

THE CIRCLE

The student newspaper of Marist College



VOLUME 59, ISSUE 7

FOUNDED IN 1965

www.MaristCircle.com

THURSDAY, OCTOBER 13, 2005

Accreditation beefs up business students' resumes

Princeton Review names Marist School of Business as one of Top 237 institutions in nation

By MICHAEL RENGANESCHI
Staff Writer

Recently, many lists recognizing top-merited institutions of higher education have included Marist College and its subdivisions. The School of Management is the latest school to be honored, among the best business schools in the entire nation for the second year in a row. The Princeton Review featured Marist in the newest edition of its college ratings guide, Best 237 Business Schools (2006 Edition), which is now in bookstores.

The Princeton Review helps prospective students in their search for the perfect school. To help in the decision-making process, it surveys students attending the schools and report what they say about their experiences. The profiles and ranking lists of top schools are based on the data collected from school

administrators and students at the school.

In a press release, vice president of publishing at the Princeton Review Robert Franek said, "Every school we profile in this book offers a terrific M B A education, yet each one is distinctive in its academic programs, school offerings, and campus culture."

The 2005 edition of the Princeton Review says that Marist "serves up a solidly designed degree that provides a broad-based coverage of business to a student body that has a wide range of backgrounds and levels of managerial experience."

The School of Management is one of 300 business schools in

the country to have its undergraduate and graduate business programs fully accredited by the Association to Advance College Schools of Business, making it eligible for the Princeton Review.

'People with knowledge in the business world, who are hiring, will look more favorably at a Marist degree that is praised by the Princeton Review.'

— Joanne Gavin
Professor, school of management

students with degrees in business and business administration from the college, said Joanne Gavin, professor of management at Marist, as it increases the prestige of an already well-respected degree.

"This accreditation alone puts a business school on a different level of distinction," Gavin said. "People with knowledge in the business world, who are hiring will look more favorably at a

Marist degree that is praised by the Princeton Review."

Junior Matthew Hoban, a business major, said he has already experienced the benefits of the school's rising reputation.

"When I was applying for internships and jobs over the summer, the recognition of Marist put me above and beyond all the other applicants," he said. "Not only the school's name, but the things I've learned here helped me also."

Since Marist has been recognized by the AACSB, they have hired new faculty to help continue the education offered through the School of Management.

Gavin said that the program's success is what has triggered its expansion.

"Marist has hired several new faculty members with a strong student focus to help support the already very committed, current faculty," she said. "Business management is now the largest major on campus, and we are hiring more people to help support its growth."

The Princeton Review surveyed students in the fall of 2004, and the resulting

responses determined school eligibility for inclusion in the guidebook. Andrés Fortino, dean of the School of Management, recognized the importance of the students' approval.

"What makes this honor special for Marist is the fact that we get high marks for the program from our students," he said. "That tells us we are preparing future leaders who will take their values-based education from Marist and apply it to whatever field they choose in business, government, education or the nonprofit sector."

College president Dennis Murray said that this achievement is verification that the college's strategic goals are being met.

"This distinction gives the entire Marist community great satisfaction," said Murray. "In particular, I salute our faculty for providing our students with learning experiences in and out of the classroom that give them an advantage in what is an increasingly competitive global marketplace."

By critics of Columbus Day, a supposedly harmless day off is perceived as an impropriety

By ALEX PANAGIOTOPOULOS
Campus Editor

Columbus sailed the ocean blue in 1492. And some of us got a day off.

Since becoming a federally-mandated holiday in 1968, Columbus Day has helped maintain the sanity of hundreds of millions American workers and schoolchildren, as a three-day weekend placed between Labor Day and Thanksgiving. It stands as a celebration of Italian Americans and the advance of Western culture, setting into motion a 500-year massive development project that helped spawn skyscrapers, freeways, Delaware, and mini-malls. Native American groups and many historians, however, urge that Columbus Day be reconsidered in the light of the millions of natives died from the ensuing pandemic disease and war.

Nicholas Marshall, an assistant professor of history, recently lectured his Themes in Modern History class about Columbus' journey.

"You could easily argue whether or not it was an age of exploration or an age of exploitation... it's very complicated," he said. "There are so many things to look at."

Columbus Day was originally celebrated in New York City on Oct. 12, 1792 by the Tammany Society, which ironically was named after the leader of a Native American tribe. It was declared a national holiday by president Franklin Delano Roosevelt in 1937, inspiring var-

ious individual communities (most notably Berkeley, California) to celebrate Indigenous Peoples Day. South Dakota celebrates Native American Day.

"Is [the [eventual] loss of 90 percent of the native population considered genocide?" Marshall said. "Many historians would argue that is the worst possible thing you could be celebrating. It is an odd holiday."

Columbus' journey is also celebrated in some South American countries as the origin of "Mestizo" people, a combination of European and Native American. However, Venezuela renamed the holiday to Día de la Resistencia Indígena (Day of Indigenous Resistance) in 2002, led by Hugo Chavez.

Kristen Bayer, an assistant professor of history, proposed that Columbus Day could be expanded to celebrate exploration in general, including more benevolent voyagers.

"Why focus on one individual when we know many people came to our shores?" said Bayer. "There are lots of people who could respect."

It is widely acknowledged in the media that Leif Ericsson erected a Viking settlement in Newfoundland around 1000 A.D., according to carbon dating. There is also the theory of popular author Gavin Menzies,

who suggested in his book 1421 that Chinese admiral Zheng He's great fleet reached South America, among other places.

Bayer pointed out that Menzies' theories are under a great deal of fire from the historical community, as his book is allegedly riddled with flaws.

"What is agreed upon is that Zheng He got to Mogadishu and the Cape of Good Hope and beat the Portuguese by 80 years."

Besides the questionable legacy of Columbus is the puzzling lack of acknowledgment by the media and citizens as to the actual holiday. For example, a Google news search for "Columbus Day" turned up 3,210 results, while a search for Supreme Court nominee

"Harriet Miers" got 13,900 hits. "If I were in charge I would have some sort of discussion on the impact it had on the millions of people who were here," said Marshall.

Michaela Sweet, a senior, is unsure about what Columbus Day is about. "I've never really thought of the true meaning of it, it used to be just a nice day off from school or work," said Sweet.

Leslie Pierce, a senior, supported having a holiday to observe the other side of Columbus' legacy. "If we're remembering all the Indians we should still have a day off," he said.



TODD BIVONA / MCTV

Above, students and faculty hid the hard wood in support of hurricane victims. At left, Marist mascot Shooter cheers on both teams.

Charity ballgame for storm victims

By ALEX PANAGIOTOPOULOS
Campus Editor

The generosity of Marist students and faculty continued with a students vs. faculty basketball game for charity at 9 P.M. Oct. 6 in the McCann Center gym.

18 faculty and nearly 30 students participated in the game in front of about 50 spectators, who donated goods for Hurricane Katrina victims to gain admission to the event. Eight boxes of toiletries and non-perishable food items were collected as well as \$70 from a charity raffle that was held. Prizes included gift certificates to Friendly's, Coyote Grill, and Quizno's, a poker set, a grill, and a football signed by Dan

Marino, Cris Carter, Bob Costas and Cris Collinsworth (stars of HBO's *Inside the NFL*).

