

Commuters behold welcoming arms and armchairs

By ALEX PANAGIOTOPOULOS
Opinion Editor

The Commuter Lounge Open House had all of the makings of a great party: a veritable Murderer's Row of Marist administrators and campus fixtures, three dozen commuter students enjoying their Wednesday morning activity time, and an opulent spread of fruits and cheeses.

The only hitch was that Marist College President Dennis Murray, the opening speaker, was running a little late thanks to a packed schedule. Fortunately, he bounded into the room only ten minutes tardy and didn't miss a beat, shaking hands and working the crowd before getting the Commuter Lounge Open House started with a speech.

The open house celebrated the many improvements that have been made recently to the Commuter Lounge, which is located on the second floor of the Student Center above the College Bookstore. Its purpose is to provide a "home base" for commuters, especially

those driving from far away. It features four desktop computers, study booths, an array of big comfy couches, luxuriant reclining chairs, a television set, and even a piano (in case someone gets the urge to play "A Thousand Miles" by Vanessa Carlton).

Murray emphasized that commuters make up over a third of Marist's students.

"An important part of our student body is our commuter students,"

'It's not enough just to have furniture and new paint; you need an outreach for the students.'

— Marie Austin
Director, first year programs

Murray said. "Historically, commuter students have had a significant impact on our campus."

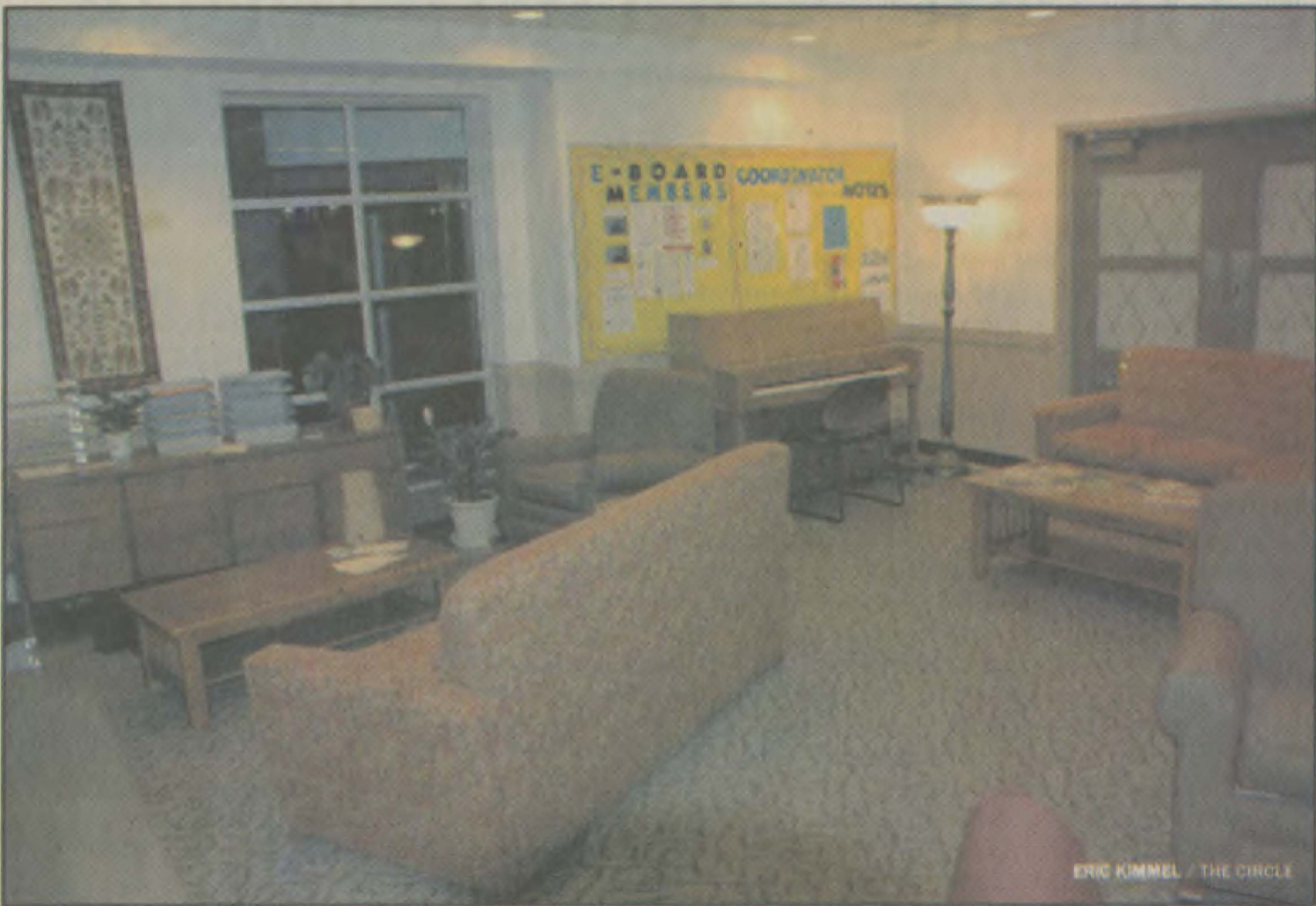
— Melissa Favell,
president of the
Commuter Student

Council, said that the lounge has been vastly improved from when she was a freshman.

"I'm here almost daily like our other commuters," Favell said. "I'm extremely proud of how far we've come in the last two years."

Marie Austin is the director of first year programs at Marist. She emphasized that beauty is only skin deep

SEE LOUNGE, PAGE 3



The new commuter lounge boasts four desktop computers, study booths, an array of big comfy couches, luxuriant reclining chairs fit for kings, a television set for extended study breaks, and even a piano, because you never know when someone is going to get the urge to break out into song, and if they do, they'll need piano accompaniment. The lounge should make commuters feel at home.

Revolutionaries battle it out



Mike Uttley and Jason Miller, Dance Dance Revolution enthusiasts, duke it out during a round of the popular, physically stimulating video game. The game is part of "Take a Break Tuesdays."

New traffic signal gets both green and red lights from pedestrian students

By ALEXANDRA RISUCCI
Staff Writer

Marist security and students alike were relieved last semester when a new traffic light was erected on Rt. 9 between Donnelly Hall and the Beck parking lot.

There have been no problems or glitches with the light thus far. According to sophomores Olivia Porcello and Tina Ward, the only downside to the new traffic light is that it "takes a long time to change" when they are waiting at the crosswalk.

John Gildard, director of safety and security at Marist, explained that this is because it is coordinated with the light at the Marian entrance and if there are people waiting at both crosswalks, the walk signals

will wait until the light turns at the main entrance before they change. He estimates that the difference in time seems long, but it is really only about a minute and 10 seconds.

Over the past few years, the school had been petitioning the state, requesting that a light be placed at the Donnelly entrance because of the high volume of students and faculty members crossing the four-lane road every day. According to Gildard, the state was very reluctant to comply until a traffic study was done in the fall of 2003.

"Once the director from the department of transportation recommended that a light be put up there, it just became a matter of having the state finally put the light up," he said.

Jessica Guglielmoni, Marist sophomore, said that she is very happy that the light was finally implemented. She hopes to be a resident of either the Upper or Lower West Townhouses next year and knows that it will be easier to get to class safely with the light in place.

"I'm relieved that they put a light there," Guglielmoni said.

"After hearing about the student getting hit by a car this year, I would feel much safer with a light at every crosswalk, especially when I'm walking at night."

Sophomore Erik Schmitz said he appreciated the addition of the light.

"It was a pain to walk to either Donnelly or Lowell Thomas to cross," he said, "when you only wanted to go somewhere in between and such."

Sophomore Thomas J. Duggan said, however, that the light was a bit of a nuisance.

"It's kind of annoying to have to wait for another light, when before, it was convenient to cross at any time," Duggan said. "It's just a matter of looking both ways."

'I feel much safer with a light at every crosswalk, especially when I'm walking at night.'

— Jessica Guglielmoni
Sophomore

Students found to lack understanding of First Amendment

By ALEXANDRIA BRIM
Staff Writer

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

Above is written the First Amendment as it appears in the Constitution. While many Americans may not recall the

amendment verbatim, many still know of the freedoms it guarantees them. The First Amendment is one that many citizens pride themselves for.

The high school students of this country are constantly referred to as America's "next generation." To see how much of an impact the First Amendment has on this section of the American population, the John S.

and James L. Knight Foundation has set up a High School Initiative. The project encourages high school students to participate in journalism and other media courses as well as sponsor a research project on the students' feelings towards the First Amendment.

The latest results were released last week, revealing how poorly high school students feel about

the First Amendment. The study also revealed that these numbers are related to a school's media program, or lack thereof.

Of high school students, 36 percent responded that they take the First Amendment for granted while 37 percent admitted that they didn't know how they felt about it. A vast majority of the students polled also believed that it is illegal to

burn the American flag, which is actually protected as free speech. 83 percent agreed that people should be allowed to voice

unpopular opinions, but this figure is low when compared to the 99 percent of their principals and teachers who agreed.

When it came to government censorship, 51 percent of high school students said that they felt

stories printed in newspapers should be approved by the government. On the flip side, 70 percent of students believed that music lyrics should not be censored—while 43 percent of principals and 58 percent of teachers agreed with them.

