



JAMES REILLY / THE CIRCLE

## Swimmers surge to MAAC victory

The Marist men and women's swimming and diving teams won their third and fourth Metro Atlantic Athletic Conference Championships, respectively. The women paced the field with a point total of 899, while the men came back from a .5 point differential to finish with 797 points. The two teams also had a combined 15 members named to the All-MAAC academic team. Eight women and seven men earned academic honors for the Red Foxes, making it the largest group in program history.

## Week brings winning record for Marist swimming, basketball

## Red fox ladies sweep Canisius 66-50

Marist has won at least a share of the Metro Atlantic Athletic Conference regular season championship for the fourth straight season. The Red Foxes defeated Siena 68-47 on Sunday at the Alumni Recreation Center to extend their winning streak to 12 and improve to 21-4 overall and 14-0 in conference play. Marist women continue to lead Division I in fewest turnovers per game. They have also broken into the nation's top-10 in scoring defense for the first time this season, ranking ninth by allowing just 53.5 points per game. The Red Foxes are also ranked in the country's top 27 in five other categories: won-lost percentage (16th, 84.0), scoring margin (18th, 15.4), assists per game (21st, 16.6), field-goal percentage defense (23rd, 35.7) and field-goal percentage (27th, 44.8). By winning their 21st consecutive home game against Canisius on Feb. 9, the team now has the fifth-longest home winning streak in the country. They can clinch the MAAC regular season outright with a win on Friday night against Loyola.



JAMES REILLY / THE CIRCLE

## Spirit committee formed Sharp, Townsend trying to enlist members

By MORGAN NEDERHOOD  
Circle Staff

Earlier this month, the men's basketball game versus Loyola College was sold out. The football team won the MAAC Championship, and the field's wooden bleachers are being replaced. Now standing by the teams is another addition to Marist athletics: the School Spirit Committee.

According to Todd Bivona, the vice president of Athletic Affairs for the Student Government Association (SGA), "The School Spirit Committee is a committee set up by the Senate of the Student Government Association to promote all of Marist's Varsity Athletic Programs and help market the teams, the athletes, and invoke a tremendous amount of school spirit through not only the campus, but the surrounding communities."

Alicia Sharp, 2009 class president and class of 2010 president Steve Townsend are responsible for the establishment and are the current committee heads for the group.

"The School Spirit Committee was formed due to the need of unified school spirit among Marist students at athletic events," Sharp said. "It will be responsible for encouraging attendance at all athletic events, and for a unified representation of our spirit to encourage our fellow classmates during games and matches."

While details about the club are still under consideration, Bivona, Sharp, and Townsend have already generated event ideas. A school spirit week has been proposed from February 19th - 23rd. Each day would have a theme such as Jersey Day, 80's Day, and Marist Hoodie Day.

Spirit Committee members will also be able to travel to select games, said Sharp.

"The athletic department has already arranged for bus trips to the upcoming MAAC tournament in Bridgeport Connecticut in the beginning of March."

The committee heads said would also like to pursue travel arrangements for additional games. The committee's leaders "will most certainly make the best effort to seek out and budget sufficient moneys to be able to accommodate many students to road contests," Bivona said.

Prior to the creation of the spirit committee a similar group, the Booster Club, attempted to generate school spirit for athletics. The club's leaders were scheduled to appear before the Senate in order to seek a club status.

"Unfortunately, there were a few miscommunications among other unfortunate events that [prevented] this from happening," said Sharp. "At this point, myself and class president Steve Townsend saw a need for leadership and created this committee."

Although officially off the ground and running, the committee is not yet holding meetings.

"Once the committee gets off the ground and closer to club status there will be meetings at least once a month, as well as other meetings, as seen necessary according to the need of support for our teams," Sharp said.

Additionally, the committee does not currently have any official officers' positions yet. Bivona said he has a copy of club bylaws so positions can be advertised and possibly elected. According to Sharp, though, the primary concern at the moment is generating overall membership for the committee.

"As of right now we are just trying to get the new committee off its feet, collecting people who are interested in membership and taking it from there," she said.

The committee's creators are also looking to remodel the name of the group. Possibilities are the Marist Maniacs, Shooter's Shenanigans, and McCann Maniacs. Students with other ideas are encouraged to present their suggestions, according to Sharp.

"If anyone has any other ideas,

please contact us, as we are very open to suggestions," she said.

Volleyball setter Dawn Jan said that she is interested in the committee, and feels it will help the athletic department.

"A major part of college is the athletics, so I'm not surprised that someone is forming something about spirit."

Kasey Nagle, a wide receiver on the football team, said he feels there is a strong relationship between athletes and fans, but game attendance is sometimes low, that "there are definitely some games where we have low attendance."

Nagle, Jan, Bivona, and Sharp all named men's basketball as the most popular sport on campus.

"By far, men's basketball has the largest fan base, based on sold out crowds at the McCann Center," said Bivona. "However, football will see a drastic increase with the newly renovated bleachers. Women's basketball would be second right now."

"Winning draws a lot of attention," added Nagle. Between winning the MAAC Championship and the addition of new stadium seating, he said feels the football team will see larger crowds like the men's basketball team. "I think we'll be there," he said.

Despite low attendance at some sporting events, Bivona said he believes the new Spirit Committee will help cement a solid relationship between Marist students and athletics.

"The new committee and/or club will do nothing but positively impact Marist athletics. From marketing all of the varsity programs, increasing fan base, increasing student awareness about all of our athletes, sponsoring bus trips to road games, leading in new chants, cheers, and jeers for the opponents, it will increase fan participation and create a true college atmosphere and our home games, especially during our peak season now of basketball," he said.

## News Briefs

### North Korea to dispose of all nukes

In a multinational agreement, North Korea has agreed to get rid of its stockpile of nuclear weapons in exchange for approximately \$400 million in supplies and aid.

The communist nation, which earlier this year tested low yield atomic bombs, initially stalled negotiations by demanding an exceedingly high package of incentives. However, once International Atomic Energy Association inspectors from the United Nations are allowed to supervise the disposal of the estimated half dozen bombs, nuclear fuel, and related technology, 1,000,000 tons of supplies will be delivered over the course of one year. The accord was brokered by the United States and China, along with four other nations.

### House considers anti-war resolution

Like their counterparts in the United States Senate, representatives in the House are poised to debate a resolution expressing disapproval with President Bush's recent announcement of a troop surge in Iraq.

The two-sentence statement would not be legally binding, intending rather to make a symbolic statement reflecting increasing opposition among members of Congress to Bush's handling of the war. House Democrats are expected by some to be joined by a handful of Republicans in protest, a move that might be construed as a division of the GOP on one of the country's top issues.

THE CIRCLE

845-575-3000 ext. 2429  
writethecircle@gmail.com

3399 North Road  
Poughkeepsie, NY 12601

FEATURES: PROFESSOR ARTHUR HIMMELBERGER — MARIST'S OWN MUSIC MAN

A look at the man behind the music department.

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A&E: CONSPICUOUS ABSENTEES FROM 2007 OSCAR GUEST LIST

Who deserves to win in this season's Academy Awards.

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# THE CIRCLE Campus

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## Security Briefs

### Miserable single's schedule trumps deviant behavior

By ANDREW MOLL  
Leader in  
homeland security

As many of you know, Valentine's Day was on Wednesday. This is the day of the year where the lovers of the world unite and celebrate their love with heart and candy and lingerie and a lot of pink stuff. On the other side of the coin, those of us who remain eternally single do our best to go through the day making it seem like we're indifferent to the whole thing when in actuality we're insanely jealous and bitter about it all. Not exactly my favorite day of the year. Nevertheless, I decided to keep a running diary of the proceedings. Read at your own risk.

8:30 - Roll out of bed and put up an anti-Valentine's Day away message, and feel better about myself for a minute.

9:15 - Leave for class while putting on my moody face and iPod. On the iPod? The Smiths, of course. (Note: This is subject to change depending on whether or not classes were canceled on Wednesday. Remember, I'm writing this on Tuesday.)

9:30-10:45 - Spend my class time contemplating whether or not I should sport some Robert Smith-esque eyeliner and lipstick, then decide that that's probably not the best idea; but the decision is made to keep The Cure on stand-by for listening later in the day.

11:00-Noon - Come back to my room for a nap because life is oh so difficult and I can't stand having to be awake and deal with this cruel, cruel world! Oh the humanity!

12:30 - Lunch. Easy Mac. Yum.

1:00 - Start listening to Morrissey, because he sings about how I feel and I can relate to his lyrics. Kinda like how some kids feel about My Chemical Romance, or Fall Out Boy, or Panic! At The Disco, or other emo bands. (Note: Not all emo is bad. Just new emo. [Note: Four words: Sunny Day Real Estate]).

3:30 - I can't do my homework! Life is too dreadful! Why can't I be loved?! Why am I not good enough?! Oh the humanity!

4:00 - Actually, yeah, I think I'm gonna get my homework done. Besides, not like I have anything else worthwhile to do.

5:30 - Dinner. Easy Mac. Yum.

6:30 - Oh, Seinfeld. Your exposure of human neuroses makes me giggle with glee! Although I fear I become more like George Costanza every day. This could be good or bad. I'm taking a wait-and-see approach to it all.

7:58 - Well, that commercial really did a good job of turning the knife that's been stuck in me all day. I think I'm gonna have to drink my sorrows away.

8:00 - First beer.

8:05: First shot.

8:06 - Wasted.

9:00 - I'm too sad to sober up! Booo hooooo! Oh the humanity!

10:30 - Hey, screw you people in relationships. Just because you're in one, doesn't mean you're any better than me. Happier? Maybe. Having a regular sex life? Most likely. Not depressed? Sure. But better? Not in the least.

11:00 - Snack time. Special K. Yum.

Midnight - Well, what a fun day that was. I feel so much better than I usually do on Valentine's Day. So to all you lovers out there, just stay away from me. Thanks.

Oh, right. The security briefs:  
2/6

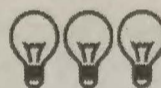
On the third floor of Champagnat, a fire alarm was set off due to a hair dryer. I'm not exactly sure how something like this could happen. Dust particles, perhaps? Either way, this is something that just shouldn't happen. (Note: I was prepared to make a joke about a hair band, like Motley Crue or somebody, but then I realized I made a similar joke before when this thing happened previously. My point is, I'm not sure I'm any good at this.)

2/9 - 3:00 P.M.



Around Donnelly Hall, a couple of the speed bump signs were found to be missing, once again leaving the roads of Marist College susceptible to speeding and perhaps even more accidents. What my question is, why are you stealing speed bump signs? What do you plan on doing with them? And even though I joke differently, it's not like anybody is going to fail to notice the big yellow bump in the road. Well, that's a lie. I know plenty of people who apparently fail to notice it all the time, so maybe I'm being too harsh.

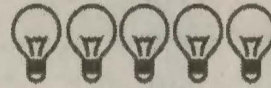
2/9 - 2:25 P.M.



A student on the 9th floor of Champagnat reported that a camcorder and digital camera were stolen from their room,

and there was no sign of forced entry. Faking a break-in to get your tape on the internet. Smart move. Haven't done it myself yet, but there will come a time.

2/11 - 6:00 P.M.



From the kitchen area of Leo came a foul odor, one which was thought to have been something horrible, but was just food on the stove. I think it's become pretty obvious that Emeril is never any where in the vicinity of Leo.

That's all for this week, not a whole lot going on. So let's try for some arrests, to spice things up, shall we? Thanks.

genius-o-meter:



*Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.*

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## Upcoming Campus Events

Thursday, Feb. 15  
Survival Bingo  
in the Cabaret  
9:30 p.m.

