



## Performer combats domestic violence

*"Voices of Men" uses impersonations to teach life lessons*

By TRISHA CARR  
Circle Contributor

Ben Atherton-Zeman sounded a gong as students filed into the Nelly Goletti Theater, initiating the sonorous sound every 12 seconds, its tones ringing through the introduction given by counseling services director Roberta Staples. After she finished, he

Balboa began telling the audience about his ex-girlfriend who broke up with him because he didn't listen when she said no. He advised that men need to listen to a women's voice as well as her body language and tone. Men who are too persistent can sometimes unknowingly become rapists.

James Bond told the story of

called 911. Her stepfather was in the background beating her mother and baby sibling. The recording seemed to jolt the audience back to reality.

As a college student, Atherton-Zeman admits to using the same techniques the Rocky character used in coercing women. After meeting women who had been disrespected by

averaging 40 performances a year. He said he does a lot of performances in October, Domestic Violence Awareness Month, and April, Sexual Assault Awareness Month.

After Atherton-Zeman's performance, he came out dressed in a shirt that read "Stop violence against women." He thanked Housing and Residential Life,



BRIDGET SULLIVAN / THE CIRCLE

The name's Bond, James Bond. "Voices of Men" creator Ben Atherton-Zeman poses as the notoriously suave British spy to help teach young men about the realities and dangers of domestic violence and rape by men. The performance, held last Monday in the Nelly Goletti Theater, ended with every male reciting a pledge to "never commit, condone, or remain silent about men's violence against women."

revealed that every time he hit the gong, "a man abuses the woman he promised to love" and every two minutes, a man rapes a woman.

Beginning with the gong, Atherton-Zeman, an active member of the National Organization for Men Against Sexism, brought his one-man play, "Voices of Men," to Marist last Monday. Atherton-Zeman is famous for his amazingly accurate impersonations of male celebrities while teaching young men about sexual assault, date rape, dating violence, domestic violence, sexual harassment, and the objectification of women.

The show alternated video clips portraying victims of violent beatings and domestic violence with intentionally humorous caricatures of fictional men like Rocky Balboa, James Bond, and Austin Powers. He said he chose these three characters because they are icons of white, American masculinity.

Each of the characters came out on stage to make a point. Rocky

his nephew who was arrested for hitting his girlfriend. Bond explained that emotional abuse, like jealousy and other controlling behaviors are warning signs

that a man could potentially become abusive. Austin Powers, known for his womanizing ways, came to the realization onstage that feminists have valid goals and do not hate all men. He promises to try treating woman like companions rather than objects.

Though Atherton-Zeman provided comical impersonations, the videos shown illustrated that the violence he talked about actually happens. In one, the audience heard the terrified voice of a small girl, Lisa, who

guys like him, Atherton-Zeman wanted to take action.

"I was part of the problem and I want to be part of the solution," he said.

**'I pledge to never coerce anyone I know into having sex, or to pressure them into any kind of unwanted physical contact. I will always seek clear communication instead of assuming consent. I choose to respect, listen to, and seek equality with every person I date, and every person I know.'**

— Audience's pledge  
"Voices of Men"

He started campaigning against violence at 19 when he walked 3,400 miles in the Great Peace March for Global Nuclear Disarmament. "Voices of Men" was a spur of the moment idea for Atherton-Zeman. He said thought of it one morning, deciding it would be a good way to spread the word to young people about domestic violence. For five years Atherton-Zeman has performed "Voices of Men,"

the Athletic Department and College Activities for cosponsoring his performance and the Student Government Association for their support.

He asked all the men in the room to stand up and recite a pledge against violence. Males up and said in unison "I pledge to never commit, condone, or remain silent about men's violence against women. I pledge to never coerce anyone I know into having sex, or to pressure them into any kind of unwanted physical contact. I will always seek clear communication instead of assuming consent. I choose to respect, listen to and seek equality with every person I date, and every person I know."

One audience member Stephen Peterson, who said was required to come by the athletic department, said, "I stood and recited the pledge with most of the other males in the audience. I am proud that I did this."

## Republican Club to provide student body open political forum

By KRISTIN DOMONELL  
Circle Contributor

The Marist College Republicans now officially grace the list of college clubs and organizations. Existing since May 2006, the club, according to some members, will help promote voter and political awareness on campus and provide an open forum for discussion and debate.

The club is officially chartered to promote just such an awareness through the conduct of its meeting and types of activities it sponsors and in which it participates.

Like-minded Republican students had previously tried to establish a formal club, said member Joe Deslisle, but leadership was lacking. General sentiment also seemed to be wary of sponsoring a club so closely tied to the often vicious arena of partisan politics. Some seemed worried that a Republican group "would take [its] ideas and press them too strongly on others," member Chris Waters said. And of course, he said, "Any club goes through the pressures and stresses of trying to begin a new thing on campus."

Despite a shaky start, Waters and Deslisle said that they were enthusiastic about the club's immediate and long-term future.

Waters said that the Republicans hope to make a direct and indirect impact on campus by "getting our name out there, and building on our foundation to help out future generations [of Marist Republicans]."

Deslisle added that currently, "We've already started voter registration, and there's hope to bring in speakers. The club would love to join with another group and sponsor a speaker versus speaker debate."

He also said that he would like to see the club get involved in campaigns for Republicans running for office.

Discussion and debate, according to he and Waters, would be another crucial component to the club's raison d'être, as it were. At meetings, club members would have the opportunity to rationally voice and reinforce Republican viewpoints. One objective for them is to accurately define and portray to the campus what it means to be a Republican.

Both Deslisle and Waters emphasized, though, that the Marist Republicans welcomed anyone from different ideological backgrounds to engage in discussion. Anyone with an interest in politics and its effects can raise various topics for talk.

"We're not here to force our ideals on people," Waters said. "[The club] is an open, respectful, free forum for people with political interest."

As one of the founding members of the club, Deslisle said that he is "proud, proud beyond belief [to be involved with the Marist Republicans]. Politics is essentially my life, and one of the first things I say about myself is that I'm a Republican."

Ideological fervor aside, Deslisle said that the club "is not opposed to the creation of the Marist College Democrats."

## Student walk planned to aid Special Olympics

By DEANNA GILLEN  
Staff Writer

Do you want to do something good for the community? Want to make a difference in someone else's life? Then get your calendars ready and save the date, because on Sunday, October 15, the Student Government Association is hosting the Miles for Medals walk.

With locations throughout the Hudson Valley, the Miles for Medals walk benefits the children with disabilities who hope to one day participate in the Special Olympics.

"Anyone can do it," said Mary Ellen Conway, Student Council President. The two-mile walk from McCann to Gartland and back again is nothing to shy away from. In addition to sup

porting a good cause, once the two mile walk is completed, there will be free food and incentive prizes awaiting the walkers.

Every person interested in the walk is encouraged to join the team

at [https://www.kintera.org/faf/search/TeamPart.asp?event=169805&lis=1&kntae169805=8E DE52D4076F44E3B4B4B IFA \\*0963C530&suplid=138781920&team=1370162](https://www.kintera.org/faf/search/TeamPart.asp?event=169805&lis=1&kntae169805=8E DE52D4076F44E3B4B4B IFA *0963C530&suplid=138781920&team=1370162), in order to raise money. "You don't have to join the student government team, it's there for anyone who wants to do it."

Registration begins at 9 a.m. that day, and the walk will start at 10 a.m. "The goal really is to get our name and this cause out there, we wouldn't be here if not for the students."



## International Corner:

# London, Banoffee Pie, Friends

By TRISHA SEMINARA  
Contributing Writer

Banoffee Pie, a toffee and banana sweet pie concoction became a staple on British dessert menus everywhere once it made its debut in 1972 at the English pub, The Hungry Monk. I first heard about it in *Love Actually* when Keira Knightly brings another character a slice as a peace offering, and I knew I had to try it when I was studying abroad in London last fall. My friends and I had gone out to an organic pizza place three blocks from our flat and for dessert decided to try the Banoffee Pie. It was the most fantastic dessert we had ever tasted. From that point on, every meal we went out to, someone always ordered a slice to pass around the table. Of course we had to make it when we came back and I wanted to share it with all of you. Below is the recipe for this delicious treat that I hope you all enjoy!

If you would like to find out more about the Marist

Abroad Program, for all semester and short-term programs, you can visit their website at [www.marist.edu/international/](http://www.marist.edu/international/). Also, to find out more about the origins of Banoffee Pie, you can visit The Hungry Monk website at [www.hungrymonk.co.uk](http://www.hungrymonk.co.uk).

(Recipe and picture courtesy of epicurious.com)

### Ingredients:

- 2 cups canned sweetened condensed milk (21 oz)
- 1 (9-inch) round of refrigerated pie dough (from 15-oz package)
- 3 large bananas
- 1 1/2 cups chilled heavy cream
- 1 tablespoon packed light brown sugar

Special equipment: a 9-inch pie plate (preferably deep dish)

### Directions:

Put oven rack in middle position and preheat oven to 425°F.

Pour condensed milk into pie plate and stir in a generous pinch of salt. Cover pie

plate with foil and crimp foil tightly around rim. Put in a roasting pan, then add enough boiling-hot water to reach halfway up side of pie plate, making sure that foil is above water. Bake, refilling pan to halfway with water about every 40 minutes, until milk is thick and a deep golden caramel color, about 2 hours. Remove pie plate from water bath and transfer toffee to a bowl, then chill toffee, uncovered, until it is cold, about 1 hour.

While toffee is chilling, clean pie plate and bake piecrust in it according to package instructions. Cool piecrust completely in pan on a rack, about 20 minutes.

Spread toffee evenly in crust, and chill, uncovered, 15 minutes.

Cut bananas into 1/4-inch-thick slices and pile over toffee.

Beat cream with brown sugar in a clean bowl with an electric mixer until it just holds soft peaks, then mound over top of pie



BRIDGET SULLIVAN/The Circle

Ben Atherton-Zeman acts the part in his show "Voices of Men," trying to demonstrate through humor the serious nature of rape and domestic violence in today's society. Some of the personalities he characterized include international man of mystery Austin Powers. The show was held on Monday in the Nelly Goletti Theater.



