

## Students to shave for charity

By KAIT SMITH  
Circle Contributor

On April 3, young men across the Marist campus will be sporting a new look – the shaved head. No, they didn't lose a bet. Instead, they are gathering collectively and shaving their heads in support of the St. Baldrick's Foundation, an organization that funds research for children's cancer.

Currently, Marist is one of just three colleges in New York State participating in the event, which typically takes place in bars and high schools across the country. For the occasion, men gather donations from sponsors in support of children's cancer research; in turn, these men say goodbye to their hair. Class of 2010 President Steve Townsend has attended the event before. "We have a St. Baldrick's event at one of the bars back home," he said. "It's something I wanted to bring to Marist because it's fun and it makes a statement at the same time."

The freshman class is sponsoring the first annual Marist St. Baldrick's Day, which is scheduled to take place on April 3 at 7:00 p.m. in the Student Center. Coordinators are asking all of Marist to get involved, both male and female.

"We are hoping that girls will team up with the guys and collect money together in support of the boy's promise to shave his head," Townsend said.

Females can also volunteer to do the honors of shaving heads or, if they meet the ten inch requirement, donating ten inches of their own hair to Locks of Love.

"This could be a huge, wonderful event," said 2010 Vice President Mairead Delaney. "It's just a matter of getting the

SEE BALDRICK'S, PAGE 4

## Ancient epic soon to be read

By SHANNON KOZIBRODA  
Contributing Writer

Let the Old English readings begin.

Assistant Professor of English, Dr. Moira Fitzgibbons, will be running a "cool event" – an afternoon of the classic Beowulf, conducted at the new campus park on the Hudson river. The reading is designed for students in her course in Old English, but anyone may join. It will take place during the activity period on Wednesday, April 11.

"I just thought it would be cool to take the poetry outside," Fitzgibbons said, "since the Anglo-Saxons probably listened to their poets in a more mellow setting."

## Charafeddine hired as dining services chief

By MARION HERBERT  
Staff Writer

You may have seen him, the man in the neatly pressed suit in Marist's residence dining hall. He's usually pacing, tasting, questioning, and planning. His desk has a packed agenda and a crowded calendar for the upcoming weeks. He is Mohamad Charafeddine, Marist's new general manager of dining services.

The dining hall has been missing a general manager for a few months since the fall semester. Charafeddine was set to begin in March 2007, but came in early on February 26 to begin work at the college.

Charafeddine's training began at the Culinary Institute of America in Hyde Park, where he received a dual degree in Culinary Arts and Bakery and Pastry. He went on to gain administrative experience by interning as the fellow maitre d at the Escoffier Restaurant of the Culinary Institute.

"I wanted to gain experience doing everything," said Charafeddine. "I was thirsty for knowledge and I wanted to be well rounded and know everything."

Upon graduating, Charafeddine spent seven years at SUNY New Paltz, four and half years as the Director of Resident Dining and two and half years as the

Director of Catering. When the position for General Manager opened up for the spring semester at Marist, Charafeddine jumped at the opportunity.

Charafeddine remembered passing Marist everyday on his way to the CIA, and always considered it to be a distinguished, private liberal arts college.

"It's a dream come true working in this environment," said Charafeddine. "When I applied I didn't want to hear 'no.' These opportunities don't come around every day."

Charafeddine has a long list of goals. His three main immediate priorities are the taste of food, presentation, and service.

Charafeddine is a self-proclaimed perfectionist who focuses on every detail. He encourages his staff to modify recipes to enhance their taste. He said wants to speed up service and eliminate long lines. To that end, the trash cans have been removed to make the cafeteria look more visually pleasing and the cereal bowls no longer rest on a low shelf where dust and dirt are kicked up by every passing student. Charafeddine said that convenience, quality, and choices for the students are three factors guiding changes.

Long term goals, according to the new manager, need to happen sooner rather than later. On his growing list of modifications,

Charafeddine said he wants to develop a diverse meal plan. This includes themed cuisines from around the world and a variety of pastries. He also wants to offer students healthier options and give them nutrition labels on all the meals so they know what they are eating.

Ideally, Charafeddine wants to take the cafeteria image out of the student's mind. It's a place for student dining; their kitchen away from home. He hopes that excitement can be brought back to the dining hall so it can be an enjoyable place to socialize. Charafeddine said he places a huge emphasis on customer service, requesting that a manager be on duty during lunch and dinner hours to serve the students with any problems that may occur.

"We are going to set the bar so high," said Charafeddine. "I want to be a food icon for college campuses. People should be talking about us."

Students can be included with the evolving cafeteria. Each week the manager reads comment cards left by the entryway and finds ways to accommodate different needs and continue with the changes that receive positive feedback. He said feels consistency is the key to maintaining any successful business.

Briana Brickley, a Marist sophomore, has observed changes in the cafeteria in recent weeks.



JAMES REILLY / THE CIRCLE

Mohamad Charafeddine is the newly hired general manager of dining services. He said that he has big plans for the future of Marist dining.

"The cafeteria definitely wasn't my favorite place to go, but my friends and I have seen a lot of new things in the past few weeks," said Brickley. "Someone needs to be paying attention to those details. It's important to us because we're eating three meals a day there."

Charafeddine says he is ecstatic to be working at Marist College.

"I want to thank the Marist community for being so supportive. It's been a very smooth transition."

## Donors wanted for blood drive

By ASHLEY M. CORNIER  
Circle Contributor

Marist College is hosting a blood drive on Thursday, March 29. Greek organizations Kappa Lambda Psi and Zeta Psi, along with the New York Blood Center, are looking for donors between 12 and 5 p.m. in the PAR, across from the Student Activities Office in the Student Center. Donors will each receive a coupon for a free Subway sandwich.

"Every 2.5 seconds someone

needs blood and every year four million Americans depend on blood transfusions to save their lives," according to the American Red Cross.

Jacqueline Tortorella, Vice President of Kappa Lambda Psi, said the need is especially urgent this season.

"Because of the weather this winter, it has been hard to collect blood," Tortorella said.

Due to the blood shortage, the goal is 150 donors, or about 150 pints, and KLP and Zeta Psi are looking for almost anyone to

donate. "You do not need to sign up; during the hours of the blood drive anyone can donate as long as they meet the requirements," Tortorella said, "There is a written part to fill out and then your blood is tested before you give."

According to the American Red Cross, there are other basic requirements as well.

"A donor must be healthy, be at least 17 years or older, weigh at least 110 pounds, and not have donated blood in the last eight

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"Glenwood Power" by artist Chris Semergieff. See story on page 9

## Race, religion, gender still play serious role in voting, according to recent poll

By ANDREW OVERTON  
Staff Writer

Religion, race, and gender are still polarizing issues in politics for many voters, the Marist Institute for Public Opinion (MIPO) showed in a report February 19<sup>th</sup>. According to the national survey, fifty-six percent of voters said they are not likely to vote for a Mormon for president, regardless of the candidate's political party. Similarly, 34% of voters are unlikely to support a woman, and 33% are unlikely to support an African American for president.

"A lot of people are reluctant...to support those types of people," Dr. Lee Miringoff, MIPO director said.

The poll results break down how likely Democrat, Republican, and independent voters are to vote for a woman, African American, and Mormon presidential candidate 2008.

Miringoff emphasized the role of a voter's political party in this poll.

"It's important to look at how we ask the question," Miringoff said. "There are Republicans that wouldn't vote for Democrats under any circumstances, and there are Democrats that wouldn't vote for Republicans under any circumstances."

According to the poll, 1% of Democrats said they are likely to vote for a Mormon Republican candidate, 2% of Republicans said they are likely to vote for an African American Democrat,

and 2% of Republicans said they are likely to vote for a female Democrat for president. These numbers are significant because Mitt Romney, a Republican Mormon, Barack Obama, an African-American Democrat, and Hillary Clinton, a female Democrat have all already announced their bid for the presidency.

Some Marist political science professors commented on why voters are reluctant to support Mormon and African American candidates.

Assistant Professor of Political Science of Marist College Dr. JoAnne Myers seemed to think that Americans were wary of Mormons because, "people don't

SEE POLL, PAGE 4



Freshman forward Rachele Fitz finished her first collegiate season with 520 points, the most ever scored by a freshman in Marist history. Fitz was also named MAAC rookie of the week a conference record 11 times and was the first Marist player to ever win MAAC rookie of the year.

JAMES REILLY / THE CIRCLE

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FEATURES: MARIST ABROAD IN ROME AND VENICE - AN EXTENDED ADVENTURE

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A&E: TOP TEN SIGNS YOU WATCH TOO MUCH TV

How you can identify your addiction to the tube

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# THE CIRCLE Campus

THURSDAY, MARCH 29, 2007

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## security briefs

### A 'brief' digression and then more of the same. Carry on!

By KATE GIGLIO  
Editor-in-extremis

So it appears that some people have gotten a little miffed by the briefs lately, namely the fashion one from last week. If it makes anyone feel any better, karma really does seem to be catching up to me: I spilled a latte all over myself at work the other day, and I couldn't get the off-campus ProQuest site to load though I tried my best.

Anyway, I'm sorry that some people got so incredibly upset. I respect the fashion industry, I own quite a bit of cerulean clothing, and I'm aware of how much work goes into putting together a garment (probably as much work as ... putting together a newspaper every week). So let's all just take a deep cleansing breath and realize that anything put out for public consumption will, well, get consumed. And possibly swallowed whole. In the words of Michael Kors, made immortal by Santino Rice: "Lighten up; it's just faashion!"