Thursday, Feb. 15,  
Friday, Feb. 16 &  
Saturday, Feb. 17  
SLA Theatre presents:  
Cabaret  
in the Nelly Goletti  
8 p.m.

Saturday, Feb. 17 &  
Sunday, Feb. 18  
SLA Theatre presents:  
Cabaret  
in the Nelly Goletti  
2 p.m.

Friday, Feb. 16 &  
Saturday, Feb. 17  
"The Departed"  
in the PAR  
9 p.m.

Saturday, Feb. 17  
Ski Trip  
bus leaves DN at 7 a.m.  
tix on sale at College  
Activities; \$25 lift

Sunday, Feb. 18  
Marist College  
Music Department  
Small Ensembles  
in the PAR  
5 p.m.

Monday, Feb. 19  
Relay for Life  
Kickoff Party  
Feat. Pat Hull  
and Pass The Broccoli  
Grandpa  
in the Cabaret  
9:30 p.m.



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The Circle is the weekly student newspaper of Marist College. Letters to the editors, announcements, and story ideas are always welcome, but we cannot publish unsigned letters. Opinions expressed in articles are not necessarily those of the editorial board.

The Circle staff can be reached at 575-3000 x2429 or letters to the editor can be sent to writethecircle@gmail.com. The Circle can also be viewed on its web site, www.maristcircle.com.

# THE CIRCLE Features

THURSDAY, FEBRUARY 15, 2007

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## Professor Arthur Himmelberger: Marist's own Music Man

By RYAN SCHNEIDER  
Circle Contributor

It was 20 years ago when Arthur Himmelberger walked into class to conduct his first band rehearsal and sitting before him were two trumpet players. Today, there is a 180 piece choir, 30 piece orchestra, 140 piece symphonic band, 50 person wind symphony, two flute choirs and a jazz band.

The music department is located on the first floor of the student center, but it is more like a basement than a first floor. It is set away from the rest of the campus, but it doesn't seem to bother Himmelberger at all.

He greets me with a smile on his face and a firm handshake. I follow him into one of the few classrooms within the department. His demeanor is intense, but laid back; he possesses a contagious energy. The second he starts to speak it is obvious he has a passion for his job.

Himmelberger was four years old when he was first introduced to music.

"My father was a Principal but he had always wanted to be a musician," he said, "I was weaned from the beginning to be the musician my father wasn't."

According to Himmelberger, he was playing professionally by the age of nine. He was a percussionist who could play anything from the drums to the xylophone. In fact, he was performing xylophone solos by the time he was 12.

Himmelberger's love for music carried him to the University of Michigan where he met William Revelli, who became one of his two great mentors along with his father.

"It has nothing to do with sports or music, but rather with how to live. My father and Revelli both taught me how to live," he said.

According to an article published in the "Michigan Today" written in 1994, William Revelli was a perfectionist to the highest degree. He is known as a legendary figure in American band. Himmelberger was fortunate to have him as a teacher.

"The lessons that I learned from Professor Revelli

helped me to succeed in life," he said.

At the time of his graduation from Michigan, Himmelberger said he was aware of the possibility of being drafted into the army to fight in Vietnam and decided to join under his own terms.

"I decided to enlist so that I could continue on with the part of my life I loved, music."

Four years in the nationally renowned military band were followed by six years of teaching in rural Pennsylvania. According to Himmelberger

**"At 56 I still have some good kicking years left. At many schools across the country there are four or five different band directors; there is no cohesion. I operate under the old school style. There is one director, me. I want that to continue here. I have surrounded myself with people that envision this program going in the same direction as I do. I can't be worried about the future."**

- A. Himmelberger

after being overworked and underpaid he took up an offer to play in the West Point band. It was while playing in the band that he began his teaching career here.

"I came to the school as an adjunct professor. When I first got here all this school had was a 35 to 40 person choir program. On my first band rehearsal I had two trumpets, and thankfully they were trumpets, at least we sounded strong," he said with a laugh.

An adjunct professor is allowed to teach a maximum of three courses, but Himmelberger said he created six classes even though he was only getting paid for two.

"I had such a passion and two classes just were not enough for me. I needed to create more for the kids," he said.

Slowly but surely he began to create what is now a well-rounded music program. He worked as an adjunct with three different Music Directors until he retired from the West Point army in 2002. It was at this point that he was named the Music Director.

Mary Ellen Conway, a senior and the current student body President has been involved with the music program since first enrolling. Professor Himmelberger not only spends his time teaching

the students about the music, but also stresses the importance of living a good life.

"He puts music on the back burner in terms of how important it is to live a good life. He constantly teaches us life lessons through his class," she said. "We are always told to play with a passion, and to always love what we are doing."

Conway, a clarinetist in the band is a psychology major, but is going to minor in music.

"I have always had a love for music but I was not sure I would continue in college. When I met Professor Himmelberger I realized that this something I wanted to continue to be involved with," she said.

As the program has expanded so has the need for music professors. Himmelberger was one out of only a couple of music professors in 1986. He now has 15 professors working in the department.

According to Himmelberger the music department has become such a big part of the campus. There is a series of fall and spring concerts, and the band is always seen playing at sporting events on campus.

"At Michigan we were always playing during the football and basketball games. It made for such a fantastic atmosphere, why shouldn't we have one here," he said.

He is not a stranger with the athletic stage. Himmelberger has designed the halftime production for a few NFL playoff games, including two AFC and one NFC championship games.

His love for incorporating music into sports was enhanced with his creation of the Marist fight song; it took about three years to be satisfied with it.

"I had discussed the idea with President Murray. He wanted me to write it and I started to work on it," he said. "I started coming up with the words on my rides home to West Point after work. Then after coming up with the words I asked Douglas Richard to come up with the melodic lines."

Himmelberger is very fond of Richard, who writes more than 150 scores annually. In his eyes Himmelberger felt there could not have been a better guy for the job of helping him come up with Marist's first fight song.

Athletic Director Tim Murray notices how big of

an impact the band has at a sporting event.

"The band brings energy to the gym and to the football field. An atmosphere is created when the band is at the games," he said. "The fight song is great and I think it is something that every school should have."

According to Murray every big-time school has a well run band that performs at the sporting events. "The band supports our athletic teams and it creates a higher level of school spirit. If the band didn't attend the game there would be about 300 less people at the games," he said. "The energy they provide is contagious and anyone can see it by simply stepping into the gym when a game is going on."

Himmelberger's eyes light up when he elaborates on his devoted support of the school, particularly the athletic program.

"The fight song is very meaningful to me. I have been a loyal supporter of the athletics here. In fact, I have not missed a home game in 21 years," he said.

We share a moment of silence. Thinking back 20 years earlier he realizes how insignificant the music program was to this campus. Now, at 56 he is starting to think about the future of what has become a big part of the school.

"At 56 I still have some good kicking years left. At many schools across the country there are four or five different band directors; there is no cohesion. I operate under the old school style. There is one director, me," he said. "I want that to continue here. I have surrounded myself with people that envision this program going in the same direction as I do. I can't be worried about the future."

Himmelberger has been here 20 years and has poured his heart and soul into this school.

"I found out about the death of my father while conducting the band at a basketball game," he said

His vibrant energy subsides for the first time in 20 hours. He takes a sip from his coffee cup, leans back in his chair and grows quiet.

"My favorite movie when I was younger was Pinocchio. In fact it was the first movie I ever saw. I can still see Jiminy Cricket singing when you wish upon a star," he said softly. "This has been my dream come true."

### Rape does hurt:

A reaction to a not-so-funny satire on rape

By MICHELLE FABER  
Circle Contributor

When I was an editor of my high school newspaper, I was always taught that people cannot read sarcasm easily. It was simple: according to my journalism teacher, when it comes to satirical writing, there is a level of sophistication not easily attained for young writers. It is easy to be sarcastic in front of someone's face and have them understand your meaning, but written sarcasm is a somewhat racy task for a journalist to take.

The reason I mention this is because of the recent uproar over an article published in last week's issue of the Central Connecticut University's newspaper, The Recorder. Opinion Editor John Petroski wrote an article entitled "Rape Only Hurts If You Fight It" published in the February 7th, 2007 issue of The Recorder. This article talks about rape and its "benefits" to society. Petroski talks about how rape is a "magical experience" and how it should not be looked at as a horrible crime.

The worse part of this article is when Petroski talks about "ugly women." He writes, "Take ugly women for example. If it weren't for rape, how would they ever know the joys of intercourse with a man who isn't drunk." He also talks about prisoners and how they should enjoy being raped because there is nothing better to do with their time in prison.

This article is an absolute abomination. First of all, Petroski has no right to publish something he claims as satire when in actuality, there is no purpose behind his so-called satirical piece about rape. Satire is only satire if something can be learned from it. I learned absolutely nothing from this piece, except for the fact that this kid is extremely creepy.

Second of all, who are the editors of this newspaper that let this piece be published? Don't get

me wrong, I am all for our first amendment rights and I realize that Petroski has the right to say the things he says, but this piece should not have been published. There is no reason behind this article except for the fact that Petroski was probably bored with himself and wanted to gain fifteen minutes of fame by writing something that he knew would cause controversy. Obviously this plan worked because I am so disgusted with this article that I feel the need to write about him in our newspaper. The stir that this kid caused is upsetting so many students, that there are even numerous Facebook groups against him.

Also, did Petroski think of his audience as he wrote this? This is a college newspaper! College students get raped! I cannot imagine how upsetting this would have been to read if I had ever experienced rape. Why publish an article that is directly going to hurt so many people? He is directly making fun of probably the most frightening, emotionally-damaging experience of these people's lives.