V. P. 9/22/06

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## News Briefs

### World News

U.N., Sudan actively discuss possibility of peacekeeping force in Darfur region

Sudanese and United Nations officials said Tuesday that U.N. peacekeepers may soon be sent to the Darfur region in an attempt to stabilize the war torn region, preventing the military crisis there from worsening. The declaration comes after months of intense negotiation, primarily stymied by Khartoums insistence that African Union troops only be allowed to maintain a presence. The mandate maintaining the presence of those AU peacekeepers, however, is due to expire in December. Should that 7,000 person force withdraw without a comparable organization to take on peacekeeping tasks, some worry that the situation Darfur would completely come unhinged.

### National News

Newly declassified report outlines possible causes of jihadist movement

A report on global terrorism declassified by President Bush shows that while terrorists are relatively loosely organized, they are adapting to counterterror measures. The report states that new cells could potentially emerge from the worldwide 'jihadist movement.' It also gives possible causes of this resurgence in terrorism, pointing to regional grievances, the war in Iraq, the sluggish pace of reforms in Muslim nations, and anti-U.S. feelings among Muslims.

Bush ordered the release of the report after a media leak that pointed to the Iraq war as being responsible for the creation of a new generation of terrorists. He said that he wanted the American people to be able to decide for themselves the truth about terrorist motivations. Among prominent politicians, though, the report has only fueled further debate regarding the impact of U.S. involvement in Iraq.

Colombian brothers plead guilty to drug trafficking, crippling Cali drug cartel

Two founding members of the Cali drug cartel pleaded guilty to drug trafficking on Tuesday. Billions in personal assets will be confiscated and the drug kingpins themselves, brothers, Gilberto and Miguel Rodriguez Orejuela, may face up to 30 years in prison. The duo were convicted in Colombia in 1995, but indicted, extradited to, and tried in the United States after 2003. Their conviction represents what Attorney General Alberto Gonzales characterized as a "final, fatal blow to the powerful Cali cartel."

# Campus

## Security Briefs

### Excessive fighting leads to rental of an octagon and death match between Leo and Sheahan

By ANDREW MOLL  
Leader in homeland security

Apparently, the good people over at SNAP are none too pleased about comments I made last week regarding their importance (or lack thereof). The truth is SNAP officers play a crucial role in the safety and security of this campus. Who can forget their breakup of the infamous Gartland Cocaine Ring of '98? Or that time they escorted someone from the library to Sheahan Hall? So, to SNAP, I apologize.

And now, a brief public service announcement from John Gildard: Security has started a program called "Lock It Or Lose It," designed to get students to lock their doors when they are not present, preventing thefts from happening in resident areas. In a check of Leo, Sheahan, and Champagnat, 19 rooms were left unlocked and unoccupied. So kids, lock your doors and protect your stuff. Also, the Security office has a large collection in its Lost & Found, so if you have lost something, check Security to see if it's there.

Two speed bump signs and a parking sign were reported missing. I'm not exactly sure what one

would do with these signs. Kinda tough to hang them somewhere, seeing as it wouldn't be too difficult for other people to realize you stole them. Unless you have cool friends.

9/19 - LEO

There was a minor skirmish between a couple students on the third floor of Leo Hall, which in the past had been known as a bastion of good behavior. Says John Gildard, "No harm was done, except to their egos."

9/19 - UPPER WEST CEDAR

At the entrance to Upper West, a driver missed the turn, went up onto the curb, and then ran over a stop sign and some bushes. The driver was unharmed and the vehicle was towed. A young man was then seen running away with the stop sign screaming, "We got another one!"

9/20 - ST. ANNE'S

An employee reported that their vehicle had been shot with a paintball gun at St. Anne's Place, and the town police were called in to investigate. A paintball gun? What, was this a drive-by done by the most colorful gang in

Poughkeepsie? Or maybe they just couldn't afford real guns. Either way, good work by those guys.

9/22 - MARIAN

Marian Hall security confiscated a one pint Poland Spring bottle containing vodka. And since there's nothing else to say here, I have some good news for people who love bad music: You can stop listening to that crap by tuning into Not Sucky Music, 10 p.m. until midnight on Saturdays, on Marist Radio, 88.1 FM, or www.maristradio.com. Thank you.

9/22 -

An entry officer stopped a guest, and found a 1.75 litre bottle of Captain Morgan Spiced Rum, a bottle of Bacardi Green Lemon, and a bottle of Everclear Grain Alcohol. Now that's what I call a good time! They must have made a stop by Liguorama before coming on campus. It must suck to get all that stuff and then not even get the opportunity to use it. Hopefully, security put all those bottles to good use, if you know what I mean.

9/23 - CHAMPAGNAT

In Champagnat, an intoxicated student was

taken to St. Francis. This is something I have yet to experience, which is obviously a good thing, but taking that trip up to the Bates Motel-mansionesque hospital is sort of appealing. I can combine that with my other dream of one day writing about myself in a security brief.

9/23 - TOWNHOUSE LOT

In the Townhouse parking lot, a car was reported vandalized, as there were foot prints on the hood and the sun roof was broken. I'm not exactly sure why an individual would do this, unless the owner of the car really deserved it. But still, it's the principles of it all. I have this image of a movie or TV show where someone is on the roof of a car, hitting it with a golf club or something, and I apply that to this situation. I'm not sure if that show or movie actually exists, however. I very well may have made it up. For some reason, it sounds like an Adam Sandler movie. Which of course means I probably didn't see the movie in the first place.

9/24 - DONNELLY

A non-student was seen in the Donnelly lot, suffering from alcohol poisoning, and was taken to St. Francis. So, this person was probably a guest

of a student here. My questions are these: Where are the people that he was visiting, and why did they just leave him in the parking lot? I'd like to think Marist students are better at hospitality than that. At least lay down in the parking lot with them.

9/24 - SHEAHAN

On the second floor of Sheahan, there was a confrontation between a couple residents, and one ended up with a bloody nose and was taken to the hospital. Seeing as Leo had a similar situation earlier in the week, it only makes sense for the two dogs to have it out on the grassy knoll area in front of the two buildings to see what is the second best Freshman dorm, behind Champagnat, of course. We should pitch this to ABC, or something. Gotta be better than Grey's Anatomy, right Jess? (Upon further look, it appears as if this nearly actually happened a couple weeks ago, but with no punches being thrown. More alcohol would have done the trick, I presume.)

*Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.*

genius-o-meter:

## Upcoming Campus Events

Thursday, Sept. 28 - SPC Comedy Club presents Jay Black - 9 p.m. - Caberet

Friday, Sept. 29 - Sunday, Oct. 1 - Alumni Weekend

Friday, Sept. 29 - Marist Faculty Art Exhibition - noon - 5 p.m. - Steel Plant Art Studios

Friday, Sept. 29 - Men's Ice Hockey vs. Siena - 9:30 p.m. - Mid-Hudson Civic Center

Saturday, Sept. 30 - Casting and Business of Acting Workshop - 1 p.m. - 4 p.m. - Nelly Goletti Theater

Saturday, Sept. 30 - Homecoming Football Game vs. Bucknell - 1 p.m. - Leonindoff Field

Sunday, Oct. 1 - Alumni Mass - 10:15 a.m. - Our Lady Seat of Wisdom Chapel

\* Tickets on sale for the Verizon Wireless Tour featuring The All-American Rejects on Oct. 5 in the McCann Center. Tickets are \$10.

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The Circle is the weekly student newspaper of Marist College. Letters to the editors, announcements, and story ideas are always welcome, but we cannot publish unsigned letters. Opinions expressed in articles are not necessarily those of the editorial board.

The Circle staff can be reached at 575-3000 x2429 or letters to the editor can be sent to writethecircle@gmail.com. The Circle can also be viewed on its web site, www.maristcircle.com.



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## Though she is 'Back to Basics,' Aguilera still shines

By ALISON JALBERT  
Circle Contributor

Those listeners looking for more of Christina Aguilera's 'dirty,' hip-hop influenced sound found on her previous

Basics," which is reminiscent of the days when Billie Holiday and Etta Fitzgerald ruled the music charts.

Many credit Aguilera's change in style to her 2005 marriage to music executive Jordan Bratman, to whom she dedicates

"Save Me From Myself," an emotional and appreciative song that showcases Aguilera's impressive vocal abilities as well as her husband's finest qualities.

"Back to Basics" is a two-disc album, and both discs are filled with a refreshing mix of traditional jazz and contemporary hip-hop. Disc one is mostly radio-friendly songs, including the first single, "Ain't No Other Man," which spent the summer getting major airplay. In "Still Dirty," Aguilera reminds listeners that she "...still got that nasty in me/Still got

that dirty degree." One of the ballads, "Oh Mother," is a touching tribute to Aguilera's mother for being so strong despite having an abusive husband and raising her children by herself.

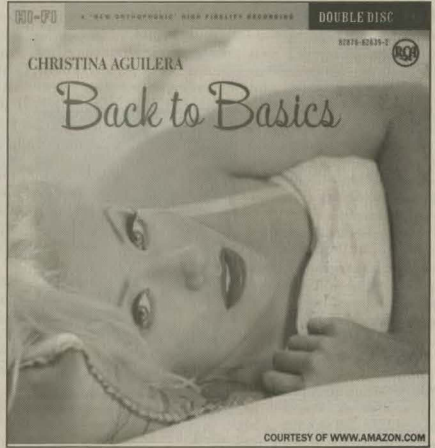
Listening to disc two is almost like listening to another artist. The hip-hop beats are discarded in favor of heavy jazz trombones and trumpets, and the intro to disc two encourages listeners to "witness something you've never seen before/heard before." Most of Aguilera's fans probably have not heard anything like this before.

"Stripped" producer Linda Perry was involved more in the production of the second disc, and the slickly packaged songs are a testament to her skills as a producer.

