct such tests, cliciting worried responses intemationtion to conduct such tests, eliciting worried responses intemation-
ally

- President Busth has ulready denounced the action, and ambassa--President Bush has already denounced the action, and ambassa-
dor to the United Nations John Bolton has called for the Security Council to mete strict economic sanctions sgainst North Korea.
There is some dot as to the snceess of the hlast: smme sources There is some doubtas to the success of the blast: some sources report dast it was only haif a kilotom, very small as far as nuelear explosions are measured.

Iran want completion of nuclear program
Pranion surreme leader Aysteflat Ktarmencí sind Presidem: Mafmeoud Alimadenijad said Tuesday that tiey are commited to successtully implementing a nuclear program in tram. The country will not kowlow to international deadlines restricting lirither development of nuclear power, Khamerei suid. Though Tehran continues to maintain the peaceful nature of the program, the

National News
Kolbe denies he knew about sexual e-mails Representative Sim Kolbe, R-AZ denied Tueschay that he had any prior knowledge of former representative Mark Foley's sexnal e mails to a congressional page, then 16. Ruther, Kolbe mainains that he merely heard from a page that certain online contacts made him uncomfortable. Atier leanning this, Kolbe said be contacted Foley's office and the House clenk. Kelbe's statments come after Mark Foley resigned Seplember 29 anid an online sexual scandal. An investigation is being conducted to delermine who, if an!
Foley's inappropriate behuvior. Foley's inappropriate behuvior. So far another former page. 21-ycar-old Jordarn Edmund, thas stepped forward and claimed that Foley had sent him suggestive c-mails. No allegations of actual physical contact have been made thus far
Ford company recalls hundreds of thousands of defective vehicles
The Ford Motor Co, issued a massive recall of approximately 145,000 of its vehicles on Tuesday. Some 2005 Muntego and Freestar minivans have defective latches, which water could pen ctrate and freze in colder weather:
Additionally, some 2006 Escape Hybrids have defective drivetainit shafs. This means that the ear could plentially move, even in while in park.


The Annual John P. Anderson Memorial Playwiting Competition

Plays by students must be turned in by the end of the fall semester.

## Entry forms and guidelines are available in Student Center Room 362 or on www.mocta.com.

Plays designated as finalists will be eligible for staging by the Theater Workshop in April in MCCTA's festival of plays, The Play's the Thing. Email Gerard. Cox@manstedu ifyouhave any questions.

## Relief can sometimes seem like a pain in the neck

## By ALISON BOYLE

 Circle ContributorGrowing up in today's world, medicine seems to rapidly be changing, and expanding with the addition of newer and more improved remedial and technological innovations. When it comes to alternative treatments such as acupuncture though, it's what's old, not what's new, that has become "the talk of the town."

Acupuncture was developed by the Chinese over 7,000 years ago. It can be defined by Chiha Woo, a well known and highly accredited acupuncturist, as "a health science which is used to successfully treat both pain and dysfunction in the pain and dysfunction in the
body." Exactly how does body." Exactly how does
acupuncture work? "Waterville acupuncture work? "Waterville
Acupuncture" defines the process as the insertion of fine needles into the body at specific points to regulate its functioning. Each section of the body has a number of "points," and the needles must be inserted in the right fashion in order to obtain the desired results. The mark of a truly well trained acupuncturist is not simply just being able to insert the needles at their respective points, but
he/she must also have the abili- be relieved via acupuncture as; ty to dianose the prole their time and money ty to diagnose the problem in upper respiratory problems to have tiny needles stuck into the patient. There continues to (sinusitis, rhinitis) respiratory their skin on a daily basis, are be a debate in the Western World over what exactly makes acupuncture so effective for so many patients. One thing is for certain, acupuncture has scientifically been proven to stimulate the immune immune "My chiropractor recommended that system. I try the process, and if I would have
According to "Holistic known how well it worked I would Online" it have never wasted my time trying also affects anything else."
the circulation, blood pressure
rhythm and rhythm and
stroke volume of the heart, secretion of the gastric acid, and production of red and white cells. It also stimulates the release of a variety of hormones that help the body to respond to injury and stress.

The Chinese are firm believ ers that acupuncture can be used to solve almost any health problem imaginable. In the United States, a shorter and more precise list was issued in more precise list was issued in
the late 1970's highlighting the uses of acupuncture here. The World Health Organization lists the possible symptoms that can obstacles (bronchitis, bronchial asthma), eye complications (conjunctivitis, retinitis), mouth pain (toothache, gingivitis), gastrointestinal troubles, neurological aches (migraine) and It may
It may come as a shock though, to hear that there are thousands of people worldwide, both doctors and patients that find acupuncture to be an extremely effective and worth while process. You may find while process. You may find yourself more dumbfounded when you read that even Maris students are starting to use acupuncture as an unconven tional source of treatment. Freshman Jillian Gray has had chronic back pain since she was twelve years old. After trying various methods to find some sort of relief, she decided to sort of relief, she decided to turn to acupuncture, pain relief that I have found. It pain relief that I have found. It
is simple and painless, and the is simple and painless, and the
results are outstanding," Jillian said when asked about her experience with the procedure "My chiropractor recommended that I try the process, and if I would have known how well it worked I would have never wasted time trying anything
else." else."
This is just one story told by a student who is in your studen body, who has had a successful experience with acupuncture and would recommend the process to anyone who is willing to try. Thankfully, as effective as the process continues to tive as to pe it is just as safe. prove to be, it is jus as safe The "Aiyana Center," located in Union Square New York, distributes Chinese herbs and has several acupuncture practitioners on the premises. The Web

site assures that when adminis- nal community is holding on to tered by a licensed professional a tradition dating back thouwho is board certified by the sands of year, and seems to be National Commission for becoming increasingly popular Acupuncture \& Oriental Acupuncture is not meant to Medicine, and when the nee- replace all other types of treatdles are single use and steril- ments, but rather give an effecized, the process is extremely tive alternative option to those safe. For those who are a bit who are looking to travel down squeamish when it comes to a more traditional route. The needles, the needles are no process is not so foreign thicker than a hair, and can although strange sounding in barely be felt
The United States has a culfure obsessed with reinventing itself, and everything in it. For a moment though, the medici-
the beginning; it is all around you, in your hometown, and even here at Marist.

