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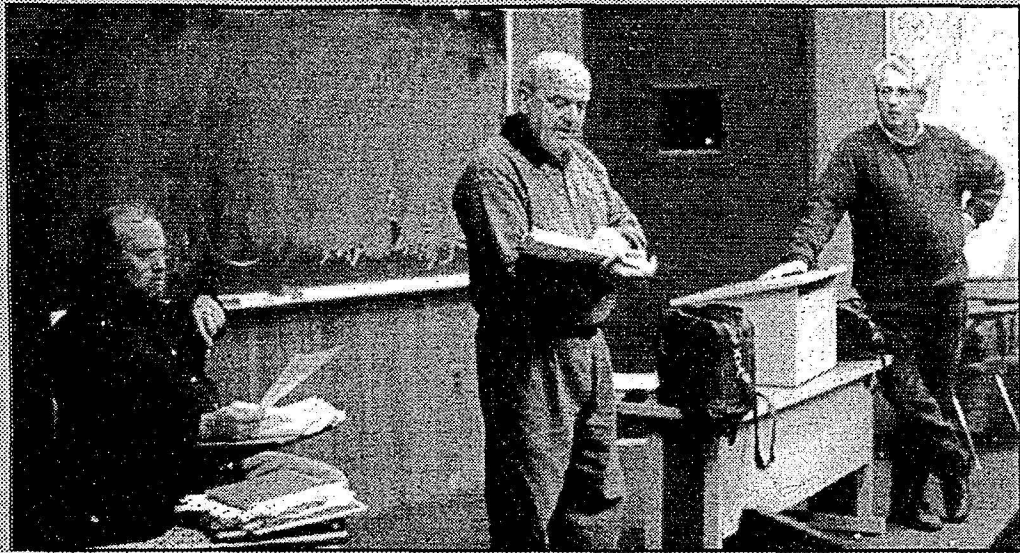
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# THE CIRCLE

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The student newspaper of Marist College

February 19, 1998



Don Anderson, Vincent Toscano and Richard Platt, pictured from left to right, team-teach the class *The American West*. The class uses the perspectives of literature, history and film to explore *The Imagined West*.

## The American West: a team experience

by JILL GIOCONDO  
Staff Writer

Not many classes are exciting enough to be referred to as a three-ring circus.

The American West history course is the sixth time Marist has offered a team-taught class. The class combines film, literature and history through the expertise of Donald Anderson, assistant professor of English, Richard Platt, assistant professor of communication, and Vincent Toscano, associate professor of history.

Toscano said he enjoys participating in team teaching because it provides a unique experience.

"I love [team teaching]," he said. "For the faculty members it's stimulating and exciting. It's

enjoyable to feed off of one another and learn what colleagues know."

Team-taught classes give professors the forum for combining different areas of studies and provide students with an opportunity to look at a subject through various points of view. Students also have the chance to be more candid and open to debating with the professors.

The class focuses on the mythical idea of the American west. This is the first of these classes that has covered such a large time span in history.

Anderson said that students find the first class sessions to be confusing.

"The class can seem initially confusing to students, but once they tune into what's going on, and many have said in evalua-

tions, that this is the type of course they hoped for when they came to college."

Platt said the classes provide a more open forum for the students to learn from each other and the professors.

"It is an interesting experience learning from each other and the students who get to experience interaction between both each other and the professors," he said.

Although the class environment may be less rigid, that does not mean there is less work. These classes count for credit just like any other and are not just for entertainment. Students taking this class have a lot of reading and writing, and they also have to keep a

Please see **TEAM**, page 3.

## Library plans finalized: materials to move to Steel Mill Plant

by CHRIS GROGAN  
Staff Writer

The library relocation plans are now official.

Rather than moving to the student center, modified plans now call for all materials to be moved to the recently purchased Steel Mill Plant across Route 9.

According to Tim Massie, chief relations officer, the new plan is more cost-effective and student friendly. Rather than having a separate facility to store all the materials, they will be in one facility.

This is also beneficial, he said, to students who would have had to wait up to an hour for books to be transported from an off campus storage building.

"It's much less costly to have all materials in one location, than it would have been to have shuttle vans running everyday," Massie said.

Massie and John McGinty, library director, said the temporary facility is well suited to the needs of a functioning library. In addition to housing all materials, it is well designed for storage, well lit inside, and outside and has plenty of parking.

Materials will begin to be transported out of the existing library right after finals are over in order to keep ahead of the construction beginning after commencement.

"In order to stay on target for the August 1999 completion date, the existing building has to come down at the end of May," McGinty said.

Massie said there will be minimum disruption to students during the current semester.

"Only office supplies and other non-crucial items will be removed before and during finals," he said.

Instead of only being able to seat 45 students as in the former student center plan, the Steel Mill Plant facility will be able to seat up to 120. This is still less than the 325 seating capacity in the current library.

The biggest concern in having the temporary facility

across the street is the fact that students have to cross four lanes of traffic. Massie said there are a couple options that the college is looking at.

"Possible ideas being tossed around include fencing around the perimeter of the campus to encourage crosswalk use and the possibility of another stoplight in the area," Massie said.

A pedestrian overpass is not feasible because of the high costs involved.

**"Possible ideas being tossed around include fencing the perimeter of the campus to encourage crosswalk use and the possibility of another stoplight in the area."**

Tim Massie

Definite plans for next year include an educational campaign to inform students about traffic safety.

Student reaction to the temporary site is mixed.

Dan Higgins, freshman, said crossing Route 9 is dangerous.

"It's definitely a risk to cross the street, especially with what happened to that girl a couple weeks ago," he said.

Other students said it will be more of an inconvenience rather than a hazard.

According to freshman Scott Garrett, having the library farther away will be annoying.

"It's just a pain to have to walk all the way off campus to get to the library," he said.

Massie said after the new library is built there are plans for the Steel Mill Plant to continue being an integral part of the college.

"It's too early to predict exactly what the building will be used for, but ideas being investigated now include faculty offices, classrooms, or academic advisement," he said. "It's a solid building with a lot of potential, and because we paid close to half million dollars for it, we'll definitely find a use for it."

## Marist to beef up security in wake of North End thefts

This story was originally run in *The Circle* issue dated Oct. 20, 1988.

by CARRIE BOYLE  
Staff Writer

In the wake of four car break-ins at the North End of campus, security is conducting occasional stakeouts and patrolling that area more frequently, said Joseph Leary, director of Safety and Security.

Four cars were broken into at the Gartland Commons parking lot on Tuesday, Oct. 4, around 1 a.m. Stereos were reported missing from two of the cars, according to the Office of Safety and Security.

The Town of Poughkeepsie Police are investigating these thefts, but as of yet have not been able to identify those responsible.

"There should've been preventive medicine before, not after the fact," said senior Melani Winters, whose car stereo was stolen from her yellow 1982 Subaru. "Greater security doesn't help me now- it should've been there before."

Because there is a shortage of security guards for all-night patrols in one area, Leary said he wants to implement a campus safety watch to encourage students to be aware of what is going on around them and to call Security without hesitation.

"Every student can be an extra set of eyes," said John Coughlin, patrol supervisor/investigator. "Confidentiality of their names would be honored."

"If four cars can be broken into in one night, it makes you wonder what other crimes can be committed without security noticing. It makes you feel unsafe," said Karen Oitzinger, a senior from Port Washington, N.Y.

Oitzinger had parked her white, 1980 Mercury Capri at 1 a.m. on Tuesday, Oct. 4. At 3 p.m. that afternoon, Oitzinger returned to her car to find the right side passenger window smashed in.

Although her stereo was not

taken, the control knobs of the stereo and the knob of the stick shift were, along with a container of anti-freeze, according to Oitzinger. She said damage costs totaled \$150.

At 4 p.m. the same afternoon, Winters found the front door window on the passenger side smashed in and her \$150 Pioneer stereo gone.

After parking his car on Oct. 2, junior Chris Ferina returned to his 1978 blue Toyota Celica on Oct. 5 only to find the dashboard ripped out and his \$110 Kraco stereo, speakers and a TDK cassette case missing.

In total, the items stolen amount to \$215 plus replacement of his dashboard. "For the amount of money I'm paying to go here, my car should at least be protected," said Ferina.

"The school makes you register your car and then when something like this happens, they assume no responsibility," said Oitzinger.

## What's Cool on Campus

### Today:

Day: BiGala fundraiser.  
Night: SGA 1998 elections debate... come and find out who the best person for office is!  
Night: Men's basketball at Iona.

### Friday:

Day: Outback Club indoor rock climbing at YMCA.  
Night: Women's basketball at Niagra.  
Night: Hockey vs. Wagner.  
Night: SPC coffeehouse with Down Low Connection.

### Saturday:

Men's and Women's indoor track MAAC championships. Good Luck!!  
Night: Galleria mall trip.  
Night: South End Society Coffeehouse.

### Sunday:

Day: Men's and women's basketball at Canisius.  
Day: Marist singers Holy Name of Mary concert.

### Tuesday:

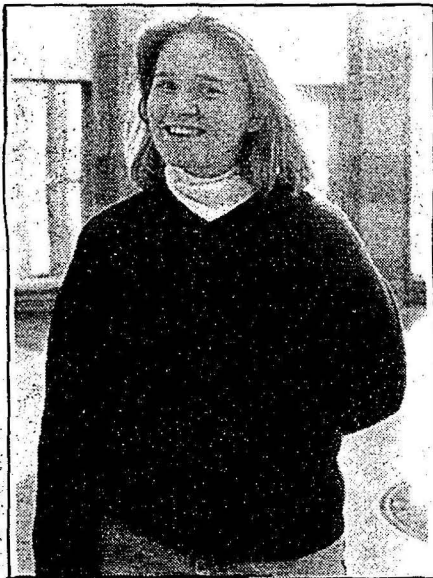
Night: Vendor selling Irish/American merchandise. Bring lots of money! Slante!

### Wednesday:

ASH WEDNESDAY  
Night: Phi Iota Alpha Spanish theatre.