#### 3/20 noon

A lab report  
By: the School of Science

Title: "Electromagnetic Waves in the Workplace"

Intro: In this study, we attempted to study the applied use of electromagnetic waves in everyday life. Our hypothesis is that you can microwave a sandwich until the cows come home and it will be okay.

Materials & Methods: This experiment was conducted in Donnelly Hall in the School of Science Headquarters. Our materials included a microwave and a sausage-and-pepper sandwich.

Results: Our research found that you cannot, in fact, nuke a sausage sandwich for an indefinite length of time. Furthermore, we concluded that by doing this, it sometimes makes the intestinal casing of the sausage go BOOM and results in setting off the fire alarm.

Discussion: Whoops.

#### 3/21 1:30 a.m.

A Champagnat resident was discovered intoxicated in the hallways of Marian Hall and was carted off to St. Francis by Fairview. Going from Champagnat to Marian to St. Francis: the Marist freshman's version of a bar crawl

#### 3/21 10:00 a.m.

A housekeeper reported vandalism to the third floor of Champagnat - a fire alarm box had been ripped off of the wall and was hanging by the wires. The vandal was disappointed to find that there were no expensive jeans inside, nor did the box activate a secret entrance into the laundry room

#### 3/22 1:21 a.m.

For a while there, I couldn't figure out if Benoit was get-

ting stealthier or just taking more naps than usual. But evidence that the Benoit kids are still alive, kicking, and smoking their cherubic little faces off came late one night last week. A security officer knocked on a door after the odor of marijuana was detected. Following a brief "scurrying," the residents opened the door. In the room was a bucket full of empty beer cans but no pot. There were, however, footprints on the windowsill. This is like an Encyclopedia Brown book: if you're really too dumb to figure out the obvious, the answers are in the back

#### 3/22 1:58 p.m.

About 12 hours later, more marijuana scent was detected on campus except this time it was in Upper New Townhouses I-block and it was a student who reported it. Way to be a good neighbor, champ. You must have been fun as a child

#### 3/22 10:15 p.m.

A student reported a missing clarinet but a search of the areas in which she'd been proved fruitless. The clarinet is valued between \$800 and \$1000. In fourth grade they made us play instruments, and many of we young prodigies chose the clarinet. My mom wore earplugs every time I practiced, which wasn't often, because I hated that stupid thing. Anyway it's probably in your best interest that your clarinet was stolen. Maybe you wouldn't be persecuted if you learned how to play something cool, like the electric bass, or the cowbell

#### 3/23 1:55 a.m.

A Culinary Institute of America student evidently tried to make a u-turn and failed with flying colors. Security found the student and his vehicle stuck in the mud, "parked" between the sidewalk of Route 9 and the sidewalk of Beck Place over by the Steel Plant. That's almost as bad as the time my tires got stuck in the ice in Hoop lot. I had to recruit some random gym rat driving by to help me shovel / chisel / melt the ice, and an hour of damage control later, he asked me if I was doing anything for the rest of the weekend. AWK-ward

#### 3/23 10:00 p.m.

A female student walking from Benoit to the Lower Townhouses was approached by a guy in a car who told her he was "a taxi driver" and would take her "wherever she wanted." Riiight. Ok, sure, Marist girls aren't the sharpest arrows in the quiver but you have to be delusional to think that some chick is just gonna hop in your nondescript sedan so she can get abducted and/or murdered. Ladies: those pearly gates at the entrance of Marist don't keep out sleazeballs, so try to stick with the buddy system if you're walking around at night. Especially if you're wearing leggings

#### 3/23 10:45 p.m.

One lucky resident director was fortunate enough to confiscate 25 cans of Natural Light beer from a suite in Midrise. The four male residents had 30 guests. I'm just amazed that 34 people could even fit in a Midrise suite.

Unless it was the awesome handicapped-accessible one that my friends had sophomore year; in that case you could fit twice that. I'm a little alarmed about the three-quarters-of-a-beer-per-person thing, though

#### 3/24 4:30 a.m.

A student in Marian Hall reported that "water had been poured under the door" of his room; the water, they added, had been spiked with a "soapy substance" making the liquid slippery. That is the worst prank ever. At worst, housekeeping just comes and cleans it up, which is what happened, incidentally. At best, the victim just slips and falls and possibly breaks one or more bones ... oh wait, actually that's a pretty sweet prank

#### 3/24 1:00 p.m.

The owner of a vehicle parked in Beck Place reported that someone had broken into their car sometime in between Thursday and Saturday afternoon. The door locks had been busted with a screwdriver, which had been left in the car. Stolen items included five dollars in change and a jacket. I guess if you really needed a jacket, then that's fine, but five dollars in change?? A decent screwdriver costs like 20 bucks. Good swap

#### 3/25 2:37 a.m.

Champagnat, seventh floor: a fire extinguisher was discharged in the hallway and the fire boxes in the elevators were ripped off the walls. I guess destroying all the fire safety equipment in a building is a pretty good way to prove you're a badass. Either that, or there is a serious rage problem in Champagnat. Which reminds me: why does nothing ever, ever happen in Sheahan Hall?? It's like they're dead on the inside. I know there are less students in there but really you guys need to show a little chutzpah, which is Yiddish for "balls." I promise that if by the next issue, someone in Sheahan gets written up, The Circle will buy you pizza. And beer

#### 3/25 2:48 a.m.

Two students trying to sneak in the back door of Marian Hall with an 18-pack of Busch were foiled by the on-duty resident advisor. I think I've mentioned before that the first-floor windows of Marian are extremely accessible; there have been times that I walk by, hear someone's alarm going off through an open window, and have been tempted to press snooze, just to be a jerk. Anyway the point is that when you can just shove 18 beers through an open hole, you should take advantage. Billy don't be a hero

#### 3/25 9:50 p.m.

A student requested transport to St. Francis Hospital. "I injured my forehead at McCann," the student reported to the Midrise guard, "on exercise equipment." And by "injured my forehead on exercise equipment," he meant, "I dropped my gallon jug of water on my toe and now it's broken"

Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the United States Constitution.

## Upcoming Campus Events

Thursday, March 22  
Spring 2007  
Career Conference  
McCann Center  
4:00 - 7:00 p.m.

Tuesday, April 3  
Dance Dance Revolution  
Night  
in the PAR  
8:00 - 10:00 p.m.

Tuesday, April 3  
Annual Alumni  
Panel 2007  
Lowell Thomas 125  
7:00 p.m.

Wednesday, April 4  
"Food Production:  
Why Our Food Choices  
Matter"  
a lecture by Gene Baur  
Henry Hudson Room  
in Fontaine  
12:30 - 1:30 p.m.

Tuesday, April 10  
Alexa Ray Joel  
in the  
Nelly Goletti Theatre  
9 p.m.  
free with Marist ID

Saturday, April 14  
trip to the Bronx Zoo  
bus leaves Midrise  
9:30 a.m.  
\$10 w/ Marist ID



### Security Haiku of the Week

leave spotlight turned on  
facedown on your vinyl seat  
melt Honda Pilot.

(good thing they are leased)



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# MARIST

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MARIST

# News

From Page One

## Blood needed at Marist drive

weeks," according to the organization's Web site. "Healthy means that you feel well and can perform normal activities. If you have a chronic condition such as diabetes or high blood pressure, 'healthy' also means that you are being treated and the condition is under control."

One looking to donate should also eat a moderate meal first.

Sophomore Katie Dunn, member of KLP, is looking forward to the day of work.

"It's a great way to help out the community. The Zeta Psi boys are going to help inside, in case anyone feels weak and need to be carried, and the girls are going to help outside with the paper work," Dunn said.

Tortorella agrees that, although

a lot of work goes in, it is a great way to help out.

"It's not hard; it just takes a lot of time and organization. I have a great group of girls in the sorority and they help out. The boys from Zeta Psi help us as well and they are a big help too. I mean, I have been running around to get things organized, but in the end it is all worth it."

## Bald heads help cancer patients

word out there, letting people know what it's about, and reminding them that hair does grow back."

So far the event has some very enthusiastic participants, including freshman Bill Serpe, who presented the idea to Delaney in the beginning of the school year.

"I did the event last year at my high school and raised \$550 for the cause," said Serpe.

The fundraising goal for the Marist St. Baldrick's Day is set

at \$2,000. Letters have gone out to Resident Assistants in freshman dorms asking them to collect \$2 from each member of their respective floor. Additionally, a table will be set up outside of the cafeteria accepting cash and Marist Money donations.

All that is needed now is the commitment of not only the freshman class, but the entire Marist campus. For extra motivation, Serpe said to keep in

mind the children who have gone through chemotherapy and have to suffer with the resulting hair loss. That is what St. Baldrick's Day is all about.

"I figure the whole concept of the event is that our hair will grow back," says Serpe. "But there are kids out there who aren't that fortunate. At the very least, it's a symbol of the children's strength and what they have to go through."

## Race, religion, gender play role in 2008 presidential election

know what a Mormon is. If you asked someone to name five Mormons, I bet you they couldn't," Myers said. "It's sort of like homosexuality. They might be against it, but once they realize that they know homosexuals then their life changes."