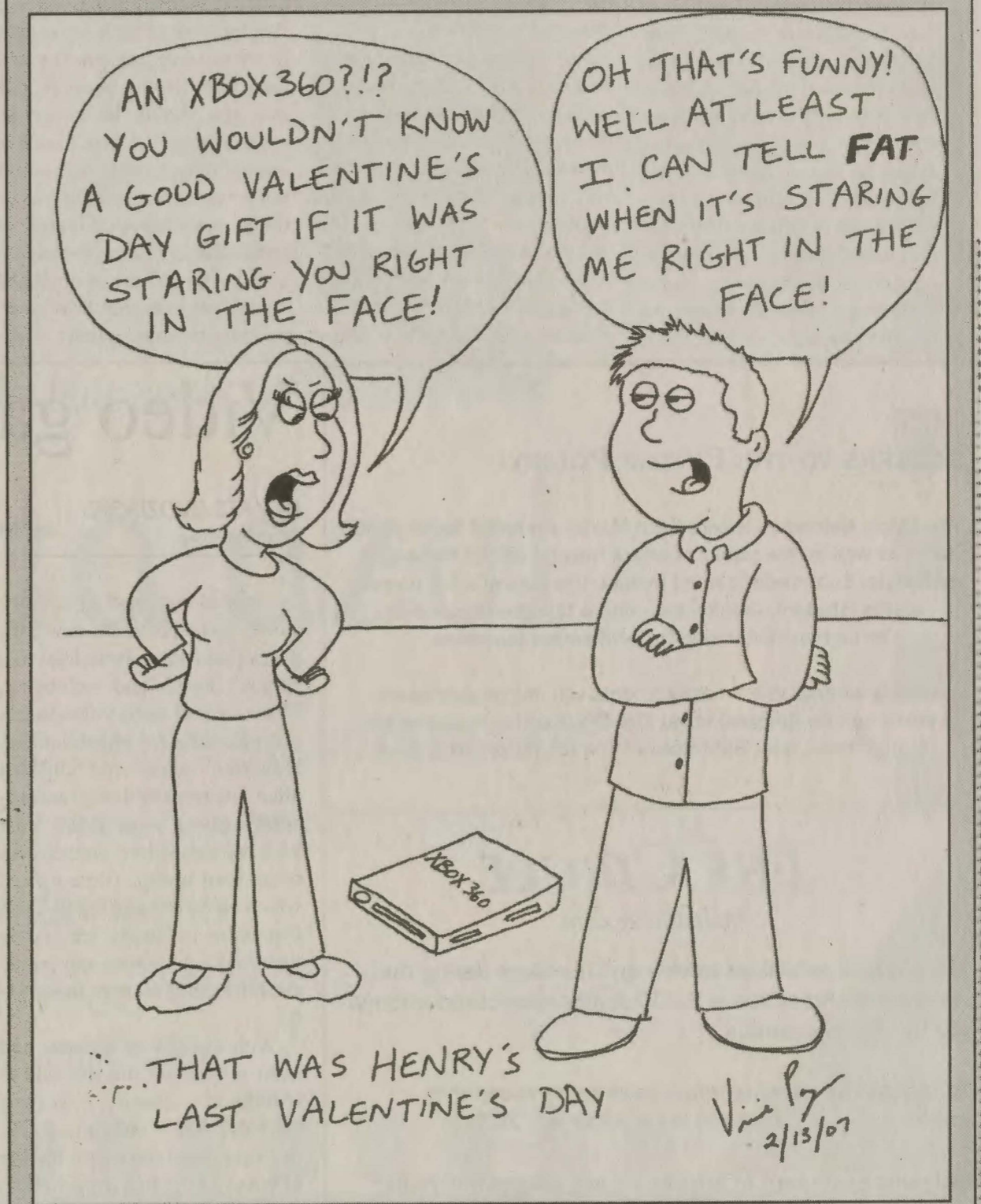
No matter what Petroski was attempting to accomplish with this grotesque article, most can agree that this piece is offensive, especially to women. As I read this article in horror, I really hoped that it was sarcastic. It was so insane that I could not believe anyone would actually write these things and mean them.

I hope that you will read Petroski's article for yourself so that you can formulate your own opinion on the subject. In my view, this article is upsetting, disturbing and worthless and should not have been written, but more so should not have been published. It is probably the worst piece I have ever read in my life. To John Petroski, all I have to say is this: rape does hurt, whether you fight it or not.

To read this article, go to <http://clubs.ccsu.edu/recorder/currentissue.pdf>.

### cartoon corner

By VINNIE PAGANO



# Opinion

THURSDAY, FEBRUARY 15, 2007

www.maristcircle.com

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## Fashion models still too thin despite recent criticisms

Bundchen says that families are at fault for anorexia, not fashion industry where thin is the norm

By ALISON JALBERT  
Circle Contributor

After decades of displaying scarily skinny supermodels, the fashion industry is finally starting to put some restrictions on the body types of the models they hire.

Following the 2006 death of Brazilian model Ana Carolina Reston from anorexia complications, the fashion world has begun to set limits and guidelines that models have to follow.

Spain has banned models under the age of sixteen, and all models are required to show proof of good health before they will be considered.

The Italian government and the heads of the major Italian

fashion labels have signed pacts to keep overly skinny models off the catwalk.

While these small but gradual restrictions may seem like a good starting off point for the fashion industry to change its standard of beauty, last week's fall 2007 Fashion Week in New York proved that it will take a lot of effort to make a little progress.

The models strutting down the runway in New York were no different from any other year-gaunt, leggy supermodels who appeared to be in need of any sort of caloric intake.

It is disappointing to see American fashion designers so hesitant to change, especially after so many of them complain that the fashion industry is

unfairly blamed for encouraging anorexia and bulimia.

If American designers feel that they have become a scapegoat, then why not try to make a change? And what better time to do it than Fashion Week, when all eyes are on New York?

However, Gisele Bundchen, supposedly the world's greatest supermodel, has let the world know that she feels the fashion industry has been wrongly named as a contributor to eating disorders.

"I never suffered from [anorexia] because I had a very strong family base. Parents are responsible, not the fashion industry," she said.

So you mean to tell me that all this time it has been parents setting an unreachable standard for

their children? It had nothing to do with the "heroin-chic" supermodels on display in every magazine or on every billboard?

Bundchen says to panic over anorexic models is unnecessary, because "everybody knows that the norm in fashion is thin. But excuse me, there are people born with the right genes for this profession."

Despite the fact that Bundchen has just insulted every model who struggled with his or her weight to become accepted in the fashion industry, she has the nerve to claim that it was difficult for her to grow up excessively skinny. As a teenager, she was called "Olive Oyl," which I am sure was permanently dam-

aging, considering she makes her living walking around in her underwear.

**Bundchen says to panic over anorexic models is unnecessary, because "everybody knows that the norm in fashion is thin. But excuse me, there are people born with the right genes for this profession."**

Bundchen's comments make it obvious that the overall fashion industry is in no way ready to embrace change.

It's not like Anna Wintour is demanding that all models used in "Vogue" have meat on their bones, or that Dolce and Gabbana are rushing to make clothes that fit women who fall above the dreaded size six.

Just like Marilyn Monroe set the standard of beauty in the '50s, the skeletal models and celebrities of today have set a firm standard that does not seem to be changing any time soon.

Anyone who has watched an episode of "America's Next Top Model" knows how intense and competitive

the modeling industry is, and until all designers can get together and decide that stick-thin models are not the best option, there will be more girls struggling to make themselves look "perfect."

Let's just hope they don't listen to Gisele.

## Need for weight regulations for fashion models have yet to take place, only voluntary guidelines

By KAITLYN ZAFONTE  
Circle Contributor

"So none of the girls here eat anything?" asks the protagonist of this summer's *The Devil Wears Prada* in disbelief. "Not since two became the new four and zero became the new two," answers the fashion magazine's connoisseur. "Well, I'm a six..." she proclaims only to hear, "Which is the new fourteen."

Although fictional, this short episode is a shockingly accurate portrayal of today's beauty standards. How did this new outlook come about? The girl next door who decided to lose five pounds certainly did not trigger this new phenomenon (or is epidemic a better word?).

The public has been bombarded with images of ultra-thin celebrities to the point that their skeletal-like corpses barely even faze us. Nicole Richie's bony body has certainly served as tabloid fodder, yet her anorexic-like state is still more accepted than the opposite scenario. When an actress gains so much as a pound, her stomach is scrutinized, her thighs analyzed, her butt examined, until the obvious conclusion is reached... She's expecting! Most likely she just ate an extra grape or two and is

suffering the horrid effects of water retention.

But I digress. As a whole, we are brainwashed into believing in the attraction of skinniness. Yet this relatively new perspective of beauty completely contradicts accepted theories concerning human nature. From an evolutionary biology standpoint, attractive women are those who have a certain waist to hip ratios. Ample hips (and the existence of at least some fat) signify fertility, which is exactly what her male counterparts seek. Protruding bones do not exactly indicate one's prowess to procreate. So is this interpretation of attractiveness a hindrance to mankind? Okay, so maybe it might not cause the end of civilization in terms of gene distribution, but it is most certainly affecting a vast majority of the population on a psychological level.

Just as trends in clothing tend to trickle down from the haute couture level of the industry to the masses, the body type of the models strutting down the runway similarly influence the girls walking down the street. Just this past week, from February 2-9, the fashion world held one of its biggest events of the year: the Mercedes-Benz Fall Fashion

Week. The clothes that the designers sent down the runway will dictate what will be in stores in the coming months. We see skinny jeans come down the runway. We buy skinny

**The anorexic-related death of Brazilian model Ana Carolina Reston last November at the age of twenty-one served as a catalyst for change. Reston, at five feet eight inches, weighed eighty-eight pounds, and still walked the runway.**

jeans. We see girls as thin as toothpicks come down the runway... We skip dinner?

The National Institute of Mental Health found that up to ten million females in the United States suffer from a serious eating disorder while a massive eighty percent claim to be dissatisfied with their appearance and shape. What is more, fifty percent of girls aged eight to ten say they are unhappy with their size. In my opinion, girls this age should be concerned with selling Girl Scout cookies and wearing sparkly nail polish, not preoccupied with the size of their prepubescent thighs or stressed over ridding themselves of baby fat. There is obviously a problem here, but how can it possibly be ameliorated?

The anorexic-related death of Brazilian model Ana Carolina Reston last November at the age of twenty-one served as a catalyst for change. Reston, at five feet eight inches, weighed

eighty-eight pounds, and still walked the runway. In Madrid, strict guidelines have been estab-

lished in an attempt to prevent future tragedies. It is now mandatory that models have a body mass index (BMI) of at least 18. BMI is a measure of one's body fat based on the height and weight of the individual. A number in the range of 18.5 to 24.9 is considered normal and healthy. Below that is deemed underweight, which places an individual at the risk of many health hazards. This means that famous models Gisele, who has a BMI of 16, and Kate Moss, cannot work the runways in Madrid. This is quite astonishing considering the clout and value these women have garnered in the fashion world. It's like Derek Jeter not playing in the World Series or Lindsay Lohan not taking part

in after-party festivities.

In the United States, however, these strict regulations do not exist. We are a country that neither likes being forced to withdraw troops from Iraq nor fatten up our models. Instead of imposing rules upon the American catwalk, the Council of Fashion Designers of America established voluntary guidelines in which they urge the industry to take part. Those with eating disorders are encouraged to get help. They also recommend no smoking or drinking alcohol, and propose supplying food for the models backstage during the shows. Karl Lagerfeld, the notorious fashion snob and mastermind behind Chanel, termed these regulations, "politically correct fascism." He is quoted in *Women's Wear Daily* as saying that he does not choose models based on their weight, but instead he focuses on their "personal style and memorable face." And all these au courant and unforgettable girls are so conveniently emaciated!

Lagerfeld is not alone in his opposition these regulations. Most designers are resentful that the CFDA is threatening what they see as their artistic license and that they are being blamed

for perpetuating the image of the "heroin chic" girl. Models are also fearful of losing their jobs. I have to say, I understand where they are coming from. No one wants to be blamed for causing other people's turmoil or to be disciplined in a creative field. Nonetheless, the CFDA needs to follow the lead of its foreign counterparts and put its Jimmy Choo-clad foot down.

I was fortunate enough to volunteer at several shows this Fashion Week. With this article in mind, I paid special attention to more than just the clothes. As each model strutted by, I was almost nauseated by their frail physique. Even squished in the very back of the room (we volunteers aren't exactly A-list celebrities,) it was obvious that these girls were more than just skinny. I am used to seeing them on television or on the pages of a magazine; if the camera adds ten pounds, do the subtraction and imagine what they look like in real life.

At the Charles Nolan show, the designer mixed the models with what the production staff was referring to as "real people." "Real" was no misnomer. These individuals, who I assumed

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### LETTERS TO THE EDITOR POLICY:

The Circle welcomes letters from Marist students, faculty and staff as well as the public. Letters may be edited for length and style. Submissions must include the person's full name, status (student, faculty, etc.) and a telephone number or campus extension for verification purposes.

Letters without these requirements will not be published. Letters can be dropped off at The Circle office or submitted through the 'Letter Submission' link on MaristCircle.com

## THE CIRCLE

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## Video games may lead to good health

By KATE BUDZINSKI  
Staff Writer

In this day and age, video games have taken on new purposes that can be beneficial to a person's health and well-being. There are still many video games played solely for entertainment. However, adults and children alike are actually being encouraged to spend some quality time with various game consoles to better their health. These games, which can aid many things from depression to obesity, are finding their way into homes and public establishments all over the country.