## In Your Opinion

### What should be done to improve on campus social life?



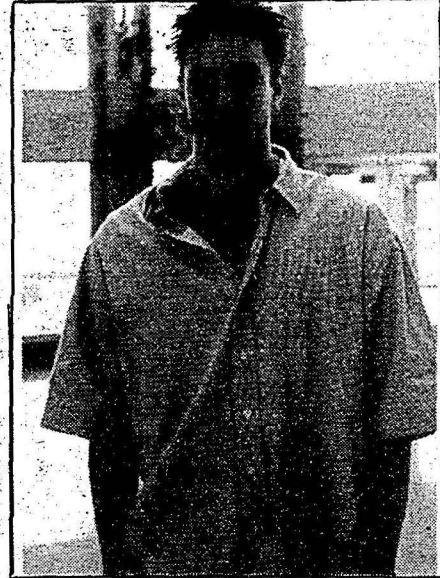
**Krista Newell**  
Sophomore

"There should be more events on campus, more concerts."



**Corey Lewis**  
Sophomore

"I feel that our campus is somewhat isolated from the community. If more stores and restaurants were on or near campus, I think it would be more exciting."



**Luke Glendening**  
Sophomore

"More concerts. Let bands play here instead of frats. Basically, just more live music."

## SECURITY BRIEFS

Feb. 1, 1998 - A female student was assaulted off campus, in the City of Poughkeepsie. The girl was walking with another student towards Noah's when a car pulled up and an unknown female exited. This unknown girl yelled something to the effect of "stop talking to my man," and then proceeded to punch the victim in the left eye. She then slashed her back with a box knife and got back in her car. The police were called and responded approximately at 1:00 a.m.

Feb. 8, 1998 - Another assault was reported at 1:00 a.m. A female student walking alone, had just crossed Rt9 coming into the South Entrance of campus when she noticed she was being followed by a man on foot. As she approached the Donnelly parking lot, he approached her and asked to walk her home. He then grabbed her, ripping her shirt slightly. At this point a car came and started the man, who in the process of fleeing struck the female in the mouth with his elbow. The student was transported to St. Francis Hospital, where town police responded.

Feb. 9, 1998 - Yet another assault was reported to security, happening Feb. 8th at 3:00 a.m. In this instance a male student was approached at McCoy's by four other male students. They questioned the victim about a girl and then left him. A few hours later they approached him again and beat him while still at the bar. The police were called and the student was taken to St. Francis where he suffered from injuries to the right ear and eye, a chipped tooth, bruises to the torso, a laceration to the left leg, and six stitches to his lip. If injuring a human being is what makes you four tough guys feel cool, you have a problem.

Feb. 9, 1998, 5:00 p.m. - Information developed which indicated that a student in Leo Hall was in possession of marijuana. Security assisted Housing in an authorized room check. 12 ounces of marijuana was recovered from the room of the suspected student. The student was taken in hand cuffs to the police station where he could be charged for a misdemeanor.

(912) 110

**"How's the weather?"**

Thursday: Overcast, chilly.  
35° - 45°

Friday: Overcast, rain.  
33° - 49°

Saturday: Chilly, rain.  
34° - 46°

(912) 110

A t t e n t i o n

# JUNIORS

Apply to become an

## Admissions Intern

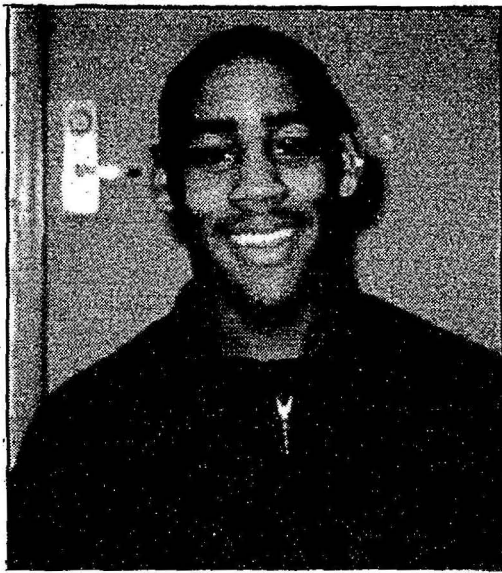
**You'll Get**

- 15 Credits
- Professional experience
- Travel opportunities

For further information about this unique opportunity, contact Chris Webb in the Admissions Office, ext. 2248. Any major may apply, and applications are due by February 21, 1998.

(Only seniors can be Admissions Interns, and the internship is for the fall semester of the senior year.)

# Meet the SGA presidential candidates...



**NAME:** Mikal Lee

**YEAR:** Junior

**MAJOR:** English

**FORMER POSITIONS HELD:** Three years as Diversity Awareness Chairman on the Student Programming Council (SPC)

**PLATFORM:** "I want to have SGA be more for student advocacy, to have more of an open door policy. I think there should be more communication on a grass roots level. I'm looking to make students feel more comfortable and to let them know what's going on in SGA. I want to be able to unite the campus and let the students know they have a voice, and through SGA they will be able to affect serious change on campus socially and academically."

**LIFE GOAL:** "I'm studying law now, and my life dream is to become a criminal prosecutor."



**NAME:** Colleen McCulloch

**YEAR:** Junior

**MAJOR:** Communications with a Public Relations concentration/ Political Science minor

**FORMER POSITIONS HELD:** Parliamentarian

**PLATFORM:** "Being secure on campus is probably one of the most important things to a student, and providing students with a personal security alarm will provide students with an additional sense of security while walking around campus. This year, SGA was highly responsive to students' problems, and as president I will insure that any conflicts brought to SGA will receive immediate attention. One of the ways we will be able to prove that is through public opinion polls."

**LIFE GOAL:** "I want to go into Political Communications, and to work for a legislature. I would like to own a vintage VW, too, but my ultimate goal is to be happy!"

Information compiled by Stephanie Mercurio

## Outback club climbs to new heights

by **ERIN FARROW**  
Staff Writer

Hiking, indoor rock climbing, camping, white water rafting, and skiing.

Whatever the season, the Outback Club can be found planning many of these trips.

Hiking is one of the main activities the club participates in according to Laurel Nysten, junior and the club's secretary.

"We usually go to Minnewaska State Park and Mohonk Preserve. The popular hiking places around here," she said. "They're not really difficult."

The club just held a hike the

second weekend of February to Mohonk. They usually have a hike at the beginning of the semester.

When not hiking on foot in the mountains, club members can be found indoors, rock climbing at the Poughkeepsie YMCA.

Nysten said students do not need their own equipment.

"They give you equipment," she said. "You have to use harnesses and someone spots you."

Nysten said the club has 150 to 200 members, 75 to 100 of them being active. She said the Outback Club has been at Marist for about 10 years.

In order to help pay for some of these trips the club will be sponsoring a returnables collection in March.

"We collect people's recyclables, turn them in, and get money," Nysten said.

Nysten said there are no special requirements to join the club.

"We usually ask the members who participate to contribute a couple dollars to pay for a bus," she said. "Usually no more than \$5 to \$10, and that's only for trips."

Ben Wesdorp, senior, said he likes the outdoor activities the club offers.

"Last year we went on an overnight campout and I really liked that," he said. "I also like the day hikes we do."

He said the club has allowed him to have a variety of experiences.

"I like to do all the activities, I like the outdoors, but I also like the people in it," he said. "I like the ability to experience new things. I would have never done indoor rock climbing on my own."

Wesdorp said he just wants to have fun.

"I am in it to have a good time," he said.

## Marist receives accreditation

The Commission on Higher Education recently accepted Marist's Periodic Review Report and reaffirmed the college's accreditation.

Marist received unconditional reaffirmation which means the Commission will not have to re-evaluate the college's performance again until 2001-2002.

Dennis Murray, Marist president, said the college should be proud of the Commission's positive evaluation.

"All members of our college community should take great pride in this re-affirmation of our work, and renew our commitment to uphold the high stan-

dards articulated in our educational mission," Murray said.

Artin Arslanian, dean of faculty/academic vice president, co-chaired the review process.

He said Marist's reaffirmation was the result of the combined efforts of the whole college community.

"The Middle States Periodic Review Report is the result of the hard work and cooperation of the entire Marist College community," Arslanian said.

"We can be justifiably proud of having received the unqualified support of our accrediting agency in moving forward toward our goals."

## Students enjoy team class

...continued from page 1.  
journal of their experience.

Susan Goulet, sophomore, said she likes the spontaneity of the class.

"I like it, it's kind of like a three ring circus," Goulet said. "They bounce off of each other which makes it more interesting."

Tom Sullivan, junior, said what he likes most is how the professors work together and present ideas.

"I think it's a great class," he said. "They are probably three of the best professors, and to see them work off of each other

is interesting. The topic of the West is interesting to explore through film, English and the historical aspect."

Beth Foster, sophomore, said she also found the class to be a unique experience.

"It's cool," she said. "I think that it is well organized and interesting."

Team-taught classes in the past have been about the 1950s and '60s and the period between World War I and World War II. There have also been team taught classes with just two professors participating.

### Hey, Comm Majors... Thinking about that Internship?

The Communication Internship Program will be hosting Orientation Meetings

It is M-A-N-D-A-T-O-R-Y to attend **JUST ONE** of the meetings in order to apply for an internship for credit!

Here's the schedule:

**February 25**

**March 25**

**April 22**

All Meetings 1-2 p.m. in LT 208

For more information, contact  
Communication Internship Director Gerry McNulty  
x 3655  
LT 226

## Marist discusses eating disorders

**EMILY KUCHARCZYK**  
Feature Editor

*She started with a diet. But she almost died*

At age 16, Anne weighed 110 pounds. But a boy told her she wasn't asked to a school dance because she was fat. He was teasing. But she was inclined to take it seriously. And she started counting calories.

First, Anne skipped lunch. When swimming suit fashions appeared in stores, she dropped breakfast. She obsessively weighed her food and calculated the calories she consumed. By summer, her daily intake had plummeted to some 300 calories a day. Anne weighed 93 pounds. Her knees, elbows and fingers swelled uncomfortably; she complained that her fingernails broke easily and her hair had split ends. When her friends and parents deplored her emaciated frame, Anne deplored the "ripples of fat" on her legs and stomach.

She adamantly refused to see a doctor until she fainted while boarding the school bus. In the fall, she cut her forehead; her parents took her to the emergency room. Appalled by her emaciation, the physician said Anne suffered from anorexia nervosa and immediately admitted her to the hospital.

Anne's experiences, according to the American Psychiatric Association, are like many who have an eating disorder. National statistics show that more than 5 million people in the U.S. are affected by an eating disorder. Four percent of all college age women are affected by eating disorders and five to ten of every 100 eating disordered individuals who enter treatment are male.

In order to increase awareness of the problem, Marist is having an Eating Disorders Awareness Week Feb. 23-28 coinciding with the National Eating Disorders Screening

Program. The program is sponsored by the Office of Counseling Services, Health Services, Athletics, Housing and Residential Life, Dining Services, and College Activities.

