For President Nixon - a pre-Christmas gift today, in the form of a clean bill of health - from his doctor. This failed following his annual medical checkup - a three hour physical at Bethesda Naval Hospital.

The President later telling news men that
not only is he in good shape - but the whole country
"is in better health this year than it was last year."
The President going on to say: "The economy is
healthier - the chances of peace in the world are
better - the nation is in a better frame of mind."
Adding, in short: "The Christmas spirit is better
this year than last."

famed comedian Bob Hope for his attempts to gain
the release of American prisoners of war. Calling
the Hope affect
the effect
the effect
the deeply appreciated." But the "most

discouraging aspect" of all this - said he - that of trying "to get a nation to abide by the very basic rules of international law;" when said nation - is itself "governed by international outlaws."

Meanwhile, the guns of war were falling silent = at least, a good many of them. With both sides in Vietnam - presently observing a Christmas cease fire. But the fighting continues without let up we are told, - in both Cambodia and Laos, Christmas or no. - the war there goes on and on and an,

President Nixon's, annual Christmas message

to U S service men, broadcast worldwide tonight Pla. Horon Said: via the armed forces radio network, said the President:
"In the long journey toward peace - the men and women in water uniform have kept the vigil; recognizing "that peace without freedom is not acceptable - and that freedom without strength is not possible."

Then President adding: "It is because of your devotion, your courage, your sacrificesthat we now come to this season of light with
the firm belief that the light will not fade again;
and that there may be at last - peace on earth good will toward men, for our time and for all
time."

This next - from the National Center for that the flu bug is Disease Control at Atlanta, a report, younged and at the moment for an estimated carrently making life miserable. thirty million Americans. Wardest hit states - including Connecticut, Kansas, Michigan, New Jersey and Utah. Also, coming on strong, we are told - Colorado, Idaho, Indiana, Louisiana, Maine, Massachusetts Montana, New Mexico, Oregon, South Dakota, and With the result that school absenteeism this wal Wyoming. The same is true with so running as high as thirty percent; and many plants factories and offices. - not much better.

In a Tel Aviv newspaper, a clory hoday discussing Madame Golda Meir's recent parley with President Nixon. The Lady Premier supposedly pledging to make a "positive new proposal" -- on reopening the Suez Canal; as a first step, been hopefully - toward a final peace agreement with Egypt. And now . Madame Meir suggesting that this may, indeed, be the xx case. The Lady Premier telling

newsmen - she is awaiting clarification from Washington on the terms of a possible "interim agreement." The Strong Fernining Terusalem premier Madame Metz adding that Isreal 4 is more than willing to make major changes in its pair peace policy

only says she is rael is not required

to make any prior commitments.

From the outlawed Irish Republican Army Cornel

Christmus message; made public today by the

Ra Londonderry. The IRA extending, quote "its

utter, sincere good wishes - for the happiest Christmas

possible, in prevailing circumstances." But the

message adding that residents of Northern Ireland
"must be prepared to suffer inconvenience, trouble

and nerve strain - perhaps even death."

At the same hands of whom? "At the hands of British and soldiers"- says the IR A = Xmas message.

TOKYO FOLLOW LONDONDERRY

From Tokyo we have a story about a giant package containing - a Christmas tree. It was placed near a police precinct station. When the precinct commander and one of his aides - attempted to check out the unusual Christmas package suddenly - it exploded. The commander - losing a leg. His aide and ten passers-by - also injured.

Officials are blaming the explosion on radical students
- who have publicly branded the police as "people of the enemy
These they believe are the same students who last week sent
a bomb - disguised as a gift, to the home of Tokyo's police
chief where it exploded hilling one member of the Chief's
family, injuring another.

and a ren

I've been doing a good deal of flying recently, with more time than usual to read magazines, in airports and on planes. There's one article I hope you won't miss. Remember Nellie Bly, the girt who in Eighteen-Eighty-Nine stood the world on its ear when she set a record for a dash around the world? Jules Verne had written his famous book, fiction, Marge Dang on Flerry preprint a paint round up of AROUND THE WORLD IN EIGHTY DAYS. Nellie Bly went min fong hears - bold foreign mad domestic. Jules Verne one better. She did it in seventy-two days. But which there a thrushing tuck, own and book never tuplied late "Nellie Bly" wasn't her real name. This exciting story is made hereby stone and stars of their lacks. in the current issue of the Reader's Digest. You may be as amazed - I know - I was I was - at some of the other things Parasmetter. But they say the Datte backers are keeps a Nellie Bly did. So famous did she become that songs were Talk has again register hutging acid of our barber. "Bracios written about her; flowers, trains, race horses were named dunbras, this is a good Christin as " " and have's hoping it for her, and in one state they even wanted to run her for mattobe a morry Christmas for all of you a und to lung units governor. Warren - the piece ends with these lines:

"I wonder when they'll send a girl

To travel around the sky,

Read the answers in the stars
They wait for Nellie Bly."

At Quito - the lofty Capitol of Ecuador, high in the Andes, a big hassle this week that all started with a twenty thousand dollar pay-roll robbery at a local private school The hold-up gang - described as a bunch of long haired hippy types.

This for Quito's mayor Oswaldo Fierro was the final straw. Mayor Oswaldo Fierro ordering a police round-up of all long hairs - both foreign and domestic. At last report, more than a thousand such, men and boys were hustled into Quito barber shops and shorn of their locks.

All of which has the hippies in Ecuado crying "persecution". But they say the Quito barbers are happy.

With his cash register bulging said - one barber: "Cracias

Hombres, this is a good Christmas." And here's hoping it

will be a merry Christmas for all of you - and so long until
to morrow.