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The student newspaper of Marist College

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THURSDAY, MARCH 4, 2010

Blizzard causes historic power outages

By KRISTEN DOMONELL News Editor

Two storms lingered over New York State last week, dumping 14 inches of snow and slush onto many parts of the Hudson Valley. Not only did the storm halt much of the activity in the region, including classes held at Marist, is also left numerous residents stuck in their homes, many without power.

According to a report on Central Hudson's Web site, 150,000 of its customers were without electricity on Friday, Feb. 26 - the largest outage event in the utility company's century-old history. Of that total, 2,462 town and city of Poughkeepsie customers were without power.

The largest outage previous to this occurred in August 2003 when 100,000 Central Hudson customers were without power. This was the result of an energy grid failure in Ohio that led to a blackout in large portions of the Midwest, Northeast United States, and Ontario, Canada, affecting 50 million people.

Sophomore Maggie Barbera lost power in her apartment 20 minutes away in Wappingers Falls, where she said half the town was without power. Barbera was without electricity from Thursday, Feb. 25 at 10 p.m. until the following Monday

"It was ridiculous," Barbera said. "Half the time I didn't have running water. I had no water heater, no shower, no way to check homework online, no Internet, no way to charge my phone."

Barbera said aside from the cold and inconvenience, the power outage left her struggling to complete all the homework she would have done since Thursday on Monday night. Fortunately, though, she said losing power wasn't as huge of an issue as it could have been, as classes were cancelled all day Fri-

The heavy, wet snow forced Marist officials to cancel various classes Tuesday through Friday of last week. According to John Gildard, director of safety and security, a lot is taken under consideration when making the decision to call off

"Early in the morning I get up and I call several police departments," Gildard said. "I call the Dutchess



Several storms hit the Hudson Valley early last week, cancelling classes and leaving many area residents without power for numerous days. Over 150,000 customers were left in the dark from one of the largest outages in recent history.

County Highway Department. We have our own weather service that we subscribe to. Plus, I check weather.com and the national weather service online, so I get the information from all those different places. Then I talk to the Registrar and I discuss the class schedule."

Gildard said if the weather is extremely bad, administration will decide to close school for the day, but if the Highway Department tells him the roads are going to be clear by 9 a.m., the decision is made during the day, depending on what actually ends up happening with the weather.

"There is a process," Gildard said. "We try to do the best we can. We're at the mercy of the weatherman, and he or she is not always right, but we try to make the best choice.

SEE MAIN, PAGE 3

MAAC TITLE QUEST



RYAN HUTTON/THE CIRCLE

Senior Rachele Fitz and the rest of the Marist Women's Basketball team look to capture their fifth consequtive MAAC tournament championship. The Red Foxes play their first game on Friday at 1:30 p.m. at the Times Union Center in Albany, NY. For a complete MAAC preview, see page 10.

Students educated on identity theft

By MONICA SPERANZA Staff Writer

Identity theft in the second degree is a class E felony and can re- something, or as big as someone sult in up to 11 years in jail. To opening a credit account in your have a credit score of around 700, you should have a credit debt of less than 35 percent. The CARD Act of 2009, effective Feb. 22, prevents credit card companies from retroactively raising the interest rate on your credit card.

The above were only three facts included in Mark Hoop's presentation on identity theft Tuesday, March 2. Hoops, the senior consumer frauds representative of the Poughkeepsie Regional Office, talked about many issues pertaining to credit and identity theft, with two major points being how an identity gets stolen and the best way to virtually "bulletproof" your identity.

Identity theft itself is using another's personal information like Social Security number and dri-

ver's license to fraudulently use their funds and credit. This can be as small as someone finding your lost debit card and using it to buy name and taking out an equity loan. Hoops made it clear that too many people are unaware of how severe identity theft can be.

People who commit major identity theft crimes go "dumpster diving," Hoops said. They basically track you and figure out what your credit report would look like based mostly on what ends up in your trashcan. Then they can "spoof you," start using credit in your name, and go unnoticed by companies until a credit report monitor puts out a fraud alert (which happens "after you've been robbed," Hoops said).

The way to make it impossible for your identity to be stolen is to block your credit accounts. This



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campus

THIS WEEK

Thursday, 3/4

Guest Speakers: Stanley Fish & Paul Griffiths

7 p.m., Nelly Goletti Theater

Film: America the Beautiful 7 p.m., Cabaret Free tickets SC 352

Fashionology Grand Opening 10:30 a.m. - 5:30 p.m. **DN Fashion Plaza**

Beach Booze & Bingo 9:30 p.m., Leo Stone Lounge Free with Marist ID

Friday, 3/5

SPC Movie: Twilight: New Moon Starts at 10 p.m., PAR

Saturday, 3/6

Shopping Shuttle

12 p.m. - 8 p.m., \$1 day pass, \$5 semester pass Bus leaves from Midrise

Women's lacrosse vs. LeMoyne 1:00 p.m., Tenney Stadium

Sunday, 3/7

No Events Posted

Monday, 3/8

No Events Posted

Tuesday, 3/9

No Events Posted

Wednesday, 3/10

No Events Posted



Security Briefs

Snowdays more popular than Nickelback

By CHRIS RAIA

Sidney Crosby made me upset Sunday night. And the fact that I allowed Sidney Crosby to affect my mood at all forced me to leap from just upset to all-out depressed. So I did what any good American would do in this time of crisis: YouTube'd scenes from "D2" and watched Julie "the Cat" Gaffney stone Gunner Stahl cold in the shootout to take the gold medal in the Junior Goodwill Games. Go America!

Oh, and did anyone else see the closing ceremonies? In case you missed it, here's what happened: there was an enormous inflatable moose, an enormous inflatable beaver, a little kid dressed as a big hockey puck, Mounties and Canadian girls dressed as slutty Mounties. Girls dressed as big leaves were suspended from the ceiling, a mime came out to light the last torch and William Shatner gave a speech!

Oh no, I almost forgot the musical talent: Nickelback, Avril Lavigne, Alanis Morissette, and, are you sitting down for this last one? Simple Plan. "WELCOME TO MY LIFE!!" Final questions. Where was Drake? Where were Terrence and Philip? And why in the world did they not invite Lil' Mama to perform the "Girlfriend Remix" with Avril?! Thanks a lot, Canada. Your national anthem is freaking awesome, fires me up every time; I was this close to being ready to stand on guard for thee! But then you go and do this. Nothing makes sense anymore. God Bless America.

2/24 Champagnat -

On the first snow day of the week (Wednesday), somebody apparently called a noise complaint because kids were having a loud snowball fight outside. Can we all agree that this person sucks? week of school last year, when I I don't mean to be rude, and I don't like being mean, and maybe I even got the story wrong. However, if somebody in their dorm called security to break up a snowball fight that was happening outside, I'm standing by what I said. Have a heart. Anything can happen on a snow day... Negative 15 points for ruining fun.

2/26 Donnelly Lot -

A cabbie wanted to make a quick stop at Donnelly, and a group of students didn't want to wait in the cab that long. Bottom line, the students got kicked out of the cab. Lesson: find one cab driver, get to know him and always call him. A lot of cab drivers have been known to be a little questionable; so make sure they're licensed and approved by Marist if you don't have your very own go-to.

2/26 Midrise -

Vodka and Strawberry Margarita mix were confiscated. Sounds like a classy night. Alas. 10 points.

2/27 Marian -

According to the security report, a student "maliciously" pulled the fire alarm in Marian. The student was never caught, but it's never O.K. when the word "maliciously" is used. Apparently, the penalty for pulling the fire alarm is an extremely heavy fine and dismissal from the school! Doesn't seem worth it. 10 points.