A virus to prevent food poisoning is promising alternative

With the recent outbreak of E , coli in much of
the wesiem half of the United States after a conthe westem half of the United States after a contaminated batch of spinach claimed the lives of at least two people, if can seem oyerwhelming supermarket. While the E coli outbreak reminds us that all food purchased at the supermarket should be thoroughly washed before it is eaten. E. coli cannot be dissuaded by a simple splash under the tap. In respouse, the FDA has splash under the tap. in response, the FDA has
approved a viral cocktail of contaminats aimed at attacking and destroying another of the superat autacking and destroying
markets maladies, Listeria.
Listeria is a bacteria found in soil, on plants and in the intestines of pigs and cows. According to ABC, "Roughly 2,500 people in the United States become seriously ill with listeriosis each year, and of those, ahout 500 dic." This is a serious enough issue to have gathered national attention and with good cause. We shouldn't have to fear the food we buy. The spray, called LMP 102 , is a mixture of six different special vinuses that only infect bacteria, not people, animals or plants, This breakthrough could prove to save the lives and af least the GI. tracks of many people.
While not completely foul-proof, the viruses still contain proteins which could trigger allergic reactions in some sensitive cases; the FDA has begun to address the issue and is bringing newer
teclunology inte the project as it grows. Finatly ABC reported that scientists might not determine how effective it is until the product becomes commercially available. And although it's not available yet, the spray could be in processing plants in as little as six months. According to the U.S. Department of Agriculture, use of this spray will have to be marked on the food just like any other ingredient on the label.

Preschoolers stay fat even after mandatory activity

Fat kids in Scotland have proved much of the new world's opinion regarding physical activity upside down. A rescarch study of 545 preschool children in Scotland were supervised for three 30 -mimute activity periods a week and their fimilies were ity at home. At the end of the shidy the children ity at home. At the end of the study the children
were found to have no net loss in their body mass Were found to have no net loss in their body mass There was one positive recult to the research. There was one positive result to the research as flexibility and were much better friends afler the fiexibility and were much better friends after the The reserarch
The research, which was published in the British Journal of Medicine, reported that they felt the exercise the children underook in class was laying a firm foundation for a life time of activity, if nothing else. The researchers fully expected that the children's obesity levels would have decreased eyer the course of the experiment, however they were not as surprised by the counterintuitive results. Similar research is being conducted in the United Siates and it will be interesting to compare the results of our own far kids to those across the pond.

## The Circle welcomes submissions for...

## Numbers...

Yeah, we know they're everywhere and no one really notices 'em, but they need their five minutes of photography competition about photography competition about them. The person that submits bers wins a 50 dollar gift certificate to Ritz Cameral Submissions must be digital in format and sent to writethecircle@gmail.com, please no 35 mm prints. Thanks and good luck shooting.

## I Saw You...

Have you ever seen someone that caught your eye? You exchanged glances or even a few words, but then they disappeared and you never saw them again? Well "I Saw You" is here to give you a second chance. Forget about regretting; send a message to that guy or girl. And don't forget to read-there might be a message waiting for you.

Example:
Last Tuesday you were bartending at the Loft. I wouldn't forget that blonde head of hair. I bought a few drinks from you but I wouldn't tell you my name. I was playing hard to get but I was playing hard to get but now I have changed my mind. again.

## Coffeehouse steams with hot new music

By MATT SPILLANE Circle Contributor

Last Tuesday, students gathered at the Student Coffeehouse to enjoy a variety of musical performances. Several different styles of music were on display in the PAR where students are able to showcase their talents and have some fun. A panel of judges have some fun. A panel of judges
also awards prizes to the top peralso awards prizes to
formances. All kinds of acts are Students showcased welcome, but most a variety of styles and of them tend to be musicians. This past talents. Coffeehouse was no exception. Seven acts, all musical, displayed a variety of abilities and styles. They were all excellent, with each one giving the audience something to cheer about. After attending the other night, it was clear that Marist possesses an array of musical
tastes.
The night began with several acoustic performances with Pat Hull leading the way. Pat's easygoing, melodious voice complemented the catchy tune he strummed on his guitar. His songs were easy to get in rhythm with and seemed comfortable and relaxed, like he was the only one in the room. His slow-paced tunes put the crowd in a relaxed mood, and they showed their
support with a strong round of
applause and cheers.
Anthony Mascaro followed with a similar style. He was a bit more fast- paced than Pat, but his smooth voice and mellow tunes on the guitar also set the audience in a calm state. The tempo was easy to stay, with and created a laid-back atmosphere.

After more cheers, Dan Semenza took the stage. He Semenza took the stage. He began by revealing that he had showcased himself in public himself in public
before, but it was hard to believe. Dan brought great sense of comfort and confidence that made you think he's been doing this his entire life. He had good stage presence and looked like a natural. His music effective combination of With an his voice, he changed the pace in his voice, he changed the pace in his songs and created an effortless blend of styles. He then performed with Catherine Taggart, as the duo sang songs from Death Cab for Cutie and Brand New. Catherine's harmonious voice and Dan's skillful guitar playing caused the audience to sing along with them, and resulted in a storm of cheers and applause.

The next act was Johnny Mainstream, who played an upbeat melody and a catehy tune that you could tap your foot
along to. He had a nice $p$ a c e and slow
and songs while also mixing up the tone in his voice.
His voice was calm, and loud It and loud. It was a performance of
skillful variskillful variety. two acts
really took the cake. Pass the

Grandpa, a
band composed of a guitarist, bassist, and drummer, projected a totally different sound. It was fun, upbeat, and comical. The lyrics were hilarious, sending the audience into laughter after every line. The pop culture references to shows like Boy Meets World and Flava Flav added to the audience's enjoyment. The band's catchy tunes and fun-loving nature really got the audience into it. They even had the crowd sing along to one of their songs, which talked abgut various body parts. It was a truly enjoyable


Pat Hull performs solo on acoustic guitar at the Student Coffeehouse on Oct. 11 held in the
Cabaret. Hull's mellow songs earned him third place, out of seven acts who performed.
performance.
Frank Viele's band wrapped up the Coffeehouse and they did a phenomenal job as well. They were a typical "coffeehouse" band as you would think of one. With a guitar, bass, and saxophone, the band played jazzy tunes while Frank's unique and versatile voice adapted to the various beats, They were also funny, dancing along to the music and displaying an "oldschool" mentality Their smooth performance earned them second performance earned them second with Pat Hull in third and Pass
the Broccoli Grandpa in first. The audience definitely had a blast, as Dan Semenza called it "a sweet time." He thought it was such a great time, "People actually came this time. Also, I got to see people who I didn't realize had so much talent," he said.