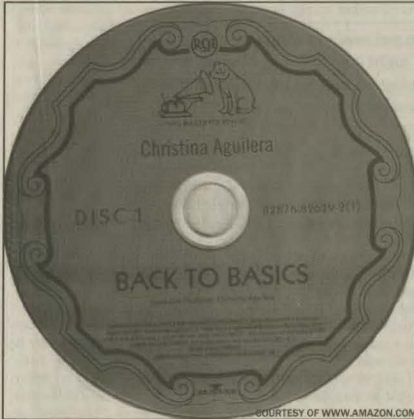
"Candyman" is a standout song from the second disc, and despite its extremely vintage sound, could probably do well on the radio due to its playful lyrics

a burlesque club, and it is just as nasty and naughty as its title suggests. "I Got Trouble" is probably the truest jazz song on both CDs. There is not a single modern touch to the song, and it shows the full power of Aguilera's voice. Ella Fitzgerald or Billie Holiday easily could have sung this song in the '30s, and Aguilera captures the melancholy tone of the song perfectly.

While "Back to Basics" is full of noteworthy tracks, it most importantly represents Aguilera's maturity. At 26, she is seven years older than she was when "Genie in a Bottle" was released, and it is amazing to see how much personal growth Aguilera has gone through in that time.



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CD, "Stripped," will find very little of that on her latest release, "Back to Basics."

Instead, Aguilera has traded her "Dirty" chaps and overt sexuality for a more subdued, Marilyn Monroe-esque style. Her change in style was most likely influenced by the music on "Back to

Basics" is a two-disc album, and both discs are filled with a refreshing mix of traditional jazz and contemporary hip-hop.

Disc one is mostly radio-friendly songs, including the first single, "Ain't No Other Man," which spent the summer getting major airplay. In "Still Dirty," Aguilera reminds listeners that she "...still got that nasty in me/Still got

and catchy chorus. "Nasty Naughty Boy" sounds like it should be playing at

Aguilera recently told *Vogue* that her maturity influenced the creation of her album.

"I wanted to make this album happier but without going to a fluffy place. I'm no longer that angst-ridden 20-year-old who feels the need to rebel," she said.

We have seen her go from an innocent, bubbly pop princess to a sexual, aggressive 20 year old, and now to a mature, confident woman. It is obvious that Aguilera is in a positive stage of her life right now, and "Back to Basics" reflects that.

## Students welcome Spanish-influenced sound of Javier Mendoza

By BRYAN GLEASON  
Circle Contributor

Javier Mendoza manages to blend his Spanish roots and his classic and modern rock influences into music gold. Last Wednesday, in the PAR, which the SPC had stylishly turned into a coffee house, Marist College was treated to the musical stylings of Javier

Mendoza. Truly a talented artist, Mendoza has received great recognition for his work. He was voted Best World and Pop Artist in St. Louis from 2000-2004 and received 2005 Budweiser True Music Artist recognition. Seven of his songs have been featured on MTV's Real World between 2000 and 2005 and Mendoza performed for Pope John Paul II in 1999. Aside from sharing the stage with Ben Folds, The Roots, Los Lobos, G-Love and Willie Nelson, Mendoza has also performed in over 100 universities in over 20 states and is a regular in the U.S. club scene.

On Wednesday, Sept. 20, there was barely a soul in the PAR at first. However, this did not seem to upset Mendoza as it might other artists. Instead, Mendoza approached the stage with a kind of confidence that you don't often see in performers today and after his opening song, "Part of History," it was easy to see why. He continued to enchant the audience with his voice and beautiful guitar by playing covers of hit songs such as Bob Marley's "Redemption Song" as well as

original songs in English such as the spine-tingling "Part of History," Mendoza even played original songs in Spanish such as "Dime Luna."

Throughout Mendoza's performance, more and more listeners came into the PAR until the room was near capacity, attracting more and more women. Now, I know what the men who read this article

are most likely thinking - that this is a singer only meant for the ladies. Well, you could not be more wrong. Javier Mendoza is indeed an artist that attracts the female audience, but he is also a fabulous guitar player and singer who tells very interesting, captivating and entertaining stories while he is on stage.

Toward the end of his performance Mendoza ended with two

songs, the haunting "Beautiful" and a fun Spanish song, "Rococo." Afterwards, Mendoza did not rush off stage like many artists do, which was quite refreshing. Instead, he spent time talking to the audience members off stage and signing autographs for anyone who would ask him. Obviously, Mendoza knows that the fans are the ones who can make or break his career and he is thankful for each fan that he has.

Javier Mendoza has a huge career ahead of him because of his complete musical awareness and all around talent. He has all of the skills and more that is required of a true musical artist. If Mendoza was to perform at Marist College in the future, I would be one of the first ones in line to listen to his mixture of Spanish and English yet at the same time completely original music all over again. Don't miss him if you have the opportunity to catch him in person.



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Javier Mendoza, who performed at Marist College on Wednesday, Sept. 20, fuses his Spanish roots together with his classic and modern rock influences to create his enchanting musical sound.

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# Features

THURSDAY, SEPTEMBER 28, 2006

www.maristcircle.com

PAGE 6

## From Halloween to harvests, something for all

By MARION HERBERT  
& DEANNA GILLEN  
Staff Writers

Sitting upon the Headless Horseman Hayride, all one can do is grip the hay beneath for dear life. Ghosts at every turn, goblins always one step ahead, and the deafening screams of this ride disorient even the most stable of passengers.

It's no wonder how most that come to this world renowned attraction hidden in the unsuspecting Hudson River Valley question whether they will even make it out alive.

Believe it or not, beyond the borders of the Marist bubble lays the scenic Hudson River Valley region. Autumn is a time when this area comes alive, with its breathtaking fall foliage, local events, historic landmarks that are reminiscent of old America, and let's not forget the chilling Halloween attractions. Our neck of the woods is rich in culture and overflowing with fun fall activities. So put away your dancing shoes for a night and get out seeing what's going on around us, before autumn passes us all by.

The Headless Horseman Hayride, famed as the number one haunted attraction in the United States by HauntWorld Magazine, is one you cannot



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Jack-o-Lanterns on Halloween

afford to miss. Located a mere 13 miles away in Ulster, New York, this site boasts a haunted hayride, three haunted houses and a corn maze. The hayride takes you on an interactive haunted tour of Louis Cypher's past, a mortician who is said to haunt the ride.

"I went on it last year, and had no idea it was going to be so intense and scary. I loved it

though; I can't wait to bring all my housemates this year. Halloween isn't the same without a little excitement," said Colleen McEnteer, a sophomore here at Marist.

If you make it past the hayride, try the corn maze claimed to be built over the Headless Horseman's grave. If that isn't enough, give one of the three haunted houses a try. At the end of the night, this attraction is sure to whet even the most ravenous of Halloween appetites. This attraction is held every weekend through the month of October. Tickets are \$25 and for more information, visit [www.headlesshorseman.com](http://www.headlesshorseman.com).

If you every Halloween whim has yet to met, go straight to the legendary Sleepy Hollow, New York home of the infamous Ichabod Crane. Walk around the grounds of the Philipsburg Manor for the Legend Weekend Nights, where spooky spirits are said to roam free. The grounds, illuminated by candles and bonfires, set the stage for a night of endless fun as the legend

of Sleepy Hollow comes alive before your eyes. Tickets are \$13, which one should be sure to purchase in advance, because this event is only held for three nights. It's held October 27 - 29, from 6 p.m. to 9:30 p.m.

For those who prefer aesthetics over screams, take a ride to Croton-on-Hudson, New York, to the Van Cortlandt Manor where you can experience the Great Jack O'Lantern Blaze. The manor is saturated in over 3,000 carved pumpkins, a site that will stop anyone dead in their tracks. Spooky music and effects add to the atmosphere of the manor,



COURTESY OF WWW.HUDSONVALLEY.ORG  
Sleepy Hollow's Headless Horseman

making this a great Halloween treat. Act fast because this event is only held the first three weekends in October, from 6:30 p.m.

until 10 p.m. Tickets are \$13 and the tour is approximately 30 - 45 minutes long. For more information in this or the Legend Weekend Nights, visit [www.hudsonvalley.org](http://www.hudsonvalley.org).

Halloween is but a day out of the year. Let us not forget the

**So put away your dancing shoes for a night and get out seeing what's going on around us, before autumn passes us all by.**

entire season of fall. The Hudson Valley welcomes fall with the Harvest Festival. Located in Bethel, New York, this event prides itself in a farmer's market, craft village, pony rides, corn mazes, wine festivals, musicians, performers, and did I mention it's free? Taking place every Sunday since Aug. 27, this festival will come to a close on Columbus Day, so don't miss out.

For those nostalgic for their apple picking days, visit Barton Orchards in Poughquag, Keepsake Farms in Fishkill, or Weed Orchards in Marlboro.

Briana Brickley, a sophomore at Marist, never forgets to enjoy these moments of fall. "Every

year my family and I go pumpkin and apple picking. It's been a family tradition since my mom was a child. For me, it marks the coming of fall."

One can make a meal out of the apples and blueberries they pick themselves and the warm homemade cider and donuts provided there. There are even petting zoos and hayrides to boot. Or if you just want to take a break

from the hustle and bustle of school, hop across the river to New Paltz, where you can enjoy the simple pleasures of the fall foliage. Take a trip down the Walkkill Valley Rail Trail that runs north and south through the Walkkill River. Stop along the Perrine's Bridge, a reminder of generations past.

Many take the opportunities around us for granted. Winter is long. Do not let fall go by without taking a minute to enjoy what's around us. The historic Hudson River Valley has an abundance of activities, and there's truly always something to do.

### The column about nothing

By MORGAN NEDERHOOD  
Staff Writer

During my second weekend as a college freshman, I ventured downstairs at 2 a.m. in order to do my laundry. While waiting in the lounge for my laundry to finish, I asked a couple of guys why they were in the basement lounge at such a ridiculous hour. One of them sighed and explained that his roommate had brought a girl back to his dorm. I laughed at his situation and asked where the roommate's girlfriend went to college. The sexiled roommate told me that she was a freshman at a college in the south-west. Obviously the couple had some sort of dependency issue if the girlfriend found it necessary to fly over two-thousand miles during the second weekend of college (especially for only one weekend.) After voicing my thoughts, the roommate rolled his eyes and his friend told me, "Oh, she's still at college - that's not his girlfriend in there."