2/28 Midrise -

At around 5:00 p.m., two students exited through the Midrise doors that lead directly to the parking lot. That apparently sets off the alarms. I definitely did the same exact thing the second

was living in Leo. I walked down to the basement and went straight through that fire exit, because I didn't want to walk all the way down the hallway to go out the front door. I heard the alarms and just kept on walking. I felt bad about it at the time, but now I'm wondering: why aren't those doors accessible? Are they too convenient? Is that the problem? Just put a swipey thing at the entrance of all them, and the problem is solved. 10 points.

PAGE 2

2/28 Fulton -

Fire alarm due to burnt sauce. If that were me, I'd be way more upset over the fact that the sauce was ruined than the fact that I set off the alarm. Last week, I went to Stop & Shop, and their Italian bread had just come out of the oven, so I got really excited and bought two huge loaves of bread. I knew they would go stale quickly; so I ate bread for breakfast, lunch and dinner for two days straight. I could have used that sauce. Sad day. 5 points.

Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.

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Law makes obtaining credit cards difficult

By SARA DORN Flyer News

As of Monday, Feb. 22, in order to be issued a credit card you need to be of the legal drinking age due to a credit card law passed last May in Con-

This law will protect card holders from being exploited by credit card companies. However for many college students, it means goodbye plastic money. Those under the age of 21 cannot be issued a credit card unless a parent, legal guardian or spouse cosigns, making themselves the primary card holder and responsible for any debt the card accumulates. This may hurt students in developing credit score and credit card responsibility.

"I think students should build up their credit history," said Ralph Frasca, professor of economics at University of Dayton. "Students should have credit cards and should use them responsibly. They should use them as a transaction account and pay them off every month. If they can't they should look for other sources of borrowing at lower interest."

A credit card is important for students not only for building credit history, but also for paying for many other necessities.

"Because my parents encouraged me to open an account at 18, I would not have had any trouble getting them to co-sign on my card," Univer-

sity of Dayton Senior Jim Ortman said. "I am currently the only person on my card and do not have a cosigner."

Ortman's parents encouraged him to open an account at a young age in order to build credit history. It also assists him in making easier purchases.

He uses his card for tuition payments, online purchases, travel and often simply when he has no cash on hand, he said.

Although it was never a common occurrence at UD, the new laws also restricts the availability of credit card applications to college students on campus; companies can no longer market on college campuses.

Another restriction is that the card holder must grant permission before allowing the company to let them overspend which creates additional fees. Frasca said this is one aspect of the bill that will benefit students.

"I think a lot of times students will overdraw their accounts and get hit with additional charges without even recognizing it," he said.

However, Frasca also said that survevs have been done that don't show a significant correlation between college students and those in credit card debt. In all, Frasca says she is against this

"The government always feels it can solve problems with additional regulations, but sometimes regulations create problems," Frasca said. "I don't



LIEWCF/FLICKR.COM

A new federal law makes applying for credit cards more difficult for those under 21 years old. Students who use their credit cards to purchase school necessities like books or groceries will have to have an alternate plan if they cannot get a co-signer.

see why we need the government to interfere in this anyway."

According to CNN.com, the average student credit card balance was \$3,173 in 2008, up from \$1,879 a decade earlier. With the current status of the economy, it will now be much harder for students under the age of 21 to find a co-signer with the financial stability to be responsible for a young person's finances as well as their own.

The other option aside from assigning a co-signer is to prove a substantial source of income, which is another task that is difficult in today's economy.

Like Ortman, many students use their credit cards to purchase school books, pay for tuition or as a convenient alternative to cash. For some who find themselves in need of a credit card, it may no longer be an

From Page One

Main campus facilities equipped for outages

be wary of the number of hours required for class to certify the class. We can't be willy- nilly either, and cancel at the first snowflake. We try to balance all of those things together and come out with an educated guess."

Gildard also said they consider weather conditions, road conditions, the ability of faculty and staff to get here to support the students who come, and the commuters who have to get here by car.

Besides the need for some classes to be cancelled, Marist was not as affected as the surrounding area. This is because all of the college's electricity runs through underground wires that can't be weighed down by snow, according to Justin Butwell, director of the physical plant at Marist.

In the event that Marist ever does lose power, Butwell said

the best decision. We also have to there are seven emergency generators that can cover emergency lighting and "essential services" in Fontaine, Dyson, Lowell Thomas, Champagnat, Sheahan, Midrise, the McCann Center, Tenney Stadium, the library, and the student center.

> "If the power went out we have a very close relationship with Central Hudson and we would work with them to restore power as quickly as possible," Butwell said. "Being a community of over 5,000, [Marist] would be a very high priority to be restored."

> There are no generators on the East side of campus, but Butwell said most of the townhouses are on the same electrical grid as Saint Francis Hospital.

> "[The hospital] is the number one priority, so they're actually a lot safer than the others," he said.

Matt Spillane contributed reporting.



From Page One

Block stops thieves from ruining credit

your credit information and the rest of the world. For example, if someone attempted to buy something though your account when a block is up, it would be as if you did not even exist in the system and the identity thief wouldn't be able to use the account. This block can be taken down at any time when you know you are going to be using your credit. The first block and takedown are free, and every subsequent one is a fivedollar charge.

This ability to block was created with the Security Freeze Act. According to Hoops, there are many advantages to the Security Freeze Act: you stop getting prescreened offers of credit (you won't get solicited

means that a wall is put up between by credit card companies), it takes you off credit report radar, so third party credit monitors become obsolete, it does not hurt your relationship with your creditors and it does not affect your FICO score.

"This is not for people who often need to get credit," Hoops said. "This system encourages people to use credit less and to remain as protected as possible from identity

Hoops described the protection blocks provide by saying that your personal information—your Social Security number, your driver's license, your birthday-could be displayed for all to see, but because of the block on your accounts, no one could do anything with it.

Hit the keyboard to get spring break ready



WRITE FOR **NEWS!**

E-mail circlenews@gmail.com Thursday, March 4, 2010

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Letter to the Editor: Responsible social networking skills prove necessary in communication careers

Dear Circle Staff,

I read with interest Michelle Carpenter's commentary about the risks associated with using social media tools and networks to share information ("Social networking threatens privacy, jobs," Feb. 25, 2010, p. 1). I agree with her cautionary observation that posting pictures, videos, and other personal material on a social network has "come to serve as a way to investigate the personal lives of anyone who is a member." However, before anyone considers canceling his or her Twitter, Facebook, MySpace, Linkedin, blog, or podcast account, consider the value of these tools and the need to balance the risks with the benefits of social networking.

For instance, Marist alumna Laura Dempsey (COM, '06), now an account executive with Middleberg Communications in New York City, recently reported results of a survey of social media conducted by her firm. Among journalists surveyed, nearly 70 percent use social networking sites, 48 percent use Twitter or similar microblogs, 66 percent use blogs, 48 percent use online video, and 25 percent use podcasts. Nearly all of these results represent a dramatic increase in social media use compared to last year's survey results, which suggests that use of social media is becoming much more widespread among communication professionals.

Even more compelling, the survey reported, "more than 90 percent of journalists agree that new media and communications tools and technologies are enhancing journalism to some extent." You can read a created the potential for a tsunami

summary of the survey results at http://bit.ly/9aApJe. These results tell me and should convince others that you must become familiar with social media tools and networks if you plan to enter any profession that depends upon communication (are there any fields that don't depend on communication?).

For instance, I noticed that the U.S. Defense Department released at the end of February a new social media policy for its millions of uniformed and civilian employees, worldwide. According to the Department of Defense, the policy (summarized at http://bit.ly/cHqb3l) allows information to be shared securely, "providing the balance needed to tap into the capabilities social media networking provides without compromising security."

Deputy Defense Secretary William J. Lynn III said that the new policy "recognizes the importance of balancing appropriate security measures while maximizing the capabilities afforded by 21st-century Internet tools."