"Overall it says a third are unlikely to support an African-American candidate for president," said Dr. Martin Shaffer, Associate Professor of Political Science, of the poll results. "I suspect the reality might be higher than that. I think there are people who probably said they would support that person because it's an abstract question, but when they actually got into the voting booth they might not do it," Shaffer said. "I think there is a socially acceptable response there, which is to say 'Yes, I would support the African American candidate' because you don't want to look like a bigot, quite frankly. I think that number's higher."

Marist students also reacted to the MIPO survey.

"I think it just goes to show you how ignorant and blind our nation is," said freshman Chelsea Murray. "They need to embrace change and give everyone an equal chance."

"People are way too close-minded," said junior Lyndsay Strubeck. "People should look at their platform and not their religious background or race."

Several Marist students were willing to share their feelings about the possibilities of a Mormon president.

When asked if she would vote for a Mormon, sophomore Jennifer McNamara said, "I don't really know that much about Mormons. I think I would though."

McNamara was one of many people who said they were ill-informed about Mormonism. There were other Marist students that seemed more confident addressing the possibility of a Mormon president.

"It depends on how much of their view is influenced by their religious beliefs, but in general, I would feel uncomfortable with a Mormon as someone important in government," freshman Cara Domings said. "For example, their views on homosexuality — they treat it like a disease."

Marist students had a lot to say regarding an African American presidential candidate.

James Freeman '10 said he would vote for an African American candidate. "I find it very interesting that there is finally a black candidate," Freeman said. "It makes me want to do research about him and see if he is actually worth voting for."

"I would also have to see who he's up against," said sophomore Rory O'Brien. "If it's a white candidate he's up against, I'd

probably lean towards the white candidate."

Opinions regarding a female president were just as varied.

"I would never vote for a female," O'Brien said. "I just don't think that they have the ability to have the entire nation in their hands. They don't have some of the skills that a man would."

"I probably would not vote for a female president because women are still viewed as inferior to men in many parts of the world, especially the Middle East," Mike Ruane '10 said. "This might adversely affect American foreign policy and how America is viewed globally."

McNamara, on the other hand said that she would vote for a female president. "I believe they can serve just as well as men," McNamara said. "I don't think that gender would prevent them from fulfilling their duties at all."

"These are polarizing times," Dr. Miringoff said, "and these are reflected in the poll."

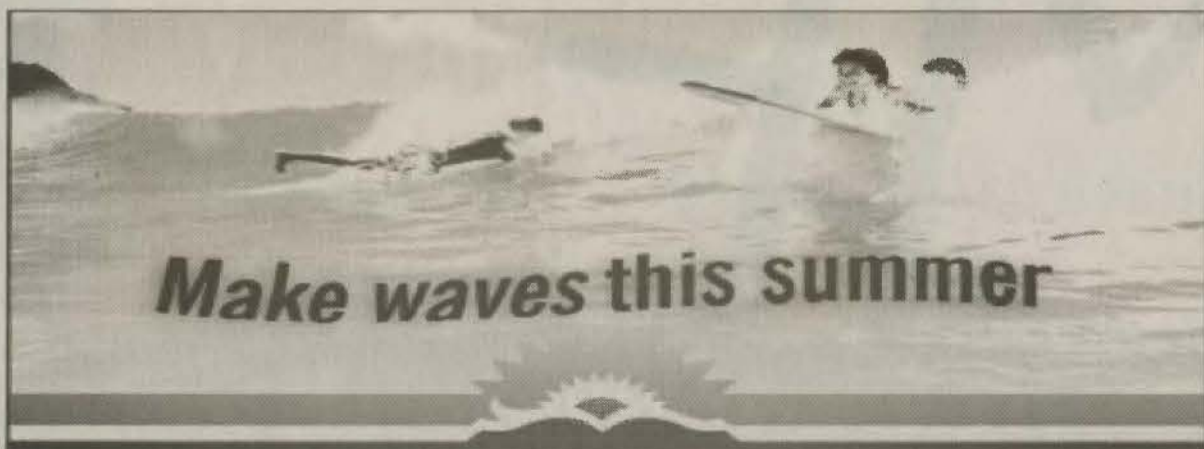
This MIPO survey was conducted from February 12 through February 15. 1,219 adults 18 years of age or older from the continental U.S. were interviewed. The results of the survey can be found on found on <http://maristpoll.marist.edu/usapolls/CP070219.htm>. The study has a 3% margin of error.

### CORRECTION FROM 3/22 ISSUE:

An article printed in last week's issue of *The Circle* referred several times to the material that will cover Leonidoff Field as 'AstroTurf.' This is incorrect, and the product is completely different from AstroTurf, actually being closer to synthetic grass than artificial turf. The product's actual name is FieldTurf. We apologize for any inconvenience caused by this error.

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## News continued

# Dance team enters first competition, hopes for more

By **ASHLEY MAHON**  
Circle Contributor

Saturday, March 24 marked a new era for the Marist College Dance Team. The team, which had previously only performed at football and basketball games on campus, participated in their first intercollegiate contest at a dance competition in Westfield, Massachusetts.

The competition was hosted by the Universal Dance Association on the Westfield State University campus and had over twenty different schools participating. Junior team member and incoming captain Shannon Kozibroda, thought that the team did well overall.

"Since it was our first competition we didn't have high expectations so we were very happy with how we placed. Just the overall experience of competing was something new for the school and we hope that we can add more competitions into our sched-

ule for next year," she said.

The team, which is comprised of sixteen girls from every grade level, functions as a club sport, like the cheerleading team, which puts them under the direction of both the Athletics Department and SGA.

Though the team does not have a coach, they are led by three captains that are elected after the previous season. The captains for next year were chosen last week and are comprised of juniors Meghann Pursell and Shannon Kozibroda, and sophomore Nicole Peto. All three said they look forward to the upcoming season and hope that it will be as successful as this year.

"The dance team has taken so many steps forward this season and I believe with the same amount of hard work and dedication, we will only continue to move forward next season," said Nicole Peto.

# Band fraternity and sorority named joined council by Student Government

By **MARK RODENHIZER**  
Staff Writer

Recently, Kappa Kappa Psi and Tau Beta Sigma, the band fraternity and sorority respectively, were named a joined council by the Student Government. Brianna Kennedy, a member of Tau Beta Sigma, says that having a joined council will be able to help recognize the groups.

"We deserve recognition for all that we do," she said. "We felt we have worked hard to establish ourselves as active groups on this campus."

Tom Depace, President of Kappa Kappa Psi says that the joined council will be able to benefit the organizations and the music department.

"We can take on bigger projects and we can get more stuff done."

We are "working to further establish Marist's talents and maybe even help facilitate a music major," Kennedy said.

Colin Rand, a member of Kappa Kappa Psi, says that the music program will be able to improve.

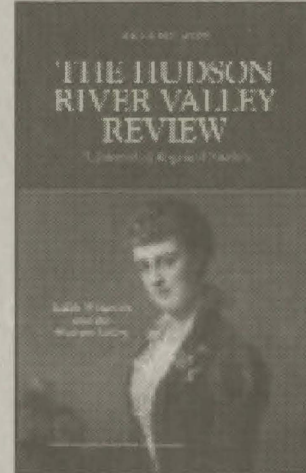
"It gives us the ability to help other music fraternity and sororities if anyone wanted to bring them to the campus," he said. "We would be the umbrella organization to help support them."

The Marist Tau Beta Sigma chapter started in 2001 with the school's Kappa Kappa Psi chapter forming shortly after. Since spring 2004, the two organizations have had meetings together. James Marconi, a member of Kappa Kappa Psi says that the two organizations get along very well.

"We work fairly smoothly to achieve our goals."

"A lot of schools don't have councils like ours and most these schools suffer from bad relations between the two organizations," Rand said. "When we hosted precincts here in February, we were actually praised for our communication skills between the two organizations."

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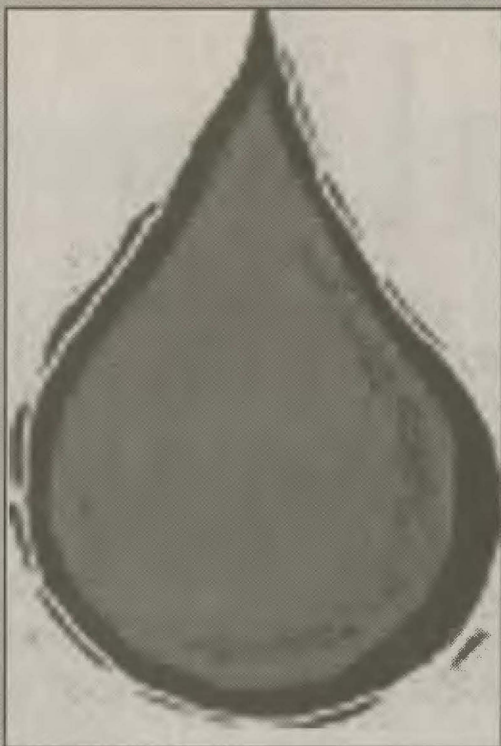
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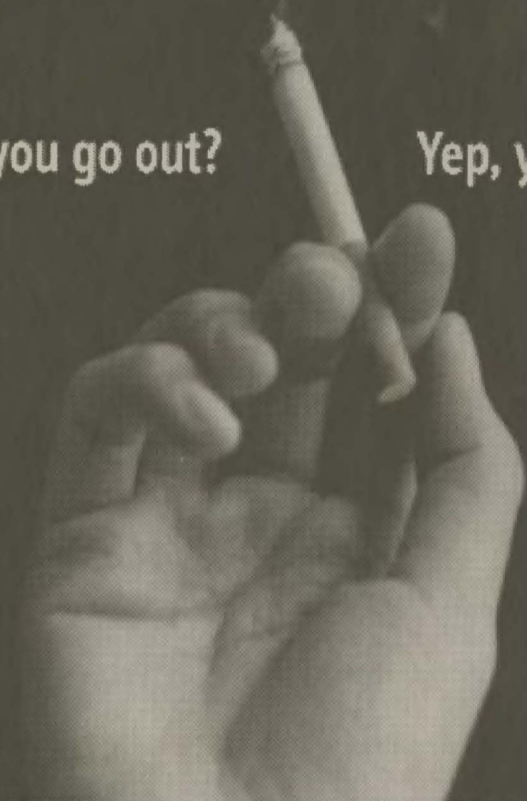


