

# The



# Circle

The student newspaper of Marist College

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Thursday, May 2, 2013

## Students reflect on being first responders at Boston Marathon

By DEANA HASANDJEKAI  
Circle Contributor

Five Marist students attended the Boston Marathon as medical volunteers, alongside the director of the Marist Athletic Training Program, Michael Powers.

The students stood near the finish line, intending to help out the dehydrated runners in the medical tent.

"We were no more than a few meters away from the first blast," said junior Patrick Deedy.

When the first bomb went off at 2:59 p.m., there was no immediate reaction from the crowd.

"At first we thought it was a celebratory cannon as it was very loud, and you felt the sound wave; but when I saw the smoke at ground height and then the second one shortly after, I knew it was an explosion," junior Ian Shultis said.

Shultis vividly described the scene when the second bomb set off.

"Rescuers were directing people to help, remove barriers, remove clothing and belts for tourniquets, and just get on people as fast as possible. People were very tightly packed together. You couldn't step anywhere that didn't have blood, glass, or debris like burning sticks from the fence, or clothing," Shultis said.

Deedy moved the runners who were in the medical tent for dehydration out so the severely injured people

would be able to be treated. He assisted by handing out gauze and other medical supplies to the doctors and physicians at the scene.

"I never had my hands on any of the people who were involved with the blast. I left that to the more advanced medical personnel," Deedy said.

Shultis, however, did help out a married couple impacted by the blast. Powers called him over to assist the woman, who had a broken leg. Her husband suffered severe burns on his left leg and lacerations that had to be bandaged by Shultis.

"I remember her crying and in pain as people talked her through it. Her husband was being very quiet. We had already helped her 8-year-old son who had a broken tibia," Shultis said.

In general, most people had lower limb injuries, amputations, open fractures, protruding bones, deep lacerations, burns and shrapnel wounds, according to Shultis. Overall, the media coverage captured some graphic photos, but not to the extent of the live event.

"The pictures do not accurately express the damage done to those people and the wounds they received, but I am glad they do not," Shultis said.

At approximately 3:40 p.m., the students were asked to leave the tent and only the essential medical personnel needed to stay. Deedy, from Concord, Mass., has a sister who currently resides in Boston. Due to the road block-

ages by law enforcement, the students were unable to evacuate from Boston immediately.

"We were stuck in that apartment until about 6 p.m. We were just watching the news and calling family to make sure everything was okay," Deedy said.

Events like these simply cannot be anticipated. Deedy hopes that there will not be an overabundance of security in Boston from now on, because he feels that it "will take away the fun from the marathon. It's great for the city. It's an amazing experience."

However, Shultis stated that increased screening will be an inevitable precaution to the secure the event. Random acts of terrorism are a great fear for all Americans. Marathons, however, are particularly hard to keep secure due to the openness and length of the run.

"I think this event will be a defining factor on public safety for these large scale events that are not even really associated with political or national views," Shultis said.

Both Deedy and Shultis believe that the experience was very eye-opening for their career paths. Shultis wants to pursue a career as a physician's assistant and hopes to learn more about what he can do in emergency situations like these. Deedy also said he will definitely take into account this situation when considering a career in health.

Although the event was devastating and impacted many, Marist students still managed to find a silver lining.

"In essence, I think we're all proud of what we were a part of and the response we initiated in a stressful time," Shultis said.

"It makes you take some perspective on what's important, it really does," Deedy said.

**We would like to acknowledge the heroic Marist students, both named and unnamed, and Dr. Powers, who were first responders at the Boston Marathon bombings. It is incredibly moving and humbling to hear about some of our own acting out of courage and compassion during such a dangerous incident. Reading Deana's article about all of you gives us hope for the power of good in the world. We extend our thanks, thoughts and prayers to those affected by the bombings.**

*The Circle Staff*

## Crew team discovers giant floating head in Hudson River

By SHANNON BALES  
Circle Contributor

Last Monday, a 7-foot-tall head peaked out across the Hudson waters, its vacant eyes looking out on the Marist campus as it drifted by in the early morning. In a sighting that could have, so to speak, gone over their heads, the men's crew team stared back at the Styrofoam giant with an air of curiosity.

The weather was cool. Gentle gusts of wind swept across the riverfront, the sun just beginning to rise. However, just as the team prepared to shove off the dock, two rowers pointed out a large indistinguishable mass floating by the New Paltz shore of the river.

"When we first saw it, it was a couple hundred meters away," Coach Matt Lavin said, "we had no idea what it was."

With word of the mysterious form generating interest among the rowers, Lavin formulated an investigative plan. After the daily warm-up, he directed the team to begin a rowing piece that would end toward the far side of the river. Each stroke took

them closer to the object in question, heightening curiosity as the mass came into focus. In what he described as something from "a scene of some post-apocalyptic dystopian movie," Lavin made out the shape of a sizeable head floating in the water. Cus-

Could it be the ghastly remains of a decapitated Lady Liberty or the remnants of a Mardi Gras float swept away by hurricane? The origins were unclear, yet Lavin's mind was set.

"I had already decided to get it. I didn't tell them that because I wanted

urged the team to push onward, starting yet another intensive piece.

"We knew with the way that the tides were going that it would still be there at the end of practice. It was going to float around a couple hundred meters one way or the other, but at seven feet tall we were going to be able to see it."

Sure enough, the head lingered in the general vicinity of the first sighting. Lavin and Michelle Stathers, the freshman women's team coach, set out to retrieve it with one of the launch boats. They towed the head over to the docks, where several members of the men's team rescued the saturated anomaly from the water.

Closer inspection revealed that the head was constructed of Styrofoam supported by metal rods and encased in a layer of fiberglass. Its stoic gaze and pronounced features mimicked those of early Greek and Roman statues.

The sight was simply too obscure to go unnoticed. Lavin began to post images of the morning's escapades on the team's Facebook page, dubbing the head



FROM FACEBOOK/SUN NEWS NETWORK.CA

Crew team discovers giant floating head during a practice session.

tomarily silent, except for the occasional wheeze and groan, the rowers began to laugh and speculate.

them to stay focused...but I knew I wanted to get it," Lavin said.

With the MAAC Championships looming in the near future, Lavin

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## THIS WEEK

Friday, 5/3

**SPC Movie: Warm Bodies**  
10:00 p.m.  
Performing Arts Room

Saturday, 5/4

**Class of 2015 Block Party**  
12:00 p.m. to 3:00 p.m.  
Midrise Field

**Cultural Dinner Dance**  
7:00 p.m. to 11:00 p.m.  
Cabaret

**SPC Movie: Warm Bodies**  
10:00 p.m.  
Performing Arts Room

Friday, 5/10

**Marist College 27th Silver Needle Fashion Show**  
Shows at 3:00 p.m. and 7:00 p.m.  
Mid Hudson Civic Center

Sunday, 5/12

**TEDxMaristCollege—Lead!**  
7:00 p.m.  
HC 2023

### Letter from the Editor

As another school year comes to a close, we are proud to present the final print edition of *The Circle*. A lot of news has been made this year at Marist, and it has been our pleasure to deliver it to you every step of the way, both in print and online. We want to thank you for your continued readership and trusting us to give you the news on all things Marist.

We have a terrific issue for this final week, beginning with our front page story about members of our school community who were at the Boston Marathon when two bombs exploded at the finish line. In the midst of terror and confusion, Marist students turned into first responders, bringing others to safety and helping those injured in the blast. On behalf of the entire community, we want to commend those students, as well as Dr. Michael Powers, for their tremen-

dous courage in the face of incredible danger.

The news section also has story on Marist's newest family member, the sculpture found in the Hudson River known as "The Head." The Head has made both local and national news, making it a celebrity around campus.

In Features, Graduate School and fellowship advisor Pat Taylor has served as a mentor to many students who are looking to continue their education after Marist. Moving on to Lifestyles, read about some ways to avoid some serious stress during finals week, as well as what to expect in your new housing area for next year. Freshmen moving from Champagnat to Foy will soon have to learn that it may not be good to break the toilets in the bathroom.

During the Boston bombing and the ensuing days afterwards, Twitter became a way for people to keep up on the news. However, not all that was being tweeted was ac-

curate. Read more about the public's problem with wanting to be first, instead of wanting to be right, in our Opinion section. In Arts and Entertainment, you can find a review of last weekend's Marist a capella concert, as well as a review of *The Evil Dead*.

It was a big weekend last weekend in Marist sports, as the men's and women's tennis and crew teams captured MAAC titles. Congratulations to each team, and best of luck the rest of the way! You can also read about former Marist football player Michael Rios, who signed a rookie free-agent contract with the Arizona Cardinals of the NFL.

We hope you enjoy this final print issue of the semester! Once again, thank you for your readership. We wish you best of luck on finals, and we hope you enjoy your summer vacation! See you in the fall!

Garrin Marchetti  
*Managing Editor*

CATCH THE BEAT ENTERTAINMENT PRESENTS

# HOUSE PARTY 2013

SUNDAY MAY 19

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## The Circle

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# SGA update: Staff prepares for 2013-2014 school year

By KATHLEEN O'BRIEN  
Opinion Editor

As the school year begins to come to a close, SGA is concluding events and continuing preparations for upcoming 2013-2014 academic year. Over the past few weeks, the various boards have been hosting events on campus.

The class of 2016 hosted a field day event on the campus green on Friday, April 19. They hosted children from a local elementary school from 11 a.m. to 2 p.m. Students in pre-school through third grade participated in activities including games and a movie in the Performing Arts Room (PAR).

President of the class of 2016, Shannon McCormack, considered the event to be a success despite the disturbance of the rainy weather.

"If there is one thing that the field day reminded us all of, it was that a little rain can't stop the fun!" McCormack said. "It was very rewarding to see [the kids] having such a great time and I know that all of the Marist students who helped out would say this experience was mutual."

In addition, the class of 2016 hosted a movie night on Saturday, April 27. "The Hangover" was

shown in the Cabaret at 10 p.m., and refreshments were served.

This past weekend also featured numerous events. Riverfest was held on Friday for all current students over the age of 21. For those students who were under 21, Fox Fest was held. The event consisted of a rock climbing wall, Velcro wall, henna tattoos, food, tie-dye and fireworks.

On Saturday, Foxapalooza was held. This concert featured both instrumental and vocal performances from the Marist student body. These two days prepared the student body for the main event on Sunday, the Goo Goo Dolls concert. The concert began at 3 p.m. at the Riverfront Park.