College is traditionally regarded as a time of change, where you can abandon one life in favor of a fresh start. However, this collegiate ideal is the stick in the spokes of many relationships as people head off to college in the effort of starting over. Obviously, the issue is most obvious in freshman as many stereotypical high school relationships are put to the test: throw in you hat or give long-distance relationships a try?

For the most part, freshman year is a circus of hook-ups and the constant "oozing of goodies" (pardon my bizarre slang) as a wealth of single men and women flood the campus. With the exception of my morning classes, I try to look somewhat presentable for class because I never who I might want to impress. Yet, what about those few who have already impressed someone? When I asked my friend, Katie

about her relationship with her boyfriend who attends a community college in Schenectady, New York, she explained the benefits of her situation. In regards to the typical hunt for a prospective boyfriend or girlfriend, Katie has already found a match in her boyfriend of almost three years. While she admitted that it was difficult to not see him everyday as she did in the past, Katie also said "I don't have to go chasing boys like girls here seem to, and I know I have someone to go home to."

Trust plays a huge role surviving any relationship, and the trust of couples can be severely tested while both parties are away and at play. Did your girlfriend dance with any boys when she went to the club last weekend? And who is that girl your boyfriend can see being taking body shots from in his newest Facebook album? While many people want to believe that the can trust their significant others, human nature causes a sliver of doubt to be ever-present in our minds. Chances are, you won't know your boyfriend's new friends or how trustworthy they are, or you won't really know what your girlfriend was doing when she was "out."

Like many aspects of life, continuing long-distance relationships through college require a certain amount of effort and trust. You must be willing to trust each other, regardless of your hesitations. You must also be willing to handle the stress of only seeing your boyfriend or girlfriend once every couple of weekends. While many couples are able to juggle the burden of a long-distance relationship in coexistence with college life, many others find the burden to be too great or not worth the sacrifice. And I now ask you: could you go the distance?

## Cited as unhealthy influence on girls' self image, 'bone-thin' models banned in Spain

By NICOLE JOHNSON  
Staff Writer

Fashion—the epitome of beauty in today's culture and society. The fashion industry has set expectations for the ideal look of a woman for more than a hundred years, from the curvaceous bodies of Marilyn Monroe's era to the heroine chic look that is personified in Kate Moss. Spread through the media, fashion has been the driving force setting what society sees as beautiful. You cannot open a magazine, or turn on the television without seeing fashion's ideal of a beautiful woman; yet, how often do you see that woman walking down the street?

If you took a look at the runways in the fashion capitals of the world you would see the rail-thin, waif-like models that have set beauty standards for years. But change is in the air in Madrid, Spain. In early September the world's first ban on models whose BMI (Body Mass Index) was below the low end of a healthy standard (18) was instituted for fashion shows. One of Spain's largest fashion shows, the Pasarela Cibeles, did not allow five of their sixty-eight models to parade down the runway after they failed the BMI evaluation. These models were over five feet seven inches tall and less than 121.5 pounds.

Restrictions were set by the show's organizers after protest arose last year surrounding the 'bone-thin' models on the runway. A wave of controversy in the fashion world

has followed Spain's institution of the weight evaluation with solid arguments on both sides of the issue. On one hand, this is a first large step towards social activism in the fashion world. "The fashion industry's promotion of beauty as meaning stick thin is damaging to young girls' self image and to their health," said Britain's cabinet minister Tessa Jowell. Opposition to the BMI requirements is typified in this statement from Cathy Gould, of New York's Elite modeling agency, "I think its outrageous, I understand they want to set this tone of healthy beautiful women, but what about discrimination against the model and what about the freedom of the designer." Generally the fashion industry believes it being used as a scapegoat for illnesses like anorexia and bulimia.

It is a known fact that the fashion industry and media heavily influence cultural beliefs that sometimes lead to unhealthy behaviors such as eating disorders. When young girls, teens, and women see the fashion world as one filled with tall and slender women the pressure builds to be thin. It is estimated that 10 percent of female college students suffer from a clinical or sub-clinical (borderline) eating disorder, of which over half suffer from bulimia nervosa.

As college students (both women and men) we fit into the category of those at risk for developing an eating disorder. This transition time of life creates many new challenges. Whether its being away from home,

exploring new relationships, lack of time, academic pressures, or all of them combined—college creates stress. Some deal with that stress in negative ways and seek control over things they can change, like their weight. That an aspect of how some eating disorders can develop; they begin as a way to cope with a life that seems out of control. The most common eating disorders on college campuses are anorexia nervosa and Bulimia. People with anorexia nervosa attempt to lose weight through deliberate self-starvation. Despite the fact they may be extremely underweight, they see themselves as "fat," deny any problem with their eating habits, and will resist any efforts made to get them to eat or return to a more healthy weight. Those who suffer from bulimia engage in frequent, often daily, binge eating in which they eat very large amounts of food, often in secret. They will then try to counteract the binge by purging. These extremely unhealthy eating habits can sometimes be positively enforced by social acceptance for their weight loss, whether it be from friends who believe they see an improvement, or increased attention from the opposite sex.

An important contributing factor to college-aged people developing eating disorders is sensitivity to sociocultural messages of the importance of being thin as essential to beauty. Everywhere we look see unnatu-

SEE MODELS, PAGE 8

## The Gotham connection: take ya down to Chinatown

By JUSTINE MANN  
Circle Contributor

When you hear the words 'Louis Vuitton, Prada, and Chanel' thrown quickly into a sentence and cloaked in a thick Chinese accent you know where you are. You're in Chinatown, a section of lower Manhattan once known for its dim sum and energetic Chinese New Year festivals now known as a hot bed of

well-connected criminal activity. Bootleggers have filled the shops which are complete with newspaper blocked windows and secret backdoors. The streets are filled with women carrying opaque black trash bags filled with the fall's hottest handbags; and while it is fun to 'live dangerously' and collect the much sought after contraband, there is still a Chinatown in Chinatown.

It seems Chinatown has turned in a 1990s kiddy Kung fu movie, where kids from the suburbs meet a mysterious Chinese man and follow him to a "model home" filled with riches. It's an adventure. You never know for sure where they are taking you or if you will be caught. But while these walks on the wild-side are fun, people seem to forget they're in Chinatown. Chinatown has been my favorite

section of Manhattan since I was a little girl. If you wander around long enough you'll find places like the Pearl River Mart, which has a basement filled with flatware from China. If you were to venture down East Broadway you would find a little restaurant named 'Go-Go Dim Sum'. (5 E. Broadway) Here you can eat anything from shrimp dumplings to cel. Unlike most

SEE CHINATOWN, PAGE 8

# Opinion

Let the voices of the Marist community be heard.

THURSDAY, SEPTEMBER 28, 2006

www.maristcircle.com

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## Vague interrogation techniques are the result of new bill

By JAMES MARCONI  
News Editor

The White House and GOP senators reached a compromise that would prevent inmates at Guantanamo Bay, Cuba, from exercising the right of habeas corpus and appeal their imprisonment in court. Provisions of the bill also preclude the use of interrogation techniques that would "prolong" mental anguish or cause "serious and nontransitory" mental damage to detainees. (www.washingtonpost.com)

Opponents of the compromise have already cited concerns that this new language in the bill is far too vague, and would give President Bush enough leeway to continue what they term "torture." My concern is very much

the same, but for very different reasons. I agree that the wording of this new bill is incredibly ambiguous, and open to interpretation. In essence, it avoids the very issue that the White House was trying to resolve in the first place - namely, to clearly define what and what not a military or

**The wording of the Geneva Conventions regarding torture is much like this new bill - vague and subject to multiple interpretations. Whatever bent you take on the wording, there is no irrefutable way to prove your case.**

CIA interrogator can do when performing an interrogation. Thus, any legitimate interroga-

tion technique is open to swift and immediate attack.

In fact, Senator John McCain (R-AZ) has already said that he believes certain techniques, like simulated drowning (waterboarding), sleep deprivation, and hypothermia would be precluded by this new bill.

Now, some might argue that all of these practices are, in fact, torture. Granted, these techniques are designed to break a subject's will and make them mentally vulnerable. What these people fail to appreciate, though, is that this is precisely the point. An unclassified report summarizing a government inquiry of the Department of Defense's interrogation methods stated, "Any discussion of military

interrogation must begin with its purpose, which is to gain actionable intelligence in order to safe-

**The sole reason for interrogating prisoners is to gain information that could prevent an attack on the U.S. similar to or worse than 9/11. I think that the possibility of a nuclear bomb exploding on our shores should be sufficient reason to validate the value and necessity of interrogations**

guard the security of the United States. Interrogation is often adversarial in nature..."

In other words, the sole reason for interrogating prisoners is to gain information that could prevent an attack on the U.S. similar to or worse than 9/11. I think that the possibility of a nuclear bomb exploding on our shores should be sufficient reason to validate the value and necessity of interrogations. It also means

that, by its very nature, interrogations are not going to be pleasant. They can't be, or prisoners

would never voluntarily divulge crucial information to people they consider mortal enemies.

The report goes on to state that "people unfamiliar with military interrogations might view a perfectly legitimate interrogation of an EPW [Enemy Prisoner of War] in full compliance with the Geneva Conventions, as offensive by its very nature."

And therein lays the kicker - what techniques are in accor-

dance with the Geneva Conventions, and indeed United States law? As of today, we really don't know. The wording of the Geneva Conventions regarding torture is much like this new bill - vague and subject to multiple interpretations. Whatever bent you take on the wording, there is no irrefutable way to prove your case.