When the researchers broke the results down, they reached certain conclusions about students, media involvement and the First Amendment. Out of the 75 percent of students who believed that it was illegal to burn the flag,

SEE FIRST, PAGE 3

'Thirty-six percent of polled high school students admit they take the First Amendment for granted.'

THE CIRCLE Campus

The "Security Briefs" and the "Alcohol Fantasy Beat" are intended to be a parody and not a representation of The Circle's editorial stance on drinking — illegal or otherwise — nor is it intended to be a statement regarding the official Marist College policy on alcohol consumption.

THURSDAY, FEBRUARY 10, 2004

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PAGE 2

Security Briefs:

For the second week in a row

Compiled by DAN ROY
Campus Editor

2/1 — A student in Champagnat reported at 4:10 p.m. Tuesday that there was a hole in his wall. He went on to tell security that he was asleep when a few unknown visitors entered his room, poked in a hole, and left. They also damaged his wall, he said. Unfortunately, this event happened in mid-November, and is just now being reported. I'd be ashamed too, guy; it's ok.

2/2 — I will let you know when I start making my own stuff up for this. At 2:00 a.m. outside Leo Hall, a student was found sitting up a tree. Security told the student to come down immediately. He replied, "I paid to go to this school, so I have the right to be here." The officer and the Leo R.D. tried explaining to the boy how dangerous it was to be up there, and that he should really come down. In response the student said, "There is nothing in the student handbook that prohibits climbing and sitting in trees. I'm staying." I am still not making this up, people. He told the officer and the R.D. that he was watching the moon and listening to birdcalls. About an hour later, he did what he had to do and came down. All of that was factual. This isn't: That night about 1,000 birds sat and pooped on the rotunda.

2/2 — A student reported a hit and run in the McCann lot at 2:00 p.m. Wednesday. A Nissan Altima had its front bumper cracked in the accident. The baseball suffered no injuries.

2/3 — The fire alarm in the cafeteria went off at 2:50 a.m. Thursday morning. Pretty hilariously, it was from an employer buffing the floor. The machine started to smoke, and it set off the detectors. First of all, what did that guy have to do wrong to land a job buffing the floor at three in the morning? Secondly, I'm kind of surprised that kind of thing doesn't happen more often. I mean

when I'm buffing up in the gym, I'm sometimes amazed that the smoke coming off my hot bod doesn't set off alarms.

2/3 — I think Talmadge is purposely going to do something stupid each week, just so I have to write about them. At 6:50 p.m. the fire alarm went off due to burning rice. You know, I heard for every rice kernel that gets burned a dolphin is killed by a motorboat motor. So thank you Talmadge Court for not only wasting a meal, not only killing hundreds of dolphin, but littering the sea with rusty old Yamahas.

2/5 — Larceny was reported in Townhouse A at 5:30 p.m. Saturday. A student said they had a bunch of people over their house, and when the smoke cleared, their CD and DVD players were missing. The town police are investigating. Man, that burns my bridges. I get mad when people steal some of my toothpaste, let alone a DVD player.

ATTENTION: Students are urged to keep doors locked at all times. If anyone is having problems with their lock, they should call security immediately. So again, lock your doors, or your Discman could be next.

2/6 — Townhouse H had a fire alarm go off at 1:59 a.m. Sunday morning. This wasn't your ordinary fire alarm, however. Just before the alarm, a few students came to an H apartment looking for "the party." The resident kindly said she didn't know what they were talking about, and that there was no party being held. In a fury of anger, the party hunters pulled the box and ran next door to see if they were the ones with the party. Coincidentally, that house was in the processing of burning bacon, and set off the fire alarm.

2/6 — Another larceny happened at 4:15 p.m. in Champagnat. A student's money was taken out of his

drawers and put in the pocket of a thief. The intruder then ran away with the money. You guys are all alike.

Alcohol-related incidents this week:

— none

Total alcohol-related incidents:

1. Leo — 2
2. Champagnat — 1
3. Gregory — 1
4. Talmadge — 1

Total Fire Alarms:

1. Old Townhouses — 4
2. Champagnat — 1
3. Talmadge — 1
4. Cafeteria — 1



Upcoming Campus Events

Friday, Feb. 11, 2005
Faculty Lecture:
Rwanda, Radio, and
Reconciliation
4:30 PM
Kirk Reading Room, LT

Friday, Feb. 11, to
Saturday, Feb. 12, 2005
Mall Trip
Friday 6 PM - 12 AM
Saturday 12 PM - 8 PM
Bus leaves from Midrise

Wednesday, Feb. 16, 2005
Mr. Marist
9 PM
Nelly Goletti Theater

Thursday, Feb. 17, 2005
SPC Presents:
Juxtapower
8 PM
Nelly Goletti Theater

Saturday, Feb. 19, 2005
SPC Presents:
Ski Trip to Hunter Mountain
7 AM
Bus leaves from Donnelly

Sunday, Feb. 20, 2005
SPC Presents:
Dane Cook
8 PM
McCann Center

Monday, Feb. 21, 2005
Marist Idol:
Second Round Premiere
8 PM
MCTV Channel 29

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The Circle is the weekly student newspaper of Marist College. Letters to the editors, announcements, and story ideas are always welcome, but we cannot publish unsigned letters. Opinions expressed in articles are not necessarily those of the editorial board.

The Circle staff can be reached at 575-3000 x2429 or letters to the editor can be sent to writethecircle@hotmail.com

Student Government Flash

The Student Government Elections are coming soon. Here are some dates to keep in mind.

Feb. 11 — Petitions due in the SGA office in the PAR.
by 4:00 p.m.

Feb. 13 — Campaigning Begins.

Feb. 14 — Speech Night - 9:00 p.m. in the PAR.

Feb. 15 — Meet the Candidate - 9:00 p.m.

Feb. 17 — Debate Night (Student Body President Candidates only) - 9:30 p.m. in LT 210. The debate will be broadcast live on MCTV Channel 29.

Voting begins 11:00 a.m. Monday, Feb. 21 and ends Wednesday, Feb. 23 at 7:00 p.m. ... Don't forget to cast your vote.



* For more information on these events, visit our homepage at clubs.marist.edu/sga/ or call x2206 *

Alumni giving tradition starts before graduation

By KATE GIGLIO & ALEX PANAGIOTOPOULOS
Staff Editors

Marist College's Senior Class Gift, administered by the SGA and the Office of Human Resources, is consistent with a national trend of colleges soliciting donations from students prior to graduation.

The Senior Class Gift is a tradition that is believed to have been begun by the Class of 1997, who tried to raise money for the then-new James C. Cannavino Library.

The donation, like it or not,

may lead to a slippery slope of donating money to Marist. In a CNN.com article titled "Undergrad, Can You Spare a Dime?" Graham Smith, coordinator of the University of Alabama's student campaign, said that donating money to schools is not just about the money, it is also to start a trend of donating whilst in college that will hopefully continue in the years yon graduation.

"It's about establishing a firm tradition of giving," Smith was quoted as saying.

Later in the article, college fund-raising maharishi John

Taylor of Durham, North Carolina, said that fund-raising efforts have targeted students earlier and earlier.

"You typically didn't approach people until a good five years post graduation. T h a t

seemed to be rule of thumb," Taylor said in the article. "Over the last decade or two, we've seen that shift, so the day after graduation they're fair game. Now the shift has moved further to talking to seniors before they graduate, so logically that trans-

lates to the earlier you contact the student the better."

Towards the end of last spring semester, several Marist seniors demonstrated against the Marist

'I don't mind donating if it is going to help someone or help make Marist a better place.'

College senior gift tradition. They claimed that Marist asks for way too much money from them already, and that for them to be expected to give more money is ludicrous.

Adelphi sophomore James Dunphy said that despite his own volatile financial condition, he supported the practice of donat-

ing to scholarship funds if it would help another student like himself.

"Even though I've got a ton of my own bills, I'm all for giving a little bit to help out someone who needs it," he said.

Marist sophomore Tom Duggan said that although some people may be averse to the prospect of giving even more money to Marist, he does not see much of a problem with giving a few extra dollars for the sake of scholarship money or another viable option.

"Although a lot of kids graduate with debt, the class gift is

something outside of tuition or room and board," Duggan said. "I don't mind donating if it is going to help someone or help make Marist a better place for the next round of seniors."

However, many disagree, including the aforementioned demonstrators.

The '04 seniors said that they did not be give any money to the Marist class gift. In fact, when asked if he would be contributing, one student replied decidedly negatively.

"Here's my class gift," he said. "This demonstration is my gift to Marist. Free, creative thought."

Commuter Corner

Commuters need not feel foreign in home away from home

By JENNA COLEMAN
Staff Writer

Welcome to the Commuter Corner! My name's Jenna Coleman and this is my second semester as a commuter student at good ole Marist. I am going to take this first article to tell you a little bit about our "home away from home" and how to

get involved as a commuter.

Even though we are only a small percent, commuter students are a large part of the Marist community. On the second floor of the Rotunda, located next to the Cabaret is the commuter lounge where computers, couches and televisions are available to use in between classes.

As well as being a "home away from home" for myself and my fellow commuters, there are also several events that take place throughout the semester and this lounge is where important commuter information is posted regularly. Because we make up such a small number of Marist students, there is a council that represents us, the Student

Commuter Council. They are a branch of the College Student Government Association, and their job is to make sure that the commuters are heard and kept informed.