SGA, in coordination with Campus Ministry, also held a candlelight vigil on Tuesday in memorial of the victims of the Boston bombing. It occurred at 9:30 p.m. in the Rotunda.

To ensure that these events continue into the future, SGA has been preparing to update its members for next year. The Senate voted on April 17 to name Jason Tyler as the Senate Speaker and Maria Gironas as the Pro-tempore.

Tyler is honored that his peers chose him to be the representative of the Senate. The duties of the po-

sition are to oversee the Senate, answer any and all of the senators' questions, run the Senate meetings and meet with the Student Body President, Executive Vice-President and administration.

"In my role of Speaker, I hope to bring SGA to the Students and get it more known what SGA does for the Marist Community," Tyler said. "People often have the notion that all we do is parking ticket appeals, but SGA does so much more. Getting students to know what we do and that they can come to us for any reason is my main goal this year."

In addition, Tyler will also be heading the Dining Suggestions committee for next year, previously led by Jane Tracy. The Dining Suggestions Committee works with both students and Sodexo. It takes students' input and concerns to Sodexo and Sodexo accommodates those requests as best as they can. The committee has been a success in the past and has resulted in price changes, additional workers and more products.

"Having strong ties with Sodexo is very important and I want to make sure that students have the best dining experience possible," Tyler said.

"I hope to work with Sodexo man-

agement to continue improving dining services on campus."

Senator John DiBella has also adopted a committee and will be organizing the Hudson Valley Attractions Committee. This committee was started in the fall by Maggie Crateau and raised awareness about various activities occurring in the Hudson Valley. DiBella hopes to hold three trips a semester and continue to make students more aware of the region in which they live.

"As Committee Chair, I hope to plan at least three trips a semester," DiBella said.

"These trips could be to things such as festivals, nature preserves, orchards or museums. I hope to get input from the student body so as many students as possible will enjoy the trips."

If anyone is interested in joining a committee in SGA, there are still numerous spots available on multiple boards. Some committees looking for applicants are Elections Commission, Information Technology, Hudson Valley Attractions, Dining Suggestions, Student Life Association and others. Applications can be found in the SGA room located in the Student Center.

## Fashion department to host Silver Needle Night Out

BY CATHERYN VACCARO  
Circle Contributor

Welcome to Fashion's Night Out, Marist style! Need a break from cramming for all those last minute exams and writing papers? Everyone knows that shopping is one of the best stress relievers. The Marist Community can always count on the fashion department for the guilty pleasure of a little shopping spree right on campus. Thanks to the Fashion Show Production class, there will be a night of fashion and shopping at the first Silver Needle Night Out. This precursor event of Silver Needle Fashion Show will take place on Wednesday, May 8, in the Fashion Plaza in Donnelly Hall from 7 p.m. to 10 p.m. You can also purchase tickets at the Silver Needle Night Out for the show.

Students and people from the

area can come out and see what the fashion department really has to offer during the Silver Needle Night Out event. The communications team of the Fashion Show Production class will be running the event. The Fashion Show Production class (FASH295) came up with the idea for this event. If you are interested in taking this course during the Spring Semester of 2014, you can contact the Fashion Director, Radley Cramer at Radley.Cramer1@marist.edu.

There will be all kinds of accessories that will be sold. There will be products from Fashionology, Periwinkles Boutique, Elizabeth Boutique and Indie Twenty Jewelry. Periwinkles Boutique is located in Rhinebeck. Indie Twenty Jewelry features products designed by an alumnus. At the event, there will be lots of food, manicures, raffles and various speakers from the

fashion industry.

The Fashion Show Production class decided that the proceeds of the event would be donated to Alex's Lemonade Stand. The team chose this charity because Alex was a young girl who wanted to be a fashion designer before she passed away. The charity raises money for children with cancer and funds various kinds of treatments as well.

"We thought it was a new route in terms of charities we have worked with in the past, and it touched all of us," explained Alyssa Rossi, the head of the Communications team of the Fashion Show Productions class.

This year is the first year that the Silver Needle Fashion Show will not have a theme as well. The Fashion Department is turning their focus more on brand development. The department is also focusing on creating a different

setting and mood for the show. The atmosphere for this year's show is a modern, rustic, and woody feeling with touches of futuristic technology. The department thought it would be a professional improvement to stray away from a theme. At fashion week, designers try to encompass the mood they want to convey to the audience through their designs by eliminating an overall theme to the show. Within each grade, the amounts of designers vary. There are currently 13 seniors, 23 juniors, 22 sophomores and 20 freshmen designers featuring their creations in the Silver Needle Fashion Show. The senior merchandising majors will walk at the end of show as well.

Come out and support a great cause, while splurging on some chic additions to your closet at Silver Needle Night Out!

From page 1

## Mysterious head becomes major campus spectacle

"the new boathouse idol." The subsequent activity on the page was unparalleled.

"The team was liking and commenting and people were sharing," Lavin exclaimed with a chuckle. "So far, it's been our most popular post in that regard...by a long shot."

A member of the men's team, Tyler Sawyer, posted the pictures on Reddit, a user generated news link site, where it became an instant sensation. People were eager to comment on the thread, offering theories about the head's origin and bringing up related sightings.

"Since then, its been spiraling," Lavin remarked in regards to the swarm of news and media outlets dying to get the scoop. In fact, a digital news associate for ABC News contacted the coach and Greg Cannon, Marist's Chief Public Affairs Officer, for an interview the following day. ABC's coverage aired around 5:30 p.m on last Tuesday, bringing the head's discovery to a

national audience.

Currently referred to as Nagatomo by devotees on the men's team, this so-called "Head of the Hudson" is too big for the lost and found. For now, the head remains on Marist turf, enjoying a view of the river from the safety of dry land and the occasional visit from Marist students looking to take a picture or two. With some damage to the Adonis-like facade, Lavin pledged that the head would receive some much-needed TLC.

"We have some art majors on the team that can do that kind of work," Lavin claimed with regards to restoration. Perhaps, the head will enjoy a brand new leash on life as the team's new idol. However, efforts to pinpoint its origin are ongoing.

"It's a mystery we're trying to solve," Greg Cannon said in an interview with Newsday.

With recent crew victories, it looks like the head served as a worthy motivational tool.



FROM FACEBOOK/SUN NEWS NETWORK.CA

## Pat Taylor helps students reach their full potential

By **CHRISTINE RYAN**  
Circle Contributor

Pat Taylor, Marist's Graduate School and Fellowship Advisor, calls the path to her career a "convoluted, winding road that actually works."

Taylor works in Career Services, where she advises students in the graduate school and scholarship application process. An intricate series of events guided Taylor to her current profession.

Taylor was born in Maryland, but later moved to Dallas, Texas when she was five. The self-proclaimed "honorary Texan" worked in a Dallas cafeteria before starting college, where she interacted frequently with illegal Mexican immigrants. She was "enchanted with their image of the country."

She enrolled in Wheaton College, an all-women's institution in Norton, Mass. There, Taylor entered a program where students to create a customized major.

Taylor said it was "a rewarding amalgamation of a major all gravitating around understanding the country of Mexico."

At Columbia University, Taylor earned her master's degree in international affairs and pursued a doctorate in political science.

During her doctoral studies, Taylor heard about the Social Science Research Council's International Predissertation Fellowship Program, which allowed students to focus on an academically relevant, unfamiliar developing country.

Taylor applied and then received this prestigious scholarship, and the award money enabled her to study and visit Brazil extensively.

"When I got back from Brazil, a lot of fellow students approached me for advice about how one goes

about applying to this particular award," Taylor said.

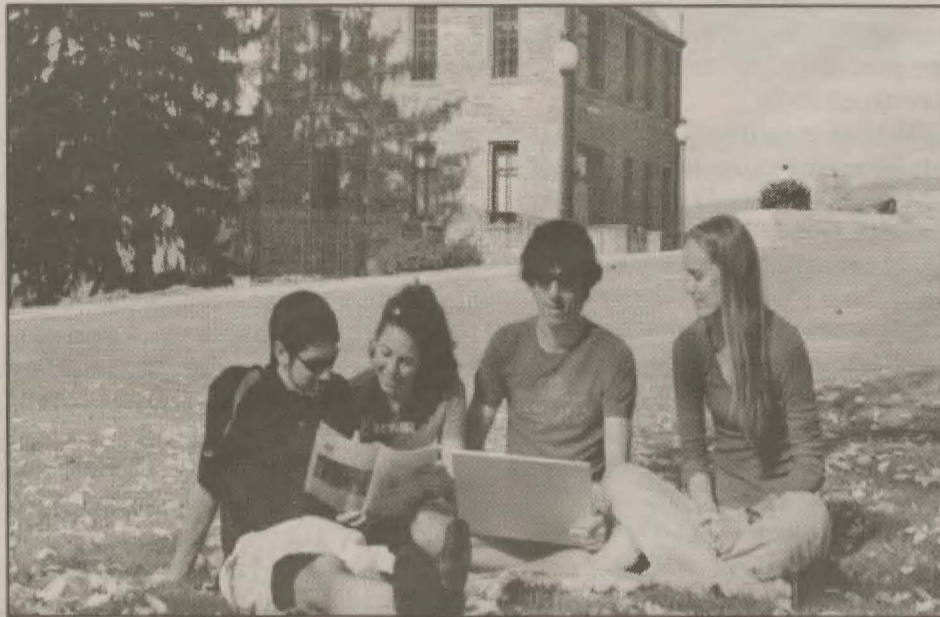
Every student she counseled won the award. Taylor's advising experience continued after she discontinued her graduate studies, as she worked as the Director of the Prestigious Fellowship at Fordham University.

Her husband's job at the time

far too many students who have told me 'I wish I knew about your office before this,'" Taylor said.

She also noted, however, that she has been solidly booked over this year. She attributes this to the increasing caliber of Marist students.

Stephen Cole, Executive Director of the Center for Career Services



FROM [HTTP://JOBS.MARIST.EDU/IMAGES/GREEN.JPG](http://jobs.marist.edu/images/green.jpg)

Pat Taylor, who works at Career Services, is well-known for helping college students successfully apply to graduate school and for competitive scholarships.

brought their family to upstate New York, just as Taylor's current position at Marist opened.

"I don't know how God times these things," Taylor reflected. "But it was perfect."

Taylor now hosts information sessions about scholarships, graduate school, and internship opportunities. She visits classrooms and holds one-on-one meetings with Marist students. She is also the social secretary of the Dean's Circle.