Providing information and help, according to Jane O'Brien, director of health services, is what the week is all about.

"The focus of it is to bring attention to the problem of eating disorders," she said. "We want to educate people and maybe help identify someone or someone's friend that may be having a problem and hopefully get them to realize that they do have a problem and for them to then seek some kind of help."

Several programs are scheduled for the week. On Monday night P.E.O.P.L.E., the peer education group, will be performing a program about friends dealing with eating disorders in the Leo Hall Stone Lounge entitled "I Have a Friend Who..." And on Wednesday night, Dr. Kathy Zraly, will be giving a lecture on eating disorders in the Performing Arts room.

Students are also encouraged to fill out anonymous questionnaires at information tables located throughout the campus about eating and exercise habits.

Roberta Staples, director of counseling services, said the questionnaires will help assess the eating habits of students on campus.

"The information will be collected and we want to be able to look at this issue, without identifying anyone in order to know the extent of the issue on campus," she said.

According to O'Brien, it is hard for people to realize they have an eating disorder.

"Sometimes it's hard for people to really think what they're doing is maybe problematic for them," she said, "especially college students who have a lot of high expectations made on them such as socializing, being popular, how they look, how they act, how they perform, there's a lot of pressure."

O'Brien said the pressure can lead to disaster.

"For some people, they think if 'I loose five more pounds everything will be better,'" she said. "They may loose those five pounds and then decide maybe I need to loose another seven pounds and then it really does become a problem."

O'Brien said a feeling of having no control can also lead people to an eating disorder.

"People may feel they're lives are out of control and this is something they can control, they can control what they put in their bodies," she said.

These feelings of stress and lack of control can lead to anorexia nervosa, bulimia nervosa, or compulsive exercise.

Anorexia is when a person skips meals or does not eat and becomes very obsessed with how many calories are in every single item she or he is going to eat or is thinking about eating. If a person does eat then that person exercises strenuously in order to burn the fat and calories off.

Bulimia is when a person stuffs her or himself with food and either self-induces vomiting or takes a laxative. A person with bulimia may consume thousands of calories at one sitting.

There is also a condition when someone compulsively exercises, feeling terrible if a workout is missed. This person may exercise two, three, or more times a day.

O'Brien said treatment for an eating disorder involves confidential counseling. She said more than 60 percent of those who seek treatment are successfully helped.

O'Brien said people who think they might have an eating disorder should not feel alone.

"They're not alone, it's a problem that affects many men and women and there are places that you can go receive help," she said. "And it's not something other people need to know about if you choose to keep it confidential."

## Graduation means marriage for student

**EMILY KUCHARCZYK**  
Feature Editor

Heather Lynch is taking Capping now.

She is also preparing to get married.

Lynch, a senior communication radio/tv/film major, is getting married after she graduates in May. She is marrying former Marist student Scott Glass. With the wedding date set a week after graduation, Lynch said she has been very busy.

"In some ways it's harder and in some ways easier because I'm doing everything at once, graduating, getting married and finding a job, so that's stressful," she said. "It's good because then the wedding isn't on my mind constantly, like I've heard some people saying that they're constantly thinking 'oh yeah I'm planning this and that' and I'm thinking 'oh yeah I have this paper due.'"

Lynch, 22, said she met Glass, 24, her freshman year while chatting on the computer.

"I was on Marist chat and on one random night I wrote to him and then we kept writing back and forth for about a month and then we met in person three days after we got back from Christmas break," she said.

Lynch said they have been together ever since.

Marriage was not a surprise according to Lynch, who has been with Glass three years and has been engaged for two of those years.

"We were going out five months and we were talking about getting married anyway and we went to visit my friend who works in this jewelry store and she said not to come in or we'll end up buying something," she said. "We looked around and I picked out a ring and he went up to her [salesperson] and said 'ok we want this ring' and we went to the shoe store after that to get me shoes and we both sat down and stared into deep space because we were like 'what did we just do.'"

Lynch said she knew Glass was the one for her soon after meeting him.

"It was weird because I knew he was the one I was going to marry, maybe the third day after we met," she said.

Thoughtful is how Lynch said she would describe Glass. "When I was staying over at his parents' house, his parents have no heat upstairs, and he'll run downstairs and put my clothes in the dryer and warm them up and bring them upstairs," she said.

As part of preparation for the marriage, the two participated in a pre-cana. Lynch said she enjoyed the experience.

"It was kind of cool because you got couples coming and talking about their relationships," she said.

She said she became closer to Glass as a result.

"We did this thing called marriage and morality and met with the priest. That was really neat because you write a love letter to your significant other and you have to read that letter to the person," she said. "You had to write 'why I'm getting married to you' and it brought you closer together."

She said marriage preparation is important for couples to participate in.

"A lot of people were like 'why are we here, why do we have to do this' well if you're going to make your relationship work and help make the marriage last, this helps," she said.

Lynch said the wedding ceremony, not the marriage, makes her nervous.

"It's a little scary, the ceremony, it's all for just one day," she said. "I keep thinking I'll probably fall walking down the aisle or something or I'm going to say something stupid when I'm up there saying the vows."

Lynch said the upcoming marriage has changed her outlook on life.

"I take things more seriously now than I did before just because any decision I make is not just my decision, it's our decision," she said.

A larger family also has changed Lynch's attitude.

"Because it's not just me anymore, I don't have to worry just about me, I have to worry about somebody else," she said. "If anything happens to me it doesn't just affect my family now it affects a whole other family."

Family, Lynch said, is important.

"The most important thing is being around friends and family, like when you get lost and loose your way and they're there to remind you who you are," she said.

Starting a new family, Lynch said, just felt right.

"Everybody yells at me for saying this, but you just know," she said. "I don't know how, but you know when it's right."

Lynch said she and Glass are the perfect match.

"He's my best friend. I couldn't imagine not having him in my life," she said. "I couldn't picture him not being there because he's the first person I think of when anything happens to me and I have to call Scott and tell him, and if I didn't have that it, would be weird."

### Top Ten Ways to Get Your Roommates/ Housemates to Clean

10. Put signs with creative sayings in various rooms reminding people to clean.
9. Make a cleaning schedule.
8. Casually mention that someone else besides you should clean for a change.
7. Put a large pile of cleaning supplies in front of the room of the person who is supposed to clean.
6. Hang signs reminding your roommates/housemates that you do not live in a pigsty.
5. Hide all the dishes so everyone has only one dish.
4. Put the garbage into your roommate's/housemate's bed.
3. Throw garbage at your roommates/housemates.
2. Pretend you are stuck to the floor and cannot move until someone washes it.
1. If all else fails, try making death threats.

# Food Dude celebrates Mardi Gras Cajun style

**TOMNARDI**  
Food Dude

This Tuesday marks the end of one of the biggest parties of the year, a party that started 12 days after Christmas. I am talking about Mardi Gras. This upcoming Tuesday is Fat Tuesday. This is the last day before the season of lent begins.

The origins of Mardi Gras can be traced back to the ancient Romans who held a feast right before lent began. In this country, Mardi Gras started in Louisiana when the French held private balls throughout January and February. When the Spanish took over, they put an end to the festivities. Once the Americans gained control of that region, the celebrations began again. These celebrations have been going on ever since. Last year over four million people went to New Orleans for Mardi Gras.

Since most of us will be unable to go down to New Orleans this weekend, we can try to bring a little of Big Easy back to us. Spanky's, located on Main Street in Poughkeepsie, is one of the area's only Cajun and Creole restaurants. Creole food is

the type of cuisine of the French and Spanish who came to Louisiana. Cajun food is a blend of Creole, Native American, African, and South American foods.

I started my meal off with a cup of beef gumbo (\$2.95). Gumbo is a thick soup prepared with either seafood or meat, countless spices, vegetables and rice. The small cup was filled with large chunks of steak, mushrooms and celery. I am sure that it was homemade but the taste was reminiscent of Campbell's. For my entrée I had the option of various items, including grilled chicken and fish sandwiches, numerous kinds of fresh fish and seafood (oysters and crayfish are extremely popular with Cajun chefs). I opted for the pan-fried blackened catfish (\$7.50).

When most people think of Cajun cuisine they picture foods which have been blackened with spices (usually a blend of paprika, red and black pepper, garlic and onion powder, and of course, salt.) In reality, blackened food is not traditional Cajun food. It was invented in the '70s by Chef Paul Prudhomme. Since he is of Cajun decent, most people started affiliating blackened foods as being Cajun.

Another misconception about Cajun food is that it is all spicy. A good chef, however, only uses enough spices to bring out the flavor of the foods he is cooking with. If you like robust, flavorful foods, you will like Spanky's.

The thinly sliced catfish was good, albeit part of the fillet was fatty. Entrées all come with a salad. I was disappointed by the salad. I was expecting it to be served as its own course. I was also expecting more than just a clump of iceberg lettuce and a cherry tomato. However, the spicy salsa dressing, which is sweeter than it is spicy, is one of the best salsas I have ever had.

A side of red beans and yellow rice also accompanied the catfish. The beans and rice had a slight cinnamon taste. From past visits I remember that their other side dishes, collard and greens and corn bread, are very good.

For dessert I chose the peach cobbler, topped with vanilla ice cream (\$3.50). The heated peaches were in a sugary crumb crust. This was a great way to end my meal.

Service was extremely quick. I walked into to Spanky's at 1 p.m. and by 1:15 p.m. I was done

with my entrée. That is right, I walked in and 15 minutes later I was finished eating my meal. This is great for those people who are pressed for time, but want something more than fast food. I recommend taking your time and really perusing the menu, especially if this is the first time you have been there.

Overall, I give Spanky's three stars (If only I could figure out how to get stars to print up on this computer.) The food was good, service was quick, it was reasonably priced, (although the

lunch portions could have been bigger) and it is conveniently located (although I suggest taking a cab since parking is horrible.)

So this Tuesday night, dress up in some purple, green and gold (the official colors of Mardi Gras representing justice, faith and power) and head over to Spanky's for something different. And as they say in the French Quarter "Laissez les bon temps roulet"...Let the good times roll.