David M. Wennergren, deputy assistant secretary of defense for information management and technology, added, "the world of Web 2.0 and the Internet provides these amazing opportunities to collaborate.'

According to another defense official, "responsible, security-conscious use of social media networks [is] a win-win proposition for the Defense Department and its members, enabling them to take full advantage of the power social media networking."

I noticed an example of secure and responsible use of social media networking in the aftermath of the recent earthquake in Chile, which



HEATHER STAATS/THE CIRCLE

Facebook, Twitter, MySpace, and LinkedIn are all sites used by individuals seeking jobs and by communications institutions looking to reach more people.

that could have threatened coastal areas like Hawaii, I found it difficult to obtain timely, reliable, and coherent reporting on this issue from traditional news sources. However, when I turned to the U.S. Navv's official Twitter and Facebook pages I found a stream of information and eye-witness accounts, updated every few minutes, about ships deploying, safety advisories, and other useful messages. This information could have saved lives, had a tsunami hit Hawaii - yet the information was shared safely and securely with no risk to people or military operations. See http://twitter.com/navynews and http://www.facebook.com/Chiefof NavalOperations.

Using the policies established by organizations like the Department of Defense and the U.S. Navy, I believe the key is to develop your own personal social media policy or encourage your organization to develop such a policy. This policy should guide use of social media tools and networks in a way that leverages the power of the Web and permits safe, responsible, and secure communication. For instance, before you post that picture, video, or other personal information on the Internet, take a few moments to think of the risks that release of this information might have in terms of personal security, job security, embarrassment or harm to you, your school, your organization, your family, your friends, etc. So, if you don't have a social media policy, isn't it about time you developed one?

> Sincerely, Mark A. Van Dyke, Ph.D. Associate Professor, Communication Marist College

we're still not there yet' feminist battle for equality

By MEGAN GRAHAM The Daily Illini

I was one of those kids who changed hobbies more than I changed my socks. There were periods of big-wheel drag racing on the sidewalk, the week where I planted Tootsie Roll trees all over the neighborhood and the inevitable pony and Barbie fixations (hindered by my brothers' enjoyment in defacing them). At some point, I became fascinated with the women's suffrage movement. With the same level of fanaticism most girls my age had for Baby Spice, I read every book in my library's Junior Room on the subject. I counted down the days till I could vote. I wanted to be Elizabeth Cady Stanton.

Not to diminish the work of the women of the suffrage movement in any way, but I almost envy the battle they got to fight. There was concreteness to the movement, an end goal that was measurable and eventually attainable. Now the very concept of feminism is considered taboo

by some people. But though we have equal voting rights, women are still not considered to be equal to men. We've come a long way since 1920, but we're still not "there" yet.

Almost a hundred years later. women get paid 77 cents for every man's dollar doing the same jobs. Hillary Clinton and Sarah Palin's political merits are judged by their parenting abilities and wardrobe choices. Women in the workplace are often considered to be inferior to men and "too emotional" to be effective leaders. We are still treated as potential housewives, and it's getting pretty old.

Out of curiosity, I asked a friend what he thought about feminism. He laughed in my face. He complained about the girls he knows who run around boasting massive cleavage and begging for drinks at bars. His perception (probably similar to that of many people our age) was that women want to be treated the same as men, but don't necessarily always deserve it. I'll concede that feminist activists do a lot of the

marching and protesting and don't necessarily do much to earn a higher opinion from men, or even other women. Though bra-burning in the sixties certainly got an idea across, I don't think it ever did a whole lot of good to promote equal treatment.

If women are ever going to be on an equal playing field with men, we have to remember that our own mothers and grandmothers faced inequalities that we will never have to. That means we shouldn't settle for the way things are right now, because they aren't perfect. Until women and men alike feel that

women have the capacity to be just as successful as men, we aren't where we need to be. As a college woman, I think it starts with being independent, making my own decisions and offering to pay for dinner every once in a while. Mostly, I think it means remembering how far women have come and realizing that there's always room to take another step forward.

Feminism may have a new face. but until we have a world where gender isn't so divisive, it's certainly nothing to laugh at.

Letters to the Editor Policy:

The Circle welcomes letters from Marist students, faculty and staff as well as the public. Letters may be edited for length and style. Submissions must include the person's full name, status (student, faculty, etc.) and a telephone number or campus extension for verification purposes.

Letters without these requirements will not be published. Anonymous submissions are never accepted. Letters may be sent through The Circle's Web site, www.maristcircle.com, or to writethecircle@gmail.com

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Thursday, March 4, 2010

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Art makes masterpiece of Marist music

By CASSIE FAVROT Circle Contributor

While the majority of students and faculty smile when they see him around campus in his unique sweaters—many of which were gifts from his mother, friends and students—and affectionately refer to him simply as "Art," a glimpse of his true accomplishments can be seen through his proper title of "Sergeant Major Arthur Himmelberger."

Prior to becoming the Director of the Music Department, he earned his bachelor's degree in music from the University of Michigan, a Master of Education with an Administrative Certificate from Temple University and the "Legion of Merit" medal for 26 years of commendable service as a member of U.S. Military Bands in Washington D.C., West Point, and Berlin, Germany. Himmelberger's teaching repertoire includes stints at the University of Michigan, Dominican College, University of Albany and West Point, but he considers about one-third of his life's work to have been the development of Marist's music program.

When he agreed to help out in

1986, there was no real band; only two students—both trumpet players—volunteered for the first band event, a basketball game against Fordham University at Madison Square Garden. Himmelberger accompanied them on a drum set. Though faced with a dismal turnout and seemingly little interest, he was determined.

Himmelberger's dedication to the music program is evident to all who interact with him; Rob Hom, freshman percussionist, said, "He is very very passionate with his work for the band and always [brings] out the best in us." What Himmelberger likes most about Marist is the brand of young adult that comes here; he believes that he's been blessed with great students.

Marist has also been blessed with a great Music Director, deserving of fanfare equal to that which he conducts at all of Marist's sports events combined. Khalid Barnes, sophomore clarinetist, said, "He is the most amazing faculty member on campus and I love him."

Under Himmelberger's leadership, band membership has grown from two in 1986 to 350 in 2007, to its current count at 450, while the choir has increased from 140 in 2007 to 220 today. Included in his job description is the guiding of the entire music program, and primary directing of the marching, pep, wind symphony and symphonic bands. Himmelberger also teaches music history courses while supervising 15 adjunct faculty members as they help instruct the 55 sections of music courses offered here. His position here is all-encompassing and he has great—though not enough help, as they all perform herculean tasks on a regular basis and work very long days. Himmelberger's intention has always been to provide music for as many college functions where it makes sense to do so, and even for some non-college events, such as an upcoming concert this weekend at the FDR homestead where the gospel choir will perform.

Also occurring this weekend is the MAAC Tournament in Albany. Himmelberger affirmed that the band "will be travelling...to support both the men and women's basketball teams," and with a chuckle he said "...hopefully when the opposing team is taking foul shots down at our end of the floor, we can make them miss a couple." He is also hopeful that the women's team will make it to the NCAA tournament,



Art Himmelberger gets into the game.

because it's another opportunity to take the band out and support the team.

SEE MARIST'S, PAGE 7

cartoon corner By VINNIE PAGANO



Marist mentors encourage local students to succeed

By LISA GLOVER Staff Writer

Poughkeepsie and Kingston public school students in the Liberty Partnership Program (LPP) meet with their mentors at Marist on a weekly basis and form a connection that, it is hoped, will motivate them to achieve success both academically and personally, through academic work, discussion, debate and dance.

LPP is a dropout prevention program directed by Susan Repko, serving approximately 240 students each year within the schools of Poughkeepsie Middle School, Poughkeepsie High School, J. Watson Bailey Middle School, M. Clifford Miller Middle School and Kingston High School. Students in LPP are referred to the program by principals, guidance counselors, teachers and parents who foresee them as a risk of dropping out of school due to academic difficulties, family circumstances and negative peer pressure.

