



## Student negligence resulting in theft

By JULIE BROWN  
Staff Writer

The Office of Safety and Security at Marist College has initiated the Lock it or Lose it program to minimize theft at the college.

The program focuses mainly on the three freshman dormitories on campus as well as Marian Hall. Two to three times a semester, a security guard and a Resident Director patrol the hallways of the specified dormitory and knock on doors. The object of the program is to see how many students lock their doors. If the door is not locked and a student is not present in the room, the two officials enter the room and leave a yellow flyer. The yellow flyer states the time, date and reason why the room was entered.

Many times, the security guard and Resident Director have walked by doors that were wide open with no occupants in the room.

"Sometimes a student will lose his/her room key and ask the roommate to leave the door open, resulting in theft," said John Gildard, head of Safety and Security at Marist College.

During fall semester this year, 19

rooms were found unlocked within all of the dormitories; a number is less than in previous years. However, one of the rooms had money and an iPod stolen out of it, according to Gildard.

Security encourages students to hide important items such as money, iPods, and cell phones because they are among the most commonly stolen items. Students leave those items on top of their dressers and desks, making them an easy target for theft, explained Gildard.

In addition to the freshman dormitories and Marian Hall, the Townhouses on campus as well as the Talmadge Court residences off campus provide a target for security. Students living in these areas tend to open the front door in nice weather and prop it open with a brick or rock. If a security guard notices a door propped open, a report is written and letters are sent to members of the townhouse as a warning. The students in the townhouse are also docked priority points, said Gildard.

There are usually around 20 to 30 calls every year to the security office regarding theft. Many times, items are stolen due to student negligence, reiterated Gildard.

"Sometimes in the nice weather, students go outside to do homework on their laptops, forget something upstairs in the dormitory, and leave their laptop lying on the grass," said Gildard. "When they come back down, they discover that their laptop has been stolen."

There is a standard procedure for stolen items. After the item has been called in to the security office, an officer is sent to the room from which the item was stolen to take the report and circumstances under which the theft occurred. The Town of Poughkeepsie police are also called to take a report. The theft is logged into the security book.

When an item is found and turned in to the security office, the members of security try to contact the owner by phone or e-mail. There is also a Lost and Found that can be checked daily for missing items.

Items that aren't claimed by the end of the year are given to charity organizations such as the Lions Club. Cell phones are given to a club that helps battered women in the Hudson River Valley obtain better security.

## Foxes win conference after victory over Iona



JAMES REILLY / THE CIRCLE

Senior TE William Flukes caught a 10-yard TD pass from QB Steve McGrath. With the TD the Red Foxes went up 24-14 with just under seven minutes to play in the game. Flukes had two catches for 19 yards and the only receiving touchdown of the game for Marist. This is the first time the Foxes have won the MAAC since 1994.

## Security struggles to curb jaywalking

By LISA ADLER  
Staff Writer

As senior Ryan Coogen crossed the street near the steel plant, he never thought the 20-second walk would cost him \$110.

Before he could reach the other side, Coogen was stopped by a Poughkeepsie Police officer for jaywalking, in this case, crossing the street when the "Don't Walk" sign was displayed on the signal light.

"There were no cars so I just decided to go," Coogen said.

Coogen says he was listening to music at the time so he couldn't hear the police officer's sirens.

"I had my iPod on, so he put his lights on and cut me off with his car," he said.

"He gave me a ticket, no warning. He said he had to do this because the school is cracking down," said Coogen. "I got a \$110 ticket."

Coogen had the option of appealing the ticket at court, but says it was easier to just pay the money.

"I didn't even bother, I mean it was out in the open," he said. "He watched me do it so I didn't have any chance. I just paid it."

In addition to the police department,

Marist Security has been issuing citations to jaywalkers. John T. Gildard is the director of Safety and Security.

"Jaywalking is a serious problem," said Gildard. "The purpose is not to give tickets; it's to make people aware that there is a safety issue. The signals are there to make it better for everyone."

Gildard says Marist and the police started monitoring jaywalking in 2004.

"We went to the Town Building, Department about the Fulton Street Townhouses," Gildard said. "There would be 250 more people moving in, which would mean more people having to cross Route 9 all the time."

Gildard says the Building Department in the Town of Poughkeepsie wanted Marist to build a bridge across Route 9, but that was beyond the school's means.

"The agreement with the town in order to open Fulton was to use a combination of the town police department and Marist Security to monitor the main intersection for jaywalking," said Gildard.

Gildard says a security guard monitors the intersection when it is not being patrolled by police. The security guard can't issue tickets to jaywalkers, but will take names and turn them over to

The Office of Judicial Affairs.

Junior Greg Racz says he waits for the traffic indicator to avoid the legal consequences.

"I'm confident that I can manage to cross the street without getting hit, but I wait for the light to avoid getting a ticket," said Racz.

Junior Stephanie Nouchi from Manhattan says she jaywalks "all the time."

"If there are no cars coming on either side then it's frustrating to wait for nothing," said Nouchi. "I'm a city girl, I have no patience."

Junior Jenna Peles says she jaywalks about once a week.

"I have better things to do than wait by the side of the road and inhale car fumes," said Peles.

Both Nouchi and Peles say they aren't afraid of getting tickets, but Coogen says he has learned his lesson. He will be joining Racz on the sidewalk, waiting for the light to change.

Students who want more information on The New York State Vehicle and Traffic (V & T) Law can access the Marist Security's "Pedestrian & Motorist Responsibilities at Crosswalks" at [www.marist.edu/security/pedestrian](http://www.marist.edu/security/pedestrian).

## Earn a Marist degree entirely on Italian soil

By JUSTIN SITU  
Circle Contributor

For the first time this fall some incoming Marist College freshmen had the option to spend their four college years in Italy. This new program, which is limited to students studying art, fashion, or theater, is hosted by Scuola Lorenzo de' Medici (LDM), the leading study abroad institution in Italy.

Students live and study in one of LDM's sites in Florence, Rome, or Tuscania. The process by which this program had to get approved took 18 months, and is the first of its kind in Marist history.

Marist has a 15-year relationship with LDM but it wasn't until the assistant dean of academic affairs Meg Franklin, along with the chairs of the departments involved, spearheaded this effort in the early months of 2005 that a four-year program even became a possibility. "Italy is such a great environment," Franklin said. "There's such a big difference between studying architecture in a classroom and being able to go out and examine the architecture first-hand... we want not only to get more students but teachers as well into other countries."

In the past year, professors from the art, English, and fashion departments have gone to Italy to help with their

respective programs and to check out the areas. "Italy seems like an awesome place," senior Dan McNamara said. "I wish I could've had this option when I was a freshman."

Dr. Richard Grinnell, chair of the English department and theater enthusiast, hopes the LDM program will blossom. "I've taught theater in London but that was only for the six-week summer courses; [the LDM] program would open up a completely new aspect of things."

Italy is the second most popular destination for international study behind London. Franklin expects Florence

SEE ITALY, PAGE 3

## SEED-sponsored dumpster dive promotes recycling

By JULIE BROWN  
Staff Writer

Student and adult members of SEED and the recycling committee at Marist College recently gathered together to demonstrate the benefits of recycling.

Dressed in jeans and sweatshirts due to the rainy weather, and wearing long rubber gloves to protect their hands, the group of volunteers performed the demonstration on the campus green in front of Champagnat Hall.

The objectives were to assess Marist's plan to help reduce waste by recycling, and to bring awareness of the positive effects recycling can have on the community and the world as a whole.

"We're trying to discover the percentage of recyclables being thrown away in order to figure out solutions to the problem of excess waste," said Andrew Ryder, a professor of Biology at Marist College.

Garbage bags were taken from various locations around campus, and brought by truck to the tents where the volunteers were at work. The students took the bags off the truck and sorted through them to determine what was recyclable and what

was not. Garbage was sorted into separate bags by category; compost, recyclables, non-recyclables, plastics, paper, glass and aluminum. Through this process, the volunteers were hoping to determine the percentages of the waste being thrown away that can actually be saved and discover possible solutions to the problem of Marist students not being aware of how beneficial recycling is to the environment. One possible solution could be placing more recycling bins around campus.

"People really aren't aware of how much waste they're creating," said Maxine Presto, a freshman at Marist College and a member of the recycling committee.

Marist College follows a strategic plan to operate in green and renewable fashion. The volunteers were hoping to obtain data about how the student body can continue to make Marist a green campus.