The game was organized mainly by junior Todd Bivona, who said to expect an even bigger charity game to be held in December. "The Student Government Association and all clubs and persons on campus contributed to a great cause in doing various activities for Katrina," he said. "I thought the student-faculty game was not only for a good cause but also good for the student-professor relationship here at Marist."

Director of Academic

Advisement for Student-Athletes Alyssa Gates helped Bivona publicize the event to faculty, while men's lacrosse coach and intramural director Andy Copelan supplied referees from the intramural basketball program and played on the faculty team.

"It's been a while, that's for sure," said Copelan. "It was definitely fun and I paid the consequences the next day."

HEALTH: ONGOING HARVARD STUDY REVEALS NEW HEALTH BENEFITS FROM DRINKING COFFEE

Alexandra Risucci reports on the perks of downing those daily, oh-so-necessary six cups of java.

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FEATURES: IN LIGHT OF AWARENESS WEEK, A PLEA FOR CONSCIENTIOUSNESS

Courtney King provides a personal account of a heart-breaking situation that must serve as a warning to others.

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Security Briefs:


I don't want to do these briefs anymore

Security Legend


Nothing but 128 bit criminals



St. Francis



Fire Alarm




I left my dinner and self respect in a toilet




Identity Theft



Something car related




Security Stud of the Week



Zany dorm hi-jinx




Thank you for not drunk driving



Brief of the Week



Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.



Dear Reader,

I recently had the troubling epiphany that the usable knowledge from my communications degree could very well have been gleaned from a summer internship, access to Lexus-Nexis, and copies of *Spanking the Donkey* by Matt Taibbi, *All The President's Men* by Woodward and Bernstein and the Associated Press stylebook. And if I wanted to be a self-loathing media slave, *Manufacturing Consent* by Noam Chomsky. The movie, not the book. I have a life you know.

As I strolled through the streets of my Poughkeepsie slum, I mean, off-campus housing option, I mulled just cutting my parents' losses and getting a job at Monster Taco. But once again, my damn communications degree got in the way. There was no quesadilla unit in my inter-cultural class.

This last Tuesday I was running way late for my 10 a.m. meeting with John Gildard in the Donnelly Security Office. I decided to take a chance and park in Donnelly, and as I turned off my car, a glance at the clock showed it was 10:24. I gracefully dodged a swinging glass door and took notice as a security officer *Wéit* "charging" past me. Ticket. 10:25, 25 bucks please. Maybe I'll casually mention my ticket to Gildard.

At that moment I remembered my Comm Ethics course. Journalists shouldn't accept a gift over \$20 for fear of affecting objectivity. If my plan to slither out of my ticket worked, I would be violating the code of ethics that thousands of journalists obey. I wouldn't be able to get a job at the *New York Times* like Jayson Blair or Judith Miller. Or at any major daily that sends reporters to White House press conferences. \$20 is a stupid

arbitrary figure that could probably be doubled to adjust for inflation, but at least I learnt something.

-Alex Panagiotopoulos

10/5 12:08 A.M. **Donnelly Lot**
An intoxicated student fell and received a cut on his forehead. He was taken to St. Francis.

I'm sure a chortling syndicated @##clown like Dave Barry would LOVE to do the security briefs. In fact, I'll let him do this one. Ahem:

I am NOT making this up. Saying that this guy drank a lot is like sayin Sheahan Hall "smells like a musk ox wearing a diaper made of skunk rectums."

10/5 12:15 A.M. **Undisclosed dorm**
A student confessed to an entry officer he had punched a hole in the wall of the dining hall in the afternoon. The security report quoted the student as saying he had been "energized" earlier.

Albert Belle: Major League 4: Back 2 Skool.

10/5 1:00 A.M. **Gartland F-Block**
A fire alarm was caused by food on the stove. The smoke was allowed to ventilate out making a visit from the fire department unnecessary.

How to write a brief for this: Make up a ludicrously titled award and, give it to the people who cooked the food!

10/5 1:21 A.M. **9th Floor**
An intoxicated student was found in between Leo and Champagnat Hall and was taken to St.

Francis.

How to write a brief for this: Make a gruff sounding locker-room style comment comparing your drunk walking prowess to said student.

10/6 1:39 A.M. **Leo Hall**
A fire alarm was caused by an overmicrowaved Hot Pocket.

How to write this: Ask "Who burns a hot pocket?" Allude to new microwave technologies.

10/6 8:40 A.M. **9th Floor**
A vehicle was towed after being booted two days earlier.

10/6 1:10 P.M. **Dyson Lot**
A vehicle's rear passenger bumper was damaged in a minor hit and run accident.

10/6 1:24 P.M. **Benoit**
Two roommates believed that the room to their door had been unlocked while they were both away.

10/6 6:30 P.M. **Lowell Thomas**
A fire alarm was caused by soldering being done in the TV studio in room 205.

10/6 7:40 P.M. **McCann Center**
An errant basketball pass in the Grey Gym caused the fire alarm to be activated.

10/7 12:00 A.M. **Gartland F-Block**
There was a report of fireworks being set off. Fireworks were indeed found but the setter offers escaped.

10/8 1:10 A.M. **Champagnat 9th Floor**
A student opened their door to find another intoxicated student passed out in front of his door.

The student was taken to St. Francis.

As much as I despise what *Family Guy* has become, I can't resist the reference. Giggity, giggity.

10/8 3:47 A.M. **Upper West Cedar**
An intoxicated student was discovered in the parking lot and taken to St. Francis.

10/8 11:17 A.M. **Leo Hall**
A party of three students and four visitors was broken up on the 3rd floor. Open containers of beers and bacardi malt liquor were disposed of.

10/8 12:21 P.M. **Fulton 6**
An investigation into a noise complaint revealed 10 students playing beer pong. Their beer was dumped out.

10/8 4 P.M. **Gartland G-Block**
A former Marist student was escorted off-campus by police for being intoxicated and disorderly at an alumni function. LETS GO TO MCCOYS!

10/8 11:18 P.M. **Gartland G-Block**
A resident director and assistant reported that upon breaking up a party, one student escaped by leaping through a bedroom window, damaging the screen in the process.

10/10 5:00 P.M. **Gartland**
A "suspicious" intoxicated person was found wandering around Gartland and was escorted to St. Francis by police.

P.S. If you want to write briefs sometime, e-mail me at writethecircle@hotmail.com. Really, it's that flipping easy. Your name in print. Maybe even every week.

MARIST

Upcoming Campus Events

Friday, October 14, 2005

Jeremy Schecter and Marianne Sierk

9 PM

Cabararet

Tuesday, October 18, 2005

Coffeehouse: Ben Arnold

9 PM

PAR

Friday, October 21, 2005

Mid-Semester Break

Go Home!