Mentor Jackie Greiner, a sophomore in LPP said, "The program is a great opportunity for underprivileged students to have a role model to look up to and to motivate them. It is also an educating experience for the mentors who are thinking about becoming teachers and to see firsthand different aspects of teaching and the appreciation of life itself."

LPP's mission is "to secure resources through the College, schools and community, and provide diverse and empowering experiences for students and parents. LPP focuses on educating youth to maximize their potential and understand their intrinsic value as members of society."

The program is sponsored by Marist College and has been funded by the New York State Education Department (NYSED) since 1990. At Liberty, mentors make it their main goal to stimulate their mentees to perform better in school and actively consider a higher education.

Mentors are typically education majors whose goal is to pursue a career in the field of education. They discuss career goals and help mentees to understand and complete homework, as well as give them a tour of campus and an insight to the college atmosphere.

Prior to each session, current event articles are given out to the mentors, which they read aloud with their mentees. They are engaged in a discussion prompted by analysis questions, and a bond is formed as both the mentor and the mentee begin to know and trust one another. Many of these students have already had many difficult challenges to overcome and are very mature for their age.

SEE THEY, PAGE 76

From Page 6

Himmelberger's energy essential to school spirit

Marist's Music Director strongly believes that the band is the heart and soul of sporting events and together during half-time shows the cheerleaders, dance team and band form The Spirit Team.

In fact as Maristas, the band has so much school spirit that it can afford to lend some to another school. In the summer of 1998, the Marist Marching Band represented Florida State University in the Pigskin Classic at Giants Stadium. In a panic, the leader of the Seminoles' marching band had called around to find a replacement for his unready musicians. Marist's band under the direction of Himmelberger, who was supposedly "just crazy enough to do it," landed the job. Florida State alumni in attendance believed that the Foxes were really Seminoles.

In regards to the music selected for pep band and marching band, Himmelberger said that it is easier, more fun and more popular. But the music for concert band is the kind that will help the students grow as musicians. He described the concert music as being the meat and potatoes while the marching and pep band music is the dessert.

Although the band's marching and pep music is more popular than that of its concerts, the music department—both the vocal and instrumental sides of it—is able to raise a great amount of money for charities such as Broadway Cares/Equity Fights Aids and the Wounded Warrior Project.

While the band and choir are raising money at concerts, Himmelberger raises school spirit and morale at sporting events. Most notably, during basketball at half-time games he takes the microphone and proudly belts out the Marist fight song—which he wrote himself—as he energetically claps and dances on the court.

According to sophomore clarinetist Katlin Davis, "He's an eccentric but passionate little man."

Like a personal cheerleader for the band, Himmelberger fires up his musicians who in turn fire up the crowd, all cheering the Foxes on to victory.

When asked about his sweet dance moves, Himmelberger remarked "I've always loved to dance...When



RYAN HUTTON/THE CIRCLE

Himmelberger conducts the pep band, energizing the game atmosphere.

I was in college I played in a jazzrock band. We kind of made our band like the band Blood, Sweat & Tears...But sometimes at one o'clock in the morning at some pub we were playing, they would clear the dance floor and the trombone player would come back and take over the drum set and I would go out and do some dancing."

The admiration felt for him by Maristas is evidenced by the "Art Himmelberger Fan Club" on Facebook which includes continually updated quotes from the man, the myth, the legend.

Himmelberger wished to share closing words of wisdom with Circle readers, "Whatever you're going to do in this life, do it well. Put your total effort into what is it that you want to do or what it is that you want to become. Do not allow yourself to become a member of the vast army of mediocrity."

From Page 6

Partnership garners grant

They are interested in college life and how mentors got to where they are.

After academic work is completed, students are given dinner in the Marist cafeteria which is an exciting end to their session, and they are very appreciative. Many of the students voice their claims about their cafeteria food and are overwhelmed by the variety that Marist has to offer.

Senior Ramzi Boutros, former graduate from the LPP has continued his education and is now a student at Marist College. He states that, "Liberty offers the students an after school program where they can be helped with their homework and kept active." He also admits that "without Liberty, I would not be at Marist right now."

A new addition to the program is the launch of debate sessions, taught by the Debate and Advocacy Society to teach argumentation skills that have been planned out and modeled by Audra Diers, an assistant professor in the Department of Communication. Mentors engage the students to participate in proper debate and argumentation skills through techniques taught by the Debate Society. At the end of the program, students will engage in a debate competition for their parents with the potential to win prizes.

Along with debate sessions, the dance club has also been involved by teaching the students dance routines right at the college. Susan Repko, director of the Liberty Part-

nerships Program of Marist College is thrilled about the new additions and growth of the program. She states that she is "always impressed with the leaders and mentors who are involved" because they are helping to enhance the program for the mentees. Each year, the program is tweaked and improved, giving the students the best experience possible

According to the Marist website, "During 2006 to 2009, 91 percent of LPP graduates were accepted into college. On a survey of LPP seniors in 2008, 95 percent indicated that LPP helped them graduate from high school and 84 percent indicated that the program helped them decide to go to college." This statistic is extremely positive in terms of feedback for LPP because it shows that the directors and mentors are encourage the students and really making a difference in their academic and social capabilities.

Recently, the NYSED awarded Marist College a grant based on the highly competitive applications from previous years, allowing LPP to enhance its services beginning this year continue to have a thriving program that has become so successful in the lives of students.

Murphy's Law of Lateness

By JESSIE BORKAN
The Tufts Daily

My heart is racing, my breath ragged. I am sweating a little under all of my layers as I power walk down an empty sidewalk. I check my phone obsessively, in between taking nervous glances around at the ghost-town campus. No, I am not afraid of being mugged. I am just late.

Lateness is the perpetual state of affairs for me. I am late to work, late to class, late buying milk; I am late to speakers, for buses, to meals, to parties. I get to the airport as my planes are boarding, start papers the morning they are due and call my mom back after she is already asleep. All my clocks are set several minutes ahead, but I always end up just calculating the actual time. Sometimes I over—estimate how fast they are, making me even later.

It's as if the things I need to do before I leave my room magically expand to fit whatever time I allot myself to do them. It doesn't matter if I get up two hours before my lunch shift or ten minutes — I will still always walk in at 12:05 p.m., cringing as I see the rest of the staff waiting at the front desk for me to arrive.

Somehow, however, my life is not in shambles. I have not been fired from my job. I have never missed a flight. Professors whose classes I am six minutes late to every week give me A's for participation. The worst thing that has happened to me because of my unremitting tardiness is that horrible, sinking, guilty feeling I get in the pit of my stomach

when I realize that I am going to be/already am/will for the rest of eternity be late.

I feel like I'm sentenced to living my own warped version of Murphy's Law: Whatever I can be late for, I will be late for. Try as I might, I can't break the habit. But it has, after years of distress, afforded me one precious gift: the late chair.

For my last semester at Tufts, some cruel twist of fate put me in a 9 a.m. Friday class. On my second week of walking in at 9:07 a.m. with my head down and tail between my (just sobering up) legs, I took a chair in the back, the only seat left in the whole classroom. Just as I was ruminating on whether or not the teacher hated me, I was bombarded by pleasant sensations in my lower back and behind. For the rest of the class I sat feeling like Donald Trump. I was so comfortable I actually learned something. This magical sitting device was even situated high enough to give me a good view and an excellent post from which to participate. I had discovered true academic nirvana: the late chair.

The next week, I strolled in several minutes late to discover that the late chair had already been taken. I was beside myself, or rather, beside my coveted chair, for the next two hours and 54 minutes — I had to win her back, and timeliness was the only way I knew how to do it. I'm not going to claim that the late chair will change my ways. This column, for instance, was due at noon. It is 12:27 p.m. I will, however, say this: I have not been late to my Friday morning class since.