With the risk of diabetes and heart disease on the rise due to childhood obesity, several schools are attempting to decrease those risks with the use of video games that trigger physical activity. According to an

article posted on msnbc.com by Reuters, the state of West Virginia plans to put Dance Dance Revolution (DDR), a popular dancing video game, in all of its public schools. West Virginia has the worst childhood

**The state of West Virginia plans to put Dance Dance Revolution (DDR), a popular dancing video game, in all of its public schools. The state is hoping that the use of Dance Dance Revolution will discontinue weight gain among students.**

obesity problem in the United States. The state is hoping that the use of Dance Dance Revolution will discontinue weight gain among students.

In an experiment performed to test the video game's effectiveness in aiding weight loss, 50 obese children from ages seven to 12, played the game for at least 30 minutes a day for 24

weeks. As a result, the children maintained their weights, and in addition, decreased the risk factors of heart disease and diabetes. Although all families may not be able to afford this video game, the use of DDR in public

schools will give every child the ability to use it and therefore, engage in physical activity.

Emily Murphy, pediatric exercise physiologist, West Virginia University school of medicine's pediatrics department, was a part of the research team for the experiment. "It's going to allow kids to be active in an after-school activity that's not sports," Murphy said. It was also proven that children were less intimidat-

ed to participate in gym class activities after having played DDR on their own.

In addition to helping people physically, video games today are now being designed to help people's mental health. According to an article on msnbc.com, Dimple Entertainment, a video game developer inspired by Nintendo, is releasing a game in May which will enhance psychological health. The game will ask people a series of questions including topics ranging from love to money, and then produce a measurement of the person's mental and emotional health.

Similarly, Mark Baldwin, psychology professor, McGill University, in Montreal, Canada, created a game that he hopes will improve people's self-esteem. His game, titled "MindHabits

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From Page 4

## Model Behavior?

backstage during the shows. Karl Lagerfeld, the notorious fashion snob and mastermind behind Chanel, termed these regulations, "politically correct fascism." He is quoted in Women's Wear Daily as saying that he does not choose models based on their weight, but instead he focuses on their "personal style and memorable face." And all these au courant and unforgettable girls are so conveniently emaciated!

Lagerfeld is not alone in his opposition these regulations. Most designers are resentful that the CDFA is threatening what they see as their artistic license and that they are being blamed for perpetuating the image of the "heroin chic" girl. Models are also fearful of losing their jobs. I have to say, I understand where they are coming from. No one wants to be blamed for causing other people's turmoil or to be disciplined in a creative field. Nonetheless, the CDFA needs to follow the lead of its foreign counterparts and put its Jimmy Choo-clad foot down.

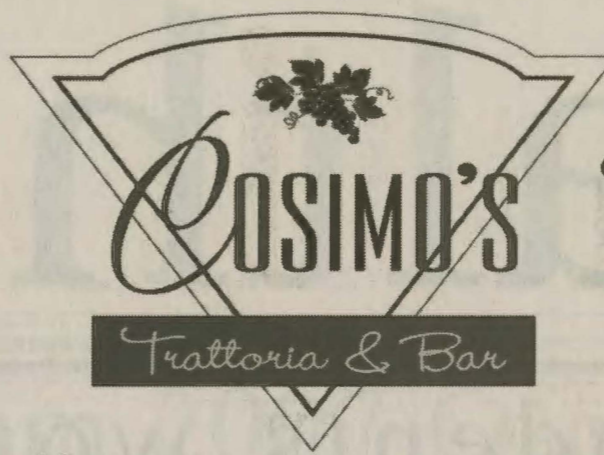
I was fortunate enough to volunteer at several shows this Fashion Week. With this article in mind, I paid special attention to more than just the clothes. As each model strutted by, I was almost nauseated by their frail physique. Even squished in the very back of the room (we volunteers aren't exactly A-list celebrities,) it was obvious that these girls were more than just skinny. I am used to seeing them on television or on the pages of a magazine; if the camera adds ten pounds, do the subtraction and imagine what they look like in real life.

At the Charles Nolan show, the designer mixed the models with what the production staff was referring to as "real people." "Real" was no misnomer. These individuals, who I assumed were family and close friends of Mr. Nolan, certainly did look much more realistic than the models. The skin and bones walking among these real people could have vanished into thin air. If it weren't for

the exquisite clothes and unexpected color combinations, the "unreal" people would have seemed like walking shadows.

Cleaning up after the shows, I got the unique opportunity to go backstage, where the makeup artists and hair gurus work their magic. Tables lining the back of the tent were overflowing with platters of food. A few pieces of fruit looked like they had been nibbled upon, but for the most part even the salad was left uneaten and the pasta completely abandoned. All of this supposed sustenance for the models was eventually dumped into the garbage. Scattered everywhere, however, were empty glass bottles of Moet champagne; so much for no drinking. A publicist at the Nicole Romano show told the New York Post, "At our first show, we had catering backstage, but the models didn't eat. So at our [next show], we're not even going to be bothering with catering - we're just having champagne, water and energy drinks." Clearly the CDFA's "suggestions" are not solving the problem on hand.

Why this emaciated appearance is considered attractive, I do not know. I used to think that thin girls were used on the runway in order to put the focus on only the clothing, their thin frames giving the effect of clothes dangling from a hanger. Maybe this was once the case, but it has now gone too far. Fashion is no longer available to only a small portion of the population. Pop culture, like the show Ugly Betty, has introduced it to everyone. In a way this is wonderful, as fashion is a beautiful and constantly changing art form. However, I fear the repercussions. Unless stricter regulations are set, there will only be more and more body related issues and tragic events. Fashion should be controversial because of daring and innovative design; the CDFA needs to place the focus back on the clothing by protecting the models. Generations of women will thank them.



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# THE CIRCLE Health

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## Marist students work out in the winter

By CLARE LANGAN  
Circle Contributor

With resolutions to stay in shape a distant memory to many, other students do not need a New Year to encourage them to workout. As the temperatures drop and the workload increases as the new semester sets in, all good intentions of going to the gym are often left in the cold. With spring break just weeks away, many students are setting their sights for achieving a beach-ready body, while others are looking to find ways to stay active in the winter months. Whether you are looking to hit the slopes, exercise indoors at McCann or try something a little more extreme, there is a routine out there for everyone.

When it comes to fitness, athletes know how important it is to have a plan and stick to it. Not only do they work hard to stay at the top of their game in season, but the off season can be just as physically demanding. One Marist athlete who knows this all too well is sophomore football player Kiely Nagle. During the off-season, you can find him at the gym six days a week, sometimes twice a day. Nagle's typical workout consists of morning weight lifting with his teammates four days per week, then an hour of cardio later that day totaling six days of treadmill or elliptical work. To top it off, Nagle will often play bas-

ketball with his teammates at night. When it comes to his nutrition, Nagle keeps a journal to keep track of his calories coming in versus the calories he burns "just to make sure that I am not putting bad things into my body and to make sure I am not eating too much."

Biking, swimming and running are all great ways to stay in shape. However, two Marist students have taken these

**You don't have to be a die hard gym rat or super-athlete to reap the rewards of working out. Get out there and try something new or change up your routine.**

sports to a whole new level. The fitness routine of someone training for an Ironman triathlon would challenge even the most dedicated gym rat. For the love of the sport, sophomores Dan DiSante and Ty Jowaisas are currently training for the Louisville Ironman, which will consist of a 2.4 mile swim, 112 mile bike ride and a 26.2 mile run. To prepare for the August event, DiSante and Jowaisas are currently training 4-5 days a week, primarily doing a mix of swimming and cycling. Later on, the students will begin to incorporate all 3 events into their daily workouts, to get their bodies used to the transitioning. DiSante, an R.A. in Sheahan, has even rigged a recumbent bike trainer that

allows him to ride his race bike in the comfort of his own room.

For the majority of the Marist population who are not on an athletic team or training for an endurance event, heading to the McCann Recreation Center is the answer. Often open until 1 a.m., the gym attracts many students who want a little more excitement with their workout. The newly installed flat screen TV's on

the cardio equipment take working up a sweat and watching McSteamy to a whole new level.

Sophomore biomedical sciences major Kate Lohne frequently hits the McCann gym to carve out some distressing "down time" into her hectic day. Her typical workout consists of sweat-inducing work on the elliptical machine or treadmill for 30-45 minutes, with the rest of her workout a mix of weight lifting and stretching. She aims to work out for a total of 60-90 minutes, 5-7 days per week. Considering the demands of her major, Lohne believes that working out is "the best way for me to manage my stress". She carries these healthy habits with her throughout the day, trying to eat a balanced diet, drink lots of water and getting enough sleep.

Wintertime can produce cabin fever for many students, so heading off cam-

pus for fitness is a great option. Sophomore communications major Erin Catney heads to the slopes for her winter activity. A Syracuse native, Catney snowboards every chance she gets, enjoying the fresh air and scenic views. In addition to boarding, she also practices yoga at Arlington Yogaworks near Vassar. The Hudson Valley is home to many excellent ski mountains like Windham and Hunter, where students can also rent equipment and take lessons. You can also try rock climbing and caving at Albany's Indoor RockGym and High Angle Adventures in Ulster Park, horseback ride at Hidden Pond Stables or belly dancing and capoeira at The Living Seed Yoga Center in New Paltz.

For anyone who is looking to begin their own exercise routine or spruce up their old one, there are some key elements to keep in mind. According to

Mike Arteaga, owner of Mike Arteaga's Health and Fitness (formally All-Sport), exercise should be, "a habit you can keep for a lifetime." He suggests a mix of

cardiovascular and strengthening exercise for endurance and for building strength in muscles and bones. Arteaga also cautions against working out too hard at the beginning of any new plan, but rather starting off slow and building up. No matter what you choose, the trainer predicts that, "you will begin to like the energy and other feelings regular exercise creates in your body, if you stick with it!"

From taking a longer walking route to class, to lifting weights in your room during T.V. commercials, getting a little extra activity into your day can benefit people of all fitness levels. You don't have to be a die hard gym rat or super-athlete to reap the rewards of working out. Get out there and try something new or change up your routine. There is no perfect exercise for everyone; just find what works for you and do it!

### Triathlon Training Statistics

Exercise	time / week	Exercise miles / week
Overall	4:31 (hrs:mins)	48.4 miles
Men	4:50 (hrs:mins)	53.4 miles
Women	4:30 (hrs:mins)	40.2 miles

### Science Briefs

By BRITANY FIORENZA  
Health Editor

#### Brr, It's Cold In Here

Now that winter has settled in, freezing the Hudson River and forcing students to take detours just to get to Fontaine, it seems like staying warm is on everyone's mind.

The American Red Cross says dressing in layers, wearing a hat, mittens and waterproof boots are all essential. Dressing in layers allows you to adjust from the bitter cold to the warmth of the indoors. Most of the body's heat escapes through the head, so wearing a hat can prevent heat loss. Furthermore, gloves separate one's fingers, while mittens keep them together allows the natural body heat to keep your hands warmer.