Thursday, October 27, 2005

Lecture

"Overkill: Serial Murder"

Dr. Jack Levin

8 PM

TBA

Friday, October 28, 2005

Benadette Pauley

9 PM

Cabaret

"Bewitched"

10 PM, Saturday 9 PM

PAR

Sunday, October 30, 2005

Broadway Trip: Avenue Q

Bus Leaves at 9 A.M

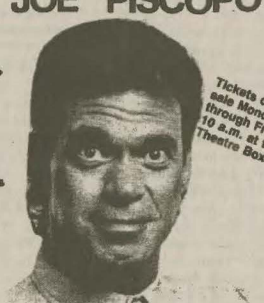
Monday, October 31, 2005

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Visit the Circle archives at <http://library.marist.edu/archives/Circle/circle.html> and help us prosecute the erroneous prognosticators, the quaint traditions, and...the Joe Piscopo ads.

THE CIRCLE

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The Circle staff can be reached at 575-3000 x2429 or letters to the editor can be sent to writethecircle@hotmail.com

Opinion

THURSDAY, OCTOBER 13, 2005

www.maristcircle.com

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Lack of information on Miers stirs shadows of doubt

By JAMES MARCONI
Staff Writer

It seems abundantly clear that the White House did not want a fight over the confirmation of Justice Sandra Day-O'Connor's replacement. The suspense had been building up for months; there were strong rumors that Democratic senators would filibuster a conservative nominee to the Supreme Court. Of course, everyone expected President Bush to nominate an openly conservative candidate to the court. What we got was Harriet Miers.

While I am pleased that Bush's choice will likely go through the Senate without a protracted battle, I remain concerned about the choice itself. There are a few reasons behind my reservations, not the least of which are her qualifications. The first thing that comes to mind is her lack of judicial experience. Now, don't get me wrong, I don't view previous service as a judge to be a prerequisite for serving on the Supreme Court. Chief Justice William Rehnquist had no prior judicial record before his own nomination, and he proved capable indeed. It does bother me,

however, that I have no track record by which to judge her judicial philosophy. I'll explain that a bit later.

Miers' legal qualifications also fail to inspire my support. Again, I don't want you to get the wrong impression - I believe Miers to possess competent legal mind. She has performed quite ably in several positions of note. Among other posts on her résumé, Miers can boast heading a top Dallas law firm and arguing numerous cases on the behalf of important corporate clients. This is a good record, but it's not stellar; there are certainly other lawyers nationwide who have done the same. Some prominent conservatives feel similarly. "There are a lot more people...that are more qualified in my opinion than she is," said Senator Trent Lott (www.cnn.com).

The biggest issue I have with the Miers nomination has nothing to do with her intellect. Although I don't anticipate seeing the caliber of brilliance demonstrated by Chief Justice John Roberts, Miers' record certainly speaks of a keen intelligence that would do just fine on

the Supreme Court. No, I am hesitant to support her nomination because I know virtually nothing about her. In all honesty, as a conservative I would like to see a conservative justice on the bench. With Miers, though, there really is very little hard information to indicate her stances on key issues that are likely to come before the court. While I certainly hope that all justices on the court base their decisions on the interpretation of the Constitution alone, I would certainly be more comfortable with a judge who shares my views, as would the GOP. "We're left gathering shreds of evidence in trying to determine how the candidate would vote on the key issues of the day," said Senator Sam Brownback.

This brings me to my final point. As a conservative, I believe that the most important factor for service on the Supreme Court is the judicial philosophy of the candidate. Specifically, the candidate should have a strict constructionist view of the Constitution and would avoid legislating from the bench. And as I mentioned before, I have a dearth of information about

Miers on which to form an opinion. All there is to give me any insight into Miers is President Bush. He has said in no uncertain terms that Miers "...will strictly interpret our Constitution and laws. She will not legislate from the bench." Harriet Miers herself gave the public an inkling concerning her views when she said, "It is the responsibility of every generation to be true to the Founders' vision of the proper role of the courts in our society."

With great conviction, President Bush later parried remarks that Miers could well shift her philosophy (much like the Republican nominated David Souter). He attached great significance to the point that he has known Miers for over a decade, and trusts her implicitly. Bush insisted that he would only endorse a nominee "...who shares my philosophy and will share it 20 years from now."



AP PHOTO

Supreme Court nominee Harriet Miers keeps her personal opinions unknown to public.

Personally, I'm inclined to put my faith in the president's choice. Bush so obviously stands firmly by his assessment of Miers, and truly believes she will be a positive asset to the Supreme Court. His track record of nominating federal judges has been excellent thus far, and reinforces my trust. Some part of

me, though, cautions hesitation. Miers might very well prove to be an outstanding justice. However, based on the hard information I have on her background, her personal views, and her judicial philosophy, I can't be sure (or even reasonably secure) that this will be the case.

Exchanging the public's health for the upper class's wealth

By DANIEL BLACK
Staff Writer

In a smooth, swift, but not quite-ethical fluid motion, republican congressmen in the House of Representatives got the GOP's Gasoline for America's Security (GAS) bill passed by the narrow margin of only two votes (210-212). According to the GOP, this legislation comes in response to the serious strain felt by our nation's oil and energy supply resulting from the economical and infrastructural devastation of Hurricane Katrina. If the Senate approves the bill, it will enable corporations to construct refineries more easily by reducing regulations and restrictions associated with licensing and encourage such growth through relaxed environmental standards. The bill also opens some federal land, including closed military bases, to private refinery construction.

This piece of legislation was

not well-received by the democrats. Led by Senator John Kerry, the democrats accused the republicans of "using ideology to undermine science", making reference to the bill's flying in the face of recent research concerning global warming and the condition/quality of the air we breathe. It seems that although scientists are discovering and gathering new evidence that demands we pay greater attention to the environment, it fails to impact the decisions of republican congressmen.

Proponents of this bill claim it is a necessary measure because of how our society has been altered by natural disaster. Because fuel prices are already exceedingly high, and the typical supply chain has taken a devastating blow, new sources must be facilitated to stabilize the cost of oil and gas. But most economists who commented on the bill agree that it will have little effect

on the consumer costs of fuel and energy. It will, however, minimize the burdensome overhead associated with refining oil domestically, making such ventures far more lucrative for already wealthy businesses.

So how will this bill alleviate the stresses induced by Hurricane Katrina? It will not, but the bill is far more appealing if paraded around as though it aids the victims of such a notorious tragedy.

The reality that lurks just beneath its surface is that it has the interests of the rich, not the afflicted, at its core. This was so blatantly clear to congress that, while opposition from the Democrats was unanimous in their party, the Republicans actually lost significant support from within their own ranks, and the bill was near-

ly axed.

All the preceding events recounted above are dwarfed by this fascinating issue: even more shocking than the open disregard the Republicans have for the needs of America's majority coupled with the cold, concealed acts they execute while pretending to have common citizens' interests

in mind are the reprehensible methods by which they accomplished their feats. To the disrepute of Republicans and Democrats alike, supporters of this bill are said to have sunken to despicable levels of political delinquency.