Any commuter student is welcome to take part in the Commuter Student Council; it's an awesome way to get involved in the Marist community as well

as meeting other commuter students. If you are interested in getting involved as a commuter please contact Melissa Favell, CSC President at Melissa.Favell@marist.edu or Joseph Connell, the student commuter mentor and coordinator at Joseph.Connell@marist.edu.

Whether you are interested in

joining the council or not, please stop by the lounge and take advantage of its amenities.

Be sure to check this column regularly to see what events are taking place and for any information that is affecting commuter students.

From Page One

Refurbished lounge acts as vessel of commuter outreach; described as place to call home

when it comes to improving the commuter experience.

"It's not enough just to have furniture and new paint," said Austin. "You need an outreach for the students."

Austin cited the 250 ice scrapers that were handed out in Marist's parking lots at the start of the spring semester. Another change is an increased sense of community, thanks to an increased number of social events being held in the lounge. There has been a political debate, a performance by vocal group The Sirens, Halloween and Holiday parties, and a Valentine's Social.

There is also a frequently updated webpage located at <http://www.marist.edu/campus-life/firstyear/commuters.html>. The webpage features a list of upcoming events, a directory of off-campus resources, and a photo gallery.

Joseph Connell has been a

mentor of commuters at Marist since May and also serves as an advisor for the Commuter Student Council. His office is located within the lounge, and is most in tune with the everyday spirit of the lounge.

He likened it to a popular 80s TV show about a bar, just without the alcohol and Ted Danson.

"I see it as *Cheers*, everyone knows each other's names," Connell said. "It's been exciting for me to see all of the improvements."

Approximately 40 or 50 different students use the lounge regularly, with about five or 10 students present most of the time. Connell said that the Office of First Year Programs endeavors to try to make the students feel connected to the school, which is often difficult for someone not living in a dormitory.

"I try to work with resident counselors to get them involved with the rest of campus," said

Connell. "It's tough for them. They have to balance school, their own community, their families, and maybe even a job. They have a lot going on."

The day even provided some guffaws for the tight-knit commuters in attendance.

President Murray remarked extemporaneously about his favorite piece of furniture in the lounge.

"I love that rocking chair," Murray said. "I don't know if it's because I'm getting old."

Austin lauded Student Activities Director Bob Lynch's dedication to his work and his role in acquiring the new furniture.

"Bob Lynch practically lives here!" Austin exclaimed. "He really cares about the students at Marist."

"That's why I got the furniture," Lynch said.

Lack of media involvement on high school campuses curtails many students' knowledge of free speech

76 percent of them had little to no activity in media. Those who have taken media courses or are involved in some form of the media agreed that people had the right to voice unfavorable opinions. A high amount of students that participated in media also believed that the government should not have a say in what newspapers print.

The research project discovered that media programs, especially school newspapers, are disappearing from high schools across the country. Forty percent of high schools polled don't

have student newspapers and 68 percent have no media options at all. School administrators want media programs in their schools but claim that financial problems prevent this from becoming a reality.

Carol Pauli, journalism professor, felt that the results of the study were saddening. She believes that America's strength comes from the First Amendment, the one that protects all the other rights. If one of these rights is violated "the First Amendment allows you to report it, protest it." However, she said

that the results were "not terribly surprising."

The research did produce some good news. It found that students who wanted to get involved in the media would find a way to do so. The findings were that students who didn't have a media program in their school went to outside sources both formally and informally. The hope of the research is that high schools across the country will take the findings and start focusing on the First Amendment, for the students are the future.

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- unlimited nights and weekends
- freedom from selling plasma to pay unexpected phone bill



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Opinion

Let the voices of the Marist community be heard.

THURSDAY, FEBRUARY 10, 2005

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PAGE 4

State of Union by presidential Pinocchio

Bush's address overwhelmingly contradicts previous statements and policies

By IGOR VOLSKY
Staff Writer

Dear President Bush, I'll try to keep this short; I know you don't like to read.

You see, I've been following your presidency rather closely and I've come to believe that you're a liar. I'm writing to you so that you can convince me otherwise. I don't like to think of my president as a liar. But sometime, we all must face reality.

Mr. President, you lie to yourself, you lie to the American people and you lie to the world. Last Wednesday, during your State of the Union address you told us that "we are working with European allies to make clear to the Iranian regime that it must give up its uranium enrichment program and any plutonium re-processing, and end its support for terror." But we're not working with our European allies, Mr. President. In fact, just two weeks ago, the UN urged us to join forces with the EU and "persuade Iran to give up atomic processes that could be used to make weapons." We refused. You

don't believe in negotiation.

During your speech, you announced "a three-year initiative to help organizations keep young people out of gangs." But Mr. President, you have previously proposed 40 percent cuts in federal juvenile crime prevention programs and sponsored 44 percent reductions in delinquency-fighting and anti-gang funds. Are you a flip flopper?

You reminded us, Mr. President, that "during this time of war, we must continue to support our military and give them the tools for victory." But your secretary of defense, Donald Rumsfeld disagrees. He once told a soldier that "you have to go to war with the Army you have," and you yourself have previously forced soldiers to buy their own body armor. Your latest budget doubles veterans' copay for prescription drugs and closes several veteran hospitals. Do you think that's patriotic?

But you tried to reassure us, Mr. President. You told us that everything would be alright, that we would be safe. Here is what you said: "We have created a new department of government to defend our homeland, focused the FBI on preventing terrorism, improved border security, and trained more than

But if there is one thing I like about you, Mr. President, it's that you're always on message. You're so predictable. You don't let the facts get in the way of your rhetoric.

a half million first responders." But that's fiction. Your latest budget undercuts first responders. The proposal reduces federal grants to local police forces by \$540 million and local firefighters grants by \$215 million. You also won't protect us from bioterrorism. Your budget under funds an agency that helps state and local officials prepare for bioterror attacks by 12.6 percent.

But if there is one thing I like about you, Mr. President, it's that you're always on message. You're so predictable. You don't let the facts get in the way of your rhetoric. Or maybe you

just don't know the facts (or don't care for them). You keep telling us that "our men and women in uniform are fighting terrorists in Iraq, so we do not have to face them here at home." That's not true. You see, according to the CIA director's think tank, the National Intelligence Council, "Iraq has replaced Afghanistan as the training ground for the next generation of 'professionalized' terrorists...Iraq provides terrorists with 'a training ground, a recruitment ground, the opportunity for enhancing technical skills." The national intelligence officer for transnational threats was quoted as saying

You [George W. Bush] seem to have a problem. You say one thing, but then do another. Has anyone else ever told you this?

Oh, Mr. President, one last thing. (Remember, I'm trying to keep this short.) It's about North Korea. You said that "we are working closely with governments in Asia to convince North Korea to abandon its nuclear ambitions." But this is a lie. Remember how during those presidential debates you mocked John Kerry for his 'internationalism'? Well, just to

remind you, during the first debate you told us that we shouldn't negotiate with North Korea because doing so would "reward bad behavior." So, we're not "working closely to convince North Korea..." That would be rewarding bad behavior. Don't you remember?

Mr. President: I can't decide if you purposefully lie or if you just don't know what you're talking about. Could it be both? But bottom line is, you're a liar. And do you know what happens to liars? They get impeached.

Igor Volsky is an undergraduate at Marist College in Poughkeepsie, NY and the host of the *Luske-Volsky Show* (with Dr. Bruce Luske) and *Political Thought*, two public affairs programs airing every Monday and Friday from 4-6 p.m. on WMAR 1630AM. Both shows can be streamed at www.politicalthought.net.

Cross-country skiing is awesome, and by awesome, I mean totally sweet

By RACHEL ANDERSON
Staff Writer

Snowboarding has Shaun White. Alpine skier, Bode Miller, had a highly publicized chance at World Cup skiing history earlier this month.

No matter how fast or slow, how young or how old, cross country skiing is a great and safe way to get in shape.

night, I'm not at my most appealing when I'm on my skis.

Yet that isn't what cross-country skiing is all about. I know I'll never impress someone with flashy jumps or fast turns. Though I'm not very good, I like to go out in the cold winter weather for the exercise, the explosion, and the enjoyment.

Though I'm only a freshman, you've probably seen me somewhere on campus. I've already been out skiing this season, but before the snow had fallen I was the one hitting practice balls with my left-

handed golf clubs. It is possible you laughed at me, or perhaps joined me as some did, or was part of the tour group I accidentally hit. I'll say it straight out, I can't golf. But, like skiing, you have to forget about those watching and do it for yourself.

Cross-country skiing is the best aerobic exercise you can do. According to the Cross Country Ski Areas Association, a typical 175-pound male can burn up to 800 calories in an hour. Practically every muscle in your body is used, and unlike many exercises, cross-country is very low-risk and doesn't put stress on your muscles that could cause injury. No matter how fast or

SEE SKIING, PAGE 8

Singles can add meaning to their lives by replacing love with courtesy on Valentine's Day

By GREGORY PARIS
Circle Contributor

That special day of the year is approaching. That day when couples cuddle like puppies in a basket. It's a day that most single people wish would go unnoticed. Buy some roses and light some candles, it's Valentine's Day!

But between the Russell Stover Chocolates and the Hallmark Teddy Bears, it is hard not to wonder, where has all the love gone? The stores are still selling all of the sentimental memorabilia, and everything from candy to condoms is being sold in a heart-shaped package, but what about the love we are supposed to have towards each other?

Loving ones friends or that spe-

cial someone is easy. These people care for us when we need to be nurtured both physically and emotionally. Sometimes however, a person has an opportunity to care for someone they've never met. It can be as simple as holding a door or smiling at someone who's wearing a frown. Courtesy is in short supply, but it grows when every individual wants to make another person's day a little bit better.