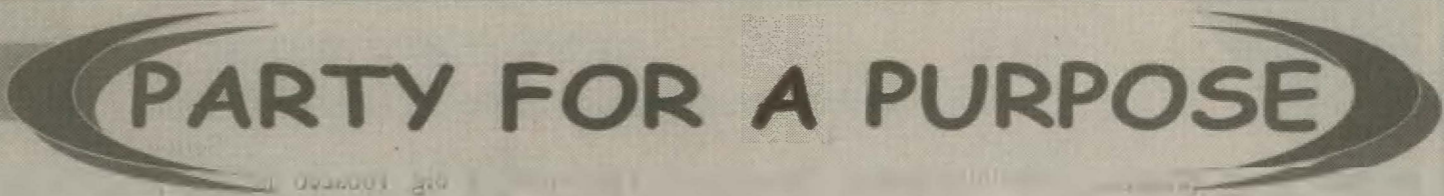
Some college students have their own unique set of tips including. Danielle Defeo says that "listening to music while you walk to class to keeps your mind off of the cold!" While Nicole Siani states that her friend Ben always has a bunch of hand warmers in his coat pockets. Furthermore, wearing a scarf and the ever popular Ugg boots allows even the most fashion conscious person to battle the cold in style.

Eating well can also make a big difference when it comes to staying warm since the cold weather naturally dehydrates your body. Although coffee and other caffeinated beverages may seem like the best thing, the caffeine in these beverages is harmful as it actually dehydrates the body even more. Decaffeinated warm beverages, such as tea with a bit of honey is really the best choice.

Chinese medicine acknowledges the mid section to be the central energy source of the body. Eating spicy foods or any food in general, starts digestion and increases body heat.

It may seem a bit neurotic to worry about any cold weather related ailments such as frostbite; however, serious problems can occur even when least expected. Shivering, however simple it may seem, is one of the first signs of being too cold as it is the body's way of attempting to warm up the body.

Until spring time when we can all enjoy the outdoors once again, we'll have to do our best to walk to Fontaine in the tundra that is Poughkeepsie.




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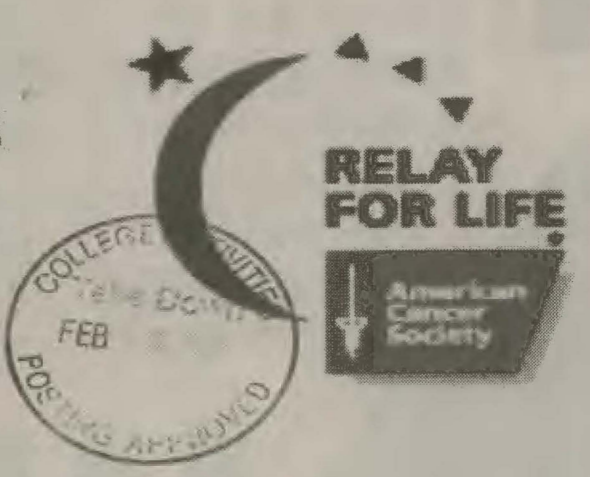


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## Conspicuous absentees from 2007 Oscar guest list

By TYLER THURSTON  
Staff Writer

In our lives, we make lists. We think of what we want, what we need, or what is important to us, and we quickly jot it down on. We take these lists and imprint them in our minds – a mental note meant to signify our hopes and dreams. And be it a shopping list or a Christmas one, our lives are defined by them.

So when I first thought about what to write about in a column, the answer seemed simple – a list. But instead of writing down milk and bread on a post-it and calling it journalism, the list featured in this column will be more extensive. From now on, weekly, I will compile a Top Ten list featuring any aspect of film or television. Some will be simple rankings, some will be news stories. It all depends on the flow of the entertainment world that week.

And as always this time of year, the current flow of the entertainment world seems to be all about awards season. From the just-held Golden Globe Awards to the upcoming Oscars, tabloid magazines and couch potatoes are buzzing about who will win, who will wear what, who will show up with whom, etc. As the world turns to Ryan Seacrest to ask the hard-hitting questions and exchanges water cooler gossip about the fall and rise of Jennifer Hudson, positivity seems to be in the air. And forgive me for being the one to bring the mood down, but for me

the most interesting story around Oscar time is not who was nominated, but who *wasn't*. So to kickoff the Top Ten list, let's examine the ones whose name will surely not be called come Oscar Sunday.

**10) BEST SUPPORTING ACTRESS** - Blythe Danner - *The Last Kiss*

I'll admit it – this was a tie between three very talented actresses, in very different performances. While they all played mothers, Toni Collette, Annette Bening, and Danner all brought something different to their roles. In *Little Miss Sunshine*, Collette perfected the daily balancing act of work, family, and marriage that plagues most women today. Annette Bening proved herself once again worthy of a nomination for her role in *Running with Scissors*, creating a sympathetic character out of what could easily have been a cartoon. So what made Danner's performance stick out in my mind? It should have been a throw-away performance. I mean, she didn't even play the mother of the main character – any actress over 50 could have phoned that in. But through her versatility, her frailty, and her raw emotional energy, Danner stole the movie straight from under the feet of her twenty-something costars. Portraying a woman on the verge of breaking, Danner injected life into dialogue that fell flat coming from lesser actresses, and in my book, that deserves recognition.

**9) BEST SUPPORTING ACTOR** -

Steve Carell - *Little Miss Sunshine*

In *Little Miss Sunshine*, Carell plays the recently fired, recently heartbroken, recent suicide-attempting gay uncle of the little miss in question. And yet, Carell still manages to give the funniest performance in the movie. By finding the comedy so subtly hidden in such a dramatic role, and showing versatility beyond the confines of "The Office" and *The 40 Year Old Virgin*, Carell deserved a nomination.

**8) BEST PICTURE** - *Children of Men*

Maybe the concept was too ahead of its time. Maybe the view of the future was too bleak. Maybe audiences thought they knew what they were getting when they say Julianne Moore and Clive Owen listed on the marquee. Whatever the reason was, *Children of Men* was not hailed as one of the five best films of the year. And with outstanding performances, brilliant direction, and a hopefully imagined dark image of America's outlook, let us hope that it was at least number six.

**7) BEST ACTOR** - Aaron Eckhart - *Thank You for Smoking*

The world of big Tobacco is hardly a sympathetic one. And the role of a tobacco lobbyist is hardly a likeable one. Yet, Aaron Eckhart's performance made lobbyist Nick Naylor completely connectable. Arrogant, smug, not to mention an employee of a

business that kills – Naylor should have down in cinematic history as one of film's biggest villains. But instead, Eckhart conveys the notion that the man is just a man, a father, and that our careers do not define us as people.

**6) BEST SUPPORTING ACTRESS** - Emily Blunt - *The Devil Wears Prada*

Meryl Streep is a commanding presence on the silver screen. With an impressive 14 Oscar nominations, her role as devilish Miranda Priestly in *The Devil Wears Prada* was clearly not her big breakthrough. So when she first appears onscreen, sending her underlings scurrying around the office, your attention should be directed at her flowing fur coat and oversized sunglasses, right? Wrong. Instead, your eyes are transfixed to the British born Blunt, speedily preparing for Miranda's imminent arrival, all while inserting a caustic comment along the way.

**5) BEST SUPPORTING ACTRESS** - Brad Pitt - *Babel*

Brad Pitt did not get nominated for his gritty role in *Babel*, and Alan Arkin did for his barely there performance in *Little Miss Sunshine*. Seriously, people? Seriously?

**4) BEST ACTRESS** - Maggie Gyllenhaal - *Sherrybaby*

While the current Best Actress race is compiled of such stalwarts as Helen Mirren, Meryl Streep, and Judi Dench, Gyllenhaal deserved to be invited to the party for her role as a former crack addict seeking redemption.

**3) BEST ACTOR** - Matt Damon - *The Departed*

The cast list of *The Departed* reads like a who's who of acting greats: Jack Nicholson, Leonardo DiCaprio, Matt Damon, Alec Baldwin, Martin Sheen, and Mark Wahlberg. Yet, the only acting nomination came for Wahlberg. There seems to be something wrong with that sentence.

**2) BEST ACTOR** - Sascha Baron Cohen - *Borat*

I won't lie, I just wanted to hear the speech if he won. Oh, and it was a good performance, too.

**1) BEST PICTURE** - *Dreamgirls*

It was a screen adaptation of the stage play. It was Beyonce's first leading role. It boasted an all-star supporting cast, and an Academy-Award winning director. Yet, while *Dreamgirls* managed to lead the field with 8 nominations, the biggest one eluded it. Maybe it was the rumors of catfights on the set. Maybe it was backlash against yet another *Chicago*. Maybe something was lost in the transition from stage to screen. I don't know what it was – only the Academy voters know for sure.



Clockwise from top left: Leonardo DiCaprio in "Blood Diamond"; Maggie Gyllenhaal in "Sherrybaby"; Meryl Streep in "The Devil Wears Prada"; Matt Damon in "The Departed." While DiCaprio and Streep both received Oscar nominations, Damon and Gyllenhaal's performances failed to sway the Academy to include them in the nominees.

## celebrity corner

By CHELSEA MURRAY  
Staff Writer

In my opinion, nothing about blonde bombshell, Anna Nicole Smith's actual death can be found funny. No matter how many jokes have been made at her expense over the years, it is completely unnecessary to make those jokes now. There is nothing funny about the death of a woman at the age of 39, no matter how air-headed and annoying they may have been during their lifetime. But what is funny is how many men are coming out of the woodwork to claim they are the fathers of her 5-month-old baby, Dannielynn Hope. This is really ironic because usually in the celebrity world the fathers shy away from the responsibilities of the child and

**When Seacrest asked about his relationship with Jessica Simpson, John Mayer answered in Japanese and told Seacrest to find a translator.**

deny that it could be theirs...even if the resemblance is uncanny. Eddie Murphy, Stephen Bing, Billy Crudup, Flavio Briatore to name a few are the fathers that have abandoned their children, leaving them with the mothers and not taking any responsibility for them. In the case of Anna Nicole Smith's baby, there are three different men chomping at the bit to be the actual fathers. Either celebrities are becoming better people or they are all greedy and want to cash in the baby that is worth close to \$475 million. I wonder????

Sunday night was the music industries big night when the Grammy's aired on CBS. The show was ultimately a big disappointment for true music fans. There were a few awe-

some musical moments such as Beyonce, the Police, James Blunt and Christina Aguilera. Ryan Seacrest and the entire E! Channel team on the red carpet continues to annoy the heck out of me at awards shows. They don't ask any important questions what so ever. So I found it funny that when John Mayer was asked about his relationship with Jessica Simpson that he answered Ryan in Japanese and he had to go find a translator to figure out what he said. He should have said, "Ryan Seacrest is really overrated and annoying, get out of my face." To round out the night, the Dixie Chicks proved that they are ready to make nice about nabbing five out of five trophies. A few other small events that took place this week was:

Britney Spears getting dumped by her new beau via email. HARSH!  
Justin Timberlake and Scarlet Johansson possibly dating. Man, he's getting around!  
The Police reuniting and going on tour. Sting is still hot after all these years. I don't care that he may be the same age as my father.  
The Hollywood Revenge diet is really working for stars like Reese Witherspoon and Drew Barrymore  
The new episode in Jennifer Aniston's life is "The One with the Nose Job"  
Prince stirring up controversy because of potentially phallic content in his half time show.