Taylor is willing and eager to meet with any student that is prepared to start the graduate or scholarship application process.

"I have met in their senior year

and one of Taylor's supervisors, suggested students considering graduate school visit Taylor at the start of their junior year.

Cole said she can help with the sorting and selection process, as well as the "graduate school's admissions maze."

Michael Rapoport, a Marist graduate and current Arabic and Islamic studies doctoral student at Yale, is familiar with the graduate school and scholarship services Taylor provides.

"I have, both as a student and later as an alumnus, spent countless hours sitting in Pat's office," Rapoport reflected. "Pat's continuous support over the last nine

years has played no small role in helping me get where I am today."

Matthew Ruis, a current student and recent Goldwater Scholarship recipient met with Taylor frequently this fall to discuss the layout of the scholarship application.

"She devoted much of her personal time to improving my writing pieces and her fine attention to the smallest details is what I believe had the strongest influence on the overall quality of the application," Ruis said.

Taylor reserves time for her family, pets and hobbies. She is particularly proud of her 34-year marriage and of her 16-year-old daughter, whom she calls a nice split between her and her husband.

Pictures of her two cats, Internet memes and motivational quotes cover the bulletin board in her office. She is fond of short stories and old films.

Classical music plays throughout her office constantly. "If I listened to the other type of music I like I would start singing and I would drive everyone crazy," she explained.

Her wit and humor are apparent in the narratives she tells about her experiences, and even in the décor of her office. One piece in particular that highlights her personality is her pen holder with the words "Cosmic Questions" printed across it.

"I'm still a professional and I'm not your age but I try to cultivate a sense that I am approachable, and I do, in fact, remember and understand the challenges that are faced by undergraduates," she noted.

Taylor's office is located in Career Services and students can schedule appointments with her via FoxQuest.

## Vine app becomes new social media phenomenon

By **CATHRYN VACCARO**  
Circle Contributor

The new app that has been creating a ton of social media buzz is Vine. Vine allows iPhone users to share short clips of videos to their followers.

These six-second looping videos are a fun way to share moments with friends. Recently, Vine has reached the top of the most used Apps in the Apple store list.

Vine first launched on Jan. 24, 2013. Since then, there have been many updates to the app.

These updates involved the ability to add hashtags to the users' video posts. These trending hashtags will allow users to explore more popular videos. However, in order to use Vine, all users are required to be 17 years of age or older.

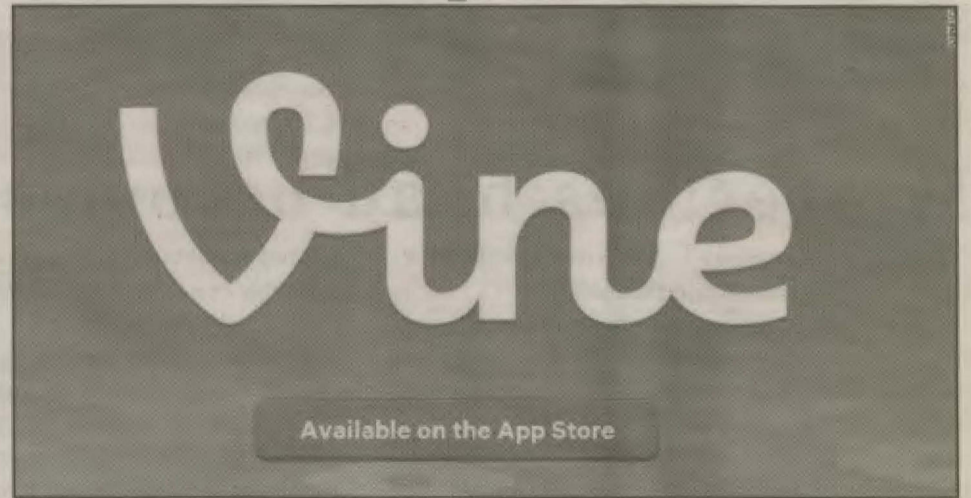
"First, I was a little hesitant to become addicted to another weird social media app on the iPhone,"

sophomore Alessandra Gajano said. "Then I heard my friends talking about it, and my friend took a Vine of me making really weird faces. I thought it was the funniest thing ever because of the way the videos looped. I realized it is a very creative way to let people know what you are up to."

These videos can also be posted to Twitter and Facebook. The Vine app integrates with Twitter, where the Vine video posts can be directly seen in the user's Twitter feed.

Twitter bought the Vine app in October of last year. This allows Twitter to compete with Facebook for previously buying the Instagram app.

The setup of Vine has a very similar appearance to Twitter. The user's profile page displays a picture, short bio and list of their followers. However, instead of tweets, there are videos posted that others can scroll through.



FROM [HTTP://I2.CDN.TURNER.COM](http://i2.cdn.turner.com)

The new app, Vine, allows users to take short videos and post them onto popular social media websites such as Twitter and Facebook.

Vine is considered to be very comparable to the Snapchat app as well.

In the article posted on The Next Web, Vine co-founder Dom Hofmann stated, "Posts on Vine are about abbreviation — the shortened form of something larger.

They're little windows into the people, settings, ideas and objects that make up your life. They're quirky, and we think that's part of what makes them so special."

## Making the transition to sophomore housing

By ADAM STIRPE  
Staff Writer

We all know that housing here is great. Most schools I looked at had students living in traditional dorms up until they became seniors, and that wasn't something I found appealing. I'm currently living in the New Townhouses, and I really love being here. There are bathrooms for each floor, spacious rooms, an open kitchen, a living room and even two refrigerators that the college provides you. The Foy Townhouses are similar to the New Townhouses in size and structure, while Gartland and Midrise are the smaller options for sophomores. The school changes the options for sophomores every year, but this is what was open to sophomores when I was registering for housing last year. Sophomore living spaces have a lot of perks to them, but there are several drawbacks that can appear throughout a person's time in these houses.

To sum up the positives, there is plenty of space in the houses to hang out with friends, get some work done, relax and even cook. Cooking food is probably the biggest perk of being in a townhouse. You no longer have to rely

solely on the cafeteria for food, and you can even cook a variety of different foods specific to your individual tastes. Additionally, you have a communal living room that has plenty of room for friends and other guests that may stop by throughout the year. You can also personalize your house a lot more than you can a freshman dorm. My friends and I decorated the house a lot around Christmas and even put up decorations for other holidays such as Halloween and Easter.

Also, you're living with people you really want to live with, for the most part. Unless you didn't have a full group, you've picked the people with whom you are sharing your house, and you've also selected your roommate. Lastly, you don't have to swipe into the townhouses like you would normally in a freshman residence hall. If you're one of those people who got really sick of having to swipe into the buildings when you knew for a fact that the security guards knew you, living in a townhouse will undoubtedly be something you'll grow to love. As you can see, there are countless perks to being in a townhouse as opposed to a freshman dorm.

While there are numerous positives to being in a house, I do want

to make you aware of the negatives that go along with being in a townhouse.

First off, living in a bigger space means that you will have more to clean. Houses can get messy really fast, and there aren't janitors cleaning your bathroom and the hallways anymore. You are now responsible for maintaining and cleaning your home, which means you have to buy your own cleaning supplies and make sure that your housemates understand who needs to clean the house throughout the

semester. Residents of the house must clean the kitchen, living room, bedrooms and bathrooms. The RAs and RDs do conduct house checks after you leave for breaks to make sure you're maintaining your home properly, and any violations of housing policy that goes along these lines will result in priority point reduction, and no one wants that.

SEE "MOREOVER" PAGE 8



SIENACOLLEGE/FLICKR

Living in a townhouse, there will no longer be janitors to do the cleaning for you.

## Keep calm and study on through finals week

By AMANDA FIORE  
Staff Writer

With the school year winding down and finals on the way, May is bound to be a stressful month for Marist students. Not only do students have the stress of landing summer jobs, moving out and saying goodbye to friends for the summer, students also have the dread of preparing for finals hovering over their heads.

Despite the fact that there are only a few weeks of the school year left, there is still time to make this month of May unforgettable; first, by acing all your finals, or at least a few, and second, by making memories with friends that are sure to last a lifetime.

To reduce the stress of finals week, there are a few easy ways to help you ace those dreaded exams. Follow these seven study tips to relieve finals anxiety, which will allow you to make the most of the last few weeks at Marist.

First, study in chunks of time. Believe it or not, procrastinating and cramming the night before the exam is not the best way to study. Although we've all done it, avoid cramming for your upcoming finals by studying in chunks of time a week before the exam. According to the Dartmouth Academic Skills Center, you should study in 20 to 50 minute increments, followed by a five to 10 minute break between each study chunk. Studying in chunks of time, rather than hours at

a time, will increase the retention of the information, as well as, your final exam performance.

Second, try listening to Mozart. Although it seems random, if you swap your rap or techno music to classical Mozart while studying, your chances of acing your finals increases. Classic music follows a specific 60 bpm pattern, which has been shown to activate both the right and left sides of the brain. Stimulation of both sides is linked with an increased ability to remember information. Therefore, listening to Mozart while studying can help to increase the likelihood that you will retain relevant information during exam time.

Third, move around. Yes, you heard right. According to a New York Times study, moving around rather than sticking to one study spot increases performance on tests. So go ahead and switch things up when studying for your final exams. For example, spend some time on the different floors of the library or take advantage of the warm weather and study outside on the dock.

Fourth, ditch the coffee and drink cocoa. This is definitely not a hard study tip to follow. Cocoa contains antioxidants as well as cognitive and mood enhancers, that'll help to ease you while stimulating your brain. Try dissolving a spoonful of organic cocoa into hot milk, and then add cinnamon, espresso and cayenne pepper for an extra boost of energy. This super food will not only

increase your mood and relieve stress, but give you a natural jolt of energy.