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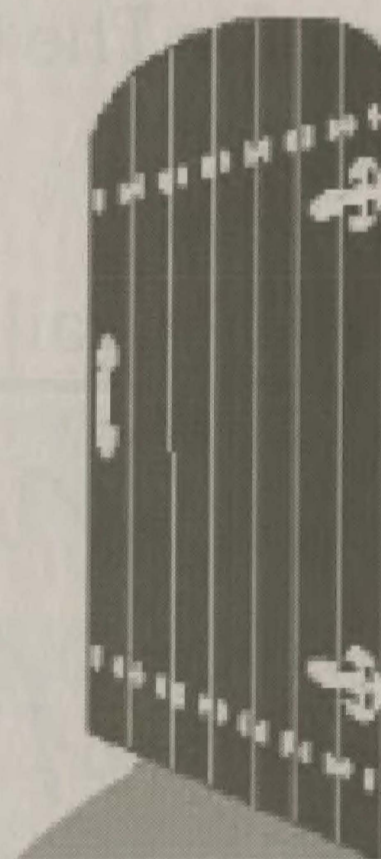
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# Health

THURSDAY, MARCH 29, 2007

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## All about spring allergies: why we get them, and how to cope

By ANDREA WRIGHT  
Circle Contributor

As the the days grow warmer, we finally find ourselves outside for longer than it takes us to run from class to class. We also find ourselves being surrounded by runny eyes and sneezing. Yes, spring allergies have arrived.

Allergic rhinitis, or hay fever, affects approximately 30% of the US population. The symptoms are similar to the common cold, but never include a fever. The affected are plagued with sneezing, coughing, runny eyes and noses, and perhaps earaches. Spring time is one of the worst for allergy sufferers because of all the plants that are in bloom, which results in a higher amount of pollen floating in

the air.

Allergies are our own bodies' reaction to the environment around us. As we breathe in pollen from trees, some people's immune systems over react and send out histamines and

**"Constantly having to sneeze during class and not being able to breathe through your nose can be frustrating ..."**

immunoglobulin E antibodies that work to kill the foreign invaders. You can obtain a simple kin test through a doctor to see if you have allergies.

There are some natural, easy ways to limit the amount of symptoms you experience. If you have allergies to pollen, make sure you take a shower each night before bed to wash off any pollen attached to you or your hair. You should avoid

going out on breezy days, or during the peak pollen hours of 10am to 4pm. In addition, try to keep windows and door closed, to limit the amount of pollen getting into the house. Also, be aware that many pets

will have pollen and dust on them, so it is a good idea to keep animals off of the furniture, and off of you. For anyone with dust allergies, this is a perfect time to do spring cleaning; before air conditioners and fans blow around the dust that has been collecting all winter.

There are also many medications available for allergies, meant specifically to ease the

symptoms. Anti-histamines (such as Claritin or Allegra) are a good place to start, however the effect of these will depend on the individual's severity of allergies and any medicinal allergies. One of the downsides to these is that they typically make people drowsy, however many brands now offer non-drowsy pills for those who are susceptible. Antihistamines can relieve sneezing, itching and eye symptoms. Decongestants are also a common treatment, for those with a runny nose. These are available in pill form, or as nasal spray. However, nasal spray should not be used consistently, as it may actually make congestion worse if used for more than a few days in a row.

For severe allergies, there are always prescriptions strength anti-histamines and

decongestants. There are also allergy shots available, which will help your immune system accept the foreign pollen. These can be found by talking to your doctor.

Allergies are not always easily treated, and impact many students' lives. Constantly having to sneeze during class and not being able to breathe through your nose can be frustrating for anyone,

particularly a busy college student. Artie Zapke, a sophomore with allergies, says, "My allergies make it hard to play sports or go running outside. It's just a hassle to constantly feel sick when I'm trying to work and have fun". The best way to go about allergies is to talk to your doctor about medical treatments, as well as trying to fit our natural prevention methods into your life.



Jenna Peters / THE CIRCLE

## Marist Encourages Recycling

By LINDSAY STRAUB  
Circle Contributor

As environmental concerns continue to spread across the nation, Marist heightens its efforts to create a general awareness and to foster sustainability around campus.

The Marist College Strategic Plan emphasizes directions and priorities that serve as guidelines and goals for the college. Article VII states that the institution will "implement environmentally sustainable practices to raise awareness, to use as a teaching tool, to establish life-long behaviors supporting the environment, and to capture financial savings where feasible."

Steve Sansola, Associate Dean for Student Affairs, advises students to follow the 3Rs, reduce, reuse, and recycle, in order to guide the campus, in becoming a more green and environmentally friendly place.

"All of us, including myself, should be asking the question, 'What can we do to make things better for our world?'" said Sansola.

According to Sansola, there are simple daily tasks that all college students can do to conserve energy and protect the environment. From turning off lights

when no one is in a room to downloading and installing a free software computer program known as World Community Grid, used when PCs are idle.

"Although it is best to turn off the PC when it's not in use, we might as well harness the power if we are going to use it," said Sansola.

**"Steve Sansola, Associate Dean for Student Affairs, advises students to follow the 3Rs, reduce, reuse, and recycle, in order to guide the campus in becoming a more green and environmentally friendly place."**

"World Community Grid allows us to do so."

Marist students conducted a solid waste stream assessment, known as a Dumpster Dive, of 14 garbage bags collected from seven campus dumpsters. The contents of the garbage bags were examined in terms of the amount and type of waste being disposed of to see whether voluntary recycling on campus is working.

Results showed that over half the total massive weight consisted of recyclable materials. The next Dumpster Dive is April 11 from 11:30am to 1:30pm on the Champagnat Green.

Most students take advantage of the recycling containers located around campus. Sophomore, Clare Mountjoy, sets aside a garbage can for recyclables in her Gartland suite and encourages her

housemates to contribute their efforts to separate waste products. "I know that simply putting aside our recyclables isn't the most we can do for the environment, but in reality, every little bit helps," said Mountjoy.

According to Sansola, Marist pays less of a tipping fee to collect recyclables than it does to collect wastes. The college remains economically sound and in better financial standing by consciously differentiating between the two.

Junior Danielle Morrison has two recycle bins in her Foy townhouse in order to control the overflow and avoid throwing away any recyclable materials.

"I would definitely consider myself an environmentally aware individual," said Morrison. "My housemates and I make sure to recycle all we can to aid in the larger issue of sustainability."

In the near future Marist seeks to promote a renewed interest in such sustainability, starting in the classroom. Some faculty members will infuse this issue in their curriculum through readings and films and will attempt to make students aware of the ecological impact.





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## An interview with Jim Breuer answers questions on life and career

By **CHELSEA MURRAY**  
Staff Writer

Jim Breuer of Saturday Night Live and "Half Baked" paid a visit to the decently packed McCann Center here at Marist on Sunday night. I had the chance to interview the famed comedian while he was on vacation to answer some questions about his life and career.

**Chelsea Murray:** Are you on a comedy tour right now or just bopping around to a few different venues close to home?

**Jim Breuer:** I'm not on tour

right now, but I have a few things cookin'. I have a bunch of performances coming up in New Brunswick, NJ at the Stress Factory on April 11, 18, and 25 and one at the Bay Street Theater in Sag Harbor, NY on June 25. My Sirius Satellite show keeps me busy too!

**CM:** When you're on tour, is it hard being away from home?

**JB:** It's tough being away from my daughters, not being able to play "pretend" games or tuck them in.

**CM:** Can you tell any entertaining stories about the tour?

**JB:** How long do you have?

There are sooooo many!

**CM:** Who is your comedy icon and why?

**JB:** It's impossible to pick just one. My influences have been Kinison, Carlin, Pryor, Cosby, Eddie Murphy...and my favorites these days are Dave Attell, Dave Chappelle and Brian Regan.

**CM:** Describe your style of comedy.

**JB:** Well, I'm a little bit of everything... there's Heavy Metal Man or Family Man or Impersonations. I'm very physical when I perform. I like to throw myself around onstage.