Have a unique story to tell? We want to hear it! E-mail circlefeatures@gmail.com and tell us your story.

TV Review: 'How to Make it in America'



FROM DATNEWCUDI.COM

"How to Make it in America" is a new show that centers around Ben Epstein (Bryan Greenberg) and Cam Calderon (Victor Rusk) as they attempt to succeed in the New York City fashion scene and achieve their version of the American Dream.

By REBECCA GOLDBERG

The Tufts Daily

What is the American dream of the 21st century? Is it running one's own company and finally experiencing financial success? Is it being a part of the melting pot, with friends from all corners of the cultural landscape? Is it living in a scrappy apartment on the Lower East Side while working on Fifth Avenue, going out for sushi and partying with fashion models and art gallery owners? Is it finally paying a sketchy cousin back and escaping without a broken arm?

HBO's "How to Make It in America" is like a hipster scrapbook of New York City's unsung, struggling dreamers. The new series is yet another HBO entry — like last year's "Hung" — with a genre that is difficult to crack. Rather than being a comedy or a drama, it's more like a visual experiment: part documentary and part music video. Every minute, however, paints a landscape, using indelible images of areas all around New York City and from all walks of life to present its version of the American dream.

Principally, "How to Make It" follows Ben Epstein (Bryan Greenberg), an affably handsome design school dropout looking to finally make his mark. He and his best friend, Cam (Victor Rasuk), decide to "f—k the man" — whatever that means — and start their own denim fashion line called Crisp NYC. To do it, they borrow money from Cam's cousin Rene (veteran character actor Luis Guzmán), who has recently been released from prison, and they make plans to beat the odds.

Ben and Cam are not the only characters with business in mind. Even the soulful theme song, Aloe Blacc's "I Need A Dollar," makes it clear that the characters think that "making it" happens on monetary terms. Rene decides to enter the legitimate business world by distributing an energy drink called Rasta Monsta. Ben's friend Gingy (Shannyn Sossamon) sells photos in her art gallery in order to remain financially independent from her rich father. David (Eddie



FROM HOWTOMAKEITINAMERICA.COM

Hip-hop star Kid Cudi makes an appearance in the new series from HBO.

Kaye Thomas), who knew Ben in high school, works for a hedge fund and lives in a lush uptown apartment.

David, in his own opinion, has not achieved the American dream. He's a self-described "loudmouth Jew" who hires call girls to shop at Barneys with him and pays Ben and Cam \$3,000 to convince a club's doorman that he's cool. David thinks that Ben and Cam have it all: the hip, multiethnic friends, the streetwise authenticity and the downtown sensibilities. Though Blacc sings about money in the opening credits, the images that accompany the music combine New York iconography and colorful portraits of people to depict the city as a hipster paradise. The imagery subtly says that if one experiences this New York, one actually has "made it."

The show's light touch works for its visual component, but the writing is equally breezy to a fault. The jokes don't go far enough to tease out a laugh, and the drama doesn't dive deep enough to create an emotional connection with the characters. There's plenty of theme, but there isn't enough plot to drive each episode. A lack of back story also means it's not a character—driven show; these people only exist in a moment in time.

"How to Make It" hints that some

events in the characters' lives have affected them — Ben's on—and—off relationship with Rachel (Lake Bell), for instance, or Cam's supposedly difficult childhood — but the show never reveals any details. Most exposition that's not doled out in the loose dialogue comes in the form of rapid flashes of photographs or images that supply names to faces or fill in gaps in time. This conceit is artsy and clever, but it can't sustain a long—form serial show forever.

The best way to describe "How to Make It in America" to someone who's never seen it is to liken it to Jay-Z and Alicia Keys' music video for "Empire State of Mind" (2009). "How to Make It" is deft with quick cuts, iconic imagery and an admirably firm grip on its visual representation of New York. Even if the show's storylines feel as if they—and the characters—are running in place, the tone and colors of the city lend it a kind of buoyancy and profundity.

The city in "How to Make It" is a rich, multiracial wonderland of crime and family, fashion and scrappy idealism. Maybe the city's centrality provides an answer to the question of the "how" in the series' title. After all, there is a rumor that if someone can make it there, they can make it anywhere.

2.5 out of 5 stars

currently singin'

By RYAN RIVARD

A&E Editor



from his appearance in "Funny People" (where his comedian alter-ego comes from). Ansari teamed up with TV on the Radio's David Sitek to create a comedy mixtape. The first taste (yes it is spelt with eight A's) calls out every single major hip-hop star for not sending in any verses to appear on his mixtape. Ansari calls out Dr. Dre for making overpriced headphones, Kanye West for needing to speed up his verse process like his soul samples and stop posting cool couches and "treehouses in Scandinavia." Ansari has built up momentum to be the Lonely Island of 2010.

Prince "Cause and Effect" -After creating a theme song called "Purple & Gold" for the Minnesota Vikings that was used in the NFC championship game against the New Orleans Saints (we all know how this ends), Prince has released a new track exclusively through Minnesota Public Radio station. "Cause and Effect" starts with cheers from an imaginary crowd before pummeling through this fiveminute disaster. The song is a mess of genres from pop, surf-rock, funk, and metal that fail to cohesively mesh together.



FROM THEFADER.COM

Gorillaz "Superfast Jellyfish" f/ Gruff Rhys and De La Soul - The Gorillaz's new album "Plastic Beach" can now be streamed in its entirety on NPR's website, but first listen to "Superfast Jellyfish." The song is as cartoony as the band itself.

Tom Petty & the Heartbreakers "Good Enough" – "Mojo" will be the first Tom Petty & the Heartbreakers album in eight years. The first single is a loosely structured jam song that starts right out of the gate raging with the blues. The screeching guitar riffs and heavily present organ clue us in that this is a different band than the "Free Fallin" days. The song tells the story of a good girl who has gone bad. Petty is a sucker for those.



lifestyles

Thursday, March 4, 2010

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Nipples are fascinating, fashionable, not frightening

By RACHAEL SHOCKEY Staff Writer

As someone who shares her sex-driven articles with the entire Marist campus, I generally possess a very high level of comfort with discussing issues of sexuality, and use various sexual terms accordingly. However, there is one particular term that still gets my goat, one that I always feel silly bringing up: nipple. They may be the silliest looking human organs of all time; even the word itself sounds silly, like Skittles or poodles. It seems inevitable for the subject of nipples to yield a chorus of giggles (yet another silly word that sounds like nipples).

I think that many people shy away from acknowledging nipples for the same reason I do, because they may have starkly conflicting feelings about nipples (women's nipples, in particular). One minute we're drooling over Jenmifer Aniston's pair, as seen on the forever-frigid set of Friends, and the next we're rioting and cursing our televisions over Janet Jackson's infamous "wardrobe malfunction" at the 2004 Super Bowl half-time show. It's all quite

a challenge to keep up with.
Curious as to how other people my age feel about this seemingly taboo issue, I ventured out to ask the opinions of Marist students. On whether or not conversing with a girl whose nipples are visibly error would make him uncomvisibly erect would make him uncomfortable, sophomore Steve Danziger said, "It depends on the level of attrac-tion you have for the girl, and the context of the conversation.

If you're not attracted to her, or if it's in the context of a job interview or something, that's when it becomes uncomfortable. But it's good if I'm attracted to her, because then I'm that much closer to knowing what she'd look like naked," said Danziger.

The ladies I interrogated felt similarly. Sophomores Carolyn Augustyn, Brianna Kelly, and Katie Meena all agreed with Danziger, in that the level of familiarity that they have with the girl plays a big part in how they'd feel about seeing her nipples through her shirt. I asked them just how uncomfortable it would be with an unfamiliar girl.