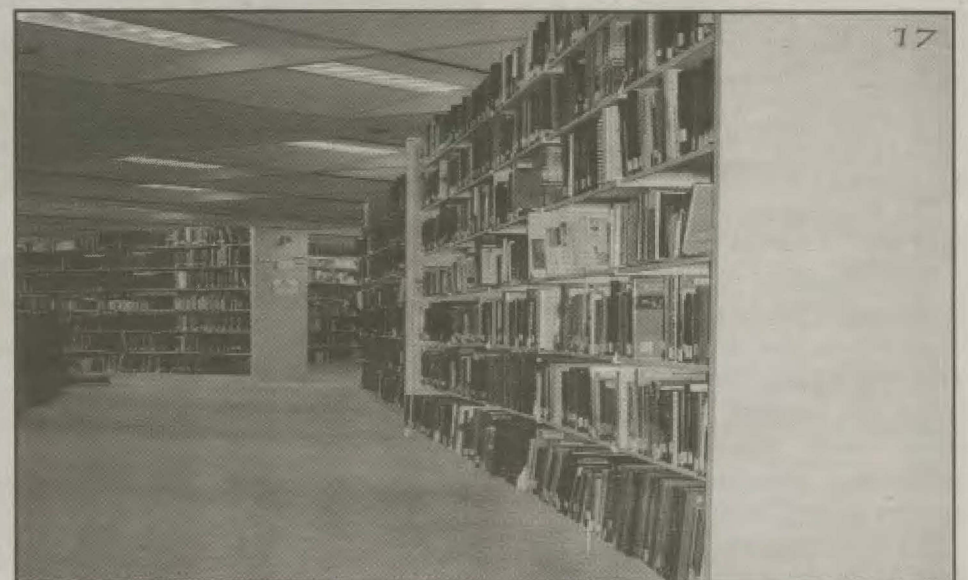
Fifth, you have probably been told to make a study group for years but you should actually do it. Forget the potential scheduling conflicts and try to establish a study group with your classmates. Study groups keep you accountable and help to motivate you when you are just about ready to give up. Plus, while talking aloud to the group you will hear yourself talk, which will help you figure out what you understand and what you don't. Getting a study group together will also allow you to divide the work, conquering concepts in half the time it would take you to do the same amount of work alone.

Sixth, get out there and exercise on campus. Take advantage of the

beautiful scenery of the Hudson while improving your memory. Just 20 minutes of cardio can help to improve memory and decrease stress. So take a light jog or walk before and during finals week to give yourself a break and clear your head.

Lastly, make it interesting. Although 75% of the information you are studying is probably not the most interesting, if you try to connect with the information you are learning you are more likely to recall that information on the final exam. Try to use mnemonic devices or try making facts personal. Relating to the material will help peak your interest and increase the chance you will remember it on the exam.

SEE "NOW ONCE" PAGE 8



CYBRGRL/FLICKR

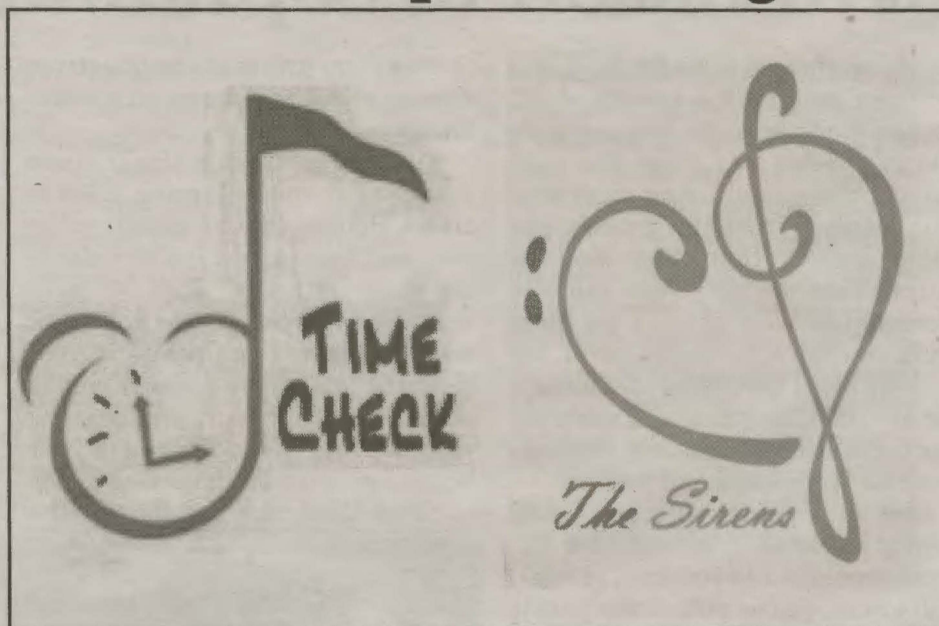
Meet your study group for a session in the library 24 hours a day during finals week.

## Time Check and Sirens put on a great performance

By NICOLE KNOEBEL  
Staff Writer

Time Check and the Sirens closed their season with a night of music and comedy that reflected a year's worth of dedication and hard work. Following a year of invitationals, concerts and spur-of-the-moment on-campus performances (Time Check may or may not have given an exclusive performance in my Gartland living room before Christmas), the groups gave a performance that delighted friends and family alike.

"The Closer" was the last event to be held in the Nelly Goletti Theatre before its renovation while the music department moves into its new home in the yet-to-be-named academic music building. Kicking off the baseball-themed night with a rendition of the "Star Spangled Banner," the Sirens were up to bat first with a set that started with an "A League of their Own" inspired video montage of the girls playing baseball while Snapchatting, texting and gracefully pirouetting at the plate. Following the comical clip, the Sirens belted hits like Beyoncé's "Love on Top," the Fugee's "Killing Me Softly," Bette Midler's "The Rose" (joined by Sirens alumni) and a Christina Aguilera medley featuring "Burlesque," "Genie in a Bottle" and "Dirty." The



FROM WWW.MARISTCOLLEGESPC.COM AND  
HTTP://THELOVELYSIRENS.WEBLY.COM/BLOG.HTML

Last weekend, Time Check and the Sirens put on an incredible joint performance which functioned as the final performance in Marist's Nelly Goletti Theatre.

Sirens, with their signature dainty and feminine sound, charmed the audience with the help of solos from director Nicole Chin-Lyn along with Ashley Morris, Natalie Nick, Alex Mormile, Anna Durkin and the impressive beat boxing work of Marcela Desemone. The girls kept it classy with their black ensembles, colorful heels, and flowers in their hair, becoming the mirror image of the sirens whom they are named after.

Next up was Time Check, who opened their performance with their

own video montage. Proving that they are as equally adept at comedy as they are at a cappella, Time Check introduced their baseball teams lineup featuring a catcher who catches with his bare hand, a flying squirrel enthusiast, an outfielder who spends his time meditating during the inning and an overheated coach arguing with the home plate umpire, Marist's own Father LaMorte. Time Check continued the comedy routine with flirty songs targeting the female audience, such

as One Direction's "What Makes You Beautiful," Bill Withers' "Ain't No Sunshine," Soft Cell's "Tainted Love" featuring a hysterical solo performance from talented Time Check director Nick Homler, and "Lift Me Up," in which the group was accompanied by the Time Check members who came before them. With solos from Cody Sorrell, Nick Bayer, Andrew Hassett, Mike DiBari and Rob Duffy, Time Check wowed the audience with their astounding vocals and crowd-pleasing choreography.

Helped along by hosts Stephanie Johnson and Joe Riccardi, the two groups united at the conclusion of the concert to sing "Little Talks" by Of Monsters and Men. The pitch pipes were then ceremoniously handed down to Alex Paiva and Elle Guerin to lead next year's Time Check and Sirens ensembles, respectively. The love for music was apparent as the seniors finished their last show at Marist and the pair of a cappella ensembles belted their last number together, "Carry On My Wayward Son" by Kansas. In all, the final a cappella concert of the year was a fitting way to say goodbye to Marist's current Nelly Goletti Theatre and welcome the well-deserved future home of the music department.

## "Evil Dead": A gruesome remake of the cult-classic series

By AMBER CASE  
Lifestyles Editor

"Evil Dead" is the new horror film by Fred Alvarez and is a reboot/remake of Sam Rammi's 1981 classic, "The Evil Dead." For those expecting to see a carbon copy of the cult piece, you will not get that wish. However, that is not necessarily a bad thing. As a fan of the original, the 2013 remake did not disappoint, although there were some storyline changes. While the original plot was the same, the remake featured brand new characters with an alternative reason for being at the haunted cabin. In the original horror flick, a group of five college students decide to spend a weekend at an isolated cabin where they soon discover an evil presence housed in the basement. The 2013 version also focuses on a group of five young adults, but they travel to the family cabin of brother and sister David and Mia. Mia has a drug addiction, which the friends wish to eradicate by keeping her at the cabin for a weekend.

The opening sequence shows a father who is forced to burn his possessed daughter to death in the basement of the house in an attempt to illustrate the origins of the evil. This was a refreshing difference between the original and remake because there was never a clear explanation presented in the classic for why an evil force existed.

The beginning starts off a bit slow with Mia's drug addiction until the gang discovers a door in the floor to

an old cellar. One of the friends, Eric, discovers an old book bound with barbed wire which he opens. Although the writings warn against toying with the book, Eric reads a passage from the book aloud which unleashes an ancient curse. Mia is the first to be affected when she tries



FROM WWW.MOVIEFONE.COM

"Evil Dead" is a remake of the 1981 cult classic "The Evil Dead," directed by Fred Alvarez. Although there are several differences, "Evil Dead" is a faithful reboot that is both frightening and gruesome. Fans of the original will mostly be pleased.

to escape from the cabin but is stopped by the evil spirit who has taken the form of the girl from the opening sequence. A series of frightening scenes follow that actually cause the audience to jump from their seats in fear. When Mia returns to the cabin with the demon inside of her, she must be locked in the

cellar after she attacks her brother and friends.

As the demon begins to work its way through the group, excessive gore and violence ensues. This film is not for the easily sickened due to its relentlessly bloody attacks scene after scene. Once the infection is

prise and fear nonetheless. Characters that you assume are dead continue to pop up to save the day, only to be further mutilated by the demon forces. Although there is an undoubted focus on graphic violence, it should be noted that the film as a whole is also legitimately scary and not just shock horror.

However, there are also some issues to address. Some of the characters are poorly developed and are just there to be murdered. For example, you pretty much forget Natile even existed until she is forced to confront the demon herself. Additionally, "Evil Dead" is certainly different from the original in tone and style. The original film had many comedy elements that would ultimately lead to the over-the-top slapstick antics of the sequels. "Evil Dead," however, offers no such comedic relief. In fact, one of the goals of the film is to push the viewer to their limits in terms of graphic extremity. Although differences are more than welcome, die-hard fans of the original may feel slightly betrayed with this shift in mood between the films.