Maybe it would be better to celebrate Valentine's Day with a random act of kindness rather than a dozen roses.

Marist College is a community of people with different beliefs and experiences. But despite these differences, every person is bonded together through the

human condition. It is the condition that makes us laugh when we're happy, and cry when we're depressed. Kindness needs no reason and is the greatest expression of love.

Maybe it would be better to celebrate Valentine's Day with a random act of kindness rather than a dozen roses. It will leave someone else feeling special and keep some hard earned money in the bank account. Can you imagine if everyday was Valentine's Day and was celebrated the same way?

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THE CIRCLE Features

THURSDAY, FEBRUARY 10, 2004

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PAGE 5

Fashion Week predicts colorful Spring '05 garb

By MEGHAN MCKAY
Staff Writer

As groggy Marist students trudge through the caf, clad in variations of the typical hoodie, scrubs and Ugg boot uniform this morning, fashion may seem like the last thing on anyone's mind, unless you happen to be either fashion obsessed or a design major doing some furious studying while you wolf down a semi-stale bagel before class.

However, (believe it or not) only a short train ride away, New York City is swarming with leggy models, frazzled designers, celebrities, hopeful trend spotters, buyers, and plenty of fashionistas all decked out in their snazziest threads—Olympus Spring 2005 Fashion Week is in full swing.

Over 80 designers will strut their stuff inside those infamous white tents at 7th on 6th over the course of the week, showcasing creations both chic and shocking.

What's on the menu for spring

attire this year? Get ready for fun and funkiness with color, texture, new silhouettes and distinctive embellishments. Girls can kick aside the frilly, fussy frou-frou of the past few seasons with the toe of a leopard-print ballerina-slipper clad foot. Finally we're getting away from the sweet and girly and moving on to the grungy side of glamorous. This season is all about being sophisticated while still comfy, casual and relaxed but certainly not boring or boyish. Menswear-inspired looks are softened with feminine flourishes, and rugged details like exposed seams, distressed fabrics and raw edges to bring out the "tough girl" in all of us. Pink is over, and black is overdone. Prepare to embrace shades of purple and designers' new pet: brilliant blues like turquoise and aquamarine.

Bold, dark lustrous hues as well as vibrant candy-tinted shades are taking center stage as part of this spring's love affair with color.

Key trends include authentic military details like army jackets, metal and epaulets, fuller fifties-esque skirts, relaxed tailoring, cropped trousers, ginormous plastic-framed glasses in fanciful shapes, and layering to the max.

Silhouettes are softer, garments are toned down glitzy rather than gaudy, "tough chic" details abound: embroidered embellishments, pinstriping, lace, fringe, hemp, straw, wood, and shell accessories, folkloric trims, rebellious pop art, beads, buttons, and rips. Some may shudder, but fur isn't just for pimps and sketchy old ladies anymore—it's back in action and fabulous whether it's mink, chinchilla, alpaca, shearing, fox, rabbit, or



Courtesy of www.newyorkmetro.com

Chic menswear inspired fashions and comfortable, yet sophisticated clothing were all over the runway during Fashion Week.

faux, for the animal lover in all of us.

Rather than blow \$5000 on a pair of gray couture gaucho pants, raid your attic and grandmas' closet for banished vintage rejects like tunics, bolero jackets, skinny belts, cowboy hats, weatherbeaten obscure band tee shirts, and all the costume jewelry you can dig up. As always, vintage is forever in style. The 50's are a source of inspiration for many of this season's bright, fanciful looks, with fun, bright and exotic "conversational" printed fabrics, voluminous skirts, longer shorts, classy separates and an emphasis on the coveted hourglass figure that recalls the heyday of glamour-pusses Audrey Hepburn and Jackie O. Higher, more defined waists take apparel up a notch, as those of us who are less enthusiastic about showing skin will be happy to experience. Nostalgic 70's and 80's hipster-punk looks are hot as well, though there's a notable absence of scary zippers and the color palette brings to mind a bag of Skittles more than the contents of Ozzy Osbourne's closet.

So what does all this mean for your spring wardrobe? Don't feel overwhelmed by the explosion of new trends and "must-have" items. With the incorporation of a few new items, most of fall's leftovers can still sizzle for

SEE FASHION, PAGE 8

And the Nominees Are ...

This Sunday at 8 p.m., the 47th annual Grammy Awards will air on CBS. The nominees for the most competitive categories are out so be sure to check in next week for the results.

Record Of The Year
(Award to the Artist and to the Producer(s), Recording Engineer(s) and/or Mixer(s), if other than the artist.)

- Let's Get It Started
- The Black Eyed Peas
- Here We Go Again
- Ray Charles & Norah Jones
- American Idol
- Green Day
- Heaven
- Los Lonely Boys
- Yeah!
- Usher Featuring Lil Jon & Ludacris

Album Of The Year
(Award to the Artist(s) and to the Album Producer(s), Recording Engineer(s)/Mixer(s) & Mastering Engineer(s), if other than the artist.)

- Genius Loves Company
- Ray Charles & Various Artists
- American Idol
- Green Day
- The Diary Of Alicia Keys
- Alicia Keys
- Confessions
- Usher
- The College Dropout
- Kanye West

Song Of The Year
(A Songwriter(s) Award. A song is eligible if it was first released or if it first achieved prominence dur-

ing the Eligibility Year. (Artist names appear in parenthesis.) Singles or Tracks only.)

- Daughters
- John Mayer
- If I Ain't Got You
- Alicia Keys
- Jesus Walks
- Miri Ben Ari, C. Smith & Kanye West
- Live Like You Were Dying
- Tim Nichols & Craig Wiseman
- The Reason
- Daniel Estrin

Best New Artist
(For a new artist who releases, during the Eligibility Year, the first recording which establishes the public identity of that artist.)

- Los Lonely Boys
- Maroon5
- Joss Stone
- Kanye West
- Gretchen Wilson

Best Female Pop Vocal Performance
(For a solo vocal performance. Singles or Tracks only.)

- Oceania
- Björk
- The First Cut Is The Deepest
- Sheryl Crow
- Sunrise
- Norah Jones
- What You Waiting For?

Gwen Stefani

- You Had Me at My Word
- Joss Stone

Best Male Pop Vocal Performance
(For a solo vocal performance. Singles or Tracks only.)

- Let's Misbehave
- Elvis Costello
- You Raise Me Up
- Josh Groban
- Daughters
- John Mayer
- Cinnamon Girl
- Prince
- Love's Divine
- Seal

Best Pop Performance By A Duo Or Group With Vocal
(For established duos or groups, with vocals. Singles or Tracks only.)

- My Immortal
- Evanescence
- The Reason
- Hoobastank
- Heaven
- Los Lonely Boys
- She Will Be Loved
- Maroon5
- It's My Life
- No Doubt

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Courtesy of www.newyorkmetro.com

Bolero jackets and vintage clothing were popular in Betsey Johnson's spring fashion line.

Test your knowledge about Black History

1. The 15th Amendment to the U.S. Constitution granted suffrage to African-American men. What does suffrage mean?
2. What prize fighter reigned as heavyweight champion of the world for 11 straight years from 1937 - 1948?
3. Was the Civil War fought to free slaves or to preserve the Union?
4. Who was the voice of Darth Vader in the film "Star Wars"?
5. What entrepreneur managed The Temptations and The Supremes before finding his company and a recipe from his aunt?
6. Name the athlete who defied Hitler's inferiority theory by winning four gold medals in the Berlin Olympics?
7. What crop first create a demand for slave labor in late 17th century America?
8. What African country was one of the founding members of the United Nations?
9. Who is the first African American to ever coach an NBA team?
10. Name the great Jazz musician whose signature tune was "Take the A-Train"?

Answers:

1. The right to vote (the 15th amendment was adopted in 1870)
2. Joe Lewis (He was called the Bronx Bomber and successfully defended his title 25 times)
3. To preserve the Union
4. a. James Earl Jones b. Geoffrey Holder
5. Wally Amos (Creator of Famous Amos Cookies and gave out his cookies at concerts to promote his product)
6. Jesse Owens in 1936
7. Tobacco (Colonial farmers were not able to persuade enough workers to harvest tobacco)
8. Liberia in 1945
9. Bill Russell 1966 for the Boston Celtics (as the player/coach he led the team to two NBA championships)
10. Duke Ellington (the song title refers to the NYC subway train that runs through Harlem).

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“ Progesterone supplements are mostly harmless, inexpensive treatment, which a lot of patients go on. But it probably doesn't save that many pregnancies. ”

— Dr. Alan B. Copperman

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Doctors fail to reach consensus on miscarriage mystery

Despite widespread use, progesterone injections are not proven effective for prevention

By JESSICA BAGAR
A&E Editor

Each year, millions of hopeful American women try to become pregnant, and each year, thousands of those women lose their babies to sickness and disease. Among the most prominent causes of infant mortality are miscarriages. Until recently, miscarriage studies have been limited and, as a result, miscarriage remains a mysterious topic for patients and doctors alike.

While infertility used to suggest a couple's inability to conceive, more and more often it refers to the fact that women cannot hold on to their babies beyond the first few weeks of pregnancy. This growing problem is a mystery to professionals.