"I believe that we need to educate more students as to what they can do on and off campus for recycling," said Nicki Boisvert, a sophomore member of the Recycling Committee.



# Campus

## Security Briefs

### Twenty-one bottles, I mean cans, of Busch on the wall

By ANDREW MOLL

Leader in homeland security

There's a lot of change going on in the world nowadays, I've noticed. The Democrats now have control of Congress.

Donald Rumsfeld has resigned as Secretary of Defense, Doogie Howser has come out of the closet, Reese is divorcing Ryan, Britney is divorcing K-Fed. It takes a lot to get used to it all, I guess. I mean, doing the evolution is always a good thing, but when it all happens so rapidly, it can be disorienting. Some things never change, though. Like Marist students getting tipsy or requiring every fire department in the Hudson Valley to respond to burnt toast.

11/7 - 12:28 A.M.

In Townhouse B, the faint aroma of marijuana was detected, and security and the RD responded. They decided to launch an invasion of the house, despite resistance from other residences on campus. Especially those wussy Upper West Cedar people. The initial invasion was successful, but eventually they were met with resistance. It was alleged that security was only interested

taking over the house for its oil, and had no real evidence of marijuana. In fact, no Weapons of Marijuana Digestion (WMDs) were found. However, it is still the position of security that Townhouse B was a threat, and they will stay in there until democracy is instilled.

11/7 - 2:41 A.M.

The sixth floor of Leo had a burnt popcorn incident, but questions arise. Like, why are you putting popcorn in the microwave at 2:41 in the morning? Shouldn't you be sleeping? And how do you expect to make friends if you're doing stuff like this? (Note: An intrepid reader can find some shocking similarities between the first two briefs this week, and the final two from last week.)

11/8 - 9:10 A.M.

A fire alarm was set off at Gartland E as breakfast was being prepared. The culprit this time was burnt sausage. According to John Gildard, the sausages were burnt beyond recognition, so it was impossible to tell if they were Jimmy Deans or not.

11/9 - 1:20 A.M.

Over in Champagnat, the fire alarm went off as the smoke detector detected (really, what else would a smoke detector do besides detect?) some smoke in a stair well, and the strong smell of cigarette smoke. So Mr. Marlboro Man is here, huh? Seriously, smoking isn't cool. Even though all the cool movie characters do it. And Eddie Vedder smokes. Just ignore that. Stay healthy, kids.

11/12 - 1:23 A.M.

An intoxicated Champagnat resident was taken to St. Francis, only to be followed at...

11/12 - 1:48 A.M.

By another freshman, this time from Leo. That's two kids in St. Francis from Marist in a twenty-five minute span. Quite impressive, if you ask me. Maybe there's like a special Marist wing in St. Francis that's reserved just for us, since we're apparently such frequent visitors. This goes along with the special Marist deployment for Fairview.

11/12 - 4:10 P.M.

In the McCann Center, a student reported that their iPod had been stolen. I may have mentioned this before, but if I ever lost my iPod, that would be the end for me; I wouldn't know what to do. Without the feel-good sounds of the Arctic Monkeys blasting in my ears, there's basically no reason to go anywhere. In fact, the only reason I go to class is so I can listen to my iPod on the way there.

11/12 - 11:23 P.M.

On the second floor of Marian, three students were caught with twenty-one cans of beer in their room. I bet you're wondering, "Hey Andrew, what type of beer was it?" (Either that, or you're wondering, "Why am I still reading this?") Well, I'll tell you what type of beer it was. It was Busch Light. Not even regular Busch, but Busch Light. If you're going to get caught with twenty-one beers (seven per person!), then at

least make it worthwhile. Don't just settle for something cheap, go for the gusto.

And a reminder from the Security office: Make sure that if you call for a taxi, it is a reputable service that has its license. Can't have random people picking you up, now can we?

Check your FoxMail for a message John Gildard recently sent out for more information. And if you're unsure of what to do, just call the SNAPmobile, and it'll speed up and take you where you need to go. Total cost? \$9,000. It's worth it, though.

*Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.*

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## Upcoming Campus Events

**Thursday, Nov. 16**  
New York Blood Center  
Blood Drive  
noon — 5 p.m.  
in the PAR

**Thursday, Nov. 16**  
CD Release Show!  
Pass the Broccoli Grandpa  
9:30 p.m.  
in the PAR

**Friday, Nov. 17**  
"Combinations and Applications of Polytopes"  
Sam Hsiao, Bard College  
3:30 p.m. LT 002


**Saturday, Nov. 18**  
Mall Trip to the Poughkeepsie Galleria  
noon — 8 p.m.  
tickets \$1

**Fri., Nov. 17 @ 8 p.m.**  
**Sat., Nov. 18 @ 8 p.m.**  
**Sun., Nov. 19 @ 2 p.m.**  
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The Circle staff can be reached at 575-3000 x2429 or letters to the editor can be sent to writethecircle@gmail.com. The Circle can also be viewed on its web site, www.maristcircle.com.



# THE CIRCLE Opinion

THURSDAY, NOVEMBER 16, 2006

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Let the voices of the Marist community be heard.

## Years of ducking, dodging make Iran's nuclear intentions suspect

By JAMES MARCONI  
News Editor

Iranian President Mahmoud Ahmadinejad claimed on Tuesday that his country's nuclear energy program will be operational by February, according to "The Washington Post." The announcement came in conjunction with reports from the International Atomic Energy Agency (IAEA) regarding its discovery of unexplained plutonium and highly enriched uranium traces.

Members of the organization have asked the Iranian government for comment, again reiterating their position that until some justification is offered, they cannot vouch for the peaceful nature of Iran's nuclear program.

This development is but the latest in the diplomatic clash between the Islamic republic and the international community, and provides a good illustration of the overall tension between the two. And yet again it strengthens the case made by Western powers, including the United States, alleging Iran seeks nuclear weapons in addition to electricity provided by nuclear power.

It all goes back to the Nuclear Non-Proliferation Treaty (of which Iran is a

signatory) signed in 1969. Coming during the height of the Cold War, the document very clearly lays forth guidelines to prevent the highly destructive threat of nuclear weapons from spreading to nations not possessing the technology.

The text goes on to say in articles four and five that "Nothing in this Treaty

unfair treatment under the treaty, Tehran neglects to mention the flip-side of the coin. The United Nations, by means of IAEA inspection, has a right to determine that any steps towards achieving nuclear status are performed in a manner consistent with the NPT.

And time and again, Tehran has

**In 2003, it was discovered that Iran was covertly enriching uranium, setting the stage for the standoff we have today. The Iranian government ignored demands to halt enrichment, citing their right to nuclear technology.**

shall be interpreted as affecting the inalienable right of all the Parties to the Treaty to develop research, production and use of nuclear energy for peaceful purposes..." Furthermore, it specifically obliges currently nuclear nations to aid other states in acquiring the technology pertinent to any and all peaceful applications of nuclear science.

Given these sweeping provisions, Iran has many times asserted that it has a right to develop the kind of 'peaceful' program in accordance with the NPT. However, when making noise about

refused or subverted such inspection. For example, in 2003, it was discovered that Iran was covertly enriching uranium, setting the stage for the standoff we have today. The Iranian government ignored demands to halt enrichment, citing their right to nuclear technology. This prompted the European Union in 2005 to attempt negotiating a settlement by which Iran would get nuclear energy, but through the aid of other nations. The proposition was swiftly rejected.

Again in late 2005 and early 2006 Russia sponsored talks centered on pos-

sible uranium enrichment in Russian facilities. Although there was much media hype about the productive nature of the talks (supposedly proving Iran's good will and good intentions) negotiations again broke down.

In July of 2006 the United Nations Security Council issued a resolution banning Iran from further enriching its stock of uranium. The resolution was ignored, apparently, and we now have Ahmadinejad celebrating his country's remarkable nuclear progress and posing full capacity by next year. Though he plays the victim in the news, the leader of a downtrodden nation only wishing for nuclear-produced electricity, Ahmadinejad failed to disclose that his so-called peaceful program has not been fully disclosed to the IAEA and as such has raised suspicions - again.

If Iran's intentions were truly that benign, what is this difficulty with full compliance with the NPT? More importantly, what is the problem with having other nations aid in the enrichment of uranium? As long as Iran gets the uranium in the end, it really shouldn't matter who produces it - unless, of course, it wants the capability to create weapons-grade materiel, which can only

be done within its own borders.