Chris Ceballos agreed that the performances were a lot of fun. "It was good variety, with jazz comedy, and acoustic."
If you want to see some variety, then stop by the next Student Coffeehouse to discover some new talent.

## Keep ears and 'eyes

 open' for Snow PatrolBy DORY LARRABEE Staff Writer

## "If I just lay here, would you lie with me and just forget the world?" Gary Lightbody, singer of Snow Patrol, asks in the new

 smash hit "Chasing Cars.""That's the most pure and open love song l've ever written," says Lightbody. Their new says Lightbody. Their new album, "Eyes Open," was released in May. The cover feaof a couple kissing. Songs from of a couple kissing. Songs from
the album seem to be creeping the album seem to be creeping up every-
$\qquad$ The band, origina "Chasing Cars" is in is currently touri rotation concerts in Dece on Top 40 radio staradio stawas feawas fea-
tured in grow in the UK, its fan base Is steadily growing across the pond. tured in
the Season he Season
 2 finale of Grey's Anatomy. Snow Patrol is also one of VH1's "You Oughta Know" artists. They have been included on movies soundtracks for Wicker Park and in Zach Braff's new release, The Last Kiss. The band, originally from Ireland, is currently touring Europe, with concerts in December already sold out. Already a huge success in the UK, its fan base is steadily growing across the pond. Snow Patrol is by no means a newcomer. The band released "Songs for Polarbear" in the US in 1999 first showcasing the in 199, firal showcasing the band's unique sound. In 2001, their second album, "When It's All Over We Still Have to Clear Up," continued to take risks.

The song "If I'd found the right words to say" has an eerie, echolike sound that resembles Radiohead. Their big break came in 2004, with the release of "Final Straw." Over two million copies were sold between the UK and the US. Included on this release were the fan-favorites "Chocolate," "Run," "How To Be Dead," and "Somewhere A Clock Is Ticking."

Following the success of "Final Straw," Snow Patrol joined U2's "Vertigo" Tour in Europe for the summer of 2005 as the opening act. Additionally, they played in London at the from Ireland benefit concert Live 8. "Eyes Open" balances classic rock sounds with romantic melodies. In the song "Hands Open,
Lightbody pleads, "I want to hear you laugh like you really mean it / c
with joy."
"It's Beginning To Get To Me" describes the frustration of making a relationship work: "It's beginning to get to me / that I know more of the stars and sea/ than I do of what's in your head / barely touching in our cold bed." The album also features a duet with Martha Wainwright in "Set The Fire To The Third Bar." Her soprano voice resembles a shaky Tori Amos or Kate Bush and meshes well with Lightbody. "Finish Line" sounds like a bonus track to Coldplay's X\&Y, with an airy, space-like sound. "Eyes Open" is arguably Snow

## 監OK R

${ }^{6}$ School for
Scoundrels' leaves much to be desired By BRYAN GLEASON Guest Reviewer

Average. Average is the only word one could use to describe director Todd Phillips' new
film, "School for Scoundrels." tilm, "School for Scoundrets,"
"School for Scoundrels" is mediocre comedy about a lose meter maid named Roge
(played by Jon Heder, bes (played by Jon Heder, bes
known as Napoleon Dynamite known as Napoleon Dynamit Dynamite"). Roger is plagued by anxiety, low self-esteem and the occasional panic attack. I of inadequacy, Roger enrolls in a top-secret confidence-building class taught by the suavel devious Dr. P. (Billy Bo Thomton). Aided by his assis-
tant, Lesher (played to perfectant, Lesher (played to perfec-
tion by Michael Clark tion by Michael Clarke
Duncan), Dr. P. uses unorthoDuncan), Dr. P. uses unortho dox, often dangerous methods but he guarantees results employing his techniques. Surrounded by a band of mis fit classmates - Walsh (Mat out of mother's basement Diego (Horatio Sanz), a punch ing bag for his hen-pecker of a wife: and Eli (Todd Louiso), shy guy just looking for femal shy guy just companionship, Roger's conficompanionship, Roger's his way
dence grows, He makes to the head of the class, eve finding the courage to ask ou
his longtime crush, Amand his longtime crush, Amand
(Jacinda Barrett). But Roge quickly discovers that star students have a way of catapulting Dr. P's competitive side inte high gear. Soon enough, the teacher sets out to infiltrate and destroy Roger's personal an professional life. Nothing is off limits for Dr. P, not even the object of Roger's affection. I order to show Amanda Dr. P: true colors, Roger must rally his new friends and find a way $t$ beat the
game.
However, even special cameo by fantastic comedians like Ber David Cross can't help this script. This story of the lovable loser who manages at the end of the film to get the girl of his dreams has been done before and done better. With ticke prices for movies now reachin close to \$10 a ticket I can't rec ommend this sub-par movie to anyone. If you are itching to see
this film, don't. Wait for this one to come out on video

Patrols best album. It is surely the most marketable and the nursery rhyme sounding "You Could Be Happy" demonstrates that the band's daring mission and bold intentions are still present.
For more information, go to www.snowpatrol.com or visi www.myspace.com/snowpatrol

# F 

## Celebrating the Ramadan season

## Worship through fasting and prayer - but a few are waging war

## By ALISHA BROWN

Circle Contributor
Someone always has to ruin the holidays. But some are going so far as to use them as an excuse for violence, as in the case of Ramadan. According to a BBC News article entitled "Iraq al-Qaeda makes kidnap call," the leader of a tenet of this terrorist group, Abu Hamza al-Muhajir is using the Islamic holy month of Ramadan as an excuse to abduct Westerners. Al-Muhajir was quoted as saying, "I call on every holy fighter in Iraq to strive to capture some dogs of the Christians so that we can liberate our imprisoned sheikh." It's sad that evil people are manipulating Ramadan to provide an excuse to further their malicious plots against cultures they malicious plots ag
Many of you reading this article Many of you reading this article
right now might be asking yourself, right now might be asking yourself,
"What is Ramadan anyway?" It "What is Ramadan anyway?" It
seems that unless we get the day off, seems that unless we get the day off,
we are clueless as to what different we are clueless as to what different
holidays entail. Furthermore, the holidays entail. Furthermore, the majority of Marist students are of the Christian faith and are, therefore, not familiar with Muslim holidays such as Ramadan.
Actually, Ramadan is not really a holiday at all. "It's more of a religious observance," says Kinan Alhoch, a junior at Marist who celebrates the occasion.
According to Colorado State University's Islamic Holidays and

# Observances page, Ramadan occurs in the ninth month of the Islamic 

 calendar. The start of the month begins based on astronomical calculations. The new moon kicks off the start of the month-long observance. Alhoch states that the three days following Ramadan are what is dubbed the actual holidayDuring Ramadan, Muslims fast daily from sunrise to sunset. Fasting forbids the Muslim from eating, drinking, smoking, and sex. They usually have a "pre-game" meal before sunup and a "postgame" meal when darkness settles over the land.