This bill, therefore, while having some value as a symbol of bipartisan cooperation, is ineffective in resolving the issue which it was supposed to address. For the good of the men and women trying to give us critical information in a time of war, the White House needs to stand firm on its beliefs, and Congress needs to put forth legislation that actually solves the problem.

## Republican senators speak out against Bush's bill to protect prisoners

By DANIEL BLACK  
Staff Writer

Keenly aware of upcoming elections that threaten their continuance of power, GOP senators let slip an unusual and uncharacteristic gesture of humanity in taking stands against George W. Bush's treatment of our Muslim guests at Guantanamo Bay and other international prison facilities. In an unprecedented outpouring of human decency, several senators confronted the President on detainee treatment issues and ultimately forced the drafting of a bill that, to some measure, protects their human rights.

According to the bill, prisoners must be treated in accordance with the Geneva Conventions and International Law; no longer can President Bush interpret the laws that dictate how to treat foreign captives. Imagine that, we're not supposed to torture, abuse, deprive of life-sustaining elements, humiliate, or otherwise dehumanize those we illegally

incarcerate. It took a bunch of senators five years to muster together that seemingly self-evident wisdom.

I noted the graceful plea

**According to the bill, prisoners must be treated in accordance with the Geneva Conventions and International Law; no longer can President Bush interpret the laws that dictate how to treat foreign captives.**

with which the up-for-re-election senators distance themselves from the most hated man in the world: President George W. Bush. The whole affair was, if I may comment, brilliantly choreographed. Leaders once completely apathetic to the survival of non-Caucasians were fighting at the side of the defenseless, feigning concern for their lives. What admirable turncoats.

The things I cannot reconcile are the timelessness of moral issues with the transience of politicians' care about them: a man's life worth saving today

was worth saving five years ago, am I right? What are we to believe? What message do these senators convey in their incongruence? It seems that so long as your comfortable, privileged lifestyle didn't hang in the balance, that nameless man may just as well have died for all you cared. Are we to assume that if your election to congress was life-long, as are appointments to the bench of the Supreme Court, those men would rot in prison, denied their fundamental human rights, until the welcome arrival of their deaths? How about we amend the constitution so that you face reelection every single day you hold office; is that what it will take to secure for these detainees humane treatment and fair trials?

The sad news is that this bill, once enacted, doesn't actually

change anything. This document is carefully worded to ostensibly affect positive social change while permitting the despicable demagogues it purports to strike down to continue their criminal behavior, uninhibited. Amid the bill's sweeping inversions of protocol is its ultimate back door through which intelligence operatives will universally

**Amid the bill's sweeping inversions of protocol is its ultimate back door through which intelligence operatives will universally operate: detainees at these offshore compounds aren't guaranteed to actually**

be formally charged with any crime, so slightly over 2 percent of known prisoners (10 out about 450 that we know of) might benefit. Wow, what a positively cosmetic, absolutely useless piece of legislation attempting to sway your vote! Sure, you'll see a lot of promises made and heavy dialogue ensue as November 7

approaches, but you will not see any changes in policy so meaningful they lead to tangible consequences for the benefit of Bush's victims.

All the politically-charged words in the world cannot change the fact that men, some of whom doubtless are innocent, hang themselves because American hospitality is so inhospitable while the men and

**Defiled America's reputation in the international community, sat idly as many of his victims died, and will most surely do the same once they're alleviated from the fear of losing office. This is the substance of those who represent us, and they know we know. They have good reason to be fearful; it is their fear, after all, and their fear alone that forces them into pseudo-benevolent action.**

women of power who put them there do nothing, do not care one way or the other if they live or die unless it somehow impacts their reelection. Still though, they will talk, threaten, haggle, promise, grandstand, etc.; but they will not act. Expect a barrage of this baseless rhetoric between now and election day. It is merely part

### LETTERS TO THE EDITOR POLICY:

The Circle welcomes letters from Marist students, faculty and staff as well as the public. Letters may be edited for length and style. Submissions must include the person's full name, status (student, faculty, etc.) and a telephone number or campus extension for verification purposes.

Letters without these requirements will not be published. Letters can be dropped off at The Circle office or submitted through the 'Letter Submission' link on MaristCircle.com

THE CIRCLE  
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The Circle is published weekly on Thursdays during the school year. Press run is 2,000 copies distributed throughout the Marist campus.

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Opinions expressed in articles do not necessarily represent those of the editorial board.

### cartoon corner

Foot Meets Mouth  
Joseph Gentile

OMG!!!  
I cannot stand for all the injustice around me!  
Did you read the paper?



Absolutely.  
Can you believe they just opened up another undisclosed CIA torture chamber in Eastern Europe?  
Whatever happened to the writ of habeas corpus?



NO!  
I'm talking about our Vanilla Soft-Serve Ice Cream!



from Page 6

## 'Bone-thin' banned in Spanish fashion week

rally thin women in the media, that don't exist in reality. The average American woman is 5'4" tall and weighs 140 pounds while the average American model is 5'11" tall and weighs 117 pounds—quite the contrast which leaves us with the fact most fashion models are thinner than 98 percent of American women. While the fashion industry if constantly giving us the mes-

sage that they are not responsible for the preponderance of eating disorders, the link cannot be denied. Where else is the message coming from of what beautiful women look like? The actions by the Spanish government is a very strong step towards standards new, and realistic standards of beauty.

If we are no longer surrounded by the waif-like, heroine

chic models in the future it will drastically reduce our societies pull to be unhealthy, and often impossibly thin? In the very near future the world of fashion could be dominated by women with the natural curves that personify true beauty. One day if we open a magazine, and see a women with a natural body type, will this change our perception of the perfect woman and what is beautiful?

from Page 6

## Taking you down to Chinatown...

American-Chinese food institutions, Go-Go offers truly authentic creations. The vegetarian dim sum sampler allows you to try everything, without the risk of eating eel. Looking for more of a main course? Their ginger beef is amazing. The restaurant is clean, the staff is friendly, and the food is delicious. For dessert there is really only one option in Chinatown, The Chinatown Ice Cream Factory, (65 Bayard Street) offers the most amazing green tea and black bean ice cream. If you don't like that you can

choose one of their 'exotic' flavors such as chocolate or vanilla. While you're there be sure to pick up a T-shirt featuring their mascot, an adorable little green dragon.

Food isn't the only thing brilliant about Chinatown. As John Stewart would say "Let's go Shooopping." Aside from the 'Coach' pocketbooks you will be offered from within bottomless trash bags, there are boutiques filled with charms and fruits. At the end of Mott Street the crowds thin out and the polish wears off. There are small

stand on the corners selling Lychee and Rambutan (the little red ones) berries along with other exotic fruits, for a fraction of the grocery store price. The stores sell small figurines of Buddha and Maneki Neko cats (the cats with one paw raised for fortune). There are crates filled with bronze medallions and wind chimes and other mysterious goods. Chinatown isn't all commercialized. If you look in every nook and cranny you can find some great ethnic tradition.

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# Health

## You are what you eat — but what are you eating?

By ALEXANDER TINGEY  
Health Editor

If you've visited McDonald's in recent months, chances are you noticed something different about their packaging. In accordance with the FDA, and following a myriad of law suits, the fast food giant began printing nutrition information on their packaging.

According to Informed Eating, an online newsletter, "the labels on food packages will not be read until after purchase and upon closer inspection is a thinly veiled attempt at deflecting government intervention that could have even greater impact. How effective is seeing the calories on the wrapper of a cheeseburger you've already purchased?"

Far ahead of both Wendy's

and Burger King, McDonald's has stepped across the line of unusually unhealthy food and is the only one of the three major chains to offer such readily available information. Of course, all three offer nutrition information on their respective websites, and the information is also available from independent test facilities.

One may begin to question this move from McDonald's in light of a recent study published by the American Journal of Preventative Medicine. The report which was released this week was intended to survey the average American's label reading skills. Some of the results from this independent study were surprising.

In total 200 participants entered into the survey, 70 percent of which had at least a

ninth grade reading level, and nearly a third had some college education. However, when asked to calculate the number of calories in half a bagel when given the caloric content of a whole bagel, only 60 percent of those surveyed came up with the right answer.

Bottom line: people don't always know what they're eating. In another effort to simplify the health-conscious society in which we are immersed, the FDA changed the faithful Food Pyramid, which was introduced nearly two decades ago, in light of a more personalized approach. The new system of classification takes into account one's activity level, body size, gender and age as part of a comprehensive approach to nutritional health. No longer is eleven pieces of bread the standard serving for all of

America; rather, the new pyramid factors in all the above.

The problem with most food labels, according to experts in the field of dietary health, is that the labels are misleading and hard to decipher. As ABC news reported this week, "when most people look at a food label, their eye goes right to the number of carbohydrates, the grams of fiber or sugar," said Felicia Stoler, a nutritionist and exercise physiologist in New Jersey. According to Stoler, the average American is looking in all the wrong places for the information they need most.

"Poor understanding of nutrition labels can make it difficult for patients to follow a good diet," said Dr. Russell Rothman, study author and professor at the Vanderbilt Center for Health Services Research in Nashville, Tenn.

In approaching this problem, the federal government has published a dietary guide for Americans for the past seven years. According to a press release announcing the release of the sixth edition, "the Dietary Guidelines for Americans places a stronger emphasis on reducing calorie consumption and increasing physical activity. This joint project of the Departments of Health and Human Services and Agriculture is the latest of the five-year reviews required by federal law. It is the basis of federal food programs and nutrition education programs

Serving Size ( )		Servings Per Container	
Amount Per Serving			
Calories	Calories from Fat		
% Daily Value*			
<b>Total Fat</b>			%
<b>Saturated Fat</b>			%
<b>Cholesterol</b>			%
<b>Sodium</b>			%
<b>Total Carbohydrate</b>			%
<b>Dietary Fiber</b>			%
<b>Sugars</b>			%
<b>Protein</b>			
<b>Vitamin A %</b>	<b>Vitamin C %</b>	<b>Iron %</b>	<b>Vitamin D %</b>
<b>Calcium %</b>	<b>Iron %</b>	<b>Vitamin D %</b>	<b>Calcium %</b>
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories:	2,000	2,500	
Total Fat	Less than 65g	80g	
Sat Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Total Carbohydrate	800g	375g	
Dietary Fiber	25g	30g	

### Science Briefs

By ALEXANDER TINGEY  
Health Editor

#### Sleepless turn to alternative medicine for night's rest

With so many drugs marketed to those in need of some much earned shut eye, it is refreshing to see a return to holistic medicine. According to Reuters, one in four Americans qualifies as a sleep deprived individual, many getting less than half the recommended number of hours of sleep each night. 4.5 percent of these individuals seek natural alternatives to the popularly advertised Lunesta and Ambien.