The new take on the "Evil Dead" is exactly that: a new, updated version that takes on a life of its own and succeeds in pleasing the audience. The shocks and scares are truly chilling, and the action is very disturbing. While the original movie will forever live on as a cult classic, the remake remains faithful to the original tagline - "Ultimate Experience In Grueling Terror."

## In the news, first to be right are wrong

By GARRIN MARCHETTI  
Managing Editor

On Monday, April 15, the city of Boston was struck with fear and terror when two brothers decided to bomb the finish line of the Boston Marathon, causing a panic throughout the streets that had not been seen in an American city since the Sept. 11 attacks in 2001.

As with any major news event, word of the bombing soon spread to Twitter, where millions of people began asking questions. What happened? Who was responsible? How many people were killed? People wanted answers, and soon, answers would be given. Except the answers were not answers at all.

Twitter has served as an excellent news outlet for this generation. But the drawback of relying heavily on Twitter for news and information comes down to the fact that anyone can tweet what they want and when they want to, regardless of their knowledge of a particular topic.

When news breaks, people want to be the first to know what has happened. With Twitter, they can be the first to break the news as it happens. This seemed like a blessing at first, as "citizen journalism" grew more credible and legitimate.

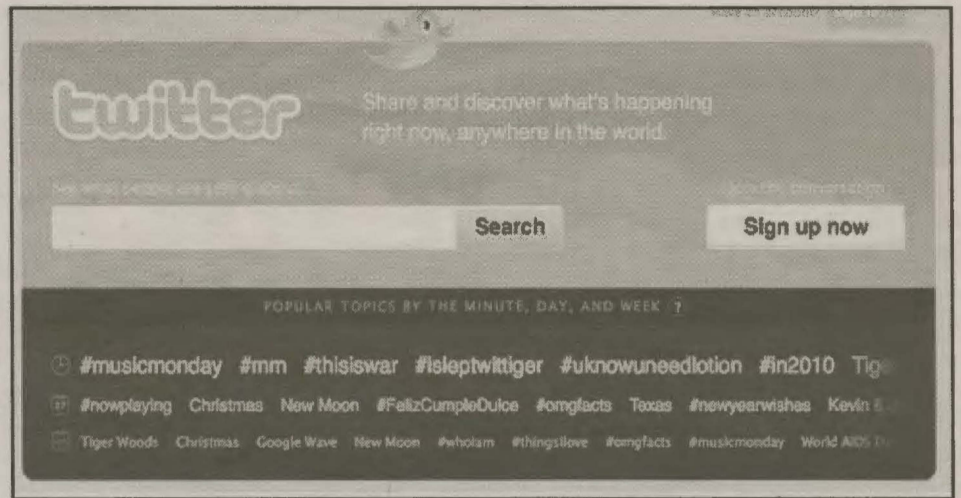
But now it seems that citizen journalism has lost that same credibil-

ity and legitimacy because of Twitter. People want to break the news themselves so badly they will say anything they want to, as long as they are first.

Look back to two weeks ago on that fateful Monday in Boston. The minute that news broke of the bombing, the "Twitterverse" blew up with millions of reports and updates. Some were accurate, but many were not, just the product of a generation that believes that being first is more important than being right.

There were multiple bombs exploding throughout the race, according to the Twitterverse (there were only two bombs). Others tweeted that they had seen the bombers flee the scene with bags in hand (the bombers would be identified several days later). Many tweeted that there were dozens dead from the blast (there were three casualties in the blast).

This "reporting" was not just coming from the general public; well-respected news organizations were getting in on the action. The New York Post was the first to report that 12 people had been killed, most likely resulting in the citizen journalists tweeting the same information. CNN's coverage of the entire week, from the bombing to the investigation of suspects was atro-



SEARCH-ENGINE-LAND /FLICKR

Although Twitter has made it possible for news to travel instantaneously, this form of civilian reporting has proven to be inaccurate and unreliable.

Throughout that Monday afternoon and evening, reported that there were suspects in custody when police were still trying to identify those responsible.

The most dangerous part of Twitter? It takes one click of the "retweet" button for inaccurate news to travel fast. People see the tweet that sounds legitimate and instantly retweet because they want to get in on the action. There is nothing wrong with retweeting a tweet, as long as the tweet is the truth.

Unfortunately, this was not the case two weeks ago. Being from the Boston area, I wanted new information as it was coming in, and I refreshed my Twitter feed constantly

throughout that Monday afternoon and evening.

I chose to study journalism because I have a passion for writing and spreading the news. When I was younger, I loved watching the news and learning about all that was happening in the world. As I grew older, I realized that being accurate and fair was just as important as being on top of a breaking news story.

Sadly, that opinion does not seem to be shared today. Between both professional and citizen journalists, breaking the news first means more than being right. And that is just wrong.

## College education replaced with 'Mrs.' degree

By SHANNON MCCORMACK  
Circle Contributor

Why am I attending Marist College? This question seems to evoke a rather obvious answer to most: I am seeking a higher education in order to embark on a successful career path. However, for one Princeton mother, college is also the time, most likely the only time, to find "the one." Through letters written to female students, this woman urged the girls to find their Prince Charming within their four years at college because afterwards, the chances of a girl meeting her hus-

band in the real world are extremely reduced. In other words, this mother is saying that young woman should go to college to receive a "Mrs." degree and secure a future with a man on campus.

This statement is absurd. Women, just like men, use higher education as a resource to help them achieve their life goals in the professional world. When I first arrived on campus in August, I had only one goal in mind: I was going to use these next four years of my life to challenge myself. I plan on discovering who I really am, what contribution I hope to make to soci-

ety, and grow as a person in order to see my dreams become a reality while attending Marist. I believe it is safe to say that this is the plan for the majority of students at their own colleges and universities across the nation, despite their gender.

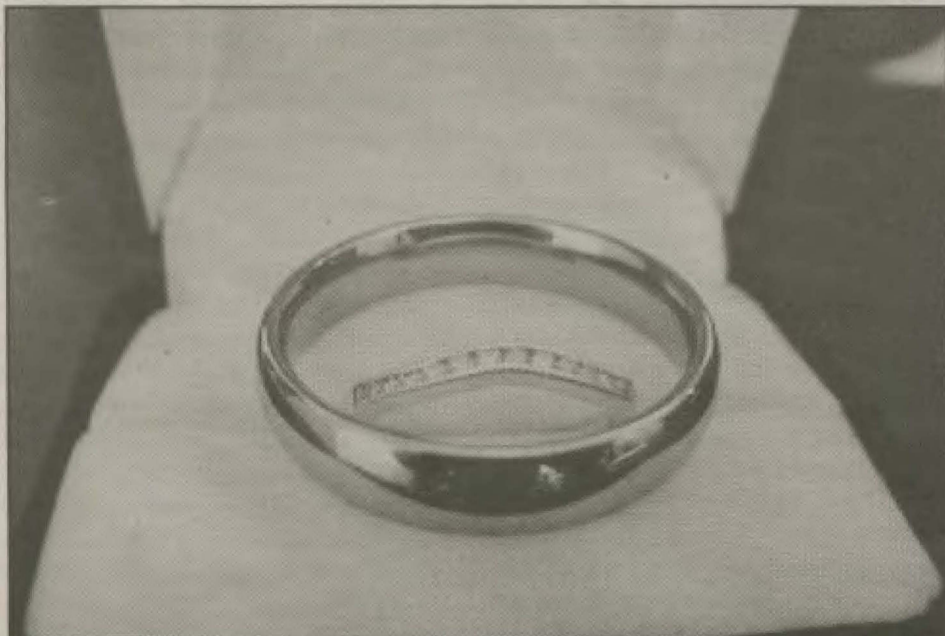
However, I am sure that if a girl was to meet the person of her dreams during her college years, she would not object to engaging in a relationship with him or her and seeing where things could go. If it does lead to marriage, then that is wonderful for her and the love of her life. Nevertheless, if the relationship does not work out in the end, then it is a lesson learned and an experience she will hold close to her heart for the rest of her life. By no means though does this insinuate that she is going to become the crazy cat lady down the street who never got married.

Think about it. When you graduate college you are typically 22 years old. How many women do you know in your life who did not meet the man that she is head-over-heels in love with until she had established a career and life for herself after graduation? Personally, I know many women who met their husband after the education chapter in their story had ended and they seem to be doing just fine. There are plenty of generous, thoughtful, respectful and loving single men out in the real world for us ladies to fall in love with!

As a hopeless romantic, I strongly believe that you fall in love with whom you fall in love with, and you fall in love when you fall in love. This is something that we have no control over, and all we can do is be honest with ourselves and listen to our hearts.

I will never forget my car ride down to Marist with my mom on move-in day. Five minutes before we arrived on campus she turned to me and said, "You know Shannon, you could meet your husband here!" Of course I was intrigued and excited at the thought of finally finding my best friend and soul mate, a day I have dreamed of ever since I was a very little girl watching princesses getting swept off their feet by handsome princes. Who knows, maybe my mom is right! However, if she is not, I still know that he is out there and I will certainly not throw away my faith in love, and neither should any girl! The man that is perfect for you does exist! Whether he is someone you fall for in college or someone you meet five, 10, or 30 years after receiving your degree, he is not some made-up fairytale.

For now, focus on doing what is best for you and achieving the goals you have set for yourself. But if Prince Charming does come knocking on your door, open it up with your heart and have a love that makes the movies jealous.



ROCKINFREE /FLCKR

According to one Princeton mother, female students should be graduating from college with a wedding band instead of a diploma.

## DiCaprio teaches us not to judge a book by its cover

By KATHLEEN O'BRIEN  
Opinion Editor

We all know about him. He has been a household name in America since he boarded the Titanic and entered our hearts as Jack back in 1997. Yes, I am talking about Leonardo DiCaprio. Since then he has been in numerous movies that have received praise from critics and fans alike. However, despite his growing success and popularity, DiCaprio remains an incredibly underappreciated and unrecognized actor, as he has never won an Oscar and has been nominated for only two in his entire career. It is time for Hollywood to wake up and realize the talent of Leonardo DiCaprio.

Dubbed a "pretty boy" after his role in "Titanic," DiCaprio was cast aside as just another attractive face in the crowd of young Hollywood men. However, following this movie, he has been a leading actor in many serious films. These include "Catch Me If You Can," "Gangs of New York," "Shutter Island," "Inception," "The Departed," "J. Edgar" and "Django Unchained." Over his career he has worked with some of the most highly regarded actors and directors in Hollywood on films that have delved into serious issues.