The bill, as proposed on the floor of the House, was projected to be shot down by vote. And it was. The votes stood at 214 to 210 against the bill, but Republican leaders wouldn't gavel the vote to

a close. Instead, they stalled, persuaded enough of the Republicans against the bill to be loyal and change their votes, and then immediately closed the session to ensure victory. It has been described as "a sad day for democracy" and "a shameless display of the republican culture of corruption". I cannot fathom how anyone can perceive the actions of congress any differently from exactly that.

The Republicans, while holding house majority and exerting greater influence in all three branches of our government than Democrats, are abusing their power to achieve the personal objectives of their wealthy supporters. They know no limits and will cross every line of ethical political conduct while ironically adorning the veil of moral superiority, and they are permitted to do this by every American who turns a blind eye to the activities in Capitol Hill. If ever

there was a time to wake up and speak up, it is now. I firmly believe the hour is now at hand, more so than it has ever been, because they're no longer just wasting astronomical amounts of tax dollars, systematically destroying the international standing our country has with Arab nations, or dissolving all of our God-given, constitutionally-guaranteed civil rights; they are now trying to kill us. By allowing greedy corporations to further expand their profit margins at the expense of the environment in which we live, they have declared our lives of lesser value than the contentment of the richest Americans who support their campaigns. They are trying to make our habitats uninhabitable, our air unbreathable, and the voices of concerned politicians silenced because by doing so, they'll see more money from lobbyists, and that's all they care about.

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Directions: Across from Marist college Main entrance: go up Fulton St. Go across 2 RR tracks. Make next right. Go threw 1 Light. We are 200 Yards down on left.
West Cedar Dorms: Go to top of hill. Make right go 200 yards. We're on the left
Attention Students!! Marist Money Accepted!!

THE CIRCLE Health

THURSDAY, OCTOBER 13, 2005

www.maristcircle.com

PAGE 4

Depression among college-age students on the rise

By LAUREN RICHMOND
Circle Contributor

Many students find the adjustment from high school to college difficult. Even the student that seems most at ease with their new lifestyle will often confess to moments of missing their familiar high school friends, family and other comforts of home. A study by UCLA reports that more than 30 percent of college freshmen say they feel overwhelmed most of the time in the beginning stages of college.

Some students, however, find themselves feeling much more than simply overwhelmed.

According to the American College Health Association, 15 percent of college students were diagnosed with clinical depression last year, an increase of 10 percent from 4 years ago. Doctors say that some of this large increase in numbers is due to the fact that medication allows many students that might otherwise withdraw from college or resist admission due to depression to continue their education.

A survey by psychologist Robert Gallagher of the University of Pittsburgh from 2001 reports that 85 percent of counseling centers on college campuses saw an increase of students with severe psychological issues in the five years prior to the study. This increase in numbers may be partially due to the public's increasing awareness of symptoms of diseases such as depression and also that the field of psychology may become more adept at diagnosing serious mental illness. In fact, many colleges

report that students enter college having already been diagnosed with disorders such as depression. These students will often simply continue the counseling that they started at home with the on-campus facility.

Clinical depression is such that the sadness or helplessness that a student is feeling interferes with social and/or academic functioning and lasts for a period of weeks. The student may use drugs or drink excessively for the purpose of escaping from their day-to-day life and will

often experience changes in sleep patterns and loss of motivation. Clinical depression is more prevalent in women than in men. On a related note, ABC-NEWS.com reports that college campuses see about 1,100 suicides every year. More women attempt suicide than men but men are more likely to complete the act.

Two out of three people with depression will also report feelings of anxiety, according to the National Mental Health Association. 65 percent of these

people manifest their anxiety into physical symptoms including headache, chronic fatigue or chronic pain. Depression often runs in families and depressive episodes may be triggered by especially stressful times in one's life, such as the transition from high school to college.

Students who wish to find out more about depression among college students or may need help should contact the Byrne House or visit the American Psychological Association's Web site at www.apa.org.

Science Briefs

By KATE GIGLIO
Managing Editor

Breakfast kick-starts metabolism

Teenage girls have a better chance of being slim if they eat breakfast in the mornings, a recent study found. The study kept tabs on about 2,400 girls between the ages of 9 and 19, and the ones who skipped breakfast were, on average, heavier than the ones who didn't, and had a higher body-mass index as well. The slimmest girls apparently were the ones who reported that cereal was a regular part of their breakfast, due possibly to the fiber content in the food. It is, however, interesting to note that the researchers received partial funding for their study from General Mills, Inc., a manufacturer of cereals

such as Cheerios. The researchers believe that eating breakfast kick-starts the metabolism, making it more efficient throughout the day.

Elephant exercise

Just when you thought no one could outdo McCann in the treadmill department, something like this happens: an Alaskan zoo is having a 16,000-pound treadmill installed for Maggie, its 23-year-old African elephant. The treadmill goes up to about eight miles per hour. The zookeepers are instituting the treadmill as part of Maggie's ongoing weight-loss plan, during which she has dropped about a thousand pounds, to 8,000. Critics of Maggie's environment have said that she should be in a warmer climate instead of the zoo, which is close to the Arctic. They have also said she needs company, because elephants are herd animals. However, Maggie's companion, Arielle, died in 1997, and Maggie has been the lone elephant in the zoo since then.

Ongoing Harvard study reveals new health benefits from drinking coffee

By ALEXANDRA RISUCCI
Circle Contributor

You probably hated coffee the first time you tasted it. In spite of this detestable first encounter, odds are you forgot all about it after being introduced to the nightmare that is the morning-after wrath of coffee's more vicious cousin, alcohol. It was easy to see why caffeine soon became your closest ally in fighting deadly hangovers, and perhaps more importantly, fighting a failure in that 8 a.m. Friday morning class.

Fast forward a few months or years into your college experience and you are a full-fledged coffee addict. As you join the masses of hung over, barely functioning, coffee drinking college students in their trudge across campus to early morning classes, consider the following health benefits of drinking coffee.

Data gathered by Harvard researchers over the course of almost 20 years indicates that having six cups of coffee a day or more lowers the risk of diabetes in men by 54% and

women 30% over those who don't drink coffee.

According to WebMD.com, there are at least six studies that indicate that there is a direct correlation between the amount of coffee one drinks and the probability that they will develop Parkinson's later in life. Three of the six studies concluded that the more coffee one drinks, the lower the risk and that those who drink it on a regular basis are "up to 80% less likely to develop Parkinson's."

Other research, reported on by SEE COFFEE, PAGE 5

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Features

THURSDAY, OCTOBER 13, 2005

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PAGE 5

In light of awareness week, a plea for conscientiousness

By COURTNEY KING
Circle Contributor

There is an unforgettable bitterness that burns your eyes and throat when the smells of burnt rubber and blood combine. I can recall that acrid odor, and the surreal effects of red, white and blue lights on shattered glass. The immediate panic is tempered by a steely and dreamlike unknowing. Everything, for a moment, moves in slow motion, as if being dropped through water, and I watched as Kyle leaned over our beloved friend, screaming inaudible curses in between bouts of CPR. His tears would not come until much later, but something inside Kyle broke the day Jeremy found himself prostrate on the pavement, late one June evening in 1999.