**CM:** Why do you think you are such a big hit with college students?

**JB:** College students are crazy! And so am I!

**CM:** What's your favorite show on TV?

**JB:** Sesame Street, The Wiggles, or whatever my girls are into watching these days.

**CM:** What is your fondest SNL memory?

**JB:** Meeting Sting and seeing my dad drink beers with John Goodman.

**CM:** What do you think of the growing popularity of the stand-

### Famed Comedian Jim Breuer of 'SNL' visits Marist McCann Center

By **JUSTIN CALDERON**  
Staff Writer

Awkward stares and hushed mumbles greet the air. It is the composition of these senses that emulsified the main dining area of the Applebee's across from Marist College this past Sunday night. Jim Breuer and his 21-year-old assistant dine awkwardly before the night's performance; a kind of feeling that stalks a celebrity, yet has now come as a continuous reality. "Most people never come up to him," said his undergrad assistant. The feeling of awkward uncertainty comes back into play.

Jim is accompanied by a Sam Adams and a serving of buffalo wings...spicy and with the bone. Jim quiips strong about his certain taste. "Spicy

man...What are you, a fag?"

I've come armed with only my wits and an iPod with an attached recording device. Anyone who has pained through hand-written interviews would fully welcome the technology.

Jim hovers around denying my courteous request to take a seat then swiftly grabs my iPod from my hand. "Testing 1,2. Can you hear me...Can you hear me?" His overpowering smirk is only extenuated by his wobbly eyes that erratically shift from wide to beady.

"Sirius satellite radio. Rawdog. Everyday. Stand-up comedy. Everyday," proclaims Breuer. The satellite radio show spawns a number of topics that cover everything from the comedic styling of Sam Kinison to Breuer's own take on the evil oil empire as seen

though the eyes of Star Wars. To put it as basically as Jim would say, "We just f\*\*\*\*\* hang out."

Jim's simple upbringing on "Strong Island" has led to the making of several cartoon pilots that depict a comical view of his adolescent life in Valley Stream, NY. Jefferson Avenue is "the white man's Fat Albert," describes Breuer.

Like most college students, Jim just returned from Spring Break where he spent some quality time at Disneyland, especially on his favorite ride the Rock 'n' Roller Coaster. Jim Breuer is the kind of comedian that keeps you on your toes and baffles you at the same time. He reminds us it is ok to act like a kid, as long as you can accept the fires of reality...or at least spicy buffalo wings.



COURTESY OF JAY THALACKER

Above, Jim Breuer of Saturday Night Live and "Half Baked" delights the audience at Marist College. The comedian visited the Marist College McCann Center on Sunday, March 25, 2007.

up comedy scene again?

**JB:** I love stand-up comedy and even more so, great stand up comedians. Some of the comedians out there (Chappelle, for example) are pure genius.

**CM:** If you were stranded on a deserted island what three things would you want to have with

you?

**JB:** My three daughters. They're a riot!

**CM:** As an adult and parent, what advice would you like to give young adults ready to enter the "real world"?

**JB:** You could read every parenting magazine and book, but there

is no real instruction manual. I teach my kids to learn to laugh at themselves.

**CM:** How would Jim Breuer, the man and the comedian, want to be remembered?

**JB:** I would like to be remembered as a great father and one funny mutha \*&%&!

## Top Ten Signs You Watch Too Much TV

By **TYLER THURSTON**  
Staff Writer

We've all done it. After drinking endless espresso to stay up to finish a term paper, you get distracted.

With Facebook letting you down (who doesn't update their profile at one in the morning? People with lives, that's who), you quickly turn on the television. At the first glimpse of the "True Hollywood Story," of the Olsen twins, the laptop is shut and your eyes are transfixed to the ongoing saga of Mary-Kate and Ashely.

We've all done it, but how much is too much? When should your roommate start leaving flyers around the room advertising a special place in Malibu full of hope and renewal? This week, the top 10 signs you might be watching too much television. Hopefully, you can turn the tube off long enough to read this.

### 10) You despise Rachael Ray

No, the fact that you made Easy Mac in five minutes and she takes 30 minutes to make her roasted rack of lamb, that does not mean you beat her by 25 minutes. No, it doesn't mean you're a better cook. No, you should not have your own show. Just no.

### 9) You hold confessionals

Just so you know, those 10 minutes you spent videotaping yourself trashing all of your friends will not be used to preview the next episode of "The

Real World." In fact, it doesn't even mean you'll make it onto "The Real World." I'm pretty sure it just means you're not a very good person.

### 8) You're contemplating a spin-off

You've seen it done before. You move to a new city, start a new job, meet new people and find a hangout spot to vent to your friends after a long day of work. You start a new life, begin a new chapter, leaving everything you know behind. Yes, many of us feel this way from time to time, but it doesn't mean they should give you your own show - it just means you hate your friends.

### 7) You only trust Anderson Cooper

In the last couple of years, people have tried to tell me things. According to my doctor, the amount of coffee I consume could be somehow correlated to the fact that I haven't slept in days. Not buying it. According to my parents, getting a job over spring break doesn't mean you go shop in the stores you might be considering for employment. What do they know? Unless Anderson Cooper shouts it at me while standing knee-deep in flooded water and trying to caress his hair at the same time, I'm not believing it.

### 6) You think hospitals might be fun

Let's make this perfectly clear. If one day you decide you're sick of living this way and try to drown yourself in the

Champagnat shower, Patrick Dempsey will not save you. In fact, it'll probably be the janitor who smacks you with a Lysol soaked mop to wake you up. Then, you'll get to St. Francis, where the doctors and nurses will look nothing like Patrick Dempsey or Ellen Pompeo. Now, if Ellen Pompeo had an older, heavier, jovial great-aunt named Flo with a penchant for wearing floral, then you'd have a better shot.

### 5) You wish for montages

To be fair, I sometimes do this too. Life would just be easier if everything would just slow down and some current pop hit would play in the background. However, when your girlfriend dumps you, the only Daniel Powter you're hearing is from the headphones blaring into your ears. And when you forget to study for that midterm, no matter how much "Eye of the Tiger" pumps you up, it's not going to work. You will fail that test in dead silence. Every. Last. Question.

### 4) You test your superpowers

So yeah, the tagline for NBC's new hit show "Heroes" reads, "Some people are meant for something more." Hate to break it to you, but you probably aren't one of them. You can't travel through time, you can't start fire with your mind, and you most likely can't fly. So go ahead and jump off of the roof of your dorm all you want, you're just going to get a face full of pavement. But you might get a share a hospital room with

Drownsy McDrownsalot from the Champagnat shower. I'm sure you two would have a lot to talk about.

### 3) You imagine narrations

Maybe this has happened to you. You're sitting with a friend, contemplating life, listening to her drone endlessly about her boyfriend and how she feels trapped in the relationship. Your eyes begin to wander and you notice the physical walls surrounding you, and in your mind you make a connection between those walls and the metaphorical walls we build. And how sometimes we have to break them down, and hope for the best. If you're hearing this voice in your head, there are places for people like you. Places with cozy jackets and wall-to-wall mattresses so you can go beddy-bye.

### 2) You choose a theme song

We're all a little guilty of this. You hear a new song, and somehow relate to what the artist is saying and adapt your life around their words. For me, it's Natasha Bedingfield. She's right - we should all feel the rain on our skin. No one else can feel it for us. Duh, Natasha. Duh.

### 1) You question your education

I totally knew what the largest star in our solar system was when I was in fifth grade too. I mean, come on, the sun, that's like first day of science class. The North Star? You idiot.



## Chris Semergieff paintings featured at Steel Plant Art Gallery

By **SANDRA BUJALSKI**  
Circle Contributor

If you need a moment to just chill out and relax, come see painter Chris Semergieff's peaceful landscape paintings. From 5 to 7 p.m. on Thursday, March 29, there will be a reception in his honor in the Marist Art Gallery located in the Steel Plant.

Gallery Director Ed Smith explains that his paintings give off a peaceful feeling. He knows that students lead busy lives and he believes that just spending time looking at the artwork will help them to calm down.

"This is museum quality painting," Smith said. "The pieces are beautiful; it's absolutely exquisite work."

Semergieff became inspired at the World's Fair in 1964 when he experienced Michelangelo's *Pieta*. "Nothing has disappeared in my mind about that incredible experience from that time to now," he said.

The artist began painting landscapes because when he first tried his hand at painting, all of his teachers were landscape artists. He began by painting scenes from New York City parks, and over time moved to street scenes. Now he paints the

view from roof tops.

Semergieff describes how the country's industrial heritage became a focus in his work and he would use the Brooklyn waterfront and nature to represent this.

"They are historical and important to the development of this country and the great city we love," he said.

Nature is a central theme in Semergieff's work; the artist finds great beauty in our interaction with nature.

"I enjoy being outside and observing places over a fairly long time," he said. "I stay on a spot sometimes for months, perhaps with a few different canvases."

Danielle LaMountain, a Studio Art and Art History major who concentrates on painting, says that she can view Semergieff's work from a painter's perspective. When first observing his work she noticed how detailed and unusual the landscapes are.

"They are a very unique portrayal of the Hudson Valley," she explains.

Semergieff's landscape paintings can be viewed in the Art Gallery from the opening reception on March 29 until April 26. The Gallery hours are Monday through Friday, noon to 5 p.m., and Saturday, noon to 4 p.m.

# THE CIRCLE Features

THURSDAY, MARCH 29, 2007

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## Winter storm shortens nerves but extends Italian adventure

By DANIELLE JOHNSTON  
Circle Contributor

Bright and early on March 17, a group of 28 Marist students and three adult chaperones awoke to catch a plane from Milan, Italy to JFK Airport in Queens. When they got there, they learned that the flight, along with hundreds of others, had been canceled because of the snow storm that was hitting New York. The trip was going to get a little longer and possibly quite more hectic.