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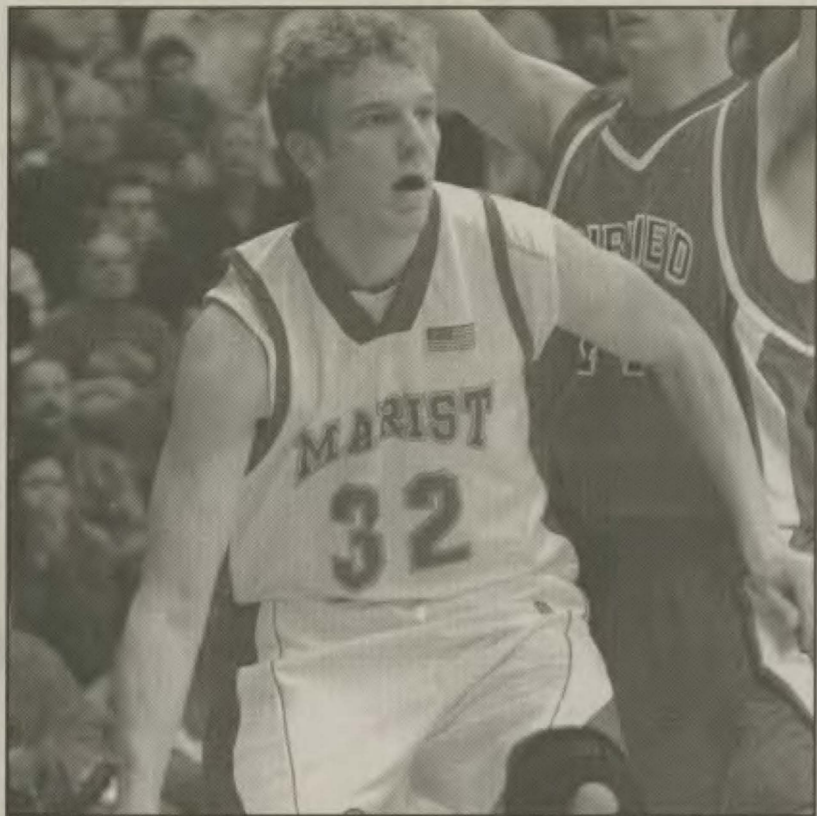
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## Jordan and Stilphen lead Red Foxes to win over MAAC foe Iona



JAMES REILLY / THE CIRCLE

Red-shirt junior Ryan Stilphen has played well since returning from an MCL injury on Jan. 20. He had 10 points and five boards against Iona.

By GREG HRINYA  
Staff Writer

When James Smith sank a three-pointer 42 seconds into the Red Foxes tilt against Iona to give Marist a 3-0 lead, the team never looked back.

The Red Foxes shined on both

ends of the floor and used an impressive outing from senior guard Jared Jordan to beat the Iona Gaels 79-53 Sunday afternoon at the Hynes Athletic Center in New Rochelle, N.Y.

Jordan, recently nominated as a Bob Cousy award finalist, contributed a game-high 21 points to go along with seven rebounds

and six assists.

Marist Red Foxes coach Matt Brady said the nomination was not unexpected and it was no surprise because of Jordan's stellar play this year.

"We expected that Jared would make it to this point in the voting, but hopefully he can make it to the last five or seven," Brady said. "He has a good chance, but playing in a smaller conference diminishes his chances."

Jordan will also attempt to become the first player since current Dallas Mavericks head coach Avery Johnson to lead the nation in assists twice. Johnson averaged 10.74 assists per game in the 1986-87 season while playing at Southern University and then followed that season with 13.3 assists per game.

The closest Iona would get to Marist was three points when the score was 5-2, but Jordan went on to score seven straight points and Marist shot 55.6 per cent in the first half and would go into the locker room with a 42-25 lead.

Marist would continue their domination in the second half, as they closed out the game winning by 26, the largest Metro Atlantic Athletic Conference

(MAAC) victory for the Red Foxes since their 89-61 win over St. Peter's on Feb. 21, 2002.

The Red Foxes' best work on Sunday afternoon came on the defensive end, where the team held Iona to a 41.3 field goal percentage and also forced 14 Gaels' turnovers. Marist also boasted an impressive 43-29 rebound advantage, with James Smith grabbing a game-high seven rebounds. Iona's best offensive performances came from Milan Prodanovic and John Kelly, both notching 10 points apiece.

Another bright spot for the Red Foxes was the strong play from red-shirt junior forward Ryan Stilphen. Stilphen has continued to play well since returning from an MCL injury on Jan. 20 at Canisius. He pitched in 10 points and grabbed five boards against the Gaels Sunday.

"Ryan is the rock of our team and every day in and out he gives you everything he has," Brady said. "He is the most effective post player on the team."

The Red Foxes also got strong play from their bench, which contributed 28 points, including eight from sophomore Gerald Carter and two from junior Joe

Keegan. Those were Keegan's first career points.

The bench will be critical to the team's success and Coach Brady echoed the need for their presence from here on out.

"The bench will be a huge part of any success we have going forward," Brady said. "Every guy has stepped up, but the key is they have to be consistent."

The rout against Iona improved Marist's MAAC record to 11-4 and their overall record to 19-7.

As it stands now, Marist is in sole possession of first place in the MAAC thanks to a 67-59 Fairfield victory over Loyola. The Red Foxes hold the advantage down the stretch over second place Loyola, due to Marist having three out of their final four games in the McCann Center. Loyola will play their last three games on the road.

The Red Foxes will be back in action on Saturday, Feb. 17 at 7:30 p.m. when the take on the Colgate Raiders in an O'Reilly BracketBuster match-up.

## Women's basketball clinches share of Metro Atlantic Athletic Conference

By DANIEL BARRACK  
Staff Writer

The Marist women's basketball team won its twelfth consecutive game on Sunday with a 68-47 win over Siena at the Alumni Recreation Center. The win improved the Red Foxes to 21-4 overall and an undefeated 14-0 in Metro Atlantic Athletic Conference(MAAC) play.

With a four game lead in the standings with four games left to play, Marist has guaranteed a tie for first place in the conference.

After a close game for most of the first half, Marist took a three point lead with 5:56 left in the first half, and never gave up the lead for the rest of the game.

After going into the locker room up by six, Marist began the second half on a 13-2 run. The Saints made a comeback by slicing the lead to eight after a Marist scoring drought over the next 4:23.

Once they got back on track, Marist outscored Siena 41-26 in the second half. The 21-point victory was the Red Foxes ninth straight win by double digits,

and the eleventh out of their 12 game winning streak.

Freshman Rachele Fitz led the team with 21 points, all of which came in the second half of play. Fitz was clutch at the line, shooting 9-for-9 and also hitting six of her seven shots from the field.

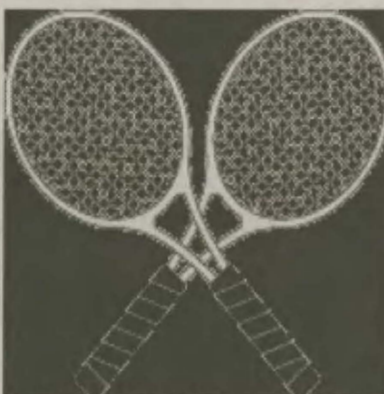
Meg Dahlman had a big game with her third double-double of the season. Her 16 points came from 7-of-10 shooting. Dahlman has only missed 10 shots from the field in her last 38 attempts. Senior point guard Alisha Kresge finished with six assists, placing her 15 assists behind Nina Vecchio for the school record.

The Red Foxes as a team shot 59.1 per cent from the field and 91.7 per cent from the free throw line.

Siena had far less shooting success, hitting 18 of its 55 shot attempts.

With a four game lead and four games to play, one Marist victory will clinch first place alone.

Marist returns to play on Friday, Feb. 16, when they travel to Maryland to face the Loyola Greyhounds. Tip-off is at 7 p.m.



By NATE FIELDS  
Staff Writer

A week after head men's tennis coach Tim Smith called his team's weekend performance against Dartmouth and Stony Brook the best he has seen his team play, the Foxes put on yet another impressive showing, downing visiting Binghamton 4-3 Saturday.

Coach Tim Smith said this was another impressive win for the team.

"This is the second week in a row we've beaten a team in the top 15 in our region of 84 teams," Smith said.

The Foxes and Bearcats split six singles and two doubles matches down the middle, with Marist's second doubles team of

## Men's tennis team beats top-15 team in region for second straight week

senior Ray Josephs and junior Greg Marks winning the deciding match 9-8 (8-6). The pair downed Binghamton's Pierre Clavel and Jon Bonnet to give Marist its second consecutive dual victory of the still young spring season.

In singles action, senior Pedro Genovese fell at the hands of Faisal Mohamed in a hard-fought match at first singles, 6-4, 7-5. Smith said Genovese is still a work in progress.

"I don't feel he is playing at the level he can and should," Smith said of Genovese. "He is a senior and the most experienced player on our team, and I'm looking forward to his continuing improvement."

Freshman Loic Sessagesimi of Switzerland and classmate Christian Coley both picked up victories in second and third singles, respectively. Sessagesimi dominated Clavel at second singles 6-0, 6-1, continuing his exceptional rookie campaign. Coley, who sat out the fall season

with an injury, split his first two sets with Binghamton's Alex Dobrin by scores of 6-2, 4-6, before picking up the win with a 6-4 victory in the third set.

The Foxes' other singles win came from senior Federico Rolon at sixth singles, where he disposed of David Schneider 6-2, 6-1.

Marks fell to Bonnet 6-4, 6-3 at fourth singles, and Josephs, who Smith calls the "Mail Man," retired after a first set 7-6 loss to Reina Kohtake in order to nurse an arm injury.

"[Josephs] realized the match had already been won," Smith said. "His arm was hurting and he wanted to save it for future matches. I'm sure if we needed him, the Mail Man would have come through."

The Foxes have a two and a half week break before they travel to Jersey City, looking for their third dual match victory of the spring, and second MAAC victory of the overall season, taking on St. Peter's.

## DeMarco leads Marist at St. Valentine's Day Invitational

By RICH ARLEO  
Staff Writer

It was a record-setting day for the Marist men's track team last Friday, as senior captain Brian DeMarco led the Red Foxes by breaking two school records at the St. Valentine's Day Invitational, held at Boston University.

DeMarco broke his own school record in the 400-meter dash. His two-year-old record in the event was 49.64 seconds; but that was eclipsed on Friday with a time of 49.17 seconds. The senior captain also broke Mike McCarthy's 10-year-old record of 23.12 seconds in the 200-meter dash which was set in 1997. DeMarco broke that record with a time of 22.75 seconds. DeMarco also qualified for the IC4A Indoor Track & Field Championships with his performance in the 400-meter dash.

Pete Colaizzo, head coach, men's track coach, had good things to say about his senior captain.

"Brian's having a great senior year," Colaizzo said. "He had a lot of records coming into the year and he's been able to

expand on them. His work ethic is amazing."

DeMarco wasn't the only one breaking records for the Red Foxes. Senior captain Pat Carroll also broke McCarthy's 10-year old record in the 200-meter dash, running a personal best time of 23.04 seconds.

Continuing the impressive performances by the senior captains, Mike Bamberger ran a Marist-season best in the 800-meter run. He also qualified for the IC4A Championships in the even with his time of 1:54.42.

The seniors weren't the only ones to impress on Friday. Sophomore David Raucci ran a Marist season-best in the 3,000-meter run with a time of 8:36.61.

Sophomores Kris Geist, John Keenan and Alex Emerel also ran personal bests in their respective events. Geist came in at 4:24.41 in the mile run, while Keenan had a time of 8:57.82 in the 3,000 meter run. In the 5,000 meter run, Emerel came in with a time under 16:00 for the first time, running the race in 15:58.30.

In the 55-meter dash, freshman Everett Butler tied the school record in only his first attempt at the event with a time of 6.63 sec-

onds. This equaled Rob DeAngelo's mark in the event, which he set in 2004. Butler also broke another one of DeAngelo's records earlier in the winter by beating his time in the 60-meter dash.

Freshman Conor Shelley came in with a personal best in the mile run with a time of 4:19.47, while another freshman, Mike Cator, ran a season-best in the event with a time of 4:25.24.

Asked what their strategy was heading into the meet, Colaizzo said, "We wanted to spread our athletes out as best we could to get as many points as we could overall and I think we did that pretty well."