And as for Ahmadinejad's desire for cheap, nuclear energy, what's the rush? It's not like they're exactly strapped for the means to produce electricity. Heavens, for that to be true, Iran would have to be starving for the oil needed in electric plants. Except oh, wait, that's right - the country is planted right on top of an estimated 130.8 BILLION barrels of the stuff. Even by the World Factbook's latest estimate that Iran produces approximately four million barrels per day, it would take 89 years for them to run out. Even with the most rigorous inspections and supervision by the IAEA, I can't imagine that it would take anywhere near that long to get nuclear plants up and running.

Given the admittedly circumstantial evidence of Tehran's deception, added to its stubborn refusal to obey NPT protocol and UN directives, the peaceful story perpetuated by the Iranian government just doesn't add up. The international community needs to wake up to this fact, before the cat is out of the bag, so to speak. Because once a country goes nuclear, there is no going back.

## The liberal perspective

### Rumsfeld chopped, what has grown in place?

By DANIEL BLACK  
Staff Writer

Last week I expressed my perspective of Donald Rumsfeld and my opinion over whether his position as Secretary of Defense was sustainable, I presented logical evidence that I believed established sufficient grounds for his removal and, low and behold, Rumsfeld stepped down from his office as Secretary of Defense (before the article even went to print).

The government's executive branch now laments the loss of its favorite and most experienced murderer. This came as a surprise to some; President Bush said not even a week prior that Rumsfeld would remain Secretary of Defense as long as he was president. The end of our Rumsfeld days was welcomed by many; all citizens who dislike this misuse of our country's military in ways that get servicemen needlessly killed had something to smile about last week.

Unfortunately, Bush's choice for a replacement leaves much to be desired. Robert Gates, a former CIA director, is being requisitioned from Texas - the state where all new government appointees seem to come from these days - in order to replace Rumsfeld. The arrival of Gates is quite displeasing for some, especially those whose memories reach back to the days of Reagan and the Iran-Contra Scandal. Robert Gates, it appears, was running with the wrong crowd for a good many years. Reagan actually wanted him as his own CIA

director but the Senate would hear nothing of it; the man's track record was too laden with controversy and connections to political criminals. Gates had to wait until the first Bush presidency to achieve that office.

A closer look at Gates's specialty causes even greater cause for concern. Reagan retained him as an intelligence deputy because he was so experienced at his craft. As reported by Melvin Goodman, a senior fellow at the Center for International Policy, in an interview on Democracy Now!, Gates excelled in "politicizing intelligence."

Politicizing intelligence, or "spinning intelligence", is a process of taking hard information gathered by government agents and manipulating or distorting it so that it may be used to further the political objectives of those in power. Goodman informs us that Gates was instrumental in the propaganda achievements that characterized the cold war: those against Soviet Russia, the Middle East, and even Central America. I think the fallout of his success is apparent even today when you can draw anti-communist sentiments from a great many Americans who, themselves, are unable to articulate satisfactorily what the word "communism" even means.

If Bush's choice for a new Secretary of Defense is an indication of anything, I believe it indicates that nothing has changed; our government's priorities have remained the same. Having selected a man who has proven very skilled at converting factual information into colorful works of fiction that cajole our nation's public, Bush has only implicitly restated his contempt for America's people and

his denial of their right to know. With Gates as Defense Secretary, there is little reason to suspect that illegal wars fought in the interest of big business at the expense of young soldiers' and foreign cultures' citizens' lives will suddenly cease. I am skeptical, as all Americans should be; is there any hope, whatsoever, that Gates might behave in the interest of the common American? Is there any reason to suspect that he will do anything other than continue this government's shamefully illegal pattern of blood-spilling foreign policy? If anyone has confidence in his abilities to manage the defense department in ways that are ethical enough to, for once, actually be made public, I implore them to inform the rest of us of how things could possibly change under a secretary whose only trademark talent is the ability to misrepresent reality.

Rumsfeld's sloppiness was Rumsfeld's downfall. Now there is a strong international push to bring him before an international tribunal and try him for war crimes - something not unlike what befell Saddam Hussein. The current presidential administration will not make the same mistake twice. They have wisely chosen a replacement that is far smoother and more experienced at eviscerating truth, someone better suited for deceiving the American people, a man certainly capable of inhibiting the very democracy that is our birthright. For myself and anyone else who is upset that over 2800 Americans have been killed in the name of lies, this Gates issue causes great disappointment.

## Seeing is believing - but perspective can vary God's mystery proves to be the source of faith

By ANTHONY BILOTTO  
Circle Contributor

"If God had a face, what would it look like? And would you want to see it, if seeing meant that you would have to believe?"

I examined this quote in the profile of a friend of mine and it really got me thinking. What would it be like to truly see God's face and if you saw God's face would it take away from your faith? The quote is wrong where it states "...if seeing meant you would have to believe" because belief is the faith in something that you cannot prove or explain. This fact aside I pose a question to any person who stumbles across this article. If you could prove God existed would it take away from what God really means in our lives? Remember that when I refer to the belief in God I simply mean in a higher being and am not referring to a specific religions viewpoint.

You may be wondering what it would take away from our lives to have proof of a higher being and I have come upon a few answers to that question. We as human beings have free will to do as we please and think as we please, but we also have the ability to believe what we please. The unveiling of God's true

self would hinder upon what we call our free will for God's true nature would be exposed and people would follow and believe accordingly. Perhaps it is more important for us as human beings to develop our own beliefs and it is that fervor and passion for religion that defines what type of people we really are.

What kind of world would we live in if every person believed in the same being in the same way? We would become robotic in faith, much like what Catholicism has turned into, but that is an issue for another rainy day.

**"If God had a face, what would it look like? And would you want to see it, if seeing meant that you would have to believe?"**

It is the differences in our beliefs that drive us to preach and express ourselves in a manner befitting to those beliefs. We should be happy that God has not revealed himself to us in such a blatant fashion for it makes the universe mysterious, it makes love genuine, and it makes our beliefs truly belong to us alone.

So what does this all mean? It means that your faith is your own. You decide what you want to believe and interpret what God is to you in your life. This is detrimental to our spiritual lives. The right to choose how we think and what we believe is the only thing we truly have.

### LETTERS TO THE EDITOR POLICY:

The Circle welcomes letters from Marist students, faculty and staff as well as the public. Letters may be edited for length and style. Submissions must include the person's full name, status (student, faculty, etc.) and a telephone number or campus extension for verification purposes.

Letters without these requirements will not be published. Letters can be dropped off at The Circle office or submitted through the 'Letter Submission' link on MaristCircle.com

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# THE CIRCLE Features

THURSDAY, NOVEMBER 16, 2006

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## Competing in the College Bowl: *A story of a team so close to victory*

By MICHAEL MALONEY  
Circle Contributor

They were a team of unknowns - a group of individuals who wanted nothing more than to go on to the Regional Championships. On Tuesday evening, four sophomores at Marist competed in the annual College Bowl Tournament. The winners of the tournament would later be selected as the group of four to represent Marist at the Regional Championship Tournaments, hosted by Syracuse University.

For those who are not familiar with college bowl, it is the varsity sport of the mind. UCLA won last year, and this year Harvard and USC seem to be the favorites to steal the crown. Sadly, Marist isn't normally part of the title contenders. But this didn't stop some of our best and brightest from competing for a chance at taking on such prestigious schools.

Each team is comprised of four players, one captain, and alternates. In some cases, there is just one player on each team that seems to take control of the game - always buzzing in, and seemingly always shouting out the correct answer. Yes, we got buzzers, and yes, they were sweet. The only downside was the tendency to get buzzer crazy, which only results in by getting hit by your teammates.

So with now a bruised shoulder, I will tell the story of four students who competed in the College Bowl; Marion, Matthew, Kristina, and me - four kids who didn't care, but knew that every other team did.

Even with our lack of experience we were given a by in the bracket. Our tournament began against that sorority with the same word repeated like nine times, sigma... The rules of the tournament go as follow: each team loses twice and then they're out.

New to the game, the Bellaphontes couldn't quite start their College Bowl in winning fashion. After the loss, our team was prepared to leave and grab some taste changers, but sizzling salads would have to wait for another day.