As part of the Marist Abroad Program, Rome, Religion and the Vatican, the students left for Rome from JFK Airport on March 8 and arrived safely in the breathtaking city. Once settled, the students began to explore Rome with Timmian Massie, the program director; Father Richard LaMorte; and Sarah English, the director of housing.

Massie, who has spent a number of years in Rome, knew a great deal about the city. He used his connections to get the students onto the most exclusive tours of the ancient and holy landmarks.

Students were given time each day to go off and explore on their own. No day was complete without at least one trip to a gelato stand to taste the flavors and find the best place in Italy for this treat. With the extra free time, some students went to visit Ostia Antica and play in the ruins of the ancient city while others went to visit the beach and see the Mediterranean Sea. Both of these are experiences that no student will soon forget.

The trip did not only go to Rome, but included a day trip into Assisi, which was a favorite part of the trip for many students. Sophomore Alyssa Brissette said, "For me Assisi was the ultimate Italy. It is what I always thought Italy would look like. Walking down cobblestone streets with flowerpots hanging out every window, that's what Italy is and that is Assisi."

After a few days in Rome, the group journeyed on to spend time in Venice. In Venice we visited historical landmarks like the Piazza San Marco, the

Bell Tower, and the Clock Tower. Time was also spent walking around the city; shopping in the local stores and learning how to use water buses. Allison Bucci reflected on the city.

"Stepping off the EuroStar and seeing the Grand Canal in front of me with the bridges, shops, lights, and gondola rides, I fell in love with Venice imme-

diately." Massie took the group from Venice to what was supposed to be their final destination, Milan. The students were given a tour of Milan that included a trip to the Duomo and Castello Sforzesco. The group spent the evening eating a delicious Italian feast that was supposed to be their farewell dinner.



A group travel to Italy for Marist Abroad's short-term program Rome, Religion and the Vatican.

diately." Massie took the group from Venice to what was supposed to be their final destination, Milan. The students were given a tour of Milan that included a trip to the Duomo and Castello Sforzesco. The group spent the evening eating a delicious Italian feast that was supposed to be their farewell dinner.

But when the group learned of the snow storm in New York, the students were faced with the idea of having no way home and no place to stay in Italy. With such a large group, people were scampering

all over the place to try and make accommodations for them. The Delta Airlines employees were working closely with LaMorte and Massie to try to get the group home as soon as possible. The trip got even more harrowing when Massie was forced to leave the group so that he could take his originally scheduled flight home from Portugal.

LaMorte was then forced to step up and handle the affairs for the group, and he was in constant contact with Jerre Thornton, the short term programs coordinator. Thornton said, "When we found out [the students] were stranded there, we immediately made sure everyone was safe, and then contacted the travel agent to get buses and hotel rooms for the group." LaMorte and Thornton worked together to figure out what the group needed. He also made the decision that the group was not allowed to

break up under any circumstances. This shot down an original plan of half of the group leaving from Prague and the other half leaving from Amsterdam.

Trouble getting groups back home is not a usual occurrence for the short term programs. Only one other time was a group detained from leaving, but the situation was slightly different. On a January trip to Ecuador, the students' plane in Quito was grounded because of mechanical problems. The group had to take a later flight to Guayaquil, stay over, and fly back to JFK the following day.

The Italy group had no way of getting home because the plane could not land in New York. The weather pushed so many flights back that the group was stranded in Italy until March 21.

"The weather caused a major inconvenience," Thornton said, "though that may not be a strong enough word to use because of stress and problems with the trip."

Now LaMorte and Thornton were forced to find a hotel to take in 30 people until the flight back. Luckily Marist has an abroad program set up in Florence, Italy. The abroad program showed the students all the amazing sites of Florence. Jillian McPhail, a sophomore on the program, said, "Florence was a beautiful city, even though it rained almost everyday that we were there, but the snow gave us a chance to experience another part of Italy that we would not have been able to see otherwise."

The group was able to bond together through this ordeal. Christopher Waters, a sophomore, believes that "through the tough time of missing home and the stress of traveling, the bond grew among us to raise our spirits and get us to smile once again." Many of the friendships formed on this trip will continue to last for the rest of the students' time at Marist and possibly long after. Ten hours in an airport of a foreign country can do that to people.

## Fashion show has designers on pins and Silver Needles

By RYAN SMITH, MARC SAUSA, and MARK RODENHIZER  
Staff Writers

The fashion students entered into the red classroom at the end of the hall, preparing for another class. The six large tables in the room were filled with students and occupied most of the space. The students opened their large blue fabric books and began comparing samples of mustard-colored fabrics for the Silver Needle Fashion Show.

The Silver Needle Fashion Show is annually put on by the fashion



MARC SAUSA/ THE CIRCLE

Fashion students prepare for the big show by diligently working on their designs.

department of Marist College. This year will be the 21st show, and there will be approximately 125 Marist fashion students involved.

This will be the first year that all four class levels are participating in the show. Previously the show just consisted of the senior showcase. Richard Kramer, director of the fashion show, says that this will benefit all classes.

"We find out that if they are associated with the show from the very beginning, then the senior year won't seem so scary."

The overall theme of the show is Fashion Takes Flight.

"Originally there wasn't supposed to be a theme this year," Kramer said. "But after hearing that there will be origami birds hanging over the runway, the theme Fashion Takes Flight came to be."

The finale will consist of a special piece from each senior design student. The garment will be part of the closing segment themed Trouble in Red. Kramer explained the requirements for these designs.

"Each piece must be red and based on a notorious person in history," Kramer said.

Kristen Vincent, a senior fashion student, said she has already decided upon whom to model her closing garment.

"I am doing my closing piece on a female pirate named Anne

Bonny," she said.

A lot of hard work goes into designing a piece and the first step in creating a garment is to find some inspiration for it. Rachel Schorno, a junior at Marist, found hers from a Shakespearean play.

"My dress in the show is based on Ophelia from 'Hamlet,'" Schorno said.

Motivation for a piece can come from many different areas of life.

"Ideas come from experience, but also from looking at everything around you," Kramer said. "There are colors and textures everywhere."

Amanda Marcalus, a senior, used some of her personal experiences to come up with a theme for her set of garments.

"I based mine on my experience of going abroad," she said. "I gained a better appreciation for American culture, so my designs are based on that, but with an edge."

The fashion show is the culmination of four years of hard work for the senior class. This year nine senior design students will each be displaying six original pieces.

Kristina Iacobucci is excited to have all her hard work pay off.

"This is what we have been working for since the first day and it's all coming together," she said.

Amanda Cassese, a senior design student, has logged many hours in preparation for showing.

"I'm here every day," she said. "Some days I'm here for an hour and some I'm here for three hours."

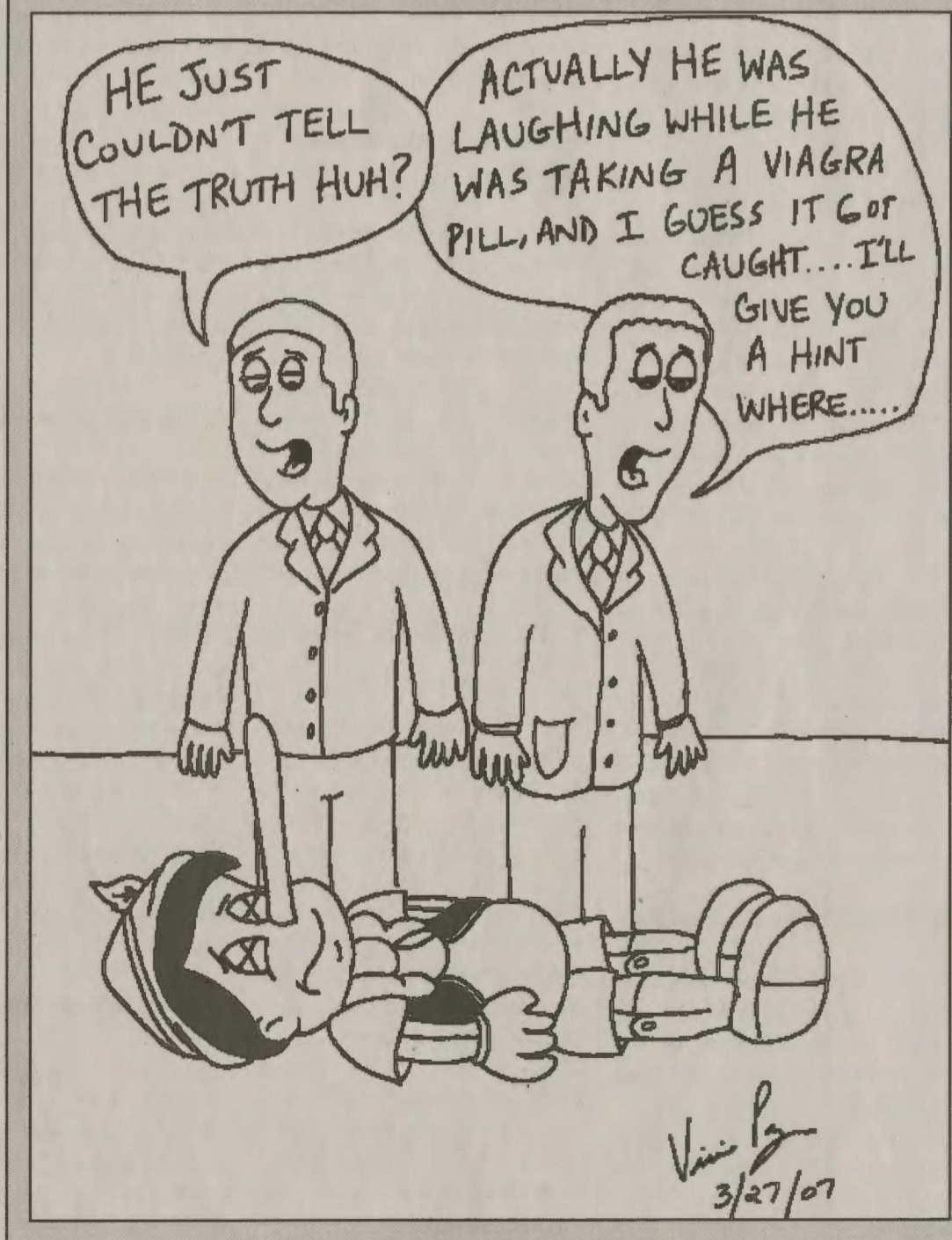
Kramer has seen the hard work put in by the fashion students and believes that they deserve more respect.