## Emily's Recipe of the Week

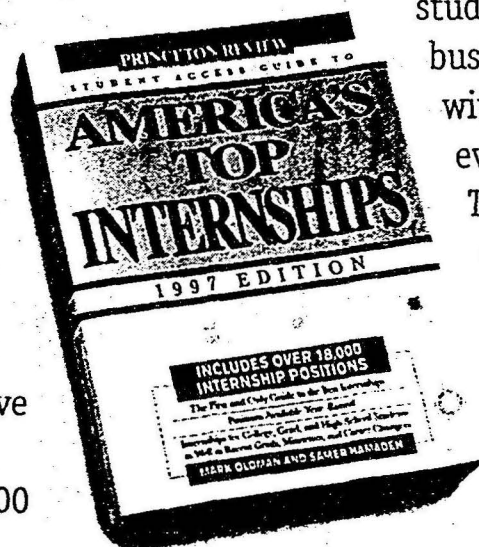
### Berry Smoothie

1 cup of water  
1/2 cup cranberry juice  
1 pint of strawberries (stems removed) or raspberries  
1/2 ripe banana  
1/4 cup honey  
1/2 cup plain, low-fat yogurt

Put all the ingredients into a blender and spin them on medium speed until smooth. Smoothies should have a thick consistency, so be careful not to overwhip. Once the fruits begin to liquefy, stop the blender at short intervals to check the consistency. The recipe makes two 8-ounce servings.

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## Letter to the Editor

Athlete questions *Circle* coverage

Editor,

Nineteen. That is the number of varsity teams, men's and women's, on this campus. Without a large and cooperative staff, it must be difficult to cover every single one, day-in, day-out, through an entire season. But there must be a way to keep teams from becoming "forgotten."

As the section editor of the sports section of the Reynard (Marist College yearbook) I understand the difficulties in covering every sport on this campus. Some teams receive very little coverage and are difficult to track, but that may not be reason enough to discredit their existence in *The Circle*, as it isn't for the Reynard.

Perhaps some of the blame can fall upon the student body here. I'll admit, I'm not the first person in line to go to a basketball or a soccer game. And, as an athlete, I understand what it is like to compete in an arena under the presence of fans, or the lack thereof. Yes, it is easier to compete when there seem to be people on your side, cheering you on. But none of this can adequately explain why some teams are "inadvertently" left out of *The Circle* week after week.

So, is the answer to learning more about the sports teams is to go to their home meets and games? That would be an excellent solution if all teams had adequate opportunities to play on their home/court/field/et cetera. The "smaller sports" often don't get the opportunity to play on campus — the tennis team at the Dutchess Racquet Club; the track team, because of the lack of a track, travel a lot; a swim team which only holds so many meets at home — subsequently, these teams don't receive the coverage because they're NOT on campus.

There is only one way for the Marist community to know anything about the accomplishments of these "smaller sports," and that is through *The Circle*. Who is to say that they don't generate interest? Have they really been given the opportunity too? Perhaps there would be even more interest in a close race than a blow-out basketball game. It's not a matter of "only wanting the good and not the bad," it's a matter of having something. Having a chance to show the records that have been shattered, and the team, as well as individual, accomplishments.

It's hard for me to cast blame, or accuse anyone of ignoring certain teams when I don't know the staff situation at *The Circle*. But the Feb. 5 edition caused me to create more doubts than I had before I picked up this copy. After explaining for half a page that you are focusing on "keeping everyone on campus happy," why was the entire back page dedicated to men's basketball? What about women's basketball, swimming and diving, and track and field...

Jennifer Glover  
Women's Track

## Quote of the Week:

**"Evil will always win because good is dumb."**

--- Dark Helmet, *Spaceballs*

The article "HuMarists sharpen comedy skills at Skidmore College Comedy Festival" was written by Michael Goot, not Allyson Travis.

## The View from Sue...



## THE CIRCLE

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If you have a story idea, would like to publicize a club event or if you would like to send a letter to the editor, you can e-mail *The Circle* at HZAL.

If you are interested in advertising in *The Circle*, please leave a message for Chris Hogan at 575-3000 ext. 2429.

## Athlete debates sports space

Editors,

First of all, the swim team is probably one of the best teams on campus. Second of all, the other sports that you say are the smaller sports on campus are the sports that don't generate the most money and that's why they are the smaller sports and not as popular.

Thirdly, a lot of sports like track, tennis, cross-country, and a few other teams don't have a place to compete on campus and that is a big reason why they don't get much interest. If they are not seen at all how can they generate interest? I am looking at the paper now and how many people really care to see an entire page devoted to basketball? You write about all their stats and stuff but here is one that was in the Poughkeepsie Journal and not in our school paper. One of my teammates (track) is the first individual to qualify to compete at the IC4A meet which is a very big meet and will be competing against the best in northeast region division I schools. He also just missed coming in first in a 3000m race against Duke's top runners. But instead of that we get "Mens Basketball Team Struggling Right now. But help is on the way in three key prospects." Oh yeah, he also broke the school record in a big way. Suggestions are to have each of the teams captains write a small something each week to be put in *The Circle*. Limit it to a certain number of words so all can have their place. For something like qualifying for IC4A (which is also the last meet before Nationals) and breaking the school record, you can get one of your staff writers to pursue the story and write a bigger article. Here is a great idea so all the captains know what they have to do. Tell the AD Tim Murray or Asst. AD Colin Sullivan to inform all the captains at the next Captains Council Meeting.

Louis Caporale  
(Capt. XC and Track)

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**READ**

# Get your fat on, Marist College

Has anyone noticed a strange, repugnant smell coming from the south end of campus? No, I am not talking about the usual smell, I am talking about a new smell. A sort of, burning fat smell. I investigated this smell one day and my finding was amazing. It seems that suddenly, the Marist community has become health conscious and the smell is coming from the new section of the James J. McCann Center. Human fat actually being burned off, day in and day out.

I tried to figure out what the sudden interest in exercise was. Perfect, with John Travolta and Jamie Lee Curtis, has not been shown on any of the cable channels in at least two months, so that could not be it. Richard Simmons is working on a game show, so it could not be his influence. And I have not heard of anyone working hard to win the Presidential Fitness Award since third grade. So where did this sudden interest come from?

Spring break is certainly a possibility. Tons of college kids go on spring break every year, none of whom really want to look like that little fat kid Bill Cosby used to bounce on his knee (you know, Rudy's friend. Try to

keep up.). So everyone starts working out, usually too little, too late. But I guess if it makes them feel better, what the hell, go nuts.

I would like to take this paragraph to say that I am not the least bit bitter about my spring break plans. I will be staying in Connecticut with my parents, my sister and our two dogs. I am happy about this. I do not want to talk about it any further, as I might lash out at the person sitting next to me.

So is spring break really the reason everyone is suddenly health conscious, or is it something deeper? I think spring break is just an excuse for people to look at themselves in the mirror naked (for the first time in years) and realize the damage that college has done to their bodies.

Let us reflect on our youth for a moment. We graduated from high school, looked good. We went to college, looked good. We were at college for about a month, put on a little weight. We went to college for three and a half years, we are unrecognizable to our household pets and cousins. (Household pets and cousins often being thought of similarly in terms of family im-

portance.)

Oh, I see, you think this is a joke. When was the last time anyone out there has looked at their high school yearbooks? If anyone has the gall to take a minute and look at the gaunt, malnourished little person in their yearbook picture I have one thing to tell you: **THAT IS WHAT A HEALTHY PERSON LOOKS LIKE.** The person in the mirror, the present you, is not cutely chubby or big boned, and beer guts are not sexy. (Except, of course, for mine.)

This is not just scary, people. This is disgusting. To imagine that the amount of Pizza Hut, McDonalds, Burger King, Kennedy Fried Chicken, Arby's, Wendy's, Sbarro, Yeung Ho, Emiliano's, Sev's, T & F, Mona Lisa's, White Castle, (I have seen someone eat it once) and China Buffet that has entered just one of our bodies over the course of our years at college could probably fill up half of the Empire State Building must make some of you physically ill. Not me personally, but someone must have some guilt over this.

Personally, I am happy with my present size. I am not as thin as I was when the year began, but in terms of my college career, I

am only ten pounds heavier than when I started. Granted, all of it hangs over my belt or under my goatee, but hidden fat is as good as no fat. Just ask girls the difference between winter and spring wardrobes, they know the deal.

Winter makes us all a little more lazy, I understand that. But we have all been lazy for three-fourths of the past four years. In the summer we actually have to have jobs which force us off the couch, away from the television and, in some motivated instances, outside. But no one is questioning what college kids do in the summer. What I am questioning is how people in Africa could not put on ten pounds in ten years, but people at Marist can do it in ten days.

I lived on Martha's Vineyard this summer where I worked with two Spanish girls. (Not Spanish like Puerto Rican or Spanish American, but actual people from the country Spain. Look it up.) These girls were often asked stupid questions by guys who wanted to entren los pantalones. Questions like, "so what's the biggest difference between Spain and America?" The girls, not recognizing this as a well below average pick-up

line, answered honestly: "People in America are very fat. I have never seen so many overweight people."

This is the truth. They actually said that, and they meant it. And they were right. We are all very fat. But is it really necessary? Do we really need to get two Big Mac's for two dollars, or two pizzas at Little Caesar's? Are we all so spoiled when it comes to food and how we like it and when we want it? (Which is usually now, now, now.) Why can we not just practice moderation in terms of our eating habits and give the money we save to charity?

I will tell you why not. Because we are hungry. In fact, I am hungry right now. I am going to go over to Burger King and get a Big King for 99 cents and I swear to God if my french fries are not steaming hot I am going to reach into that Drive-thru window and rip that little s\*\*t out by his chest hairs. He is not big enough to mess with me, he is not even in college yet. **Tim Manson is the Opinion Editor for The Circle and he says that no overweight people were injured during the writing of this article, physically or emotionally.**

## Phones, Thugs and Harmony at the Bardavon

Did you ever get the feeling that Marist is just weird? I mean, weird, inexplicably odd, and like nowhere else? Granted, this school, with its widespread cult of Aberrombie and Fitch, and neatly manicured shrubbery has its charm, but sometimes it leaves me incredibly confused. For example, why does it seem that the biggest issue on South End student minds is the cafeteria? I mean, you would think half the school has no opinion on anything and then you see these vehement letters posted outside the cafeteria about the quality of the Chicken ala King.

However charming it is here, it is good to get away every so often, even if this simply involves a trek up the street or down the road into Hyde Park. If I am feeling particularly ambitious, I will go up to Rhinebeck. All of that aside, it is nice to be off campus from time to time.

Sometimes I do not have the luxury of a somewhat distant destination, so like the rest of the student population, I have to set my sights more locally. Amidst the empty storefronts, and seedy restaurants there is the Bardavon Theater.