They managed to airlift the 16-year-old to the nearest hospital. He was damaged, broken, and

barely alive. For two weeks, he lay in a coma with two broken legs, a broken arm, several broken ribs, and severe head trauma. I was 15, and my first love and boyfriend, Jem, short for Jeremy, lay unconscious in a hospital room. When he woke from his coma, he had severe amnesia. Like some bad soap opera, his best friend Kyle and I watched our friend struggle daily with simple mental exercises. Jem's hospital room was covered with Post-It notes as he tried to recall who we were to him. The struggle he felt mimicked our own pain, an internal sense of loss which we hid from him, so as not to increase his own suffering.

In late September, things were looking up. Jem had regained much of his memory, and while he was still in multiple casts, the doctors were optimistic about his recovery. After all, he was a

healthy teenager, and there was no reason to think he wouldn't come out of his hospital stay almost as good as new. Though his broken legs had resulted in blood clots, the doctors knew a simple operation would remove the blockages before serious injuries could occur. They day before this operation, however, one of the blood clots in Jem's left leg dislodged. As he slept, the clot travelled to his lungs, giving him a pulmonary embolism, it then caused a stroke as it settled in his brain. He was put on a respirator; he was again in a coma.

Kyle and I clung to each other for support. Drank heavily, however ironic that may be, and prayed to a god we weren't sure was listening for the life of our treasured friend. In the early

SEE ALCOHOL, PAGE 6



The Hangover

A brief glimpse of a fading summer

By PATRICK F. MAGUIRE
Circle Contributor

By this point in the night, you might remember few things; of them I recall only one. Out under the bridge down by the river at two in the morning, the night becomes fantastically alive. While common people sleep, you can see the campus feverishly set into its last days of summer. Refusing to give hold, the seasons were not ready to mesh, and so the world stayed invigorated.

I had wandered off sometime during the party towards the river. Hoping to capture a last glimpse of the summer of my senior year, I was bouncing from step to step on unpaved gravel at the best part of Marist's acres—the waterfront. In case you haven't tried it, you ought to give it a shot, since this opportunity only

comes once. College to me is becoming a spinningly different place to me than the last few years. I now am realizing just how rare a space in life it is. I remember in the book, "A River Runs Through It," Norman MacLean writes, "And I knew, just as clearly, and just as surely that life is not a work of art, and that the moment could not last."

With this thought in mind, and the haunting familiarity of time scurrying by, I laid out on the grass, took a swig out of the bottle, and headed back up to the party.

Strands of colored lights were blinking on the walls, emitting a lucid glow through the curtains. Beats pounded infectious out of the house (yes, even on campus) and smells careened from funnels within it.

As I approached, I could see people hauling ping-pong balls

towards one another, some girls going figuring out "what they're gonna do with all that junk," and the staple kid sleeping on a couch to the side.

Suddenly, Glaze wheeled in front of me, red Solo cup in hand, sloshing foam to the floor. In his other hand he held a Sharpie marker. "The kid passed out with his shoes on, and I finally found a marker." He was of course referring to the ancient law that if you did in fact fall asleep with your shoes on during a party, it was acceptable to be written on. Glaze crept towards the couch and within an instant had drawn a perfect set of goggles and moustache on the kid's face. He looked back, held out the marker and quietly stepped back. With a bright smile, I grabbed the pen and began the reluctant closing of another Saturday night.

From Page Four

Coffee provides more than a simple morning boost, studies suggest

the Chicago Tribune, says at least two cups daily can reduce the risk of colon cancer by 25%, liver cirrhosis by 80%, and be a preventative measure in dealing

with gallstones. Also, there is indication that coffee may help lift one's mood and help reduce anxiety and depression.

Though it is the strong antioxi-

dants that cause the above health benefits, scientists have concluded that caffeine can also have a strong positive impact on athleticism. In fact, its effect on

endurance and performance is so strong that it has been considered a 'controlled substance' by the Olympic Game Committee in recent years. This means that

competitors are only permitted to drink very small, pre-determined amounts of it.

For all of the college students who balance their diet of alcohol

and junk food with a cup- or seven- of coffee, it's time to rejoice. This is possibly the first healthy habit kids have taken up at college- ever.

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Celtic-fusion ensemble amasses new fan base at Marist

By BRIAN HODGE
Staff Writer

The McKrells, a vagabond musical ensemble, stormed their way through the Nelly Goletti Theatre on Tuesday night, and left in their wake a throng of toe-tapping new fans.

Sponsored by the Student Programming Council, the band's music can best be described as a genre in which traditional Celtic melodies, folk

Craig Vance on lead guitar, Chris Leske on banjo and mandolin, Doug Moody on fiddle, Brian Melick on percussion, and Rick Bedrosian (of Hair of the Dog) on bass.

The trio of McKrell, Vance, and Leske have been playing together for over 25 years and this has led to astounding rhythmic cohesiveness and on-stage charisma rarely found in the modern music scene. Combine that with McKrell's thought-provoking lyrics and the "you-are-either-tapping-your-feet-or-you-are-dead" driving intensity of the music and you have a foray into a rarely captured musical experience.



KATE GIGLIO / THE CIRCLE

Irish-music enthusiast Andrew C. Gates claps in joyful unison with the crowd Tuesday evening.

lyrics, bluegrass finger-pickin', and rock-n-roll rhythms collide.

The aptly named McKrells were led by singer/songwriter and rhythm guitarist Kevin McKrell. McKrell is joined by

the band's new album, "Hit the Ground Runnin'." These jams, along with most of the other song, featured trading solos, which showcased their phenomenal musical ability and

track of their newest album, "Hit the Ground Runnin'." These jams, along with most of the other song, featured trading solos, which showcased their phenomenal musical ability and

track of their newest album, "Hit the Ground Runnin'." These jams, along with most of the other song, featured trading solos, which showcased their phenomenal musical ability and

their knack for trading off riffs while maintaining solid grooves.

The aforementioned lyrics capture the emotions of band members who have spent much of their lives on the road, traveling from stage to stage, scene to scene, particularly in the more somber songs "The Routine" and "The Last Place."

"This is the last place I want to be tonight," McKrell croons in "The Last Place." "I've seen these walls before, I've seen these spaces in the bar lights/ I am so far from my home, here in the last place I want to be tonight."

It was these poignant lyrics that reminded James Q. Sheehan, a junior at Marist, just how moving music can be.

"The music really brought me back to a time in my life when I thought I could be a big time folk singer," Sheehan said. "I think after seeing the McKrells tonight

I will try to make that dream a reality."

The McKrells stretched out musically, including the Buddy Holly-esque "Apple of My Eye" and the calypso driven "The Only Thing Missing is You".

McKrell introduced "The Only Thing..." by telling of how he was put up in a motel in Cape May, New Jersey, and was enraptured with the view. The only problem was he had no one to share it with.

"So, I did the thing I do when I'm in a hotel room by myself," the singer said, to chuckles from both the audience and his band

mates. "...The other thing I do when I'm in a hotel room by myself—I wrote a song."