"Everyone thinks 'Oh, fashion fluff,'" he said. "Fashion students do not get enough credit from the community."

Putting on a fashion show can be both an exciting and nerve-racking time. Kramer simply said the show "runs the gamut of emotions."

Abby Wade, a senior design student, said she cannot wait to reveal her work.

cartoon corner  
By VINNIE PAGANO



Vinnie Pagano  
3/27/07

"I'm really excited to see people's reactions," Wade said.

The Silver Needle Fashion Show will take place on Friday, April 27, at the Mid-Hudson Civic Center. There will be two showings: one at 2 p.m. followed by another at 7 p.m. Tickets for the show are now available through Ticketmaster.

In the red classroom, one student yawned, appearing to be tired. The show was rapidly approaching. She shook her head, rubbed her eyes. Her hard work was far from finished.



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## Surprise!

By ERIC ZEDALIS  
Co-Sports Editor

When it comes to the NCAA tournament, elite women's basketball programs like Tennessee are about as spoiled as the teenage girls turned princesses on the MTV show Super Sweet 16. They not only expect to be there every year, but to party, or in this case, win.

In that sense, the Red Foxes were the unpopular kids MTV interviews who are thrilled to be invited. Which explains why the Foxes were still all smiles following a 65-46 loss to Tennessee, on Sunday.

For a mid-major school in the Metro Atlantic Athletic Conference (MAAC), playing in the Sweet 16 is still far from an expectation. Even for a team that made the NCAA Tournament three of the last four years.

No MAAC team in history has ever won a game in the NCAA tournament, and Marist managed to win two. Normally after a loss, a coach is disappointed, but after all the Red Foxes did to get where they were, losing this game was far from a disappointment, Giorgis said, "It's tough to lose, but to lose to that team is really not that tough."

The Lady Vols are the premier women's basketball program in the country, and according to UT center Nicky Anosike, many people root against them just for that reason.

"We are aware of the fact that there are a lot of people rooting for Marist. There are always people that want us to lose because of our winning tradition."

Fans across the country jumped on the underdog bandwagon as Marist rolled through the first two rounds. It may have all started when no. 4 seed Ohio State's three-time Big 10 player of the year, Lyndsey Davenport threw a "My Super Sweet 16-esque" temper tantrum against the Red Foxes in the first round.

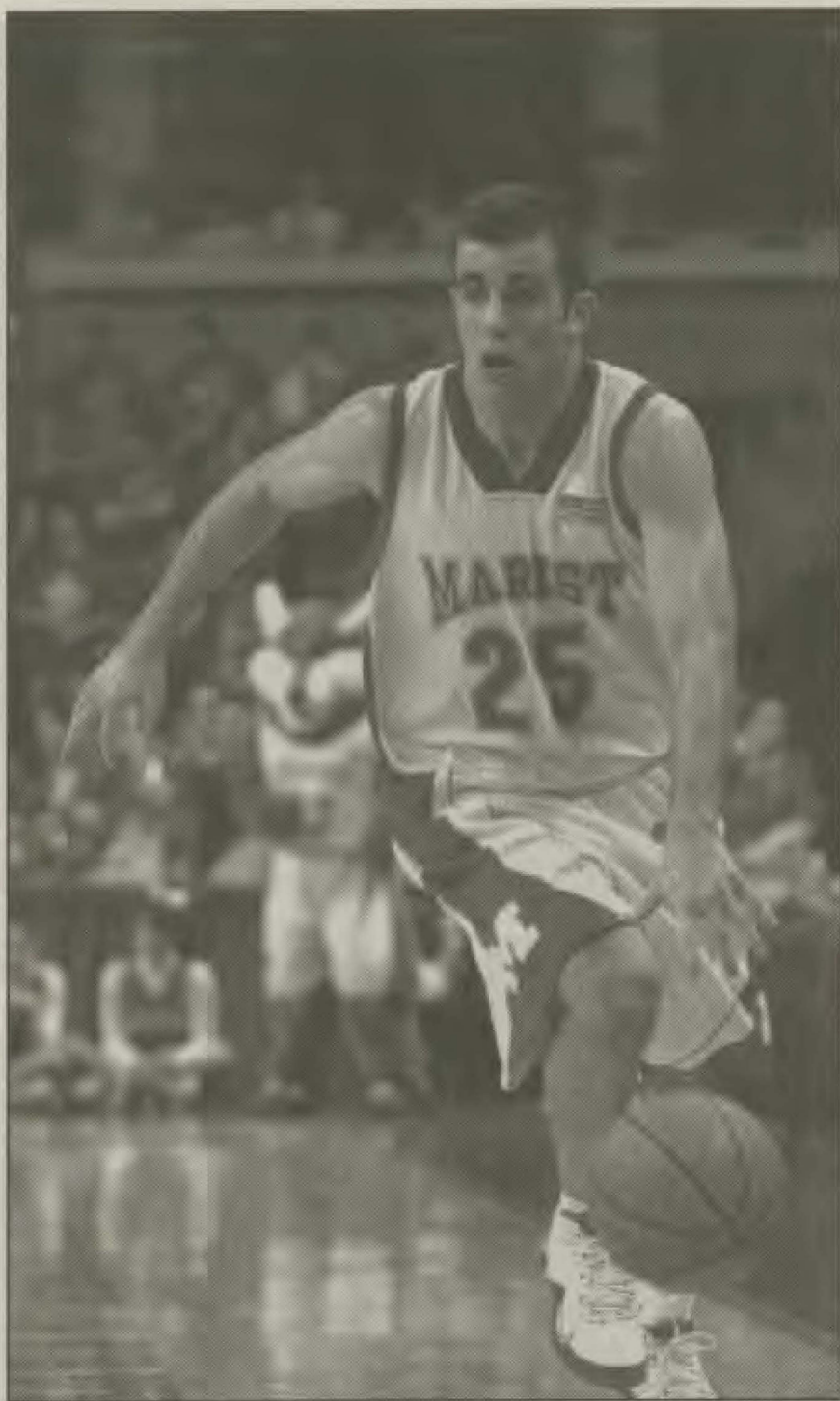
Early in the game, Davenport was so frustrated by Meg Dahlman's outstanding defense that she threw an "inadvertent" elbow that just happened to catch Dahlman square in the face. After the dirty play, the otherwise neutral fans in Stanford, CA, the site of Marist's first and second round games, joined arms with the Red Fox fans, cheering them on to victories over Ohio State and then no. 5 seed, Middle Tennessee.

Therein lies the difference. For Davenport and the Buckeyes, advancing to another round in the NCAA tournament was an expectation. Same with Tennessee. But Marist, a no. 13 seed, had nothing to lose from the time it set foot on the court.

And that is the beauty of being a mid-major school. If your team goes down in the first round, it is not a big disappointment. If they win, ESPN analysts, who until now, knew nothing about your school, are talking about how great your college is for college basketball.

The point is, after the tremendous year the women had, the only thing this school should be upset about after a loss to Tennessee is that this amazing season has come to an end. This team has electrified the town and the campus, and it has created memories that will live on at Marist College forever.

Coach Giorgis said it best. "For Tennessee it's an expectation, but for us, this was the greatest moment in a lot of our athletic lives."



Senior point guard Jared Jordan was given an honorable mention for All-America honors by the Associated Press. This comes a week after garnering Mid-Major All-America honors by CollegiateInsider.com. Jordan, a Bob Cousy Award finalist, is bidding to become the first player in Division I history since Southern University's Avery Johnson to lead the nation in assists twice.

JAMES REILLY / THE CIRCLE



## Prempeh primed for pros, signs with agent

By JOE FERRARY  
Staff Writer

A little more than a year ago, I had the privilege to sit down with Prince Prempeh, then a junior wide receiver for Marist College. After that article was written, Prince had one of the best seasons ever for a Red Fox receiver.

Now the 6'4" 175 pound senior wide receiver from Hamilton, New Jersey is prepping for the most important day in his football career - the NFL Draft.

Prince said he thought it was unlikely he would have an opportunity like this when he arrived at Marist.

"I have been playing football since the 2nd grade, but I did not start to play wide receiver until my senior year in high school," Prempeh said. "I simply looked at college as an extension of my high school football career, and I could keep playing for four more years. I thought I had a slim chance to be in the position where I am today."