Usually, the fast is broken by eating dates. This follows the example of the Prophet Muhammad. Then, the sunset prayer is said, which is followed by dinner.
Alhoch and his family get together during Ramadan
to break the fast each sundown. However, he says it has been harder this year, with him being away at
lege. "It's made me a little homesick," he adds.
Fasting for an entire month may be unfathomable to
some people. "How can you go so long without eating? Why would you? Food has become in integral part of American culture. Some of us cannot begin to imagine going all day without food, let alone repeating this feat for an entire month. Muslims, however, take this time to fast and reconnect with God.
"When Muslims fast during Ramadan we do start to think about those that are less fortunate and don't eat everyday," says Alhoch. They learn to appreciate what they have. They learn selfcontrol. They obtain control of their spirituality, which brings them closer to their God. Moreover, Ramadan is a time where Muslims do good deeds for each other. This also aids in developing their relationship with God.
Colorado State addresses the issue of individuals who cannot fast
during Ramadan. Some people should not go without food if they are sick, for example, or pregnant. It probably isn't a good idea for these individuals to go without food for any extended period of time. The religion makes exceptions to the fasting rule for certain people. They can make up their fasting time at a more practical time, where their health would not be at risk.

Ramadan also marks the Night of Power, where the first verses of the Qur'an, the Muslim equivalent of the Bible, were revealed to the Prophet. Many Muslims spend the entire night praying due to the importance of this night, which usually falls on the 27th night of the month. Overall, Muslims try to get as much of the Qur'an as possible. They read the book themselves, and many go to mosques to hear recitations of the holy book. Ramadan is basically a time for Muslims to reconnect with their spiritual side and with God.
It takes a certain degree of dedication to skip meals from sunrise to sunset in the name of your religion. Many people couldn't do it. Even Alhoch says, "Sure, by the end of the day I'm tired, hungry, and thirsty." He then continues to say, "But I still thank God that I get to eat at the end of the day. It's not unhealthy, in a way it's empowering and even enlightening."
Year after year, the dedicated people of the Islamic religion do just that. However, there are many fundamentalist Muslims who use celebrations of the Islamic religion as an excuse to hurt innocent nonMuslims. In order to truly appreciate another culture, an opinion can't be based on these radicals

## The most wonderful times of the year

By CHELSEA MURRAY Circle Contributor

Jewish holidays in my family are times where we can all get together, share some traditional food of our religious faith and sit around and listen to stories about the lives of some of some extremely fascinating people.
My grandmother has a tattooed number on her arm and I was always curious of what it was when I was a young girl. I asked her once and she told me it was her phone number. I tried to call it, but it didn't work. As I got older, I learned that the phone number on her arm was not really a phone number, but a branded tattoo from a concentration camp from World War II. These tattoos were used to categorize and identify everyone in the camps.
My grandparents, Frieda and David Singer, his brothers Harry and Paul Singer and my great grandmother, Sarah Singer, lived through the brutal Holocaust. I glance around the table as we eat dinner on the high holidays and can't help but be fascinated with the fact that these somewhat funny old people
lived through such a horrific event: There are fundreds of stories that my grandparents have related to me and our family over the years. Some stories can be humorous, but most of them just blow me away because it's hard for me to picture my tiny grandmother and my kvetching family members as being strong, tough and extremely brave people in a concentration camp, but obviously they were or they wouldn't have made it out.
The biggest character on my Jewish side of the family is by far my grandmother. My grandmother Frieda Singer is a tiny (and I mean tiny) woman standing at $4^{\prime} 10^{\prime \prime}$. I have towered over her since I was about 5 years old. She definitely is a character. She can be the most annoying human being on the planet because she constantly finds things to nit-pick and complain about. She sticks her nose in everyone's business and is completely obnoxious sometimes, but it's usually all forgiven because she is so adorable. Even though it has been a daunting task to be one of the only Jewish people in my high school and now in my dorm at college, I feel nothing but pride to educate people about my culture because of the amazing events my family has survived.

## cartoon corner



## the column about nothing

## By MORGAN NEDERHOOD

 Staff WriterOn the first tour I took of Marist College, I witnessed a squirrel crawling up the outer wall of Champagnat Hall. The tour guide joked that the squirrels are slowly but surely taking over the school. As I laughed along with the rest of the tour group, I had no idea that there was so much truth to his words of caution.
The squirrels at Marist are everywhere - in every tree, on every inch of lawn, even crawling up every building wall. While the general public would assume that the squirrels are nothing more than harmless woodland creatures, I agree with my tour guide from yester-year: the squirrels are conniving war guerrillas who are bent on my demise. Squirrels have tried to steal my leftover cereal after I decided to eat breakfast outside. Granted, I had no desire to eat the soggy nastiness that was in my cereal bowl, but shooed the squirrel away on matters of principle, not to mention the fo beed the Squirrel Guerrillas. Squirrels have a Guerrilas. Squirrels have blatant disregard for my authority due to nature's hierarchy. I am human, so I have more authority by default. It is impossible
for me to walk more than for me to walk more than twenty feet without a
squirrel sauntering in front of my path. Squirels squirrel sauntering in front of my path. Squirrels are to me as deer are to vehicle drivers: both squirrels and deer dart in front of walkers or drivers in
an effort to create chaos.
with acorns' from the rree-tops. Irue, others may claim that these acorns are sim ply falling from the trees due to nature, but 1 see beyond the trickery of the squirrels. Those acorns are missiles that are launched by stealth forces that hide in the tallest tree branches. As I walk to clas every day, I have to dodge a slew of projectiles that are all aimed for my head and eyes. I am afraid to leave my dorm, but when I do leave my room, I must plan a strategic route that helps me to avoid most overhanging trees and other prime areas of combat. Before leaving my room, I say "goodbye" to the plant by my window because I never know if I will see my plant again, or if I will be overtaken by ial assault. ial assault. Do not believe the image of innocence that project. Their wonderfully soft coats are covering fine-tuned machines tha were raised for combat, their wide eyes are black because darkness of their souls, and their tails that resemble cotton candy are concealing rat-like tails Marist College is being undermined by an underground coup. When the Squirrel Guerrillas strike,

# Opinion 

Let the voices of the Marist community be heard.