"I might wonder why she's not wearing a bra, and I'd avoid staring at them, but it wouldn't really make me uncomfortable," Kelly said.

Augustyn said she would also be un-

"I don't need to see that business," she

Meena would look for reasons to justify the nipple sighting, saying that "I'd take into consideration the temperature of the room...it's understandable if it's

Regardless of how much time we actually spend looking at visible nipples, it seems we can't help but pay an egregious amount of attention to them. It's no wonder we do, with all of the accessories and devices available to us, like tassels, pasties and brooches; all of these are designed to draw attention to and accentuate the sight of a nipple. These accessories aren't even restricted to the adult entertainment industry; we've seen plenty of pasties (recall Lil Kim's get-up at the 1999 VMAs) and nipple brooches (recall Janet Jackson once again) in Hollywood.

At the same time, we enter panic mode when we encounter nipples in everyday life, exclaiming phrases like "that chick is nippling right now" or "ENA" (Erect Nipple Alert), as if a nipple sighting is a legitimate cause for fleeing to a bomb shelter. We have very specific standards for nipple display: it's sexy to draw attention to the sight of the private (with practice or tassels or maybe nipple (with pasties or tassels, or maybe showing a hint of nip through your shirt), but when we see a naked nipple, or even too much nipple through clothing, we tend to quickly lose our cool. Some nipple must be left to the imagination; it's always been about teasing.

Until now. We're seeing visible nipples make unabashed appearances on fashionable women. Last year, New



BOLSTON/FLICKR.COM

Unleash the b(r)easts: Nipple fascination is widely agreed upon, seldom talked about

York Fashion magazine released an article that semi-jokingly asked, "Are Nipples 2009's Must-Have Fashion Accessory?" They cited teat-bearing photos of Megan Fox, Christina Ricci and Victoria Beckham. Since last summer and less whether the semi-based and serious serious and serious and serious serious and serious mer, endless photos can be found online of the former Spice Girl, a pioneer of nipple fashion, displaying her nipples

prominently through sheer clothing.

Now we're seeing women trading breast implants for nipple prostheses, a procedure to make one's nipples more defined and shapely. If you're not gungho about plastic surgery, you could always visit a site like Bosomfriends.co.uk, an online store

that sells rubbery, attachable, pros-thetic nipples, which they assure will help you to achieve "that Victoria Beckham look." In the past year, nipples have become no stranger to the envelope-pushing world of fashion. However, will they be able to make the jump into the mainstream, or do they pose too much discomfort for us to accept them?

In case I've made anyone interested in nipple liberation, I learned recently that it is legal (but still frowned upon) for women to go topless in the state of New York. The only things holding us back from proudly bearing our nipples in true Posh Spice style are our cultur-ally-constructed insecurities.

Want to be like your favorite Olympian? Eat at McDonald's, say advertisers

By DAILY TITAN EDITORIAL BOARD The Daily Titan

Nothing says "Olympic athletes competing at the top of their game" like a Big Mac, large fries and a Coke. This year's advertising campaigns for the Olympic sponsors are a little more transparent than

featuring young athletes celebrat- favorite items on the McDonald's ing a hard fought game with a menu. In one of these commercials, hearty meal of factory processed food and high fructose corn syrupbased beverages.

There is something wrong about telling children with dreams of competing in the Olympics that the athletes they look up to and aspire to be typically eat a dose of fried foods and sugar water after grueling physical activity.

There may be a few athletes that like to indulge themselves with the occasional fast food burger, but for the most part, these highly disciplined athletes maintain a strict diet; one that helps them reach the top, not get dragged down by their own mass to the bottom.

It is believable that someone like Michael Phelps would satisfy his munchies at Subway, an eatery that

provides low fat and nutritious alternatives to the usual fast food offerings.

But there is no possible way that Apolo Anton Ono became one of the fastest skaters in the world by scarfing down a double cheeseburger and guzzling a bucket o' cola after every

Canadian McDonald's ads feature McDonald's has been running ads various athletes talking about their Canadian snowboarder Brad Martin talks about how he gives into temptation and eats McDonald's french fries every chance he gets. McDonald's goes beyond simple implication to directly telling the viewers that athletes in peak physical condition can stay that way while eating their food.

> The United States Olympic Curling team is possibly the only grouping of "athletes" that could feasibly eat at McDonald's on a regular basis and still be competitive in sweeping ice and sliding rocks (it's like bowling without all the cigarette smoke and claw machines).

Can anyone imagine the typical McDonald's consumer sliding down the luge track without their gut obstructing their view or slowing them

It is understandable, however, given the state that the Winter games are in, that the Olympic committee would accept any sponsors willing to contribute money. But consideration needs to be given when it comes to the message being broadcasted to children all over the world. These messages of eating "like an Olympian" are not exclusive to the obese children of America, but to children across the globe.

The Olympics and its audience would have benefitted from featuring more ads from companies like GE, about energy conservation, and Nissan, for their new all-electric car, the Leaf.

There are several organic, healthy-living food corporations that could potentially advertise with the Olympics but don't. Why? Because of the financial risk of such pricey ad space?

What better demographic to aim for than thousands of children looking to get fit and eat healthy foods so they too can be an Olympian?

McDonald's is sending a negative message that is being spread like their special sauce, not only in the U.S. but all over the world.

Burn it off like the Olympians...

Deluxe Breakfast with a Large Biscuit

> 1150 calories Jump rope for 90 minutes

M&M McFlurry 600 calories

Big Mac 540 calories Circuit weight training

Kickbox for 60 minutes

for 60 minutes Large french fries 500 calories

Play softball for 120 minutes

Quarter Pounder 410 calories Play competitive water polo for 30 minutes

> **Honey Mustard** Snack Wrap 330 calories

Running three miles in 30 minutes from McDonalds.com

en's basketball frustrated in home fir

By JIM URSO Sports Editor

On a snowy Friday night in Poughkeepsie, it wasn't only fans who failed to show up to the James J. McCann Recreation Center for a

senior night conmen's between test basketball Marist and St. Peter's.

Beleaguered from the opening tip, the Marist men's basketball team lost 62-39 to the St. Peter's Peacocks in their final home game of the 2009-2010 campaign.

"We couldn't make a shot early on," Marist coach Chuck Martin said. "When you make shots, then the energy level goes through the roof and then you're feeling good. There's a rhythm, you feel good about yourself, the ball movement starts to get better. But when you're missing shots, man, it deflates you."

Attendance was listed at 1,725, but hundreds of season-ticket holders did not attend the game.

Marist went 4-for-23 (.175) from the floor in the first half, including 0-for-7 from behind the arc.

Devin Price, the only Red Fox to score in double digits, led Marist with 12 points. Price had six turnovers and just two assists.

Marist fell to 1-27 and 1-16 in the MAAC. With the win, Saint Peter's improved to 16-12 on the season, including 11-6 in the MAAC.

game, a jump shot by Ryan Bacon extended St. Peter's lead to 11-1. At 10:43, Jeron Belin hit a 3pointer, extending the Peacocks' lead to 15. Seconds later, Price had the ball stolen near mid-court by Brandon Hall, who dished to Belin for a fast break dunk making the score 20-3.

The Peacocks could smell blood, and began trapping every Marist ball handler. The approach led to turnovers and hindered Marist's chances of getting into an offensive rhythm. Martin took the blame for his team's inability to handle the trap defense.

"I have to do a better job of preparing these guys for that [trap]." Martin said. "I didn't spend enough time in practice to make sure that these guys understood every [defensive] rotation. 'This is how they're going to trap. They're going to trap on the sideline. Here are your reads. You're looking at the corner. You're looking for the diagonal skip, and now this is what you should be looking

With 10:43 remaining the game, Marist trailed 57-23. The Red Foxes finished the game with a 16-5 run to tighten the deficit.