In "Gangs of New York," he plays a young man engrossed in the gang violence of the Five Points during the Civil War. DiCaprio plays opposite Daniel Day-Lewis, who is one of the most diverse and respected actors in film today. DiCaprio is also the lead in "Inception," the movie that

left its viewers questioning their knowledge of their world and reality. He was also the main actor in the psychological thriller "Shutter Island," which delved into the issue of mental illness and asylums in the 1950's. Most recently, he portrayed the character of the villainous southern slave owner Calvin Candie in Quentin Tarantino's "Django Unchained." In this film, he worked alongside actors such as Samuel Jackson, Christoph Waltz and director Tarantino, who are all highly regarded in their professions.

Through these varying roles, DiCaprio has shown what a diverse and strong actor he truly is. Not many actors are able to portray such an array of characters with the success he has garnered. In his filmography, it is possible to find movies to satisfy almost every movie viewer from romance to adventure to mystery to thriller to historic. Most actors find themselves trapped in one particular category, but DiCaprio has managed to break beyond the stereotype generated by "Titanic" and broaden his resume.

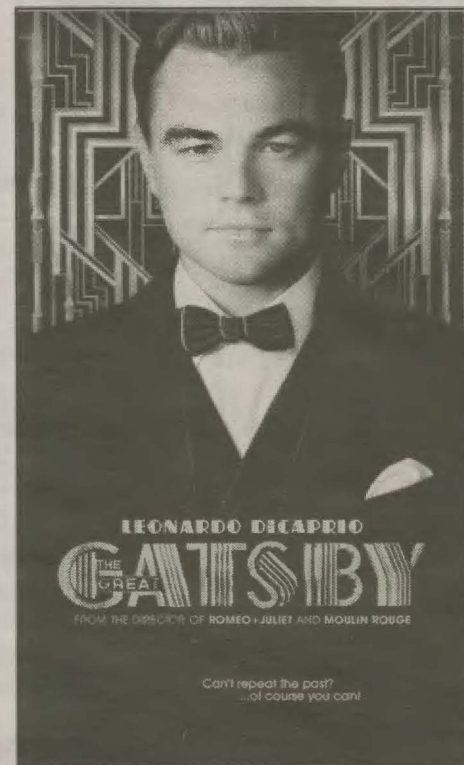
With all of DiCaprio's success and films, he has only won one a Golden Globe for "The Aviator" and been nominated for an Oscar for "The Aviator" and "Blood Diamond." Personally I have not seen these films, but I feel that there are so many other great films for which he should have been nominated and many others agree as well. Therefore, the question needs to be asked as to why DiCaprio has been shown such disrespect by Hollywood. In some cases, his movies were released in

very competitive years. However, in other situations, there has not been a great amount of competition and one must wonder if Hollywood politics are at play. For even though competition for the honor is fierce, with roles such as DiCaprio's, it seems odd that he has not even been nominated.

DiCaprio may be doomed to follow in the footsteps of actors such as Robert Redford, actors who were also bestowed the title of "pretty" too early in their careers to be taken seriously by the Academy because they did not fit the particular image that Hollywood had in mind.

DiCaprio's situation can be related to a larger issue facing society right now. Too often in our society, whether professionally or personally, a person's talent is overlooked due to their appearance. Whether a person is attractive, unattractive or wears certain clothing, he or she is often cast into a certain role or group and, once placed, it is becomes almost impossible to leave. Our society's reliance upon appearance leads us to make ignorant and unbeneficial decisions. The pressure people feel to conform to or resist societal norms results in negative consequences for the person and society as a whole. It is time for society to stop letting appearances define a person and, instead, focus on their talents and personality. After all, society can only progress when individuals are able to share their expertise and ingenuity.

The discussion of looking beyond appearances seems quite appropriate considering DiCaprio's next movie, "The Great Gatsby," comes



FROM BUSINESSINSIDER.COM

DiCaprio's role in "The Great Gatsby" dissects society's reliance on appearances.

to theaters next week. DiCaprio will be following in Redford's footsteps as Jay Gatsby, the man so enamored with the past and appearances that he cannot live in the present. Many of the characters in the story fail to see the simple beauty of life and a person's inner self. Instead they are dazzled by the allure of riches and are doomed to live in a materialistic and superficial world with little meaning.

Perhaps with his appearance as Gatsby, DiCaprio will receive the recognition he deserves and society will learn a little more about itself and how it should be behaving.

From Lifestyles page 5

### Moving up housing ranks

Moreover, you also need to make sure that you have food stocked in your refrigerator or freezer. This does add up over the course of a semester, trust me. I know people who spend over \$100 each time they go grocery shopping, but you need to budget and plan according to your own dietary needs.

This being said, living in a townhouse is something that is really fun, but comes with a bit more responsibility. As long as you keep up with the general maintenance of your home, you'll undoubtedly find living in the sophomore residence areas to be an enjoyable and memorable experience.

We asked our staff: How did your living experiences change after freshmen year?

"It was well worth it because I got to live with my close friends in the same house as opposed to being on separate floors in a dormitory. We also got to meet new people and

make more friends with neighboring houses." -Ryan Calvi, Sports Editor

"The biggest transition was having my own room from Marian to Lower Fulton. It really relieved so many stresses. Now that I have my own room, I take it for granted." -Shawna Gillen, News Editor

"Having a single room gives me flexibility within my schedule because I don't have to worry about bothering a roommate. My housemates and I live even more harmoniously operating by our individualized schedules." -Marygrace Navarra, Editor-in-Chief

From Lifestyles page 5

### Keeping cool during finals

Now once you have better prepared for your finals, you will have the time and energy to make the last few weeks at Marist memorable. There are various things to do with your friends in the area right before you part for summer. These activities double as stress-relievers as well, helping to ease final anxiety while having a blast with your friends.

Check out Puppies and Kittens American Breeders in Wappingers Falls. Just ten minutes down Route 9 South, you can play with puppies and kittens, large and small, for free. If you are feeling worn or stressed with preparing for exams, these little critters are bound to turn your day around!

Go retro and go to the Hyde Park Drive In Theatre. Not only can you see Hollywood's latest films, but you can do it outside! For only nine dollars a ticket, you can see the hottest movies out under the stars.

Walk the Mid Hudson Walking

Bridge. Just a three minute drive from campus, the Walkway Over the Hudson State Park is the place to go for breathtaking views and prime photo opts with friends. While getting some exercise, you can enjoy the views down the Hudson and across the river. Walk the bridge and take in all Poughkeepsie has to offer at a bird's eye view.





# The Fox Trot

## Quick hits of the week in Marist athletics

### Crew

The men's and women's crew teams enjoyed tremendous success last weekened when both squads captured MAAC championships on Saturday, April 27, at Lake Mercer in West Windsor, N.J.

It was the 12th straight title for the men's team, which won the final three races of the day to edge out a close 150-149 victory over Jacksonville. The team has now won 15 conference titles overall.

The woman's team earned the MAAC's first automatic NCAA Championships berth after earning 45 points on the afternoon to defeat Fairfield by two points. The title is the team's first since 2008 and 10th overall in program history.

"We are very excited and proud to have earned the first MAAC auto qualifier to the NCAA Division I Women's National Championship," Director of Rowing/Women's Head Coach Tom Sanford said in a statement released on the Marist Athletics website. "The women's team performed to its ability. They achieved what they set out to do."

With the NCAA Championships still almost a month away, the woman's team will focus its attention to next weekend, when they

join the men at the New York State Championships, held at Whitney Point, N.Y. The meets will take place on over both Saturday and Sunday.

### Women's Tennis

As the second seed in the 2013 MAAC Women's Tennis Championships, the Marist Red Foxes earned their fourth conference title in program history, defeated top-seeded Fairfield, 4-1, last weekend at Mercer County Park in West Windsor, N.J.

Kelsey Raynor was named the tournament's Most Outstanding Player following the victory. The senior earned the victory in first singles, 6-3, 6-2, in Sunday's match against the Stags.

All Marist's conference championships have come in the past seven seasons, all under head coach Roge Nesbitt.

As a team, five Red Foxes earned regular season honors. Joana Sun was named to the All-MAAC First Team at number three singles, while Raynor and Sabrina Tahir were named to second doubles.

On Tuesday, the Red Foxes found out they will be traveling to Gainesville, Fla. to take on the top-seeded Florida Gators in the NCAA Tournament. Marist (11-7) will enter the match on a six-match winning streak and winners of seven of their last eight matches dating back to April 7.

### Water Polo

In the consolation game of the 2013 MAAC Water Polo Championships, held at the McCann Natatorium last weekend, the Marist water polo team finished its season with a 12-9 victory over Villanova.

Jessica Hamby led the way for the Red Foxes with four goals, and Shelby Rinker, Hannah Levien, and Anna-Lena Hathaway each netted two goals apiece.

Marist played in the consolation game on Sunday following its loss to second-seeded Iona, 12-9, on Saturday afternoon. The third-seeded Red Foxes saw major contributions from Rinker (four goals) and Levien (three goals), but were unable to get past the Gaels, who went on to defeat Wagner on Sunday to earn its third straight MAAC championship.

Rinker, a senior from Lansdale, Pa., was named to the All-Tournament team after scoring six goals throughout the weekend.

Marist ends its season at 25-12 overall, and 10-2 in conference play.

### Track and Field

Both the men's and women's track and field teams competed in the Yale Invitational last weekend in New Haven, Conn.

On the men's side, freshman Alex Cunningham had the highest individual finish of the day for the Red Foxes, earning third place in the

110-meter hurdles with a time of 15.52, a personal best.

Two other freshman, Charlie Ropes and Zach Berzal, also had big days for Marist. Ropes finished fourth in the 5,000-meter race in 15:18.08, while Berzal ran the 400-meter hurdles in 57.80 seconds, good for fifth place. All three freshmen set personal-bests in their respective events.

The women's team saw graduate student Kathryn Sheehan set a new school record in the 3,000-meter race. Sheehan ran the race 10:02.64, breaking the ten-year record of 10:10.02 set by Liz Grudzinski in 2003.

Sheehan's time was a six-second improvement over her time in the event in the indoor season.

In addition to Sheehan, freshman Kristen Traub also broke the previous school record, crossing the finish line in 10:06.16. It was the first time that Traub had run a distance event in college.

"Kathryn and Kristen gave superb efforts and rewrote our record book in a single race," Marist Director of Track Pete Colaizzo said on the Marist Athletics website. "They should be proud of their performances."