## Media focus should concentrate on Foley's teen victims

By JAMES MARCONI News Editor

It might seem like a typical case of internet stalking - an older man initiates a relationship with an underage teen via e-mail and instant messaging, only to get caught in the act. Such a relationship is complicated, though, when the older guy in question served in Congress, and the teen was working for him at the time.
Representative Mark Foley, 52 resigned from his position Sept. 29 when it was revealed that he had sent sexually suggestive emails to a 16 -year-old former Congressional page who had previously worked for him. ABC
initially broke the story detailing indicative of an inappropriate interest by Foley in the page. Since then this story has been plastered all over the plastered all over the publication from the Washington Post to CNN seems to be demanding answers to one question: Besides Foley himself,
who knew about this? Maybe that we've all lost focus on the House Speaker Dennis Hastert real issue - namely that Mark (R-Illinois) whose office Foley obviously had wildly inapreceived reports of "overly friendly" e-mails in November 2005. Maybe Representative Jim Kolbe (R-Arizona) who "said Tuesday he knew of e-mails that made a page 'uncomfortable' and passed them on to Foley's office
(www.cnn.com) In all the political ruckus, with accusations and denials flying back and forth, it seems to me

It seems to me that we've all lost focus on the real know the full scope of his indecencies. propriate contact with a minor, and we still don't know the full scope of his indecencies. In fact, another former page, Jordan Edmund, has recently come to the FBI alluding to sexually oriented online contact with Foley.
issue - namely that Mark Foley obviously had wildly inappropriate contact with a minor, and we still don't
revealed struggles with alcoho and previous abuse as a teen, is obviously a deeply sick and troubled individual. And yet his problems and actions are lost in an attempt to play the blame game right before the midterm Congressional elections. At this stage of the game, I truly believe that investigations should first

Given this imormation, the ques tion that should be asked is not Who knew?' but rather, "Who else?"

Mark Foley, who last week
determine who else might have been sucked into the murky edaies of Foley's personal life. until this is determined, the question of who had knowledge of his activities is a moot point anyway.
Don't get me wrong, eventualy we'll have to deal with the political fallout. Obviously, someone had enough hard information and insight into Foley's activities to turn his e-mails in to ABC. It is this person or persons that should be discovered, because it is they who knew or strongly suspected the full measure of Mark Foley's indiscretions and yet did nothing. Or at least, nothing until right before crucial elections, right when the information would inflict maximum

In this context, I very much doubt that GOP members like Hastert and Kolbe are responsible. It does not follow any sort of logic or reason to think that they would reveal information so harmful to their own party, especially prior to elections. They say that they had no idea what Mark Foley was doing, and given the evidence, I'm inclined to believe them. Show me concrete and irrefutable proof that they compromised the integrity of their office and their character and I will gladly call on them to resign. Until that day, let's concentrate on accounting for all the victims of Foley's folly. Their stories deserve to be heard.

## Republican senators speak out against Bush's bill to protect prisoners

Continuing last week's focus on No Child Left Behind, I desire very much to share with everyone something our presient said last week after I composed my initial critique of his policy: "Measuring is the gateway to success." These words provoke little surprise for those familiar with No Child Left Behind; the foundation of the act is rigorous, repetitive standardized testing. Beginning from the first days of kindergarten, children's classes focus on test taking skills and strategies. Recess, art and gym classes, even periods of time reserved for taking naps have all been scrapped in many of the schools who are struggling to meet NCLB's expectations in order to set aside more time for test preparation. This hope-wrenching pattern of educational decomposition is caused by the obsessive and unceasing testing methods prescribed by NCLB and the repercussions that befall those poor ouls who are unable to pas hem. The hopes and futures of young children are pitted against a daunting battery of tests barely after they develop the motor skills to grasp a pencil and spell their own names. approach echoes throughout the
right wing media, is lauded by quential. If your public educapoliticians and the Act's archi- tion is merely foreordained tects, and is even praised by a handful of classroom teachers. Broken down to is most basic components, the approach essentially holds that if you have a child, and the child does not perform, you measure him, measure him repeatedly, and you promise to divest from his education if he does not show substantial improvement. You will not offer him resources to improve, mind youk you will force his improvement by threatening him, pun-
ishing him, and in the end, ishing him, and in the end, abandoning him. This is the language that children speak, it seems, the language of aggressive negotiation -they cannot or at least ought not be reasoned with. NCLB authors would have us believe that providing educational and developmental opportunities is the method of weaker nations, a message Bush coldly expresses to the economically disadvantaged of this country when, in 2001, 40 percent of lower-class children who qualified to attend Head Start were unable to because of insufficient funding, a number that has risen sharply in the years since NCLB has been put into law. Over half of eligible children are unable to participate in Head Start today, but perhaps the governmentsanctioned deprivation of their early-years development is, for the system's purposes, inconse-

Letters to the Editor Policy:
The Circle welcomes letters from Marist students, faculty and staff as well as the public. Letters may be edited for length and style. Submissions must include the person's full name, status (student, faculty, etc.) and a telephone number or campus extension for erification purposes
Letters without these requirements will not be published. Letters can be dropped off at The Circle office or submitted through the 'Letter Submission' link on MaristCIrcle.com

The Circle MaristCircle.com

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## means require funding the dis- ble of operating the lock. <br> well. But since the entire testing

 parity of fiscal allocations If education were indeed the between inner city schools and motive behind the law, we might their wealthier counterparts see the spirit of the legislation matched by the differences in reflect this motive. A little philotheir students' respective performance prove this principle's truth. NCLB supporters have discovered "measurement" as a key for success to be far cheaper than key of "adequate funding" sophical reminder from Greg Michie suggests you cannot hope to facilitate a child's growth by continuously feeding it measurement tapes; you must include nourishing and wholesome infrastructure of NCLB is ridden with private corporations who stand to make a fortune from sales of Act-specific testing resources it necessitates, it appears that dreams of profit and exploitation are what really lurk beneath the agendas of these politicians. than key of "adequate funding" a nourishing and wholesome diet
## Course catalo Opinion Editor