Last Friday, I had a ticket for Alfred Hitchcock's 1959 classic film, *North by Northwest* in my pocket, and despite some apprehension, I intended to use it. The last time had I ventured into Poughkeepsie, I was besieged by a barrage of snowballs, and subsequently harassed by a group of poor immigrants that made it quite clear that they did not have access to indoor plumbing. All in all, it was not the most pleasant experience.

I had purchased the ticket in advance, because it was something that I wanted to do, and I

kind of felt that I might wuss out if I could not convince anyone to go with me. That is where the whole weird bit comes in. I was really surprised that I could not find anyone who wanted to go. I mean, it just seemed like a really cool thing to see this really cool Technicolor Film as it was meant to be seen on a really nice big screen. Heck, there was even a live organ player at the theater instead of "Coming Attractions."

Once I got there, my nerves were completely calmed by the happy atmosphere at the theater. It is just great to watch a movie with scores of other people who are equally intrigued by the movie. Okay, much of Cary Grant's banter was as cheesy and dated as an old Edsel, and the Cold War plot was pretty silly, but that only added to the the charm of the whole thing.

After the show, I had to call a cab. So, I told a police officer that I was going to use a payphone down the street, and I just wanted him to be aware that I was alone. He nodded, and in a gesture that emulated my impression of much of the police force, turned the other way.

The contrast of the cozy interior of the Bardavon and the harsh reality of Market Street are living examples of why it is nice to concentrate on the little comforts of living. I mean, sometimes it does seem like the world is coming to an end, and we may as well enjoy life. If anything, that does call for a clean and pleasant cafeteria.

**Tara Quinn is the humor columnist for The Circle.**

## Awards season is always a learning experience

Tuesday morning, as I lie in my bed watching the live announcement of the Oscar nominations on CNN, one painful question tore apart my insides: "What about 'Booty Call'?"

Once again, the self-rigtheous Academy snubbed true art in favor of celluloid clap-trap like "Amistad", "LA Confidential", and something called "Titanic" that is supposedly all the rage with the kids these days.

Notably snubbed in the Best Supporting Actress category was former White House Intern, and staunch buffet advocate, Monica Lewinsky for all the hours of support she provided President Clinton as a result of their "emotional relationship".

Meanwhile, the buzz around Tinseltown is that Lewinsky's partner in male bonding, Linda Tripp had all but wrapped up the Amateur Documentary nomination for her secret recordings of her conversations with Lewinsky. However, the nomination was taken away at the last minute when the Academy realized that she was not Penny Marshall. She also lost the Best Actor nom when was pointed out that she was, in fact, not a man.

After all, we are in the midst of a fervor sweeping throughout this great nation of ours. Not since those many months ago, when the Spice Girls spiced up our lives, and out hearts, has the U.S. seen anything like Olympic Fever.

What could be more American than the Luge? I cannot imagine a better way to inspire the slack-jawed youth of America than a ride where all you have to do is lie perfectly still, and let

someone else (in this case, gravity) do all the work. If nothing else, it will prepare them for the prospect of having a sexual relationship with an Englishman.

Speaking of cold stiff, did anyone happen to catch long-time friend of this column and Automoton Rights Activist Al Gore warming up the crowd for President Clinton in Illinois a couple weeks back? It was a different Al Gore than the one we are accustomed to: This was an Al Gore with feelings. Apparently, he got that emotion chip installed, because he was ranting and raving and working up a storm. White House Insiders say that he actually registered a pulse.

Either Gore realizes that he might have to start acting presidential sooner than he had anticipated, or he really is that good of a friend to Bill.

I imagine that a combination of the two is the case, as a whole slew of the president's friends are coming out of the woodwork; even a few that have never been in prison.

Friends like Barbara Streisand have come out of the woodwork, a phrase that I use based solely on her uncanny resemblance to a termite. She made the statement that we elected Bill Clinton president, not pope. While this surely did not come as a surprise, it was a great source of disappointment to Catholics everywhere.

Not that there could be Catholics any more disappointed than those in Cuba. First, media attention shifted away from their fascist paradise the second the "Loose Lips Sink Ships" Lewinsky controversy broke.

Then, it turned out that Cubans turned out for the pontiff because Castro said that they would be turned inside out if they did not turn out.

To many Cubans, the Pope's even being there was a sign that there is a change sweeping through Cuba that almost rivals Olympic Fever. On the other hand, it is going to take some time for the generation of Cubans not raised without religious freedoms to understand that the way to free yourself from poverty is to outlaw abortion, astronomically increasing the population. What can you do when they have so much to learn?

But, when it comes down to it, we all have much to learn. For now, though, let us take satisfaction in the strides we have made.

For one thing, we know that Awards Shows are all a sham. If they were not, New York Mayor Rudy Guliani would have let the Grammys walk all over him the way that they walk all over the music industry. We know that, to President Clinton, the Book of Job is the one that really blows. We know that the only thing worse than a Spice Girls album in the top ten is TWO Spice Girls albums in the top ten. We know that the only thing worse than the Spice Girls is Oasis. We know that, no matter how dull he may seem, we are glad that Al Gore is not Tony Blair. But, most of all, we know that the Pope really is Catholic. Even when he is surrounded by people who are not.

**Christian Bladt is The Circle's White House Correspondent.**

## The world of climbing is a unique and wonderful thing

by JIM DZIEZYNSKI  
A&E Editor

Rock climbing is one of those sports whose validity and safety are constantly in question. It is unique in that no other sport has such grievous repercussions for mistakes; the only other sport that comes to mind is high-speed auto/motorcycle racing, though due to the extremely expensive nature of racing, rock climbing has a higher number of participants. Psychologists could have a field day trying to explain what motivates a human to scale jagged peaks and seemingly flat rock faces. From the outside, many people have a hard time understanding why someone would put their life at such risk for what seems to be very little reward—and why those who climb are utterly obsessed with it.

Outside of the climbing community, there is little fame or prestige that comes from bagging an unclimbed 5.14 vertical fissure or free-soloing 50 foot faces. If you did not understand those references, that is alright; Ron Kauk will never have the endorsements and world admiration of a Michael Jordan and Lynn Hill will never get on a Wheaties box like Flo-Jo. The world of the climber is a small and elite fellowship and that is the way they like it.

There is common sentiment



Sean Dougherty plays it cool at the top of a 175+ foot high rappel at the Gunks in Gardiner, New York. The Gunks offer some of the best rock climbing in the world and are located a mere 35 minutes from Marist.

all serious climbers seem to share, from the most extreme rock-hound to methodical technical wizards: there is an intense clarity and focus that comes with the knowledge that each move has the plausibility of death as a real risk. As a result, one's mind is easily cleared of trivial and troublesome things and a Zen-like peace enters the clarified mind. Egos are abandoned, prestige is irrelevant and time loses meaning. In those rare and sharp moments, one gets to expose the inner self and learn intimate details of who one is. It is a unique purifying process not designed for every-

one. Another particular aspect of climbing is the balance of mental/physical ability. There are times when both the mind and the body have to be maxed out in both concentration and strength. Each rock is a puzzle that needs to be solved using the physical resolve of the climber. Many routes require using holds no bigger than a tic-tac while standing on pencil thin ledges. Double this with the mental capacity to deal with dizzying heights and self-doubt, and you have arguably the most intense sport on the planet.

What many Marist students

do not realize is that thirty-five minutes away is some of the best climbing in the world. The Shawangunk Mountains in Gardiner (which shares a border with New Paltz) offer premier granite which has drawn many of the world's best climbers to its hundreds of routes. Climbing gurus such as John Gill and Lynn Hill have lived in New Paltz and have many climbs named in their honor. Difficulty is rated from 5.0 (easiest) to 5.14+ (damn near impossible!). The Gunks offer climbs of all ratings, from easy scrambles to forearm-frying cracks. Even if climbing is not

your thing, a trip to the Mohunk Preserve (the park where the Gunks are located) is a worthwhile journey. On any given spring day, one can watch dozens of climbers attempting to reach the tops of various ascents.

Scenic Lake Minnewaska is also in the area and offers a nice escape from the cluttered concrete world of Poughkeepsie. I cannot explain or defend climbing; I can only say I am infected with that strand of the "Human Condition" (as writer/climber Jon Krakauer puts it) that makes one utterly infatuated with the sport. In a recent trip with fellow climbers Sean Dougherty and Chris Knapp, I was able to rappel off 175-foot cliffs and try my hand at some of the classic climbs in the Gunks. I would encourage everyone to at least watch some kind of climbing and maybe try it and see if you do not get hooked.

Remember, safety is imperative; proper training and learning is not optional, it is required. You do not want to go out like a sucker because you did not know the right knot or how to strap on your harness. When properly rigged, climbing is as safe as hopscotch. The importance of safety cannot be overstated! It is one of those wonderful and powerful sports that continue to gain in popularity as more and more people realize the allure of its potential.

## Your record collection could use some improvement!

by PATRICK WHITTLE  
Ass't A&E Editor

Week in and week out, Bob Roth and myself write articles about bands you have probably never heard of, concerts you probably did not go to, and CDs you will probably never buy. This week in an attempt to broaden my musical horizons, I am presenting you with a diverse arrangement of underexposed yet still pop-friendly releases, both past and present. So if you are disenfranchised with a music world dominated by Spice Girls boredom and Marilyn Manson shock-rock drivel, here are 10 albums you might want to consider picking up. After all, everyone's record collection could use some improvement, including mine.

Shelter, "Attaining the Supreme" (Equal Vision, 1993) and "Mantra" (Roadrunner/Supersoul, 1995)- Regardless of what they might be doing now, these two Shelter albums are two of the most heartfelt and inspirational opuses I have had the pleasure of listening to. "Attaining the Supreme" brings you Krishna-Conscious music with an emphasis on seeing through the material things of the world. The album's best song is "Better Way", the chorus of which will stick in your mind for

weeks. "Attaining the Supreme" is only overshadowed by one thing, "Mantra". "Mantra" is one of those albums that make me love life. Upbeat, intense, revealing and emotional are all dramatic understatements. You try listening to "Appreciation" and "Letter To A Friend" without wondering if life is not as bad as you think it is. Also highly recommended is singer Ray Cappo and guitarist John Porcell's old band, Youth of Today.