The Marist College men's track team will return to action on Friday, Feb. 16 at the MAAC (Metro Atlantic Athletic Conference) Championships in New York City at the New Balance Track and Field Center in New York City.

Asked about his feelings heading in the MAAC Championships, Coach Colaizzo said, "We're feeling good, we're relatively healthy, and everyone is pretty fired up for it."



## Roarin' Red Foxes

Marist's male and female star performer for the weekend of Feb. 9-11.

### Men's Swimming & Diving Team



The men's swimming and diving team captured the MAAC Championship at Loyola over the weekend. This is the team's third title in as many years, finishing this year's tournament with 797 points, defeating the closest competition in Rider by 112.5 points.

### On the horizon:

Marist will travel to compete in the ECAC Championships this weekend, Feb. 16-18.

### Women's Swimming & Diving Team



The women's swimming and diving team captured their fourth consecutive MAAC swimming and diving championship. Jamie Falco broke seven MAAC records. Falco and Melissa Mangona were named most outstanding swimmer and diver respectively. The team won by 203 points over Rider.

### On the Horizon:

The Foxes will compete in the ECAC championships this weekend.



\* Photos courtesy of www.goredfoxes.com

## Marist dominates St. Peter's

By DAVID HOCHMAN  
Staff Writer

The MAAC season opening rematch of last year's Metro Atlantic Athletic Conference (MAAC) quarterfinals between Marist and St. Peter's resulted in similar fashion. Last spring, the Red Foxes won decisively, 6-1.

On Feb. 11, 2007, they won even more decisively, 7-0.

Junior Erin Godly led the way winning first singles 6-0, 6-2. The inaugural women's tennis MAAC player of the week and the 2005 MAAC Rookie of the Year continued right where she left off the previous week versus Colgate where she won 6-0, 6-0 at third singles and 8-5 in doubles with classmate Christine Ong.

Ong took out her opponent, Angels Wiggs, 6-1, 6-1 at second singles. Ong teamed with Godly again in first doubles action and triumphed once more winning resoundingly, 8-2.

The closest match of the day came at third singles where senior Megan Gureck went the limit

and then some with Kristy Bonner. After dropping the first set 1-6 to Bonner, Gureck took the second set 6-2. Drawn at one set apiece, their third set kept everyone on the edges of their seats. Bonner forced Gureck into tie-break after tie-break until Gureck finally finished on top, 13-11.

At fourth singles, Alexa Strange, a freshman from Valencia, Calif., topped the Peahens' Meredith Earley 6-0, 6-2. Mirelva Colon, the international flavor of this Marist team, won at fifth singles 6-1, 6-1. The sophomore from Puerto Rico defeated Jing Cheung.

Marist's second doubles team of Strange and sophomore Emily Zampello also won by a score of 8-2. Zampello at sixth singles and the third doubles team of Gureck and Colon won by forfeits.

The team heads to Binghamton for more road matches on Feb. 16. Fans of the Foxes will have to wait until Mar. 30 to see the ladies in action at home when they take on MAAC foe Rider.



JAMES REILLY / THE CIRCLE

Senior guard Alisa Kresge leads the Red Foxes into Loyola on Friday to take on the second-place Loyola Greyhounds. Tip-off will be at 7 p.m.

## Marist to take on second place Loyola Foxes can clinch regular season title with win

By ERIC ZEDALIS  
Co-Sports Editor

The first place and undefeated Marist Red Foxes (14-0) travel to Baltimore, Md. to take on Metro Atlantic Athletic Conference (MAAC) foe Loyola (10-4; second place in the MAAC) this Friday night, Feb. 16 at 7 p.m.

The last time these two teams met was in the conference opener back on Dec. 8. The first half featured seven lead changes and nine ties, but Marist pulled away in the second half to win 60-50.

Since that time, an already competitive Loyola team added a transfer from the University of Pittsburgh, Vika Sholokhova. The Russian junior center became eligible for the second half of the season.

Given this information, head coach Brian Giorgis said this could very well be the toughest game Marist plays before the tournament.

"They gave us a tough time up here [at home], and they've added a transfer from Pitt, who's their second-leading scorer right now and leading rebounder," Giorgis said. "I expect it to be a great game."

Additionally, Giorgis said the Red Foxes have to contend with the ever-growing "bulls-eye" Marist has inadvertently earned with all its success this year and in years past.

"We have the 'bulls-eye' on our back, and it gets bigger with every win," he said. "Especially with [Loyola] being tied for second place. They're a very emo-

tional team to begin with, so I'm sure they'll be up for this one."

According to Giorgis, the conference's leading scorer, Jill Glessner, is undoubtedly anticipating this rematch since Marist's Alisa Kresge held her to four points on 2-13 shooting the last time around.

"I'm sure [Glessner's performance] last time will motivate her this time," he said. "She's, right now, the leading overall scorer in the conference. Hopefully Kresge can do a good job on her again."

Although, Sholokhova could be the "X-factor" in this game since it seems Giorgis and the Red Foxes know little about her.

"We don't know that much about her other than that she's a foreign kid from Russia who

played at Pitt and transferred," he said. "[She's a] thick person who's a very good rebounder, strong inside player, and has a nice shooting touch from 15-17 feet."

What Giorgis and the team does know, however, is that Loyola does a great job of getting to the foul line. In just the first half of these two teams' first meeting, there were 24 fouls.

"They get to the free-throw line more than anybody else in the league, and that's one thing we're going to have to keep them from doing," he said.

The Red Foxes' three remaining games after the Loyola games are home against Rider, at Iona, and then back home for Fairfield. The MAAC tournament starts on Mar. 1.

## Layton, Red Foxes capture win at '07 Dixie Classic

By ANDY ALONGI  
Co-Sports Editor

The Red Foxes started the wind mill on their 2007 campaign as they traveled to Deland, Fla. for the Dixie Classic.

The Foxes competed in five games, finishing with a record of 1-4 and committing 11 errors. The lone 2-1 victory came at the hands of the Howard Bison.

Erin Layton, head softball coach, said the team needs to adjust to playing on dirt again.

"We need to adjust from playing on the indoor surface to playing on dirt," she said. "There were a lot of balls that could have been kicked around. All in all, they did a good job [defensively]."

Marist opened the tournament with losses to the eventual champion, the University of Iowa Hawkeyes, 8-0, in five innings and host Stetson University, 4-0.

Iowa scored seven of its eight runs before the Marist

defense could record an out. The scoring was capped off by an Emily Nichols three-run home run off junior pitcher Kristen Merlino. Merlino took the loss for the Foxes.

Junior pitcher, Megan Rigos relieved Merlino. Rigos went four innings, giving up two hits, one earned run while striking out five batters. Rigos and sophomore Jessica Green were selected to the pre-season softball team

in the Metro Atlantic Athletic Conference (MAAC).

Layton said that Rigos and Green are the Red Foxes' two most recognized players.

"These two players are two that the other eight coaches in the MAAC have come to know," Layton said. "Megan and Jessica have made a name for themselves as steady contributors. Other kids could have gotten the recognition, but they are our two most recognized players."

Two players reached base for the Foxes in their first game of the season. Sophomore infielder Melissa Giordano picked up the lone hit for the Red Foxes in the game against the Hawkeyes. Junior Annie Castellano walked twice off Hawkeye's hurler, freshman Amanda Zust.

After a bit of a break, the Foxes would continue the Dixie Classic with their second game of the

day against the Hatters of Stetson

University.

The offense was more productive against the Hatters, scattering nine hits off Stetson pitching. Senior outfielder, Christine Jakobsen picked up three hits while Giordano connected for two hits. Sophomore Lindsey Kinel, junior Pamela de la Llave, sophomore Mary Beth Pomes, and Green each added one hit each to the Foxes' offensive attack.

Sophomore Caitlin Carpentier was on the mound for Marist. She took the loss after pitching a complete game. Carpentier gave

up nine hits, four runs, three earned runs, while striking out five Hatters on the game.

On day two of the three-day tournament, the Foxes spilt their two games, falling to Iowa, 5-2, and defeating the Howard University Bison, 2-1.

Junior designated player, Alison Catenacci drove in both of the Foxes' runs on a first inning double; her lone hit in the game against the Hawkeyes.

Jakobsen and freshman catcher Jessica Husley each added two hits for the Foxes. The Foxes totaled six hits in the morning game against Iowa.

Rigos took the loss for the Foxes. She pitched six innings, while striking out four and giving up two runs. She fell to 0-1 on the young season.

The second game on day two for the Foxes was against the Bison of Howard.

Green, Husley and Pomes all had two hits in the win. Green and Husley each had an RBI, with Husley's being the game-winner. Annie Castellano also had a hit and a run scored to contribute to the win.

Carpentier pitched six strong innings, giving up one run while punching out five batters via strikeout. Rigos pitched the seventh inning to earn her first save of the season. Carpentier's record improved to 1-1.

Layton said that the close win shows that the team's hard work

is paying dividends.

"The win is good for the kids," Layton said. "It shows that their hard work is paying off. The sea-

son is long enough, but it is good to get a win in the first tournament

of the season; it's a nice ice breaker."

On the final day of the tournament, Marist fell to Howard in an offensive slug fest, 7-6.

Eight of the Red Foxes starters had at least one hit. Giordano and freshman second baseman Kyle Shepard each had two hits.

But the offensive highlight of the tournament was Catenacci's grand slam in the finale against Howard.

Catenacci had driven in four and scored two runs in the Foxes fall to the Bison.

Starting pitcher Kristen Merlino gave up three runs over one-third of an inning. She took the loss falling to 0-2 early in the season.

Merlino was relieved by Rigos, who gave up seven hits and four runs while striking out five batters, over six and two-thirds innings pitched.

The Red Foxes return to action on Feb. 23-25, when they return to Florida for the FIU Tournament. During the three-day competition, the Foxes will take on Texas State, Florida International University, Purdue and fellow New York school, Syracuse.

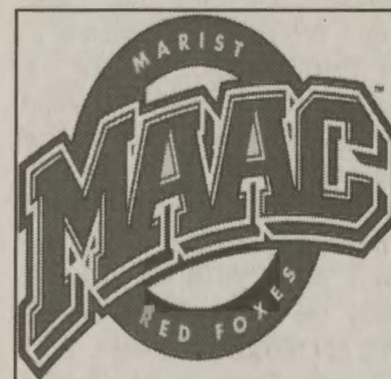
top three with a time of 9:49.66.

According to VanWagner, the 1,000-yard freestyle was the turning point of the tournament.

"We went from being down half a point to being up by 53 points in one single event," VanWagner said.

Collins, senior Will Shearouse, Rienzo and Jablonski finished the tournament for Marist by winning the 400-yard freestyle relay team with a time of 3:06.37.

The Red Foxes will now turn their attention to the three-day ECAC Championships at Harvard on Friday, where they finished third last season.



By GABE PERNA  
Staff Writer

Led by most outstanding performer, Jamie Falco and most outstanding diver, Melissa Mangona, women's swimming and diving head coach Larry VanWagner watched his team dominate on their way to a fourth straight Metro Atlantic Athletic Conference (MAAC) Championship last weekend at Loyola College.

The Red Foxes scored 899 points which was 203 points ahead of their closest competition in the Rider Broncos. The Foxes outright won over ten events and set numerous records on their way to a performance that not even coach VanWagner foresaw.

"Going into the year I knew we had the most talented team in the history of the college," VanWagner said. "But I didn't expect us to dominate that much. I usually score the meets themselves before they happen and when I did that I had Marist winning by seventy. I did not think we would win by over 200."