Both teams will be back in action every day this upcoming weekend. First, the squads will travel across town to run in the Vassar Twilight Invitational on Friday afternoon. The next day, both teams will compete in the MAAC Championships

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# MARIST

# Men's tennis wins another MAAC title

By JUSTIN D'ANGELO  
Circle Contributor

The Marist men's tennis team defeated the second-seeded Fairfield Stags 4-2 to win their tenth MAAC Championship on Sunday at Mercer County Park, N.J. The Red Foxes finished with an overall record of 17-3.

This is the fifth time in the past six years Marist has taken home the MAAC title, with 10 MAAC Championships being a Marist school record.

"It was a very exciting weekend," Coach Tim Smith said, whose team played a solid two days of tennis.

On Saturday, the Red Foxes advanced to the final match with a convincing 4-0 victory over Loyola.

"The fact we had a fairly easy first round meant that (Fairfield) and (Niagara) had to stay out there and play more," Smith said.

"The weekend was phenomenal," junior Dalen Klassen said. "Last year we struggled in the finals, but this year everyone competed."

The finals match did not start the way the Red Foxes had planned. Fairfield came away with the doubles point to jump out to a 1-0 lead.

Fredrik Bjerke and Trym Nagelstad fell in second doubles 8-3 while Joris Van Eck and Lorenzo Rossi came up short at third doubles by a score of 8-5.

At first doubles, the duo of Klassen and Billy Bishop led 6-3 in their match until it was suspended due to the fact that the doubles point had

been decided.

"I played fairly well. I thought my serve was good this weekend and that allowed me to hold my service," Klassen said.

"I would have liked to have won [doubles]," Smith said. "I thought we had gotten better at doubles. We did not do as well as I thought."

Fortunes turned for Marist in singles play as they outscored Fairfield 4-1.

Rossi, a junior, was named the tournament's Most Outstanding Player and won the decisive point in a close three-set match 2-6, 6-1, 6-1.

When talking about certain players who stepped up this weekend, Smith admired Rossi's play. "After losing the first set, he came back very nicely," Smith said.

Had Rossi lost his match at first singles, the overall team score would have went to 3-3 instead of 4-2.

Van Eck started the comeback for the Red Foxes at fourth singles, winning in dominate fashion, 6-0, 6-1. Will Reznick (6-3, 6-1) and Nagelstad (6-3, 6-2) also coasted to victories at third and sixth singles respectively.

At second singles, Klassen lost a hard fought match 6-4, 6-3 while Joseph Dube led 7-5, 5-2 at fifth singles until the match was suspended since the overall score had been determined.

Smith was able to provide comic relief when discussing the confidence he had in his team. "I think my wife was more nervous than I was," Smith said.

"I cannot describe how happy I felt after we won," Klassen said. "We



COURTESY OF MARIST ATHLETICS

The Marist men's tennis team is featured here after they won their tenth MAAC title this past Sunday. They begin a run for a national championship next Friday at Texas A&M.

wanted to regain our title and this year we were able to overcome numerous obstacles and retake it."

"Our team chemistry was better this year which made it more fun coaching," Smith said.

The Red Foxes next task is a daunting one, as they will face the No. 12 overall Texas A&M Aggies in the first round of the NCAA Division I Championship. The match will take place Friday, May 10 in College Station, Texas.

Texas A&M (17-12, 7-5 SEC) finished first in the West Division of the Southeastern Conference. In the SEC tournament, they fell to the Georgia Bulldogs in the semifinals.

Three Aggies are ranked in the top-100 in the ITA National Singles' Rankings. Jeremy Efferding, Shane

Vinsant and Harrison Adams are ranked 21st, 84th and 100th respectively.

"It is six Goliath's against six David's," Smith said.

The best showing the Red Foxes had in the NCAA tournament was against California University, who was ranked tenth overall. Marist was able to win the first set at third and sixth singles.

"I am ecstatic to go to the NCAA tournament," Klassen said. It reminds us what we are competing for every year and motivates us to come back next year and win the conference."

Marist will look to pull off the big upset and face the winner of Texas and Texas A&M-Corpus Christi in the second round on May 11.

# Rios gets his NFL shot, signs with Arizona

By GARRIN MARCHETTI  
Managing Editor

In 2011, Michael Rios suffered a torn anterior cruciate ligament, commonly known as an ACL, during his senior season for the Marist football team. Rios, a wide receiver and special teams player, was not sure if he could return to his playing ability following his injury.

Last Saturday, four months removed from playing his last game with the Red Foxes, Rios was rewarded for his dedication to returning to top form with the chance to do something he has dreamed about for years: playing in the National Football League.

Rios became the first Marist player to ever sign an NFL contract when the Arizona Cardinals signed him as an undrafted free agent, hours after the NFL draft had ended. The contract states Rios will be signed by the team until training camp, where he will compete for a chance to play for the Cardinals in the 2013 season.

"I'm very excited," Rios said via telephone from his home in Miami, Fla. "I think that I could fit in really well [in Arizona] and I believe I can contribute right away."

Rios finished his career as arguably the most decorated receiver in Marist history. From 2008-12, he set program records in touchdown receptions (17), receiving yards in a single season (1,173), receiving



ERIC VANDER VOORT / THE CIRCLE

Former Marist wide receiver Mike Rios became the first player in Marist history to sign an NFL contract, signing with the Arizona Cardinals following this year's draft.

yards in a single game (244) and single-season touchdown receptions (10).

After missing all but two games in 2011, Rios started every game for the Red Foxes in 2012 after receiving a medical redshirt year from the NCAA. When the season ended, he returned home to train at a highly competitive training facility with other NFL prospects. At a pro day in Miami, Rios ran a 4.39 in the 40-yard dash, catching the attention of several NFL teams.

Rios had hoped to be selected in this year's draft, and the attention that he had been receiving from teams prior had given him the impression that it could happen. Along with the Cardinals, the Jacksonville Jaguars, San Francisco 49ers and even his hometown Miami Dolphins

had been in contact with Rios.

Rios said that while he was disappointed with not being drafted, he will remember his disappointment when he arrives in Arizona to compete.

"I definitely have a chip on my shoulder now. After talking to some teams, I really felt like I had a chance to be drafted," Rios said. "But I'm going to use that as motivation. I'm going to try to learn from the best and make the most of my opportunity."

Marist head coach Jim Parady believes that Rios' versatility made him an attractive player to NFL teams prior to the draft.

"A lot of receivers at the college level don't get involved in special teams. Mike had blocks and was a member of the punt team. He made

a difference on those teams; he wasn't just another body on them," Parady said. "He embraced that role, and I think that goes a long way for [Arizona] in looking at who he is [character-wise] and if he is willing to do those little things to contribute."

In his special teams career, Rios blocked seven kicks and served as the gunner on the punt team, the player that rushes at the opposing punter.

Parady also went on to explain that not getting drafted may actually put Rios in better position to make the team had he been selected.

"If he were drafted by a team that was heavy on receivers, it would be a lot tougher to make the team," Parady said of Rios. "Being drafted is great, but you want the best opportunity to make the team. This gives Mike the best opportunity to make the team."

For the next few weeks, Rios will continue to train in Miami before departing for Arizona for Rookie Minicamp, which begins on May 10.

There, Rios will have the opportunity to work with seven-time Pro Bowl receiver Larry Fitzgerald.

"I'm very excited to learn from the best in the game," Rios said of Fitzgerald. "The chance to work with him was a big reason in my decision to sign with Arizona. It's going to be an amazing opportunity, and I can't wait to get started."

# Baseball drops two of three to Canisius

By JOE FITZHENRY  
Staff Writer

The Marist Red Foxes baseball team took two of the three games to extra innings, but came up on the short end of things, dropping two of three to the host Canisius Golden Griffins over the weekend. The lone win in the series came on Sunday in an 11-6 victory, while Canisius captured both games on Saturday by scores of 10-4 and 2-1.

Despite the series loss, head coach Chris Tracz seemed upbeat about the loss.

"I thought as a whole, with the exception of the first game, we played pretty well on the weekend. Sunday was a huge win for us, it was a nice bounce back day," Tracz said.

Marist now sits at 21-17-1 overall on the season and 12-6 in the MAAC, while Canisius is 31-11 overall (9-6 MAAC).

The Golden Griffins set the tone early on Saturday as Jesse Kelso belted a three-run homer in the home half of the first to give his team the early lead.

A Matt Pagano two-run single in the top half of the third, cut the lead to 3-2 before the Red Foxes tied it in the sixth courtesy of an RBI ground-rule double from Steve Laurino.

Canisius wasted no time in getting the lead back, however as Ryan Coppinger drove in a pair with a two-run double, part of a five run inning for the home team and knocking Marist starter Chris Bielak out of the game.

Garrett Cortright picked up the win for the Golden Griffins as part of the 10-4 victory, pitching eight



COURTESY OF MARIST ATHLETICS

Three weeks remain on the schedule for the Marist baseball team who currently ranks second in the MAAC standings and prepares for the conference tournament which will be held from May 23-26 in Trenton, N.J. The team owns a 21-17-1 overall record.

solid innings and running his record to 8-2 on the year.

The first of the two extra inning contests came in the shortened seven-inning game on Saturday afternoon.

Canisius first baseman Jimmy Luppens won the game for his team with a 3-2 single that scored the winning run, giving the hosts a 2-1 victory.

Once again, the Golden Griffins scored in the top of the first, but a Joey Aiola RBI single that tied the game in the third.

Marist starter Brett Houseal took the loss for the Red Foxes, pitching the whole game giving up nine hits in nine plus innings of work, striking out three. Jon Fitzsimmons

worked 2.1 scoreless frames in relief, picking up his third win of the year for Canisius.

Looking to salvage a win on Sunday, the Red Foxes did just that by scoring five times in the top of the tenth for an 11-6 victory.

Kevin McCarthy (3-2) picked up the win for Marist, working five scoreless innings in relief of starter Rich Vrana, fanning six and allowing four hits.

"Kevin is all in, in terms of extending to get us wins, he was ready to go as long as we needed him. As our closer, he has been able to help us out and get us some wins," Tracz said.

Laurino and Nick McQuail each scored three runs for Marist, with

the former also driving in a pair of runs.

The Red Foxes grabbed the lead out of the gate for the first time all series on the strength of a trio of RBI singles by McQuail, Jake Berry and Zachary Passerelle. Laurino drove in the first of his three runs in the second and freshman Graham McIntire added an RBI single of his own in the third, giving Marist a 5-1 lead for the time being.