Lifetime, "Jersey's Best Dancers" (Jade Tree, 1998)- Songs about girls, love, and New Jersey. Kind of reminiscent of Green Day or Weezer, believe it or not, but with ten times the spirit. This is the kind of band college kids were expected to listen to in the early 90's, so let's "bring it backwards" as the band says and give these guys a chance. Introspective lyrics and driving music make this one a winner. Inside Out, "No Spiritual Surrender" (Revelation, 1990)- This is Zack De La Rocha of Rage Against the Machine's old band. If you like Rage and you do not own this one, your record collection seriously does need some improvement. Thoroughly puts Zack's present work to shame in every way. The music is stripped down to its raw best, and the lyrics are

similar except minus all the "gangsta-rap" stylings Rage uses. You want this CD, trust me.

Burn, "Shall Be Judged" (Revelation, 1990)- Chaka from Orange 9mm sang for this New York band. Lyrics take a vegan/animal rights slant at times and reveal an interesting personal side at others. The music is highly influential on today's Adidas-wearing "alternative" bands. Bands like Korn and the Deftones would not exist today if it were not for Burn...but maybe that would be a good thing?

Fugazi, "In On The Kill Taker" (Dischord, 1993)- This is basically just an example I chose because it is Ian MacKaye's most recent work that I truly love. His previous work, especially Minor Threat's "Out of Step" LP and the complete Embrace discography leave me with my jaw on the floor. Amazingly sincere and emotive yet uncompromisingly experimental music with an edge. You could call it "indie rock" if you want, I just call it unbelievable.

Bad Religion, "Suffer" (Epitaph, 1988)- This is one of my favorite "punk rock" albums ever. I do not honestly think this band deserves that label, as they eschew from the genre's typical nihilism in favor of politi-

cal and social motivation. It is hard to believe that this was their "come-back" album 10 years ago. Blistering yet almost pop-rock based music combined perfectly with Greg Graffin's soulful voice. This is the album that inspired all those bands you see on MTV these days (Blink 182, the Offspring, etc.)

Ignite, "Call On My Brothers" (Conversion, 1995)- It amazes me that so few people seem to acknowledge this amazing Southern California band. Ignite are sometimes fast, sometimes slow and moody but always positive. They focus their songs on brotherhood and the earth; in fact the singer is a member of Earth First. The title song on this album will make you appreciate what true friendship really is. If you are looking for a CD that will wake you up to all the good in the world on your worst day, look no further. Also check out some of their member's former bands, including Uniform Choice and No For An Answer.

Verbal Assault, "Trial" (Giant, 1987)- You are probably thinking, "Boy, that's a dumb name." Well, put your preconceived notions aside. This Newport, RI band played music that was in equal parts powerful and personal. They even throw in some piano action on

"Scared" that would make Billy Joel proud. This is the kind of record that makes you look inside yourself and see what life is really about. Verbal Assault inspired a generation of emotional hardcore and indie rock bands, and it is hard to deny them after listening to "Trial."

Faith No More, "King For A Day, Fool For A Lifetime" (Warner Bros., 1995)- Faith No More does not really fit in with the rest of this group, but maybe that is the best thing about them. They were completely overlooked after "Angel Dust" failed to sell as well as their breakthrough "The Real Thing". This album came after "Angel Dust", and outshines them both. From the dirge of "Get Out" to the almost gospel-influenced "Just A Man", you cannot lose with this album. For a truly bizarre listening experience, pick up singer Mike Patton's side project Mr. Bungle's album "Disco Volante."

There you have it. Just run over to Rhino Records in New Paltz (shameless endorsement) and pick some of these CD's up, and you will be a more enlightened, happier individual. The more open you are to good music, the better your very life will be so go out there and make yourself happy!



# New Pearl Jam CD Yield not bad, not great

by CHRISTIAN NOLAN  
Staff Writer

For those of you whose favorite Pearl Jam album is "Ten" you will not like "Yield" better. For those of you whose favorite Pearl Jam album is "Vs.", there are specific songs on "Yield" you will love. Those being the more mellow tracks reminiscent of "Daughter" or "Elderly Woman Behind the Counter in a Small Town." For those of you whose favorite Pearl Jam album is "Vitalogy", you will feel that the band has digressed ever since. Lastly, those that like "No Code" the best are in the minority of Pearl Jam fans. The main point is that Pearl Jam is arguably the biggest name in modern rock causing there to be many types of Pearl Jam fans.

What category does "Yield" fall into? Fans and record sales will soon decide. "Yield" starts off fast with "Brain of J" which is a "Spin the Black Circle"-like up-tempo track. This is followed by "Faithful" which has lead singer Ed Vedder singing about marriage. The album at this point sounds good, but then they decide to sound like Led Zeppelin. The first minute and a half of "Given to Fly" sounds like "Going to California" while "In Hiding" sounds as if Led Zeppelin had written the song and Pearl Jam was covering it. "Push Me, Pull Me" is another "Rats" wherein you ask yourself, "Why was that on the album?" The two strongest tracks on the album, "Pilate" and "Low

Light", were written by bassist Jeff Ament, whose bass skills shine on "All Those Yesterdays." While Jeff Ament's writing was a pleasant surprise, Ed continues to have trouble coming up with creative ideas. "Do the Evolution" is a lame attempt at describing our human nature while "Wishlist" gets downright cheesy at times. Example: "I wish I was a sentimental ornament you hung on the Christmas tree/ I wish I was the star that went on top." Surprisingly, Ed shows a rare moment of humor on the same song. As the song fades out he is still singing about what he wishes. If you listen carefully he says, "I wish I was a radio song/ the one you turned up." This is sarcastic humor in reference to Pearl Jam's radio-friendly past.

On my scale of 1 to 4 (4 being the best) I give this album a two and a half. Lyrically, Vedder is in a slump and musically they need to stop the Led Zeppelin-like sounds. However, Vedder's voice still is one of the best and most unique in rock today and most of the songs have clever guitar riffs. (There is a hidden track that is a Spanish sounding instrumental.) Pearl Jam is not over the hill yet, but is at the make or break point of their career. Sales of this album will probably decide the future direction of this '90s icon band. Hopefully for Pearl Jam fans, Ed Vedder will decide to enjoy playing live to an extent of what they call a tour rather than use the old ticketmaster excuse.

# Reviews of *Fallen* and *Hurricane* offer pros and cons of recent movies

by NIK BONOPARTIS  
Staff Writer

*Fallen* Denzel Washington stars in this supernatural thriller about a homicide detective who crosses paths with one of Lucifer's fallen angels when he nabs a serial killer and watches him presumably die at the hands of the electric chair. Things start to get fishy when Detective John Hobbes (Washington) is called to the scene of two murders mirroring the previous murders of the late serial killer Reese. Hidden messages in the video of Reese's execution lead Hobbes to believe that his work is far from done, and soon he finds himself in the middle of a spiritual war between himself and the fallen demon Azazel, who apparently had possessed Reese and can pass from the body of one person to another by means of a simple touch. This movie is loaded with Biblical implications playing over a gritty and dark atmosphere that contributes to the mood of the movie. The suspense lies in the fact that Hobbes, as well as the audience, has no idea who or where the next attack will come from. While the movie lacks the violence usually associated with its genre, it creates a mood that captivates the audience throughout the entire two and a half hours of screen time. Denzel Washington offers a strong role and believability in his character throughout the film. *Fallen* certainly has its down points and seems to drag at certain points, but overall it achieves

what the director and writers are hoping for in a thriller. So, unless you have not seen *Titanic*, *Fallen* is your best bet for movie going in these next few weeks.

*Hurricane Streets* marks the directing debut of Morgan Freeman. No, not the Morgan Freeman of *The Shawshank Redemption* among other films. This movie is directed by the virtually unknown Morgan J. Freeman, and stars the eighteen-year old Brendan Sexton III in the fitting role of a fifteen-year-old NYC street tough guy. The story begins with Sexton's character Marcus and his friends "livin' large" over the summer in New York, where they turn to the profitable business of stealing Hootie and the Blowfish CDs and selling them to anxious youngsters at the local elementary school. This turns out to be too small-time for the young group, and so they turn to more profitable means of gaining revenue, namely stealing

cars and robbing the apartments of fine NYC policemen. Trouble begins when unity within the group falters, and the job of robbing the policemen's apartment turns deadly. The movie alternates between old folk rock favorites and the "freshest, dopest rhymes of today" throughout its soundtrack. The inconsistency of the soundtrack is an avid metaphor for the film, which can't seem to find a steady plot through the hour and a half of its screen time. If you're looking to see a good movie, don't even think about *Hurricane Streets*. Featuring affected New York accents and street punks in full regalia robbing convenience stores, this movie plays out more like a bad documentary or a pale imitation of *Kids*. The hour and a half you spend in the theatre will feel like four or five, and you'll leave the theater grumbling about the \$7.50 you spent on admission added to your cab fare. But, hey, the Wedding Singer looks good.

## Communication SENIORS:

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Wednesday, March 11, 1998 @ 12:30  
Lowell Thomas 125

## SGA NEWS

NAME: Charles Joseph Leone, Jr.  
YEAR: Junior  
MAJOR: Communications, Radio/TV/Film  
HOMETOWN: Fair Lawn, NJ  
FAVORITE MUSICAL TALENT: Billy Joel  
FAVORITE MOVIE: "Three Amigos"  
FAVORITE MEMORY: Watching Game 6 of the World Series at Yankee Stadium  
ROLE MODELS: Parents

Charlie Leone's favorite aspect of Marist College is the people. "I love the vast amounts of friends I've made over the years here," said Leone. As a Resident Senator in Student Government, Leone must address and vote on pertinent campus issues. At the moment, he is the chair of the Constitution Committee. For the past semester, he and his committee have been working endlessly to revise the Student Government Constitution. Leone stated his most memorable moment from SGA will be the day the Constitution is completed.

Through his work with Student Government, Leone has learned many things about politics.

"Student Government is not just about issues...it also has a lot to do with the politics people bring to the issues," said Leone.

As his career goals, Leone would like to have a high paying job in Sports Communications.

"I want the nice car, the nice house, the girl...I want to live the American Dream," said Leone.

Yet, while still here at Marist, Leone is building his resume with his internship with Sports Information at the McCann Center. He will also be the first person in his immediate family to receive a college degree.

In addition to his Student Government responsibilities, Leone is involved in many other activities around Marist College. He is the host of a sports show every Monday night at 7:00pm on WMCR, a panelist on "Press Box", a MCTV sportscaster, an orientation leader, plays intramural sports, and a NEACURH representative. NEACURH is a nationally recognized Student Government Association. This summer, Leone traveled with other students to Ball State University in Indiana for this conference.