> College is really funny.
> Remember when you were freshman and had to plan your schedule for the first time? "Wow I can take ballet and photography and painting!" Yeah, college is funny.
> With only three semesters left at Marist, I have discovered that I will barely complete all of my required courses by May 2008 For instance, journalism majors can choose from a variety of electives like "Sex in the Media" elect "Photojournalism." I sat and Photojournaling in sat down and after scrolling through the course catalog (because apparently we're saving trees and not printing hard copies anymore), I jotted down about eight or nine communications electives that I wanted to register for But then Marist beat me with the reality stick because none of

## of well-rounded teaching as

with
registration
those electives are being offered next semester. Not even one. So when I threw up my hands in frustration and started screaming, "Why, God, Why?" my roommate, also a COM major old me to get a grip and found one elective that fit into my schedule and is offered in the sping. But it still leaves an unsettling feeling in my stomach knowing that if I don't choose he right classes during the right semesters, I could be completely screwed.
It also doesn't help that my advisor was suddenly changed. Sure, switching advisors is okay when you're a freshman and taking core courses, but junior year? When I thought that maybe this was a punishment for COM stu dents for choosing in major, memselves in were finding Psych/special same situation. are required to have Wednesdays
free, so they can observe at local schools to prepare for student teaching. But one student was stressed over the fact that on two sections were available and fit her schedule for a course that she needed to take next semester. If I'm not mistaken, there are a lot of psych/specual education majors, and I'm sure a lot are also juniors.
So, what's the deal Marist? Is this a test for the real world? Is Dennis Murray hiding in his office, laughing himself silly to the sound of my dreams being shattered?
Okay, that was a little extreme, but if a course can only b offered triennly (most religion classes) then what's the point of offering them at all? They offering them at all? They shouldn't be thrown in the catolog to impr
So, Marist, stop toying with my emotions- it's really not funny.


# RIED FOX TIP-OFF 

Friday, October 13
8:00pm McCann Center

FRES ADMISSLON
Free Marist Basketball
Trashirt to the flirt 1,000 fans

TWO GONtests for two
S10,000 Scholarships
*Food * Prizes * Dodgeball Contest * * Slam Dunk \& 3pt. Contests * * Half-Court Shot * Fight Song Debut *

## Kenworthy makes school history with thousandth kill



Staff Writer
Last Wednesday night on the McCann Field House floor, hisMcCann
tory was made yet again.
tory was made yet again.
In a match against tival Siena, senior outside hitter Jaime Kenworthy became the first player in the history of the women's volleyball program to record 1,000 kills.
Kenworthy was excited and surprised that she was the first player in 25 plus years to reach 1,000 kills.
"It was a pretty amazing feeling," Kenworthy said. "I knew I had become the all-time kil"s leader, but I was really surprised to learn that nobody else has hit to learn that nobody else has hit
1,000 kills before. It was pretty 1,000 kills before. It was pretty
surreal."
This opportunity to make history with the Red Foxes might not have come if Kenworthy did not make the right choice coming out of high school.

While attending Cardinal O'Hara High School, Kenworthy was a two-sport star. She was involved with the basketball team as well as being a SecondTeam All-State selection for volleyball.
For Kenworthy, the decision to play volleyball at the next level was an easy decision.
"In addition to being on my high school volleyball team, I played for a club team, Club

## Synergy," Kenworthy said. <br> Synergy," Kenworthy

"Since I was always around the sport it was a pretty easy deci-
sion. Plus, I had a lot more fun playing volleyball than I did playing basketball."
However, more than one college was interested in the services of the $5^{\prime} 9^{\prime \prime}$ outside hitter from Ashton, Pa.
Aside from Marist, Kenworthy was recruited by two members of the Colonial Athletic Association (CAA), George Mason and Drexel, but Kenworthy fell in love with Marist.
"When I came here on an official visit, I had a great time," Kenworthy said. "The campu was beautiful, the college had the major I wanted, and the girls on the volleyball team were amazing."
During her time as a Red Fox, Kenworthy has faced some adversity on the court. One of the main problems was the fact that the volleyball team changed coaches every year, and each season a new team dynamic formed.
As seniors graduated and freshman stepped into their roles, Kenworthy remained focused on improving her skills and forming a new team dynamic in practice.

Another disadvantage Kenworthy had was her lack of size. She was never the tallest person on the team, but that did not stop her from becoming such an offensive threat.
lack of height
"Clearly I am not the tallest person on the team and I don't look like the strongest player either," Kenworthy said. "I rely mostly on my vertical jump and I pack a lot of power into my hits pack a lot of power into my hits, which has alllowed me to record
so many kills." Kenworthy also dealt with a coaching change for the first time in her four years at Marist, but new head coach Tim Hanna
said he was excited to have a said he was excited to have a player like her on the team.
"She is such a dynamic athlete," he said. "She is an explosive player and this program needs people like Jaime on the team."

Coach Hanna also credits Kenworthy's mainstay in the lineup to her success on the court.
"Ever since she stepped foot at Marist, she has always been on the court and around the ball, which has allowed her the opporwuinty to get kills," he said.

In addition to becoming the first to 1,000 kills, Kenworthy holds single-game records in kills with 28 and attacks with 63 .

Kenworthy and the Marist Volleyball team will be back in action this Saturday as they travel to Connecticut to take on Metro Atlantic Athletic Conference (MAAC) foe Fairfield.
Kenworthy used her other

## Roarin' <br> Red Foxes

Marist's male and
female star performer for the weekend of Oct. 6-8.

## Adam Hansen

Football, Junior


Hansen gamered football's MAAC offensive player of the week award after rushing for two touchdowns in Marist's 41-13 win over La Salle. Hansen's first ever collegiate touchdown came on a 66 -yard run, and his second came from 15 yard out. He finished the day with 154 yards on 11 cair-

## On the horizon:

Marist takes to the read again this weekend as they take on the Fordham Rams in the Bronx.

Caitlin Nazarechuk Soccer, Sophomore


Nazarechuk earned their first shut out of the season over the weekend as the Red Foxes defeated St.Peter's on Friday night. On Sunday, she shut out Manhattan in the first half before leaving the game in the 69th minute.