The versatility of the show appealed to Marist junior Andrew C. Gates, who spent much of the evening's performance clapping and tapping along with the music.

"They rocked," the junior told the Circle. "They did so much [stuff] out there—rock, bluegrass, Celtic, calypso—you just had to love it!"

And, in what surely must be a comment of compliment, Gates added, "They probably would do a mean Christmas album."



KATE GIGLIO / THE CIRCLE

The McKrells, a six-man band best known for their combination of traditional Celtic melodies, folk lyrics, bluegrass finger-pickin' and rock-n-roll rhythms played at Marist on Tuesday night.

The James Q. Sheehan Film Review

New Scorsese documentary has solid 'Direction'

In his latest documentary, "No Direction Home: Bob Dylan," Martin Scorsese shows the ascent of musician Bob Dylan to popularity up until 1966. Using actual concert footage and comments from many world renowned musicians such as Joan Baez and Liam Clancy, Scorsese paints a unique portrait of Bob Dylan. He focuses mainly on Dylan's relationship to the folk music scene from which he came.

The remarkable elements of this film are the personal accounts given by Dylan's close friends who saw him develop and emerge as a musician in the early part of his career. When speaking about himself, Dylan comes off as honest and humble, very much like his songs. There is a large emphasis on the development and lifestyle of the Greenwich Village folk scene of the 1960s, making this film a must-see not only for Bob Dylan fans but for fans of music history as well.

Scorsese does an excellent job of illustrating the controversy surrounding Bob Dylan's choice to begin playing with electric instruments and a backing band. Footage from one such concert in England is used heavily. Interviews with the crowd from that show demonstrate what Dylan's music meant to his fans and how a drastic transition in style and emergence into the mainstream compromised the allegiance of his base.

The film only spans up until 1966 so fans of his later material may not appreciate it as much as someone who celebrates Dylan's entire catalog. Released to DVD immediately after its debut, the two-disc set contains the documentary clocking in close to four hours along with several never before seen performances.

The film only spans up until 1966 so fans of his later material may not appreciate it as much as someone who celebrates Dylan's entire catalog. Released to DVD immediately after its debut, the two-disc set contains the documentary clocking in close to four hours along with several never before seen performances.

From Page Five

Personal story of preventable loss in light of alcohol awareness week

morning hours of September 23, 1999, Jeremy Blake died quietly, his uncle Thom, his guardian, by his side. He was buried a few days later beside his parents, who had died several years before from cancer and liver failure.

We family and friends joked in the macabre way that the grieving joke, about his epitaph and tombstone. Perhaps, we laughed, we should inscribe it with the quip, "Here lies Jeremy Blake. The bitch hit the gas, instead of the brake." But morbid humor gave way to true grief.

Kyle, for the first time feeling truly alone in the world, left home. Thom moved away to Singapore, trying to escape the memories of his beloved nephew and his immense loss.

I have not seen or heard from Kyle in five years now. I pray he is alive and well, but I know a piece of Kyle died along with his best friend. Jem was an incredible light in so many lives, he was so remarkably intelligent, funny, and kind. He had graduated from high school early, and was supposed to have started at Cambridge University the very

September he lay dying.

Heartrending though this true story may be, the most horrendous part of the tale is that it could have easily been prevented. The woman who hit Jem with her Jaguar had been drinking. She was speeding, yes, but no more than you or I exceed the speed limit on a daily basis. It was, however, the alcohol in her blood that slowed her reaction time. As she rounded the bend and saw a boy on a bicycle in the middle of the road, she was unable to concentrate on braking.

For a long time, I hated this

woman. I despised her to my very core for what she did to the boy I loved so unconditionally, and the people who loved him so. Now, however, I have come to realize that her loss is, in some ways, greater than my own. After all, she must live with the knowledge that she took the life of a beautiful sixteen-year-old forever. She never had the chance to know and love the boy she killed, an experience I guard jealously in my own life.

This week is National Collegiate Alcohol Awareness Week. I am certainly not going

to urge you not to drink. I am not going to preach about the health effects of alcohol or the damage it can cause you internally. What I do ask, however, is that you never drink and drive, and that you do anything in your power to prevent those you love and those around you from doing so.

There is no reason that anyone should ever had to experience the pain that we felt throughout the summer and fall of 1999. Look into the eyes of this boy and wonder what a man he could have become, had he been given the chance to live.

From Page Eight

Foxes net game-winning goal with less than two minutes in monsoon

made 11 saves and earned her first win of the season.

According to coach Roper, Herber's consistency granted her the start as well as the confidence in shutting down Canisius's offense.

"She has really stepped it up all through the season

to play," she said. "In practices, she consistently played well. She was the most consistent this week, so we gave her the nod, and she did a great job back there."

Herber's play added to the well-rounded performance by the Red Foxes.

Ingles and Dziedzic both led Marist with two shots and two shots on goal. Koegel and Johnson's assists gave Koegel her second assist of this year and gave Johnson her first assist this season.

Justine Caccamo, Marist's leader in goals and

points, failed to tally a shot during the game. Caccamo ranks fifth in the Metro Atlantic Athletic Conference (MAAC) in goals with six.

Karst led Canisius with nine shots and seven shots on goal. Karst ranks fourth in the MAAC in shots per

game (2.80) and fifth in the league in shots (28). Gage made six saves, raising her season total to 62 while ranking second in the MAAC in saves.

Marist improved to 4-8-1 overall and 3-2 in the MAAC. With Friday's loss, Canisius dropped to 3-8

overall and 1-3 in the MAAC. Canisius is now 3-7 all-time against Marist.

Marist will continue conference play, on the road, when they oppose Siena this Saturday, Oct. 15 at 1 p.m. Siena fosters an 8-7 overall record and a 4-2 record in the MAAC.

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Luft overcomes career-threatening injuries to set records

By JOE FERRARY
Staff Writer

From overcoming adversity on and off the field, to single handily rewriting the Marist College I-AA Football records book, James Luft has had a special career for the Red Foxes.

Success on any athletic field is nothing new for James, as he was a four-year varsity letter winner in football, baseball, and basketball.

During his senior season of football, James was elected to third team All-State in New York, an honor only dreamed about for many other football players.

"I was really surprised," Luft said. "It is such a great feeling knowing that I am one of the top

football players in this vast state."

However, this good feeling would not last that long for James, as he would not see any playing time his first year due to the depth at quarterback.

The disappointment continued for James as he broke his ankle is sophomore season, and would miss the entire year.

"It was tough not being able to be around the team," Luft said. "I was always away from the team getting treatment for my ankle."

The broken ankle forced James to work hard during the off-season, which propelled him into the starting role, beginning nine out of 10 games during the 2003 season.

This is where it all began for James as he started to rewrite the

history books for Marist.

He set single-season records in passing yards and completions. He also set many single game records as well.

After a very successful season 2003, more serious problems occurred for James. Coming into training camp for the 2004 season, Luft's left eye became swollen; this forced Luft to go to the doctors to receive treatment.