One of the brightest shining stars for the Foxes at the MAAC Championship was Falco, who set seven MAAC records. She set individual records in the 200-yard Individual Medley with a time of 2:04.24, the 200 yard freestyle with a time of 1:52.52, and the 200 yard backstroke with a time of 2:03.08.

Falco was also a part of medley teams with seniors Kim-Koehler and Lauren Malski, sophomore Sandra Bujalski and freshmen Jenell Walsh-Thomas and Lyndsay Martin that set four more records. VanWagner attributes Falco's success this year, where from the get-go she was setting records, to her dedication over the summer.

"Obviously every great athlete leads by example," VanWagner said. "Jamie showed me dedication when she decided to stay here and train with me throughout the summer season. That is the primary reason she started off so well and broke three MAAC records to begin the year. And her performance at the MAAC's is the completion of her dedication which began last spring."

Also coming up big for the Red Foxes was the senior Malski. She broke a record of her own by swimming 1:03.55 in the

## Foxes capture MAAC title at Loyola (Md.)

100-yard breaststroke.

VanWagner said her loss to graduation next year, along with fellow seniors Anna Sanner and Ashley Papuga, will definitely impact the team.

"Lauren has been the most talented athlete in the program and I believe in the school," VanWagner said. "She was ranked thirty-seventh in the country in head to head competition for the 100-yard backstroke. That proves to me that she is the most talented female athlete in the school. On top of that, losing Anna and Ashley will hurt us as well."

However the future is not so dim for coach VanWagner as a number of freshmen proved to be difference makers for the Foxes. Walsh-Thomas and Martin along with fellow frosh Emily Hammang all put forth excellent performances for Marist during the MAAC Championship. Walsh-Thomas even set a school record with a time of 17:28.40 in the 1,650 freestyle. Hammang was not far behind with a second place finish time of 17:36.06.

"Our distance freestyle was one of our weakest events last year," VanWagner said. "So now with them placing first and second in that event, it went from one of our weakest events to one of our strongest."

To cap off the day's excellence, coach VanWagner received his second MAAC women's swimming and diving coach of the year honor. However, VanWagner said he does not care about individual honors as long as his team is doing well.

"My attitude towards coaching is the team performance is the overriding significance, individual honors are far less relevant," VanWagner said. "Any individual award I receive is a reflection of the team's performance. As long as they perform well, I am satisfied. And an award does not give me that satisfaction."

Next up for VanWagner and the Red Foxes is the Eastern College Athletic Conference (ECAC) Championships at Harvard in Boston, MA this weekend.

## Upperclassmen lead Marist to MAAC Championship

By CASEY LANE  
Staff Writer

The Marist men's swimming and diving team won its third MAAC championship in as many years on Saturday on the campus of Loyola College.

Marist finished the three-day tournament with 797 points. Rider University came in second place with 684.5 points, while Loyola finished in third with 574.5 points.

After the first day of the tournament, Rider held a .5 point lead over Marist. By the end of the second day, the Red Foxes had a 113 point lead.

Head coach Larry VanWagner was not worried about trailing Rider after day one.

"We had four swimmers out of the possible 13 that had not

swum an event yet," VanWagner said. "We had more potential scorers going in to the second and third day, and that's why you saw the difference of going in a half point down to taking a 113 point lead."

Senior Pat Collins and junior Greg Jablonski keyed the Marist effort to victory on the third day of the tournament. Collins won the 100-yard freestyle by finishing in 45.70 seconds. Jablonski set the school record in the 200-yard breaststroke with a time of 2:04.60 while finishing in second place.

In diving, junior Devon O'Nalty took second place on the one-meter board. Freshman Mitchell Katz took a fourth place finish and was followed by junior Jesus Santos who finished in fifth. Junior John Luboja finished in seventh.

Heading into the championship short-handed, VanWagner relied on the upperclassmen to lead the team throughout the weekend.

"Of the 16 swimmers, we had three walk-ons that we knew were probably not going to score any points, so the number of potential point scorers was reduced down to 17," VanWagner said. "We had such a tremendous upper-class, particularly our senior class that could take the burden of getting us through the three-day championship."

The Red Foxes opened the second day by taking the top three spots in the 1,000-yard freestyle. Sophomore Spencer Hartmann took first place with a time of 9:39.39. Junior Ralph Rienzo finished in second by swimming in a time of 9:40.61 while Senior Nick Chevalier rounded out the

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## Upcoming Schedule:

**Women's Basketball:** Friday, Feb. 16 - at Loyola (MD), 7 p.m.

**Men's Basketball:** Saturday, Feb. 17 - vs. Colgate, 7:30 p.m.

## Red Foxes host first ever BracketBuster game vs. Colgate

By **JOE FERRARY**  
Staff Writer

On Saturday, Feb. 17 at 7:30 p.m. in the McCann Center, the Marist men's basketball team will host the Colgate Raiders of the Patriot League as a part of O'Reilly ESPN Bracketbusters.

Last year during the BracketBuster weekend the Red Foxes traveled down to play Old Dominion on ESPN2. Old Dominion defeated the Red Foxes 84-71. Senior center Alex Loughton scored 27 points and grabbed 12 rebounds to lead ODU. The Red Foxes were led by guard Will Whittington who tallied 27 points while shooting 7-14 from behind the arc. History against Colgate

This will be the eighth contest between these two New York schools, with the Red Foxes holding the all-time advantage 5-2. The last time these two schools met was during the Pepsi-Marist Classic during the 2002-2003 season. The Red Foxes won this meeting by a score of 72-65.

In that game the Red Foxes were led by Brandon Ellerbee who scored a career high 15 points while dishing out 6 assists. Nick Epehimer grabbed a game-high 10 rebounds for the Red Foxes.

The Raiders have lost four of five games played at the McCann Center.

### The Game



Colgate comes into this game with a record of 9-14 and 4-6 in the Patriot League. There 4-6 mark in the conference is good enough for fourth place out of eight teams. The Raiders are led by senior point guard Jon Simon who averages 13.3 points per game. Junior guard Kyle Chones leads the team in rebounding with 3.9 boards per contest.

Despite Colgate's poor record Marist head coach Matt Brady thinks this will be a challenge for his squad.

"This is definitely going to be a challenge for us," Brady said. "They are led by a solid senior point guard and are playing in a good coaches league. They have also lost a couple of close games, which doesn't help them either."

Junior forward Ben Farmer had very similar comments to that of his coach.

"All I really know about Colgate is that they come from a very good league," Farmer said. "Their league is respected around the country."

In order for the Red Foxes to win this game they will have to rely on their high powered offense. Through 25 games this season the Red Foxes are averaging 75 points per game, which is second in the Metro Atlantic Athletic Conference (MAAC). On the other hand, Colgate is only averaging 57.5 points per game, which is dead last in the Patriot League.

Knowing that his team has the obvious scoring advantage, Coach Brady said he will look to push the tempo at home.

"In this game we are going to try and push the tempo especially since we are at home," Brady said. "By pushing the tempo we hope to make Colgate uncomfortable."

Another key area that the Red Foxes have an advantage is the size match-up. Marc Daniels, the starting center for Colgate, is listed at 6'8", while Marist senior center James Smith is listed at 7'0".

Coach Brady commented on trying to put the ball into the lane more often.

"During every game we are always looking to get baskets in the lane," Brady said. "If we are

able to get baskets in the low post then that will make us harder to guard on the perimeter."

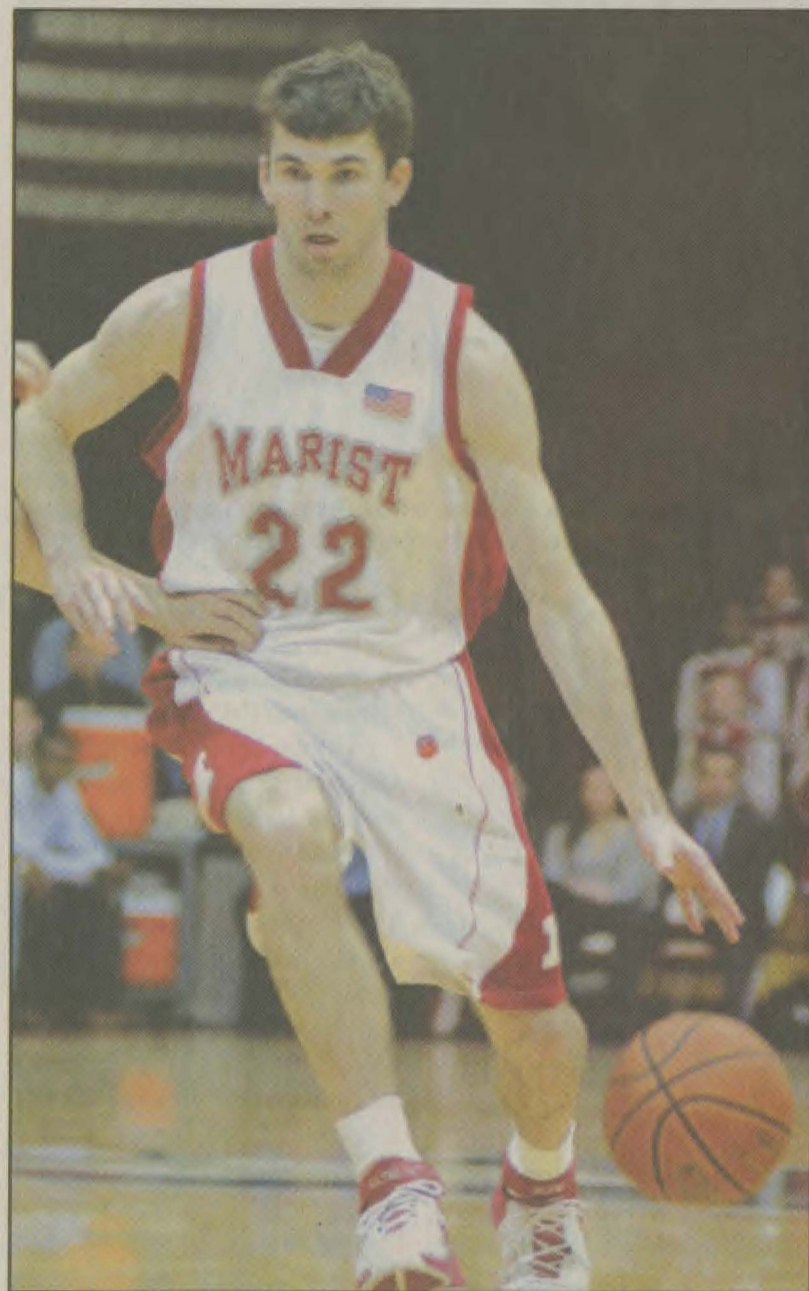
### BracketBuster Concept

The concept for the O'Reilly ESPN BracketBuster started back in 2003. During its first year the BracketBuster weekend featured 18 teams from around the country trying to prove themselves to the NCAA Selection committee. The purpose of these games was to simply provide the NCAA March Madness tournament with better caliber teams.

Over the past four years the tournament has grown from just 18 teams to 100 this season. Out of those 100 games 14 games will be broadcasted nationally on the ESPN family of networks.

Junior forward Ben Farmer said the BracketBuster idea is a good one.

"The idea of BracketBuster weekend is great," Farmer said. "It gives mid-major schools a chance to show themselves and prove they can play with the bigger conferences come tournament time."



JAMES REILLY / THE CIRCLE

Junior guard Ben Farmer has a great deal of respect for the Red Foxes O'Reilly BracketBuster opponent, Colgate. Marist welcomes Colgate to the McCann Center Saturday, Feb. 17. Tip-off is set for 7:30 p.m.



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