On the Horizon: Red Fox soccer will be home on Friday night when they take on Rider at 7 p.m. Sunday afternoon they will play a home match at Vassar agains Loyola at 1 p.m.


Sports
Women's soccer struggles in second half, fails to preserve lead against Manhattan

The Marist Red Foxes' second half struggles continue as they were defeated Sunday 3-1 by the Manhattan Jaspers.
Marist jumped out to a $1-0$ lead on a Kristen Leonhard goal in the 31 st minute, but it was shortlived as Manhattan answered right back to begin the second half.
Manhattan freshman, Alexandra Konneker, tied the game in the 49th minute when her shot from inside the box beat Marist goalkeeper Caitlin Nazarechuk

Marist would then remove

Nazarechuk and replace her with freshman Kristen Aliperti. Head coach Elizabeth Roper said the move was due to a lingering injury that Nazarechuk has been fighting.
"Caitlin was injured and not playing at 100 per cent," Roper said. "We put in freshman Kristen Aliperti, and she has been improving. It's nice to have that extra support back there when our other goalies are down."

Marist has also been without sophomore goalkeeper Anna Case, who has a tom ligament in her hand. She is currently await ing medical approval to return to action.

The score remained tied at until the 83rd minute when Manhattan midfielder Courtney McMahon beat Kristen Aliperti for what would prove to be the game winner
Manhattan's Kimarie Balistierri would tack on an insurance goal in the 88th minute to seal the victory for the Jaspers.
The last 10 minutes of the game proved to be the Red Foxes downfall once again as they let another Metro Atlantic Athletic Conference (MAAC) game slip away.
After controlling play for the first half and out-shooting Manhattan by a considerable margin, a second half let-down
ontributed to the loss.
"Our mindset was that we wanted to dictate the game in the second half, but we gave Manhattan momentum when they scored early," Roper said. "We weren't as strong or as confident in the second half." Marist held a 17-11 shot advantage for the game and a 14-5 shot advantage in the first half. Coach Roper said that Manhattan goalie Alicia DeFino kept Manhattan alive in the first half when Marist controlled the play. "The keeper made some great The keeper made some great "aves," Roper said. "We left some opportunities out there but
felt we could keep it going in the second half."

Despite the loss, the Red Foxes game when they host Rider on Friday night at 7 p.m.

Coach Roper believes that if the team can remain focused in capitalize on som ocused and opportunities then they are still in it.
"We have some tough competition ahead of us, but a lot of teams have tied so we are still in it, "Roper said. ""We just need to focus on what we need to do to control the second half."
Marist will also look to its seniors and team leaders to help them rebound from the tough start in MAAC play. "We have the character on this
team to not give up in the face of adversity," Roper said. "We will look to the seniors and the leaders on this team to get things done."
The Red Fox players also know that if they play to their potential for the full 90 minutes then they are not out of it.
"We beat a strong opponent in Brown at the beginning of the season, so anything can happen in the 5 remaining MAAC games we have," Roper said.
The 3-9 Marist Red Foxes will host the 3-7-1 Rider Brones on Friday night at $7 \mathrm{p} . \mathrm{m}$ where they look to improve upon their $1-3$ conference schedule.

## From Page Ten

Marist football
coffin almost three minutes later when Mitchell would tally his third touchdown of the game with 5:09 left in the third quarter. Mitchell carried the ball eight times for 94 yards and three touchdowns. After a scoreless fourth quarter, Marist finished he game with a final score of 4113.

Marist's defense held LaSalle ball to only 80 yards on the ground, which head coach Jim Parady attributes to the Marist defensive players penetrating the Explorer's backfield all day.
"I think the big thing for us was
we got a little bit of pressure on we got a little bit of pressure on the quarterback this week and we were able to shut down the run game," Parady said.
Red Fox Head Coach Jim Parady said that it was good that the Marist defense was kept off the field as a result of the offense's success moving the ball.
think it was nice for them [to get some rest] but we scored pretty quickly offensively too, and on some of the possessions, it wasn't that we had long
drives," Parady said. "I think the whole team just fed off of each other. It was good."
Hansen said that the offense went into the game with a lot of intensity and accomplished its goals.
"We felt real confident [going in the game]," he said. "We all came to play and to get the job done, and we did. We all came together."

Marist sophomore defensive linebacker Nick Andre also took home MAAC honors as Defensive Player of the Week
th 12 tackles. ffense for doing an reellent job moving the football and cont verting yardage into points. "We came out and scored our first six possessions on "
 bie to do that you gain the momentum of the football game. We established the line of scrimmage up front and our run game was the big difference in this week's game."
The Red Fox running game
ominated the conference match

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up. Marist's offense collected
p. Marist's offense collected to get some big runs." 37 yards, 301 of which came on nized the offensive line's recogized the offensive line's contribution to this exceptional per-
"With
"With the holes that they opened up for the running backs, our running backs were able to get to the second and third level without being touched," Parady said. "Once they were through the second level and once they got to the third level, they were able to make some people miss and that was why they were abl

Marist stays on the road this weekend as they take on the Fordham Rams in the Bronx this Saturday at 1 p.m. Coach Parady said that the Red Foxes need to take some of the lessons from this week's win and apply it to the upcoming game.

We need to go into the environment and play a consistent game like this week," he said "We need to bring the intensity in any game, and from there we'll see how it goes."


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# Leonidoff Stadium begins to resemble planned form 

By ANDY ALONGI Managing Editor

Marist College's major playing field, Leonidoff Field, is currently going through a major facelift, changing all facets of the multifunctional field.
The field should be completed by the summer of 2007 , allowing three months for the field to grow.
The improved Leonidoff Field will have field turf, similar to the make-up at Giants' Stadium in East Rutherford, N.J. The playing surface will be the last ingredient to the completion of the field to the completion of the field.
Tim Heneghan, assistant athletic director for facilities and operations, said that there has been substantial progress in the con struction of Leonindoff Stadium.
"All the excavation foundation pits are completed," he said. "We are beginning to assemble the concrete forms on which the grandstand columns will be placed. We removed some landscaping, built a construction vehicle entrance in the northeast comer, and Tuesday, we began work on the storm sewers.
Jason Corriher, assistant athletic director and sports information director, said by Thanksgiving, the students will see a framework of the new stadium that will be a
good indication of how look when it is completed. The student body will be able to see the framework of the new multi-purpose field that will multi-purpose field that will cover the whole gamut of sports, including club and intramural sports. It will serve not only the student atheletes but the student body as well."
Before the field turf is installed, a circular sidewalk will be installed around the entire complex. Landscaping will surround the area and an area for lawn seating will be on the west end where the current bleachers are located.
To build the 12 -foot high berm for the lawn seating, the excavated soil from the grandstand will be used to give the hill its shape be used to
and slope. and slope
Marist stone, the same stone on the Greystone building, will all be put in the field complex to mprove the look of the area.