After the win, College Bowl was no longer a joke. It still was, but now we were prepared to destroy the dreams of the few individuals who actually looked forward to this day every year. Given a ten-minute break before our next match, we were able to soak in the win, grow cocky, and begin to make arrogant remarks. This attitude caused members of a fraternity to complain after we sent them home with their second tournament loss.

We won, and with the victory came whispers. People realized that the Bellaphontes were not a fluke, and that we came to play. Some of what caused us not to be such a "fan favorite" was our celebratory reactions to correct answers and over-all victories. It was purely tradition that after every win we would come together to hug and cry out, "We're going to regionals!" After our third straight victory, that dream started to look like a reality.

There was one team in the bowl that was just ridiculously dominant. I am not even going to give them the recognition they deserve by dropping their name. That team was set to face us in the finals. But there was one team we needed to get through before that showdown could occur.

So with our nametags placed, our buzzers firmly in hand, we were prepared to "bowl". In each game there are two, seven-minute halves. For every question that a player answers correctly, their team then receives a bonus question. No one was more automatic when it came to the bonuses, and because of our quick wits, we led the opposing team at the half way mark.

Buzzing in early and stupid answers allowed our opponents to catch up and inevitably win. The loss was rough, because even though we went in with no goals or expectations, that feeling we all received from winning, the idea that we could be on a free ride to Syracuse and compete under the bright lights of Regionals got into our heads. I won't say that arrogance led to our demise, but the lack of the mental endurance needed to compete was not something we possessed that night.

Final Score: Cravenettes 165, The Bellaphontes 150.

## cartoon corner By VINNIE PAGANO



## in memoriam

Caitlin Boyle died November 17, 2005 at the age of 19. She was a junior at Marist College at the time.

*Caitlin (Sonnet 3, Variation)*  
By THERESA EDWARDS

*I see her smile along the river's edge.  
In little fragments like scattered skin.  
Not limbs or bones no dismemberment,  
just memories near the mountain's ledge:  
its vastness resonating sounds of trains tucked in,  
folded with those bandanas she wore to hide her hair,  
If you knew her, you'd know the ones I mean.*

*Her life's remnants line the water's bank:  
dance moves because she loved to dance,  
her college cheers I'd hear at sports events.  
Friends who called her "Caitly Bear"  
sometimes stagger in the rocks and grooves.*

*Headphones she always wore hang from a tree.  
Near the tracks, her spirit's tantalized, doesn't know  
how to reach for them or me.  
She's new at death, has much to learn,  
before her soul takes its first turn toward eternity.*

By MORGAN NEDERHOOD  
Staff Writer

"Kids these days," is an expressions usually reserved by grandparents or any bitter person over the age of 50. Why, then, do so many of my friends and myself use this phrase?

Seniors hate the incoming freshman class. It's been like this in high school for as long as I can remember, and I would have no trouble believing these sentiments exist in college. It seems as though the younger years, have become progressively worse. As a freshman in high school, I understood my place in the hierarchy of high school. While I did rub elbows with those above me, I made sure to never harass the seniors or pretended to be their equal; I knew I was lowly and immature. And now as a freshman in college, I once again know my place, and I always respect my "elders."

These days, kids are pint-sized hellions whose hormones seem to be on steroids. I've never seen a more sexed-up class than

my high school's freshman class last year. I could not walk ten feet down the hallway without being subjected to some sort of pre-teen porno unfolding by someone's locker. Now, it's great that you're 14 years old and "in love," but there's no need to include the rest of the world in your little affair.

What could possibly cause such a pronounced rift between the two ages and our developmental path? I blame the media. Growing up, we had wholesome images like Barbie and Ken. These pre-teens have had to deal with Barbie and Ken's traumatic breakup where Barbie left all-American Ken in order to have a tryst with the uber-sexy Australian surferboarder, Blaine. To make matters worse, the Barbie Empire has been invaded and displaced by the new Bratz dolls, whose freakish style choices, heavy blue eyeliner, and mass quantities of Botox further contribute to the pre-teen corruption.

We also had the ultimate superheroes: the Power Rangers. Tommy was the hunk and love interest of Kimberly, the girl-next-

## column about nothing *Pre-Porn by Pre-Teens*

door...and that's about all anyone cared about on the show (admit it.) We can just casually ignore the fact that the geeky-but-wholesome Billy was later arrested for murder or some other naughty thing. What does the younger generation have? The poor souls have Yu-gi-oh. I rest my case.

My two little brothers are thirteen and fourteen years old, and in eighth and ninth grade, respectively. Now that facebook has allowed high school accounts, the thought of either of them having one makes me break out in a cold sweat. A part of me would die if they actually made an account and tried to friend me. I would either reject them so fast their heads would spin, or I would slander their walls with crap messages like, "Don't do crack," "Respect your upper-classmen," "No sex in the hallway," or, my favorite, "I'm watching you." It's cute that freshmen in high school want facebook up until the point where they post pictures of them making kissy-faces at the camera or acting like they're extras in "Animal House".

Honestly, kids these days.

## Remembering Thanksgiving: the forgotten holiday

By DEANNA GILLEN  
Staff Writer

Once upon a midnight dreary, last Sunday to be exact, I found myself engulfed in Christmas cheer in Marist's very own Cabaret. Christmas displays all around, a plethora of candy canes every which way I turned, and an ever more punctuated jolly Santa in a rocking chair moving back and forth. All around campus, it seems, there is a feeling of Christmas. The lights are laced tightly on the tree beside the chapel, the shops around campus seem to beckon with Christmas cheer, and the local radio stations are already playing popular Christmas Carols.

However, one tiny problem still seems to loom... it's not even Thanksgiving yet!

This is not to say that I have anything against Christmas. To the contrary, I love jolly old Saint Nick as much as the next kid, but I mean... come on. In our rush to get into the holiday spirit, singing

carols and the like, Thanksgiving is getting jipped on it's time to shine. In the succession of seasons, it seems, Christmas is bogaring the entire spotlight. Thanksgiving should have its time of glory before we proceed to the next holiday.

It seems every year the time in between the Holidays is ever more decreased. This act is taking away one of the most important aspects of the seasons, and perhaps the most vital of holiday traditions: the anticipation between each holiday.

How one could discount such a holiday, you may ask. Who doesn't love the odd orange fan-like turkeys that serve as a centerpiece in so many tables across this great nation? Or the plastic pilgrim figurines, who on this great day, get to be displayed amongst the salt and pepper shakers. Moreover, who does not love such a holiday in which it is important enough to haul out the "good" tablecloths or the "good" china?

Thanksgiving is all about tradition. Spending time with one's family, exchanging anecdotes

about your crazy aunt's schemes, and just relishing in the time you have together. As I recall my fondest memories seem to come from the Thanksgivings I spent around my Grandmother's table, in which I could feel at ease amongst family, and bask in the great tradition that has graced our nation since its founding.

With this being said, I must say that the Christmas season is not supposed to begin officially until the first day after Thanksgiving, often referred to as Black Friday, in which everyone and their mother throngs the local malls. However, as is true in every other aspect of our culture, it seems everything is somehow rushed. Therefore, before many have even taken down the Halloween decorations and finished off the leftover candy, they have already hung the mistletoe, picked out the wreaths and cracked out the eggnog. This results in Thanksgiving being pushed to the side. In my opinion, tossing Thanksgiving to the side in the rush to reach Christmas is a big mistake.

Honestly, is it really so hard to keep those Christmas decorations at bay for a couple more weeks? Wouldn't it be better to hold off, in order to honor the holiday in between, one that emphasizes the simple human desire to give thanks for all the blessings of life?

After all, Thanksgiving is one of the essential American holidays. It does not emphasize the gifts that one can give and receive, but rather, recognizes the gifts that one has the fortune of being blessed with. Take time to reflect on this, share a meal with your families, and give thanks for our luck, that is what really matters.

It seems that there is an unmistakable power in gratitude, and moreover, in the strength between the bonds of family and friends. Thanksgiving deserves our full and undivided attention. There's a good meal, a football game, and if we're lucky enough, maybe even a nap. At the end of the day, the Christmas season will still be there tomorrow.



# A&E

## Unconventional and challenging, MCCTA's "The Long Christmas Ride Home" presents a newer side of theater

By AMY WHEELER  
Circle Contributor

The Marist College Council on Theatre Arts (MCCTA) will be putting on the Experimental Theatre Guild (ETG) production of "The Long Christmas Ride Home" by Pulitzer Prize-winning playwright Paula Vogel. After a month of intense rehearsals, the cast of seven students, ranging from freshmen to seniors, will perform this play on Nov. 17 and 18 at 8 pm and Nov. 19 at 2 pm. This 90-minute drama will be held in the Nelly Goletti Theater located in the Student Center.