The most positive moment of the night came before tip-off. Seniors Javon Parris and Daye Kaba were honored at mid-court. Both Kaba and Parris made the Dean's List for the fall 2009 semester.

Kaba, originally from Cergy, Just under four minutes into the France, will forgo his fifth year of

eligibility and attempt to play pro ball in Europe.

Parris, who played two seasons under Martin, spoke highly of his coach and his experiences at Marist.

"I know he's [Martin] taking lumps now — we're taking lumps now - but if anybody knows and comes to practice, he coaches us like we're 25-1 every single day. That's a testament to him being tough and being a good coach," Parris said.

"The last few years, it's been a dream for me," Parris said. "I'm able to do something I love, and coach Martin gave me a chance to live my dream. I didn't dream about going to the NBA, I dreamt about getting a college degree and playing college basketball."

"I felt really bad for our two seniors." Martin said. "These guys deserved to have a better night but that's life sometimes. That's life; the sun will come up tomorrow. You have to figure it out."

Sunday

Two days later, Marist concluded its regular season schedule with a 76-51 loss to MAAC opponent Siena in the Times Union Center in Albany, NY.

Much like their first matchup with the Saints, Marist played well early. The Red Foxes led during the first half, and trailed by just six at halftime. Siena responded with a 15-0 run to open up the second half and pull away.

Poughkeepsie High School grad-



RYAN HUTTON/THE CIRCLE

Guard Devin Price was frustrated by the St. Peter's trap defense on Friday night.

uate Edwin Ubiles scored 21 points. Alex Franklin scored 15 points and grabbed 13 rebounds. Price led Marist with 12 points and five assists.

The loss dropped Marist to 1-28, and extended their losing streak to 17, the longest in program history.

Marist will be in Albany on Friday for the MAAC tournament. The 10th-seeded Red Foxes will play at 9:30 p.m. on Friday night against seventh-seeded Canisius. The Golden Griffins defeated the Red Foxes by 15 points twice during the regular season.

title, return to NCAAs Marist primed to capture M

By PHILIP TERRIGNO Sports Editor

The MAAC women's basketball regular season was filled with pleasant surprises from resurgent squads, and dire disappointments from teams that were expected to perform much better than they were

Along with the Manhattan Jaspers, the resurgent Fairfield Stags represent two squads that surprised the league with their excellent play this

women's

The Canisius Golden Griffins

and Siena Saints, contrarily, stand out as two teams that had the potential to finish much higher in the standings than they did at their seventh and ninth seeds, respectively.

Yet, one team has weathered the rigors of an 18-game conference schedule and appears poised to continue its recent run of dominance in the league.

The Marist College Red Foxes are at the top of MAAC with a 15-3 conference record, having won their seventh consecutive MAAC regular season title.

Go the extra Yarde

It's no secret that Rachele Fitz and Erica Allenspach represent Marist's top two scoring options.

With defenses focusing on Fitz and Allensbach, it's crucial that sophomore guard Corielle Yarde contribute consistently during the possible three games that Marist

will play at the tournament.

Yarde has shown flashes of brilliance this season, including a 28performance against Oklahoma State University and a career-high 32-point performance against Boston University.

. Yet, heading into the Red Foxes' recent contest against the Iona Gaels, Yarde's scoring was slightly down. She had a 20-point performance against Loyola that was sandwiched between two six-point efforts in other games.

Coming into the tournament, Yarde is averaging 13.5 points and 5.9 rebounds per game. If the second-year player can fill the stat sheet like she already has shown the capacity to, the Red Foxes will be a team with three excellent scoring options.

Who can pose a challenge?

After a nine-game winning streak earlier in the season, the Iona Gaels have suffered a serious fall from grace, propelled by two losses in head to head matchups against

The two-seed finished with a 13-5 overall record, certainly a respectable mark, but not one nearly impressive enough to challenge Marist for the top spot in the con-

In the most recent contest between the two squads, Marist needed an Allenspach basket with 1.2 seconds left to seal the victory in overtime, 82-80.

With the loss of power forward Anda Ivkovic (8.8 ppg, 4.0 rpg), the Gaels do not have another frontcourt player to complement center Anna McLean, and this leaves the Gaels susceptible to being keyed in on defensively when attempting outside shots.

Editor's Picks

The Red Foxes will repeat as conference champions this season.

Although Marist has suffered three league losses, the most since the 2003-2004 season, its third loss came to Manhattan after Marist had already clinched the regular season title.

Niagara and Manhattan, who both



Marist enters the upcoming MAAC tour-

nament as the number one seed.

RYAN HUTTON/THE CIRCLE

regular season, are on Marist's side of the bracket. Still, the Red Foxes have to be con-

defeated the Red Foxes during the

sidered the favorite in a single-game playoff considering how they have performed in the MAAC tournament in recent years under the tutelage of Brian Giorgis.

Marist will top Fairfield, 72-61, to claim the MAAC championship. Upset special

After defeating the 10th-seeded Rider Broncs, the seventh-seeded Siena Saints will advance to the quarterfinals and play the number two seeded Iona Gaels.

The Saints will edge the Gaels and advance to the semi-finals.

Siena topping Iona has to be considered one of the biggest upset possibilities of the entire tournament.

The two teams split their regular season series, and the Saints appear to be the antithesis of the Gaels that could allow them to edge the higher seeded team.

The dominant frontcourt of Serena Moore and Sarah Fullmer will be too much for McLean to handle as Iona's lone true post defender.

Siena also features just enough outside shooting from guards Allie Lindemann and Merrick Volpe to offset any matchup zones that Iona may employ, and they feature the ball-handling skills to outmaneuver the heavy press that the Gaels often

Women's lacrosse seeks return to championship

By MATT SPILLANE
Editor in Chief

The Marist women's lacrosse team wants revenge.

Two years removed from a MAAC championship, the Red Foxes went 12-5 in 2009 but dropped a 19-9 decision to Fairfield in the title game a year ago.

Marist has a goal of exacting revenge in 2010, but it will have to

reach it with new faces.

Picked to finish third
in the MAAC preseason

poll, the Red Foxes graduated five starters, including their top three scorers. With 57 percent of its scoring gone, Marist will have to rely on a balanced attack.

Its go-to scorer will be senior midfield Lauren Ciccarello, who enters the season as Marist's lone preseason All-MAAC selection. A second-team selection a year ago, Ciccarello was fourth on the team with 25 goals and 37 points. She will look to spread the ball around even more this season.

"Scoring could come from anybody, which is beneficial," she said. "Anybody can be a threat."

Senior midfielders Erin Wilson and Lindsey Rinefierd will also be

relied upon on the offensive end. The two tallied 31 and 23 points, respectively, in 2009.

Morgan Dillon, a senior co-captain with Wilson, is a returning starter who will be taking on a bigger role offensively. The midfielder, who tied for fourth on the team with 30 groundballs in 2009, scored just five goals in 2009 but has taken more initiative in her offensive role.

"Morgan is going to be much more of an attacker this year," head coach Laura Campbell said. "She's got a little confidence taking it to the cage. She's just an exciting player to watch."

The offense will be guided by firstyear assistant coach Hannah Rudloff, who has implemented new offensive plays and given the offense more structure. Dillon said that the new approach will allow the players to utilize more of their strengths and stick skills, as well as employ a style of play that relies more on personnel and less on oneon-one ability.

"We need to control the tempo for 60 minutes," Dillon said. "We had lapses a lot of times last year."

The biggest question mark will be in goal, where Marist must replace starter Kelsey Thoms, who left school this past summer to join the Air Force. Sophomore Alyssa Littin, who started last year's season opener but played in just one other game, enters the season as the starter but will be challenged by freshman Ashley Casiano.

"We'll have to talk more and rely on our field players while we let them [the goalies] get confident," Dillon said. "We'll use more presses and work as a full-field defense."