Heneghan said the finished product will look similar to the complex at St. John's University. "The stadium will look somewhat similar to Belson Stadium at St. John's University in Jamaica, Queens," he said. "They have had NCAA tournament games at St. John's and we're bringing that Big East-type facility to the MAAC [Metro

Atlantic Athletic Conference]. All the amenities are right at the field. This is very exciting for our athletes to have access to this top-notch facility, rain or shine." As for the seats, they will be on the east side of the complex with major construction set to kick-off after Red Fox football's last home game on Nov. 11, vs. Iona. Pre-cast construction will begin at this time.
Located in the stands will be a new press box as well as, potentially, four individual suites with the capacity crowd to be 2,100 in the stands. Just over 300 of those seats will be chair-back seats in the center section of the grandstand.
In the southeast corner of the grandstand, an elevator will be grandstand, an elevator will be istalled to get to the press level complex. Underneath there will be concession stands, locker rooms, public restrooms and an hletic training facility.
The entire upper level will be backed with lexan glass. This provides privacy since one cannot see inside, while still providing natural sunlight to the area. Heneghan said the location of the field allows a number of people to see the facility on a daily basis.
"The stadium is a high visibiliy location - it's right on Route 9, " he said. "It's very rewarding


The new Leonindoff Stadium is set to be completed in the summer of 2007. The bleachers will have over 300 chair-back seats in the center of the unit. Also there will be as many as four sultes and a press box in the center of the top of the grandstand. On the west end, lawn seats will be available on a 12 -foot high berm.
that hundreds of thousands of the use of local high schools on Heneghan said that the field people can see our finished prod- occasion for games and poten- will help in many facets of the uct while on the main road." tially tournaments.
will he
game.
After all the ground has settled, Ultimately, the refined complex "Our soccer teams have had the field will have a wide variety will help the Red Foxes receive success in the past," he said. "It of usages. Club sports as well as bids for MAAC Championship has been part of the plan to have intramural sports will have tournaments bids. The sports that a facility of the caliber to host an access to the field, which is a big the college has attempted to bid NCAA soccer match. It will be a change from the clubs and intra- for are in men and women's soc- step ahead for the department murals being confined to North cer and men and women's and the college. Hosting the Field by Gartland Commons. lacrosse, and potentially an game would give Marist a Also, the field will be open for NCAA opening round match-up. national name."


## Basketball season kicks-off with

## third annual Red Fox tip-off

By ERIC ZEDALIS
Sports Editor

The Marist men's and women's baskerball programs look poised for championship glory this year and starting this Friday, Oct. 13 the student body is invited to join them as they begin their journc to the Arena at Harbor Yard. The third-annual Red Fox TipOff, formerly known as Midnight Madness, takes place this Friday night at $.8 \mathrm{p} . \mathrm{m}$. in the McCann Center. Admission is free, and the first 1,000 fans receive a free l-shitr. The event will also be broadcast live call-pus-wide on MCTV Marist College Televisiou), channel 29. Red fox fans will be introduced to the men's and women's basketball teams, and they will hear fiom a represcitative from both teams, in addition to both the head coaches.
The fans will tron be treated to some tantare throughout the night. There will be a new routine from the dance and cheerTeading squrds, is student dodgeball tournament, a three-point shootout and slam dunk contest, and tivo student contests (the nature of which cannot be disclosed) each for the prize of a closed) each for the
$\$ 10,000$ scholarship.
510,000 scholarship.
Those in attendance will also have the privilege of hearing the band debut the new Marist College Fight Song, writen by Band Director, Ar Himmelberger.

Himmelberger said he hopes the fight song will give Marist an identity in the same way that Notre Dame's fight song does.
a believe that a fight song gives identity and provides a line of uradition to un academic institution," he said. "When I think

## and univerities may colleges

 Tike Noersities in the country Ne Nore Dame, certainly the Noue Dame foght song is sy,onymous with that university, The night will conclude with half-cour shot attempt for a prize that is to be announced. For those who cannot attend, look no further than to channe 29, MCTV, for a live show which will include eoverage of all the action during the event and nackages about the new fight sons the checrleadine squad and the the checrlead
dance team.
MCTV assistant sports direc or, Andrew Batti, said that viewers will get an in-depth look at not only the players and coaches but the pcople around them who help make the basketball season 2 special one
"Tre coverage will preview the season for both teams and give people the chance to get to know hose people who will b involved in the season." he said Not just the players and coach es, but the band. the cheerleaders and the members of the athletie department.
According to assistant athetic directorfexternal affairs. Travis Tellitocci, the purpose of the event is to get students involved in the basketball season.
"We like to showcase our eauns, what were going to have this year, and also to get fan xcited about basketball," he said. "This event is to look at the peoming season, and it is a fuin py for season, and in is a fin way for the students to get intrethed to the teams snd actualy are part in contesis wint the get to do everyday
Telitocei said the fans at Marisi have been great throughout the years, and the Red Fox Tip-Of
ditement so thep lo generail excitement so that the fans will have a presence at home games during the year. Telitocci added that he hopes the students will wear the t-sharts that are handed out during the night threughout the season. "This year we made sure to target a shirt that the students can wear all year long," he said The shitt doesn't say 'Red For Tip-Off,' it says 'Marist Basketball.' And that's because ve want the students to wear the shirts at all the games this year." Last year, the Marist women's eam went to its second NeAA Toumament, and set a school record with 23 wins. The Marist men went $19-10$ last season and finished third in the Metre Atlantic Athletic Conference (MAAC).
This year, the women's team may have the chance to play against both participants in last year's national championship game, and the men may appea on the ESPN family of network fo (o) six times, incluaing Bracketbuster game on FCb.

Both programs are quiekly stepping into the national spotlight, and Telitocei said that now more than ever, the fans need to change the environment at the McCann Center.
Telitocei said that he would fike the Red Foxes to have a substantial home courr advantage. "We'd really like to make it feared place for teams to come nto, and also to mave mare in the direction of the bigger programs,"