Some material may not be suitable for all audiences, as Paula Vogel tends to tackle controversial issues. Producer Kurtis McManus, Sophomore, said that the play is good because of the issues that are addressed.

"This play is so powerful and influential," he said.

The play tells of an ill-fated, eventful car ride involving three children and their parents. On their way to their grandparents' house in the snow, the kids, who are represented by puppets,

squabble in the back seat while their parents speak of the building tensions between them. After witnessing a defining moment in their parents' marriage, the children, and ultimately their future, have been affected. They each set aside the puppets three magical times to deliver monologues that show what happens when they reach their troubled adulthood. The plot, however, always returns to that one momentous night, to the moment when a family was shattered.

Although viewers should not attend expecting a traditional holiday play, the play is still said to provide a warm and fulfilled feeling.

Senior Phil DiVuolo is directing the play.

"This show is very dark but it has a great message of hope," he said. "Even in the darkest times, there is a light at the end of the tunnel."

"The Long Christmas Ride Home" is a unique production. It combines Bunraku-style theatrical puppetry with Japanese and contemporary theater techniques. Using puppets, the play is able to

portray the child and adult forms of the same characters using only one actor. This avoids the drawbacks of adults playing children as well as the limits of child actors, who, no matter how skilled, would not have the same unsettling effect the puppets do.

"The Long Christmas Ride Home" is Vogel's latest play, having been staged in 2004. She won the Pulitzer Prize for her 1997 play "How I Learned to Drive."

The plays put on by ETG in the past years have been unpublished or unknown and are directed by student members of MCCTA. After going

through a selection process consisting of interviews with the student-run board, DiVuolo and Christopher Ziobro, also a senior, were selected to be directors based on their experience and potential. McManus is co-producing the play with sophomore Amy Kate Byrne. "The directors are adding a student's directorial perspective and unending passion to the show," they said. "These directors are pulling together all their personal strengths and specialties in theatre to make this production phenomenal."

DiVuolo said he is very happy with both the play

selection and what the cast and crew have made of it.

"Ever since reading the script, I've felt that this is a show I'd like to work on," he said. "I've been fortunate enough to have a cast and crew that feels similarly, and have been dedicated to making this show the best it can be."

This play has been challenging for these young actors. Since this play is unlike anything they have ever experienced, their acting skills were tested greatly.

Cast member Steven Villalobos, a senior, plays Stephen, one of the three children.

"I never thought that I would be able to be a part of a play where the story, characters, and emotions were so powerful and compelling... it has made me dig down deep within myself and bring forth a level of acting that I never thought I was capable of," said Villalobos.

Tickets are \$10 for General Admission, \$4 for students and alumni, and free for faculty and staff. They can be purchased at the door before the performance. Tickets can be preordered by calling the MCCTA box office at extension 3133 or logging on to [www.mccta.com](http://www.mccta.com).

## Rap breakout Lupe Fiasco talks about his album "Food & Liquor"

By ANDREW OVERTON  
Staff Writer

On September 19, 2006 the best kept secret in rap released his first record, and suddenly was not such a secret anymore.

Lupe Fiasco's first full-length album titled Lupe Fiasco's Food & Liquor debuted at number one on the Billboard Rap Album Chart.

In the album's "Intro," Lupe tells us exactly what Food & Liquor is about. "I think the world and everything in it is made up of a mix of two things. You got your good, ya know? And your bad. You got your food and your liquor."

Later in the introduction Lupe says, "I give you my heart, my soul, my mind, my thoughts, my feelings, my experiences: nothing more and nothing less."

What makes Food & Liquor such a groundbreaking album is Lupe's ability to combine unique, catchy beats, quality supporting vocals, and his

own lyrical style into a complete, coherent album.

"Hurt Me Soul," is really the centerpiece of the album. Lupe explains his disgust for certain aspects of hip-hop culture (I used to hate hip hop/Yeah, because the women degraded/But Too Short made me laugh/Like a hypocrite I played it'). Later in the song Lupe lists the many other hypocrisies in today's world.

Regarding today's hip-hop, Lupe said, "I like it. It doesn't have the greatest message in it, but if you go back, a lot of hip-hop never really did have a great message."

Lupe's lyrics stand out from most rappers today. Most of the songs on Food & Liquor are about real problems. Instead of rapping about sex, women, drugs, and diamond grills, Lupe raps about terrorism, gangs, prostitution, and



poverty. "It's just a part of me, and it's deliberate," Lupe said. "That's me."

For example, the tenth track, "The Cool," is story about a gang leader that got shot to death and comes back to visit his killers. At the end of the song the gang leader says, "Hustler for death. No heaven for a gangsta."

Jay-Z has so much faith in Lupe that he is actually featured on Food & Liquor. The track, "Pressure," is one of the loudest tracks on the album where Lupe raps over a banging piano, reminiscent of Pharrell.

On the album's "Outro" Lupe only raps thanks. The entire twelve minute track consists of Lupe thanking everyone for the record. Lupe Fiasco is a breath of fresh air in the world of rap, a thankful, humble, yet extremely gifted young talent. The world highly anticipates his next appropriately-titled album, Lupe Fiasco's Cool.

Although Lupe has received some criticism from the rap world, he claims, "Everybody's been lovely... From every genre it's been love."

With such natural talent and with a unique style akin to Kanye West's, Lupe's great reviews are no mystery. In fact, Lupe was compared to Jay-Z, one of the greatest MC's of all-time, by none other than Jay-Z himself.

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Lupe Fiasco's album Lupe Fiasco's Food & Liquor challenges the expectations of rap and hip-hop music through lyrics that provide insightful social commentary.

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6PM-MCTV NEWS

6:30PM- THE FOXDEN

7PM- THAT'S A SHAME  
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7:30PM- STUCK IN REVERSE  
(New Episode)

8PM- MARIST CRIBS  
(Season Premiere)

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## Get energized: ways to beat the autumn slump

By ALEXANDER TINGEY  
Health Editor

As we turn our clocks back an hour and watch the leaves and our daylight fall, it's easy to succumb to the autumn blues. Side effects vary; however, lethargy and the weekly Friday-night-funk in the dorms are dead giveaways that you, my friend, need a jump start.

Each year, around this time-with midterms in your rearview mirror and Thanksgiving break coming up around the bend, it's inevitable and unavoidable to fall into the mid-November slump. The added stress of the upcoming holiday season is reason enough to need a little boost right now, and come finals week, everyone is hurting for that extra pep in their step.

Contrary to what you might believe, catching a few extra minutes of sleep on the weekend can be potentially upsetting to your natural sleep rhythm. In fact, studies have shown that even an extra hour of sleep can disrupt your circadian rhythm, making it more difficult to fall asleep later that night and further down the line. However, establishing that natural sleep cycle can leave you more energized and more fully rested at the end of the night.

According to Judith Zimmer of

Health Magazine, "A shower can help you snooze. Taking a hot bath or shower before you hit the hay has long been thought to provide deeper, more restful sleep (and is certainly worth a try)." In her article aimed at tackling the holiday doldrums, she also mentions that recent studies done with small animals have shown that a slightly cooler brain temperature led to deeper more quickly achieved levels of REM sleep.

A college essential-the midday nap-has also been suggested as a way to beat the fatigue and drowsiness that accompany classrooms with heat to spare and three grilled cheeses from the cafeteria. Experts still can't agree on which is more beneficial, the 20 minute quickie, or an hour long snooze; however, ones preference on the typical nap length is usually left up to what the afternoon affords in terms of time.

Zimmer talked to Arthur Spielman, Ph.D., a psychology professor at The City College of the City University of New York who said that "getting at least 7 to 8 hours of sleep at the same time every night will keep you rested and alert. And don't think about cheating your-self through the week, because you can't make up for it on the weekends."

Fueling your body during the holidays may seem redundant,

but before you pass the cranberries to Uncle Ned for the third time, consider this. Eating more, smaller meals can actually help your body get the most from the food you're eating. Also, recent studies suggest that more, smaller meals are contributing factors to weight loss and maintenance in those who are trying to watch their waistline this season. One reason may be that when we eat more often, in smaller amounts, we tend not to over eat over the course of the day. "Eating five or six small meals a day can help your blood-sugar level and give you the constant fuel you need," said Zimmer.