Although the goalie situation is unsettled, the defensive unit is talented and experienced. Senior Madeline Schuck and junior Jessica Guarino are returning starters and will look to gel quickly with the newcomers in goal.

"We're working on getting them to communicate," Schuck said. "We're working on trusting each other, and with those pieces we have a good unit."

Those pieces include junior transfer Erin Betsch, who will immediately step into a starting defensive spot. A starter at Davidson College, Betsch has already stood out as a key contributor.

"It was a good fit," Campbell said of Betsch's arrival. "It's a win-win for everyone. She's a solid...defender, and she's really good. She's



FROM GOREDFOXES.COM

Senior Lauren Ciccarello is a Preseason All-MAAC selection.

going to be our top defender."

The Red Foxes were scheduled to open the 2010 season against Albany on Feb. 24, but the game was postponed due to inclement weather. Marist played Lafayette on Wednesday, March 3, but the game occurred after publication. The team's next game is a 1:00 home contest on Saturday, March 6, against LeMoyne.

Men's track achieves personal times at NYU invitational

By VINNY GINARDI Staff Writer

The Marist track and field team returned to action this past weekend at the NYU Fastrack Invitational held at the New York City Armory.

Junior Jillian Corley, from North Sutton, NH, led the way for the women's team. Shortly after finishing the 800-meter run in a season-best time, Corley ran a season-best in the mile. Corley finished the 800 in a time of 2:22.99 and followed it up by finishing the mile in a time of 5:17.77.

"That was a really good double for

her, especially going into the big meet this weekend," Marist coach Pete Colaizzo said.

Sophomore Brianna Crowe also ran a season-best time in the 800, crossing the finish line in 2:20.58.

The men's team also saw a few personal best times, particularly in the 3,000-meter run.

Freshmen Arquimedes DelaCruz and Sean Nestor each notched personal best times in the 3,000. DelaCruz finished the event in 8:47.44 while Nestor improved on his personal-best time and crossed the line in 9:04.58.

Patrick Dugan just missed his personal best time in the race, finishing in 8:55.14; one second off his

career mark.

"He [Dugan] is one of the hardest workers on the team," Colaizzo said. "He had a great indoor season."

The Red Foxes will next travel to Boston, Mass. to compete on March 6-7. The women's team will be competing in the ECAC Championships while the men will be competing in the IC4A Championships. This is the final scheduled event for the Marist track and field team and is for select runners who have qualified based on times throughout the indoor season.

Corley, Crowe, Jackie Gamboli, and Kimberly Bartlett will all be competing for the women's team in the 4x800-meter relay.

"We are really hoping for the school record in the 4x800," Colaizzo said.

The following runners will be competing for the men's team: sophomores Will Griffin and Matt Flint in the 3,000, graduate students Girma Segni and David Raucci in the 5,000, and a Distance Medley Relay team of seniors Matthew Janczyk and Colin Frederickson, freshmen Matt Panebianco and Arquimedes Delacruz.

"For the guys we are looking for personal-bests," Colaizzo said. "If they can run personal-bests they will all do very well."

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participating. The competition was once again highlighted by Bolstad, who won the men's one-meter dive with a score of 321.15 and was named men's Diver of the Meet, all with a sprained right ankle.

Katz finished fourth in the same event with a score 263.30. Bolstad, who will wrap up his record breaking junior year when he competes at the NCAA Zone Diving Championships, will be looked at as one of the top divers in the nation as he enters his senior season.

"Not having any understanding of the incoming recruiting classes, he's by far the best diver in the conference right now," VanWagner said. "There's a huge gap in diving between the rest of the conference and



Brian Bolstad."

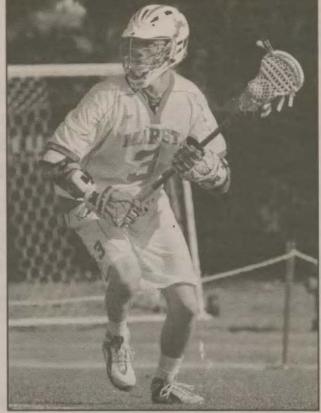
As part of the season wrap-up, the MAAC Conference announced the 2010 men's and women's Swimming and diving All-Academic Teams. Marist had a total of 23 student-athletes selected to the squad, including 13 women and a league-leading 10 men. To qualify for the All-Academic Team, a student must complete two semesters at his or her current school and hold a cumulative grade point average of at least 3.2.

"The men finished fifth in the nation in selections to the All-Academic team," VanWagner said. "[T]he women finished in the top 50. I think that's just tremendous."

Argue with the editor!

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ZINDEL LIFTS MENS LACROSSE



FROM GOREDFOXES.COM
Junior Corey Zindel and the Red Foxes maintain a 2-0
record after victories over Sacred Heart and Holy Cross.

Women prepare to defend league title



Thursday, March 4, 2010

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Swimming and diving wins big at MAACs

By SCOTT ATKINS
Staff Writer

The Marist men's and women's swimming and diving teams results cently competed in the Metro Atlantic Athletic Conference (MAAC) Championships in Baltimore. The men finished third in what was an excellent all-around performance, but it was the women who had a record-breaking weekend as they lead from start to finish and took home their 11th MAAC Championship.

"We were confident going into the meet," coach Larry VanWagner said. "In analyzing the qualifying times from each school, we thought that the depth of our women's program would be an advantage and that we would win by a small margin...We certainly didn't expect to win the way we did."

The women's three-day performance concluded with what was the largest margin of victory in the history of the MAAC Championships. The Red Foxes finished with 921 points, 324.5 points ahead of second-place Rider.

Several women left Baltimore with excellent times, including freshman Katie Larkin who won the 200-yd. breastroke, and Chelsea Unger who finished first in the 100-yd. breaststroke.

Freshman Kate Conard turned out to be the star of the contest. She set conference records in the 500, 1,000 and 1,650-yard freestyles, one on each day of the competition. She was also part of the 400-yard freestyle relay team that broke Marist's record by three seconds. For her outstanding performance, Conard was named the women's most outstanding swimmer of the meet.

The young standout's versatility has been invaluable to the team.

"She's so important because she swims in seven events," VanWagner said. "She swims in not only three events in which she won and set new conference records in, but she also swam on four of the five team relays."

The men's squad wrapped up the event with a third place finish behind Loyola and Rider. Sophomore Kevin Shoemaker had the top performance for the Foxes, finishing in second place in the 200-yard butterfly.

Junior Brian Bolstad finished third in the 1-meter diving event, and senior Mitchell Katz finished sixth. The two teams then traveled to Pittsburgh for the Eastern College Athletic Conference Championships this past weekend. The women continued their dominance, bringing home the ECAC title for the second time in school history. They had consistent top-eight finishes in almost all of their events, including all three competitors in the 3-meter dive. Sophomore Meredith Michl, senior Katherine Carpenter, and freshman Chelaine Eliazar finished second, fifth and sixth respectively.

"Placing all three of our women divers in the top-eight of their events was a great accomplishment," VanWagner said.

Marist carried a slim 27.5 point lead into the final day of the event, and was able to hold on due to a fourth place finish in the 400-yd. relay which was the final event of the championship. Sophomore Michelle Fountain, Caroline Skjong-Nilsen and Conard combined for a time of 3:29.90.

The Marist women conclude their season having won the ECAC and MAAC Championships in the same season for the second time, the other being in 2006, and VanWagner was named ECAC Coach of the Meet.

"[The award] was very nice," Van-



FROM GOREDFOXES.COM

Both the Marist men's and women's swimming and diving teams enjoyed success at the recent MAAC Championships in Baltimore.

Wagner said. "It was an added bonus to the meet but the most important thing was the incredible team performance. Without that there's no opportunity to win an individual award like that."

The men had another solid effort, finishing seventh out of 21 teams

SEE PARTICIPATING, PAGE 11