Some of these natural alternatives involved herbal and meditative practices. Some 17 percent or so reported a significant increase in ease of falling and staying asleep the study reported. Sleeplessness is most often found in the 45-54 year old demographic, however an individual of any age may have trouble sleeping from time to time. Chronic sleeplessness is also apparent in college and high school students.

Among the top reasons listed for sleepless nights were anxiety and depression, however the alternative meditative techniques used by many of the participants helped to mitigate some of these ailments.

#### New device to detect on field concussions in athletes

According to a report released by The Sports Network, Division I football reported 13 concussions from games occurring within the first week of the season. Concussions are considered a dangerous and potentially fatal injury to the brain, in which the brain contacts the inside of the skull. Usually this condition occurs during a sudden impact or deceleration and is often associated with motor vehicle accidents.

Dr. David Wright, a researcher at Emory

University in Atlanta, was intrigued by the relatively high rate of these injuries and found that there are 1.2 million concussions (in this country) every year, and the problem is they are very difficult to diagnose.

In steps DETECT. The device which is an acronym for Display Enhanced Testing for Cognitive Impairment and Traumatic Brain Injury is an on field device which can be used to detect a serious brain injury in about seven minutes. Currently the unit is still being tested; however, researchers are excited for the portability and potential accuracy this device holds.

Emergency rooms reported 300,000 sports related head injuries in 2005 alone, and the number may well be higher. Without treatment a player's brain can begin to swell within 6 hours and may lead to a potentially fatal situation. The unit is set to debut in two years, and will retail for around 1,000 dollars.

#### NYC looking to ban some fats

Coming just years after the definitive ban on smoking in New York City restaurants, health officials have begun discussing another health conscious ban involving the city's eateries. The proposed ban would target artificial trans fatty acids, for their potential to clog arteries.

Most often connected with hydrogenated oil, the ban would cover other such oils should they fail a nutritional evaluation by officials. The more recognizable offenders are McDonald's fries, KFC and some varieties of Dunkin' Donuts.

The proposed ban would implement kitchen inspections and could impose fines on restaurants for not following the guidelines. However, problems could arise due to the changes in some recipes. Wendy's is one of the more remarkable of the fast foods as they removed almost all of the trans fatty acids from their cooking earlier this year.

McDonald's in Denmark switched its' cooking oil as the country imposed limitations on their trans fatty acid intake, but has yet to comment on plans for the United States as of yet.

The proposal has not been approved yet, and will be up for another vote come December.

and supports the nutrition and physical fitness pillars of President Bush's HealthierUS Initiative."

According to the guide, not only is a proper diet important to maintaining a healthy being, but more importantly the physical exercise which accompanies the diet which will really boost ones life. They also recommend eating more fruits and vegetables, less simple carbohydrates, and more low fat or non fat milk.

What does it all mean? Are Americans both stupid and

fat? Or have we been led astray by misleading advertisements and nutrition labels? Currently a class action lawsuit is forming on the horizon, aimed at tobacco giant R. J. Reynolds. The suit involves false or misleading advertising on light cigarettes. The claim comes after millions of American's were fooled into thinking that a light cigarette is a safer or more healthy alternative to regular cigarettes. What's next? Is diet soda due for a run in with the courts? Doubtful, but keep it in mind next time you bite into a Big Mac.

## Be sure to check out MCTV's Friday night line-up

6:00 - Find out what is happening on your campus with MCTV News, LIVE

6:30 - Catch up on all Marist sports with the FOXDEN

7:00 - Advertising is important on Marist's talk-variety show THAT'S A SHAME! Hosted by John Larocchia (repeat)

7:30 - Marist Football: Marist vs. Holy Cross (tape)



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Have you ever seen someone that caught your eye? You exchanged glances or even a few words, but then they disappeared and you never saw them again? Well 'I Saw You' is here to give you a second chance. Forget about regretting; send a message to that guy or girl. And don't forget to read- there might be a message waiting for you.

#### Example:

Last Tuesday you were bartending at the Loft. I wouldn't forget that blonde head of hair. I bought a few drinks from you but I wouldn't tell you my name. I was playing hard to get but now I have changed my mind. Go ahead and ask for my name again.

# "Bo Knows," Ehikioya now mentors from the sideline



Junior RB Bo Ehikioya is out with a broken bone in his right wrist. The "Bo-less" Foxes continue to search for the answer to his absence.

By ERIC ZEDALIS  
Sports Editor

Obozua "Bo" Ehikioya has had an impact on the Marist football program since the day he set foot on campus.

Three years later, in what would have likely been a breakout junior season for this pre-season All-American if not for a broken bone in his right wrist, Ehikioya somehow continues to have an impact, but from the sideline.

The 5'11", 220 pound running back from West Hempstead, NY said he suffered the injury two days before the team's first game against Central Connecticut State, but played on using only his left hand to carry the football.

After Marist won its next game at home against Sacred Heart, Ehikioya had medical personnel take a look at that right wrist, and they deemed it necessary for him to sit out on a week-to-week basis.

Without Ehikioya, the Red Foxes lost their next two games, scoring a combined seven points in both of those contests.

Head coach Jim Parady has gone to a running back-by-com-

mittee system, using Keith Mitchell, Adam Hansen, and Frank Farrington.

Parady said that these backs have done a good job learning their assignments and stepping up in Ehikioya's absence.

"Guys that have filled in for him have done a nice job for us," Parady said. "I feel that we've been good at the running back position in his absence. We can't wait for him to come back, but without him, I think we've been okay."

But what Marist misses most from Ehikioya is his athleticism, which enables him to make big plays out of nothing.

"I think what he gives you is the ability to break tackles and make people miss at the second and third level," Parady said. "That's something that I don't think any other running back in our program can give us."

Meanwhile, Ehikioya said it is painful to watch the game from the sideline since he has had a major role in the Red Fox offense since his freshman year.

"It hurts a lot not being able to go out and help your team win," he said. "I've been playing for a couple of years, and I feel like

I'm a piece of the offense out there, and I want to be out there playing."

But rather than sulk or abandon his teammates altogether, Ehikioya has taken on the role of mentor for the running backs, keeping their morale up.

"Now I just keep the guys motivated. Keep their heads up on offense. Injuries happen. You just have to keep going any way you can," he said.

Parady said that despite how hard it must be for him, Ehikioya has been more than just a cheerleader on the sideline, he has become another set of eyes for the running backs.

"He's been great [on the sideline]. It's hard for him because it's the first time in his career that he's been on a sideline. From day one he's been on the field for us," he said. "But he's been very encouraging, and he helps the running backs who are playing in the game. He gives them tips on what is going on in the game. I'm sure it's hard for him with the injury, but he's really overcome that mentally."

Ehikioya's return still remains in question.

## Allegra ends Red Fox scoring drought, leads Marist to 2-1 victory

By LUKE CAULFIELD  
Circle Contributor

The Marist men's soccer team finally prevailed on Friday night, ending a string of four consecutive scoreless losses with a comeback victory against St. Francis.

Sophomore forward Jamison Allegra put the finishing touches on a close game, scoring with only seven seconds left in regulation as Marist edged St. Francis 2-1.

Allegra also scored the first goal for Marist in the 82nd

minute, a hard shot to the back left corner of the goal. His clutch performance on Friday helped him earn Metro Atlantic Athletic Conference (MAAC) Player of the Week honors.

St. Francis scored early, jumping out to a 1-0 lead on the Red Foxes with a goal by John Baptist Joseph six minutes into the game. Marist was once again held scoreless in the first half, and it looked like another shutout was on the horizon.

Goalies Daniel Owens and Tyler Johnson provided solid defense for Marist.

## Freshmen sisters capture main draw doubles championship for women's tennis

By JOSEPH FERRARY  
Staff Writer

Marist freshmen Alexandra and Cassandra Strange captured the main draw doubles championship for the women's tennis team at the Georgetown Invitational this past weekend.

The sisters defeated George Washington's Kendall Swenson and Verena Knoedler in the finals, 8-4.

This is the second doubles championship that the sisters won so far this year.

In the first tournament of the season, they captured the Flight

B doubles crown in the Cornell Fall Invitational.

There are plenty of reasons why the Strange sisters are playing well this season, according to their coach Scott Williams.

"They have been playing together for a while now, and they communicate really well," said Williams. "They have a nice tennis game and they are now taking it to a different level by playing more aggressive."

Another bright spot for Marist was sophomore, Mirvela Colon, who won the singles back draw by securing a pair of victories on Sunday. She defeated

## Marist men's tennis team proves itself

By NATE FIELDS  
Staff Writer

A week after its strong performance at the Northeast Invitational in Providence, the Marist men's tennis team again showed why it deserves to play in such tournaments.

In their first trip to the Georgetown University Tennis Classic, the Red Foxes had four players win their day one matches to advance to the "Sweet 16" of the 32-player, flightless tournament.

The weekend failed to end as successfully as it started, but sen-

ior Ray Josephs, after losing in the first round on Friday, did manage to capture the backdraw championship.

While none of Marist's singles players advanced past the "Elite 8," head coach Tim Smith said he feels it is important to note that several Foxes fell in outstanding matches against worthy opponents.