One nutritionist suggested eating six meals a day: breakfast, lunch, dinner, and two small snacks spaced out during the day. "Mini-meals can actually be a good thing if you limit your calories (for many women, 1,800 a day will maintain weight; 1,300 a day will help drop about a pound a week). Be careful with those snacks, though: A slice of low-fat cheese and a few whole grain crackers or a handful of almonds and an apple are just enough," said Zimmer.

Cindy Moore, M.S., R.D., the Cleveland Clinic's director of nutrition therapy suggests B vitamins to help give your body that extra boost of energy. "It's like oil in a car. If your body doesn't have the oil-the B vitamins that

do the conversions-it doesn't run well." Zimmer suggests that B vitamins can be obtained from lean beef, pork and poultry, as well as nuts bananas and some whole grains.

Another trick to upping your holiday potential is keeping hydrated throughout the day, and no, eggnog does not count. Look for low-sugar content when choosing your beverages, and avoid too much caffeine: a little goes a long way in this department, as too much can cause sleep disturbance. Zimmer lists green tea under her favorites for its low caffeine and high antioxidant content.

Additionally, Zimmer suggests letting go for a few moments each day, a little down time to recharge those overworked batteries. A mere ten minutes of focused downtime, spent in prayer, meditation, or simply tuning out the days distractions around you can lend wonders to the bounce in your step.

After all this you certainly have more energy than when you started, so here comes the tricky part: moving! That's right, get up and move. Studies indicate that a half hour of vigorous exercise daily can actually increase your energy level and release happy hormones and endorphins in your brain even hours after the workout has ended. "Those natural-painkiller hormones can

increase alertness and your ability to get the job done (whether it's playing the piano or flying a plane)," explains Edward Laskowski, M.D., co-director of the Mayo Clinic Sports Medicine Center.

Zimmer talked with John Bartholomew, Ph.D., associate professor of kinesiology and health education at the University of Texas at Austin, who found that "college-age

women who were pleased with their aerobic exercise had a greater sense of vigor and energy after the workout than those who weren't."

Bottom line: keep your chin up during the dwindling hours of daylight, and the approach of final exams. Keep your individual needs in mind whenever considering a dramatic change in routine, and be good to yourself people.



### Science Briefs

By JESSICA BAGAR  
A&E Editor / Guest Columnist

#### SUPER BABIES: THE CHOICE OF THE FUTURE?

If you could determine your child's genetics prior to birth, would you?

Parents and doctors have been grappling with this question for ages. In the past, however, such an idea was merely fantasy and, some would say, wishful thinking. In just 25 years, scientists predict that parents will have the option and resources to tinker with nature and determine not only their child's gender, but other traits such as hair and eye color, brain power, and talents as well.

"We already have the ability to isolate genes that affect a lot of the physical traits humans have and the physiological traits," said geneticist Lee Silver, a professor of molecular biology and public policy at Princeton University. Over the next 10 to 25 years, scientists plan on developing this ability and perfecting the art of choosing more specific traits.

As more and more parents decide to determine the sex of their child during in vitro fertilization (for about \$12,400 a pop) more and more researchers explore the options of predetermining other traits allotted to certain individuals.

Of course, along with the advancement of such

a discovery comes ethical concerns.

"[This ability] could radically change our view of human life, our view of children, our view of parenthood, our view of our relationships to each other and what it means to be human," said Boston University bioethicist George Annas.

The discovery has been made and the technology is available, yet it will take time for scientists to perfect and employ such a controversial procedure. It will be up to the parents to decide if they want to predetermine their child's genetic makeup. Indeed, such decisions can potentially alter not only the makeup of a child, but the makeup of our very society.

#### TAMIFLU SPARKS BEHAVIOR WARNING

Popular influenza drug, Tamiflu, seems to be connected to more than 100 cases of delirium, hallucinations and other unusual psychiatric behavior in Japanese patients.

The Food and Drug Administration advises parents to look for similar reactions when treating their children with the flu drug, which is prescribed about two million times a year in the United States.

Though a direct relationship between the drug and behavior has not been officially established, the FDA said that the updated label was "intended to mitigate a potential risk associated with Tamiflu."

Watch for a Tamiflu follow-up in future issues of The Circle.



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# Ohio dominates Marist in season-opener

By JOE FERRARY  
Staff Writer

Jerome Tillman and Leon Williams posted double-doubles as five Ohio Bobcats scored in double figures to defeat the Marist College Red Foxes 83-66 on Saturday in Athens, Ohio. This was the season opener for both teams.

The Red Foxes were led by Jared Jordan who posted team highs in points 21, rebounds 5, and assists 7. Fellow backcourt mate Will Whittington added 19 points and became the 23rd player in men's basketball history to score 1,000 career points.

Tillman, Williams, and Whitney Davis each scored 16 points to lead the Bobcats. Williams grabbed a game-high 16 rebounds while Tillman pulled down 12 boards. Williams was a perfect 5-5 from the field and 6-14 from the foul line. Tillman finished 10-12

from the foul line and added a game high three blocks.

Sonny Troutman and Van Kempen scored 14 and 10 points respectively to round out the double-digit scorers for the

**We got dominated on the glass and we couldn't get near the ball. We were out-toughed, out-worked, and out-played by Ohio.**

— Matt Brady  
Marist Men's Basketball Coach

Bobcats.

Head Coach Matt Brady said he was impressed with Williams' performance and surprised by the contribution of freshman Van Kempen.

"Williams is a very tough match-up and a terrific player," Brady said. "Van Kempen surprised us. I knew that since he was from Europe he could shoot, but we really didn't know anything else about him. He made his shots and that was a huge swing for them."

One of the key stats of the

game was the play of both starting front-lines. Ben Farmer, Ryan Stilphen and James Smith scored 23 points and grabbed 8 rebounds combined. On the other hand, Ohio's starting front court of Troutman, Tillman, and Williams combined for 46 points and 31 rebounds including 11 offensive boards.

Coach Brady was disappointed in his team's performance on the day.

"This was not a way to play a basketball game," Brady said. "We got dominated on the glass and we couldn't get near the ball. We were out-toughed, out-worked, and out-played by Ohio."

Both teams came out of the locker rooms ice cold as the Bobcats missed their first four attempts while the Red Foxes only made one of their first eleven field goals. After shooting just 21 percent from the field (6-28) the Red Foxes found themselves down 36-21 at the half.

The Bobcats extended their lead by as many as 17 points, 38-21, with 18:58 left in the second half. The Red Foxes would con-

tinue to fight as they cut the lead to just eight points on an 8-0 run, 56-48, with a Jared Jordan lay-up with 9:12 left in the game. That would be a close the Red Foxes would come the rest of the game.

One bright spot for the Red Foxes can take from this game is they scored 45 points in the second half, helped by a second half adjustment made by Coach Brady, according to forward Ben Farmer.

"In the second half we just played a lot faster than we did in the first half," Farmer said. "By pushing the ball up the court, this allowed Jared Jordan to create open shots for us."

Ohio held the edge in nearly every statistical category on the night. The Bobcats out-rebounded the Red Foxes 44-26 and went to the foul line 42 times to Marist's 21 times.

For the game, Ohio shot 55.6 percent from the field, while Marist shot only 33.9 percent. Ohio also held the edge in three point percentage 38.5-31.3 percent.

Farmer blamed the allowed Jared Jordan to create open shots for us.

— Ben Farmer  
Marist forward

the coaching staff.

"Coach Brady and his staff had us really prepared to play Ohio," Farmer said. "The players were not focused and did not execute the game plan. This is a wake-up call for our team, and I am glad that it happened."

The Red Foxes will look to rebound on Sunday November 19 at 4:30 p.m. as they play host to Florida Atlantic in its home opener at the McCann Center. The Red Foxes will look to duplicate last year's 84-75 win in Boca Raton, Florida.



## Roarin' Red Foxes

Marist's male and female star performer for the weekend of Nov. 10-12.

### Marist Football



The Red Foxes football team finished off the 2006 campaign with a 24-17 victory over the Iona Gaels.

The win gave Marist a share of the Metro Atlantic Athletic Conference title. The other half of the title went to the Dukes of Duquesne. This is the first football championship for the Red Foxes since they won the conference in 1994. The Red Foxes said goodbye to 24 seniors as they stepped onto the Old Leonidoff Field for the last time in their collegiate careers.

