

L.T. - DELCO. THURSDAY, DEC. 5, 1957.  
(bc. given by L.T.Jr. - L.T. in Africa)

GOOD EVENING EVERYBODY:

At Cape Canaveral, Florida, the word is they've got "lox" all fixed up. "Lox" meaning - "liquid oxygen" - which requires delicate valves - it was one of these that went out of order, preventing the launching of an American earth satellite, yesterday. The lox valve - plus high winds. So now the time announced is - tomorrow morning, - anytime after 7:00 A.M. sunrise - when they're sure - they'll get the Vanguard working right - sending our tiny Lunasphere into the exile of outer space.

## SOVIET SHIP

The world's first atomic-powered surface ship is an icebreaker - launched at Leningrad, today. Soviet Russia scoring - another first. Typically - in the form of a vessel to crash through the ice, and keep the ~~ship~~<sup>shipping</sup> lanes open along the coast of the Russian Arctic.

~~They say their atomic icebreaker will be one and a half times more powerful than a normal vessel of the same tonnage. And - able to travel twelve times as far without entering any harbor.~~

Of course, our own country has two atomic submarines.

The first vessels of any kind - run by the power of the atom.

The first of these, the Nautilus - having performed the remarkable exploit of navigating under the ice <sup>-- almost</sup> to the North Pole.

~~Which great achievement~~ Which great achievement has been given - too little attention. The prevailing Sputnik sensation - having diverted attention from the wonder - of the atomic Nautilus under the ice at the North Pole.

As for atomic surface ships, we're building a

cruiser, with atom-powered engines, ~~is~~ progressing at Quincy, Massachusetts. An atomic merchant vessel, in Savannah - to follow.

## INDONESIA

The Indonesian government took harsh action, today - in its quarrel with the Netherlands. Closing - all Dutch consulates. Although, they say - this is not a break of diplomatic relations. And the Jakarta government is taking over Dutch business firms, which have already been seized by native employees.

But the most drastic thing of all - an announcement that Indonesia will expel all Dutch nationals who remain on those myriad islands, which were once a Dutch colony. There are fifty thousand of them - to be sent out of Indonesia by gradual stages. If this threat - is put into effect.

~~Today's move follows action in the United Nations which rejected an Indonesian demand that the U.N. take up the Indonesian claim to West New Guinea, now held by the Dutch.~~

ITALY

In Italy, today, a party of policemen in two jeeps - were in a battle for their lives. Using machineguns - blazing away at their assailants. What kind of enemy? Wolves!

They've been having a series of blizzards - in "sunny Italy," as it usually is. Great snows - isolating villages in the mountains. Relief parties breaking through the drifts - and bringing food supplies to the marooned mountaineers.

One party of eight policemen set out from the town of Mah <sup>tera</sup> Matera, making its way - to a remote village in the Apennines. Then, on their way back, an avalanche came ~~thundering~~ thundering down. Blocking the way for their two jeeps. The policemen began digging through the snow to <sup>reopen</sup> ~~repair~~ the road - when the wolves appeared. - Maddened by hunger - in the blizzard.

They prowled around the police party - dashing in to attack. Held off - only by the machinegun fire. A couple of policemen blazing away <sup>at the wolves.</sup> - while the others kept shoveling snow.

KENYA

News of a savage outbreak - in Kenya. The Mau Mau again? No - but there are other reasons for trouble in that East African land.

Tribal warfare - one tribe raiding another.

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Today's dispatch from Nairobi telling - how twenty-three herdsmen of the Turkanas were killed - their cattle driven off. By warriors - of the Merille tribe.

The country of the Turkanas is near the border of Kenya and Ethiopia. The raiding tribesmen - swooping across the border from Ethiopian territory. Which makes it a tough problem for the British in Kenya - to handle. They say this new murderous raid was the third - in the past month. British authorities - protesting repeatedly to the Ethiopian government.