"Pedro [Genovese] lost in three sets to Adam Gross from Georgetown, 4-6, 6-3, 6-4, and Federico [Rolon] played the best match I think, since he's been at Marist," he said. "He lost to Brendan Harris of George

## Domermuth paces improving women's cross-country team to second place finish at Quinnipiac Invitational

By DREW BUDD  
Staff Writer

The Marist women's cross-country team placed second in a field of eight at the Quinnipiac Invitational this past Friday in Hamden, Connecticut.

Host Quinnipiac ran to first place with the University of Rhode Island coming in third and Brown University coming in a

close fourth.

Junior Sarah Domermuth raced to a fourth-place finish with a time of 19:09. Domermuth, now Metro Atlantic Athletic Conference (MAAC) cross-country runner of the week for two straight weeks, finished just ahead of freshman Brittany Burns in the 5,000-meter course. Burns finished in seventh with a time of 19:13. Her run was

Georgetown's Kelsey Darnell, 3-6, 6-3, (10-2) in her first match and then downed George Washington's Rachael Hesling, 7-6 (7-2), 1-6, (10-6) in the final.

Colon said she was very pleased by her weekend, as this was the first time she reached the finals of a tournament draw.

"It feels great to win my first college tournament," Colon said. "I had a tough time in the quarterfinals and semifinals because I dropped the first set. I was not in the game, but I was able to recover."

On Saturday, the Strange sisters earned a quick 8-3 victory over Washington, 6-4, 0-6, 6-4."

Smith also noted that Harris had to withdraw from the semifinals on Sunday due to exhaustion from the two and a half hour match with Rolon on Saturday. Harris dropping out marked the second straight weekend a Marist player has forced an opponent out of a tournament due to exhaustion.

Rolon also defeated Georgetown's Etienne Paris 6-4, 6-1. Smith added that he thinks Rolon is "playing the best tennis of his career."

Junior Greg Marks garnered his coach's praise as well, playing

important on many levels but especially due to the fact that senior Allison Klein fell down early in the race and rolled her ankle.

Head coach Phil Kelly was very pleased with the way his team ran over the weekend.

"They ran very well," he said. "Brittany did an especially good job due to the fact that Allison had to leave the race early and

good.

Johnson helped Marist retain the lead with a well-played save on Giuseppe Buscemi in the final seconds of the game. After four straight losses, Marist has now improved to 2-4.

"Our heads have been down," sophomore midfielder Luis Andre said. "Getting this win will help us in the long run. Since it went down to the wire, it will help boost our confidence for the future."

Head coach Bobby Herodes also believes the thrilling game against St. Francis will boost the

Red Foxes' overall morale.

"This win is more important than you can imagine," Herodes said. "We have made more moves this year than in the last five years. It's a building year, and if this year's freshmen can really step it up, we'll be able to have some fun in the future."

Marist will play its next two games on the road against MAAC rivals. The Red Foxes will take on Iona at 7 p.m., followed by a match against MAAC-regular season champion Fairfield on Sunday at 1 p.m.

Marist will host the

Howard's Jasmine Smith and Laura Marin in the quarterfinals. In the semifinals, the sisters disposed of Adriani Gin and Liz Winokur of Georgetown, with an 8-4 victory.

In addition to playing doubles, Cassandra Strange proved to be a force in the singles main draw as well. She posted a 6-1, 6-2 victory over Georgetown's Gin, and a 6-2, 6-0 victory over George Washington's Tracy Stecko to advance to the semifinals of the draw.

Cassandra Strange would reach the main draw finals by defeating Georgetown's Winokur, 6-3, 6-4.

well for the second week in a row.

"I think that Greg is playing at an extremely high level," Smith said. "He lost to Mustafa Geno 6-3, 7-5, and Geno went on to win the tournament."

Although Josephs' backdraw championship was the only one the Foxes brought home, the lack of championships was not indicative of how well the team performed in the tournament overall.

Rolon and Genovese represented a fourth of the eight quarterfinal spots available to players from six different schools, sig-

nificant considering the tournament format. Whereas most tournaments are broken down into flights separating players based on their ranking, the Georgetown Classic was a single draw, with only one singles championship available.

Marist looks to continue its strong play next weekend at the UConn Invitational, and coach Smith has a bright outlook.

"I think we are going to do exceptionally well at the UConn tournament this weekend," he said. "A lot of our guys are starting to peak."

Final point scorers for the Red Foxes included sophomore Kerri Mannino, who finished 14th in 19:38, and juniors Christine Wahl and Caitlin Garrity, who finished 21st in 19:53 and 31st in 20:11, respectively.

Quinnipiac had runners place in the top three spots. Freshman Kristen Stevens placed first with

SEE COACH, PAGE 11



## Roarin' Red Foxes

Marist's male and female star performer for the weekend of Sept. 22-24.

Jamison Allegra  
Soccer, Sophomore



Allegra collected the men's soccer MAAC player of the week award after scoring two goals in Marist's 2-1 win over St. Francis (N.Y.). The East Haven, CT native has scored three of the Red Foxes' four goals on the young season.

### On the horizon:

Marist takes to the road this weekend as MAAC play begins. The Red Foxes take on Fairfield and Iona on Friday and Sunday respectively.

Alexandra and Cassandra Strange  
Tennis, Freshmen



The Strange sisters won the main draw of the Georgetown Invitational on Sunday, after defeating the George Washington tandem of Kendall Swenson and Verena Knoedler in the finals. The Foxes' team won in convincing fashion, 8-4.

### On the Horizon:

Alexandra and Cassandra along with the rest of the Red Foxes return to action this weekend as they travel to Lewisburg, PA to compete in the Bucknell Invitational.



\* Photos courtesy of www.goredfoxes.com

Sports

# Men's cross-country finishes third place overall at Quinnipiac Invitational

By DANIEL BARRACK  
Circle Contributor

took seventh place with a time of 26:45.2 in the five mile.

With two runners finishing in the top-10 at last Friday's Quinnipiac Invitational, the Marist College men's cross-country squad took home third place overall. Much of the team's success was contributed by freshman Conor Shelley, who

Since its first meet back on Sept. 1, Marist has withheld a consistent record. Marist has finished its last three meets first, second, and third in sequential order. The third-place finish at the Quinnipiac Invitational may not seem so great to the common fan, but according to Coach Peter Colaizzo, it was.

## Women's soccer suffers another

By GREG HRINYA  
Circle Contributor

break away and beat Marist keeper Caitlin Nazarechuk.

The Marist Red Foxes suffered yet another tough loss as they were downed 2-1 by the St. Joseph's Hawks on Saturday.

Marist Red Foxes coach Elizabeth Roper said Nazarechuk, who made five saves in the match, played well despite seeing a lot more activity around the net in the second half. "Caitlin played well but saw more action than she should have," Roper said. "She got banged up during the second half when St. Joseph's picked up their play and took us out of our game."

The Red Foxes faltered late once again, this time with St. Joseph's senior forward Ali Wean scoring with 11 seconds left in regulation. The goal was Wean's second of the game.

Despite being down 1-0 late, Marist fought back and tied the game in the 83rd minute when

The first half ended with both teams scoreless, but Wean opened the scoring in the 63rd minute when she came in on a

"I am satisfied with our finish because we only ran a partial squad. It was the best we could have hoped for and I was very pleased with the freshman," Coach Colaizzo said.

The stand-out freshman of the afternoon was Conor Shelley, who has surprised an already-impressed Colaizzo.

"I've been impressed with Conor from the get go. I knew he

was good, but I had no idea he was this good," Colaizzo said.

But he is that good. In the last two meets that Marist has had this season, Shelley has finished 15th and seventh. Another runner to keep an eye on is Girma Segni, a sophomore from the Bronx. Segni finished in first place in the team's first two meets.

So far this season, Coach Colaizzo seems happy about his

team and its performance.

"We have done pretty well, we are working very hard and I am pleased with our effort," Colaizzo said.

After three meets, Marist sits in third place behind rival Quinnipiac and Connecticut. The team's next meet is Sept. 29, at the Paul Short Invitational in Bethlehem, PA.

Third place is good, but if the

team wants to sit atop the conference standings, they will need to improve.

"We do not need to improve at all with our effort, but we need to keep progressing towards a championship level and improve our times significantly," Colaizzo said.

## out-of-conference loss, remain optimistic about MAAC schedule

Justine Caccamo buried a rebound off a Melanie Ondrejik shot.

The Red Foxes began pressing and Coach Roper moved Ondrejik up to midfield to try and generate more of an offensive attack.

"We pushed Melanie Ondrejik into the midfield to get a late push," Roper said. "She took the first shot and created a rebound for Justine Caccamo's goal."

The game ended with St. Joseph's leading Marist in shots, 17-9, and corner kicks, 9-2.

The loss caps a string of bad luck the Red Foxes have had in

finishing their games despite being in a good position to win.

"We fought back hard and have played well," Roper said. "It's just been the last 20 seconds of the Lehigh and St. Joseph's games that have hurt us and we could just as easily be 6-2 rather than 2-6 right now."

Even though Marist stands at 2-6 for the season, they open up Metro Atlantic Athletic Conference (MAAC) play Friday night at home against Iona.

Coach Roper said the team remains positive in spite of the recent slump and can turn the

optimistic around when it begins its conference schedule.

Roper added that the team matches up well against Iona, so the focus this week is playing strong in the final 10 minutes.

"Last season we lost 1-0 to Iona, but our returning players know we match up well and a new season starts now as we begin MAAC play," Roper said. "The players are keeping their composure, we just need to focus on the last 10 minutes of the game and that has been the emphasis in practice."

The Red Foxes will enjoy the

break between games as they try and get some of their key players healthy.

"We are hoping to get everyone healthy for Friday night," Roper said. "Kristen Leonhard [midfielder/forward] is recovering from pneumonia so we are limiting her to about 10 to 15 minutes a game."

Marist will play at home Friday night against the 2-6-3 Iona Gaels at 7 p.m. They will then face another MAAC opponent on Sunday at 1 p.m. when they play the 3-3-3 Fairfield Stags here at Marist.

## From Back Cover

### Football team defeated by first Patriot League opponent

offense moving the football and getting field position, you've got to score points and help the defense out."