“Doctors say that as many as 3 or 4 percent of couples who try to have children suffer from what doctors call recurrent pregnancy loss, in which women younger than 40 experience three or more consecutive miscarriages with the same partner,” according to an article in the New York Times, “Specialists Trying to Unravel the Mystery of Miscarriage” by Emma Daly.

According to those doctors, a

fourth of those couples will remain in the “don't know why” category. In a study conducted at the Centers for Disease Control and Prevention, researchers estimate that of the 6.23 million pregnancies recorded in the United States in 1999, 1 million

ended in miscarriage. A 25-year-old has a 15 percent chance of miscarrying. By 42, that figure exceeds 50 percent.

The most common miscarriages in women occur because an embryo with genetic abnormalities is not able to make it to delivery. In cases such as those, Daly said, women can opt for in vitro fertilization and pre-implantation genetic diagnosis, which ensures that only embryos deemed genetically normal are implanted in the uterus.

Dr. William H. Kutteh, a specialist in immunology and reproductive endocrinology at Fertility Associates of Memphis, explained that when he was a student 15 years ago “there was no training on pregnancy loss.”

Because of a lack of training in the field in the past, doctors are often hesitant and unprepared to research and treat infertility in women. There remains little consensus among the experts in the field.

According to Dr. Kutteh, one of the biggest problems in treating infertility is that “doctors forget to order the very basic tests, check the uterus.” Over half of the women he sees with recurrent pregnancy loss have never been given a cheap, simple test for insulin resistance, although that problem is associated with higher miscarriage rates.

There are many aspects of miscarriage treatment that continue to provoke controversy among doctors. While some doctors argue that injecting progesterone, a hormone vital to a healthy pregnancy, helps prevent miscarriage, others argue that it does nothing but postpone the inevitable. New research suggests that as a result of the hormone's immunosuppressive

effects, very high doses of progesterone may be effective in some, but not all, cases.

Dr. Alan B. Copperman, director of reproductive endocrinology and infertility at the Mount Sinai Medical Center is less optimistic about progesterone supplements.

“How many patients do we save from miscarriage with progesterone supplements? Not that many. Do we do it routinely? Sure we do. It's a mostly harmless, inexpensive treatment, which a lot of patients go on. But it probably doesn't save that many pregnancies,” Copperman said.

Many miscarriages continue to go unexplained despite modern medicine's best efforts. In many cases doctors simply give up, as in the case of Isabel Letsch, 25, of Baltimore.

“It's just a big mystery. My doctor has given up hope and told me it's because I'm overweight,” Letsch said.

Director of reproductive endocrinology and infertility at

the Yale School of Medicine, Dr. Aydin M. Arici, claims that recurrent miscarriages have many causes.

“For two-thirds of the known causes,” he said, “there is a specific treatment. Then you have about 40 percent where you don't know exactly what has caused it. So there are some empirically unproven treatments out there that are highly debatable.”

A common theory explaining repeated miscarriages suggests that the immune system fails to recognize and protect a pregnancy, releasing antibodies to attack it instead. In the New York Times

article, Daly explained doctors tests of two treatments to restore normal immune function. One treatment, called intravenous immunoglobulin therapy, involves a blood product pooled from thousands of donors and used to regulate abnormal responses of the immune system. The other, lymphocyte immune therapy, uses blood from a woman's partner to prompt her immune system to recognize a pregnancy.

While intensive studies continue to be conducted on these treatments, doctors note that the studies are complicated by the fact that even without treatment, women whose recurrent miscarriages cannot be explained have a 60 to 70 percent chance of a successful pregnancy.

“About 40 different treatments over the past century claim to be successful, and some sound O.K. But when you look at them, all of them claim about a 70 percent success rate,” Arici said. “When you take this unexplained group and give them tender loving care, contact, reassurance, about 70 percent will carry to term.”

Even with the growing number of successful treatments, many couples continue to suffer from the heartbreak brought about by miscarriages. These couples are desperate to try anything, but they are not alone. As doctors continue to unravel the mystery of miscarriages, thousands of women worldwide continue to mourn the deaths of their unborn children. Until there is a definite treatment, the isolating pain of these women will continue to grow.

Local heart walk to raise awareness

By KRISTEN ALLDREDGE
Health Editor

The American Heart Association's major fund raising event, the Heart Walk, is taking place in Poughkeepsie on February 26 and Marist will in attendance. The heart walk promotes physical activity and awareness of the number one and number three killers of American people, heart disease and stroke.

Heart disease includes numerous ailments such as Diabetes, Arrhythmias (irregular heart beating disorders), high cholesterol, congenital and acquired heart disease that affects children, high blood pressure, and congestive heart failure. Some of these conditions are still incurable. Abstaining from smoking, keep a healthy diet, and engaging in physical activity will help prevent the worsening or occurrence of some heart ailments.

Strokes are the leading cause of serious long term disability in the United States. In addition to unhealthy routines, risk factors include hereditary traits, sickle cell disease and other blood disorders. Each year about 700,000 people suffer from a new or recurrent heart attack. Advancements in research and healthcare have allowed for 4.8 million stroke

victims to be alive today.

The American Stroke Association estimated the cost of heart related research and care in 2004 is \$53.6 billion. Currently, the Heart Association has a research program for Connecticut, Long Island, New Jersey and New York City. The money collected will support the valuable projects such as new forms of surgery, life saving drugs and the development of pacemakers.

Fifty-five percent of the American Heart Association's funds come from the annual heart walk fundraiser. Money donated by Marist will come from selling paper hearts for a dollar to students, staff and faculty. Now until Monday February 14, hearts will be sold in Donnelly from 11:00 a.m. to 2:00 p.m. Tables located at both entrances to the cafeteria will staffed by members of Campus Ministry during lunch and dinner hours on February 17.

Anyone interested in participating in the Heart Walk can call Campus Ministry at X2275. The walk begins at Our Lady of Lords High School and the length of the course is depends on the weather. Please visit the American Heart Association's Web site AmericanHeart.org for information regarding research, donations and other walk locations.

Science Briefs

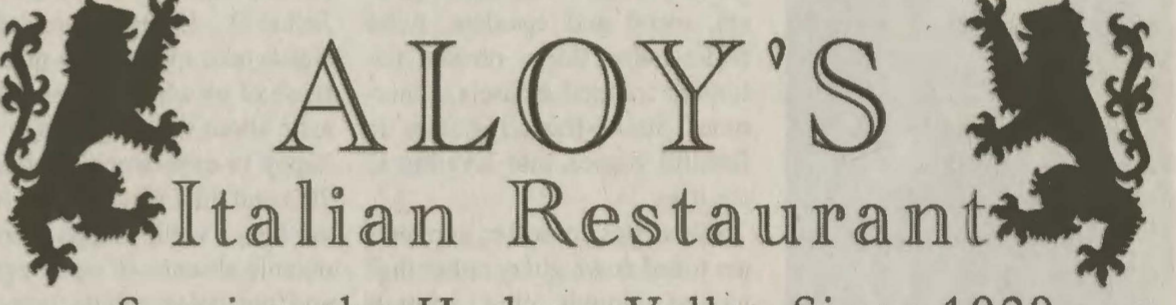
By KATE GIGLIO
Managing Editor

THE FAT APPLE

In its seventh annual America's Fattest and Fittest Cities report, Men's Fitness magazine has named Houston the fattest city in the United States, and Seattle the fittest. In its report, the magazine said their “panel of experts put every city on a scale of sorts and considered the real-world factors that make all people ... more likely to put on pounds.” Western states dominated the top ten of the “fittest” list; while the scales tipped eastwards when it came to the fattest of folk. New York was named the eighth-fattest city, reflecting a significant gain in both weight and list position from last year, when it was the 21st fattest city. According to the report, New Yorkers watch too much television; do not take advantage of amply available fitness centers; and don't participate enough in sports. It is, however, the “city that eats the least junk food.”

FOR POTATOS' PLIGHT, THE END IS IN SIGHT

Hoping for a rise in as-of-late unleavened profits, the grain industry launched its \$3.5 million “Grains for Life” campaign in Washington and New York last week, reports an article on CNN.com. The industry has been suffering ever since the Atkins-diet craze exploded like a ball of yeasty dough left fermenting for days. Bread-based businesses suffered as carbohydrate consumption plummeted in favor of Atkins-style diets of salads, eggs, cheeses, and meat. However, bakers and other bread-makers are fighting back this year, proclaiming the benefits of having whole-grains as a dietary staple. Whole grains, which are complex carbohydrates, are the best source of energy. And Lee Schwebel of Schwebel Baking Co. in Youngstown, Ohio pointed out in the CNN article that despite the Atkins trend, bread is still a favorite of both gourmards and gourmets everywhere. “Try making a peanut butter and jelly sandwich without bread,” he says.



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Not just any ordinary guitarist

By ANGELA DE FINI
Circle Contributor

On Tuesday, Feb. 1, the PAR was filled with 33-year old Dominic Gaudious' unique blend

two albums and touring with an eclectic rock band in the 1980s, Gaudious found his passion in the contemplative world of Classical/World Beat music. According to the performer, he

shops or lectures about music, he focuses on conveying two main elements he feels every musician needs—creativity and confidence. He works mainly with six and 12-string acoustic guitars, including a double-neck guitar, and incorporates exotic instruments such as the Australian didgeridoo, an instrument made from hollowed out eucalyptus. Gaudious explained that circular breathing is key to playing the didgeridoo; breathing in through the nose while breathing out through the mouth.