All of which reminds me of a few years ago when my wife and I were on our flight across Africa -- flying our own single-engine Cessna. It was on the way from Nairobi to Hargeisa -- ~~Dargeria~~ -- British Somaliland. Halfway along we came down

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for gas at a <sup>sandy</sup> ~~grass~~ strip in northern Kenya, close to the Ethiopian frontier -- at a village called Mandeira. And while pouring tins of gas into the tanks of our plane, we <sup>Talked</sup> ~~chatted~~ with the local political agent, a young Britisher, -- saying how we had just come from Mau Mau country -- whereupon he told us that a war -- unknown to the rest of the world -- had been going on for several years, there at Mandeira -- where Kenya touches Ethiopia. <sup>Apparently --</sup> ~~Subsequent to~~ this same tribal affair we're just now hearing about for the first time.

INTRODUCTION TO L.T.

Here's another kind of <sup>story</sup> ~~report~~ from Africa - but of a much better sort. My father - continuing his report on a talk he had with Dr. Paul Dudley White, President Eisenhower's heart specialist. Whom he met on the plane - while flying, ~~to~~ <sup>to</sup> make, ~~Tonight~~, another installment of his television series,

"  
High Adventure."  
"



L.T.

I promised to tell you something that I said might interest all of you. How to live longer. Something told to me by President Eisenhower's medical advisor, the eminent heart specialist, Paul Dudley White.

As we sat in a plane 20,000 feet above the Atlantic, Dr. White told me that he and his associates are on the verge of making a major discovery. Actually I'd say they have made it - and are now simply piling up further confirmation.

He, and eight other scientists, are gathering this week at Reggio Calabria; the toe of Italy. After a few weeks there, they will move on east to study the diet and habits of villagers on the island of Crete.

They already have done research among the Japanese, simple people on the island of Kyushu and then for contrast the Japanese in Hawaii. They found the death rate much higher among the Japanese in Hawaii, who eat richer foods - with butter and other animal fats.

The Japanese they studied on Kyushu have a simple diet, almost no animal fats - and, no heart trouble, the number one killer in America. Similar comparative studies among other peoples indicate the same.

Now in Southern Italy and interior Crete they will do intensive research to find out how much less heart disease there is among people who use only olive oil - in contrast to Italians in Rome, Bologna, Florence, Padua where the people eat like gourmets. They know already that the results will be the same as in their Japanese study. But they want the statistics that can only be gotten through further research.

President Eisenhower's advisor on heart disease, says that while he prefers the private practice of medicine and surgery to anything else, he devotes about a third of his time to research, and another third to public affairs.

When he greeted me on the plane about to fly the Atlantic, he said something that at once endeared him to me. His greeting was: "I knew your father! He and I were tent mates in the Army. A fine doctor. A wonderful person. Interested in everything!"

And that was true of my Dad, is true of Dr. Paul Dudley White. An amazing person, interested in all mankind, the world and its problems. And he has been everywhere.

In Italy and Crete he will be working with Professor Ancel Keys, physiologist at the University of Minnesota - expert on nutrition; Prof. Noboru Kimura from Fukuoka, Prof. Puddu from the University of Rome, Prof. Malmroz of the University of Lund, Sweden, Prof. Flaminio Fidanza of the University of Naples, and others from Finland, Paris and Jugoslavia. An informal group. They work together often.

The center of their work this month will be the small town of Gioia di Taro - Joy of the Bull. In this they are not supported by large foundations. They use their own money - plus small amounts contributed by friends who know how important their project is.

For instance they have found, in our country, that prosperity and rich foods are not improving our health. That we would be better off if we used oil made from corn instead of butter and animal fats.

On the subject of being overweight - this world famous heart specialist says we should all avoid gaining any extra pounds after the age of twenty-five. He added that being overweight is more serious than infection - generally - and leads to infection.

He says - it's better to have a rough time for a few months or a year, then eat right - and live an extra ten or twenty years!

People say to him:- "But Dr. White, I take it off and then put it back on." To which he replies:- "It's better to have lost, and regained - than never to have lost at all!"

I thought you might be interested in this from one of the great doctors - one of the wise men - of our time - who has studied the health of men all over the world.

EISENHOWER

On a highway just north of Frederick, Maryland, today, a hitch-hiker thumbed a ride. Airman Second Class Jerry Beswick of Brandywine, Maryland - hoping <sup>a</sup> ~~to~~ passing automobile would give him a lift.