Luft would continue to play through his eye problems for seven games that year, until he went for an MRI. It was revealed that Luft had an enlarged tumor on his brain and was pushing his eye out of its socket.

Surgery was the only option for Luft and that meant he would have to miss the Red Foxes' last

three games of the season.

With surgery to be scheduled on a Tuesday and Marist having a game against Central Connecticut State University (CCSU) on Saturday, Luft convinced his doctors to let him play just one more game before surgery.

Luft played in that game, finishing 20-for-39 for 248 yards with one touchdown and three interceptions. Not the best game for Luft, but he said it was a success in keeping his mind off of the impending surgery.

"I received a lot of support from not only my family, but from the guys on the team as well," Luft said. "It was a great support system."

Surgery was a huge success for Luft, as the doctors removed the

tumor. With the new offense installed by Coach Parady, this hinted that it would be a great year for the Red Foxes and James.

Already this year, Luft has completed 59.8 percent of his passes for 1,209 yards and nine touchdowns. With a veteran group of wide receivers, led by his favorite target Guy Smith and the running attack of Obozua Ehikioya, Luft said, "We should be easily scoring 35 points each game and we also have the talent to finish 9-2 this year."

The Red Foxes currently foster a 4-2 record.

Currently, James holds all the career, Marist quarterback records for I-AA, including pass attempts, pass completions, passing yards, and touchdowns.

He also holds single season records for pass attempts, pass completions, passing yards, and completion percentage.

He is tied in single-season touchdowns, with nine. Also, Luft holds three of the five single game records for Marist in passing.

Coach Jim Parady can take all of the credit for bringing the best quarterback in Red Foxes history to Marist.

"James is a competitor and a warrior, and all of those other coaching clichés too," he said.

Watch Luft and the Red Foxes in action on Oct. 22 as they take on the Dukes of Duquesne for what will most likely be for the Metro Atlantic Athletic Conference (MAAC) title.

Marks, Josephs lead Marist to second MAAC win with dismantling of Rider

By NATE FIELDS
Circle Contributor

The Marist men's tennis team continued its impressive play last Wednesday at Rider University, dealing the struggling Broncs their fifth loss of the season.

With the victory, the Red Foxes pushed both their Metro Atlantic Athletic Conference (MAAC) record and overall season record to 2-0.

Sophomore Gregory Marks had a perfect day, dropping Jeremy Finkelson-Reece 6-0, 6-0

in singles competition, and pairing up with junior Ray Josephs to blank Finkelson-Reece and Mike Greenburg in doubles play, 8-0.

Marks has yet to surrender a match in MAAC play. Although Marks is in his second year at Marist, this is his first season for Coach Tim Smith.

"He is a welcome addition to this team," Smith said. "I'm not surprised [by his success] though. I followed him in high school, and he was a semi-finalist in the state tournament."

Marks wasn't the only Marist

player to enjoy success. Not one singles player suffered defeat, and the closest singles match any Red Fox played in was 6-3.

Their success came, somewhat surprisingly, without seniors Pedro Genovese and Federico Rolon.

"The Rider match showed the depth of our team, in that we were able to leave two of our top six players out of the lineup to concentrate on academics, and still were victorious in all matches," Smith said.

Not taking two seniors on the

road against a conference opponent may seem unconventional, but Coach Smith said he wants his players to concentrate on academics in addition to tennis.

"On away trips, I feature some different players," he said. "If it is a team that we feel we will do well against, I don't take players who have night classes."

Despite their respective talents, Genovese and Rolon weren't needed against a Rider University team that failed to challenge in a single or doubles match the entire day. Their pres-

ence will certainly be necessary in the near future, however, as the next two weekends each feature huge tournaments.

According to Smith, this weekend is the massive Omni Regional at Dartmouth in New Hampshire which features teams, "from Maine to Virginia."

"We will be competing with the likes of Virginia Tech, Penn State and Harvard," Smith said.

Although each participating team is guaranteed one singles player and a doubles pair, Smith said he is hopeful to field two

doubles teams.

Earlier in the season, Marist's top doubles team of Leonardo Rodriguez and Genovese lost in the Connecticut Invitational to teammates Mark Santucci and Rolon, meaning there are two strong doubles teams from Marist.

"It's a terrific tournament," he said. "If we can do well, then we have a chance at getting ranked in the top 100 in the NCAA."

Rauci earns weekly MAAC men's cross-country runner award in Marist's third place finish

By ERIC ZEDALIS
Staff Writer

In just his fourth career race at the Metropolitan Championships, freshman David

Rauci earned his second career win, and paced the Marist men's cross-country team to its second straight third-place showing.

Rauci overcame difficult weather conditions to complete

the 8K Van Cortland course in 25:59.5, the fastest time in the field of nearly 160 runners.

His performance was key in the Red Foxes' third place finish behind only Columbia and NYU,

and therefore Rauci was honored as the Metro Atlantic Athletic Conference (MAAC) men's runner of the week for the second time.

In three out of the four races

this year, Rauci has been the Red Foxes' top finisher, with fellow freshman Girma Segni (Bronx, NY), who has finished right behind him.

Segni was Marist's second fin-

isher with a time of 26:50.6. He placed 14th overall in the race.

Other scorers were Matt Syzmaszek (26th; 27:29.2), Mike Rolek (37th; 27:59.0) and John Keenan (38th; 27:59.5).

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THE CIRCLE Sports

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Wet weather doesn't dampen spirits in homecoming contest

By BRIAN HODGE
Staff Writer

As the rain continued to pour on Saturday, and Marist running back Bo Ehiokya continued to grind out yards through puddles up to his ankles, the Red Foxes football team furthered their quest for a Metro Atlantic Athletic Conference (MAAC) title.

Marist (4-2, 1-0) blanked conference opponent La Salle, and notched their first MAAC win by the score of 27-0.

It was the first shutout for the Marist defense since a 20-0 victory at Siena in 2002.

In conditions head coach Jim Parady described as "the worst I've ever seen," Ehiokya was vital, grinding out Marist possessions, controlling the ball, and running out the clock, particularly in the second half.

"It was just like backyard football with all your friends - just sliding in the mud," said Ehiokya, who finished the day

with 253 rushing yards and two touchdowns.

The sophomore from West Hempstead, N.Y. moved to third on Marist's scoring list, with 16 career touchdowns. His performance also garnered him MAAC offensive player of the week honors.

It is not like this kind of performance is unusual for Ehiokya, particularly against La Salle. Last season, Ehiokya earned National Player of the Week accolades when he amassed 246 yards and found the end zone four times en route to a 41-35 victory over the Explorers.

"I guess the best just comes out against La Salle," Ehiokya said.

He had some help, also, from a stingy Marist defense and Mother Nature. The Explorers, a pass-oriented team, had trouble doing anything offensively as Leonidoff Field was steadily being turned into Lake Leonidoff.

La Salle quarterback Michael

Jump finished the day a woeful 6-for-24 passing for 79 yards. La Salle came into the game ranked 12th nationally in passing yardage, averaging 302 yards through the air.