Brittany Burns  
X-Country, Freshman



Burns led Marist to a 24th place finish over the weekend at Van Cortlandt Park where the team competed in the NCAA Northeast Regional Qualifier. Burns placed 87th out of 288 runners with a time of 23:26 on the 6,000 meter course.

### On the Horizon:

The NCAA Northeast Regional Qualifier has concluded the fall season for the Red Foxes' cross country team.



\* Photos courtesy of [www.goredfoxes.com](http://www.goredfoxes.com)

# Red Fox seniors shine in last-ever home contest

## Marist earns fifth seed, and face Manhattan in first round of MAAC tourney

By CASEY LANE  
Circle Contributor

On Senior Day at the McCann Center Sunday, the seniors shined as the Marist Red Foxes volleyball team defeated the Manhattan Jaspers 3-0.

Senior outside hitter Jaime Kenworthy led Marist with 20 kills and 16 digs, en route to victories by the scores of 30-26, 30-26, and 30-24 in the final Metro Atlantic Athletic Conference (MAAC) contest of the regular season. Kenworthy led all players by hitting .385.

Marist head coach Tom Hanna was happy his seniors could walk off the McCann court for the last time with a victory.

"I couldn't think of a better day for the seniors," he said. "The

seniors have had a huge impact not only on this season, but the last four years. You can see how important they are just by looking at the stats."

Sally Hanson, a senior middle blocker, added six kills and six blocks. Senior libero Stefanie Miksch had 14 digs. Jackie Poston, a senior on the right side, contributed with five kills and a block.

Coach Hanna was very happy with his team's play, both offensively and defensively.

"We achieved our plan heading into the match. We did great serving short and did a pretty good job keeping their left in check," he said.

Marist's Alexandra Schultze, a

freshman outside hitter, racked up nine kills, five digs, and three aces. Freshman setter Dawn Jan totaled 36 assists.

Manhattan was led by senior Whitney Judkins with 11 kills

**It's great to earn the five seed by winning instead of having to deal with all the tiebreakers.**

Tom Hanna  
Marist Head Volleyball Coach

and four blocks while shooting an efficient .346. Sophomore Rita Welsh had 12 kills, tops for the Jaspers. Ashley Watson, a junior, finished with 14 digs, while sophomore Alyssa Getzel tallied 31 assists.

Marist's last three victories all

had final scores of 3-0. The Red Foxes finished the regular season with an 11-17 record, while going 8-10 in the MAAC. They will have the fifth seed in the MAAC Championships, the highest seed for Marist in the 10 years its belonged in the conference.

"Winning was a relief," Coach Hanna said. "It's great to earn the five seed by winning instead of having to deal with all the tiebreakers. That gives us both a physical and mental edge going forward."

Marist will have a rematch against Manhattan in the quarterfinals of the MAAC Championship on Thursday at 3 p.m. in Orlando, Florida. Manhattan compiled a regular season record of 12-19 overall,

9-9 in the MAAC. By finishing in the top six in the conference standings, both teams earned a first round bye.

According to Coach Hanna, the fifth seed does not come with any added pressure.

"I don't believe in extra pressure. I have always expected us to go down to Florida and win our three matches."

To achieve the victories, Coach Hanna will need to tighten up the offense and defense.

"We need to make a few defensive adjustments. Offensively, we're pretty solid from the left, but we need to be more efficient on the right."

Fairfield has the top seed for the MAAC Championship, while Siena has the two seed and Canisius the third.

# Men's swimming and diving continue MAAC dominance

By GREG HRINAY  
Staff Writer

The Marist Red Foxes swimming and diving team continued its dominance of the Metro Atlantic Athletic Conference (MAAC) beating the Fairfield Stags 199-70 in a dual meet on Sunday.

Marist produced 33 personal bests and several multiple event winners as they easily advanced past Fairfield.

The Red Foxes got off to a fast start when Dan Garaffa, Ed Gurka III, Will Shearouse, and Ralph Rienzo won the 200-yard medley relay in 1:41.42.

Marist then saw Pat Collins, Spencer Hartmann, Greg Jablonski, and Luke Johnson all go on to win two events.

Marist Red Foxes coach Larry VanWagner said that several players were instrumental in the team cruising to victory.

"Greg Jablonski and Jesus Santos both had personal bests for a dual meet," VanWagner said. "Jesus had two personal bests and Devon O'Nalty was also very good in diving."

Greg Jablonski won the 100-yard breaststroke in a time of 1:00.00 and the 50-yard freestyle with a time of 22.16.

The Red Foxes continue to handle opponents in the MAAC and Coach VanWagner said this meet represents another off event for the team.

"Fairfield is one of the weaker teams in the MAAC, so it was an off event," VanWagner said. "We give the team a chance to pick which events they want to

swim since some teams we face are less competitive."

Marist Red Foxes diving coach Melanie Bolstad said Jesus Santos and Devon O'Nalty were key divers for the team on Sunday.

"Jesus was very good and qualified for the ECAC with his performance," Bolstad said.

**We have such a good team because Devon and Jesus are so competitive amongst themselves.**

— Melanie Bolstad  
Marist Diving Coach

"Devon won both events, and his goal was to be consistent, and he was. Devon does the hardest list of dives of anyone here and he was consistent in all of them."

Coach Bolstad said that the diving team is currently ahead of

her expectations for the team coming into the year.

"We have such a good team because Devon and Jesus are so competitive amongst themselves," Bolstad said. "It usually comes down to the last dive, and they are very supportive of each other. We are also the only team in the MAAC to have four really good male divers."

Devon O'Nalty won the 1-meter and 3-meter diving events with final scores of 247.95 and

1:05.91. Freshman Lyndsay Martin won both the 100 and 200-yard breaststroke events with times of 1:09.31 and 2:33.08 respectively. Fellow freshman Jenell Walsh-Thomas placed first in two 200-yard events, scoring times of 2:16.73 in the butterfly, and 2:13.00 in the backstroke.

The Foxes success was not limited to individual events, however, as they took the top three spots in the 200-yard medley. Martin, Kemp, Alyssa Hewitt and Kim Koehler combined to register a first place time of

# Four different Red Foxes win two individual events, pace Marist's 2nd MAAC win

By NATE FIELDS  
Staff Writer

In its last home meet of the semester, the Marist women's swimming and diving team handed visiting Fairfield a 183-101 loss in the McCann Natatorium Sunday. Four different Red Foxes recorded two individual event victories as Marist

recorded its second Metro Atlantic Athletic Conference (MAAC) victory of the fall.

Junior Melissa Mangona won

both the one-meter and three-meter diving events with scores of 249.53 and 255.07 respectively. In three conference meets this fall, Mangona is undefeated,

**Jamie Falco continued her record-setting fall season by taking first in both the 100-yard freestyle with a time of 53.13**

having swept both diving events at all three of Marist's conference meets.

Mangona's classmate Jamie

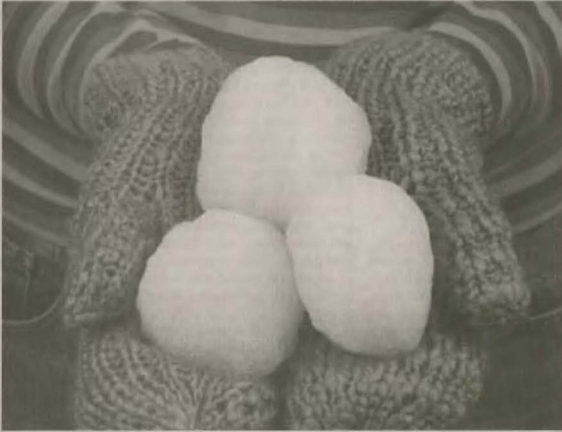
Falco continued her record-setting fall season by taking first in both the 100-yard freestyle with a time of 53.13, and the 100-yard butterfly with a time of 1:00.33.

In other individual events, Marist took the top three spots with times of 1:59.03, 1:59.71 and 2:08.30 in the 200-yard freestyle courtesy of the freshman trio of Emily Hamming, Jenny Sirino, and Victoria Kemp.