Well, the automobile stopped, and so did - a whole line of automobiles following. To the astonishment - of the Airman Second Class.

He asked - "what gives?" And was told - President Eisenhower. He had thumbed a ride from the presidential motorcade on its way to Gettysburg, <sup>- getting a lift</sup> ~~It worked, and he was~~ ~~taken~~ to his destination, the bus stop in Gettysburg.

~~All indicating that the President made the trip today, in spite of the blizzard, yesterday. A warm sun removing the danger of icy highways.~~

UNION

President Eisenhower's new program for wiping out labor racketeering - was disclosed at the convention of the AFL-CIO. Meeting - in Atlantic City. Secretary of Labor Mitchell, outlining suggested laws to require secret ballot elections for most Union officials, - Restraints on some kinds of picketing, and a full disclosure of Union financial records. Penalties for violations- to include jail sentences.

~~Secretary Mitchell said the President will also propose amendments to the Taft Hartley Law - a series of changes to check labor racketeering.~~

## GEORGIA - EXPLOSION

Disaster - struck the town of Villa Rica, Georgia, today. A violent explosion apparently caused by leaking gas - demolishing five buildings in the business district. At a time - when stores and streets were crowded with Christmas shoppers. At least thirteen people killed - and many others injured.



## NEW ORLEAN FIRE

A spectacular oil fire, at New Orleans - and how did they put it out? Well, fire departments were mobilized from as far away as Mobile, Alabama - to battle the blaze at an oil refinery on the banks of the Mississippi. Fire-boats, on the river, hurled streams of water into the roaring flames. And eighteen thousand gallons of fomite, a fire-extinguishing chemical, were brought by helicopter poured into the blazing oil refinery. But let's give a salute - to five refinery workers, -who performed - a thrilling exploit.

The fire began with the xplosion of a huge oil tank. And then - gasoline from elsewhere flowed into the fire through an open valve. Mighty tough - to put out a fire, while a stream of gasoline is pouring into it! So that was when those five refinery workers did their stuff. Putting on suits of asbestos, they dashed into the intense heat of the flames - and shut off the gasoline valve. From then on, it was fairly easy to subdue the fire.

## RUSSIAN ROULETTE

Here's news - they don't play Russian roulette at Harpur College, Endicott, New York. No, they don't combine American poker - with that Russian frolic practiced with a pistol.

What's this all about? Well, recently, the college newspaper came out with a story - about a group of students, who had gotten up a new kind of thriller. Playing poker - with the chief loser putting a pistol to his head, and pulling the trigger. Actually - no bullet in the weapon. Nothing more - than a blank cartridge going - bang! Russian roulette - make harmless.

The story was written by Student Melvin Fox, who explained: "We play the game for kicks. It gives us a sense of power."

Today, however, Associate Editor Fox gave another explanation. That it was all - a hoax. The school paper, in need of an exciting story - so he invented the poker-playing Russian roulette club at Harpur College.

Today he added: "I'm sorry I started this thing."

And well he might be. Because - the story spread.

Inquiries poured in from far and wide. College officials investigated - and now the Associate Editor of the college paper, may be out of a job.

Well, Joe, with an imagination like that maybe Melvin Fox can find himself a spot in "Radio"! -

END

ANNOUNCER: And now Lowell Thomas, Jr. with a ~~final~~ oddity.

L.T.JR.: <sup>[Along the banks of the Nile, over]</sup>  
In Cairo, an organization of Egyptian women is

taking a strong stand - on the subject of polygamy. Do they  
want polygamy abolished? No, <sup>Sir!</sup> ~~at all~~. They're <sup>all</sup> for it!

In the Egyptian Parliament, recently, a woman  
member, Mrs. Amina Shukry, called for a law compelling -  
monogamy. The practice of a husband having more than one  
wife - to be outlawed.

Today, however, that was countered by an association  
of Moslem women, pointing out - that the Koran permits four  
wives, <sup>not telling</sup> ~~and they say~~ the government <sup>to</sup> ~~should~~ keep its hands off  
<sup>this</sup> an old religious custom.

The ladies - in favor of polygamy. And - So Long  
Until Tomorrow.