Canisius did not go down without a fight, though, as the Golden Griffins who had won 11 in a row at the start of the day plated three runs in the fourth and two more in the sixth.

McIntire drove in his second run of the day with an RBI single that scored Zach Shank to tie the game in the away half of the seventh.

Laurino drove in his third and final run of the day with an RBI single as a part of the five run tenth inning. The Red Foxes also capitalized off of three Canisius errors in the inning.

Marist went on to defeat Binghamton in non-conference action by a score of 9-2 on Tuesday. The Red Foxes then headed to Brown for a non-conference doubleheader on Wednesday.

For full results of both the game at Binghamton and the Brown series be sure to check out game recaps and box scores on GoRedFoxes.com.

Marist will resume MAAC play this weekend for a doubleheader with St. Peter's that, is scheduled for Saturday with first pitch at noon and first pitch for the single game on Sunday is slated for the same time.

## Softball red hot as MAACs approach

By GEOFFREY MAGLIOCCHETTI  
Staff Writer

The hard part is out of the way...now the really hard part begins.

Despite clinching a berth in the MAAC Softball Tournament, which, comes to the Hudson Valley this month, the Marist Red Foxes know that there's no time for rest, despite a hot week that guaranteed an appearance in the four-team competition. Head coach Joe Ausanio knows his girls aren't going to take their feet off the gas pedal.

"We had control of our own destiny and took full advantage of it," Ausanio said.

While pleased with the effort that has propelled the Foxes into a first place tie in the MAAC with Fairfield, Ausanio acknowledges, "We still have work to do."

The Foxes have gone on the warpath since dropping a 7-2 decision to Manhattan in Riverdale. An 8-0 shutout that followed the rough defeat was the catalyst in an active four-game winning streak.

Senior captain and third baseman Danielle Koltz apparently isn't ready for her Marist career to end, as her two-run blast ignited the Foxes to victory. The round tripper was her seventh of the year. The win clinched the Foxes' spot in their conference tourney and Au-

sanio discussed the importance of blanking the Jaspers, which saw Paige Lewis (6-5, 3.50 ERA) go the distance.

"We knew it was a win and we're in situation," Ausanio explained. "And we came through in a huge way."

The eight-run, 12-hit outburst against the rival Jaspers was just the start of offensive fireworks for Marist. The lack of an off day, and quick trip from Riverdale, N.Y. to Jersey City, would not affect the red hot Red Foxes as they totally dismantled the poor St. Peter's Peacocks, mercy ruling the hapless Peacocks twice in the span of four hours.

Game one was a 17-0 disaster, which saw Marist's trio of sluggers, Koltz, right fielder Nicole Cheek and catcher Alyssa Zahka, pickup a quartet of RBIs each.

The Foxes relented slightly in game two, which nonetheless concluded in an 11-3 Marist triumph. Koltz galloped her way with another four RBIs, making the Chenango Bridge, N.Y. native responsible for eight runs on a supposedly lazy Sunday.

Ausanio was pleased with the offensive exploits that produced 28 runs and 35 hits. "Our girls really came up huge," said the much pleased Ausanio. "They really produced results in games that meant

a lot to us."

Despite the start of the MAAC Tournament quickly approaching, the Foxes still face non-conference competition. On Tuesday the team had a matinee with Yale, which saw yet another Marist victory, a 6-0 triumph in which yet another Koltz round tripper accounted for half the runs along with Lewis tossing a superb two-hit, complete game shutout.

The Foxes welcome in Hartford today to the friendly confines of Gartland Field, the site of the upcoming MAAC tourney. Despite the games lacking the intensity of conference competition, Ausanio knows his team won't let up easily.

"I think they know at this point that they have to come into [non-conference games] with the same intensity as conference games," Ausanio said. "We can't take anyone lightly."

In addition, the Foxes still have much to play for, despite the little "x" next to their name in the standings that signifies their ticket to the conference tournament. The Fairfield Stags, victims of a home-opening sweep back in early April, will be the Foxes' main competition for the top seed. Ausanio believes that earning that seed would do wonders for Marist's momentum.

"We've been focused on being No. 1 ever since the season

started," the head coach stated. "This particular group has never won the MAAC, and it'd be great to send the senior group off with a title."

In addition to Koltz's power, Emily Osterhaus is concluding her Marist career on the right note, compiling a 2.34 ERA in 19 games. Ausanio also discussed the contributions of the team's youngsters, including Cheek, who is only a freshman and took home MAAC Player of the Week honors.

"Everyone's contributions gives us a chance to win," he said. "It's been a goal from the start to be No 1. If we're prepared and come to play everyday, we can easily reach that goal not just at the start of the tournament but at the end too."

### Team Notes:

With Nicole Cheek earning the MAAC Player of Week award the Marist softball team has now won eight weekley awards...Emily Osterhaus has won three times...Janine Lalli is a two-time winner...Melanie White and Kyrsten Van Natta have each won one award apiece...Alyssa Zahka leads the team with a .379 AVG...Cheek leads the squad with 12 homers and 44 RBI...Osterhaus is 10-8 with a 2.34 ERA and has recorded 54 strikeouts on the year.

## All for Eddie: A chance for MAAC glory

By RYAN CALVI  
Sports Editor

As the weather begins to shift from cold to warm, many different things start taking place around the Marist campus.

The always-popular "Marist Beach" sees an increase in attendance, seniors prepare for graduation day, students start to get antsy about wrapping up finals and heading home for the summer and for spring sport athletes, the goal of achieving a MAAC Championship becomes even closer.

We can always rely on the women's basketball team bringing home MAAC glory in the winter or the men's tennis team swinging their way to success in the spring (which they both did again this year). However, as sports fans it's always nice to see something a little different happen from time to time.

If anything, this spring season could be the one that changes the pace and gives us yet another reason to be proud of the athletics program we have here.

The men's lacrosse team, which hasn't won a title since 2005, heads to Buffalo, N.Y., this weekend as the No. 1 seed in this year's MAAC Tournament and has all the makings of a championship caliber team.

Marist went 10-3 overall this year and posted a 5-1 record in conference play, which included the MAAC's regular season title behind a superior offense, an in-your-face lockdown defense and outstanding goaltending from sophomore Dave Scarcello.

They'll march onto the four-sport athletic complex at Canisius College tomorrow afternoon taking on fourth-seeded Detroit in the first round at 4:15 p.m.

Luckily for fans who are unable to make the five-plus hour drive to western New York, the games will be broadcast live on ESPN 3 throughout the weekend. The Red Foxes defeated the Titans at home, 11-8 on March 16.

The winner advances to the championship game on Sunday at 1 p.m. and will draw the victor of the other semifinal matchup between Jacksonville and Siena.

Head coach Keegan Wilkinson says his team is ready to go and fired up to possibly compete on the national circuit as the team that wins the MAAC championship gets an automatic invitation to compete for a national title.

"It's really exciting and a testament to all these guys hard work," Wilkinson said.

The head coach added that the large amount of seniors on the team coupled with an impressive amount of underclassmen talent will need to play tough, physical and determined lacrosse in order to have success.

"We've got a really big group of seniors who have been there before



COURTESY OF MARIST ATHLETICST

Marist sophomore goaltender Dave Scarcello had a phenomenal year between the pipes for his team. Scarcello finished sixth in the Metro Atlantic Athletic Conference (MAAC) with a .523 save percentage while averaging 9.69 per game for the Foxes.

and are going to take some of the younger guys up there for the first time and it's going to be really exciting," Wilkinson said.

Marist's offensive unit will be no different that it has been all year. It is almost becoming like a broken record with the amount of times I've mentioned their names but what they've accomplished this year simply cannot be thrown by the wayside.

Connor Rice, Jack Doherty, Joe Radin, Mike Begley, Jimmy Marks and Drew Nesmith alike combined for roughly 80% of Marist's goals scored this season and each bring a specific dynamic that helps the team win on any given day.

Doherty's wicked lefty shot, helped him lead the MAAC with 32 goals scored.

Radin's tremendous lacrosse IQ, was recognized by the conference as he won five MAAC Rookie of the Week awards.

Both Nesmith and Begley's athleticism and powerful shots from the midfield position provided big

time offense for their team.

Marks' ability to be a true captain and lead by example both on and off the field and come through with huge goals at critical times for his mates.

And then there is the legend that is Rice. Although the 5-foot-7-inch attack man from Penfield, N.Y. may be one of the smaller players on the field, the legacy that he has built here in Poughkeepsie is astronomical.

Rice ranks in the top five in program history in goals, assists and points, all three of which are the major statistical categories in lacrosse. This feat was recognized by the Department of Athletics as Rice was given the Sportsman of the Year award on Monday evening.

Some of the above-mentioned six players will more than likely take home more personal accolades on Thursday evening when the MAAC hosts its annual banquet to announce All-MAAC teams, players and coaches of the year.

However, although these will be

tremendous honors, they are something neither the players nor their head coach is all that much concerned about.

"We should receive some awards this week but that's not really what we're focused on," Wilkinson said. "We're focused on going [to Canisius] and taking care of business."

"It's definitely an honor to win awards," Rice said. "But our main focus and goal as a team is ultimately to win a championship."

The always-reliable trio of defenders in Ethan Fox, Patrick Wall and T.J. McDermott along with long-stick midfielder Patrick Eaker will also be huge factors this weekend. The unit does an exceptional job of causing turnovers and transitioning the ball to the offense to create scoring chances and we should expect to see nothing less in this tournament.

For those who are seeking something a little different out of our athletics program, the men's lacrosse team has given you ever reason to believe that this year will be one to remember for a long time coming.

This is a team that has battled through so much adversity with the loss of a teammate and friend in Edward "Eddie" Coombs last summer and has bounced back and had one of the most successful seasons in program history all for him.

Coach Wilkinson said earlier in the year that the team would work as hard as they could to represent the Coombs family and Eddie in the right way and they have certainly done that. An added bonus however, would be to present the family with a championship this weekend.

And in my unbiased opinion, they are the best team in the conference and will be raising the championship trophy on Sunday afternoon en route to a national tournament appearance. They just have to go out there, play their game and prove it.



COURTESY OF MARIST ATHLETICST

Jack Doherty led both his team and the Metro Atlantic Athletic Conference (MAAC) with 32 goals scored this season. The Red Foxes will rely heavily on his offensive ability coupled with fellow senior Connor Rice this weekend.