According to a variety of different NFL sites, Prempeh is not projected to be drafted, but the sites say that he should be invited to post draft camps.

### College Career

As a freshman here at Marist, Prince played in all 11 contests for the Red Foxes, mostly on special teams. He played wide receiver in seven games, catching four passes for 51 yards and his first collegiate touchdown. He was the leading receiver for Marist in the 56-28 loss at Sacred Heart. He had two catches for 34 yards and 1 touchdown.

The 2004 season for Prince showed some improvement as he played in all 10 games and finished the season with 10 catches for 118 yards and a TD.

After implementing a new offense following the 2004 season, Prince and the Red Foxes offense exploded. Prince had his best year at Marist during his junior season. He finished the season with 27 receptions for 361 yards and six touchdowns, one off the Marist school record of seven.

Coming off of his best season yet, Prince was poised to deliver another solid season for the Red Foxes, and he did. He finished the season as Marist's leading

receiver, snagging 32 balls for 655 yards and two touchdowns. But most importantly, Prince helped the Red Foxes to a share of the MAAC championship.

Although his touchdown production from a year ago was down, Prince said it should not affect his draft status.

"I don't think that this will hurt my draft status at all," Prempeh said. "Marist is an unknown school where publicity is not that large. So any positive publicity is good."

### Draft Prep

After the season ended for the Red Foxes, the work did not stop for Prempeh as he officially began his workouts to prepare for the NFL draft.

One of the first times he got to show his stuff in front of scouts came at the East Coast Bowl, an all-star game held for the best football players on the D1-AA level. At the East Coast Bowl, Prince performed in the combine with the other players. He ran a 4.54 in the 40-yard dash and had a 9' 10" in the broad jump.

While most students were at home enjoying their winter break, Prempeh was busy signing with an agent.

"During winter break, I did

sign with an agent," Prempeh said. "Once I signed with an agent he gave me a personal trainer who developed a workout plan to make me faster and stronger. I am in the gym 5-6 times a week, sometimes even twice a day, in preparation for the combine test."

The next step in the draft process was Pro Day, and Prempeh has had two so far with both going well. "So far I have had two different Pro Days, one at West Point and one at Albany," Prempeh said. "I ran well at both, but not my fastest. The Pro Day's are good for me because they give me more exposure, and the scouts who are at the Pro Day's spread their information around with the rest of the league, so that is good."

According to the website draftdaddy.com, Prempeh improved his numbers since his East Coast Bowl combine. His best numbers from both pro days are 4.50 in the 40-yard dash, 35.5" vertical, and a broad jump of 10' 4".

Also according to draftdaddy.com, there were a variety of NFL teams who went to the Pro Days. The Giants, Bears, Eagles and Packers were some of the teams to attend the

West Point Pro Day while the Packers and Colts attended the Albany Pro Day.

Even if one of these teams does not draft Prempeh on April 28th or 29th, he will most likely get a camp invite, which he is happy with.

"I feel like I should be drafted," Prempeh said. "I could make the team who drafts me even better. If I was a camp invitee, I would take that too. It is a foot in the door, and I would have to grind to make the team."

However if the NFL does not come calling for Prince, he will consider playing football elsewhere.

"I would definitely play Arena Football," Prince said. "It is becoming bigger and more popular, and it is a faster game, which could help me out in the long run. I would most likely play in the Canadian Football League (CFL), but it is pretty cold up there so I will have to weigh my options and I would play in NFL Europe."

If Prince had it his way, he would love to play for his favorite team, the New England Patriots. Otherwise, he would settle for the warm weather in Miami and play for the Dolphins.



JAMES REILLY / THE CIRCLE

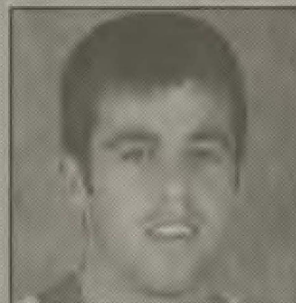
According to a variety of different NFL sites, Prempeh is not projected to be drafted, but he should be invited to post draft camps. Prempeh's numbers: 4.5 in the 40-yard dash, a 35.5" vertical, and 10' 4" broad jump.



## Roarin' Red Foxes

Marist's male and female star performer for the weekend of Mar. 23-25.

Jared Jordan  
Basketball, Senior



Jordan was named Metro Atlantic Athletic Conference player of the year, first team All-MAAC and All-District by the NABC for the second consecutive season. He leads the nation in assists for the second year in a row, handing out 8.7 a night for the Red Foxes. He had 27 double-digit scoring efforts, with 14 double-doubles and two triple-doubles during the regular season. He earned six MAAC Player of the Week honors during his final season with the Red Foxes.



Elizabeth Davis  
Water Polo, Junior

The junior captain was named MAAC defensive player of the week. Davis totaled 23 saves in the last two games last week.

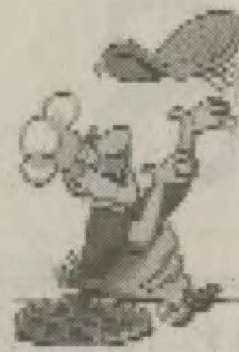
### On the Horizon:

The Red Foxes host Gannon Thursday night at 7:30 p.m. They open their MAAC schedule on April 7 in Villanova, Pa. against Wagner and St. Francis (N.Y.)



\* Photos courtesy of  
www.goredfoxes.com

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- (Beer for Dine in Only)

# THE CIRCLE Sports

THURSDAY, MARCH 29, 2007

www.maristcircle.com

PAGE 14

## Cinderella run ends, but Marist puts up tremendous fight

By CHRISTINA TORRES  
Circle Contributor

Tennessee head coach Pat Summitt had not seen the Marist women's team play all year until the Red Foxes faced off against Middle Tennessee for the right to play the Lady Vols. All during the game, she could not help but notice that Marist head coach Brian Giorgis looked strangely familiar.

It turned out, as Giorgis reminded Summitt later on, that Giorgis once visited Summitt while he was out on vacation.

"He came in and our receptionist sat down with him and he started going through the scrapbook," Summitt said. "Then I came in and sat down and visited with him for a while."

Giorgis, still a high school coach in Poughkeepsie at Our Lady of Lourdes, decided to stop by and have a casual meeting with the legendary coach several years ago.

No one would have ever thought, said Summitt, that the next time these two coaches met would be in the NCAA Sweet 16.

"To see someone go from the high school ranks to the college ranks, and do what coach Giorgis has done, is very, very impressive," Summitt said.

Giorgis was not the only member of the Red Foxes with a deep

admiration for Summitt and the Tennessee women's basketball program. Meg Dahlman, a junior on the team said she grew up a huge fan of the Lady Vols before coming to Marist.

"I loved them. I always hoped we'd get to play against them," she said. "To play against a team that you've idolized since elementary school — that's a great experience. I was a little starstruck when I first saw Pat, but I toned it down," she said.

Starstruck as Dahlman and the Red Foxes may have been, they did not back down in the regional semi-final on Sunday. Heading into the game, the Red Foxes were focused, especially senior Alisa Kresge, who said in a press conference before the game that the Red Foxes were approaching this game like any other.

"You need to forget the name on the jersey," she said. "You just go out and know what they do best and play like you're playing any other team."

Though things did not work out as the Red Foxes had planned, Marist kept fighting.

Even when the No. 1-seeded Lady Vols doubled the Red Foxes up 42-21 at halftime, Marist did not go away, Giorgis said.

"I'd like to give my kids a lot of credit. They really could have



JAMES REILLY / THE CIRCLE

Brian Giorgis met Tennessee coach Pat Summitt during his days at Our Lady of Lourdes High School in Poughkeepsie. They would meet again with Giorgis coaching Marist in the 2007 Sweet 16.

quit and gotten spanked in the second half, but they made some adjustments. They were still diving for loose balls, and I couldn't be more proud of them," he said.

Tennessee led by as much as 26, and other teams the Lady Vols played this year would have given up at that point, according to Tennessee player Alexis Hornbuckle.

"There were a lot of teams that when we got ahead, they might quit or not put forth their best effort. Marist didn't quit. They play with a lot of heart," she said.

Since the team never quit, neither did the Marist fans. Some journeyed out on a 10-hour drive, and some took a charter flight arranged by the school.

The fans arrived with signs that said "BELIEVE MARIST," but unfortunately, by the time they were able to file into the stadium after their flight was delayed; Tennessee had already taken charge of the game.

But even with their team down by an insurmountable margin, the fans still cheered with vigor, showing just how much they love their team, according to Dahlman.

"I think we were still down about 25 and [the fans were going crazy]. That's how they are. If we make a bucket, they are going to scream," she said.

As the buzzer sounded at the

end of the game, Marist fans chanted, "We still love you." This chant is indicative of the kind of support Marist fans have shown all year.

"Unbelievable ... they've been fantastic all year," Giorgis said.

### Red Fox Firsts '06-'07

A look at the NCAA history Marist made during the 2006-2007 tourney.

\* The 13 seed was the highest earned by Marist.

\* Earned first win against a Big 10 opponent, defeating Ohio State, 67-63.

\* Broke the MAAC's 21-game losing streak in NCAA tournament.

\* First win over a Sun Belt conference opponent, defeating Middle Tennessee State University, 73-59.

\* Advanced to the Sweet 16, the first MAAC team, men's or women's, ever to do so.

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