In his spare time, Leone enjoys spending time with his girlfriend and hanging out with his friends.

### SPRING ELECTIONS !!!!

Campaigning for the 1998 Spring Elections is going on this week. The following is a list

of the candidates and their prospective positions:

Student Body President:.....Mikal Amin Lee

Resident Senator: .....Colleen McCulloch

Resident Senator: .....Carol Ann Ester

Resident Senator: .....Ryan P. Hunter

Resident Senator: .....Kevin M. Lundy

Resident Senator: .....Amanda Pike

Class of 1999:

President: .....Mark Allen Urciuolo

President: .....Jennifer M. Wheeler

Class of 2000:

President:.....Jacob D'Addario

Vice-President:.....Maureen Sachetti

Secretary:.....Sara Jane Pitz

Treasurer:.....Rebecca Valk

Class of 20001:

President:.....Ben Amarone

President:.....Seth Tyminski

Vice-President.....Christopher M. Blasie

Secretary:.....Amanda Kelly

Secretary:.....Shannon McInnis

Secretary:.....Melanie Rago

Treasurer:.....Cristina Allgeyer

To find out more about the candidates, read their posters hanging all around campus and check out what they have to say in the mailroom!!

Voting will be held next Monday, Tuesday, and Wednesday (Feb 23, 24, 25) from

10:30 - 2 pm in Dyson and from 3 - 7 pm in the Student Center, next to College

Activities. Remember to bring your school ID.

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# Swim teams take out broomsticks at MAAC championships

by **THOMAS RYAN**  
Sports Editor

The men's and women's swimming teams swept the Metro Atlantic Athletic Conference Men's and Women's Swimming and Diving Championships for the second consecutive year last weekend at the McCann Natatorium.

The men's team won for the third time in as many years in the MAAC, while the women notched their second title after placing second in their inaugural 1995-96 season. The Marist men came in 215 points ahead of the second place team, Rider while the women finished 46 points ahead of Rider, who placed second in that division well. The men's team also set a new MAAC Championship Record with 1119 points, surpassing the 1000 point mark for the second consecutive year. They are the only team ever to go over the 1000 point plateau.

Red Foxes were named to three of the four individual awards as well. Dave Dobbins was named Most Outstanding Male Swimmer, while teammates Chris Blackwell and Melanie

Addington were named Most Outstanding Male and Female Divers, respectively.

Dobbins pulled off an impressive trifecta as he won the 100 Freestyle, the 200 Freestyle, and the 500 Freestyle on consecutive days. He also anchored Marist's 800 freestyle relay and 400 Individual Medley Relay to winning efforts as well.

For Blackwell, it was his second such honor as he was also named Most Outstanding Male Diver two years ago at the MAAC Championships. This time around, Blackwell won the 1-meter diving title on Friday, and followed that with a win in the 3-meter event on Sunday.

Addington nearly equaled Blackwell's feat, but had to settle for second behind Iona's Marsh Rubin in the 1-meter competition. She received one more piece of hardware when she was named to the MAAC All-academic team earlier in the week. Also named to that team from the Red Foxes were seniors Shannon Ritchotte and Greg Christman, along with junior Matt St. Lucia.

The only individual award Marist did not receive was the Most Outstanding Female

Swimmer, which went to Rider's Jen O'Reilly. O'Reilly probably had the most impressive outing of the Championships as she won three individual titles and set two MAAC Championship records in the process. O'Reilly won the 100 Freestyle in a record time of 0:53.21, the 200 Freestyle in a record time of 1:54.75, and the 200 Individual Medley. She also was the first leg on Rider's record setting 200 Freestyle Relay, and the anchor on Rider's winning performance in the 400 Freestyle Relay.

Other winners for Marist included Griffin McNeese and Keena Moran who won their respective 1650 Freestyle and 400 Individual Relays. Moran also won the 500 Freestyle on Friday.

More women to take home first places included Jenn Nafus who won the 200 Breakstroke, and Erin McGrath, who was victorious in both the 100 and 200 Butterfly. The duo then helped Marist capture both the 200 Medley Relay and the 400 Medley Relay.

Michael Murphy's time of 1:56.68 was good enough to take first place in the 200 Individual Relay for the men.

## What's on Tap?

<b>Men's Basketball</b>	<b>Men's and Women's Indoor track</b>
2/19 at Iona at 7:30 PM	2/21 MAAC championships at Manhattan College
2/22 hosts Canisius at 2:00 PM	
<b>Women's Basketball</b>	<b>Hockey</b>
2/20 at Niagra at 7:00 PM	2/20 hosts Wagner at 9:15 PM
2/22 at Canisius at 1:00 PM	

## Jim's Trivia

Who holds the Marist record for most points in a Men's basketball game?

Answers to trivia question form two weeks ago: The last time the AFC won both the Superbowl and the Pro Bowl was 1976.

--Jim Lieto is a regular contributor.

## Marist Athletes of the Week

**Male: Dave Dobbins** was named most outstanding male swimmer at the MAAC championships.

**Female: Melanie Addington** was named most outstanding female diver at MAAC championships.



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# Women's basketball

...continued from page 12.

"I would have to say it probably is our best win considering the level of who we beat," said the coach of the win.

Loyola jumped out to an early 11-4 lead. Marist then went on a 9-2 run to take the lead on a Shackel jumper. Two consecutive Lesko three's put Marist up 25-19 at the 6:37 mark, and Marist closed the half with a 33-28 cushion.

The Foxes came out looking to run more and with a higher intensity. "We saw we could run on them early and scored a decent amount of points off turnovers, something we haven't done often," said the coach.

Marist kept the lead until the 7:47 mark of the second half when two Shannon Cohen free throws put the Greyhounds back on top. Loyola would widen the margin to six and it looked like Marist was letting another one get away.

Vallery scored the next four points to cut it to two and Cortney Blore tied the game on a hook with 2:55 remaining. A Corey Hewitt three gave Loyola the lead but Marist answered as Lesko hit Blore underneath for two. After a Hewitt miss Lesko drained a long three, her fifth of the game, giving the Foxes the

lead for good.

"That was the dagger in their hearts," Babineau said of Lesko's shot. "That proved to the kids, 'hey we are going to win this game.'"

Loyola couldn't convert on their next possession and immediately fouled Shackel. She hit two giving them a four point lead with 25 seconds to play. Hewitt hit a three for the Greyhounds with 6 seconds left to cut it to two, but it was too little too late.

Babineau thought it was a big win. "They believed in themselves and made plays down the stretch. Now we believe we can win these games."

The key to the win came on the boards. Loyola was outrebounded by 11 and held to just 2 second chance points. Lesko led the team with 20, including 5 three's. Vallery added a double-double with 14 points and 10 boards while Shackel and Blore chipped in with 10 points apiece.

So after splitting the first two games of the week Marist welcomed Rider for a game covered by MAAC TV. The first half went back and forth. Marist took a 13-8 lead when Lesko connected from down town. Rider came back strong to take a 27-21 lead on a three by Robin

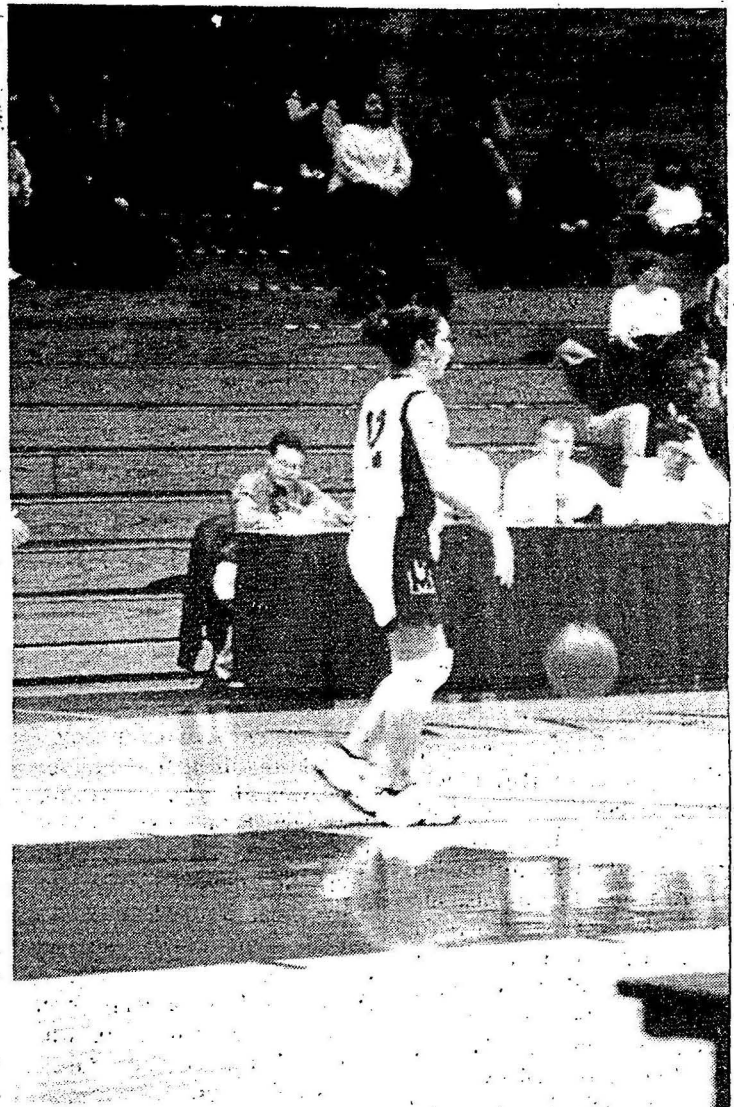
Stein with 4:19 in the first. Marist captured the lead again with 27 seconds in the half on a driving lay-up by Torie Anderson before Michelle Warriner answered with a long-range bomb to give the Broncs a 34-32 half time edge.

The second half turned into a disaster though. Rider came out and took advantage of several Red Fox mistakes to open up a 51-36 lead. Marist could not get anything going offensively against a switching Rider defense.

"We just didn't play well," said Vallery. "We have to go as hard as we can every day. We didn't do the little things that we know how to do."

Lesko, who along with Blore and Colleen King played her last game at McCann, said lack of unity was the problem. "Sometimes one person shows up, sometimes two people show up, while the other three are in a daze. We have to all be on the same page on the same day."

Following the game, Babineau said lack of effort definitely wasn't the problem. "I'm not disappointed with the intensity or effort. I'm disappointed with the execution...Every game is its own entity. We just have to regroup and move on."