The Foxes also claimed the first two spots of the 100-yard backstroke, with senior Jessica Paul leading the way at 1:05.76 followed closely by sophomore

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# THE CIRCLE Sports

THURSDAY, NOVEMBER 16, 2006

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## Foxes earn share of MAAC title for first time in 12 years

By BRIAN LOEW  
Staff Writer

A second-half surge by the Marist Red Foxes offense helped to topple the Iona Gaels on Saturday afternoon as the Red Foxes took home a share of the Metro Atlantic Athletic Conference (MAAC) championship crown. This is the Red Foxes second MAAC title, the last coming in 1994.

The Red Foxes scored first on

a 33-yard boot from junior kicker Bradley Rowe ending an eight play drive with 5:09 left to play in the first quarter.

The Gaels responded in the closing seconds of the first quarter with their own 33-yard field goal kick by Iona's senior kicker Chris Lofrese with 25 seconds left to play in the quarter. After a scoreless second quarter, the teams would march into the locker rooms locked in a 3-3 tie.

Marist Head Coach Jim Parady said that the first half was a close match up with neither team wanting to let up a big play.

"Both teams played very close to the vest, just feeling each other out," said Parady. "Neither team wanted to be the one to make that big mistake. We just stayed focused on

the task at hand and didn't let up our game plan."

Marist would hit the pay dirt for the first time in the game at the 10:33 mark in the third quarter on a 25-yard scamper by junior Will Brown. Rowe's extra point put Marist on top by a touchdown with a 10-3 score.

Just under three minutes later, Lofrese tacked on his second field goal of the day, splitting the uprights on a 44-yard kick, making it 10-6 Marist with 7:11 to go in the third quarter.

On Marist's next possession, quarterback Steve McGrath led the charge down the field on a 13 play, 65 yard drive eating up just over seven minutes of the clock, capping it off with a 1-yard rush by McGrath on third down for the score. McGrath's rushing touchdown stretched Marist's lead to 11 with 14:57 left to play in the game. McGrath would finish the day with 203 yards in the air on 20 completions and one touchdown, as well as a team leading 43 yards rushing.

Iona struck back with vengeance, however, when Iona's junior quarterback Dustin Croick found senior tight end Juan Chamba open for a 20-yard touchdown pass. A successful two point conversion put Iona right back in the game with a 17-14 score with 9:14 left to play.

On the next drive, the Marist

seniors, playing for the MAAC crown and on their home field for the final time, would not be silenced. Senior Kevin Frederick powered for a 36-yard kick off return that put his Red Foxes on the 50-yard line. On the next play, McGrath connected with senior wide receiver Prince Prempreh for a 37-yard completion that brought the Red Foxes to the Iona 13-yard line. Three plays later, McGrath completed a 10-yard touchdown pass to senior William Flocks, putting Marist on top 24-14 with 6:52 left to play.

Iona's last hope came two possessions later when they regained possession with 3:08 left to play. Unable to convert a touchdown, Lofrese sliced the uprights for the third time in the game on a 20-yard boot with 1:44 left to play making it 24-17 Marist.

Iona tried for an onside kick on the kickoff but was picked up by Marist and the Red Foxes let the time expire on their crowning achievement.

Coach Parady said that he thought the offense played an excellent game having to switch it up in the second half to keep ahead of the Gaels.

"In the first half, their defense was doing a heck of a job following our running game and keeping tight on our players," he said. "In the second half we switched

up it a bit and went with some misdirection plays and some play-action passes which ultimately ended up giving our offense the leg up that they needed."

Parady said that the key to the game was that the defense, led by MAAC Defensive player of the week Dan Smith, kept the Gaels out of the end zone when they made it into Marist territory.

"Our defense bent a little bit, but the important thing was that we did not break," he said. "We were able to hold them to field goals instead of allowing them into the end zone. Being able to hold them to three points instead of seven was crucial and was really a key to winning this game."

Looking back at the season, Parady said although the overall record left a bit to be desired, he was pleased with the season.

"We were pleased at the way the season turned out even though you're hoping to end with a little better than a 4-7 record," he said. "There were a few games down the line that were very close and looking back we know that if a few plays here and there had turned out differently, our record would show that. The important thing was that our players kept battling through it all."

Parady also said that it was nice

to leave the old stadium with a championship title.

"A lot of great games were played there over the last 40 years," he said. "Hopefully this will be one that people will be talking about for a long time. Although we're excited about the new stadium, you couldn't write any better than this: the championship on the line in the last game, on senior day and the last game in your old stadium."

The last football game played on this Leonidoff turf kicked off with a pre-game ceremony honoring the 24 seniors of the 2006 squad in front of 2,341 fans. The 24 seniors honored were: Tim Aulet, Shawn Casadiego, Chris Collins, Huck Correia, Mike DiGiaino, Daniel Dulac, Frankie Farrington, Kevin Frederick, William Flocks, D.J. Ford, Trevor Gavin, Anthony Glover, Dan Greenip, John Lyons, James McGrath, Daniel Peckham, Daniel Platis, Prince Prempreh, Nick Sant, Michael Sangiorgi, Andrew Smith, Patrick Smith and Michael Walsh.

The Circle would like to congratulate the Marist football team for their efforts in being crowned MAAC champions. Your hard work is greatly appreciated by the entire campus.



Junior linebacker Dan Smith #44 was named the MAAC Defensive Player of the Week, with 10 tackles.

## Foxes defeat Seawolves in home opener, prepare for Blue Devils

By ERIC ZEDALIS  
Co-Sports Editor

The Marist women's basketball team earned perhaps the greatest win in program history in its season opener last Friday night at the McCann Center against Stony Brook, 82-72.

Without injured Julianne Viani, the Red Foxes still managed to hand the Seawolves, who return four out of five starters from last year's 46th RPI ranked team of last year, the loss in what was their season opener as well.

Head coach Brian Giorgis said he was not sure what to expect heading into the game down three starters from last year (two to graduation and one to injury), but he was happy with the performance overall.

"I was, for the most part, pleased," he said. "You figure, it's the first game, and we're minus three starters from last year, going up against a team that was extremely highly rated at the end of last year, and four out of five starters returning this year. It actually might be the best win our program's had, maybe the highest ranked win that we've had."

On the flip side however, this monumental win also pointed out to Giorgis and the Red Foxes where they need work, especially with the 5th ranked Duke Blue Devils awaiting them in Durham this Friday night at 7 p.m.

"[This game] showed us what we needed to work on," he said. "Our interior defense really wasn't very good. And I thought we didn't do a very good job of handling their pressure. We had some turnovers that really were careless."

In order to compete, let alone

beat, the Blue Devils, Giorgis said Marist must take care of the ball, play good transition basketball, and rebound. In doing these things, the hope is that the Red Foxes will take Duke out of its game.

"We've got to try to disrupt some of the stuff that they're doing, and mainly keep it a half court game or they can just out-run forever," he said. "Transition and rebounding are going to be huge in this game, and taking care of the ball. If we can do those three things, then we have a chance to compete."

Because Marist will have to be at the top of its game just to compete against Duke, Giorgis said he and the Red Foxes will take a different approach to this game where they break the game up into small battles.

"I think you try to take parts of the game and manage it into smaller parts instead of looking at the whole picture," he said. "Try every media timeout. How do you in each four-minute span? Then try to build on that, and if you can win enough four-minute spans, then you might have given these guys a tussle."

All things considered, Giorgis said it is important that the team puts this game into perspective and not look at it as a determinant for entry into the NCAA tournament.

"This game doesn't determine if we go to the NCAA tournament or not. This game is a building point, so I think we have to put the game into perspective," he said. "It's a game that one, allows us to see the best competition we're going to face knowing that everybody else we play after is not as good as this Duke team, and it's going to help

show us the things that we need to work on to be able to compete at that level."

If there is one thing that the Red Foxes have going for them in this game, Giorgis said it is that they believe in themselves.

"Our kids do believe in themselves. I think that's part of the battle when you go in. Even though you may not have the talent that the other team does, if you believe in yourself, and you believe in what we do, and you execute what we do, we got a chance to play with anybody."

### Upcoming Schedule

Fri. Nov. 17 - at Duke, 7 p.m.

Sun. Nov. 19 - at Villanova, 2 p.m.

Wed. Nov. 22 - vs. Dartmouth, 2 p.m.

Sun. Nov. 26 - vs. Fordham, 2 p.m.

Tues. Nov. 28 - at Brown, 7 p.m.

Sat. Dec. 2 - at Bucknell, 3:30 p.m.

Fri. Dec. 8 - vs. Loyola (MD), 5:00 p.m. \*

\* denotes MAAC contest

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