Sophomore defensive lineman, Oghogho Igbinosun, said he also thought Marist's defense played well but had a hard time holding the Crusader's offense on third down.

"I think we did well as a defensive line putting a lot of pressure on the quarterback. We beat them on the first and second downs we just didn't come up on third downs," he said.

Offensively, the Red Foxes struggled to convert yardage into points as the Crusaders defense held Marist to 265 total offensive yards. It will be converting those yards into points that Parady said Marist is going to have to focus on for next week.

"Offensively we're going to have to find some answers and find some consistency," Parady said. "I think we've moved the football, but once we get down inside the 30 yard line we've bogged down the last couple of weeks, and we just can't do that.

We need to get points for momentum and for keeping the game close."

Junior fullback Adam Hansen, who stepped in for his first collegiate game, carrying the ball 11 times for 61 yards, agreed with Coach Parady that the offense stalled once it got into Crusader territory.

"We just couldn't get any momentum going," Hansen said. "We brought the ball down into the red zone a couple of times, but we just couldn't capitalize on our opportunities."



Marist (1-3) hopes to split this 4-game home stand with a win on Saturday when they take on the Bucknell Bison (2-2) at 1 p.m. for Marist's homecoming game at Leonidoff Field.

## From Page 10

### Coach Kelly pleased with performance at Quinnipiac

a time of 18:23. Graduate student Jenna Necham finished second in 18:57 and junior Susan Ashe placed third in 19:02 for the Bobcats.

Marist has progressively finished higher in the past three meets. They finished fourth at the Stony Brook Invitational to begin the season earlier this month. Then, the Foxes finished third at the Ted Owen Invitational, and now second at the Quinnipiac Invitational.

Coach Kelly realized that with this trend, his team is due for a first place finish, but could not make any predictions because it is still unknown what teams are competing.

"Anything is possible," he said. "It really depends on who shows up to the meet."

The Red Foxes will try to make it a first place win at the Metropolitan Championships, October 6 at 1 p.m., at Van Cortlandt Park.

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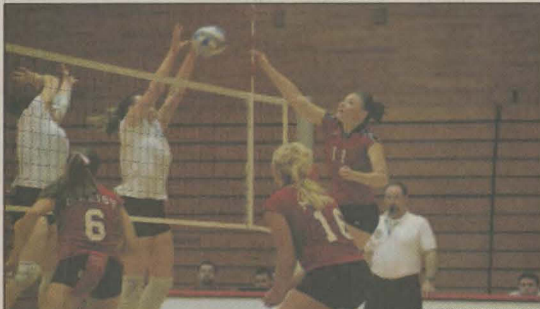
# THE CIRCLE Sports

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PAGE 12

## Red Foxes defeat Peahens in five-game thriller



Senior middle blocker Sally Hanson spikes match point against St. Peter's on Sunday. The Foxes improved to 2-2 in the MAAC with the win. Hanson had 14 kills while hitting .444. **By ANDY ALONGI**  
Managing Editor

The Red Fox volleyball squad made fans hold their breath as they squeaked out a 3-2 win over the Peahens, last Sunday in the McCann Center.

Marist played with a tie score, 14-14, in the fifth and final game when freshman outside hitter Alexandra Schultze spiked a ball to win a point, making the score 15-14 in favor of Marist.

On the ensuing match point for the Foxes, senior middle blocker Sally Hanson sent the Peahens home with a convincing shot to seal the match.

The Red Foxes defeated the Peahens, 13-30, 30-26, 30-26, 30-19, and 16-14, respectively. The win improved Marist to 2-2 in Metro Atlantic Athletic Conference (MAAC) play. St. Peter's conference record fell to 1-3 with the loss.

The Foxes had four players with double-digit kills and four players who hit for a percentage of over 400. Senior outside hitter Jamie Kenworthy had 15 kills, while Hanson had 14 kills and hit for a percentage of .444. Sophomore Kelsey Schaefer added 10 kills, and Schultze paced the Foxes with a match-high 21 kills.

Junior Jackie Ugrinovsky boasted a perfect 1,000 hitting percentage while freshman setter Dawn Jan hit .500. Sophomore Jordan Rowe hit .429 while playing in four of the five games for the Foxes.

Marist head volleyball coach Tom Hanna said the offense has greatly improved in recent matches.

"In broad strokes, our offense was much better in the match, but since we started MAAC play," he said. "We're hitting .207 and the offense is still a work in progress. That was a strong match offensively."

Defensively, the Foxes received 14 digs from senior Stephanie Miksch and nine from Dawn Jan. St. Peter's was led by Sasha Pshenychnya who had 19 kills.

On defense, the Peahens' Yomi Angulo had a game-high 15 digs while India Walker added 13 more digs.

In the first game, Marist got off on the wrong foot. St. Peter's, at one point, won six consecutive points to make the score 10-3 in the early stages of the match. The Foxes would only win two points on their own serve as they fell, 30-12 to the Peahens.

Coach Hanna said ball handling hurt the team in the first game of the match.

"In game one, especially, we struggled with receiving serve," he said. "St. Peter's only had two aces in game one, but the number of passing errors were high. We can't get an offensive rhythm going if we can't pass."

However, game two would show Marist in a different light. The game saw a tie score 11 times while the lead changed six times. The Red Foxes took a timeout when they trailed by two, 18-20. After the timeout, the Foxes came out and Schultze drove home the first of three consecutive Marist points, giving Marist a 21-20 lead. The Foxes closed out the game, as they won seven of the last nine points; they went on to win the game 30-26. This knotted the game score at one-a-piece. Marist hit 57 percent the second game of the

match.

Game three showed many of the same tendencies. Marist trailed early on, as they allowed St. Peter's to earn 10 points in a row on their serve. The Red Foxes trailed 6-13 at the end of the Peahens' run. Marist would close the gap and erase a 16-20 deficit. Marist won game three, 30-26 and held a two games to one lead over the visiting Peahens.

St. Peter's took game four rather easily, 30-19. The Peahens hit successfully 73 percent of the time in game four with a percentage of .429.

In the decisive game five, St. Peter's jumped out to an 8-4 lead when the teams switched ends after a controversial out of bounds call when the score was 5-3, St. Peter's.

Hanna said the officials did not use their whole crew when making the out of bounds call.

"The official's contention was he was not using the linesman, who is part of the officiating crew," he said. "The issue was he did not use his linesperson."

Marist regrouped with their first timeout when they trailed, 6-10. Marist hit for a three to one run before the Peahens were forced to take their first timeout leading 11-9.

The Red Foxes would score

another three consecutive points out of the St. Peter's timeout. The lead changed three times and there were five ties before Hanson hit the game-winning kill to clinch the match for the Foxes.

Coach Hanna said game five was a back-and-forth game between the two teams.

"We were facing match point and we put away three consecutive points," he said. "Game five was a back-and-forth battle. We beat someone not relying on them scoring for us. We had to beat them and we did."

Marist is in a three-way tie for fourth place in the MAAC with a record of 2-2 and 4-9 overall. The Red Foxes travel this weekend to take on two MAAC foes. They play at Manhattan (1-3, MAAC) on Saturday at 1 p.m. and at Loyola (MD) (2-2, MAAC) on Sunday at 5 p.m.

Hanna said he is concerned only with his own team for the upcoming weekend.

"My thoughts are really on us," he said. "Are we going to be the team who showed up in games two, three, and five? Or the team that played in game one? It's my job to prepare the team so the team we want to be shows up come match time."

## Holy Cross shuts out Marist, 27-0

By BRIAN LOEW  
Staff Writer

It was a tough sight at Leonidoff field on Saturday night as Marist suffered its third loss of the season and Holy Cross cruised to a 27-0 victory over the Red Foxes.

The Holy Cross Crusaders improved to 2-2 on the season, and Marist fell to 1-3 in front of a packed house of 2,026 fans during the third leg of a four-game home stand.

Marist's offensive troubles started early. On the second play of Marist's first drive, Crusader cornerback Casey Gough picked off a Steve McGrath pass, the first of three passes to be intercepted.

The Crusader's offense, led by junior quarterback Brian McSharry, turned the 50-yard drive into a touchdown when McSharry found Ryan Maher in the end zone for a 6-yard pass. The point-after attempt was blocked by Prince Premepp, and

the Crusaders went up 6-0 with 6:55 left in the first quarter.

McSharry put seven more on the board for the Crusaders just 33 seconds into the second quarter, when, on fourth down, he carried the ball for a two-yard run, making it 13-0 Holy Cross at the half.

The scoring did not stop there for Holy Cross. Sophomore quarterback Dominic Randolph completed a 25-yard toss to Ryan Maher for a touchdown, putting the Crusaders up 20-0 with 7:16 left in the third quarter.

On Marist's next possession, senior wide receiver Prince Premepp, who had two receptions for 49 yards, showed some acrobatics when he leapt to catch a 30-yard pass from McGrath with one hand for a crucial first down.

On the next play, the Red Foxes tried for a trick-play as McGrath pitched the ball to wide receiver Tim Keegan, who tried to complete a 26-yard pass to Premepp in the end zone, only to be intercepted by free safety Marc Crosby. McGrath completed 11 passes for 145 yards and one interception on the day.

McSharry who went 15-for-23 through the air for 139 yards and two touchdowns, returned for the Crusaders late in the third quarter.

On third down and four with 10:42 left in the game, McSharry found junior Thomas Harrison, who had eight catches for 88 yards, wide open for a 19-yard touchdown, making the final score 27-0, Crusaders.

Marist head coach Jim Parady once again gave credit to the Red Fox defense, but said that it needs to be a combined team effort to win the game.

"I thought we competed well throughout the whole course of the football game," he said. "I thought our defense played a very good football game. It's a combination with the offense and the defense. With the

SEE FOOTBALL, PAGE 11



Senior wide receiver Prince Premepp blocks the first PAT attempt in Saturday's football game against Holy Cross. Marist fell to the Crusaders 27-0 on Saturday evening. The Foxes will take on Bucknell this weekend at 1 p.m. It's the Foxes' homecoming game.

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