The Explorers were also ranked in 25th nationally in total offense at 426 yards per game. They would finish with just 167 yards on the day.

"We had a pretty good game plan going out," head coach Parady said following the game. "I can't imagine throwing that good of a ball on a day like today."

While Marist quarterback James Luft failed to produce his

usual outlandish statistics, he did manage to finish the day 8-for-16 for 107 yards and two touchdowns passes.

After a scoreless first quarter, Luft took advantage of single coverage on the outside, finding senior wide receiver Tim Traynor. Next, Ehiokya rumbled in from four yards out, and Luft added another score before the



end of the half, tossing a fade to Guy Smith. Marist led at half-time 20-0.

Ehiokya would add another score midway through the third quarter, putting the game out of reach.

The Red Foxes now have a bye week before hosting defending conference champion Duquesne, on Oct. 22. Duquesne, a powerhouse in the MAAC for the last four seasons, again returns with a strong line-up.

Marist battled the Dukies in a 9-7 loss at Pennsylvania last year. This year, according to Marist defensive

lineman Tim Aulet, Marist appears ready to challenge Duquesne's long held supremacy. "I think the Foxes are ready for this," he said. "I definitely think it's going to be a win."

Upcoming Schedule

Men's Soccer: Friday, Oct. 14 - vs. Loyola (Md.), 7 p.m.

Women's Soccer: Saturday Oct. 15 - at Siena, 1 p.m.

Foxes fall in five games to Saints in Loudenville, N.Y.

By DREW BUDD
Staff Writer

In the Metro Atlantic Athletic Conference (MAAC) opener for both teams, the Saints volleyball squad won 3 - 2 this past Wednesday in Loudonville, N.Y. over Marist.

The game went to five matches with the scores being 30 - 25, 23 - 30, 29 - 31, 31 - 29, 15 - 9.

Siena's Nadiege Honore totaled 34 kills and 17 digs with a hitting percentage of .439. Christie Gustafson also posted a double-double with 19 kills and 15 digs.

Marist was led by junior middle blocker Sally Hanson's 14 kills and .515 hitting percentage. Hanson also added five service aces, and as of last week, she ranked fourth in the nation in hitting percentage at .460.

Junior outside hitter Jamie Kenworthy tallied another double-double with 14 kills and 12 digs and sophomore middle blocker Christy Lukes accrued 13 kills.

"Our middle players played very well," said head coach

Sarah Hutton. "They pretty much picked up the slack for the outside players."

Siena's April London led the Saints in assists with 60 while Marist senior setter Meghan Cochrane had 46 assists.

Marist senior libero Katie Lux led the Red Foxes with 13 digs while junior outside hitter Kim McEathron and junior outside hitter Dominique O'Sullivan had 12 digs apiece.

Siena's Kathi Kobayashi led the team with 20 digs for the Saints.

"Siena dug the ball very well against us," said Coach Hutton, "It was very frustrating."

After a strong first game by Siena, the Red Foxes came right back into the match by hitting .219 and .250 in games two and three.

However, the Saints held on for wins in game four and would hold off the Red Foxes in the deciding game five where Marist had a .000 hitting percentage.

"As a team, we didn't play well offensively," said coach Hutton. "Our hitting percentage was very low for us."

Kulik's go-ahead goal notches Red Foxes third MAAC victory

By MARK PERUGINI
Co-Sports Editor

Marist fullback Amanda Kulik sprinted toward the goal just in case a loose ball would float into her vicinity. Kulik's actions and intentions couldn't have been more correct.

With under two minutes left in Friday night's game, Kulik tapped in the game-winning goal to give Marist a 2-1 victory over Canisius College.

Kulik said head coach Elizabeth Roper directed her to play closer to the net and exploit the miscommunication of the Canisius defense.

"My coach told me to get up there, and I knew it was going to be a ball that was coming to me," she said. "Someone had to get it done. So I just went up there and put it away."

As soon as Kulik positioned herself at the 10-yard line, Marist midfielder Keri Koegel smashed a free kick into the center of the goal box. Senior Ashley Johnson directed the ball above the head of Golden Griffin goalkeeper Jenna Gage, who failed to place her hands on the ball. The ball sailed at Kulik's feet, and she immediately guided it into the back of the net.

Roper said Kulik's effort allowed the team to capitalize on an infrequent, wide-open scoring opportunity.

"I am sitting here and yelling for her to go up forward," she said. "She goes forward, the ball gets crushed, she is there and she finishes. And it is a nice story book ending; that is for sure. It is also nice to know that she can get the job done."

Kulik has now scored in three

of Marist's past four games. Kulik scored her first collegiate and seasonal goal this year in a 2-0 victory over St. Peter's College.

Kulik's goal gave Marist its fourth win of the season, but the heavy rain made it difficult for both teams to attack the net. The game started with light drizzle, but during the game's first ten minutes, sheets of rain assaulted the field and its players. The slippery conditions contributed to 17 fouls for Marist, which is a team high at home.

Asides from the fouls, the rain also ended many offensive spurts for both teams due to the wet grass. With 36 minutes left in the second half, the Griffins centered a pass from the left wing of the Marist goal. However, the ball bounced away from the Canisius forwards and rolled to the right wing of Marist's zone; Marist defender Liz Egan eventually cleared the ball.

Kulik said the persistent rain influenced the momentum of the game.

"There is a lot of slipping," she said. "It definitely determines a lot of things in the game: the bounce of the ball, and the ball skips a lot. You just have to get your body behind it."

Although the wet conditions plagued both teams, Roper said the team did not change their game plan.

"You just try to keep the ball on the ground and play the ball more to the feet, not to be changing direction a lot," she said. "You just simply drop the ball back and be able to get the ball forward. The ball is a little bit more slippery; your footing is not as good. You have to com-

bine a lot more, and we did a good job doing that."

While the water seeped into the grass, the field, however, endured an offensive drought in the first half. Canisius tallied only seven shots in the first period compared to their nine shots in the second half. The Red Foxes only accumulated four shots compared to their seven shots in the second half.

With more shots attempted in the second half, Marist showed that they overcame the dreary conditions. Three minutes into the second half, forward Lauren Dziediec centered a pass to midfielder Laura Schaefer. Schaefer headed the ball outside the goal box into the possession of midfielder Mallory Inglesse. Canisius defender Brittany Ponzi battled Inglesse for the ball, but Inglesse wrestled the ball back and pivoted her body toward the net. As soon as the Canisius defense swarmed around her, Inglesse fired a shot from the 15-yard line into the upper right corner of the goal, giving Marist a 1-0 lead as well as her first collegiate goal.

Marist's lead failed to last long, because with 18 minutes left in the game, midfielder Karli Sullivan launched a shot toward Marist goalkeeper Liz Herber. The ball slipped from Herber's grasp and rolled to her left side. Golden Griffins' forward Stephanie Karst stormed from the right wing and chipped the shot over a sprawling Herber to tie the score at 1-1.

Kulik's goal gave Marist the victory and relieved Herber of her only mistake in the game. In her first collegiate start, Herber made 11 saves and earned her

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