Beth Shackel walks the ball up the court during Marist's win over Loyola.

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STAT OF THE WEEK

The Men's swimming team set a MAAC championship record with 1119 points.

SPORTS

THE CIRCLE, February 19, 1998

QUOTE OF THE WEEK

"That was a dagger in their hearts. That proved to the kids 'Hey, we are going to win this game.'"  
-Ken Babineau, women's basketball coach

# Pair of sophomores step up their play

by THOMAS RYAN  
Sports Editor

Break-out performances from sophomores Joe McCurdy and Tom Kenney inspired the Men's Basketball Team to its biggest win, and perhaps best week, of the season.

A 79-74 win over St. Peters on Tuesday and a 67-60 loss to Loyola on Friday set up what proved to be Marist's most impressive win this year. On Sunday, spearheaded by the play of McCurdy and Kenney, the Red Foxes knocked off the second place team in the MAAC, the Rider Broncos, 65-59 in a game televised on Madison Square Garden Network. McCurdy finished the game with a career high 16 points, while Kenney had 12 points and 12 rebounds, both season highs.

"Joe has been working very hard since he has come back," head coach Dave Maggarity said. "He has really stepped up his game in the last week."

Kenney wasted no time in making his presence felt in his first start of the year. The 6-10 center converted a lay up in the opening seconds, and sophomore Tomasz Cielebak followed the next time down the floor with a three pointer to dig a 5-0 hole for the Broncos.

Rider fought back to take a 22-20 lead on Derrick Perry's fast break lay up, but then McCurdy took over. The 6-6 swingman sandwiched two jumpers around Kevin McPeek's lay up to tie the game at 24-24. McCurdy then made a steal and drove the length of the court for a pair, and followed that with a blocked shot which led to his baseline lay in at the other end.

McCurdy's two-minute explosion gave Marist a 28-24 lead that they would never relinquish. Bo Larragan capped off the half by nailing a three-pointer with a second to go to give Marist a 33-26 halftime lead.

The Red Foxes kept a comfortable advantage through most of the second half, but could never manage to pull away, thanks in large part to Rider free throw shooting. The Broncos were 9-of-11 at one point in the second half from the line, and were in the bonus with over nine minutes to go in the game. But, besides foul shots, Rider could muster no other offense for most of the second half. Shooting guard Greg Burston, the team's leading scorer at 14.9 points per game did not score until there was less than 13 minutes to go in the game. He finished the game with only four points on 2-of-13 shooting.

The Red Foxes lead got up to 10 three times in the second half, the latest coming when McCurdy made both ends of a one and one to make the score 58-48 with four and a half minutes to play. The Broncos then went on an 11-3 run, which included two three pointers from Ray Touomou, to cut the lead to 61-59 with 0:50 seconds remaining.

Rider elected to play good defense instead of fouling, and their strategy seemed to work as Bobby Joe Hatton's shot was off the mark. But, Cielebak came away with a huge offensive rebound and passed the ball to Larragan, who was fouled immediately. The 13th leading free throw shooter in the nation calmly proceeded to drain both free throws to put Marist up four

with 0:20 seconds left. McPeek missed two free throws for Rider, and Kenney made two for Marist to create the final margin.

"I would say that was our biggest win of the year," Maggarity said. "This win will give us confidence heading into the conference tournament."

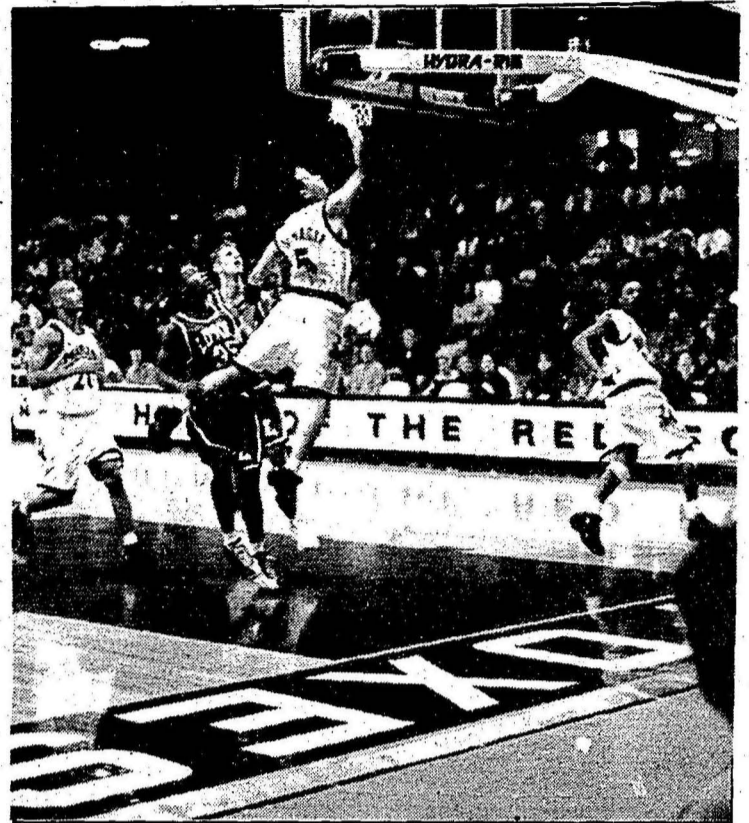
McPeek finished the game with 15 points for the Broncos while Touomou chipped in with 12. Larragan had 13 points and Cielebak added 10 points and 8 rebounds for Marist.

Unlike this game where Marist led from start to finish, the Red Foxes had to pull off a comeback against the St. Peters Peacocks. Marist trailed by seven points at the half, but some sharp-shooting in the second half from Hatton and Larragan got the Red Foxes the win.

Hatton finished with 24 points on 7-of-11 shooting including 3-of-4 from behind the arc. Larragan added 17 points, as he went 7-of-8 from the free throw line. Kenney chipped in with 11 points, while McCurdy had 10 points and was a perfect 5-of-5 from the field.

For St. Peters, Jamar Hunter tied Hatton for the game-high with 24 points. However, Hunter's backcourt mate Ricky Bellinger was held to just nine points on 2-of-10 shooting from the field. Freshman Keith Sellers dropped 18 points for the Peacocks.

Loyola guard Mike Powell, the two-time defending MACAC Player of the Year, made his way to the McCann Center for the final time on Friday. Powell notched 23 points for the Greyhounds, who currently stand third in the MAAC standings.



Bo Larragan converts a layup after taking a pass from Joe McCurdy.

Loyola went a 24-9 run to start the game, as Powell hit three straight jumpers at one point during the stretch and totaled 13 points over that 12 minute span. Marist managed to close to gap to eight points at the half when McCurdy hit a lay up in the closing seconds, as the Red Foxes went on a 16-7 run of their own. McCurdy and Cielebak finished the half with six points each to lead Marist.

The Red Foxes inched closer and closer in the second half and finally managed to tie the score with less than 12 minutes to play in the game. Cielebak, after missing his first five three point attempts, finally hit one and let out a roar that could be heard over the crowd, as he cut the lead to two. Larragan then hustled after a loose ball on Loyola's next possession, and fed ahead to Hatton who was all alone for a lay up to tie the

score at 44-44. Powell calmly drained a jumper in the lane to put Loyola back in front, but five minutes later Cielebak took a beautiful pass from Larragan and slammed it home to give Marist the lead 51-50. It would turn out to be Marist last lead of the game, as Loyola went on a 12-0 run to put the game on ice.

For Marist, who was without three point ace Manny Otero because of a knee injury he suffered against St. Peters, Larragan led the way with 17 points and Cielebak and McCurdy each added 14.

In addition to Powell's 23 points, Loyola also got production from 6-10 center Robert Platt, as he finished with 12 points and 12 rebounds.

With the 2-1 week, the Red Foxes moved into a tie for ninth place in the MAAC with Fairfield.

# Women's basketball scores huge win at home

by JEFF DAHNCKE  
Staff Writer

Last week was an up and down week for the Marist Women's basketball team.

The McCann Center played host to three games and although the Foxes dropped two of the three, they played some of their best ball of the year. A win over Loyola sandwiched in between losses to Manhattan and Rider brought Marist to 4-19 overall and 2-13 in the conference.

The Manhattan Jaspers made the trip to Poughkeepsie last Tuesday and handed the Foxes a 67-61 defeat. Marist was in the game the entire way but, as so often has been the case this

season, fell short at the end. And to make matters worse, leading scorer Sabrina Vallery missed the game with the flu.

"I can not sit here and say 'ifs' and 'buts'. We just didn't get it done," said Coach Ken Babineau following the loss. "We are just not finishing the job."

Marist got off to a quick start as they opened a 19-9 lead, forcing Manhattan coach Michele Sharp to call a time-out at the 12:51 mark. It was a three-point barrage early on, as the Foxes canned four threes in the first five minutes of the game. Jean-Marie Lesko lead the attack by hitting three's on Marist's first two possessions. She would

finish with seven threes and a season-high 25 points, including number 1000 in her career.

But despite the hot start Manhattan began to chip away. They closed the half on a 14-3 run and the Foxes trailed 34-33 as they entered the locker room. Marist used a 25-footer from Beth Shackel at the buzzer to keep it only a one-point game. "We allowed them to get back into the game and it was a dog fight from that point on," said Babineau.

The lead changed hands six times in the first five minutes of the half before the Jaspers took a 40-39 advantage at the 15:08 mark on a lay-up by Tracie Sims. Manhattan would lead the rest

of the way. The deficit was trimmed to one on three occasions but the Jaspers made plays down the stretch to preserve the win.

It was certainly a winnable game for Marist though. Babineau pointed to poor rebounding and post defense. "We showed the same weaknesses we have every game," he said.

Ultimately the game was won at the charity stripe. The Jaspers converted 19 of 22 attempts while Marist only shot 6 of 8. Sims and Meredith Morse combined to go 13 of 15 from the line and finished with 19 and 17 for Manhattan respectively. In addition to Lesko's 25, Cortney

Blore had a double-double with 14 points and 11 rebounds.

Two days later it was time to take the floor again, as the Loyola Greyhounds came to McCann. Loyola came in second in the MAAC with an 11-3 conference record and had pummeled the Foxes in their previous meeting, 70-44.

But this was a different team than that which came out Tuesday. Like the Manhattan game, it was close throughout. However, when it came down to the end, Marist made the plays they had to and came out with a 62-58 victory.

Please see WOMEN, page 11...