His set list Tuesday night included "Sharpening the Saw," an upbeat rhythmic piece, and "Bareback," a piece he feels would be playing in the background of someone riding bareback on a horse. Gaudious also played the ballad "Joey, Jackie, Riley," named after his ex-wife, cat and parrot. He performed this ballad at the 1996 Centennial Olympic Games for star athletes such as Evander Holyfield and Kerri Strug.

Most recently, Gaudious was a finalist on FOX TV's "30

Seconds to Fame," a show where people showcase their talent for 30 seconds to a panel of judges to be considered for a \$25,000 prize. Gaudious was up against an a cappella group and a break dancer in the final three, and unfortunately lost to the break dancer. He is grateful for the experience on a major television network show, even if he did not win the grand prize.

Well received by Marist students, Gaudious was mostly praised for being a unique talent to the SPC lineup. "He was unlike anything I have ever seen or heard before," junior Kara Varga said. "He put a lot of emotion into the song he played at the Olympics. That song was amazing, definitely his best," echoes Lauren Rowlan.

For more information on



ERIC KIMMEL / THE CIRCLE

Dominic Gaudious expertly blends classical, jazz, flamenco, rock, and world-beat music to form his own unique instrumental sound.

Dominic Gaudious, including upcoming appearances, visit www.dominicgaudios.com.



ERIC KIMMEL / THE CIRCLE

Being unable to read or write music, Dominic Gaudious impressed the Marist community with his incredible musical ability. He plays on six and 12-string acoustic guitars and incorporates exotic instruments into his playing.

of classical, jazz, flamenco, rock, and world-beat musical stylings. After successfully releasing

cannot read or write music and all his work is strictly instrumental. Whenever he gives work-

Sold-out crowds take in a 'Godspell' worthy of praise

By KATE GIGLIO
Managing Editor

Though one might argue that it was divine intervention, it was likely excellent word-of-mouth and relentless self-promotion that sold out all four "Godspell" performances this past weekend.

I saw the show on Friday, and I walked in with higher expectations than usual, since I figured the School of Liberal Arts would be pulling out all the stops for their debut performance. And honestly, for the most part, I was not disappointed. Though I found a couple of things I might change, I laughed at most of the jokes and I generally agreed with the direction.

The play opened with the Prologue, in which Jesus (Eddie Grosskreuz) had a monologue. Back to the audience, on a platform upstage, Grosskreuz faltered in neither his stone-still stance nor his speech.

The nine other members of the cast then traipsed onstage for

"Tower of Babbie." Susan Yzquierdo brought her outside theater experience to Godspell, her strong vocal conviction and talent lighting up the opening bars of "Tower." Clad in nondescript black suits, the cast each had a few verses to sing and the audience had their first glimpse of the group's sound as a whole. Their voices blended well, which reflected good direction.

John the Baptist (Joe Cummings) sounded strong during "Prepare Ye," which he sang with the ensemble. A talented musician as well as actor, he blasted out a few bars on his trumpet and then proceeded to walk down the aisle of the theater onto the stage.

Jesus was back in soloist action for "Save the People." While, unfortunately, there were technical problems with his microphone at the show I caught, Grosskreuz managed to project his voice over the musical accompaniment, and I could still hear him from all the way in the

back of the theater.

"Day by Day," sung by Kate DeAngelis and the ensemble, was a standout number. Leaving any attitudes or baggage at the theater doors, the grinning cast trooped down both aisles and onto the stage, crooning out the sunny lyrics. Kate's clean, resonant voice is clearly not that of an ama-teurrr.

Stephanie Speranza belted out "Learn Your Lessons Well," and I was happy to see Yzquierdo in her solo, "Bless the Lord." While all the cast demonstrated vocal talent, she stood out, and I would look forward to seeing her in a weightier role in another musical.

Jesus and Judas seemed to charm the majority of the audience with their duet "All For the Best." However, I was somewhat less than impressed with the lack of chemistry the two appeared to have onstage. There was not as much interaction as I thought there should have been between the two of them, and

though the program lists Cummings' character as Judas, it didn't seem like there was much of a distinction between the two historically-infamous foils. The only excuse I can think of is that perhaps the complex, "you go up and I'll go down" choreography prohibited the two from making eye contact, lest they break concentration and mess up such key movements. In fact, they looked relieved to finish it successfully.

And though the rest of the cast had long since changed into their "movement clothes," Judas could have used improvement in his costume. His leather pants unsettled me, and I had to wonder if he could have perhaps purchased something a little more practical with those 30 silver pieces.

Ryan Defoe was the last soloist of the first act, coating the audience with his soothing vocals in "All Good Gifts." The whole cast came together again for "Light of the World," at the end of which they invited the entire

audience up to the stage for bug juice and cookies. While I would have preferred jumbo shrimp, I had to keep in mind that Jesus only multiplies fish on very special occasions, and that the School of Liberal Arts is on a budget. Plus, it was highly and appropriately nostalgic, as I felt like I was back in Sunday Bible school. Even the discipline hearkened back to my earlier years—my date tried to smuggle a cookie offstage, and was promptly scolded.

The more emotionally-volatile second act opened with "Turn Back, O Man," performed by Lesley Henderson with the rest of the cast. Henderson strutted among the audience, seductively interacting with various theatergoers and demonstrating a great stage—and, for that matter, off-stage—presence.

Jesus then sang "Alas for You," coming to terms with his bleak future. Grosskreuz was convincingly emotional, if somewhat

SEE GODSPELL, PAGE 8

my two cents

Our resident movie buff predicts 2005 Oscar winners

As February rolls on through, Hollywood begins preparing for its annual Oscar bout, hitting a television set near you Sunday, Feb. 27. Among the big names scrolling in this year's head lines are Scorsese's "The Aviator," "Sideways," "Ray," and Jamie Foxx himself. Along with the announcement of the nominees, the committee has also named Charlize Theron to be their first presenter. I guess Anna Nicole was booked.

"Ray," the three hour film dedicated to the late Ray Charles, has great potential to win its big Best Picture nomination and its lead actor, Jamie Foxx's, Best Actor nomination. Jamie Foxx's ability to illustrate with ease the life and hardships of Ray Charles and demonstrate a flawless transition out of comedy makes him look like a prime candidate for a future Oscar winner. "Ray"'s extra dark tone, shown through the famous singer's prolonged heroin exposure and mega jolt into an overnight super-stardom, make "Ray" one of the most moving pictures of the year. Jamie Foxx has also managed to weasel out a Best Supporting nomination for "Collateral," along with his Best Actor nomination for "Ray." I am hesitant to accept this nomination because Clint Eastwood has also been given a Best Actor nomination for "Million Dollar Baby" which will not win anything because Clint Eastwood sucks. Hillary Swank was nominated for Best Actress but will most likely not win because she is in a movie with Clint Eastwood, and, like I said, Clint Eastwood sucks.

"Sideways," is the disturbing tale of a wine tasting getaway for a couple of buddies as a pre-wedding party. This film is surprisingly good and manages to

SEE OSCARS, PAGE 8

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Eight 'calendar boys' seek Mr. Marist title in swim wear, formal wear, and talent competitions

By ANGELA DE FINI
Staff Writer

The Communication Arts Society will be hosting the 2005 Mr. Marist Competition on Wednesday, Feb. 16, where eight male students will com-

pete in swim wear, formal wear, and talent competitions.

The eight "calendar boys" vying for the Mr. Marist title include seniors Brian Moore, Adam Ciffone, and Ian Concannon, junior Brian Sabella, sophomores Joey

Fontana and Mike Mayfield, and freshmen Jamie Sclafani and Olugbemi Otuloja.

Hosts Eric Ashmont, junior, and Michaela Sweet, junior, will present the boys to four faculty judges: James Fahey, Paula Willoquet-Maricondi,

Marcia Christ, and Keith Strudler.

Sophomore Dory Larrabee, president, communication arts society, encourages students to attend this event.

"Mr. Marist is one of the Communication Arts Society's

biggest events of the year," Larrabee says. "Chances are you know one of the guys in the pageant so please make sure you go and show your support for them and for your school!"

The Mr. Marist pageant will be held at 9 p.m. in the Nelly

Goletti Theater. General admission is \$3 and prizes will be given to select audience members.

From Page Four

Cross-country skiing provides exercise with campus view

slow, how young or how old, cross-country skiing is a great and safe way to get in shape.

Marist has a very beautiful campus, however, walking to class or to the cafeteria doesn't provide much in change of

scenery. So I strap on my skis and go exploring. In all honesty, if you saw someone lurking aimlessly by themselves, you would be a little leery of them. Yet when you are skiing, it's your excuse for being in

weird places. People are more likely to dismiss your presence sliding past their window than if you were strolling by.

Finally, I love putting my headphones on and gliding to the beat. Soon enough, I am no

longer worrying about school work or dorm-room drama. It is a welcome respite from the typical routine. Even if it is only for an hour, cross-country skiing provides you with an escape from the hectic world

around you.

I encourage anyone to get cross-country ski equipment. It is relatively inexpensive and will last for years. Cross-country skiing is something I have grown to love. I hope

now that instead of laughing and wondering, "What the hell is this person doing?" you'll smile and give a little nod as I slowly glide by.

From Page Five

Fashion Week introduces new looks, while updating some old

spring.

Amazingly enough, it appears that brooches and pins are hanging in there, adding visual interest to slouchy bags and loosely fitted blazers alike, and, according to bling clad Liz Taylor and this week's runways, there's no such thing as too much jewelry. Don't discard your legwarmers, tweed and boucle, ballet-inspired pieces, charm bracelets, or

cloche hats—these items are still going strong. However, you may want to leave your poncho at home next time you step out to Hatter's. Capelets, classic or punked-up cardigans, cropped jackets and slouchy blazers are more up-to-date options to keep you cozy.

Animal prints are still popping up all over; despite its apparent current popularity, leopard still

tends to conjure images of peroxide blonde bimbo drag queens.

In the shoe department, flats are still a la mode, especially flamboyantly decorated ballet slippers and driving mocs. Wedges and pumps with metal and plastic accents are also smart

in a rainbow of colors, the louder the better. Perhaps the most

pressing query of fashionistas worldwide is: will Uggs ever go away?

Only time can tell. Despite their conspicuous absence on the runway, the ubiquitous fuzzy boots

seem to have become wardrobe staples.

The overall feel of Spring Fashion 2005 is of comfort, sophistication and whimsy. Bright colors and bold prints are important, as are a range of diversely textured fabrics, fibers, and rugged embellishments.

Girly grunge, militaristic elegance and vintage-inspired details add boho-style funkiness

to an expansive array of sophisticated separates. The innovative and fashion conscious don't need to get stuck feeling like a follower. This season's emphasis on mixing and matching, more relaxed, edgy styling and plentiful quirky accessories lends itself to creativity and personal expression.

From Page Seven

School of Liberal Arts presents their first theatrical performance to packed houses

more wistful than I would think a man who knows he is condemned to death would typically be.

Alyssa Ciampaglio and Yzquierdo sang a really lovely duet on "By My Side." Their voices worked really well together and both demonstrated

skillful vocal control. Justin Zacek and the

ensemble sang "We Beseech Thee," which I think may have needed a bit more polishing, but was not out of place in the overall excellent program.

John Norton, Defoe and Henderson sang "On the Willows," which segued into the finale. Unfortunately, the finale consisted of a rather disturbing scene that seemed like a grotesque mix of dying zombies and a scene from "Fosse." The cast members clung to various pieces of the set and writhed as Jesus was put on the cross and died. Jesus' death was mostly painful to watch only because it

A general grievance I had was that some of the characters' iden-

tities were hard to pinpoint. Sometimes they seemed like perhaps they were playing a different role from one song to the next, while other characters remained the same, personality-wise, throughout the whole play. This was somewhat confusing to me — I think more clarification

was needed here. As far as the casting of Judas and

Jesus, I was conflicted throughout the performance about how I felt. I suppose my own personal ideas of what the characters should be like would influence

my opinion of the casting. However, I feel that Grosskreuz may have been better

suiting playing the dual role of skittish Judas / highly energetic John the Baptist; and that Cummings might have shone more in the part of Jesus, lending his natural stoicism to the role.

High points of the show

The School of Liberal Arts should continue to produce musicals, and I would also put money on its success at a play, whether comedic or dramatic.

included the cast's solid grasp of physical comedy and their general chemistry and ability to play off one another. And not to be overlooked is the G-Spell Band, with conductor Liz Toleno on keyboards, Lauren M. Jackson on electric and acoustic guitars, Chris Wasilewski on bass, Meghan O'Neil on drums, and Jessica McNamara on flute. They adeptly kept the pace of the show going, feverishly exercising the muscle that is their craft.

Director Matt Andrews should be proud of his cast—they put on a generally tight, well-performed show, even if a few bits were off. The School of Liberal Arts should continue to produce

musicals, and I would also put money on its success at a play,

whether comedic or dramatic. For the most part, "Godspell" cast a level-five charm spell on me.

Calderon gives insight on Oscar nominations; who will win the Academy Awards?

Picture nomination as well as Best Adapted Screenplay and Best Direction. The story is touching and original, making it stick out widely among the other nominees. I was very pleased to see "Eternal Sunshine of the Spotless Mind" grab a nomination for Kate Winslet and Charlie

Kaufman for Best Original Screenplay, but was also sad to see that it was not given a shot for Best Picture. The easiest job in the world must be being a member on the Oscar panel of judges. Where was my guidance counselor for that?

With that in mind, I would do

my best to view any of these films, not only because they are the highlight for the year, but also because there is nothing else worth paying dirt to see. I hear Canal Street has some good bootlegs if you are having problem locating the movie of your choice. Tell them I sent you.

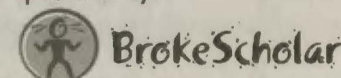
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Golden Griffins hand Red Foxes fourth consecutive MAAC defeat in overtime

By BRIAN HODGE
Staff Writer

The men's basketball team competed in another conference game, but with an all too familiar result.

Marist, who have lost in four consecutive contests, fell 71-61 in overtime to Canisius last Monday.

With the loss, the Red Foxes have dropped to 7-5 in the conference, holding a slim lead over Iona, Canisius, and St. Peter's. And if those schools sound familiar, they should - they make up three of Marist's four most recent losses.

The loss Monday came largely in part to Marist's inability to consistently turn possessions into points. Ironically enough, this is the area where Marist has shown the most improvement. The Red Foxes continued to struggle in the offensive depart-

ment, shooting 32 percent in the first half.

To the Red Foxes' credit, however, they battled back against the Golden Griffins. Marist shot 44 percent from the floor and held a 9-1 advantage in second-chance points before eventually forcing overtime.

Unfortunately, in the extra period, the shooting struggles returned, as Marist shot an icy 11 percent (1-9) from the floor.

Will Whittington continued his impressive sophomore campaign, scoring a game high 19 points while sophomore guard Jared Jordan added nine points and dished out six assists.

Freshman Shae McNamara recorded a career high 12 points, a beneficiary of the continued suspension of Will McClurkin and the back injury to center Ryan Stilphen.

Canisius was led by a quartet of double-digit scorers, high-

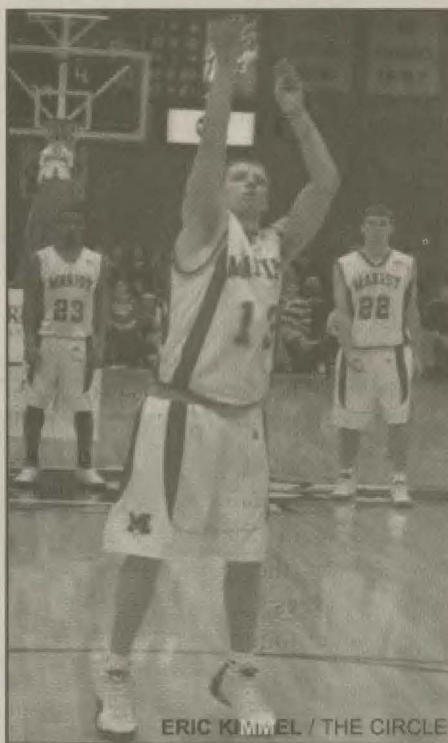
lighting a balanced offensive attack.

Stilphen has now missed two games with a stiff lower back. Following some physical therapy, both Brady and Stilphen thought he would be ready to play. Just minutes prior to tip-off, however, Stilphen again stiffened up and sat as a precautionary measure.

McClurkin, still serving an indefinite suspension, has now missed four games for the Red Foxes.

The Red Foxes return to the McCann center on Thursday, hosting a tough Fairfield squad at 7:30 p.m. The Foxes will start a three game road trip, beginning with Manhattan this Sunday at 2 p.m.

The Stags (8-4 in the MAAC) gave Marist all they could handle when these two teams first met this past January.



ERIC KIMMEL / THE CIRCLE

Concentrating on his upcoming free throw, sophomore guard Will Whittington shot 67 percent from the charity stripe in the 71-61 overtime loss to Canisius. Whittington led the Foxes with 19 points, scoring 17 points in the second half.

Besides a solid conference record, Fairfield also boasts the reigning MAAC player of the week in Deng Gai. Gai notched a triple-double against Loyola last week with 19 points, 11 rebounds and 10 blocked shots.

Pirates pilfer victory from Red Foxes

By DAVID HOCHMAN
Staff Writer

The Marist men's swimming and diving team closed out its regular season this past Saturday, losing to host Seton Hall Pirates.

The meet was closer than the 134-108 final score it reflected because of a turning point in the 200-yard freestyle race. Freshman Greg Jablonski had a great opportunity to steal the race and gain an upset the Red Foxes were hoping for, but just got beaten on his turns. Jablonski touched only .22 seconds behind the winner.

"That race was probably the turning point of the meet," Coach Larry VanWagner said.

"That was one of the upsets we were looking for."

The 200 freestyle wasn't the only upset VanWagner and the team was searching for. Freshman Ralph Rienzo set three personal bests throughout the meet in South Orange, NJ. Rienzo grabbed second place in the 500 and 1000-yard freestyles while breaking his personal records.

"I would say Ralph was the star of the meet," VanWagner said. "We weren't expecting him to do that much and he swam really well."

Freshman Devon O'Nalty also had a great, unexpected

performance. O'Nalty won the 1-meter diving competition and finished second in the 3-meter. O'Nalty scored a 260.85 in his victorious dive. O'Nalty is still trying to learn on the 3 meter board though, after coming into Marist as mainly a 1 meter man. Second place in the 3 meter was very respectable since the Seton Hall diver did have a higher degree of difficulty.

The Red Foxes will head into next Thursday's Metro Atlantic Athletic Conference

Championships in Baltimore, MD with a 9-2 record. Loyola is hosting the championships this year.

Marist will be attempting to avenge their first conference championship loss

ever, in which they lost the championship to Rider, 877-868. The last three years have seen some very close competition with Rider, culminating in a Red Fox loss last season.

This year, though, Marist is back with a full compliment of divers which should be the main difference from last year.

With that big change, VanWagner said his squad will probably be favored to win the title again.

If the Red Foxes can pull it out, they will claim their ninth MAAC Championship in the 10 years that they've been competing within the conference.

'I would say Ralph was the star of the meet. We weren't expecting him to do that much and he swam really well.'

— Larry VanWagner
Swimming Coach

Upperclassmen quartet sets record, short of IC4A mark

By DREW BUDD
Circle Contributor

In the first Millrose games that Marist College attended, the Red Foxes placed fourth out of eight schools last Friday night.

The 98th annual Millrose games were held at Madison Square Garden where sophomores Mike Bamberger, Brian DeMarco and Bryan Quinn and senior co-captain

Geoff Decker finished in a time of 7:57.12 in the 4x800 relay.

They finished 11 seconds behind first-place American University.

Duke finished in second-place followed by Boston College at third.

The men then raced again Saturday at the Armory in New York in the New Balance Armory Collegiate Invitational.

They raced the 4x400 relay and

finished with a time of 3:21.42, finishing seventh overall while breaking a school record by 4.5 seconds.

The previous record was set last February at Boston College.

Bamberger led the relay off with a 49.9-second split. Quinn followed him, completing his part in a 50.7-second split, followed by freshman Greg Marks with a 50.6-second split. DeMarco finished the

event with a 49.9-second split.

The record relay time was a little more than two seconds slower than the IC4A qualifying mark in that event, which was 3:19.40.

The men's track will compete at the St. Valentine Invitational this Friday and Saturday in Boston. The team will follow this meet with the MAAC Championships, which is scheduled for February 18.

Third loss fails to hinder motivation for women's MAAC Championship

By ERIC ZEDALIS
Staff Writer

Despite a 123-120 loss to Seton Hall this past Saturday to end Marist women's swimming dual meet season, head coach Larry VanWagner said the meet was anything but a setback, and that the team is primed for the Metro Atlantic Athletic Conference Championships.

VanWagner said his team stacked up well with Seton Hall as far as individual talent, but it was team depth which allowed the Pirates to command the three point win.

"We won eight out of 13 events, so we had the more talented swimmers," he said. "They had the depth though. I still think we were probably the better team because we won so many individual events."

The fact that it came down to three points was a direct indication that team depth was a factor, according to VanWagner.

"Having a lack of depth cost us," he said. "Three points is a difference of just two places changing in two different races. And we had a lot of close finishes in many of the races... If we had won by one-tenth of a second, we would have won the meet."

Individually, Van Wagner pointed out that senior captain Emily Heslin won two of the three events she competed in during the meet.

"She won the 500-yard freestyle, was second in the 1,000 freestyle, and led off the winning 400-yard freestyle relay," VanWagner said. "All three performances were the best swimming performances

in her entire career."

Also, junior tri-captain Meghan Duffy, freshman Melissa Mangona, and sophomore Kim Koehler had peak performances in this meet.

"Meghan Duffy set a school record in the three meter event, and Melissa Mangona, a freshman, set the school record in the one-meter event," VanWagner said. "Also, Kim Koehler, a sophomore, had an outstanding day. She is a MAAC Championship finalist, and she performed her career-best time in the 100 freestyle."

While the MAAC Championships may be the most important meet of the season, VanWagner said each meet is a learning experience for each individual athlete.

"Winning [the MAAC Championships] is the most important objective for the team," he said. "However, the dual meets are very important. They are where you determine whether or not the preparation you've done in the pool during the week has made any changes, positively or negatively on performance. And you learn where your mistakes are, how to correct them, and it gets you to a point where you can achieve peak performance at your conference championships, and I think we did just that this year."

Perhaps the most important lesson the team can learn from this three-point defeat, according to VanWagner, is how vital every single member is to the team's success.

"Everybody has to contribute, which is the way it should be," he said. "That is the point of emphasis that I've been trying

to give to our kids all season long. And when you have a meet such as we did on Saturday against Seton Hall, it shows you how everyone contributes to the success of your team."

VanWagner said that Marist has as much depth as any team in the conference; however, Rider's depth poses a threat if the Red Foxes hope to repeat as MAAC Champions.

"The question will be if Rider has more depth than we do," he said. "That will be the outcome of the MAAC Championships. We have, by far, many of the most talented swimmers and divers in the conference, but what is going to determine the outcome will be the depth."

The Lady Red Foxes, with this loss, finish the dual meet season with a record of 8-3 and now head to Baltimore for a three-day MAAC Championship meet, starting on Thursday, Feb. 17.

The Red Foxes will look to defend their team title and win its seventh conference crown in nine years.

Upcoming Schedule

Thursday - Saturday, Feb. 17-19 - MAAC Championships at Loyola, 10 a.m.

Friday - Sunday, Feb. 25-27 - ECAC Championships in Pittsburgh, 11 a.m.

Friday - Saturday, Mar. 11-12 - NCAA Zone Diving in Annapolis, Md., 11 a.m.

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THE CIRCLE Sports

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Upcoming Schedule:

Men's basketball: Sunday, Feb. 13 - at Manhattan, 2 p.m.

Women's basketball: Saturday, Feb. 12 - at Loyola, noon

Relay team dashes into record books

By CHRIS TORRES
Staff Writer

Sometimes freshman get no respect.

That could change after the women's track team's performance this weekend was anchored by a freshman-only 4x800 relay squad that set a school record this weekend at the Metropolitan Championships in New York City.

The freshman relay squad of Sarah Domermuth, Lindsay Rappleyea, Lisa D'Aniello, and Christine Wahl finished in a record time 9:28.00, qualifying them for a spot in the ECAC Championships in March.

Coach Phil Kelly said he was not at the least bit surprised at the outstanding performance by the relay squad.

"We put that squad out there with all the intentions of qualifying for the ECAC championships," he said. "They ran great but I think that group can run even better."

There was a slew of personal-best performances, the most notable by sophomore Christine McDevitt, who tied

Marissa Artiano's school record in the 200-meters, running it in 26.47 seconds.

McDevitt was also responsible for setting the record in the 60-meter hurdles earlier this year at the Fordham Invitational.

Personal bests included sophomore Rachael Watson's performance in the 5,000-meters as she finished the event in 19:17.64.

Other notables were sophomore Alison Kline who ran the 3,000-meters in 10:42.18. Junior Andrea DiTrani finished the 800-meters 2:31.61.

The Red Foxes, who finished 11th of 14 overall on Sunday, have a positive outlook on this upcoming year, which will be Kelly's 15th year with the team.

Kelly said he is expecting a break out year this track team.

"We've continuously improved," he said. "I'm looking for some real top performances in the upcoming weeks."

The Red Foxes will try to meet these expectations beginning this weekend at Boston University's Valentine Classic.



ERIC KIMMEL / THE CIRCLE

Senior forward Kristen Keller shoots over Stags junior center Ivana Podrug for three of her 21 points. Keller shot 3-for-4 from behind the three point line, making her one one of three Foxes scoring in double figures.

By ANTHONY OLIVIERI
Staff Writer

The Marist College women's basketball team set a school record with their ninth straight victory in a 71-50 blowout of the Fairfield Stags at the James J. McCann Center last Saturday.

The Red Foxes dominated for the majority of

Foxes pounce Stags in ninth straight conference win

the contest while being led by the senior combination of Megan Vetter and Kristin Keller; each player recorded 21 points on the night.

Marist's 71 points were its largest offense output this season.

Vetter shot 9-11 from the field, achieving her career high scoring mark.

The Red Foxes ran out to a 15-4 lead in the game's first five minutes, but let the Stags back into the game as Fairfield pulled with in six points with 9:11 remaining.

Marist then went on a 17-0 run that blew the game wide open, and held a 40-14 halftime lead on the strength of Keller's 17 first-half points, along with the Foxes' stellar half-court defense.

The Stags were held scoreless for the last nine minutes of the first half.

Junior transfer Fifi Camara started the second half off right for the Red Foxes as she nailed a jumper within the half's first minute.

Freshmen Sarah Smurdel and Niki Flores combined for seven straight points midway through the second half to help boost Marist and keep their stranglehold on the contest.

Marist would pump the lead up to as much as 30 points with 5:04 remaining in the game as Vetter knocked home a three.

The Red Foxes then called off the dogs, and allowed every player on the roster to get some time with the outcome well in hand.

Keller and Vetter proved to be a lethal com-

bination from the field, hitting on a combined 18 of 27 shots. Keller added 10 rebounds, two blocks and two steals to her line, for her second double-double of the season.

The Stags were led by Cathy Dash who netted 14 points and Candice Lindsay who had 12 on the night.

Marist returns to action on Thursday when they travel to Albany to play their archrival the Siena Saints at the Pepsi Center at 6 p.m. They will conclude their week of play this Saturday against Loyola.



ERIC KIMMEL / THE CIRCLE

Senior guard Megan Vetter scored a career high 21 points grabbed five rebounds and dished out four assists en route to a 71-50 win over the Stags of Fairfield University.

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MAP Info Meetings

Wednesday, February 16 & Wednesday, February 23

11:00 am PAR/SC346